IMPHAL, SATURDAY, NOVEMBER 03, 2018 ꯊꯥꯡꯖ, ꯃꯦꯔꯥꯒꯤ 26 ꯅꯤ ꯄꯥꯟꯕ, ꯃꯥꯂꯤꯌꯥ ꯀꯨꯝꯁꯤꯡ 3416 ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ
2 [lrgfOjg\lM HUEIYEN LANPAO

ꯅꯨꯃꯤꯠ 100 ꯅꯤ ꯊꯕꯛ ꯄꯤꯕ
ꯃꯄꯨꯡ ꯐꯥꯅ ꯊꯕꯛꯇ ꯑꯣꯟꯊꯣꯛꯅꯕ ꯍꯣꯠꯅꯐꯝ ꯊꯣꯛꯏ
ꯃꯍꯥꯇꯃꯥ ꯒꯥꯟꯙꯤ ꯅꯦꯁꯅꯦꯜ ꯔꯨꯔꯦꯜ ꯏꯝꯄ꯭ꯂꯣꯏꯃꯦꯟꯠ ꯒꯔꯦꯟꯇꯤ ꯑꯦꯛ (ꯑꯦꯝ ꯖꯤ ꯑꯦꯟ ꯑꯥꯔ ꯏ ꯖꯤ ꯑꯦ) ꯒꯤ ꯃꯈꯥꯗ ꯈꯨꯡꯒꯪꯒꯤ ꯃꯤꯑꯣꯏꯁꯤꯡ ꯆꯍꯤ 1 ꯗ ꯅꯨꯃꯤꯠ
100 ꯅꯤ ꯊꯕꯛ ꯄꯤꯅꯕ ꯊꯧꯔꯥꯡ ꯑꯃ ꯂꯩꯕꯥꯛꯀꯤ ꯃꯐꯝ ꯄꯨꯝꯅꯃꯛꯇ ꯂꯧꯈꯠꯂꯛꯈꯤ꯫ ꯊꯕꯛ
ꯐꯪꯗ꯭ꯔꯤꯕ ꯑꯃꯁꯨꯡ ꯁꯦꯟꯊꯣꯛ ꯋꯥꯠꯄ ꯈꯨꯟꯖꯥꯁꯤꯡꯕꯨ ꯅꯨꯃꯤꯠ 100 ꯅꯤꯗꯪ ꯑꯣꯏꯔꯕꯁꯨ ꯊꯕꯛ
ꯄꯤꯕꯒꯤ ꯐꯖꯔꯕ ꯊꯧꯔꯥꯡ ꯑꯁꯤꯅ ꯂꯥꯏꯔꯕ ꯈꯨꯡꯒꯪꯒꯤ ꯏꯃꯨꯡ ꯀꯌꯥꯗ ꯑꯆꯧꯕ ꯃꯇꯦꯡ ꯑꯃ
ꯑꯣꯏꯅꯔꯤꯕꯅꯤ꯫ ꯅꯣꯡꯃꯒꯤ ꯑꯐꯪ ꯑꯐꯪꯕ ꯊꯕꯛ ꯁꯨꯔꯒ ꯍꯤꯡꯕ ꯃꯤꯑꯣꯏ ꯃꯁꯤꯡ ꯊꯤꯉꯝꯗꯅ
ꯂꯩꯕ ꯂꯩꯕꯥꯛ ꯑꯁꯤꯒꯤ ꯑꯣꯏꯅꯗꯤ ꯑꯁꯤꯒꯨꯝꯕ ꯃꯈꯜꯒꯤ ꯊꯧꯔꯥꯡ ꯑꯃ ꯄꯥꯏꯈꯠꯂꯛꯄ
ꯍꯥꯏꯕꯁꯤ ꯑꯁꯨꯛꯀꯤ ꯃꯇꯤꯛ ꯄꯨꯛꯅꯤꯡ ꯊꯧꯒꯤꯅꯤꯡꯉꯥꯏ ꯑꯣꯏ꯫ ꯃꯤꯁꯤꯡ ꯌꯥꯝꯈꯠꯂꯛꯄꯒꯤ
ꯃꯇꯨꯡꯏꯟꯅ ꯊꯕꯛ ꯐꯪꯗꯕ ꯃꯤꯒꯤ ꯃꯁꯤꯡꯁꯨ ꯅꯣꯡꯃ ꯅꯣꯡꯃꯒꯤ ꯍꯦꯟꯒꯠꯂꯛꯂꯤ꯫ ꯔꯥꯏꯠ ꯇꯨ
ꯑꯦꯗꯨꯀꯦꯁꯟ (ꯑꯥꯔ ꯇꯤ ꯏ) ꯑꯦꯛ ꯆꯠꯅꯍꯟꯈꯤꯕꯗꯒꯤ ꯂꯥꯏꯔꯤꯛ ꯍꯩꯕ ꯃꯤꯒꯤ ꯃꯁꯤꯡꯁꯨ
ꯍꯦꯟꯒꯠꯂꯛꯂꯦ ꯍꯥꯏꯅ ꯂꯧꯕ ꯌꯥꯔꯦ꯫ ꯂꯥꯏꯔꯤꯛ ꯍꯩꯔꯕ ꯃꯤꯄꯨꯝ ꯈꯨꯗꯤꯡꯃꯛꯇ ꯂꯩꯉꯥꯛꯀꯤ
ꯆꯥꯟꯅꯕ ꯊꯕꯛ ꯑꯃꯃꯝ ꯄꯤꯕ ꯍꯥꯏꯕꯗꯨꯗꯤ ꯑꯣꯏꯣꯛꯂꯔꯣꯏꯗꯕ ꯋꯥꯐꯝꯅꯤ꯫ ꯃꯤꯑꯣꯏ
ꯈꯨꯗꯤꯡꯃꯛ ꯃꯁꯥꯅ ꯃꯁꯥꯕꯨ ꯊꯕꯛ ꯄꯤꯖꯕꯒ ꯂꯣꯏꯅꯅ ꯑꯇꯣꯞꯄ ꯃꯤꯑꯣꯏꯁꯤꯡꯗꯁꯨ ꯊꯕꯛ
ꯄꯤꯕ ꯑꯣꯟꯇ꯭ꯔꯄ꯭ꯔꯦꯅꯨꯌꯔ ꯑꯃꯃꯝ ꯑꯣꯏꯕ ꯍꯥꯏꯕꯗꯨꯁꯨ ꯑꯣꯏꯊꯣꯛꯀꯅꯤ ꯅꯤꯡꯗꯦ꯫

ꯍꯤꯡꯗꯕꯗꯤ ꯌꯥꯗꯕꯅꯤꯅ ꯅꯣꯡꯃꯒꯤ ꯑꯐꯪ ꯑꯐꯪꯕ ꯊꯕꯛ ꯁꯨꯔꯒ ꯍꯤꯡꯅꯕꯤ ꯂꯥꯟꯐꯝꯗ
ꯂꯥꯟꯊꯦꯡꯅꯔꯛꯄ ꯃꯁꯥꯅ ꯇꯥꯕꯅꯤ꯫ ꯅꯨꯃꯤꯠ ꯈꯨꯗꯤꯡꯒꯤ ꯁꯨꯐꯝ ꯅꯣꯝꯐꯝ ꯂꯩꯕꯗꯤ ꯅꯠꯇꯕꯅꯤꯅ
ꯀꯅꯥꯒꯨꯝꯕ ꯃꯤꯑꯣꯏ ꯈꯔꯗꯤ ꯍꯨꯔꯥꯟ ꯆꯤꯟꯊꯤ ꯇꯧꯔꯛꯄ ꯑꯃꯁꯨꯡ ꯑꯇꯣꯞꯄ ꯃꯤꯑꯣꯏ ꯀꯌ
ꯥꯗꯒꯒꯤ ꯅꯝꯊꯥꯛ ꯇꯧꯔꯒ ꯁꯦꯜ ꯈꯣꯝꯒꯠꯄꯅꯆꯤꯡꯕ ꯊꯧꯑꯣꯡ ꯆꯠꯊꯔꯛꯄ ꯌꯥꯎꯗꯕ ꯅꯠꯇꯦ꯫

ꯁꯦꯜ ꯄꯥꯏꯕꯈꯛꯇꯅ ꯅꯨꯡꯉꯥꯏꯕ ꯄꯨꯟꯁꯤ ꯅꯠꯇꯦ ꯑꯃꯁꯨꯡ ꯁꯦꯜꯅ ꯂꯩꯕ ꯐꯪꯗꯕ ꯀꯌꯥ ꯑꯃ
ꯂꯩ ꯍꯥꯏꯅꯕ ꯇꯥꯔꯒꯁꯨ ꯍꯤꯡꯕꯗ ꯇꯉꯥꯏꯐꯗꯅ ꯁꯦꯜ ꯆꯪꯏ ꯍꯥꯏꯕꯁꯤꯗꯤ ꯀꯛꯄ ꯌꯥꯔꯔꯣꯏꯗꯕ
ꯋꯥꯐꯝꯅꯤ꯫ ꯁꯦꯜꯅ ꯅꯨꯡꯁꯤꯅꯕꯒꯤ ꯑꯆꯦꯠꯄ ꯃꯔꯤ ꯂꯩꯕ ꯐꯪꯗꯦ꯫ ꯃꯤꯑꯣꯏꯕꯒꯤ ꯂꯝꯆꯠꯁꯨ ꯂꯩꯕ
ꯌꯥꯗꯦ꯫ ꯑꯗꯨꯝꯑꯣꯏꯅꯃꯛ ꯅꯨꯡꯁꯤꯅꯕꯖꯤ ꯑꯆꯦꯠꯄ ꯃꯤꯔ ꯑꯃꯁꯨꯡ ꯐꯖꯕ ꯂꯝꯆꯠ ꯈꯛꯇꯅ
ꯄꯨꯛ ꯊꯟꯕꯗꯤ ꯌꯥꯗꯕꯅꯤꯅ ꯃꯤꯄꯨꯝ ꯈꯨꯗꯤꯡꯃꯛ ꯃꯁꯥꯒꯤ ꯁꯦꯟꯊꯣꯛ ꯂꯝꯕꯤ ꯑꯃꯃꯝ
ꯊꯤꯅꯔꯛꯄꯅꯤ꯫ ꯍꯧꯖꯤꯛꯀꯤ ꯃꯇꯝꯗ ꯂꯩꯉꯥꯛꯀꯤ ꯊꯕꯛ ꯑꯃ ꯐꯪꯅꯕ ꯍꯣꯠꯅꯕ ꯍꯥꯏꯕꯁꯤ
ꯑꯔꯥꯏꯕ ꯊꯕꯛ ꯅꯠꯇꯦ꯫ ꯄ꯭ꯔꯥꯏꯚꯦꯠ ꯁꯦꯛꯇꯔꯗꯁꯨ ꯑꯗꯨ ꯃꯉꯥꯏꯔꯦ, ꯃꯤꯄꯨꯝ ꯈꯨꯗꯤꯡꯃꯛ
ꯊꯕꯛ ꯄꯤꯕ ꯉꯝꯒꯅꯤ ꯍꯥꯏꯕ ꯊꯥꯖꯗꯦ꯫ ꯑꯣꯟꯇ꯭ꯔꯄ꯭ꯔꯦꯅꯨꯌꯔ ꯂꯤꯁꯤꯡ ꯂꯤꯁꯤꯡ ꯊꯣꯔꯛꯂꯕꯁꯨ
ꯃꯤꯄꯨꯝ ꯈꯨꯗꯤꯡꯃꯛꯇ ꯊꯕꯛ ꯄꯤꯕ ꯍꯥꯏꯕꯁꯤꯃꯗꯤ ꯑꯣꯏꯊꯣꯛꯂꯔꯣꯏꯗꯕ ꯋꯥꯐꯝꯅꯤ ꯍꯥꯏꯅ
ꯂꯧꯕ ꯌꯥꯏ꯫ ꯑꯁꯤꯒꯨꯝꯕ ꯐꯤꯚꯝ ꯑꯁꯤꯗ ꯁꯦꯟꯇ꯭ꯔꯦꯜ ꯒꯚꯔꯟꯃꯦꯟꯠꯅ ꯃꯍꯥꯇꯃꯥ ꯒꯥꯟꯙꯤ
ꯅꯦꯁꯅꯦꯜ ꯔꯨꯔꯦꯜ ꯏꯝꯄ꯭ꯂꯣꯏꯃꯦꯟꯠ ꯒꯔꯦꯟꯇꯤ ꯑꯦꯛ ꯆꯠꯅꯍꯟꯗꯨꯅ ꯈꯨꯟꯖꯥꯁꯤꯡꯕꯨ ꯆꯍꯤ
1ꯒꯤ ꯃꯅꯨꯡꯗ ꯅꯨꯃꯤꯠ 100 ꯅꯤ ꯊꯕꯛ ꯄꯤꯅꯕꯒꯤ ꯃꯇꯥꯡꯗ ꯂꯧꯈꯠꯂꯛꯂꯤꯕ ꯊꯧꯔꯥꯡ ꯑꯁꯤ
ꯇꯔꯥꯝꯅ ꯑꯣꯛꯐꯝ ꯊꯣꯛꯏ꯫ ꯑꯗꯨꯕꯨ ꯈꯨꯟꯖꯥꯁꯤꯡꯗ ꯖꯣꯕ ꯀꯥꯔꯗ ꯄꯤꯔꯒ ꯆꯍꯤ ꯑꯃꯒꯖꯤ
ꯃꯅꯨꯡꯗ ꯅꯨꯃꯤꯠ 100 ꯊꯕꯛ ꯁꯨꯍꯟꯕꯒꯤ ꯊꯧꯔꯥꯡ ꯑꯁꯤ ꯃꯅꯤꯄꯨꯔꯗ ꯃꯥꯏ ꯄꯥꯛꯅ ꯆꯠꯅꯍꯟꯕ
ꯉꯝꯗꯕꯒꯤ ꯃꯑꯣꯡ ꯑꯃ ꯃꯤꯌꯥꯝꯅ ꯎꯕ ꯐꯪꯂꯤꯕꯁꯤ ꯂꯥꯏꯕꯛ ꯊꯤꯕꯅꯤ꯫ ꯔꯤꯄꯣꯔꯠ ꯑꯃꯒꯤ
ꯃꯇꯨꯡꯏꯟꯅ ꯆꯍꯤ ꯑꯁꯤꯒꯤ ꯑꯦꯄ꯭ꯔꯤꯜ 1 ꯗꯒꯤ ꯍꯧꯖꯤꯛ ꯐꯥꯎꯕꯗ ꯏꯟꯗꯤꯌꯥꯒꯤ ꯌꯨꯝꯀꯣꯛ
ꯑꯃꯃꯝꯗ ꯊꯕꯛ ꯄꯤꯈꯤꯕꯁꯤ ꯁꯨꯞꯅꯒꯤ ꯅꯨꯃꯤꯠ 35.6 ꯈꯛꯇꯅꯤ ꯍꯥꯏꯔꯤ꯫ ꯃꯤꯈꯜ
ꯄꯥꯡꯊꯣꯛꯀꯗꯧꯔꯤꯕ ꯃꯤꯖꯣꯔꯥꯝꯅ ꯖꯣꯕ ꯀꯥꯔꯗꯀꯤ ꯃꯈꯥꯗ ꯅꯨꯃꯤꯠ ꯃꯁꯤꯡ ꯈ꯭ꯋꯥꯏꯗꯒꯤ \

ꯥꯝꯅ ꯊꯕꯛ ꯁꯨꯕ ꯁ꯭ꯇꯦꯠ ꯑꯣꯏꯔꯤ꯫ ꯍꯧꯖꯤꯛ ꯐꯥꯎꯕꯗ ꯃꯤꯖꯣꯔꯥꯝꯒꯤ ꯑꯣꯏꯅ ꯅꯨꯃꯤꯠ 52
ꯅꯤ ꯊꯕꯛ ꯁꯨꯍꯟꯕ ꯉꯝꯈ꯭ꯔꯦ꯫ ꯋꯦꯁꯠ ꯕꯦꯡꯒꯜꯒꯤ ꯑꯣꯏꯅ ꯅꯨꯃꯤꯠ 50 ꯅꯤ ꯑꯃꯁꯨꯡ
ꯑꯟꯗ꯭ꯔ ꯄ꯭ꯔꯗꯦꯁꯀꯤꯅ ꯅꯨꯃꯤꯠ 45.04 ꯊꯕꯛ ꯁꯨꯍꯟꯕ ꯉꯝꯈ꯭ꯔꯦ ꯍꯥꯏꯅ ꯔꯤꯄꯣꯔꯠ
ꯑꯃꯗ ꯄꯜꯂꯤ꯫ ꯔꯤꯄꯣꯔꯠ ꯑꯗꯨꯅ ꯍꯥꯏ, ꯃꯅꯤꯄꯨꯔꯒ ꯌꯨꯝꯊꯪꯅꯔꯤꯕ ꯅꯥꯒꯥꯂꯦꯟ ꯁ꯭ꯇꯦꯠꯇ
ꯅꯨꯃꯤꯠ 14.08, ꯃꯦꯘꯥꯂꯌꯥꯗ ꯅꯨꯃꯤꯠ 38.85, ꯁꯤꯀꯤꯝꯗ ꯅꯨꯃꯤꯠ 36.04, ꯇ꯭ꯔꯤꯄꯨꯔꯥꯗ ꯅꯨꯃꯤꯠ
25, ꯑꯔꯨꯅꯥꯆꯜ ꯄ꯭ꯔꯗꯦꯁꯇ ꯅꯨꯃꯤꯠ 25.66 ꯑꯃꯁꯨꯡ ꯑꯁꯥꯝꯗꯅ ꯅꯨꯃꯤꯠ 23.39 ꯊꯕꯛ
ꯁꯨꯍꯟꯕ ꯉꯝꯂꯦ꯫ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯑꯣꯏꯅꯗꯤ ꯍꯧꯈꯤꯕ ꯑꯦꯄ꯭ꯔꯤꯜ 1 ꯗꯒꯤ ꯅꯕꯦꯝꯕꯔ 1
ꯐꯥꯎꯕꯗ ꯁꯨꯞꯅꯒꯤ ꯅꯨꯃꯤꯠ 7.03 ꯈꯛꯇꯃꯛ ꯊꯕꯛ ꯁꯨꯍꯟꯈꯤꯕꯗ ꯉꯥꯏꯔꯤ꯫ ꯈꯨꯟꯖꯥꯁꯤꯡꯕꯨ
ꯆꯍꯤ 1 ꯒꯤ ꯃꯅꯨꯡꯗ ꯊꯕꯛ ꯁꯨꯍꯟꯅꯕꯒꯤ ꯄꯥꯟꯗꯝꯗ ꯁꯦꯟꯇꯔꯅ ꯑꯦꯝ ꯖꯤ ꯑꯦꯟ ꯑꯥꯔ
ꯏ ꯖꯤ ꯑꯦꯒꯤ ꯃꯈꯥꯗ ꯊꯥꯗꯔꯛꯈꯤꯕ ꯁꯦꯟꯐꯝ ꯂꯨꯄꯥ ꯀ꯭ꯔꯣꯔ 165.04 ꯔꯣꯝꯅꯤ꯫ ꯍꯥꯟꯅꯒꯤ
ꯁꯤꯖꯤꯟꯅꯕ ꯉꯝꯗꯅ ꯂꯩꯔꯤꯕ ꯁꯦꯟꯐꯝꯒ ꯄꯨꯟꯁꯤꯜꯂꯒꯗꯤ ꯄꯨꯟꯅ ꯂꯨꯄꯥ ꯀ꯭ꯔꯣꯔ 217.33
ꯂꯩꯔꯦ ꯍꯥꯏꯔꯤ꯫ ꯁ꯭ꯇꯦꯠ ꯏꯝꯄ꯭ꯂꯣꯏꯃꯦꯟꯠ ꯒꯔꯦꯟꯇꯤ ꯐꯟꯗ ꯁꯦꯜ ꯃꯔꯥꯡ ꯀꯥꯏꯅ ꯂꯩꯔꯒꯁꯨ
ꯃꯤꯌꯥꯝꯗ ꯊꯕꯛ ꯁꯨꯕꯒꯤ ꯅꯨꯃꯤꯠ ꯃꯁꯤꯡ ꯍꯦꯟꯒꯠꯍꯟꯕ ꯉꯝꯗꯕꯒꯤ ꯐꯤꯚꯝꯗ ꯂꯩꯔꯤ꯫ ꯆꯍꯤ
ꯑꯁꯤꯒꯤ ꯑꯣꯏꯅ ꯍꯧꯖꯤꯛ ꯐꯥꯎꯕꯗ ꯁꯤꯟꯃꯤꯁꯤꯡꯒꯤ ꯈꯨꯠꯁꯨꯃꯜ ꯄꯤꯕꯗ ꯂꯨꯄꯥ ꯀ꯭ꯔꯣꯔ 63.95,
ꯃꯦꯇꯔꯤꯑꯦꯜ ꯑꯦꯟ ꯁ꯭ꯀꯤꯜ ꯋꯦꯖꯒꯤ ꯂꯨꯄꯥ ꯀ꯭ꯔꯣꯔ 35.36, ꯃꯦꯇꯔꯤꯑꯦꯜꯒꯤ ꯂꯨꯄꯥ ꯀ꯭ꯔꯣꯔ
35.75 ꯑꯃꯁꯨꯡ ꯑꯦꯗꯃꯤꯅꯤꯁꯇ꯭ꯔꯦꯇꯤꯕ ꯑꯦꯛꯁꯄꯦꯟꯗꯤꯆꯔ ꯑꯣꯏꯅ ꯂꯨꯄꯥ ꯀ꯭ꯔꯣꯔ 4.22
ꯆꯥꯗꯤ ꯇꯧꯈ꯭ꯔꯦ ꯍꯥꯏꯔꯤ꯫ ꯑꯗꯨꯕꯨ ꯁꯤꯟꯃꯤꯁꯤꯡ ꯅꯨꯃꯤꯠ ꯃꯁꯤꯡ ꯁꯨꯅ ꯊꯕꯛ ꯁꯨꯍꯟꯗꯕ ꯃꯔꯝꯅ
ꯌꯥꯝꯂꯕ ꯁꯦꯟꯐꯝ ꯑꯃ ꯁꯤꯖꯤꯟꯅꯐꯝ ꯈꯪꯗꯅ ꯂꯩꯔꯤ꯫ ꯏꯟꯗꯤꯌꯥ ꯑꯄꯨꯟꯕꯒꯤ ꯑꯣꯏꯕ ꯖꯣꯕ ꯀꯥꯔꯗ
ꯄꯥꯏꯕ ꯌꯨꯝꯀꯣꯛ ꯃꯁꯤꯡ ꯄꯨꯟꯅ ꯀ꯭ꯔꯣꯔ 3.98 ꯂꯩꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯑꯣꯏꯅ ꯌꯨꯝꯀꯣꯛ
ꯃꯁꯤꯡ ꯂꯥꯈ 4.91 ꯂꯩꯕ ꯇꯥꯔꯒꯁꯨ ꯑꯦꯝ ꯖꯤ ꯑꯦꯟ ꯑꯥꯔ ꯏ ꯖꯤ ꯑꯦꯒꯤ ꯃꯈꯥꯗ ꯊꯕꯛ ꯈ꯭ꯋꯥꯏꯗꯒꯤ
ꯁꯨꯍꯟꯗꯕ ꯁ꯭ꯇꯦꯠꯁꯤꯡꯒꯤ ꯃꯅꯨꯡꯗ ꯃꯅꯤꯄꯨꯔꯅ ꯃꯀꯣꯛ TFI ꯊꯪꯅ ꯂꯩꯔꯦ ꯍꯥꯏꯔꯤꯕꯁꯤ
ꯂꯥꯏꯕꯛ ꯊꯤꯕꯅꯤ ꯍꯥꯏꯅ ꯂꯧꯐꯝ ꯊꯣꯛꯏ꯫ ꯁ꯭ꯇꯦꯠ ꯑꯁꯤꯒꯤ ꯑꯣꯏꯅ ꯀꯨꯝꯖꯥ 2017-18
ꯗ ꯁꯨꯞꯅꯒꯤ ꯅꯨꯃꯤꯠ 12.47; ꯀꯨꯝꯖꯥ 2016-17 ꯇ ꯅꯨꯃꯤꯠ 23.08; ꯀꯨꯝꯖꯥ 2015-16 ꯇ
ꯅꯨꯃꯤꯠ15.90 ꯑꯃꯁꯨꯡ ꯀꯨꯝꯖꯥ 2014-15 ꯗ ꯁꯨꯞꯅꯒꯤ ꯅꯨꯃꯤꯠ 21.58 ꯈꯛ ꯊꯕꯛ ꯁꯨꯍꯟꯈꯤ
ꯍꯥꯏꯔꯤꯕꯁꯤ ꯂꯩꯉꯥꯛꯀꯤ ꯊꯧꯁꯤꯜ ꯍꯩꯇꯕ ꯊꯧꯑꯣꯡ ꯎꯠꯊꯣꯛꯆꯕꯅꯤ ꯍꯥꯏꯅ ꯂꯧꯐꯝ ꯊꯣꯛꯏ꯫

ꯆꯍꯤ 1 ꯗ ꯅꯨꯃꯤꯠ 100 ꯅꯤ ꯊꯕꯛ ꯄꯤꯒꯅꯤ ꯍꯥꯏꯅ ꯂꯥꯎꯊꯣꯛꯈ꯭ꯔꯒ ꯁꯦꯜ ꯂꯩꯅ ꯂꯩꯅ ꯅꯨꯃꯤꯠ
ꯃꯁꯤꯡ ꯁꯨꯅ ꯊꯕꯛ ꯄꯤꯕ ꯉꯝꯗ꯭ꯔꯤꯕꯁꯤꯒꯤ ꯃꯇꯥꯡꯗ ꯂꯩꯉꯥꯛꯅ ꯑꯁꯣꯏꯕ ꯄꯨꯝꯅꯃꯛ
ꯁꯦꯝꯗꯣꯛꯂꯒ ꯂꯥꯏꯔꯕ ꯈꯨꯟꯖꯥꯁꯤꯡꯗ ꯑꯦꯝ ꯖꯤ ꯑꯦꯟ ꯑꯥꯔ ꯏ ꯖꯤ ꯑꯦꯒꯤ ꯈꯨꯗꯣꯡꯆꯥꯕꯁꯤꯡ
ꯃꯄꯨꯡ ꯐꯥꯅ ꯐꯪꯍꯟꯅꯕ ꯊꯧꯔꯥꯡ ꯂꯧꯈꯠꯄ ꯃꯇꯝ ꯑꯣꯏꯔꯦ ꯍꯥꯏꯖꯅꯤꯡꯏ꯫

ꯏꯀꯥꯏꯈꯨꯝꯅꯖꯔꯤꯕ ꯑꯦꯗꯤꯇꯔ,
ꯃꯅꯤꯄꯨꯔꯒꯤ ꯆꯤꯡ ꯑꯃꯁꯨꯡ ꯇꯝ ꯑꯅꯤꯃꯛꯀꯤ ꯃꯅꯨꯡꯗ ꯂꯩꯔꯤꯕ ꯑꯦꯄ꯭ꯔꯨꯚ-ꯑꯟ
ꯑꯦꯄ꯭ꯔꯨꯚ ꯑꯅꯤꯃꯛꯀꯤ ꯑꯦꯗꯦꯗ ꯁ꯭ꯀꯨꯜꯒꯤ ꯑꯣꯖꯥꯁꯤꯡꯒꯤ ꯊꯥꯛ ꯑꯁꯤ ꯃꯈꯜ ꯑꯅꯤ ꯊꯣꯛꯅ
ꯅꯩꯅꯕ ꯌꯥꯏ꯫ ꯇꯁꯦꯡ ꯇꯁꯦꯡꯅ ꯑꯦꯗꯦꯗ ꯑꯣꯖꯥꯒꯤ ꯊꯥꯛ ꯑꯁꯤ ꯌꯥꯝꯅ ꯍꯟꯊꯕ ꯊꯥꯛꯇ ꯂꯩꯔꯤ꯫

ꯑꯦꯗꯦꯗ ꯁ꯭ꯀꯨꯜꯒꯤ ꯑꯣꯖꯥ ꯑꯃꯅ ꯐꯪꯂꯤꯕ ꯁꯦꯟꯐꯝ ꯑꯁꯤ ꯌꯦꯟꯅꯔꯒ ꯊꯥ ꯑꯃꯗ ꯂꯨꯄꯥ 3000
ꯈꯛ ꯐꯪꯂꯤ꯫ ꯃꯁꯤ ꯃꯇꯝ ꯃꯇꯝꯒꯤ ꯂꯩꯉꯥꯛꯅ ꯈꯪꯅ-ꯈꯪꯅ, ꯎꯅ-ꯎꯅ ꯌꯦꯡꯕꯤꯗꯅ ꯂꯩꯔꯛꯄ
ꯆꯍꯤ ꯀꯌꯥ ꯍꯧꯈ꯭ꯔꯦ꯫ ꯑꯃꯅ ꯃꯍꯩꯔꯣꯏ ꯂꯩꯇꯕ ꯁ꯭ꯀꯨꯜꯗ ꯄꯤꯒꯗꯧꯔꯤꯕ ꯒ꯭ꯔꯥꯟꯠꯀꯤ ꯁꯦꯟ-

ꯐꯝ ꯑꯗꯨ ꯀꯩꯗꯧꯅꯕꯅꯣ ꯍꯥꯏꯕ ꯋꯥꯍꯪ ꯑꯁꯤ ꯂꯩꯉꯥꯛ ꯄꯥꯏꯕ ꯃꯟꯇ꯭ꯔꯤ ꯑꯃꯗꯤ ꯃꯍꯩꯒꯤ ꯂꯣꯏꯁꯪꯗ
ꯊꯕꯛ ꯇꯧꯔꯤꯕꯁꯤꯡꯒꯤ ꯃꯐꯝꯗꯒꯤ ꯂꯥꯛꯄ ꯋꯥꯍꯪꯅꯤ꯫ ꯑꯁꯤꯒꯨꯝꯕ ꯋꯥꯍꯪ ꯑꯁꯤꯗ ꯂꯥꯛ-

ꯂꯤꯕꯗꯤ ꯌꯦꯟꯕꯤꯒ ꯌꯦꯔꯨꯝꯒ ꯀꯅꯥꯅ ꯍꯥꯟꯕꯒꯦ ꯍꯥꯏꯕꯁꯤꯅꯤ꯫ ꯑꯦꯗꯦꯗ ꯁ꯭ꯀꯨꯜꯒꯤ ꯑꯣꯖꯥ
ꯑꯣꯏꯕꯁꯤꯡꯗ ꯁ꯭ꯀꯨꯜ ꯁ꯭ꯀꯨꯜꯒꯤ ꯀꯃꯤꯇꯤꯅ ꯀꯟꯅ ꯑꯦꯛꯁꯟ ꯂꯧꯕ ꯉꯝꯗꯕ ꯑꯁꯤꯅꯤ꯫

ꯃꯁꯤꯒꯤ ꯃꯔꯝ ꯈꯪꯂꯕ ꯂꯩꯉꯥꯛꯅ ꯀꯔꯤꯒꯨꯝꯕ ꯑꯃꯠꯇ ꯈꯟꯊꯕꯤꯗꯕ ꯑꯁꯤꯅꯤ ꯁꯣꯏꯔꯤꯕ-

ꯗꯤ꯫

ꯑꯃꯔꯣꯝꯗ, ꯑꯦꯗꯦꯗ ꯁ꯭ꯀꯨꯜꯒꯤ ꯑꯣꯖꯥ ꯀꯌꯥ ꯃꯊꯧ ꯅꯤꯡꯊꯤꯅ ꯇꯧꯅꯤꯡꯕꯒꯤ ꯆꯠꯅꯕꯤ
ꯑꯃ ꯐꯥꯎꯕ ꯂꯩꯔꯛꯇꯕ ꯑꯁꯤꯁꯨ ꯆꯥꯎꯔꯕ ꯃꯔꯝ ꯑꯃꯅꯤ꯫ ꯑꯣꯖꯥ ꯀꯌꯥ ꯂꯩꯉꯥꯛꯀꯤ ꯑꯣꯏꯁꯅꯨ,
ꯑꯦꯗꯦꯗꯀꯤ ꯑꯣꯏꯁꯅꯨ ꯃꯊꯧ ꯇꯧꯅꯤꯡꯗꯕ ꯑꯁꯤꯅꯤ꯫ ꯑꯣꯖꯥ ꯑꯃꯒꯤ ꯁꯤꯟꯐꯝꯗ ꯆꯪꯂꯛꯂꯕ
ꯑꯣꯖꯥ ꯀꯌꯥ ꯑꯣꯖꯥꯒꯤ ꯃꯒꯨꯟ ꯋꯥꯠꯄ ꯉꯥꯛꯇ ꯑꯣꯏꯔꯛꯄ ꯑꯁꯤꯅ ꯁ꯭ꯀꯨꯂ ꯀꯌꯥꯗ ꯑꯁꯣꯏꯕ
ꯃꯌꯥꯝ ꯌꯥꯎꯔꯛꯄ ꯑꯁꯤꯁꯨ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯑꯁꯣꯏꯕ ꯑꯃꯁꯨꯅꯤ꯫ ꯇꯁꯦꯡꯅ ꯑꯣꯖꯥꯒꯤ ꯃꯊꯧ
ꯑꯃꯗꯤ ꯃꯒꯨꯟ ꯈꯪꯗꯕ ꯑꯁꯤꯅ ꯁ꯭ꯀꯨꯜ ꯀꯌꯥꯗ ꯃꯍꯩꯔꯣꯏꯒꯤ ꯃꯁꯤꯡ ꯍꯟꯊꯍꯟꯕꯒꯤ ꯃꯆꯥꯛ
ꯑꯃ ꯑꯣꯏꯔꯛꯄ ꯑꯁꯤꯅꯤ꯫ ꯃꯃꯥꯡꯉꯩꯗ ꯁ꯭ꯀꯨꯜ ꯁ꯭ꯀꯨꯜꯒꯤ ꯄꯣꯁꯠ ꯑꯍꯥꯡꯕ ꯌꯥꯎꯔꯛꯄꯗ
ꯃꯥꯒꯤ ꯃꯥꯒꯤ ꯃꯔꯤ ꯂꯩꯅꯕ ꯖꯦꯗ ꯏ ꯑꯣꯅ ꯈꯨꯗꯛꯀꯤ ꯑꯣꯏꯕ ꯃꯦꯅꯦꯖꯤꯡ ꯀꯃꯤꯇꯤꯒ ꯇꯥꯅꯔꯒ
ꯈꯨꯗꯛꯇ ꯄꯣꯁꯠ ꯃꯦꯟꯁꯤꯟꯕ ꯌꯥꯍꯟꯕꯅ ꯁꯔꯛ ꯁꯤꯔꯝꯗꯦ꯫ ꯑꯗꯨꯕꯨ ꯍꯧꯖꯤꯛ ꯑꯍꯥꯡꯕ
ꯄꯣꯁꯠ ꯃꯦꯟꯁꯤꯟꯕꯗ ꯆꯍꯤ ꯑꯅꯤ/ ꯑꯍꯨꯝ ꯆꯪꯂꯕꯁꯨ ꯉꯝꯗꯕ, ꯃꯟꯇ꯭ꯔꯤꯒꯤ ꯂꯦꯚꯦꯜ \

ꯧꯗ꯭ꯔꯕꯗꯤ ꯌꯥꯗꯕ ꯀꯔꯤꯒꯨꯝꯕ ꯃꯦꯟꯁꯤꯟꯕ ꯇꯥꯔꯕꯁꯨ ꯈꯨꯗꯛꯀꯤ ꯑꯣꯏꯕ ꯏꯐꯦꯛ ꯇꯧꯕꯤꯕ,
ꯍꯥꯟꯅꯒꯤ ꯇꯣꯛꯈꯤꯕ ꯑꯣꯖꯥ ꯑꯗꯨꯒꯤ ꯃꯇꯝꯗꯒꯤ ꯔꯦꯁꯇ꯭ꯔꯣꯄꯦꯇꯤꯛ ꯏꯐꯦꯛ ꯇꯧꯕꯤꯗꯕ
ꯑꯁꯤꯅ ꯑꯦꯗꯦꯗ ꯑꯣꯖꯥ ꯀꯌꯥꯗ ꯑꯉꯛꯄ ꯐꯪꯅ ꯑꯋꯥꯕ ꯆꯩꯊꯦꯡ ꯀꯌꯥ ꯄꯤꯔꯤꯕ ꯑꯁꯤꯅꯤ꯫

ꯍꯧꯖꯤꯛ ꯑꯣꯖꯥ 280 ꯔꯣꯝ ꯗꯤ ꯄꯤ ꯁꯤ ꯇꯧꯗꯅ ꯈꯣꯡꯂꯧ ꯈꯨꯠꯂꯧꯗꯨꯅ ꯂꯩꯔꯤꯕ ꯑꯁꯤꯗ ꯑꯦꯗꯦꯗ
ꯁ꯭ꯀꯨꯜꯥꯤꯡ ꯑꯁꯤꯗ ꯃꯥꯡꯈ꯭ꯔꯤꯕ ꯁꯦꯟꯐꯝ ꯀꯌꯥ ꯑꯁꯤ ꯂꯩꯉꯥꯛꯅ ꯎꯕꯤꯗꯅ ꯀꯗꯥꯏꯅꯣ ꯑꯃ
ꯄꯨꯟꯗꯨꯅ ꯂꯩꯔꯤ꯫ ꯃꯁꯤꯃꯛ ꯃꯤꯌꯥꯝꯒꯤ ꯈꯟꯕꯤꯕ ꯂꯩꯉꯥꯛ ꯑꯣꯏꯔꯕꯗꯤ ꯑꯊꯨꯕꯗ ꯂꯣꯏꯁꯤꯟ-

ꯐꯝ ꯊꯣꯛꯏ꯫ ꯗꯤ ꯄꯤ ꯁꯤ ꯄꯟꯊꯗꯨꯅ ꯂꯩꯐꯝ ꯊꯣꯛꯇꯦ꯫

ꯑꯃꯔꯣꯝꯗ ꯊꯕꯛꯇꯒꯤ ꯆꯍꯤ ꯁꯨꯗꯨꯅ ꯄꯣꯠꯊꯥꯈ꯭ꯔꯕ ꯑꯣꯖꯥ ꯀꯌꯥ ꯊꯕꯛꯇꯒꯤ ꯄꯣꯠ-

ꯊꯗ꯭ꯔꯤꯉꯩꯗ ꯌꯦꯟꯅꯕꯤ ꯇꯣꯂꯣꯞ ꯐꯪꯗꯨꯅ ꯑꯄꯤꯛꯄ ꯁꯦꯟꯐꯝ ꯍꯤꯡꯕꯒꯤ ꯃꯍꯥꯎ ꯌꯥꯎꯈꯤꯗ꯭-

ꯔꯕꯁꯤꯡꯅ ꯍꯧꯖꯤꯛꯇꯤ ꯊꯕꯛꯇꯒꯤ ꯄꯣꯠꯊꯥꯔꯕ ꯃꯇꯨꯡꯗ ꯌꯥꯝꯕ ꯌꯥꯝꯗꯕ ꯄꯦꯟꯁꯟꯒꯤ
ꯁꯦꯟꯐꯝ ꯈꯔ ꯈꯔꯗꯪ ꯑꯣꯏꯔꯕꯁꯨ ꯄꯤꯕꯤꯌꯨ ꯍꯥꯏꯖꯕꯗ ꯉꯁꯤ ꯐꯥꯎꯕ ꯇꯥꯕꯤꯗꯕ ꯑꯁꯤ ꯂꯩꯕꯥꯛ
ꯑꯁꯤꯒꯤ ꯃꯤꯑꯣꯏ ꯀꯌꯥ ꯑꯣꯏꯅ ꯀꯔꯝꯅ ꯅꯨꯡꯉꯥꯏꯐꯝ ꯊꯣꯛꯄꯒꯦ? ꯄꯨꯝꯅꯃꯛ ꯑꯁꯤꯗ
ꯂꯩꯉꯥꯛꯅ ꯀꯨꯞꯅ ꯈꯟꯊꯕꯤꯔꯒ ꯇꯧꯐꯝ ꯊꯣꯛꯄ ꯊꯕꯛ ꯆꯞ ꯆꯥꯅ ꯇꯧꯍꯟꯅꯤꯡꯏ꯫ ꯂꯩꯕꯥꯛ
ꯑꯃ ꯆꯥꯎꯈꯠꯄ ꯍꯥꯏꯕꯁꯤ ꯑꯦꯗꯨꯀꯦꯁꯟꯒꯤ ꯊꯥꯛ ꯑꯁꯤꯁꯨ ꯌꯥꯝꯅ ꯃꯔꯨ ꯑꯣꯏꯅ ꯆꯪꯂꯤꯕꯅꯤ꯫

ꯃꯔꯝ ꯑꯗꯨꯅ ꯑꯦꯗꯦꯗ ꯑꯃꯗꯤ ꯂꯩꯉꯥꯛꯀꯤ ꯑꯣꯖꯥ ꯀꯌꯥꯅ ꯀꯠꯊꯣꯛꯄꯒ ꯂꯣꯏꯅꯅ ꯁꯦꯜꯒꯤ
ꯈꯟꯙꯕꯤꯗ ꯑꯉꯥꯡ ꯁꯦꯝꯕꯗ ꯊꯋꯥꯏ ꯍꯛꯆꯥꯡ ꯌꯥꯎꯅ ꯃꯊꯧ ꯇꯧꯍꯟꯅꯤꯡꯏ꯫ ꯃꯗꯨꯗ ꯂꯩꯉ-

ꯥꯛꯅꯁꯨ ꯑꯐꯕ ꯃꯤꯠꯌꯦꯡ ꯊꯝꯕꯤꯔꯛꯄꯁꯨ ꯌꯥꯏ꯫

ꯑꯗꯣꯝꯒꯤ -ꯑꯦꯝ ꯊꯟꯝꯕꯧ, ꯀꯛꯆꯤꯡ ꯈꯨꯅꯧ ꯍꯤꯖꯝ ꯂꯩꯀꯥꯏ
ꯃꯅꯤꯄꯨꯔꯒꯤ ꯑꯦꯗꯦꯗ ꯁ꯭ꯀꯨꯜ ꯑꯣꯖꯥꯁꯤꯡꯒꯤ ꯊꯥꯛ
ꯋꯥꯏꯔꯨ ꯋꯥꯏꯔꯨꯕꯗ
ꯇꯦꯕꯜ ꯂꯧꯎ ꯍꯥꯏꯗꯨꯔ ꯑꯗꯨ ꯄꯤꯊꯈ꯭ꯔꯦ, ꯑꯗꯥ ꯄꯤꯊꯈ꯭ꯔꯦ, ꯑꯗꯨ ꯐꯪꯍꯟꯈ꯭ꯔꯦ, ꯑꯗꯨ ꯌꯦꯟꯈ꯭ꯔꯦ, ꯑꯗꯥ ꯇꯧꯍꯟꯈ꯭ꯔꯦ ꯌꯥꯝꯅ ꯇꯣꯏꯅ
ꯇꯥꯕ ꯄꯥꯎꯅꯤ꯫ ꯔꯦꯗꯤꯑꯣꯗ ꯇꯥꯏ, ꯄꯥ ꯎꯆꯦꯗ ꯄꯥꯏ, ꯇꯦꯂꯤꯚꯤꯖꯟꯗ ꯃꯇꯦꯛ ꯑꯃ ꯎꯕ WIT! ꯇꯥꯕꯗ ꯂꯣꯏꯅ ꯐꯖꯅ
ꯊꯣꯛꯏ꯫ ꯃꯁꯤꯒꯨꯝꯕ ꯄꯥꯎ ꯑꯁꯤ ꯇꯥꯔꯛꯄ ꯌꯥꯝꯅ ꯀꯨꯏꯈ꯭ꯔꯦ꯫ ꯉꯁꯤ ꯉꯔꯥꯡꯗꯒꯤ ꯑꯣꯏꯕ ꯄꯥꯎ ꯅꯠꯇꯦ꯫ ꯅꯥꯠꯀꯤ
ꯊꯥꯛꯇ ꯍꯥꯏꯒꯠꯂꯛꯂꯕꯅꯤ꯫ ꯑꯩꯒꯤ ꯏꯄꯨꯕꯣꯛꯅꯁꯨ, ꯑꯩꯒꯤ ꯏꯄꯥꯅꯁꯨ, ꯑꯩꯅꯁꯨ, ꯑꯩꯒꯤ ꯏꯁꯨꯅꯁꯨ ꯑꯗꯨꯝ ꯇꯥꯍꯧꯗꯨꯅꯇ
ꯂꯩꯔꯕ ꯄꯥꯎ- ꯑꯗꯨ ꯄꯤꯊꯈ꯭ꯔꯦ, ꯑꯗꯥ ꯄꯤꯊꯈ꯭ꯔꯦ...꯫

ꯂꯨꯈ꯭ꯔꯥꯕꯤꯗ ꯄꯦꯟꯁꯟ ꯄꯤꯈ꯭ꯔꯦ, ꯑꯉꯥꯡ ꯃꯌꯥꯝ ꯂꯥꯏꯔꯤꯛ ꯂꯦꯝꯅ ꯇꯝꯍꯜꯂꯦ, ꯃꯩ ꯐꯪꯗꯕ ꯈꯨꯡꯒꯪ ꯑꯃꯠꯇ
ꯂꯩꯇ꯭ꯔꯦ, ꯐ꯭ꯔꯤ ꯇꯦꯁꯠ ꯇꯧꯍꯜꯂꯦ (ꯍꯣꯁꯄꯤꯇꯥꯜꯒꯤ ꯋꯥꯐꯝ), ꯑꯅꯥ ꯂꯥꯌꯦꯡꯕꯗ ꯂꯦꯝꯅ ꯁꯦꯜ ꯄꯤꯔꯦ, ꯇꯣꯇꯤ ꯏꯁꯤꯡ
ꯄꯤꯈ꯭ꯔꯦ, ꯂꯝꯕꯤ ꯁꯦꯝꯈ꯭ꯔꯦ ꯍꯥꯏꯗꯕ ꯌꯥꯎꯗꯦ, ꯂꯦꯝꯅ ꯆꯦꯡ ꯄꯤꯔꯦ, ꯂꯥꯏꯔꯤꯛ ꯄꯤꯔꯦ, ꯂꯦꯝꯅ ꯍꯤꯗꯥꯛ ꯄꯤꯔꯦ...

ꯇꯥꯕꯗ ꯌꯥꯝꯅ ꯐꯖꯈ꯭ꯔꯦ, ꯇꯥꯕꯗ ꯑꯣꯟꯊꯣꯛꯅ ꯅꯨꯉꯥꯏꯖꯈ꯭ꯔꯦ꯫ ꯂꯦꯝꯅ ꯄꯤꯕ ꯌꯥꯝꯃꯟꯈ꯭ꯔꯦ ꯂꯩꯉꯥꯛ ꯆꯂꯥꯏꯅꯕ ꯁꯦꯜ
ꯀꯣꯟꯅꯒꯗꯧ ꯃꯥꯟꯕꯨ ꯃꯥꯟꯗ꯭ꯔꯦ꯫ ꯊꯣꯏꯗꯣꯛꯅ ꯂꯩꯕꯥꯛ ꯑꯁꯤꯗ ꯍꯤꯡꯕ ꯑꯁꯤ ꯌꯥꯝꯅ ꯀꯣꯝꯅ ꯍꯤꯡꯕ ꯌꯥꯔꯕꯒꯤ ꯐꯤꯚꯝ
ꯑꯃꯅꯤ꯫ ꯆꯥꯅꯅꯕ ꯆꯦꯡ ꯂꯦꯝꯅ ꯄꯤꯔꯦ, ꯇꯝꯅꯅꯕ ꯂꯥꯏꯔꯤꯛ ꯂꯦꯝꯅ ꯄꯤꯔꯦ, ꯈꯣꯡꯎꯞ ꯂꯦꯝꯅ ꯄꯤꯔꯦ, ꯑꯉꯥꯡ
ꯆꯥꯛ ꯂꯦꯝꯅ ꯄꯤꯖꯔꯦ, ꯌꯨꯅꯤꯐꯣꯝ ꯂꯦꯝꯅ ꯄꯤꯔꯦ, ꯂꯦꯝꯅ ꯑꯅꯥ ꯂꯥꯌꯦꯡ ꯇꯧꯕꯤꯔꯦ, ꯆꯥꯛꯊꯣꯡ ꯒ꯭ꯌꯥꯁ ꯂꯦꯝꯅ ꯄꯤꯔꯦ,
ꯑꯍꯜ ꯂꯃꯟ ꯀꯌꯥ ꯄꯦꯟꯁꯟ ꯄꯤꯔꯦ꯫ ꯉꯥꯔꯤꯒ, ꯊꯨꯝꯒ, ꯃꯣꯔꯣꯛꯀꯗꯪ ꯂꯦꯝꯅ ꯄꯤꯕꯤꯔꯕꯗꯤ ꯊꯕꯛ ꯁꯨꯛꯁꯨ ꯁꯨꯗ꯭-

ꯔꯁꯨ ꯅꯨꯡꯉꯥꯏꯅ ꯍꯤꯡꯕ ꯌꯥꯔꯦ꯫ ꯅꯣꯡ ꯉꯥꯟꯕꯗꯒꯤ ꯅꯨꯃꯤꯠ ꯇꯥꯕ ꯐꯥꯎꯕ ꯖ꯭ꯋꯥꯔ ꯁꯥꯟꯅꯗꯨꯅ ꯅꯨꯡꯉꯥꯏꯅ ꯂꯦꯟꯕꯗꯨꯝ \

ꯥꯔꯦ꯫ ꯇꯥꯕꯗ ꯌꯥꯝꯅ ꯐꯖꯔꯦ꯫

ꯍꯪꯅꯤꯡꯕ ꯑꯃꯗꯤ ꯐꯥꯎꯏ꯫ ꯂꯦꯝꯅ ꯌꯦꯟꯊꯣꯛꯏ- ꯌꯦꯟꯊꯣꯛꯏ ꯍꯥꯏꯔꯤꯕ, ꯄꯤꯊꯩ ꯄꯤꯊꯩ ꯍꯥꯏꯔꯤꯕ
ꯄꯣꯠꯂꯝ ꯆꯩꯔꯝꯁꯤꯡ ꯑꯗꯨꯕꯨ ꯀꯅꯥ ꯀꯅꯥꯅ, ꯀꯔꯝ ꯀꯔꯝꯕ ꯃꯇꯝꯗ, ꯀꯌꯥꯝ ꯀꯌꯥꯝ ꯌꯥꯝꯕ ꯆꯥꯡꯗ, ꯀꯗꯥꯏ
ꯀꯗꯥꯏꯗ ꯐꯪꯂꯤꯕꯖꯥꯠꯅꯣ ꯍꯥꯏꯕꯁꯤ ꯑꯁꯤꯅꯤ꯫ ꯌꯦꯟꯊꯣꯛꯏ- ꯌꯦꯟꯊꯣꯛ ꯍꯥꯏꯔꯤꯕ, ꯂꯦꯝꯅ ꯐꯪꯍꯟꯈ꯭-

ꯔꯦ-ꯐꯪꯍꯟꯈ꯭ꯔꯦ ꯍꯥꯏꯔꯤꯕ ꯃꯌꯥꯝ ꯑꯁꯤꯒ ꯍꯥꯏꯔꯨꯔꯕꯗꯤ ꯑꯩꯈꯣꯏ ꯀꯩꯁꯨ ꯂꯣꯏꯅ ꯋꯥꯅꯤꯡꯉꯥꯏ ꯂꯩꯇ꯭ꯔꯕ
ꯅꯣꯡ ꯉꯥꯟꯕꯗꯒꯤ ꯅꯨꯃꯤꯠ ꯇꯥꯕ ꯐꯥꯎꯕ ꯐꯃꯨꯡꯗ ꯑꯗꯨꯝ ꯇꯨꯝꯃꯒ ꯂꯩꯔꯒꯁꯨ ꯑꯗꯨꯝ ꯂꯩꯊꯣꯛꯄ ꯌꯥꯔꯕꯒꯤ
ꯃꯇꯧꯅꯤ꯫ ꯆꯥꯛ ꯊꯣꯡꯅꯅꯕ ꯆꯦꯡꯁꯨ ꯂꯦꯝꯅ ꯄꯤꯕꯤꯔꯕ, ꯊꯣꯡꯅꯅꯕ ꯒ꯭ꯌꯥꯁ ꯂꯦꯝꯅ ꯄꯤꯕꯤꯔꯕ, ꯑꯉꯥꯡꯁꯨ
ꯂꯦꯝꯅ ꯂꯥꯏꯔꯤꯛ ꯂꯥꯏꯁꯨ ꯇꯝꯍꯟꯕꯤꯔꯕ, ꯃꯐꯤ ꯃꯔꯣꯜ ꯊꯣꯟꯕꯤꯔꯤꯕ ꯃꯁꯤꯗ ꯀꯔꯤꯅꯣ ꯑꯩꯈꯣꯏꯅ ꯊꯥꯕꯜ
ꯆꯣꯡꯅꯤꯡꯂꯣꯏꯗꯕꯒꯤ ꯃꯔꯝ ꯑꯁꯤꯕꯨ? ꯃꯁꯤꯅ ꯑꯣꯏꯕ ꯌꯥꯏ ꯂꯩꯉꯥꯛꯃꯤ ꯑꯃꯅ ꯍꯥꯏꯈꯤꯕ- ꯅꯔꯦꯟꯗ꯭ꯔ
ꯃꯣꯗꯤ ꯂꯥꯛꯄꯗꯒꯤ ꯂꯥꯏꯔꯕ ꯀꯣꯛꯂꯦ ꯍꯥꯏꯕꯗꯨ꯫ ꯇꯁꯦꯡꯅ ꯂꯥꯏꯔꯕ ꯀꯣꯛꯇ ꯀꯣꯛꯄ ꯃꯤ ꯑꯩꯈꯣꯏꯒꯤ
ꯂꯩꯀꯥꯏꯗ ꯀꯌꯥꯝ ꯂꯩꯔꯕꯒꯦ ꯍꯥꯏꯕꯗꯨ ꯌꯦꯡꯅꯤꯡꯂꯛꯂꯤꯕ꯫

ꯇꯥꯎꯔꯦꯝ ꯃꯅꯤꯇꯣꯟꯅ ꯍꯥꯏꯕꯗꯤ ꯃꯥꯒꯤ ꯃꯃꯥꯒꯤ ꯊꯥꯒꯤ ꯄꯦꯟꯁꯟ ꯑꯁꯤ (ꯊꯥ ꯑꯃꯗ) ꯂꯨꯄꯥ 200 WIT ꯍꯥꯏꯔꯤ,
ꯑꯗꯨꯒ ꯃꯈꯣꯏꯒꯤ ꯏꯃꯨꯡꯒꯤ ꯒ꯭ꯌꯥꯁ ꯂꯦꯝꯅ ꯄꯤ ꯍꯥꯏꯗꯨꯅ ꯂꯧꯔꯨꯕꯗꯨ ꯑꯍꯥꯟꯕ ꯑꯃꯨꯛꯇꯨꯗꯪ ꯄꯤꯕꯅꯤ ꯃꯊꯪꯗꯒꯤꯗꯤ
ꯂꯤꯁꯤꯡ ꯂꯤꯁꯤꯡ ꯄꯤꯔꯒ ꯂꯩꯕꯅꯤ ꯍꯥꯏꯔꯤ꯫ ꯑꯅꯤꯔꯛ ꯁꯨꯅ ꯂꯦꯝꯅ ꯄꯤꯗꯦ ꯍꯥꯏꯅ ꯇꯝꯃꯛꯏ꯫ ꯃꯥꯅ ꯍꯥꯏꯕꯗ
ꯃꯃꯤꯡꯗꯪ ꯃꯃꯤꯡꯗꯪꯒꯤ ꯄꯤꯔꯦ ꯍꯥꯏꯔꯒ ꯔꯦꯗꯤꯑꯣꯗ, ꯇꯦꯂꯤꯚꯤꯖꯟꯗ, ꯄꯥꯎꯆꯦꯗ ꯂꯥꯎꯊꯣꯛꯍꯟꯕꯗꯅ ꯃꯃꯤꯡꯗꯪ
ꯄꯤꯕ ꯃꯥꯜꯍꯟꯗꯕꯅꯤ ꯍꯥꯏꯅ ꯇꯝꯃꯛꯏ꯫ ꯇꯧꯁꯨ ꯇꯧꯔꯝꯗꯧꯕ ꯃꯥꯜꯂꯤ ꯃꯥꯒꯤ ꯅꯔꯦꯟꯗ꯭ꯔ ꯃꯣꯗꯤ ꯍꯥꯏꯕ ꯅꯨꯄꯥ ꯑꯁꯦ
ꯋꯥ ꯉꯥꯡꯕꯗ ꯌꯥꯝꯅ ꯍꯩ ꯁꯤꯡꯅ BT- ꯑꯔꯥꯏꯕ ꯅꯠꯇꯦ, ꯋꯥ ꯉꯥꯡꯂꯁꯨ ꯀꯕꯤꯇꯥ ꯄꯥꯕꯗꯧꯅ ꯉꯥꯡꯏ꯫ ꯂꯩꯊꯣꯛ ꯂꯩꯁꯤꯟ
ꯌꯥꯝꯅ ꯍꯩ꯫ ꯗ꯭ꯔꯃꯥꯁꯨ ꯃꯥꯜꯂꯤ ꯃꯥꯅ ꯉꯥꯡꯂꯤꯕ ꯃꯌꯥꯝꯁꯦ꯫ ꯂꯥꯎꯈꯣꯡꯕ ꯌꯥꯝꯅ ꯍꯩ- ꯐꯤꯂꯝꯗ ꯌꯥꯎꯔꯝꯂꯕꯁꯨ ꯑꯃꯤ-

ꯇꯥꯕ ꯕꯆꯟꯒꯤ ꯃꯊꯛ ꯑꯣꯏꯒꯗꯧꯔꯤꯕꯖꯥꯠꯅꯤ꯫ ꯐꯪꯈ꯭ꯔꯦ, ꯄꯤꯈ꯭ꯔꯦ, ꯂꯧꯍꯟꯈ꯭ꯔꯦ, ꯌꯦꯟꯊꯣꯛꯈ꯭ꯔꯦ, ꯇꯧꯈ꯭ꯔꯦ, ꯈ꯭ꯔꯦ-

ꯈ꯭ꯔꯦ- ꯈ꯭ꯔꯦ ꯃꯌꯥꯝꯅ ꯋꯥꯏ ꯆꯥꯏꯔꯦ꯫

ꯂꯩꯉꯥꯛꯀꯤ ꯔꯦꯀꯣꯔꯗꯇ ꯌꯥꯝꯅ ꯐꯖꯕ, ꯑꯇꯥꯕ ꯑꯎꯕ ꯑꯊꯥꯞꯄ ꯂꯝꯒꯤ ꯃꯤꯅꯗꯤ ꯌꯥꯝꯅ ꯐꯖꯅ ꯂꯧꯕ, ꯊꯥꯒꯠꯅꯕ,
ꯃꯅꯥ ꯃꯊꯨꯝ ꯐꯥꯎꯕ ꯄꯤꯅꯤꯡꯒꯅꯤ꯫ ꯑꯊꯥꯞꯄꯒꯤꯁꯨ ꯇꯥꯏ ꯑꯐ ꯑꯐꯝꯕ ꯄꯥꯎ꯫ ꯃꯕꯨꯛ ꯐꯕꯒꯤ ꯄꯥꯎ, ꯁꯦꯟꯖꯥ ꯊꯨꯝꯖꯥ
ꯇꯧꯗꯕꯒꯤ ꯋꯥꯔꯤ... ꯃꯁꯤ ꯁ꯭ꯋꯥꯏꯗ ꯄꯥꯎꯆꯦꯗꯒꯤ ꯇꯥꯕꯅꯤꯅ ꯃꯤꯗꯨ ꯊꯣꯏꯗ ꯅꯐꯕ ꯃꯤ ꯅꯠꯇ꯭ꯔꯕꯁꯨ ꯄꯥꯎ ꯍꯦꯟꯖꯤꯟꯅ
ꯇꯥꯕ ꯑꯣꯏꯔꯖꯥꯠꯂ? ꯀꯦꯖ꯭ꯔꯤꯋꯥꯜ, ꯃꯅꯤꯛ ꯁꯔꯀꯥꯔꯒ ꯍꯥꯏꯕꯗꯣ ꯑꯩꯈꯣꯏ ꯁ꯭ꯋꯥꯏꯗ ꯌꯥꯝꯅ ꯐꯕ ꯃꯤ ꯑꯣꯏꯅ ꯇꯥꯔꯤꯕ-

ꯁꯦ ꯑꯣꯟꯅꯔꯝꯒꯗ꯭ꯔ? ꯑꯩꯈꯣꯏ ꯁ꯭ꯋꯥꯏꯒꯤꯅ ꯃꯈꯣꯏꯒꯤꯔꯣꯝꯗ ꯐꯅ ꯇꯥꯕ, ꯃꯈꯣꯏꯔꯣꯝꯒꯤꯅ ꯑꯃꯨꯛ ꯑꯩꯈꯣꯏꯒꯤ
ꯁꯤꯗ ꯌꯥꯝꯅ ꯐꯅ ꯇꯥꯕ ꯑꯁꯤ ꯑꯣꯏꯔꯖꯥꯠꯂꯣ꯫

ꯂꯩꯉꯥꯛꯅ ꯇꯧꯕꯤ ꯍꯥꯏꯔꯤꯕ ꯃꯌꯥꯝ ꯑꯁꯤꯒ ꯍꯥꯏꯔꯗꯤ ꯑꯩꯈꯣꯏ ꯌꯥꯝꯅ ꯆꯥꯎꯈꯠꯆꯕ ꯌꯥꯔꯦꯅ꯫ ꯇꯦꯕꯜ ꯂꯧꯎ
ꯃꯥꯟꯁꯤꯜꯂꯛꯄꯩ ꯋꯥꯅꯤ꯫

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ
ꯊꯥꯡꯖ, ꯅꯕꯦꯝꯕꯔ 03, 2018, ꯏꯝꯐꯥꯜ
10 ꯁꯨꯕ ꯆꯍꯤ, 198 ꯁꯨꯕ ꯃꯁꯤꯡ

...ꯑꯦꯗꯤꯇꯔꯗ ꯊꯥꯔꯛꯄ ꯆꯤꯊꯤ...

(1) ꯃꯤ ꯑꯃ ꯑꯣꯏꯅ ꯀꯔꯤ ꯄꯥꯝꯃꯤ꯫ ꯑꯄꯥꯝꯕ ꯃꯁꯤꯡ ꯊꯤꯕ ꯍꯧꯏ꯫ ꯀꯜꯂꯛꯄ, ꯃꯄꯨ ꯑꯣꯏꯅꯤꯡꯕ, ꯃꯤꯡ
ꯑꯃꯒꯤ ꯃꯃꯥꯡꯗ ꯃꯁꯛ ꯇꯥꯛꯄ ꯃꯃꯤꯡ ꯑꯅꯧꯕ ꯅꯞꯂꯒ ꯃꯌꯦꯛ ꯁꯦꯡꯏ ꯃꯁꯤ ‘ꯑꯩꯈꯣꯏꯒꯤꯅꯤ’ ꯑꯃꯁꯨꯡ ꯃꯁꯤ

‘ꯑꯩꯒꯤꯅꯤ’꯫ ‘ꯑꯩꯈꯣꯏꯒꯤ’ ‘ꯑꯩꯒꯤ’ ꯍꯥꯏꯕ ꯋꯥꯍꯩꯁꯤꯡꯁꯤ ꯌꯨꯝꯒꯤ ꯐꯛꯂꯥꯡꯗ ꯂꯝꯕꯤꯒꯤ ꯆꯤꯗꯥꯏꯗ ꯂꯩꯕ ꯐꯛꯂꯥꯡꯁꯤꯡꯗ
ꯃꯌꯦꯛ ꯁꯦꯡꯅ ꯂꯥꯏ ꯦꯛꯄꯁꯤꯡꯗ ꯌꯦꯛꯍꯟꯅꯔꯦ꯫ ꯍꯧꯖꯤꯛꯇꯤ ‘ꯑꯩꯈꯣꯏꯒꯤ’ ꯅꯠꯇ꯭ꯔꯒ ‘ꯑꯩꯒꯤ’ ꯍꯥꯏꯕ ꯃꯇꯝꯅꯤ꯫

ꯃꯇꯃꯁꯤꯗ ꯃꯤ ꯑꯃꯅ ꯌꯨꯝ ꯀꯌꯥꯒꯤ ꯃꯄꯨꯡ ꯑꯣꯏꯕ ꯉꯝꯃꯤ, ꯍꯣꯠꯅꯕ ꯀꯜꯂꯤ, ꯃꯇꯝ ꯂꯤꯛꯅ ꯁꯤꯖꯤꯟꯅꯩ, ꯂꯥꯛ-

ꯅꯕ ꯐꯣꯏꯅꯕꯁꯤꯡꯗꯒꯇꯤ ꯅꯥꯟꯊꯣꯛ ꯅꯥꯟꯊꯣꯛꯇꯨꯅ ꯃꯈꯣꯏꯒꯤ ꯑꯅꯧꯕ ꯌꯨꯝꯁꯤꯡꯗ ꯑꯆꯣꯠꯄ ꯃꯆꯨꯁꯤꯡꯅ ꯆꯥꯎꯅ \

ꯦꯛꯏ꯫ ‘ꯑꯩꯈꯣꯏꯒꯤ’ ꯑꯃꯁꯨꯡ ‘ꯑꯩꯒꯤ’꯫ ‘ꯑꯩ’ ꯍꯥꯏꯔꯤꯕꯁꯤꯗꯤ ꯃꯤꯕꯨꯅꯤ꯫ ꯑꯗꯨꯒ ‘ꯑꯩꯈꯣꯏ’ ꯍꯥꯏꯔꯤꯕꯁꯤꯅ ꯀꯥꯡꯂꯨ-

ꯞꯂ ꯄꯨꯟꯁꯤꯟꯕꯔ, ꯃꯁꯨꯡ ꯈꯔ ꯅꯠꯇ꯭ꯔꯒ ꯃꯄꯨꯝ ꯑꯃ ꯅꯠꯇ꯭ꯔꯒ ꯑꯄꯨꯟꯕꯅ ꯄꯥꯡꯒꯜꯅꯤ ꯍꯥꯏꯕꯒꯤ ꯑꯄꯤꯛꯄ
ꯈꯨꯗꯝꯂ꯫

ꯍꯤꯡꯕꯒꯤ ꯈꯣꯡꯆꯠꯁꯤꯗ ꯏꯁꯤꯡ ꯁꯣꯛꯏ꯫ ꯑꯔꯨꯕ ꯃꯐꯝꯗꯒꯤ ꯁꯣꯛꯅꯤꯡꯉꯥꯏꯗꯤ ꯏꯔꯩ ꯂꯩꯔꯛꯇꯕꯒꯨꯝ
ꯑꯗꯨꯒ ꯑꯃꯣꯠꯄ ꯃꯐꯝꯗꯒꯤ ꯁꯣꯛꯂꯒ ꯏꯁꯤꯡꯗꯨ ꯂꯨꯍꯟꯕ ꯁꯤꯖꯤꯟꯅꯕ ꯌꯥꯍꯟꯕ ꯃꯁꯤ ꯁꯦꯝꯕꯁꯤ ꯃꯇꯝꯁ-

ꯤꯒꯤ ꯑꯆꯤꯛꯄ ꯀꯥꯈꯨꯁꯤꯡꯗ ꯌꯥꯎꯕ ꯆꯠꯅꯕꯤ ꯑꯣꯏꯔꯛꯏ꯫ ꯑꯄꯥꯛꯄ ꯑꯉꯧꯕ ꯄꯤꯁꯤꯡꯗ ꯀꯔꯤꯒꯨꯝꯕ ꯈꯔ
ꯆꯨꯁꯤꯟꯕ, ꯊꯣꯡꯅꯥꯎꯗꯒꯤ ꯃꯉꯛ ꯊꯤꯟꯗꯣꯛꯂꯒ ꯀ꯭ꯋꯥ ꯃꯍꯤ ꯑꯣꯠꯊꯣꯛꯄ, ꯂꯣꯛ ꯇꯤꯜ ꯁꯤꯠꯇꯣꯛꯄ, ꯄꯨꯈ꯭ꯔꯤ
ꯃꯄꯥꯟꯗ ꯉꯥꯆꯛꯁꯤꯡꯅ ꯁꯧꯕ ꯑꯃꯁꯨꯡ ꯉꯥ ꯃꯆꯥꯁꯤꯡꯅ ꯃꯣꯡꯕ, ꯇꯥꯡꯀꯛ ꯑꯃꯗꯒꯤ ꯇꯥꯡꯀꯛ ꯑꯃ ꯑꯗꯨꯒ ꯂꯦ-

ꯞꯇꯕ ꯆꯠꯅꯕꯤꯒꯤ ꯃꯐꯝ ꯃꯔꯥꯡ ꯈꯪꯗꯕ ꯈꯧꯥꯡꯕꯁꯤꯡꯅ ‘ꯑꯩꯈꯣꯏꯒꯤ’ ꯑꯃꯁꯨꯡ ‘ꯑꯩꯒꯤ’ ꯍꯨꯔꯨ ꯍꯨꯔꯨ ꯎꯪꯁꯤꯟꯅꯕ ꯈꯨꯔꯨꯡ
ꯑꯣꯏꯅ ꯊꯦꯡꯒꯥꯏ ꯊꯦꯡꯒꯥꯏꯗꯨꯅ ꯌꯩꯁꯤꯟꯅꯕ꯫

(2) ꯑꯁꯣꯛꯄ ꯃꯐꯝꯁꯤꯡꯗ ꯀꯔꯤ ꯇꯩꯁꯤꯜꯂꯤ꯫ ꯇꯩꯁꯤꯟꯅꯤꯡꯕ ꯑꯃ ꯍꯦꯛꯇ ꯇꯩꯁꯤꯟꯅꯕ ꯍꯣꯠꯅꯔꯛꯏ
ꯅꯛꯅꯕꯁꯤꯡꯅ ꯍꯨꯕꯥꯠꯂꯕ ꯍꯛꯆꯥꯡ ꯀꯌꯥꯠꯁꯤꯡꯗ꯫ ꯊꯨꯞꯄꯤ ꯑꯗꯨꯕꯨ ꯈꯥꯡꯂꯤ꯫ ꯂꯝꯖꯦꯜ꯫ ꯃꯐꯝ ꯈꯨꯗꯤꯡꯗ ꯍꯥꯟꯕ
ꯇꯥꯟꯅꯕ, ꯃꯤ ꯑꯃꯅ ꯃꯤ ꯑꯃꯕꯨ ꯎꯗ꯭ꯔꯤꯉꯩ ꯊꯦꯡꯅꯗ꯭ꯔꯤꯉꯩꯗꯒꯤ ꯃꯤ ꯑꯃꯒꯤ ꯃꯔꯝꯗ ꯅꯩꯅꯕ ꯍꯧꯏ꯫ ꯂꯝꯖꯦꯜ ꯆꯦꯟꯕ
ꯍꯧꯔꯗꯤ ꯂꯦꯞꯇꯅ ꯆꯦꯟꯕ ꯂꯦꯞꯇꯅ ꯆꯦꯟꯕ ꯁꯣꯜꯂꯤ ꯑꯗꯨꯒ ꯍꯧꯅꯔꯒ ꯄꯣꯊꯥꯃꯤꯟꯅꯕ, ꯍꯥꯏꯅꯔꯒ ꯈꯟꯗꯣꯛ
ꯈꯟꯖꯤꯟ ꯇꯧꯃꯤꯟꯅꯕ ꯑꯗꯨꯒ ꯆꯦꯟꯕ ꯍꯧꯏ, ꯄꯟꯊꯨꯡꯐꯝꯅ ꯑꯣꯏꯅꯤꯡꯕ ꯃꯐꯝꯗ ꯑꯣꯏꯕ ꯌꯥꯔꯛꯏ꯫ ꯆꯥꯟꯅꯔꯕ
ꯃꯤꯠꯀꯨꯞꯁꯤꯡꯗ ꯄꯨꯟꯅ ꯍꯤꯞꯃꯤꯟꯅꯩ ꯄꯨꯟꯅ ꯆꯥꯃꯤꯟꯅꯩ ꯄꯨꯟꯅ ꯁꯥꯏꯃꯤꯟꯅꯩ ꯑꯈꯥꯕ ꯍꯨꯃꯥꯡ ꯃꯔꯤꯛꯁꯤꯡꯅ ꯅꯞ
ꯅꯞ ꯃꯥꯏꯗ, ꯇꯩꯊꯣꯛꯄꯗꯤ ꯁꯪꯗꯔꯤ ꯌꯣꯠꯁꯤꯟꯕꯅ ꯍꯦꯟꯅ ꯃꯔꯨ ꯑꯣꯏꯔꯛꯏ꯫ ꯌꯣꯠꯁꯤꯟꯕ ꯉꯝꯕ ꯉꯝꯗꯕ
ꯏꯁꯤꯡ ꯊꯛꯇꯨꯅ ꯅꯝꯗꯨꯅ ꯌꯣꯠꯁꯤꯟꯒꯗꯕ ꯑꯣꯏꯔꯛꯂꯤꯕꯔ ꯅꯠꯇ꯭ꯔꯒ ꯑꯣꯊꯣꯛꯀꯗꯕꯔ꯫

(3) ꯄꯨꯟꯅ ꯉꯥꯏꯃꯤꯟꯅꯒꯅꯤ ꯈꯜꯂꯤ꯫ ꯀꯔꯤꯒꯨꯝꯕ ꯑꯃ ꯑꯣꯏꯔꯛꯄ ꯍꯥꯏꯕꯁꯤ ꯃꯇꯝꯒꯤ ꯏꯔꯣꯜꯅꯨꯡꯗꯒꯤ
ꯐꯥꯎꯒꯠꯂꯛꯄꯗ ꯀꯔꯤꯁꯨ ꯍꯥꯏꯕ ꯉꯝꯂꯣꯏ꯫ ꯋꯥꯈꯜꯅ ꯁꯥꯖꯤꯜꯂꯒ ꯈꯟꯕꯁꯨ ꯑꯣꯏꯊꯣꯛꯂꯣꯏ ꯃꯔꯝꯗꯤ ꯑꯣꯏꯅꯤꯡꯕ
ꯑꯃ ꯑꯣꯏꯔꯛꯄꯗ ꯃꯐꯝ ꯃꯇꯝ ꯅꯥꯏꯗꯕ ꯃꯑꯣꯡꯅꯤ꯫ ꯃꯑꯣꯡ ꯍꯥꯏꯕꯁꯤ ꯀꯔꯝꯅ ꯑꯣꯏꯔꯛꯂꯤꯕꯅꯣ ꯈꯜꯂꯨ-

ꯔꯒꯗꯤ ꯃꯄꯥꯟ ꯁꯥꯕ ꯃꯇꯝ ꯅꯠꯇ꯭ꯔꯒ ꯃꯍꯩ ꯄꯥꯟꯕ ꯃꯇꯝꯗ ꯎꯔꯤꯕ ꯁꯛꯇꯝꯁꯤꯡꯗꯨꯅ ꯄꯤꯔꯛꯄ ꯋꯥꯈꯜꯒꯤ ꯑꯍꯥꯡꯁꯤꯡꯗ ꯆꯪꯁꯤꯜꯂꯛꯄ ꯂꯥꯛꯅ ꯐꯥꯅ ꯉꯝꯗꯕ ꯏꯊꯛ ꯏꯄꯣꯝꯒꯨꯝꯕꯅꯤ꯫ ꯅꯤꯡꯁꯤꯡꯕꯗ ꯌꯥꯎꯕ ꯃꯌꯦꯛ ꯁꯦꯡꯗꯕ ꯃꯁꯛꯁꯤꯡꯒꯖꯤ ꯃꯑꯣꯡ ꯀꯧꯊꯣꯛꯅꯕ, ꯍꯛꯆꯥꯡ ꯃꯅꯨꯡꯗꯒꯤ ꯃꯐꯝ ꯈꯪꯗꯕ ꯋꯥꯈꯜꯒꯤ ꯂꯩꯔꯣꯜꯁꯤꯡꯗꯒꯤ꯫ ꯂꯦꯞꯅꯤꯡꯕꯇ ꯂꯦꯞꯄ ꯑꯣꯏꯍꯟꯅꯤꯡꯕꯇ ꯑꯣꯏꯍꯟꯕ ꯋꯥꯈꯜꯒꯤ ꯃꯁꯦꯡ ꯃꯔꯥꯡꯕ ꯄꯣꯂꯣꯏꯁꯤꯡꯗ ꯇꯥꯅꯔꯒ ꯆꯨꯝꯊꯣꯛꯃꯤꯟꯅꯕ ꯃꯁꯤꯡ ꯊꯤꯕ ꯉꯝꯗꯕ, ꯑꯣꯏꯔꯛꯂꯤꯕꯁꯤꯒꯤ ꯍꯧꯔꯛꯐꯝꯗ ꯇꯥꯏꯑꯣꯟꯅꯔꯕ ꯁꯥꯊꯦꯛꯁꯤꯡꯅ ꯇꯝꯈꯤꯕ ꯐꯥꯊꯤꯕ ꯉꯝꯗꯕ ꯃꯤꯠꯌꯦꯡꯒꯤ ꯁꯔꯧ, ꯑꯍꯧꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯌꯥꯎꯁꯤꯟꯈꯤꯕ ꯑꯄꯥꯝꯕꯁꯤꯡꯒꯤ ꯂꯩꯏꯅ ꯃꯐꯝ ꯈꯪꯗꯅ ꯈꯣꯠꯆꯤꯟꯅꯈꯤꯕ꯫ ꯑꯄꯥꯝꯕꯁꯤꯡꯒꯤ ꯃꯔꯛꯇ ꯍꯩꯅꯗꯕ ꯀꯌꯥ ꯌꯦꯡꯁꯤꯟꯅꯔꯤ꯫ ꯃꯁꯤ ꯐꯣꯏꯗꯠꯐꯝ ꯊꯣꯛꯄ꯭ꯔ ꯅꯠꯇ꯭ꯔꯒ ꯃꯣꯟ- ꯊꯣꯛꯄꯤꯔꯒ ꯊꯝꯒꯗ꯭ꯔ, ꯍꯤꯡꯕꯁꯤ ꯑꯁꯨꯝ ꯂꯨꯔꯛꯏ꯫ ꯑꯁꯣꯏꯕꯁꯤꯡꯅ ꯋꯥꯈꯜꯗ ꯀꯣꯏꯄꯥꯏ ꯄꯥꯏꯔꯒ ꯂꯩ, ꯂꯥꯝꯗꯨꯅ ꯐꯥꯅꯕ ꯍꯣꯠꯅꯔꯤ ꯑꯗꯨꯒ ꯄꯨꯟꯅ ꯄꯨꯟꯅ ꯄꯨꯊꯃꯤꯟꯅꯩ꯫ (4) ꯃꯇꯤꯛ ꯃꯌꯥꯏ ꯀꯟꯕ ꯑꯄꯤꯛꯄ ꯋꯥꯍꯩꯁꯤꯡꯅ ꯅꯥꯀꯣꯡ ꯌꯧꯕꯗ ꯈꯥꯡꯕ ꯉꯝꯗꯕ ꯇꯥꯕ ꯉꯝꯗꯕ꯫ ꯈꯠꯅꯔ- ꯛꯄꯁꯨ ꯌꯥꯎꯏ꯫ ꯄꯨꯟꯅ ꯍꯤꯡꯃꯤꯟꯅꯔꯤꯕꯁꯤ ꯀꯔꯤꯒꯨꯝꯕ ꯑꯃꯗ ꯁꯔꯨꯛ ꯌꯥꯃꯤꯟꯅꯕꯒꯤꯅꯤ ꯍꯥꯏꯔꯕꯁꯨ ꯅꯣꯡꯂꯤ- ꯛꯁꯤꯡꯗ ꯌꯥꯎꯕ ꯀꯂꯛꯄꯁꯤꯡꯅ ꯆꯣꯠꯍꯜꯂꯤ꯫ ꯂꯤꯛꯅ ꯁꯤꯖꯤꯟꯅꯕ ꯋꯥꯍꯩꯁꯤꯡꯅ ꯃꯄꯥ ꯆꯥꯕ ꯉꯥꯏꯔꯤ, ꯐꯨꯔꯤꯠꯈꯥ- ꯎꯗ ꯌꯥꯎꯕ ꯋꯥꯍꯩꯁꯤꯡ ꯍꯨꯝꯖꯤꯟꯗꯨꯅ ꯈꯟꯗꯣꯛꯄ ꯄꯨꯊꯣꯛꯅꯕ ꯍꯣꯠꯅꯕꯗ ꯃꯇꯥꯡ ꯆꯥꯗꯕ ꯃꯤꯀꯨꯞꯁꯤꯡ ꯑꯗꯨꯒ ꯃꯔꯤ ꯃꯔꯤ ꯋꯥꯔꯧꯅꯕꯒꯤ ꯑꯀꯨꯞ ꯑꯀꯨꯞꯄ ꯂꯪꯂꯥꯁꯤꯡ꯫ ꯁꯝꯖꯤꯟꯅꯕ ꯉꯝꯕꯔ ꯁꯝꯖꯤꯟꯅꯅꯕ ꯍꯣꯠꯅꯕꯔ ꯇꯥꯏꯕꯪꯄꯥꯟꯒꯤ ꯂꯨꯗ ꯊꯨꯔꯕ ꯋꯥꯍꯩꯁꯤꯡꯅ ꯑꯗꯨꯒ ꯉꯥꯃꯤ ꯑꯣꯏꯔꯛꯂꯤ ꯃꯆꯣꯏ ꯃꯆꯣꯏ ꯇꯥꯔꯕ ꯈꯣꯡꯂꯣꯏꯁꯤꯡꯅ꯫ ꯂꯩ ꯍꯦꯛꯄ ꯇꯥꯟꯅꯕꯁꯤ ꯌꯥꯎꯁꯤꯜꯂꯨꯔꯒ ꯇꯧꯗꯕ ꯌꯥꯗꯕ ꯄꯥꯡꯗꯕꯒꯤ ꯃꯇꯧ ꯑꯣꯏꯔꯛꯏ ꯍꯥꯏꯅ ꯐꯣꯡꯗꯣꯛꯅꯔꯤ ꯑꯗꯨꯕꯨ ꯃꯌꯨꯝꯗꯗꯤ ꯂꯩ ꯃꯈꯜ ꯁꯨꯅ ꯊꯥꯔꯤ, ꯎꯇꯥꯡꯕꯤꯗ ꯍꯥꯏꯔꯒ ꯃꯦꯂꯩ ꯂꯩꯁꯅꯥ ꯅꯣꯡꯖꯨꯝꯄꯥꯜ ꯐꯥꯎꯕ ꯁꯥꯠꯂꯤ꯫ ꯏꯁꯤꯡꯗ ꯇꯥꯕ ꯃꯃꯤꯗ ꯋꯥꯍꯩꯁꯤꯡꯅ ꯆꯥꯎꯊꯣꯔꯛꯏ꯫ ꯅꯤꯛ ꯅꯤꯛ ꯂꯥꯎꯏ ꯋꯥꯍꯩꯁꯤꯡꯅ ꯍꯛꯆꯥꯡꯗ ꯄꯥꯏꯔꯒ ꯏꯜꯂꯛꯏ ꯈꯨ- ꯠꯄꯥꯛꯅ ꯊꯥꯔꯛꯏ ꯃꯔꯤ ꯃꯈꯣꯡ ꯁꯝꯅꯗꯕ ꯋꯥꯍꯪꯁꯤꯡꯗ꯫ ꯌꯥꯝꯅ ꯇꯣꯏꯅ ꯈꯟꯅꯔꯤ ꯎꯅꯔꯤ ꯇꯥꯅꯔꯤ ꯋꯥꯍꯩꯁꯤꯡꯒꯖꯤ ꯃꯄꯥꯟ ꯅꯥꯏꯗꯕ ꯍꯤꯡꯕꯒꯤ ꯏꯄꯥꯛꯇ꯫ (5) ꯀꯥ ꯑꯃꯒꯤ ꯃꯅꯨꯡꯗ ꯐꯝꯃꯤꯟꯅꯒꯅꯤ꯫ ꯀꯔꯤꯁꯨ ꯂꯩꯇꯕ ꯃꯔꯝꯁꯤꯡꯗ ꯀꯨꯞꯁꯤꯟꯅꯔꯒ ꯌꯦꯡꯁꯤꯟꯅꯕ, ꯄꯨꯈꯝꯗ ꯌꯥꯎꯕ ꯆꯥꯕ ꯉꯝꯂꯔꯣꯏꯗꯕ ꯆꯥꯛ ꯆꯈꯣꯝ ꯈꯔꯗꯤ ꯍꯨꯟꯗꯣꯛꯄ ꯇꯥꯕꯅꯤ꯫ ꯀꯔꯤꯒꯨꯝꯕ ꯑꯃ ꯍꯧꯕꯗ ꯏꯁꯤꯡ ꯅꯨꯡꯁꯤꯠ ꯃꯥꯂꯦꯝ ꯑꯁꯤ ꯅꯠꯇꯕꯁꯤꯡ ꯃꯤꯡ ꯑꯣꯏꯅ ꯄꯟꯗ꯭ꯔꯕꯁꯨ ꯍꯦꯛꯇ ꯌꯥꯎꯁꯤꯜꯂꯝꯃꯤ, ꯈꯨꯕꯥꯛ ꯑꯃꯁꯨꯡ ꯈꯨꯅꯝ ꯑꯁꯤꯅꯆꯤꯡꯕ꯫ ꯆꯨꯍꯤꯡ ꯌꯣꯟꯕꯁꯤꯡꯅ ꯆꯨꯍꯤꯡ ꯊꯛꯅꯕ ꯁꯨꯝꯗꯣꯛꯄꯗ ꯈꯧꯔꯥꯡꯕ ꯀꯣꯛꯏ ꯃꯇꯠ ꯃꯇꯠ ꯇꯠꯂꯕ ꯆꯨꯅ ꯄꯥꯊꯣꯛꯂꯒ ꯏꯀꯪ ꯀꯡꯅ ꯁꯦꯒꯥꯏꯔꯒ ꯇꯥꯔꯛꯄꯗ꯫ ꯃꯣꯠꯁꯤꯜꯂꯕ ꯐꯛꯂꯥꯡꯁꯤꯡꯅ ꯑꯅꯧꯕ ꯃꯆꯨ ꯇꯩ- ꯁꯤꯜꯂꯛꯄ ꯉꯥꯏꯔꯤ, ꯑꯄꯥꯝꯕ ꯃꯆꯨꯁꯤꯡꯗꯤ ꯀꯅꯥꯅ ꯈꯟꯒꯅꯤ꯫ ꯃꯆꯨ ꯍꯥꯏꯔꯤꯕꯁꯤ ꯊꯕꯛꯀꯤ ꯃꯃꯤ ꯑꯣꯏꯔꯝꯃꯤ꯫ ꯃꯐꯝꯁꯤꯗꯗꯤ ꯀꯣꯛ ꯉꯥꯎꯒꯗꯕꯅꯤ ꯑꯣꯅꯤꯡꯒꯕꯅꯤ꯫ ꯊꯨꯛ ꯊꯨꯛ ꯂꯥꯎꯒꯅ꯫ ꯃꯤ ꯑꯣꯏꯅ ꯍꯤꯡꯕꯁꯤ ꯑꯁꯨꯝ ꯇꯨꯀꯠꯆꯔꯛꯏ꯫ ꯑꯩꯒꯤ ꯑꯃꯁꯨꯡ ꯑꯩꯈꯣꯏꯒꯤ꯫ ꯑꯩꯈꯣꯏꯒꯤ ꯑꯃꯁꯨꯡ ꯑꯩꯒꯤ꯫ ꯁꯥꯃꯔꯛ ꯉꯥꯃꯔꯛ꯫
ꯆꯥꯎꯔꯥꯛꯅ ꯅꯨꯡꯒꯥꯔꯩ ꯄꯥꯝꯕꯤ ꯃꯈꯜ ꯑꯅꯤ ꯂꯩꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯅꯨꯡꯒꯥꯔꯩ
ꯅꯥꯀꯨꯄꯤ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯔꯝꯗ ꯃꯃꯥꯡꯒꯤ ꯏꯁꯨꯗ ꯏꯖꯈ꯭ꯔꯦ꯫ ꯉꯁꯤꯒꯤ ꯏꯁꯨꯗ
ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯔꯝꯗ ꯏꯖꯔꯤ꯫ ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯨꯕꯤ ꯄꯥꯝꯕꯤ

[Kg TImgKgf TErg\kE [lKwkjlxK (Indian Aspar-

agus) eGfDjx oErDjlr jbGK (Hundred roots) eGf-

Djx [lKwkjlxK jbGK (Asparagus roots), KIKsDjgGf

ꯑꯃꯁꯨꯡ ꯍꯤꯟꯗꯤꯗ ꯁꯥꯇꯥꯚꯥꯔꯤ (Shatavari), ꯆꯥꯏꯅꯤꯖꯗ ꯇꯤꯌꯥꯟ ꯃꯦꯟ
ꯗꯣꯡ (Tian men dong), ꯅꯦꯄꯥꯂꯤꯗ ꯀꯨꯔꯤꯂꯣ (Kurilo), ꯁꯥꯏꯟꯇ-

ꯤꯐꯤꯛ ꯅꯠꯇ꯭ꯔꯒ ꯕꯣꯇꯥꯅꯤꯀꯦꯜꯒꯤ ꯑꯣꯏꯕ ꯃꯃꯤꯡꯗ ꯑꯦꯁꯄꯥꯔꯦꯒꯁ

jlKgaOKK (Asparagus racemosus Willd) eGfDjx

[lKwkjlxK jgcgrbmK (Asparagus rigidulus Nakai)
ꯅꯠꯇ꯭ꯔꯒ ꯄ꯭ꯔꯣꯇꯑꯦꯁꯄꯥꯔꯦꯒꯁ ꯔꯦꯁꯤꯃꯣꯁꯁ (Protasparagus

racemosus (ꯄꯡꯦꯦꯛ) ꯣꯨꯅꯗꯂ) ꯍꯥꯏꯅ ꯀꯧꯏ ꯑꯃꯁꯨꯡ ꯑꯦꯁꯄꯥ-

ꯔꯦꯒꯦꯁꯤ (ꯝꯀꯩꯃꯗꯃꯤꯃꯖꯅꯃꯅ) ꯁꯥꯒꯩꯒꯤ ꯃꯅꯨꯡ ꯆꯜꯂꯤ꯫ ꯑꯍꯥꯟꯕꯗꯗꯤ
ꯅꯨꯡꯒꯥꯔꯩ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯂꯤꯂꯤ (Lily) ꯄꯥꯝꯕꯤꯒꯤ ꯁꯥꯒꯩ ꯍꯥꯏꯕꯗꯤ ꯂꯤꯂꯤꯌ
ꯦꯁꯤ (Liliaceae) ꯗ ꯆꯜꯂꯝꯃꯤ꯫ ꯏꯟꯗꯤꯌꯥꯒꯤ ꯃꯐꯝ ꯀꯔꯗ ꯅꯨꯡꯒꯥꯔꯩ
ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯁꯥꯇꯨꯂꯤ (Shatuli) ꯅꯠꯇ꯭ꯔꯒ ꯕ꯭ꯔꯤꯁꯌꯥ (Vr-

ishya) ꯅꯠꯇ꯭ꯔꯒ ꯁꯥꯇꯥꯋꯥꯔꯤ (Shatawari) ꯍꯥꯏꯅꯁꯨ ꯀꯧꯅꯩ꯫

ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯃꯔꯤ ꯆꯠꯂꯞ ꯇꯧꯕ ꯐꯨꯠ 6
ꯐꯥꯎꯕ ꯋꯥꯡꯕ, ꯌꯥꯝꯅ ꯀꯨꯞꯅ ꯃꯅꯥꯁꯤꯡ ꯄꯥꯟꯗꯨꯅ ꯃꯁꯥ ꯌꯥꯝꯅ ꯄꯨꯡꯕ
ꯄꯥꯝꯕꯤꯅꯤ꯫ ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯍꯤꯟꯗꯤ ꯑꯃꯁꯨꯡ
ꯁꯪꯁꯀ꯭ꯔꯤꯠꯇ ꯁꯥꯇꯥꯚꯥꯔꯤ ꯍꯥꯏꯅ ꯀꯧꯕꯒꯤ ꯃꯔꯨꯑꯣꯏꯕ ꯋꯥꯈꯜꯂꯣꯟ
ꯑꯃꯁꯨꯡ ꯋꯥꯍꯟꯊꯣꯛꯇꯤ (ꯁꯥꯇꯝ ꯍꯥꯏꯕꯗꯤ ꯆꯥꯃ ꯑꯗꯨꯒ ꯚꯥꯔꯤ ꯍꯥꯏꯕꯅ
ꯂꯥꯏꯅꯥ ꯀꯣꯛꯍꯟꯕ ꯍꯥꯏꯕꯅꯤ)- ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯃꯤꯑꯣꯏꯕꯒꯤ ꯂꯥꯏꯅꯥ
ꯃꯈꯜ 100 (Hundred ꯛꯡꯀꯅꯃꯀꯅꯀ) ꯀꯣꯛꯍꯟꯕ ꯉꯝꯃꯤ ꯍꯥꯏꯅꯤ꯫

ꯅꯨꯡꯒꯥꯔꯩ ꯅꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯑꯇꯦꯟꯕ ꯃꯈꯣꯛꯇ ꯑꯉꯧꯕ ꯅꯠꯇ-

꯭ꯔꯒ ꯑꯉꯥꯡꯕ ꯃꯆꯨꯒꯤ ꯑꯀꯨꯞꯄ ꯂꯩ ꯀꯌꯥꯃꯔꯨꯝ ꯖꯨꯂꯥꯏ ꯊꯥꯒꯤ ꯃꯇꯝꯗ
ꯁꯥꯠꯂꯤ ꯑꯗꯨꯒ ꯁꯦꯞꯇꯦꯝꯕꯔ ꯊꯥꯗ ꯃꯇꯨꯝ ꯇꯥꯔꯞ ꯇꯧꯕ ꯍꯩꯈꯥ ꯑꯄꯠꯄꯤ
ꯃꯆꯨꯒꯤ ꯑꯄꯤꯛꯄ ꯃꯍꯩꯁꯤꯡ ꯄꯥꯜꯂꯤ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤꯒꯤ ꯃꯔꯥꯁꯤꯡ
ꯑꯗꯨ ꯍꯪꯒꯥꯝ ꯃꯨꯂꯥ ꯃꯎ (Root) ꯑꯃꯒꯨꯝꯅ ꯉꯧꯔꯣꯛ ꯉꯧꯕ ꯃꯆꯨꯒꯤ
ꯃꯇꯣꯟ ꯑꯅꯤꯃꯛ ꯍꯨꯏꯊꯗꯨꯅ ꯄꯥꯝꯕꯤ ꯑꯃꯗ ꯃꯔꯥ 100 ꯔꯣꯝ ꯄꯥꯜꯂꯤ꯫

ꯃꯔꯝ ꯑꯁꯤꯗꯒꯤ ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯍꯟꯗ꯭ꯔꯦ ꯔꯨꯠꯁ
(Hundred roots) ꯍꯥꯏꯅꯁꯨ ꯀꯧꯅꯩ꯫ ꯀꯅꯥꯒꯨꯝꯕꯅꯁꯨ ꯄꯥꯝꯕꯤ ꯑꯁꯤꯕꯨ
ꯅꯨꯄꯥ 100 ꯂꯩꯕꯤ ꯅꯨꯄꯤ (ꯃ ꯦꯃꯛꯧ who ꯩꯍꯀꯀꯅꯀꯀꯅꯀ ꯃ hundred

husbands) ꯍꯥꯏꯅꯁꯨ ꯁꯛꯇꯥꯛꯅꯩ꯫ ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤ
ꯑꯁꯤ ꯀꯨꯝꯖꯥ 1799 ꯗ ꯏꯍꯥꯟ ꯍꯥꯟꯕ ꯑꯣꯏꯅ ꯅꯩꯅꯈꯤ꯫

ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯏꯟꯗꯤꯌꯥ, ꯅꯦꯄꯥꯜ, ꯁ꯭ꯔꯤ ꯂꯪꯀꯥ
ꯑꯃꯁꯨꯡ ꯍꯤꯃꯥꯂꯌꯒꯤ ꯑꯌꯥꯝꯕ ꯃꯐꯝꯁꯤꯡꯗ ꯃꯍꯧꯁꯥꯒꯤ ꯑꯣꯏꯅ ꯍꯧ-

ꯕꯒꯤ ꯄꯥꯎꯗꯝꯁꯤꯡ ꯂꯩ꯫ ꯄꯥꯎꯗꯝꯁꯤꯡꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ
ꯄꯥꯝꯕꯤꯒꯤ ꯃꯔꯥꯗ ꯌꯥꯎꯕ ꯃꯔꯨꯑꯣꯏꯕ ꯀꯝꯄꯥꯎꯟ ꯑꯗꯨꯗꯤ Asparagin

A eg! aKgxg aFdf Steroidal Saponins, Shatavaro-

side A, Shatavaroside B, Filiasparoside C, Shatava-

rins, Immunoside [aKbi Schidigerasaponin D5 [Kg

ꯌꯥꯎꯕꯒꯤ ꯄꯥꯎꯗꯝꯁꯤꯡ ꯂꯩ꯫

ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯏꯟꯗꯤꯌꯥꯗ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯍꯦꯟꯅ
ꯍꯤꯗꯥꯛ ꯀꯥꯟꯅꯔꯕ ꯄꯥꯝꯕꯤꯁꯤꯡꯒꯤ ꯃꯔꯛꯇ ꯊꯣꯏꯗꯣꯛꯅ ꯁꯤꯡꯊꯥꯅꯩ
ꯑꯃꯁꯨꯡ ꯏꯟꯗꯤꯌꯥ ꯂꯩꯉꯥꯛꯀꯤ ꯑꯌꯨꯁ ꯗꯤꯄꯥꯔꯠꯃꯦꯟꯠꯀꯤ ꯃꯈꯥꯗ ꯂꯩꯕ

National Medicinal Plants Board e SD_kTrxg ajb[OTjl

ꯍꯥꯏꯅ ꯈꯟꯒꯠꯂꯕ ꯍꯤꯗꯥꯛ ꯄꯥꯝꯕꯤ 32 ꯒꯤ ꯃꯅꯨꯡꯗ ꯑꯃ ꯑꯣꯏꯔꯤꯕꯅꯤ꯫

TErg\kxg \kAe mgjq Ayurveda, Unani [aKbi Siddha

ꯅꯆꯤꯡꯕ ꯑꯅꯥ ꯂꯥꯌꯦꯡꯁꯤꯡꯗ ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕ ꯤꯑꯁꯤ ꯌꯥꯝꯅ
ꯆꯥꯎꯕ ꯃꯐꯝ ꯑꯃ ꯀꯟꯗꯨꯅ ꯂꯥꯛꯂꯤ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤꯗ ꯃꯤꯑꯣꯏꯕꯒꯤ ꯃꯊꯧ
ꯇꯥꯕ ꯄꯣꯠꯆꯥꯛꯁꯤꯡ ꯑꯃꯁꯨꯡ ꯃꯊꯧꯁꯤꯡ - ꯙꯍꯀꯃ (ꯃꯍꯥꯎ), Mad-

hura (ꯑꯊꯨꯝꯕ), Tikta (ꯑꯈꯥꯕ), Virya (ꯁꯛꯇꯤ), Shita (ꯑꯏꯪꯕ),

Vipak (ꯆꯥꯕ ꯇꯨꯝꯍꯟꯕ) ꯃꯒꯨꯟꯁꯤꯡ ꯑꯁꯤ ꯄꯨꯟꯅ ꯌꯥꯎꯏ ꯍꯥꯏꯅ ꯄꯥ-

ꯎꯗꯝꯂꯤ꯫

ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤꯒꯤ ꯍꯤꯗꯥꯛꯀꯤ ꯑꯣꯏꯕ ꯊꯣꯏꯗꯣꯛ
ꯍꯦꯟꯗꯣꯛꯄ ꯃꯒꯨꯟꯁꯤꯡꯒꯤ ꯃꯅꯨꯡꯗ ꯅꯨꯄꯤ- ꯅꯨꯄꯥꯒꯤ ꯐꯝꯕꯤ ꯐꯒꯠꯍ-

ꯟꯕ ꯉꯝꯕ ꯑꯁꯤ ꯁꯤꯡꯊꯥꯅꯩ꯫ ꯅꯨꯄꯤꯅ ꯃꯤꯔꯣꯟꯕ ꯉꯝꯗꯕ, ꯃꯁꯥ ꯁꯣꯟꯊꯕ,
ꯑꯉꯥꯡ ꯂꯥꯏꯌꯩ ꯆꯠꯀꯟꯕ, ꯊꯥꯒꯤ ꯈꯣꯡꯀꯥꯞ ꯆꯥꯡ ꯅꯥꯏꯗꯕ, ꯐꯤꯉꯧ ꯆꯠꯄ
ꯑꯃꯁꯨꯡ ꯅꯨꯄꯤꯒꯤ ꯑꯉꯥꯡ ꯄꯣꯛꯅꯕ ꯊꯣꯡꯗ ꯅꯥꯒꯟꯕ ꯂꯥꯏꯅꯥꯁꯤꯡ ꯑꯁꯤ
ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯔꯥ ꯑꯗꯨꯗ ꯁꯨꯒꯥꯏꯔꯒ ꯅꯠꯇ꯭ꯔꯒ ꯇꯛꯈꯥ-

ꯏꯔꯒ ꯂꯧꯕ ꯑꯅꯪꯕ ꯃꯍꯤ ꯑꯗꯨꯗ ꯈꯣꯏꯍꯤ ꯈꯔ ꯍꯥꯞꯇꯨꯅ ꯆꯥꯡ ꯅꯥꯏꯅ ꯄꯤ-

ꯖꯗꯨꯅ ꯂꯥꯌꯦꯡꯅꯩ꯫ ꯑꯇꯣꯞꯄ ꯄꯥꯝꯕꯤꯁꯤꯡ ꯌꯥꯟꯁꯤꯟꯅꯔꯒꯁꯨ ꯁꯤꯖꯤꯟꯅꯩ꯫

ꯍꯥꯏꯔꯤꯕ ꯑꯁꯦꯝꯕ ꯑꯗꯨ ꯄꯤꯖꯕꯗ ꯅꯨꯄꯥꯒꯤ ꯐꯝꯕꯤ ꯀꯪꯕ ꯑꯗꯨꯗ ꯍꯥꯏꯅ-

ꯤꯡꯉꯥꯏ ꯂꯩꯇꯅ ꯀꯥꯟꯅꯕꯒꯤ ꯄꯥꯎꯗꯝꯁꯨ ꯂꯩ꯫ ꯅꯨꯄꯤꯅ ꯊꯥꯒꯤ ꯈꯣꯡꯀꯥꯞ ꯆꯥꯡ
ꯌꯥꯝꯅ ꯍꯦꯟꯅ ꯆꯠꯄꯗ ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯔꯥ ꯑꯗꯨ ꯁꯪꯒꯣꯝꯗ
ꯐꯨꯠꯂꯒ ꯂꯧꯕ ꯃꯍꯤ ꯑꯗꯨ ꯄꯤꯊꯛꯇꯨꯅ ꯌꯥꯝꯅ ꯀꯨꯏꯔꯕ ꯃꯇꯝꯗꯒꯤ ꯂꯥꯌ
ꯦꯡꯅꯔꯛꯂꯤ꯫ ꯍꯥꯏꯔꯤꯕ ꯑꯁꯦꯝꯕ ꯃꯍꯤ ꯑꯗꯨ ꯄꯤꯊꯛꯄꯗ ꯆꯥꯕꯣꯛꯂꯤꯕꯤ
ꯅꯨꯄꯤꯁꯤꯡꯅ ꯈꯣꯝꯂꯥꯡ ꯑꯗꯨ ꯆꯥꯡ ꯅꯥꯏꯅ ꯑꯃꯗꯤ ꯃꯄꯨꯡ ꯐꯥꯅ ꯊꯣꯛꯍꯟꯕ
ꯉꯝꯕꯒꯤ ꯄꯥꯎꯗꯝꯁꯨ ꯂꯩ꯫

ꯃꯁꯤꯒꯤ ꯃꯊꯛꯇ ꯑꯁꯦꯝꯕ ꯃꯍꯤ ꯑꯁꯤꯅ ꯅꯨꯄꯤꯒꯤ ꯊꯥꯒꯤ
ꯈꯣꯡꯀꯥꯞ ꯈꯝꯂꯛꯄ ꯃꯇꯝꯗ (Monopause) ꯍꯛꯆꯥꯡꯗ ꯊꯣꯛꯍ-

ꯟꯕ ꯅꯨꯡꯉꯥꯏꯇꯕ ꯑꯃꯗꯤ ꯑꯃꯥꯡ ꯑꯇꯥꯁꯤꯡ ꯑꯁꯤꯗꯁꯨ ꯀꯥꯟꯅꯕ WM

ꯄꯤꯕ ꯉꯝꯃꯤ꯫ ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯔꯥ ꯑꯁꯤ ꯃꯤꯑꯣꯏꯕꯒꯤ
ꯑꯅꯥ ꯑꯌꯦꯛ ꯉꯥꯛꯊꯣꯛꯄ ꯉꯝꯕ (Immune system) ꯑꯁꯤꯒꯤ
ꯃ꯭ꯇ ꯆꯥꯕꯁꯨ ꯇꯨꯝꯍꯜꯂꯤ꯫ ꯀꯅꯥꯒꯨꯝꯕ ꯃꯤꯑꯣꯏ ꯑꯃ ꯌꯥꯝꯅ ꯇꯣꯏꯅ ꯊꯖꯤꯟ
ꯁꯧꯒꯠꯄ ꯑꯃꯗꯤ ꯑꯁꯤꯟꯕ ꯈꯦꯒꯠꯂꯕꯗꯤ ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤꯒꯤ
ꯃꯔꯥ ꯑꯀꯪꯕ ꯑꯗꯨ ꯀꯨꯞꯅ ꯇꯛꯈꯥꯏꯔꯒ ꯂꯨꯝꯕꯨ ꯂꯨꯝꯕꯨ ꯁꯥꯕ ꯁꯪꯒꯣꯝꯒ \

ꯥꯟꯅꯔꯒ ꯄꯤꯊꯛꯄꯗ ꯊꯣꯏꯗꯣꯛꯅ ꯀꯥꯟꯅꯒꯅꯤ꯫ ꯍꯥꯏꯔꯤꯕ ꯑꯁꯤꯅ
ꯍꯛꯆꯥꯡꯒꯤ ꯇꯣꯡꯁꯥ (Muscle) ꯃꯄꯥꯡꯒꯜ ꯀꯟꯅ ꯊꯝꯕ ꯉꯝꯕꯒꯤ
ꯃꯊꯛꯇ ꯃꯤꯠ ꯑꯁꯤꯁꯨ ꯃꯄꯥꯡꯒꯜ ꯀꯟꯅ ꯊꯝꯕ ꯉꯝꯃꯤ꯫ ꯍꯔꯥ ꯀꯪꯈꯨ
ꯈꯨꯕ, ꯇꯤ ꯕꯤ (TB) ꯊꯨꯡꯕ, ꯂꯣꯛ ꯈꯨꯕ, ꯑꯄꯣꯝ ꯑꯇꯪ ꯇꯧꯕ, ꯅꯤꯡꯁ-

ꯤꯡꯕꯒꯤ ꯃꯄꯥꯡꯒꯜ ꯁꯣꯟꯊꯕ, ꯇꯨꯝꯕ ꯌꯥꯗꯕ, ꯊꯃꯣꯏ ꯁꯣꯟꯊꯕ, ꯏꯁꯤꯡ
ꯌꯥꯐꯝ ꯇꯧꯕ, ꯏꯁꯤꯡ ꯃꯔꯤ ꯑꯃꯁꯨꯡ ꯀꯤꯗꯅꯤꯗ ꯅꯨꯡ ꯂꯩꯕ ꯑꯁꯤꯅꯆꯤꯡꯕꯗ
ꯂꯥꯌꯦꯡ ꯍꯤꯗꯥꯛ ꯑꯣꯏꯅ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯐꯨꯒ꯭ꯔꯤ ꯃꯈꯜ ꯀꯌꯥꯃꯔꯨꯝꯗ ꯅꯨꯡꯒꯥꯔꯩ
ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯅꯥ ꯁꯨꯒꯥꯏꯔꯒ ꯁꯦꯝꯕ ꯃꯂꯝ ꯑꯗꯨ ꯇꯩꯗꯨꯅ ꯂꯥꯌꯦꯡꯅꯩ꯫

ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ ꯄꯥꯝꯕꯤꯒꯤ ꯑꯅꯧꯕ ꯃꯇꯣꯟ (Tender Shoot) ꯑꯗꯨ
ꯌꯥꯝꯅ ꯍꯥꯎꯕ ꯃꯊꯦꯜ ꯑꯃ ꯑꯣꯏꯅ ꯍꯣꯇꯦꯜꯁꯤꯡꯗ ꯌꯥꯝꯅ ꯄꯥꯝꯅ ꯄꯤꯖꯅꯩ꯫

‘ꯃꯤ ꯑꯣꯏꯅ ꯍꯤꯡꯕꯁꯤ ꯑꯁꯨꯝ ꯇꯨꯀꯠꯆꯔꯛꯏ’

ꯍꯤꯗꯥꯛ ꯀꯥꯟꯅꯔꯕ ꯄꯥꯝꯕꯤꯁꯤꯡ: ꯅꯨꯡꯒꯥꯔꯩ ꯅꯥꯆꯥꯎꯕꯤ
ꯁꯤ ꯑꯦꯁ ꯑꯥꯏ ꯑꯥꯔ: ꯅꯣꯔꯠ TKG ꯏꯟꯁꯇꯤꯇ꯭ꯌꯨꯠ ꯑꯣꯐ ꯁꯥꯏꯟꯁ ꯑꯦꯟꯗ ꯇꯦꯛꯅꯣꯂꯣꯖꯤ, ꯂꯝꯐꯦꯜꯄꯥꯠ
ꯊꯋꯥꯟ
ꯗꯥ. ꯍꯨꯏꯗ꯭ꯔꯣꯝ ꯕꯤꯔꯀꯨꯃꯥꯔ