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ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯂꯤꯇꯔꯦꯔꯤ ꯀ꯭ꯋꯤꯖ-35
1) ‘‘ꯆꯥꯎꯕꯤ’’ ꯍꯥꯏꯕ 1957 ꯇ ꯑꯍꯥꯟꯕ ꯑꯣꯏꯅꯐꯣꯡꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤꯒꯤ
ꯑꯏꯕ ꯀꯅꯥꯅꯣ ꯑꯃꯁꯨꯡ ꯀꯔꯝꯕ ꯃꯈꯜꯒꯤ ꯂꯥꯏꯔꯤꯛꯅꯣ?
2) ‘‘ꯀꯥꯎꯔꯕꯔ ꯔꯥꯁ ꯁꯥꯟꯅꯕꯒꯤ ꯑꯍꯤꯡꯗꯣ’’ ꯍꯥꯏꯕ ꯗ꯭ꯔꯥꯃꯥ ꯑꯁꯤ ꯗ꯭ꯔꯥꯃꯥ
ꯑꯍꯨꯝꯒꯤ ꯄꯨꯟꯁꯤꯟꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯃꯗ ꯌꯥꯎꯕꯅꯤ꯫ ꯌꯥꯎꯔꯤꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯗꯨ
ꯃꯃꯤꯡ ꯀꯔꯤ ꯀꯧꯕꯒꯦ ꯑꯃꯁꯨꯡ ꯑꯏꯕꯅ ꯀꯅꯥꯅꯣ?
3) ‘‘ꯄ꯭ꯔꯜꯂꯣꯏꯒꯤ ꯃꯩꯔꯤꯔꯛꯇꯒꯤ’’ ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤ ꯀꯅꯥꯅ ꯏꯕꯅꯣ ꯑꯃꯗꯤ
ꯀꯔꯝꯕ ꯃꯈꯜꯒꯤ ꯂꯥꯏꯔꯤꯛꯅꯣ?

4) ‘‘ꯃꯅꯤꯄꯨꯔ ꯁ꯭ꯔꯤꯒꯣꯕꯤꯟꯗ ꯅꯤꯔꯄꯟ (ꯃꯩꯇꯩ ꯄꯨꯔꯥꯟꯒꯤ ꯋꯥ)’’ ꯍꯥꯏꯕ
ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤꯒꯤ ꯑꯏꯕ ꯀꯅꯥꯅꯣ?
5) ‘‘ꯁ꯭ꯔꯤ ꯒꯣꯕꯤꯟꯗꯂꯤꯂꯥꯃ꯭ꯔꯤꯇ (ꯃꯙ꯭ꯌꯥꯟꯍ ꯂꯤꯂꯥ)’’ (14 ꯁꯔꯒ 18 ꯁꯔꯒ) ꯍꯥꯏꯕ
ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤ ꯀꯅꯥꯅ ꯃꯅꯤꯄꯨꯔꯤꯗ ꯍꯟꯗꯣꯛꯄꯅꯣ?

ꯃꯊꯛꯇ ꯄꯤꯔꯤꯕ ꯋꯥꯍꯪꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯄꯥꯎꯈꯨꯝ ꯐꯦꯕ꯭ꯔꯨꯋꯥꯔꯤ 15, ꯂꯩꯕꯥꯛꯄꯣꯛꯄ
ꯅꯨꯃꯤꯠꯀꯤ ꯑꯌꯨꯛ ꯄꯨꯡ 11 ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒꯤ ꯑꯣꯐꯤꯁꯇ ꯅꯠꯇ꯭ꯔꯒ ꯏ-ꯃꯦꯜ
hueiyenliteraryquiz@gmail.com ꯁꯤꯗ ꯃꯦꯜ ꯑꯣꯏꯅ ꯊꯥꯕꯤꯔꯛꯄ ꯌꯥꯒꯅꯤ꯫
ꯄꯥꯎꯈꯨꯝ ꯄꯤꯕꯤꯔꯛꯄ/ꯊꯥꯕꯤꯔꯛꯄ ꯃꯇꯝꯗ ꯃꯤꯡ, ꯂꯩꯐꯝ, ꯃꯍꯩꯒꯤ ꯊꯥꯛ ꯑꯃꯁꯨꯡ ꯀꯟꯇꯦꯛꯠ
ꯅꯝꯕꯔ ꯃꯌꯦꯛ ꯁꯦꯡꯅ ꯏꯕꯤꯔꯛꯎ꯫ ꯋꯥꯍꯪ ꯈꯨꯗꯤꯡꯃꯛꯀꯤ ꯄꯥꯎꯈꯨꯝ ꯑꯃ ꯅꯠꯇ꯭ꯔꯒ ꯃꯁꯤꯡ ꯌꯥꯝꯅ
ꯆꯨꯝꯅ ꯄꯤꯕꯤꯔꯛꯄ ꯃꯤꯑꯣꯏꯁꯤꯡ ꯑꯗꯨꯗꯒꯤ ꯗ꯭ꯔꯣ ꯑꯣꯠꯆꯔꯒ ꯂꯥꯏꯕꯛ ꯐꯕ ꯃꯤꯁꯛ ꯑꯃ ꯈꯟꯖꯒꯅꯤ꯫
ꯂꯣꯏꯅꯅ ꯈꯜꯂꯕ ꯃꯤꯁꯛ ꯑꯗꯨꯗ ꯃꯅꯥ ꯄꯤꯖꯒꯅꯤ꯫

ꯀꯔꯤꯒꯨꯝꯕ ꯊꯧꯔꯝ ꯑꯃ, ꯊꯕꯛ ꯑꯃ ꯄꯥꯡꯊꯣꯛꯀꯦ ꯈꯜꯂꯛꯄꯗ ꯈꯨꯟꯅꯥꯏ ꯑꯃꯒꯤ, ꯂꯝꯗꯝ ꯑꯃꯒꯤ ꯈꯜꯂꯛꯄ ꯍꯥꯏꯕꯁꯤ ꯅꯥꯟꯊꯣꯛꯄ ꯌꯥꯗ꯭ꯔꯕ ꯈꯣꯡꯐꯝ ꯑꯃꯅꯤ꯫ ꯈꯨꯗꯝ ꯑꯣꯏꯅ ꯍꯥꯏꯔꯕꯗ, ꯃꯁꯥ ꯃꯎ ꯐꯕꯒꯤ ꯂꯝꯗ ꯍꯧꯔꯛꯂꯤꯕ ꯃꯥꯂꯦꯝ ꯄꯨꯝꯕꯒꯤ ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡꯕꯨ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯑꯣꯏꯕ ꯂꯝꯗ ꯄꯨꯁꯤꯟꯗꯨꯅ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯑꯣꯏꯕ ꯆꯤꯟꯖꯥꯛꯁꯤꯡ ꯆꯥꯍꯟꯗꯨꯅ ꯃꯁꯥ ꯃꯎ ꯐꯅ ꯊꯝꯕ ꯍꯥꯏꯕ ꯄꯥꯟꯗꯝꯁꯤ ꯐꯪꯅꯕ ꯍꯣꯠꯅꯕꯗ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯑꯣꯏꯕ ꯐꯝꯕꯥꯛꯁꯤꯡ ꯍꯥꯡꯗꯣꯛꯄꯤꯕ ꯍꯥꯏꯕꯁꯤ ꯐꯝꯕꯥꯛꯁꯤꯡ ꯑꯁꯤꯕꯨ ꯄꯥꯡꯊꯣꯛꯂꯤꯕ ꯃꯐꯝꯗꯨꯒꯤ, ꯈꯨꯟꯅꯥꯏꯗꯨꯒꯤ ꯁꯔꯨꯛ ꯊꯨꯡꯂꯤꯕꯅꯤ꯫ ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡꯕꯨ ꯃꯁꯥ ꯃꯎ ꯐꯅ ꯊꯝꯅꯕ ꯍꯣꯠꯅꯕꯗ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯐꯝꯕꯥꯛꯁꯤꯡ ꯊꯝꯕ ꯃꯊꯧ ꯇꯥꯏ ꯍꯥꯏꯗꯨꯅ ꯏꯟꯇꯔꯅꯦꯁꯅꯜ ꯅꯦꯆꯔꯦꯜ ꯕꯣꯗꯤꯕꯤꯜꯗꯤꯡ ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟꯅ ꯂꯦꯞꯄ ꯂꯩꯇꯅ ꯆꯍꯤ 33 ꯍꯦꯟꯅ ꯆꯠꯊꯗꯨꯅ ꯂꯥꯛꯂꯤ ꯉꯁꯤ ꯐꯥꯎꯕꯗ꯫
ꯍꯥꯏꯔꯤꯕ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯏꯍꯧ ꯑꯁꯤ ꯑꯦꯁꯤꯌꯥ ꯀꯟꯇꯤꯅꯦꯟꯠꯇꯗꯤ ꯌꯥꯝꯅ ꯊꯦꯡꯅ ꯌꯧꯔꯛꯈꯤ ꯍꯥꯏꯕ ꯇꯥꯔꯦ꯫ ꯃꯁ ꯃꯎ ꯐꯕꯒꯤ ꯂꯝꯁꯤꯗ ꯈꯣꯡꯗꯥꯔꯤꯕ ꯁꯥꯟꯅꯔꯣꯏ ꯀꯌꯥꯅ ꯆꯥꯍꯩꯗꯕ ꯄꯣꯠꯂꯝꯁꯤꯡ okTqrg - anabolic steroids, hormone, diuretics, performance enhancing drugs, insulin, synthol [arg [fp [pSOTe SIrq aSM ꯃꯊꯦꯜꯒꯤ ꯍꯤꯗꯥꯛꯁꯤꯡ ꯁꯤꯖꯤꯟꯅꯗꯨꯅ ꯁꯥꯟꯅꯔꯛꯄꯗꯒꯤ ꯍꯧꯔꯛꯂꯤꯕ ꯁꯥꯟꯅꯔꯣꯏ ꯈꯨꯗꯤꯡꯃꯛꯅ aSOTrg okTjgq World Anti-Doping Agency, International Olympic Committee ꯑꯃꯗꯤ ꯑꯥꯏꯟꯅ ꯍꯛꯆꯥꯡꯗ ꯑꯃꯗꯤ ꯋꯥꯈꯜꯗ ꯁꯣꯛꯏ, ꯐꯠꯇꯦ ꯍꯥꯏꯗꯨꯅ ꯊꯤꯡꯂꯕ ꯄꯣꯠꯂꯝꯁꯤꯡ ꯑꯁꯤ ꯆꯥꯗ꯭ꯔꯕꯗꯤ ꯁꯥꯟꯅꯕ ꯉꯝꯂꯣꯏ ꯍꯥꯏꯅ ꯐꯥꯎꯕ ꯈꯟꯗꯨꯅ ꯂꯩꯔꯨꯔꯕꯅꯤ ꯃꯇꯝ ꯁꯥꯡꯅ, ꯃꯔꯨ ꯑꯣꯏꯅ ꯑꯦꯁꯤꯌꯥꯒꯤ ꯂꯩꯕꯥꯛ ꯀꯌꯥꯗ꯫ ꯑꯗꯨꯕꯨ ꯉꯁꯤꯗꯤ ꯑꯁꯤꯒꯨꯝꯕ ꯁ꯭ꯇꯦꯔꯣꯏꯗꯁ ꯑꯃꯗꯤ ꯗ꯭ꯔꯒꯁꯤꯡ ꯆꯥꯗꯅ ꯁꯥꯟꯅꯕ ꯉꯝꯂꯣꯏ ꯍꯥꯏꯕꯒꯤ ꯋꯥꯈꯜꯂꯣꯟꯁꯤ ꯇꯞꯅ-ꯇꯞꯅ ꯅꯍꯥꯔꯣꯜꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯋꯥꯈꯜꯂꯣꯟꯗꯒꯤ ꯊꯥꯞꯅ ꯂꯩꯆꯤꯜꯒꯨꯝ ꯄꯥꯏꯊꯣꯛꯄ ꯍꯧꯔꯛꯂꯦ, ꯃꯔꯨ ꯑꯣꯏꯅ ꯏꯟꯇꯔꯅꯦꯁꯅꯜ ꯅꯦꯆꯔꯦꯜ ꯕꯣꯗꯤꯕꯤꯜꯗꯤꯡ ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟꯒꯤ ꯏꯍꯧꯅ ꯑꯦꯁꯤꯌꯥꯗ ꯈꯣꯡꯗꯥꯕ ꯍꯧꯔꯛꯄꯗꯒꯤ꯫ ꯊꯦꯡꯂꯕꯁꯨ ꯊꯦꯡꯅ ꯏꯟꯇꯔꯅꯦꯁꯅꯜ ꯅꯦꯆꯔꯦꯜ ꯕꯣꯗꯤꯕꯤꯜꯗꯤꯡ ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟꯒꯤ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯏꯍꯧ ꯑꯁꯤ ꯑꯍꯥꯟꯕ ꯑꯣꯏꯅ ꯀꯨꯝꯖꯥ 2013 ꯑꯦꯁꯤꯌꯥꯗ ꯗꯥ. ꯉꯥꯡꯕꯝ ꯁꯥꯟꯇꯤꯀꯨꯃꯥꯔ ꯃꯤꯇꯩꯅ ꯑꯥꯏ ꯑꯦꯟ ꯕꯤ ꯑꯦ ꯃꯤꯁꯇꯔ ꯋꯔꯜꯗ ꯆꯦꯝꯄꯤꯌꯟꯁꯤꯞꯇ ꯑꯦꯁꯤꯌꯥꯒꯤ ꯑꯍꯥꯟꯕ ꯑꯣꯏꯅ ꯑꯥꯏ ꯑꯦꯟ ꯕꯤ ꯑꯦ ꯃꯤꯁꯇꯔ ꯋꯔꯜꯗ ꯃꯤꯡꯊꯣꯜ ꯐꯪꯂꯛꯄꯗꯒꯤ꯫
ꯑꯦꯁꯤꯌꯥꯒꯤ ꯃꯐꯝ ꯈꯨꯗꯤꯡꯃꯛꯇ ꯆꯥꯍꯩꯗꯕ ꯄꯣꯠꯂꯝꯁꯤꯡ ꯑꯁꯤ ꯆꯥꯗ꯭ꯔꯕꯗꯤ ꯕꯣꯗꯤꯕꯤꯜꯗꯤꯡ ꯁꯥꯟꯅꯕ ꯉꯝꯂꯣꯏ ꯍꯥꯏꯅ ꯈꯟꯅꯔꯝꯕꯒꯨꯝ, ꯏꯔꯝꯗꯝ ꯀꯪꯂꯩꯄꯥꯛꯀꯤ ꯁꯥꯟꯅꯔꯣꯏ ꯀꯌꯥꯁꯨ ꯍꯥꯏꯔꯤꯕ ꯆꯥꯍꯩꯗꯕ ꯄꯣꯠꯂꯝꯁꯤꯡ ꯑꯁꯤ ꯆꯥꯗ꯭ꯔꯕꯗꯤ ꯃꯈꯣꯏ ꯕꯣꯗꯤꯕꯤꯜꯗꯤꯡ ꯍꯥꯏꯔꯤꯕ ꯃꯁꯥꯟꯅ ꯑꯁꯤ ꯁꯥꯟꯅꯕꯗ ꯃꯥꯏ ꯄꯥꯛꯄ ꯉꯝꯂꯣꯏ ꯍꯥꯏꯕꯒꯤ ꯋꯥꯈꯜꯂꯣꯟ ꯑꯁꯤ ꯆꯦꯜꯂꯨꯔꯕꯅꯤ ꯃꯇꯝ ꯁꯥꯡꯅ ꯃꯈꯣꯏꯕꯨ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯂꯝꯗ ꯂꯝꯖꯤꯡꯕꯤꯅꯕ ꯀꯅꯥ ꯂꯩꯇꯕꯅ꯫ ꯑꯗꯨꯕꯨ ꯍꯧꯈꯤꯕ ꯆꯍꯤ ꯈꯔ ꯑꯁꯤꯗ ꯏꯟꯇꯔꯅꯦꯁꯅꯜ ꯅꯦꯆꯔꯦꯜ ꯕꯣꯗꯤꯕꯤꯜꯗꯤꯡ ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟꯒꯤ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯑꯣꯏꯕ ꯏꯍꯧ ꯑꯁꯤꯅ ꯃꯔꯝ ꯑꯣꯏꯗꯨꯅ ꯏꯔꯝꯗꯝꯒꯤ ꯁꯥꯟꯅꯔꯣꯏ ꯀꯌꯥ ꯑꯃ ꯃꯤꯀꯞ ꯊꯣꯛꯂꯦ, ꯋꯥꯈꯜ ꯍꯣꯡꯂꯦ ꯂꯣꯏꯅꯅ ꯅꯦꯆꯔꯦꯜ ꯑꯣꯏꯕ ꯆꯤꯟꯖꯥꯛꯁꯤꯡ ꯆꯥꯖꯗꯨꯅ, ꯅꯦꯆꯔꯦꯜ ꯑꯣꯏꯅ ꯁꯥꯟꯅꯖꯗꯨꯅ ꯅꯦꯁꯅꯜ ꯑꯃꯗꯤ ꯏꯟꯇꯔꯅꯦꯁꯅꯜꯒꯤ ꯊꯥꯛꯇ ꯄꯥꯡꯊꯣꯛꯄ ꯐꯝꯕꯥꯛꯇ ꯁꯔꯨꯛ ꯌꯥꯖꯗꯨꯅ ꯃꯀꯣꯛ ꯃꯊꯪ ꯇꯥꯕ ꯉꯝꯖꯔꯦ, ꯄ꯭ꯔꯣꯐꯦꯁꯅꯦꯜ ꯀꯥꯔꯗ ꯐꯪꯕ ꯉꯝꯖꯔꯦ, ꯑꯣꯚꯔꯑꯣꯜ ꯃꯤꯡꯊꯣꯜ ꯐꯪꯕ ꯉꯝꯖꯔꯦ, ꯂꯣꯏꯅꯅ ꯇꯤꯝ ꯆꯦꯃꯄꯤꯌꯟꯁꯤꯞꯀꯤ ꯃꯤꯡꯊꯣꯜ ꯐꯥꯎꯕ ꯐꯪꯖꯔꯦ ꯏꯔꯝꯗꯝ ꯀꯪꯂꯩꯄꯥꯛ/ꯃꯅꯤꯄꯨꯔꯅ꯫
ꯑꯍꯜ ꯂꯃꯟ ꯑꯃ ꯑꯣꯏꯅ, ꯒꯥꯔꯗꯤꯌꯟ ꯑꯃ ꯑꯣꯏꯅ ꯅꯧꯅ ꯍꯧꯔꯛꯂꯤꯕ ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡꯕꯨ, ꯏꯆꯥ ꯏꯁꯨꯁꯤꯡꯕꯨ ꯋꯔꯜꯗ ꯑꯦꯟꯇꯤ-ꯗꯣꯄꯤꯡ ꯑꯦꯖꯦꯟꯁꯤꯅ ꯑꯃꯗꯤ ꯏꯟꯇꯔꯅꯦꯁꯅꯜ ꯑꯣꯂꯤꯝꯄꯤꯛ ꯀꯃꯤꯇꯤꯅ ꯑꯃꯗꯤ ꯑꯥꯏꯟꯅ ꯍꯛꯆꯥꯡꯗ ꯑꯃꯗꯤ ꯋꯥꯈꯜꯗ ꯁꯣꯛꯏ ꯍꯥꯏꯗꯨꯅ ꯊꯤꯡꯂꯕ ꯆꯥꯍꯩꯗꯕ
ꯄꯣꯠꯂꯝꯁꯤꯡ ꯑꯁꯤ ꯁꯣꯛꯂꯨꯗꯅꯕ, ꯁꯤꯖꯤꯟꯅꯔꯨꯗꯅꯕ ꯇꯠꯇꯅ ꯍꯥꯏ꯫ ꯑꯗꯨꯝ ꯑꯣꯏꯅꯃꯛ ꯃꯃꯥ ꯃꯄꯥ ꯑꯣꯏꯕ ꯑꯩꯈꯣꯏ ꯑꯌꯥꯝꯕꯅ ꯑꯁꯤꯒꯨꯝꯕ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯑꯣꯏꯕ ꯐꯝꯕꯥꯛꯁꯤꯡ ꯍꯥꯡꯗꯣꯛꯄ ꯍꯥꯏꯕꯁꯤ ꯑꯁꯨꯛꯀꯤ ꯃꯇꯤꯛ ꯃꯔꯨ ꯑꯣꯏ ꯑꯃꯗꯤ ꯃꯇꯦꯡ ꯄꯥꯡꯐꯝ ꯊꯣꯛꯏ, ꯁꯧꯒꯠꯐꯝ ꯊꯣꯛꯏ ꯍꯥꯏꯕꯒꯤ ꯋꯥꯈꯜꯂꯣꯟ ꯑꯁꯤꯗꯤ ꯏꯆꯦꯟ ꯆꯦꯟꯅꯗꯦ, TSE ꯈꯟꯊꯔꯨꯗꯦ꯫ ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡꯅ ꯁꯥꯟꯅꯖꯔꯤꯕ ꯃꯁꯥꯟꯅ ꯑꯗꯨ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯑꯣꯏꯕ ꯐꯝꯕꯥꯛꯁꯤꯡ ꯄꯤꯕꯤꯗ꯭ꯔꯒꯗꯤ ꯃꯈꯣꯏ ꯇꯨꯡ ꯀꯣꯏꯅ ꯅꯦꯆꯔꯦꯜ ꯑꯣꯏꯅ ꯁꯥꯟꯅꯖꯕ ꯉꯝꯂꯣꯏ꯫ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯑꯣꯏꯕ ꯐꯝꯕꯥꯛꯁꯤꯡ ꯑꯁꯤ ꯄꯤꯕꯤꯗ꯭ꯔꯕꯗꯤ ꯏꯆꯥ, ꯏꯁꯨ, ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡ ꯑꯁꯤꯅ ꯃꯈꯣꯏꯅ ꯍꯩꯖꯔꯤꯕ ꯃꯍꯩ ꯑꯗꯨ ꯎꯠꯊꯣꯛꯆꯕ ꯉꯝꯂꯣꯏ꯫ ꯃꯁꯤꯅ ꯃꯔꯝ ꯑꯣꯏꯗꯨꯅ ꯃꯈꯣꯏꯁꯨ ꯑꯥꯏꯟꯅ ꯊꯤꯡꯂꯕ ꯆꯥꯍꯩꯗꯕ ꯄꯣꯠꯂꯝꯁꯤꯡ ꯑꯗꯣꯝꯗ ꯃꯥꯏ ꯑꯣꯟꯁꯤꯜꯂꯛꯀꯅꯤ꯫ ꯃꯁꯤꯃꯛꯅꯤ ꯏꯔꯝꯗꯝ
ꯀꯪꯂꯩꯄꯥꯛꯇ ꯊꯣꯛꯂꯤꯕ꯫ ꯃꯁꯤ ꯑꯃꯨꯛ ꯍꯟꯅ ꯊꯣꯛꯇꯅꯕꯅꯤ ꯗꯥ. ꯉꯥꯡꯕꯝ ꯁꯥꯟꯇꯤꯀꯨꯃꯥꯔꯅ ꯀꯟꯅ ꯍꯣꯠꯅꯖꯗꯨꯅ ꯑꯦꯁꯤꯌꯥꯗ ꯏꯟꯇꯔꯅꯦꯁꯅꯜ ꯅꯦꯆꯔꯦꯜ ꯕꯣꯗꯤꯕꯤꯜꯗꯤꯡ ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟ ꯄꯨꯁꯤꯜꯂꯛꯈꯤꯕ ꯃꯍꯥꯛꯀꯤ ꯂꯦꯞꯄ ꯂꯩꯇꯅ ꯍꯣꯠꯅꯖꯕ ꯑꯗꯨꯅ ꯉꯁꯤꯗꯤ ꯑꯦꯁꯤꯌꯥꯒꯤ ꯂꯩꯕꯥꯛ ꯀꯌꯥꯗ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯑꯣꯏꯕ ꯐꯝꯕꯥꯛꯁꯤꯡ ꯍꯥꯡꯗꯣꯛꯇꯨꯅ ꯀꯝꯄꯤꯇꯤꯁꯟꯅꯆꯤꯡꯕ ꯄꯥꯡꯊꯣꯛꯇꯨꯅ ꯂꯥꯛꯂꯤ꯫ ꯏꯟꯗꯤꯌꯥꯗꯁꯨ ꯑꯥꯏ ꯑꯦꯟ ꯕꯤ ꯑꯦ ꯍꯥꯡꯗꯣꯛꯈ꯭ꯔꯦ ꯀꯨꯝꯖꯥ 2018 ꯗ ꯂꯣꯏꯅꯅ ꯏꯔꯝꯗꯝ ꯀꯪꯂꯩꯄꯥꯛꯇꯁꯨ ꯃꯃꯥꯡ ꯆꯍꯤ (2021) ꯗ ꯍꯥꯡꯗꯍꯛꯇꯨꯅ ꯀꯨꯝꯖꯥ 2022 ꯒꯤ ꯃꯥꯔꯆ ꯊꯥ ꯐꯥꯎꯕꯒꯤ ꯃꯃꯥꯡꯗ ꯁ꯭ꯇꯦꯠ ꯂꯦꯚꯦꯜ ꯅꯦꯆꯔꯦꯜ ꯕꯣꯗꯤꯕꯤꯜꯗꯤꯡ ꯑꯦꯟꯗ ꯐꯤꯠꯅꯦꯁ ꯄꯥꯡꯊꯣꯛꯀꯅꯤ ꯍꯥꯏꯅ ꯁꯦꯝ ꯁꯥꯔꯤ꯫

International Natural Bodybuilding Association xg elvjlMxg Toy ꯑꯁꯤꯒꯤ ꯈꯣꯡꯆꯠ ꯑꯣꯏꯅ 2016 ꯇ ꯑꯥꯏ ꯑꯦꯟ ꯕꯤ ꯑꯦ ꯇꯥꯏꯋꯥꯟ ꯑꯣꯐꯤꯁꯤꯑꯦꯜꯂꯤ ꯍꯥꯡꯗꯣꯛꯇꯨꯅ ꯇꯥꯏꯋꯥꯟ ꯍꯥꯏꯔꯤꯕ TFG ꯑꯁꯤꯗꯁꯨ ꯑꯥꯏ ꯑꯦꯟ ꯕꯤ ꯑꯦ ꯑꯦꯁꯤꯌꯥ ꯑꯃꯗꯤ ꯑꯥꯏ ꯑꯦꯟ ꯕꯤ ꯑꯦ ꯇꯥꯏꯋꯥꯟꯒꯤ ꯄ꯭ꯔꯁꯤꯗꯦꯟꯠ ꯑꯣꯏꯅ ꯊꯧ ꯄꯨꯔꯤꯕ ꯗꯥ. ꯉꯥꯡꯕꯝ ꯁꯥꯟꯇꯤꯀꯨꯃꯥꯔꯒꯤ ꯂꯨꯆꯤꯡ ꯃꯈꯥꯗ ꯀꯨꯝꯖꯥ 2018 ꯗꯒꯤ ꯄꯥꯡꯊꯣꯛꯇꯨꯅ ꯂꯥꯛꯄꯒꯨꯝ, ꯑꯥꯏ ꯑꯦꯟ ꯕꯤ ꯑꯦ ꯇꯥꯏꯋꯥꯟ ꯅꯦꯁꯅꯜ ꯆꯠꯂꯤꯕ ꯆꯍꯤ 2022 ꯑꯁꯤꯒꯤ ꯑꯦꯄ꯭ꯔꯤꯜ 17 ꯇ ꯄꯥꯡꯊꯣꯛꯂꯒꯅꯤ ꯍꯥꯏꯕꯒꯤ ꯄꯥꯎꯖꯦꯜ KOKM ꯃꯤꯗꯤꯌꯥꯗ ꯄꯥꯎꯖꯦꯟꯖꯈ꯭ꯔꯦ꯫ ꯅꯦꯆꯔꯦꯜ ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡꯅ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯑꯣꯏꯕ ꯐꯝꯕꯥꯛꯇ ꯇꯣꯏꯅ ꯊꯣꯛꯆꯕ ꯐꯪꯅꯕ ꯍꯥꯏꯗꯨꯅ ꯍꯟꯗꯛ ꯆꯍꯤꯁꯤꯗꯒꯤ ꯍꯧꯗꯨꯅ ꯆꯍꯤ ꯑꯃꯗ ꯑꯅꯤꯔꯛ ꯄꯥꯡꯊꯣꯛꯄꯒꯤ ꯋꯥꯔꯦꯞꯁꯨ ꯂꯧꯈ꯭ꯔꯦ꯫ ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡꯕꯨ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯂꯝꯗ ꯄꯨꯁꯤꯟꯁꯤ ꯍꯥꯏꯔꯕꯗꯤ ꯃꯈꯣꯏꯕꯨ ꯃꯇꯧ ꯀꯔꯝꯅ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯑꯣꯏꯕ ꯆꯤꯟꯖꯥꯛꯁꯤꯡ ꯆꯥꯒꯅꯤ ꯑꯃꯗꯤ ꯁꯥꯟꯅꯒꯅꯤ ꯍꯥꯏꯅ ꯂꯝꯖꯤꯡꯕꯤꯕꯇ ꯅꯠꯇꯅ ꯃꯈꯣꯏꯒꯤ ꯍꯩꯊꯣꯏ
ꯁꯤꯡꯊꯣꯏꯕ ꯑꯗꯨ ꯎꯠꯆꯅꯕ ꯐꯝꯕꯥꯛꯁꯤꯡ ꯇꯣꯏꯅ ꯍꯥꯡꯗꯣꯛꯄꯤꯕ ꯃꯊꯧ ꯇꯥꯏ꯫ ꯋꯥꯈꯜꯂꯣꯟ ꯑꯁꯤꯗ ꯌꯨꯝꯐꯝ ꯑꯣꯏꯔꯒꯅꯤ ꯑꯥꯏ ꯑꯦꯟ ꯕꯤ ꯑꯦ ꯇꯥꯏꯋꯥꯟ ꯅꯦꯁꯅꯜ ꯆꯍꯤ ꯑꯃꯗ ꯑꯅꯤꯔꯛ ꯇꯧꯔꯒꯦ ꯍꯥꯏꯅ ꯂꯦꯞꯂꯤꯕ꯫ ꯑꯗꯨꯕꯨ ꯂꯨꯔꯤꯕꯗꯤ ꯐꯝꯕꯥꯛꯁꯤꯡ ꯑꯁꯤ ꯍꯥꯡꯗꯣꯛꯄꯗ ꯁꯦꯜ ꯆꯪꯏ꯫ ꯂꯥꯏꯕꯛ ꯊꯤꯕꯗꯤ, ꯇꯥꯏꯋꯥꯟ ꯂꯩꯉꯥꯛꯇꯒꯤ ꯃꯇꯦꯡ ꯑꯃꯠꯇ ꯐꯪꯗꯕ ꯑꯁꯤꯅꯤ꯫ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯏꯍꯧꯕꯨ ꯁꯧꯒꯠꯄꯤꯕꯒꯤ ꯃꯍꯨꯠꯇ ꯇꯥꯏꯋꯥꯟ ꯂꯩꯉꯥꯛꯅ ꯁꯧꯒꯠꯂꯤꯕꯗꯤ ꯅꯦꯆꯔꯦꯜ ꯑꯣꯏꯅ ꯄꯥꯡꯊꯣꯛꯇꯕ ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟ ꯑꯗꯨꯕꯨꯅꯤ꯫ ꯃꯁꯤꯃꯛ ꯏꯔꯝꯗꯝ ꯀꯪꯂꯩꯄꯥꯛ ꯑꯃꯗꯤ ꯏꯟꯗꯤꯌꯥꯗꯁꯨ ꯊꯣꯛꯂꯤ꯫
ꯂꯩꯉꯥꯛꯅ ꯁꯧꯒꯠꯀꯦꯔꯥ ꯁꯧꯒꯠꯂꯣꯏꯒꯦꯔꯥ, ꯑꯩꯈꯣꯏꯒꯤꯗꯤ ꯇꯧꯐꯝ ꯊꯣꯛꯄ ꯏꯊꯧ ꯃꯈꯥ ꯇꯥꯅ ꯆꯠꯊꯗꯨꯅ ꯂꯥꯛꯂꯤ, ꯆꯠꯊꯈꯤꯒꯅꯤ ꯍꯧꯔꯛꯂꯤꯕ ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡꯒꯤ ꯈꯟꯗꯨꯅ, ꯏꯔꯝꯗꯝꯒꯤ ꯈꯟꯗꯨꯅ ꯑꯃꯗꯤ ꯃꯥꯂꯦꯝ ꯄꯨꯝꯕꯒꯤ ꯈꯟꯗꯨꯅ꯫ ꯂꯩꯉꯥꯛꯅ ꯁꯧꯒꯠꯄꯤꯗꯕ ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟ ꯀꯌꯥ ꯂꯩꯔꯤ ꯂꯦꯞꯄ ꯂꯩꯇꯅ ꯃꯈꯣꯏ ꯃꯈꯣꯏꯒꯤ ꯃꯊꯧ ꯄꯥꯡꯊꯣꯛꯇꯨꯅ ꯂꯥꯛꯂꯤꯕ꯫ ꯃꯇꯥꯡꯁꯤꯗ ꯂꯣꯏꯁꯤꯜꯂꯛꯄꯗ ꯏꯔꯝꯗꯝꯒꯤ ꯏꯔꯩꯆꯥꯁꯤꯡꯗ ꯅꯣꯜꯂꯨꯛꯅ ꯊꯝꯖꯔꯤ ꯃꯗꯨꯗꯤ ꯑꯁꯤꯒꯨꯝꯕ ꯅꯦꯆꯔꯦꯜꯒꯤ ꯑꯣꯏꯕ ꯏꯍꯧ ꯑꯁꯤ ꯏꯆꯥ ꯏꯁꯨꯁꯤꯡꯒꯤ ꯑꯃꯗꯤ ꯑꯩꯈꯣꯏꯒꯤ ꯈꯨꯟꯅꯥꯏ ꯑꯁꯤꯒꯤ ꯈꯟꯕꯤꯗꯨꯅ ꯑꯉꯝꯕ ꯃꯇꯦꯡ ꯄꯥꯡꯕꯤꯌꯨ꯫ ꯃꯤꯌꯥꯝꯒꯤ ꯃꯇꯦꯡ ꯑꯃꯗꯤ ꯁꯧꯒꯠꯄ ꯌꯥꯎꯗꯅ ꯀꯔꯤꯒꯨꯝꯕ ꯍꯤꯔꯝ ꯑꯃꯠꯇ ꯃꯥꯏ ꯄꯥꯛꯄ ꯉꯝꯂꯣꯏ꯫ ꯃꯇꯦꯡ ꯄꯥꯡꯅꯕ, ꯍꯤꯡꯃꯤꯟꯅꯕ ꯑꯃꯗꯤ ꯈꯨꯟꯅꯥꯏ ꯑꯁꯤꯒꯤ ꯈꯟꯕꯅ ꯌꯥꯏꯐꯔꯦ꯫=

ꯉꯁꯤꯗꯤ ꯃꯅꯤꯄꯨꯔꯤ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯒꯤ ꯂꯦꯡꯗꯕ ꯃꯐꯝ ꯑꯃ ꯍꯧꯔꯛꯐꯝ ꯑꯣꯏꯔꯤꯕ ꯂꯝꯗꯝꯁꯤꯒꯤ ꯂꯩꯃꯥꯏꯁꯤꯗ ꯀꯟꯗꯨꯅ ꯂꯩꯔꯦ꯫ ꯀꯌꯥꯗ ꯅꯨꯉꯥꯏꯔꯕ꯫ ꯄꯨꯝꯅꯃꯛꯁꯤꯡ ꯑꯁꯤ ꯃꯃꯥꯡꯉꯩꯒꯤ ꯑꯍꯜ ꯂꯃꯟꯁꯤꯡ ꯑꯗꯨꯒꯤ ꯃꯄꯥꯟꯅꯅꯤ ꯍꯥꯏꯅ ꯂꯧꯖꯕꯗ ꯀꯥꯏꯗꯦ꯫ ꯃꯈꯣꯏꯅ ꯁꯦꯝꯒꯠ ꯁꯥꯒꯠꯂꯝꯕ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯒꯤ ꯃꯁꯛ ꯑꯗꯨꯃꯛꯅ ꯃꯤꯌꯥꯝꯅ ꯅꯨꯡꯁꯤꯕꯤꯗꯨꯅ ꯑꯣꯏꯔꯛꯂꯤꯕꯅꯤ꯫ ꯃꯈꯣꯏꯅ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯕꯨ ꯍꯤꯡꯍꯜꯂꯝꯃꯤ, ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯕꯨ ꯌꯣꯛꯂꯛꯈꯤ꯫ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯕꯨ ꯃꯁꯛ ꯊꯣꯛꯍꯜꯂꯛꯈꯤ꯫ ꯍꯧꯖꯤꯛꯅ ꯑꯃꯨꯛ, ꯑꯍꯜ ꯂꯃꯟꯁꯤꯡ ꯑꯗꯨꯅ ꯊꯝꯕꯤꯔꯝꯕ ꯃꯁꯛ ꯑꯗꯨ ꯃꯥꯡꯍꯟꯗꯅꯕ ꯑꯅꯧꯕ ꯀꯥꯡꯂꯣꯟ ꯑꯃꯒ ꯂꯣꯏꯅꯅ ꯃꯤꯠꯌꯦꯡ ꯊꯝꯗꯨꯅ ꯁꯦꯝꯒꯠꯂꯛꯈꯤꯕꯅꯤ꯫
ꯃꯅꯤꯄꯨꯔ ꯁ꯭ꯇꯦꯠ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥ ꯀꯥꯎꯟꯁꯤꯜ ꯍꯥꯏꯕ ꯑꯁꯤ ꯂꯩꯇ꯭ꯔꯤꯉꯩꯒꯤ ꯃꯃꯥꯡꯗ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯒꯤ ꯑꯣꯏꯕ ꯑꯦꯄꯦꯛꯁ ꯕꯣꯗꯤ ꯑꯃ ꯑꯣꯜ ꯃꯅꯤꯄꯨꯔ ꯖꯇ꯭ꯔꯥ ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟ (ꯑꯦ ꯑꯦꯝ ꯖꯦ ꯑꯦ) ꯍꯥꯏꯗꯨꯅ ꯑꯃ ꯂꯩꯔꯝꯃꯤ꯫ ꯃꯗꯨ ꯃꯄꯥꯡꯒꯜ ꯌꯥꯝꯅ ꯀꯟꯈꯤ꯫ ꯃꯇꯝ ꯁꯥꯡꯅ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯒꯤ ꯊꯕꯛ ꯇꯧꯔꯝꯃꯤ꯫ ꯃꯇꯝꯗꯨ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯒꯤ ꯊꯦꯡꯊꯔꯕ ꯃꯌꯥꯏ ꯆꯜꯂꯛꯄ ꯃꯇꯝꯅꯤ ꯍꯥꯏꯅ ꯂꯧꯕ ꯌꯥꯏ꯫ ꯃꯇꯝꯗꯨꯗ ꯂꯝꯗꯝ ꯑꯁꯤꯒꯤ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯒꯤ ꯃꯁꯛ ꯅꯥꯏꯔꯕ ꯃꯤꯑꯣꯏ ꯀꯌꯥ ꯑꯃ ꯌꯥꯎꯔꯕꯁꯨ ꯃꯄꯨꯡ ꯑꯣꯏꯅ ꯑꯣꯐꯤꯁꯜꯒꯤ ꯑꯣꯏꯕ ꯁꯤꯟꯗꯣꯛ ꯁꯤꯟꯖꯤꯟ ꯇꯧꯅꯕ, ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯕꯨ ꯄꯥꯝꯖꯕ, ꯌꯣꯛꯈꯠꯆꯅꯤꯡꯕ ꯀꯌꯥ ꯑꯃ ꯂꯩꯈꯤ, ꯑꯣꯖꯥ ꯐꯨꯂꯦꯟꯗ꯭ꯔꯣ, ꯔꯟꯖꯟ, ꯕ꯭ꯔꯖꯃꯅꯤ, ꯕꯤꯔꯍꯔꯤꯅꯆꯤꯡꯕ ꯀꯌꯥ ꯑꯃ꯫ ꯂꯣꯏꯅꯃꯛ ꯃꯤꯡ ꯄꯟꯕ ꯑꯣꯏꯊꯣꯛꯇꯦ꯫ ꯍꯥꯏꯔꯤꯕꯁꯤꯡ ꯑꯁꯤ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯗꯤ ꯌꯥꯎꯈꯤꯕ ꯅꯠꯇꯦ꯫ ꯃꯈꯣꯏꯅ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯒꯤ ꯑꯣꯏꯕ ꯆꯦꯐꯣꯡ ꯐꯣꯡꯕ ꯍꯧꯈꯤ꯫ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯒꯤ ꯄꯥꯎꯗꯝ ꯑꯣꯏꯅ ꯊꯥꯒꯤ ꯑꯣꯏꯕ ꯖꯔꯅꯦꯜ ꯑꯃ ꯐꯣꯡꯗꯨꯅ ꯌꯥꯝꯅ ꯃꯇꯤꯡ ꯂꯩꯕ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥ ꯑꯃ ꯁꯥꯒꯠꯅꯕ ꯍꯣꯠꯅꯈꯤ꯫ ꯂꯣꯏꯅꯅ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯒꯤ ꯑꯣꯏꯕ ꯑꯣꯐꯤꯁ ꯑꯃ ꯃꯐꯝ ꯀꯟꯅꯕ ꯀꯟꯅ ꯍꯣꯠꯅꯖꯈꯤ꯫ ꯃꯗꯨ ꯑꯩ ꯏꯁꯥꯃꯛꯁꯨ ꯑꯍꯜ ꯂꯃꯟꯁꯤꯡ ꯑꯗꯨꯒ ꯊꯦꯡꯅꯗꯨꯅ ꯌꯥꯝꯅ ꯀꯟꯅ ꯆꯦꯟ ꯆꯣꯡꯗꯨꯅ ꯍꯣꯠꯅꯔꯝꯃꯤ꯫ ꯃꯅꯤꯄꯨꯔ ꯁ꯭ꯇꯦꯠ ꯀꯂꯥ ꯑꯦꯀꯥꯗꯦꯃꯤ ꯂꯤꯡꯈꯠꯇ꯭ꯔꯤꯉꯩ ꯃꯃꯥꯡꯗꯒꯤ ꯍꯧꯔꯒ ꯃꯗꯨꯒꯤ ꯃꯇꯨꯡ ꯐꯥꯎꯕꯗ ꯑꯦꯄꯦꯛꯁ ꯕꯣꯗꯤ ꯑꯁꯤ ꯌꯥꯝꯅ ꯀꯟꯅ ꯆꯪ ꯆꯪ ꯂꯥꯎꯅ ꯍꯣꯠꯅꯈꯤ꯫ ꯑꯦꯀꯥꯗꯦꯃꯤ ꯂꯤꯡꯈꯠꯅꯕ ꯍꯣꯠꯅꯕꯗꯁꯨ ꯑꯆꯧꯕ ꯊꯧꯗꯥꯡ ꯂꯧꯈꯤꯕꯁꯤꯡꯒꯤ ꯃꯅꯨꯡꯗ ꯑꯦ ꯑꯦꯝ ꯖꯦ ꯑꯦ ꯍꯥꯏꯕ ꯑꯁꯤꯁꯨ ꯑꯃ ꯑꯣꯏꯈꯤ꯫ ꯂꯤꯡꯈꯠꯂꯕ ꯃꯇꯨꯡꯗ ꯆꯍꯤꯒꯤ ꯑꯣꯏꯅ ꯄꯤꯕ ꯑꯦꯀꯥꯗꯦꯃꯤ ꯑꯦꯋꯥꯔꯗ ꯄꯤꯕꯒꯤ ꯔꯦꯀꯃꯦꯟꯗ ꯇꯧꯕꯒꯤ ꯕꯣꯗꯤ ꯑꯁꯤꯁꯨ ꯃꯁꯤꯅ ꯑꯣꯏꯈꯤ꯫ ꯑꯁꯨꯝꯅ ꯆꯠꯊꯔꯛꯄ ꯑꯁꯤꯅ ꯃꯇꯝꯗꯨꯒꯤ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯗ ꯊꯋꯥꯏ ꯌꯥꯎꯅ ꯆꯦꯟꯖ-ꯆꯣꯡꯖꯔꯤꯕ ꯀꯌꯥꯒꯤ ꯃꯔꯛꯇ ꯄꯦꯟꯅꯗꯕꯁꯨ ꯂꯩꯈꯤ꯫ ꯑꯗꯨꯅ ꯑꯦ ꯑꯦꯝ ꯖꯦ ꯑꯦꯗꯒꯤ ꯃꯅꯤꯄꯨꯔ ꯁ꯭ꯇꯦꯠ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥ ꯀꯥꯎꯟꯁꯤꯜ ꯁꯦꯝꯂꯛꯅꯕꯒꯤ ꯑꯆꯧꯕ ꯃꯔꯝ ꯑꯃ ꯑꯣꯏꯈꯤꯕꯅꯤ꯫ ꯊꯣꯏꯗꯣꯛꯅ ꯑꯦ ꯑꯦꯝ ꯖꯦ ꯑꯦꯅ ꯇꯧꯈꯤꯕ ꯑꯗꯨꯁꯨ ꯑꯀꯥꯏꯕꯗꯤ ꯌꯥꯎꯕ ꯅꯠꯇꯦ꯫ ꯑꯗꯨꯕꯨ ꯃꯤꯑꯣꯏꯕꯅꯤ ꯐꯦꯕꯔꯤꯇꯤꯖꯝ ꯈꯔꯗꯤ ꯑꯗꯨꯃꯛ ꯂꯩꯔꯝꯕ ꯌꯥꯏ꯫ ꯃꯗꯨꯒꯤ ꯈꯨꯗꯣꯡꯆꯥꯕ ꯂꯧꯔꯒ ꯀꯥꯎꯟꯁꯤꯜ ꯑꯁꯤ ꯁꯦꯝꯂꯛꯅꯕꯒꯤ ꯃꯔꯨ ꯍꯨꯟꯕ ꯍꯧꯈꯤ꯫ ꯃꯆꯤ ꯃꯆꯤꯗ ꯇꯥꯁꯤꯟ ꯇꯥꯁꯤꯟꯗꯨꯅ, ꯄꯨꯟꯁꯤꯟ ꯄꯨꯟꯁꯤꯟꯗꯨꯅ ꯆꯤꯕꯣꯟ ꯆꯤꯕꯣꯟ ꯋꯥꯔꯤ ꯁꯥꯕ ꯍꯧꯔꯛꯈꯤ꯫ ꯃꯇꯝꯁꯤꯗ ꯑꯉꯥꯡ ꯑꯣꯏꯅ ꯑꯃꯗꯁꯨ ꯑꯃꯗꯁꯨ ꯀꯥꯡꯂꯝ ꯆꯦꯟꯅ ꯌꯥꯎꯔꯛꯈꯤ꯫ ꯀꯥꯎꯟꯁꯤꯜ ꯑꯁꯤ ꯏꯍꯥꯟ ꯍꯥꯟꯅ ꯁꯦꯝꯅꯕꯒꯤ ꯃꯤꯐꯝ ꯑꯁꯤ ꯑꯔꯌꯥꯟ ꯊꯤꯑꯦꯇꯔꯗ ꯑꯣꯏꯈꯤ꯫ ꯂꯣꯏꯅꯅ ꯃꯤꯇꯤꯡ
ꯇꯧꯔꯝꯕꯗꯒꯤ ꯃꯐꯝꯗꯨꯗ ꯑꯐꯣꯡꯕ ꯃꯤꯐꯝ ꯑꯃ ꯐꯝꯗꯨꯅ ꯀꯥꯎꯟꯁꯤꯜ ꯑꯁꯤ ꯁꯦꯝꯈꯤ꯫ ꯁꯦꯝꯈꯤꯕ ꯅꯨꯃꯤꯠ ꯑꯁꯤ ꯑꯌꯨꯛꯇ ꯐꯝꯕ ꯃꯤꯐꯝꯅꯤ꯫ ꯃꯤꯐꯝ ꯑꯗꯨꯗ ꯑꯩ ꯏꯁꯥꯃꯛꯁꯨ ꯁꯔꯨꯛ ꯌꯥꯈꯤ꯫ ꯀꯥꯎꯟꯁꯤꯜ ꯁꯦꯝꯈ꯭ꯔꯦ꯫ ꯀꯥꯎꯟꯁꯤꯜꯒꯤ ꯏꯍꯥꯟ ꯍꯥꯟꯕ ꯁꯦꯀ꯭ꯔꯦꯇꯔꯤ ꯑꯣꯏꯈꯤꯕꯁꯤ ꯂꯩꯈꯤꯗ꯭ꯔꯕ ꯁꯥꯃꯨꯔꯥꯏꯂꯥꯠꯄꯝ ꯖꯨꯒꯦꯁ꯭ꯋꯔ ꯁꯔꯃ, ꯃꯌꯥꯝꯅ ꯆꯩꯇꯩ ꯁꯥꯕ ꯍꯥꯏꯅ ꯈꯪꯅꯕ ꯑꯗꯨꯅꯤ꯫ ꯑꯗꯨꯒ ꯄ꯭ꯔꯁꯤꯗꯦꯟꯠ ꯑꯣꯏꯈꯤꯕ ꯑꯗꯨꯅ ꯂꯩꯈꯤꯗ꯭ꯔꯕ ꯑꯩꯒ꯭ꯌꯥ ꯏꯇꯨꯈꯣꯝꯕꯤ ꯍꯥꯏꯅꯨ ꯈꯪꯅꯕ ꯃꯙꯨꯃꯪꯒꯣꯜ ꯁꯔꯃ ꯍꯥꯏꯕꯗꯨꯅꯤ꯫ ꯚꯥꯏꯁ ꯄ꯭ꯔꯁꯤꯗꯦꯟꯠ ꯑꯣꯏꯅ ꯃꯇꯝꯗꯨꯗ ꯖꯒꯠꯁꯤꯡ ꯗꯥꯀꯨ ꯁꯥꯕ ꯍꯥꯏꯅ ꯃꯃꯤꯡ ꯂꯩꯈꯤꯕ ꯍꯧꯖꯤꯛꯃꯛꯇꯤ ꯂꯩꯈꯤꯗ꯭ꯔꯕ ꯃꯪꯁꯤꯗꯝ ꯕꯤꯅꯣꯗ ꯍꯥꯏꯕ ꯑꯗꯨꯅꯤ꯫ ꯀꯥꯎꯟꯁꯤꯜ ꯁꯦꯝꯈ꯭ꯔꯕ ꯃꯇꯨꯡꯗ ꯑꯃꯨꯛ ꯑꯆꯧꯕ ꯂꯥꯟꯖꯥꯎ ꯑꯃ ꯊꯣꯛꯈꯤ꯫ ꯃꯁꯤꯒꯤ ꯂꯥꯟ ꯑꯁꯤꯅ ꯃꯅꯤꯄꯨꯔꯤ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯒꯤ ꯃꯥꯏꯑꯣꯟ ꯑꯃ ꯑꯣꯟꯅꯕꯒꯤ ꯑꯆꯧꯕ ꯃꯔꯝ ꯑꯃ ꯑꯣꯏꯈꯤ꯫ ꯃꯇꯝꯗꯨꯗ ꯃꯅꯤꯄꯨꯔ ꯁ꯭ꯇꯦꯠ ꯀꯂꯥ ꯑꯦꯀꯥꯗꯦꯃꯤꯅ ꯁꯤꯟꯗꯨꯅ ꯆꯍꯤꯒꯤ ꯑꯣꯏꯅ ꯄꯥꯡꯊꯣꯛꯄ ꯐꯦꯁꯇꯤꯚꯦꯜ ꯑꯗꯨꯒꯤ ꯑꯣꯊꯣꯔꯤꯇꯤ ꯑꯃ ꯑꯣꯏꯅ ꯀꯔꯝꯕ ꯑꯦꯄꯦꯛꯁ ꯕꯣꯗꯤꯕꯨ ꯑꯦꯀꯥꯗꯦꯃꯤꯅ ꯂꯧꯈꯠꯀꯗꯒꯦ ꯍꯥꯏꯕꯁꯤ ꯑꯆꯧꯕ ꯃꯔꯝ ꯑꯃꯅꯤ꯫ ꯑꯗꯨꯅ ꯅꯧꯅ ꯁꯦꯝꯂꯤꯕ ꯀꯥꯎꯟꯁꯤꯜ ꯑꯗꯨꯗꯅ ꯃꯇꯝꯗꯨꯒꯤ ꯃꯃꯤꯡ ꯂꯩꯔꯕ ꯁꯛꯅꯥꯏꯔꯕ ꯑꯥꯔꯇꯤꯁꯠ ꯀꯌꯥ ꯌꯥꯎꯕ, ꯑꯗꯨꯒ ꯑꯦ ꯑꯦꯝ ꯖꯦ ꯑꯦꯗꯅ ꯃꯇꯝ ꯑꯃꯗ ꯃꯃꯤꯡ ꯂꯩꯔꯝꯂꯕꯁꯨ ꯀꯌꯥ ꯊꯣꯏꯅ ꯃꯇꯤꯡ ꯂꯩꯇ꯭ꯔꯕꯁꯤꯡꯅ ꯑꯌꯥꯝꯕ ꯑꯣꯏꯕ ꯑꯗꯨꯅ ꯑꯦꯀꯥꯗꯦꯃꯤꯒ ꯌꯥꯁꯤꯟꯅꯕꯁꯤ ꯀꯥꯎꯟꯁꯤꯜ ꯑꯁꯤ ꯑꯣꯏꯈꯤ꯫ ꯃꯇꯝꯗꯨꯗ ꯀꯥꯎꯟꯁꯤꯜꯒꯤ ꯃꯤꯑꯣꯏ ꯑꯌꯥꯝꯕꯅꯁꯨ ꯑꯀꯟꯕ ꯄ꯭ꯔꯦꯁꯔ ꯄꯤꯈꯤ꯫ ꯑꯗꯨꯅ ꯑꯦꯀꯥꯗꯦꯃꯤꯒꯤ ꯐꯦꯁꯇꯤꯚꯦꯜ ꯑꯗꯨ ꯀꯥꯎꯟꯁꯤꯜꯒ ꯈꯨꯠꯁꯝꯅꯔꯒ ꯁꯤꯟꯕ ꯍꯧꯈ꯭ꯔꯦ꯫ ꯑꯗꯨꯕꯨ ꯃꯇꯝ ꯀꯨꯏꯅ ꯃꯤꯌꯥꯝꯒꯤ ꯊꯧꯒꯜ ꯇꯧꯗꯨꯅ ꯂꯥꯛꯂꯕ ꯑꯦ ꯑꯦꯝ ꯖꯦ ꯑꯦꯅꯁꯨ ꯌꯥꯝꯅ ꯄꯦꯟꯗꯕ ꯅꯨꯉꯥꯏꯇꯕ ꯐꯥꯎꯈꯤ꯫ ꯑꯗꯨꯅ ꯑꯦꯀꯥꯗꯦꯃꯤꯅ
ꯁꯤꯜꯂꯤꯕ ꯃꯐꯝ ꯑꯗꯨꯗꯒꯤ ꯈꯔ ꯍꯥꯏꯗꯣꯛꯂꯒ ꯐꯦꯁꯇꯤꯚꯦꯜ ꯑꯃꯁꯨ ꯁꯤꯟꯈꯤ꯫ ꯅꯨꯉꯥꯏꯇ꯭ꯔꯤꯕꯗꯤ ꯑꯦ ꯑꯦꯝ ꯖꯦ ꯑꯦꯗ ꯌꯥꯎꯕ ꯂꯤꯂꯥ ꯄꯥꯔꯇꯤ ꯈꯔ, ꯀꯥꯎꯟꯁꯤꯜꯗ ꯌꯥꯎꯕ ꯂꯤꯂꯥ ꯄꯥꯔꯇꯤ ꯈꯔ, ꯂꯤꯂꯥ ꯄꯥꯔꯇꯤꯁꯤꯡꯁꯨ ꯈꯥꯏꯕꯣꯛ ꯈꯥꯏꯕꯣꯛ ꯇꯥꯈꯤꯕꯅꯤ꯫ ꯑꯦ ꯑꯦꯝ ꯖꯦ ꯑꯦꯗ ꯌꯥꯎꯕ ꯄꯥꯔꯇꯤ ꯈꯔꯗꯤ ꯑꯍꯥꯟꯕ ꯀꯥꯎꯟꯁꯤꯜꯒ ꯈꯨꯠꯁꯝꯅꯔꯒ ꯁꯤꯟꯕ ꯐꯦꯁꯇꯤꯚꯦꯜꯗ ꯁꯔꯨꯛ ꯌꯥꯈꯤꯗꯦ꯫ ꯃꯃꯩꯗꯗꯤ ꯅꯥꯀꯜ ꯑꯅꯤꯃꯛꯇ ꯐꯦꯁꯇꯤꯚꯦꯜ ꯁꯔꯨꯛ ꯌꯥꯅꯔꯛꯈꯤ꯫ ꯑꯁꯨꯝꯅ ꯒꯚꯔꯟꯃꯦꯟꯠꯀꯤ ꯑꯦꯖꯦꯟꯁꯤ ꯑꯃ ꯑꯣꯏꯔꯤꯕ ꯑꯦꯀꯥꯗꯦꯃꯤꯅ ꯁꯤꯟꯕ ꯐꯦꯁꯇꯤꯚꯦꯜ ꯑꯁꯤꯗꯅ ꯍꯦꯟꯅ ꯃꯤꯠꯌꯦꯡ ꯊꯝꯅꯔꯛꯄꯗꯒꯤ ꯑꯦ ꯑꯦꯝ ꯖꯦ ꯑꯦꯒꯤ ꯐꯦꯁꯇꯤꯚꯦꯜ ꯁꯤꯟꯕ ꯉꯝꯗꯗꯨꯅ ꯃꯊꯟꯇꯅ ꯃꯨꯠꯈꯤ꯫ ꯑꯣꯜ ꯃꯅꯤꯄꯨꯔ ꯖꯇ꯭ꯔꯥ ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟ ꯍꯥꯏꯕ ꯑꯁꯤ ꯂꯩꯅ ꯂꯩꯅ ꯃꯇꯤꯛ ꯊꯣꯛꯄ ꯉꯝꯈꯤꯗ꯭ꯔꯦ꯫ ꯑꯦꯀꯥꯗꯦꯃꯤꯒꯤ ꯆꯍꯤꯒꯤ ꯑꯣꯏꯅ ꯂꯥꯟꯊꯣꯛꯄ ꯑꯦꯋꯥꯔꯗꯀꯤ ꯔꯦꯀꯃꯦꯟꯗꯦꯁꯟ ꯇꯧꯅꯕ ꯆꯦ ꯐꯥꯎꯕ ꯑꯦ ꯑꯦꯝ ꯖꯦ ꯑꯦꯗ ꯂꯥꯛꯈꯤꯗ꯭ꯔꯦ, ꯀꯥꯎꯟꯁꯤꯜꯂꯣꯝꯗ ꯆꯠꯈ꯭ꯔꯦ꯫ ꯑꯗꯨꯅ ꯑꯦ ꯑꯦꯝ ꯖꯦ ꯑꯦ ꯑꯁꯤ ꯇꯨꯃꯤꯟꯅ ꯂꯩꯁꯤꯟꯈꯤꯕꯗꯨꯅ ꯍꯧꯖꯤꯛ ꯐꯥꯎꯕ ꯑꯦ ꯑꯦꯝ ꯖꯦ ꯑꯦ ꯃꯨꯊꯠꯂꯦ ꯍꯥꯏꯕ ꯅꯣꯇꯤꯁ ꯑꯃꯐꯥꯎꯕ ꯊꯣꯛꯇꯅ ꯇꯨꯃꯤꯟꯅ ꯂꯩꯈꯤꯕ ꯑꯁꯤꯅꯤ꯫
ꯃꯇꯥꯡꯁꯤꯗ ꯂꯥꯛꯆꯅꯤꯡꯂꯤꯕꯗꯤ, ꯑꯦ ꯑꯦꯝ ꯖꯦ ꯑꯦꯅꯁꯨ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯒꯤ ꯖꯔꯅꯦꯜ ꯐꯣꯡꯗꯨꯅ ꯑꯃꯗꯤ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥꯒꯤ ꯑꯣꯐꯤꯁ ꯑꯃꯒꯤ ꯃꯐꯝ ꯀꯟꯅꯕ ꯋꯥ ꯀꯟꯅ-ꯀꯟꯅ ꯍꯥꯏꯔꯝꯂꯕꯁꯨ ꯇꯦꯕꯜꯗ ꯑꯣꯏꯅ ꯋꯥꯔꯤ ꯁꯥꯅꯕ, ꯊꯕꯛ ꯑꯣꯏꯅꯗꯤ ꯀꯌꯥ ꯌꯥꯎꯗꯕ ꯑꯗꯨꯅ ꯃꯔꯝ ꯑꯣꯏꯔꯒ ꯊꯕꯛ ꯑꯣꯏꯅ ꯎꯠꯄꯗꯤ ꯉꯝꯈꯤꯗꯦ꯫ ꯀꯥꯎꯟꯁꯤꯜꯒꯤ ꯑꯍꯥꯟꯕ ꯁꯦꯀ꯭ꯔꯦꯇꯔꯤ ꯑꯣꯏꯕꯤꯔꯝꯕ ꯑꯩꯒ꯭ꯌꯥ ꯖꯨꯒꯦꯁ꯭ꯋꯔ ꯂꯥꯏꯕꯛ ꯊꯤꯕ ꯊꯧꯗꯣꯛ ꯑꯃꯗ ꯂꯩꯈꯤꯗ꯭ꯔꯕ ꯃꯇꯨꯡꯗ ꯀꯥꯎꯟꯁꯤꯜꯒꯤ ꯑꯅꯤꯁꯨꯕ ꯁꯦꯀ꯭ꯔꯦꯇꯔꯤ ꯑꯗꯨ ꯑꯩ ꯏꯁꯥꯅ ꯑꯣꯏꯈꯤ꯫ ꯑꯩꯅ ꯁꯦꯀ꯭ꯔꯦꯇꯔꯤ ꯑꯣꯏꯔꯕ ꯃꯇꯨꯡꯗ ꯀꯥꯎꯟꯁꯤꯜꯒꯤ ꯆꯠꯅ-ꯀꯥꯡꯂꯣꯟꯁꯤꯡ ꯑꯗꯨ ꯅꯧꯅ ꯂꯣꯏꯅ ꯁꯦꯝꯗꯣꯛꯇꯨꯅ ꯑꯅꯧꯕ ꯀꯥꯎꯟꯁꯤꯜ ꯑꯃꯒꯤ ꯃꯄꯣꯛ ꯑꯃ ꯁꯦꯝꯒꯠꯈꯤ꯫ ꯂꯤꯂꯥ ꯄꯥꯔꯇꯤ ꯑꯃꯅ ꯉꯥꯏꯍꯥꯛ ꯂꯩꯇꯅ ꯑꯃꯗꯒꯤ ꯑꯃꯗ ꯆꯣꯡꯊꯣꯛ ꯆꯣꯡꯁꯤꯟ ꯇꯧꯗꯨꯅ ꯂꯤꯂꯥꯗ ꯈꯨꯗꯣꯡꯆꯥꯗꯕ ꯊꯣꯛꯍꯟꯕ, ꯑꯌꯦꯡꯕꯁꯤꯡꯗ ꯅꯨꯉꯥꯏꯍꯟꯗꯕ ꯄꯣꯛꯍꯟꯕ ꯑꯗꯨꯒꯤ ꯃꯊꯛꯇ ꯑꯥꯔꯇꯤꯁꯠ ꯃꯁꯥ ꯃꯁꯥꯒꯤ ꯑꯣꯏꯅ ꯗꯤꯒ꯭ꯅꯤꯇꯤ ꯃꯥꯡꯁꯤꯜꯂꯛꯄ ꯀꯌꯥ ꯑꯗꯨꯒꯤ ꯌꯦꯡꯗꯨꯅ ꯄꯥꯔꯇꯤ ꯑꯃꯗ ꯑꯃꯨꯛ ꯌꯥꯎꯈ꯭ꯔꯕꯗꯤ ꯆꯍꯤ ꯑꯍꯨꯝ ꯂꯦꯡꯗꯅ ꯄꯥꯔꯇꯤꯗꯨꯗ ꯂꯩꯒꯗꯕꯅꯤ ꯍꯥꯏꯕꯅꯆꯤꯡꯕ ꯑꯀꯟꯕ ꯔꯨꯜ ꯑꯃ ꯁꯦꯝꯈꯤ꯫ ꯃꯗꯨꯕꯨ ꯇ꯭ꯔꯥꯟꯁꯐꯔ ꯁꯤꯖꯟ ꯍꯥꯏꯗꯨꯅ ꯃꯤꯌꯥꯝꯅ ꯈꯪꯅꯗꯨꯅ ꯍꯧꯖꯤꯛꯁꯨ ꯆꯠꯅꯔꯤꯕ ꯑꯁꯤꯅꯤ꯫ ꯃꯗꯨ ꯑꯩꯒꯤ ꯃꯇꯝꯗ ꯁꯦꯝꯂꯝꯕꯅꯤ꯫ ꯃꯤꯌꯥꯝꯅ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥ ꯑꯁꯤ ꯖꯇ꯭ꯔꯥꯋꯥꯂꯤ ꯍꯥꯏꯅ ꯈꯪꯅꯔꯝꯕꯒꯤ ꯋꯥꯐꯝ ꯂꯩꯈꯤ꯫ ꯃꯗꯨꯁꯨ ꯃꯤꯒꯤ ꯃꯔꯣꯜ ꯑꯣꯏꯕꯅꯤꯅ ꯑꯩꯈꯣꯏ ꯏꯁꯥꯒꯤ ꯑꯣꯏꯕ ꯂꯣꯜꯗ ꯁꯦꯝꯗꯣꯛꯐꯝ ꯊꯣꯛꯏ ꯍꯥꯏꯕꯁꯤ ꯑꯩꯅ ꯆꯦꯠꯅ ꯊꯥꯖꯈꯤ꯫ ꯑꯗꯨꯅ ꯑꯦꯀꯥꯗꯦꯃꯤꯒꯤ ꯃꯤꯐꯝ ꯀꯌꯥꯗ ꯋꯥꯐꯝ ꯑꯁꯤ ꯑꯩꯅ ꯄꯨꯊꯣꯛꯇꯨꯅ ꯀꯌꯥꯔꯛ ꯍꯟꯅ ꯈꯟꯅꯈꯤ꯫ ꯃꯔꯝꯗꯤ ꯃꯗꯨꯒꯤ ꯃꯃꯤꯡ ꯑꯗꯨꯃꯛꯇꯗ, ꯍꯧꯖꯤꯛ ꯂꯩꯔꯤꯕ ꯀꯥꯎꯟꯁꯤꯜꯒꯤ ꯁ꯭ꯇꯦꯟꯗꯤꯡ ꯀꯃꯤꯇꯤ ꯊꯤꯑꯦꯇꯔ ꯑꯦꯟꯗ ꯖꯇ꯭ꯔꯥ ꯍꯥꯏꯅ ꯃꯃꯤꯡ ꯊꯣꯜꯂꯤ꯫ ꯑꯗꯨꯅ ꯑꯦꯀꯥꯗꯦꯃꯤꯅ ꯁꯤꯟꯕ ꯐꯦꯁꯇꯤꯚꯦꯜꯁꯨ ꯑꯣꯜ ꯃꯅꯤꯄꯨꯔ ꯖꯇ꯭ꯔꯥ ꯐꯦꯁꯇꯤꯚꯦꯜ ꯍꯥꯏꯅ ꯃꯃꯤꯡ ꯊꯣꯜꯂꯝꯃꯤ꯫ ꯍꯥꯏꯔꯤꯕ ꯀꯌꯥ ꯑꯗꯨ ꯍꯥꯟꯅ ꯁꯦꯝꯗꯣꯛꯇ꯭ꯔꯕꯗꯤ ꯌꯥꯔꯣꯏ ꯍꯥꯏꯕꯁꯤ ꯈꯟꯗꯨꯅ ꯄꯨꯊꯣꯛꯈꯤꯕꯅꯤ꯫ ꯃꯇꯝꯗꯨꯗ ꯌꯥꯎꯈꯤꯕ ꯀꯃꯤꯇꯤꯒꯤ ꯃꯦꯝꯕꯔꯁꯤꯡꯅ ꯑꯩꯒꯤ ꯋꯥꯐꯝ ꯑꯗꯨꯕꯨ ꯁꯄꯣꯔꯠ ꯇꯧꯕꯤꯗꯨꯅ ꯍꯟꯖꯤꯟ ꯍꯟꯖꯤꯟꯅ ꯋꯥꯔꯦꯞ ꯂꯧꯈꯤ꯫ ꯑꯗꯨꯕꯨ ꯑꯦꯀꯥꯗꯦꯃꯤꯅ ꯁꯤꯔꯦꯈꯩ ꯌꯥꯈꯤꯗꯦ꯫ ꯃꯔꯝꯗꯤ ꯃꯗꯨ ꯖꯦꯅꯔꯦꯜ ꯀꯥꯎꯟꯁꯤꯜꯒꯤ ꯑꯣꯏꯕ ꯗꯤꯁꯤꯖꯟ ꯑꯃ ꯌꯥꯎꯗ꯭ꯔꯕꯗꯤ ꯌꯥꯔꯣꯏ ꯍꯥꯏꯗꯨꯅ ꯐꯅ ꯀꯨꯏꯅ ꯌꯥꯈꯤꯗꯦ꯫ ꯃꯃꯩꯗꯗꯤ ꯃꯤꯇꯤꯡ ꯇꯧꯕꯗ ꯑꯩꯍꯥꯛꯄꯨ ꯃꯦꯝꯕꯔ, ꯁ꯭ꯇꯦꯟꯗꯤꯡ ꯀꯃꯤꯇꯤ, ꯊꯤꯑꯦꯇꯔ ꯑꯦꯟꯗ ꯖꯇ꯭ꯔꯥ ꯍꯥꯏꯅ ꯏꯗꯨꯅ ꯆꯦꯕꯥꯎ ꯄꯤꯔꯛꯄꯗ ꯑꯩ ꯁꯔꯨꯛ ꯌꯥꯈꯤꯗꯦ꯫ ꯃꯔꯝꯗꯤ ꯁ꯭ꯇꯦꯟꯗꯤꯡ ꯀꯃꯤꯇꯤꯅ ꯍꯟꯖꯤꯟꯅ ꯋꯥꯔꯦꯞ ꯂꯧꯈ꯭ꯔꯕꯗ ꯖꯇ꯭ꯔꯥ ꯍꯥꯏ ꯍꯥꯏꯗꯨꯅ ꯑꯩ ꯆꯠꯈꯤꯗꯦ꯫ ꯀꯣꯟꯅꯊꯪꯗꯗꯤ ꯃꯗꯨꯒꯤ ꯃꯃꯤꯡ ꯑꯗꯨ ꯄꯣꯁ ꯐꯦꯛꯇꯣꯗ ꯑꯣꯟꯊꯣꯛꯇꯨꯅ ꯊꯤꯑꯦꯇꯔ ꯑꯦꯟꯗ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥ ꯍꯥꯏꯅ ꯑꯣꯟꯈꯤ꯫ ꯍꯧꯖꯤꯛꯇꯤ ꯖꯇ꯭ꯔꯥꯗꯒꯤ ꯁꯨꯃꯥꯡ ꯂꯤꯂꯥ ꯍꯥꯏꯅ ꯒꯚꯔꯟꯃꯦꯟꯠꯀꯤ ꯃꯥꯏꯀꯩꯗꯒꯤꯁꯨ ꯃꯃꯤꯡ ꯑꯣꯟꯈ꯭ꯔꯦ꯫ ꯃꯁꯤ ꯑꯩꯒꯤꯗꯤ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯄꯦꯟꯖꯕ ꯅꯨꯉꯥꯏꯖꯕ ꯑꯃ ꯍꯥꯏꯕꯗꯨ ꯑꯣꯏꯈꯤ꯫
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ꯃꯅꯨꯡꯗ ꯄꯤꯁꯤꯟꯅꯔꯛꯀꯗꯧꯔꯤꯕꯅꯤ꯫ ꯃꯤꯔꯦꯞ ꯆꯦꯁꯤꯡ ꯄꯤꯁꯤꯟꯕꯒꯤ ꯃꯇꯝ
ꯂꯣꯏꯔꯕ ꯃꯇꯨꯡꯗ ꯁ꯭ꯀ꯭ꯔꯨꯇꯤꯅꯤ ꯄꯥꯡꯊꯣꯛꯂꯒ ꯃꯤꯔꯦꯞ ꯑꯣꯏꯕ ꯌꯥꯔꯕꯁꯤꯡꯒꯤ
ꯃꯅꯨꯡꯗꯒꯤ ꯂꯧꯊꯣꯛꯅꯈꯤꯗꯕ ꯃꯤꯔꯦꯞꯁꯤꯡꯅ ꯏꯂꯦꯛꯁꯟꯁꯤꯗ ꯂꯝꯕꯥ ꯇꯧꯅꯒꯗꯧꯔꯤꯕꯅꯤ꯫
ꯍꯥꯏꯔꯤꯕ ꯄ꯭ꯔꯣꯁꯦꯁꯁꯤ ꯃꯥꯔꯆ 3, 2022 ꯗ ꯄꯥꯡꯊꯣꯛꯀꯗꯕ ꯑꯅꯤꯁꯨꯕ ꯐꯦꯖꯗꯁꯨ ꯆꯞ
ꯃꯥꯟꯅꯅ ꯄꯥꯡꯊꯣꯛꯀꯗꯧꯔꯤꯕꯅꯤ꯫ ꯏꯁꯝ-ꯁꯝꯕꯗ ꯄꯥꯡꯊꯣꯛꯂꯒꯗꯕ ꯏꯂꯦꯛꯁꯟꯁꯤꯒꯤ
ꯊꯕꯛ-ꯊꯧꯔꯝ (ꯄ꯭ꯔꯣꯁꯦꯁ) ꯁꯤꯡ ꯄꯥꯡꯊꯣꯛꯄ ꯍꯧꯔꯕꯅꯤ꯫ ꯑꯗꯨꯕꯨ ꯏꯂꯦꯛꯁꯟꯒꯤ
ꯅꯣꯇꯤꯐꯤꯀꯦꯁꯟꯅꯆꯤꯡꯕ ꯊꯣꯛꯇꯨꯅ ꯃꯤꯈꯜꯒꯤ ꯄ꯭ꯔꯣꯁꯦꯁ ꯍꯧꯔꯛꯄꯒ ꯏꯔꯣꯏꯅꯅ
ꯄꯣꯂꯤꯇꯤꯀꯦꯜ ꯄꯥꯔꯇꯤꯁꯤꯡꯅ ꯑꯃꯁꯨꯡ ꯏꯟꯗꯤꯄꯦꯟꯗꯦꯟꯠ ꯃꯤꯔꯦꯞ ꯑꯣꯏꯅ ꯃꯤꯈꯜ
ꯊꯦꯡꯅꯒꯗꯕꯁꯤꯡꯅ ꯇꯧꯔꯛꯀꯗꯧꯔꯤꯕꯁꯤ ꯃꯈꯣꯏ ꯃꯈꯣꯏꯅ ꯚꯣꯠ ꯐꯪꯅꯅꯕ ꯚꯣꯇꯔ
ꯃꯤꯌꯥꯝꯗ ꯋꯥꯁꯛꯄꯒꯤ ꯊꯕꯛꯅꯤ꯫ ꯊꯕꯛꯁꯤꯁꯨ ꯆꯤꯟꯍꯥꯏ ꯑꯣꯏꯅꯒ ꯃꯤꯈꯜꯒ
ꯃꯔꯤ ꯂꯩꯅꯕ ꯃꯤꯇꯤꯡꯗ, ꯔꯦꯜꯂꯤꯗ, ꯍꯥꯎꯁ ꯀꯦꯝꯄꯦꯟꯅꯆꯤꯡꯕꯗ ꯍꯥꯏꯔꯛꯀꯗꯕ
ꯅꯠꯇꯦ꯫ ꯑꯏꯕ ꯗꯣꯀꯨꯃꯦꯟꯠ (ꯃꯦꯅꯤꯐꯦꯁꯇꯣ) ꯑꯣꯏꯅꯁꯨ ꯄꯨꯊꯣꯛꯅꯔꯛꯀꯗꯧꯔꯤꯕꯅꯤ꯫
ꯊꯧꯑꯣꯡꯁꯤ ꯗꯤꯃꯣꯀ꯭ꯔꯦꯁꯤꯅꯤ ꯍꯥꯏꯔꯤꯕ ꯂꯩꯉꯥꯛꯂꯣꯟꯁꯤꯕꯨ ꯆꯠꯂꯤꯕ ꯂꯩꯕꯥꯛꯁꯤꯒꯤ
ꯃꯆꯠꯅꯤ꯫ ꯂꯩꯕꯥꯛꯁꯤꯗ ꯃꯤꯈꯜ ꯄꯥꯡꯊꯣꯔꯛꯄꯗꯒꯤ ꯑꯗꯨꯃꯛ ꯆꯠꯅꯗꯨꯅ ꯂꯥꯛꯂꯕꯅꯤ꯫
ꯍꯟꯗꯛ ꯆꯍꯤꯒꯤ ꯑꯣꯏꯅ ꯃꯤꯈꯜ ꯄꯥꯡꯊꯣꯛꯂꯒꯗꯕ ꯑꯇꯣꯞꯄ ꯁ꯭ꯇꯦꯠ ꯃꯔꯤꯗꯁꯨ
ꯇꯧꯅꯔꯛꯀꯅꯤ, ꯃꯅꯤꯄꯨꯔꯗꯁꯨ ꯁꯣꯏꯗꯅ ꯇꯧꯅꯔꯛꯀꯅꯤ꯫ ꯍꯥꯟꯅ ꯇꯧꯈꯤꯕꯅ ꯇꯧꯈ꯭ꯔꯦ,
ꯇꯧꯍꯧꯗꯕ ꯀꯥꯡꯕꯨꯒꯤꯁꯨ ꯇꯧꯅꯔꯛꯈꯤꯅꯤ꯫ ꯃꯥꯅ-ꯃꯥꯅ ꯄꯥꯝꯖꯕ ꯃꯃꯤꯡꯁꯤꯡ ꯊꯣꯟꯅꯗꯨꯅ
ꯋꯥꯁꯛ ꯄꯔꯦꯡ ꯁꯛꯊꯅꯔꯛꯂꯅꯤ꯫

ꯑꯗꯨꯕꯨ ꯇꯥꯟꯖꯥꯁꯤ ꯌꯧꯔꯛꯄꯗ ꯃꯤꯈꯜꯁꯤꯗ ꯃꯤꯔꯦꯞ ꯊꯥꯗꯣꯛꯇꯨꯅ ꯁꯔꯨꯛ ꯌꯥꯒꯗꯧꯔꯤꯕ
ꯄꯣꯂꯤꯇꯤꯀꯦꯜ ꯄꯥꯔꯇꯤꯁꯤꯡ ꯑꯃꯁꯨꯡ ꯏꯟꯗꯤꯄꯦꯟꯗꯦꯟꯠ ꯀꯦꯟꯗꯤꯗꯦꯠ ꯑꯣꯏꯅ ꯃꯤꯈꯜ
ꯊꯦꯡꯅꯒꯗꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯗ ꯍꯥꯏꯅꯤꯡꯂꯤꯕꯗꯤ ꯚꯣꯠ ꯌꯥꯝꯅ ꯐꯪꯗꯨꯅ ꯀꯥꯅꯕꯅꯤ ꯍꯥꯏꯗꯨꯅ
ꯉꯝꯂꯣꯏꯗꯧꯕ ꯑꯃꯁꯨꯡ ꯑꯣꯏꯊꯣꯛꯂꯣꯏꯗꯧꯕ ꯋꯥꯐꯝ ꯀꯌꯥ ꯄꯪꯍꯥꯏꯗ ꯍꯥꯏꯖꯤꯜꯂꯛꯀꯅꯨ꯫
ꯉꯝꯒꯗꯕ ꯑꯃꯗꯤ ꯑꯣꯏꯊꯣꯛꯀꯗꯕꯁꯤꯡ ꯈꯛꯇꯃꯛ ꯍꯥꯏꯌꯨ ꯍꯥꯏꯕꯁꯤꯅꯤ꯫ ꯃꯔꯝꯗꯤ
ꯉꯁꯤꯒꯤ ꯚꯣꯇꯔ ꯃꯤꯌꯥꯝ ꯑꯗꯨꯉꯩꯒꯤꯗꯨ ꯅꯠꯇ꯭ꯔꯦ꯫ ꯏꯟꯇꯔꯅꯦꯠꯀꯤ ꯃꯇꯝ ꯑꯣꯏꯕꯒꯤ
ꯍꯧꯅꯕ ꯃꯤꯠꯅ ꯀꯨꯞꯄꯗ, ꯃꯁꯥ-ꯃꯁꯥꯒꯤ ꯈꯨꯗꯣꯝꯕꯤꯗ ꯈꯪꯅꯤꯡꯕ, ꯇꯥꯅꯤꯡꯕ ꯑꯃꯁꯨꯡ
ꯎꯅꯤꯡꯕ ꯄꯨꯝꯅꯃꯛ ꯁꯤꯠ-ꯅꯥꯟꯅ ꯈꯪꯕ ꯉꯝꯂꯕ ꯃꯇꯝꯅꯤ꯫ ꯑꯣꯏꯗꯕ, ꯂꯧꯅꯝ-ꯅꯝꯊꯥꯛ,
ꯑꯣꯏꯗ-ꯄꯥꯗꯕꯁꯤꯡ ꯄꯪꯉꯥꯡꯗ ꯉꯥꯡꯂꯒ ꯄꯪꯁꯛ ꯁꯛꯂꯒ ꯚꯣꯇꯔ ꯃꯤꯌꯥꯝꯕꯨ ꯍꯦꯛꯇ
ꯍꯨꯝꯗꯨꯅ ꯄꯨꯕ ꯌꯥꯔꯝꯕꯗꯣ ꯍꯧꯖꯤꯛꯇꯤ ꯌꯥꯔꯔꯣꯏ ꯍꯥꯏꯕꯅꯤ꯫ ꯅꯨꯡꯇꯤꯒꯤ ꯍꯤꯡꯕꯗ
ꯇꯉꯥꯏꯐꯗꯅ ꯆꯪꯕ ꯁꯦꯜ ꯐꯥꯎꯕ ꯐꯨꯔꯤꯠꯈꯥꯎ ꯆꯣꯟꯅꯅꯕ ꯄꯤꯁꯤꯜꯂꯕꯁꯨ ꯚꯣꯠꯇꯤ ꯄꯤꯅꯤꯡꯕ
ꯃꯤꯑꯣꯏꯗ ꯄꯤꯕꯒꯤ ꯊꯧꯗꯣꯛ ꯃꯃꯥꯡꯒꯤ ꯃꯤꯈꯜ ꯈꯔꯗꯒꯤ ꯊꯣꯛꯄ ꯍꯧꯈ꯭ꯔꯕꯅꯤ꯫ ꯋꯥꯁꯛ
ꯄꯔꯦꯡꯒ ꯁꯦꯜ ꯑꯃꯁꯨꯡ ꯃꯁꯜ ꯄꯥꯋꯔꯒꯅ ꯍꯦꯛꯇ ꯌꯥꯔꯒꯅꯤ ꯍꯥꯏꯕꯒꯤ ꯋꯥꯈꯜꯗꯨꯁꯨ
ꯊꯥꯗꯣꯛꯎ꯫ ꯍꯧꯖꯤꯛ ꯁ꯭ꯇꯦꯠꯁꯤꯒꯤ ꯃꯤꯌꯥꯝꯅ ꯍꯤꯡꯂꯤꯕ ꯄꯨꯟꯁꯤ ꯃꯍꯤꯡ, ꯌꯨꯝꯂꯩ-
ꯀꯩꯔꯩ, ꯁꯦꯟꯃꯤꯠꯂꯣꯟ ꯃꯁꯛ ꯃꯨꯟꯅ ꯈꯪꯗꯣꯛꯂꯒ ꯀꯔꯤ ꯇꯧꯒꯗꯒꯦ? ꯀꯔꯤ ꯀꯔꯝꯕ
ꯊꯕꯛ-ꯊꯧꯔꯥꯡꯁꯤꯡ ꯄꯥꯏꯈꯠꯀꯗꯒꯦ ꯍꯥꯏꯕꯗꯨ ꯃꯨꯟꯅ ꯈꯟꯊꯔꯒ ꯋꯥ ꯉꯥꯡꯂꯛꯎ, ꯋꯥꯁꯛ
ꯁꯛꯂꯛꯎ, ꯉꯝꯒꯗꯕ ꯍꯥꯏꯔꯛꯎ, ꯉꯝꯂꯣꯏꯗꯕꯁꯤꯡꯗꯤ ꯃꯤꯌꯥꯝꯅ ꯌꯥꯅꯕꯅꯤ, ꯚꯣꯠ
ꯐꯪꯅꯕꯅꯤ ꯍꯥꯏꯗꯨꯅ ꯍꯥꯏꯖꯤꯜꯂꯛꯀꯅꯨ ꯍꯥꯏꯕꯅꯤ꯫ ꯍꯥꯏꯔꯤꯕꯁꯤꯡ ꯑꯁꯤꯗ ꯍꯧꯖꯤꯛ
ꯁ꯭ꯇꯦꯠꯁꯤꯗ ꯂꯩꯔꯤꯕ ꯏꯁꯨꯁꯤꯡ ꯂꯣꯏꯅ ꯌꯥꯎꯔꯕꯅꯤ꯫ ꯑꯗꯨꯒ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯃꯥꯡꯖꯤꯜ
ꯊꯥꯅ ꯁꯣꯏꯗꯅꯁꯨ ꯉꯝꯅꯅꯕ ꯍꯣꯠꯅꯗꯕ ꯌꯥꯗꯕ ꯊꯕꯛꯅ ꯆꯤꯡ ꯑꯃꯁꯨꯡ ꯇꯝꯒꯤ ꯃꯤꯌꯥꯝ
ꯑꯃꯇ ꯑꯣꯏꯍꯟꯕ, ꯃꯄꯥꯟꯊꯣꯡꯗ ꯈꯛꯇ ꯊꯣꯡ ꯃꯥꯟꯅꯔꯦ, ꯅꯨꯡꯁꯤꯅꯔꯦ ꯍꯥꯏꯕ
ꯅꯠꯇꯕ, ꯂꯩꯕꯥꯛꯀꯤ ꯊꯧꯔꯝꯁꯤꯡꯗ ꯁꯔꯨꯛ ꯌꯥꯃꯤꯟꯅꯔꯦ ꯍꯥꯏꯕ ꯅꯠꯇꯅ ꯑꯁꯦꯡꯕ
ꯃꯁꯛ ꯑꯣꯏꯗꯨꯅ ꯎꯍꯟꯅꯕ ꯍꯣꯠꯅꯒꯗꯕꯅꯤ꯫ ꯍꯧꯖꯤꯛ ꯄꯤꯛꯈ꯭ꯔꯕ ꯁ꯭ꯇꯦꯠꯁꯤꯒꯤ
ꯆꯤꯡꯃꯤ-ꯇꯝꯃꯤꯁꯤꯡ ꯍꯦꯛꯇ ꯅꯨꯡꯁꯤꯅꯗ꯭ꯔꯦ, ꯌꯥꯅꯗ꯭ꯔꯦ ꯅꯠꯇ꯭ꯔꯒ ꯅꯥꯛꯄꯥꯛ ꯇꯥꯅꯔꯦ
ꯍꯥꯏꯕ ꯅꯠꯇꯦ꯫ ꯑꯄꯨꯟꯕꯒꯤ ꯁꯛꯇꯝꯗ ꯃꯔꯤꯡ-ꯃꯔꯥꯡꯍꯟꯒꯗꯕ ꯐꯤꯚꯝ ꯎꯗ꯭ꯔꯤ꯫
ꯑꯗꯨꯕꯨ ꯃꯥꯏꯀꯩ ꯀꯌꯥꯗꯒꯤ ꯄꯤꯔꯛꯄ ꯁꯥꯐꯨꯅ ꯌꯩꯁꯤꯟꯈꯤꯕ ꯁꯤꯡꯆꯦꯞꯇꯤ ꯍꯧꯖꯤꯛ ꯊꯨꯝꯅ
ꯆꯪꯗꯨꯅ ꯂꯩꯔꯤ꯫ ꯃꯁꯤ ꯃꯈꯥ ꯁꯥꯡꯊꯍꯜꯂꯛꯇꯅ ꯁꯠꯇꯣꯛꯍꯧꯕ ꯆꯪꯏ꯫ ꯊꯕꯛꯁꯤꯗꯤ ꯂꯝꯕꯤ
ꯊꯣꯡ ꯁꯦꯝꯒꯠꯄ, ꯇ꯭ꯔꯦꯟ ꯂꯝꯕꯤ ꯌꯧꯁꯤꯜꯍꯜꯂꯛꯄ, ꯏꯟꯐ꯭ꯔꯥꯁ꯭ꯇ꯭ꯔꯛꯆꯔꯁꯤꯡ
ꯁꯨꯅꯕ ꯂꯩꯍꯜꯂꯛꯄ, ꯁ꯭ꯀꯤꯝ ꯀꯌꯥꯒꯤ ꯆꯥꯛꯊꯨꯡ ꯃꯥꯟꯅꯅ ꯌꯦꯟꯕ ꯈꯛꯇꯅ ꯌꯥꯔꯣꯏ꯫
ꯊꯝꯃꯣꯏꯅꯨꯡꯗꯒꯤ ꯃꯈꯣꯡ ꯁꯦꯡꯅ ꯍꯧꯔꯛꯇꯨꯅ ꯆꯤꯡ ꯑꯃꯁꯨꯡ ꯇꯝꯒꯤ ꯃꯔꯛꯇ
‘ꯏꯃꯣꯁꯅꯦꯜ ꯏꯟꯇꯦꯒ꯭ꯔꯤꯇꯤ’ ꯄꯨꯔꯛꯅꯕ ꯍꯣꯠꯅꯒꯗꯕꯅꯤ꯫ ꯍꯣꯠꯅꯗꯦ ꯍꯥꯏꯕ ꯅꯠꯇꯦ,
ꯃꯃꯥꯡꯒꯤ ꯂꯩꯉꯥꯛꯁꯤꯡꯅ, ꯃꯤꯌꯥꯝꯅ, ꯃꯤꯌꯥꯝꯒꯤ ꯂꯨꯞꯁꯤꯡꯅ ꯍꯣꯠꯅꯗꯨꯅ ꯂꯥꯛꯏ꯫
ꯑꯗꯨꯃꯛꯀꯤ ꯃꯍꯩꯅꯕꯨ ꯍꯧꯖꯤꯛ ꯐꯥꯎꯕꯗ ꯐꯤꯚꯝ ꯀꯥꯏꯍꯜꯂꯛꯇ꯭ꯔꯤꯕꯅꯤ꯫ ꯑꯗꯨꯕꯨ ꯆꯦꯛꯇ-
ꯆꯦꯛꯁꯤꯜꯂꯛꯂꯒ ꯑꯃꯁꯨ ꯑꯃꯁꯨ ꯑꯩꯒꯤ-ꯑꯩꯒꯤ, ꯑꯩꯈꯣꯏꯒꯤ ꯍꯥꯏꯕ’ꯃ ꯍꯦꯛꯇ
ꯌꯥꯎꯔꯛꯏ꯫ ꯃꯗꯨꯗꯗꯤ ꯃꯅꯤꯄꯨꯔꯁꯤ ꯈꯥꯏꯕꯣꯛ ꯇꯥꯕꯗ ꯅꯠꯇꯅ ꯃꯁꯨꯡ ꯃꯔꯤ-ꯃꯉꯥ
ꯊꯣꯛꯂꯒꯗ꯭ꯔ ꯍꯥꯏꯕꯒꯤ ꯃꯤꯄꯥꯏꯕ ꯄꯣꯛꯍꯜꯂꯛꯏ꯫ ꯃꯔꯝ ꯑꯁꯤꯅ ꯃꯁꯤ ꯍꯥꯟꯅ
ꯇꯧ, ꯉꯝꯅꯕꯁꯨ ꯍꯣꯠꯅꯧ꯫ ꯉꯝꯂꯣꯏꯗꯕ, ꯑꯣꯏꯔꯣꯏꯗꯕ ꯋꯥꯁꯛ ꯁꯛꯂꯛꯀꯅꯨ꯫ ꯆꯤꯐ
ꯃꯤꯅꯤꯁꯇꯔ ꯐꯥꯎꯕ ꯑꯐꯁ꯭ꯄꯥ ꯂꯧꯊꯣꯛꯄ ꯉꯝꯂꯣꯏ ꯈꯪꯕꯅꯤꯅ ꯃꯇꯥꯡ ꯆꯥꯔꯀꯥꯟꯗ ꯇꯧꯅꯤ
ꯍꯥꯏꯔꯛꯈ꯭ꯔꯤꯕꯁꯤꯅꯤ꯫

- ꯗꯥ. ꯉꯥꯡꯕꯝ ꯁꯥꯟꯇꯤꯀꯨꯃꯥꯔ-