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HUEIYEN LANPAO

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ꯋꯥꯔꯤ ꯑꯃꯁꯨꯡ ꯈꯨꯠꯌꯦꯛ ꯁꯝꯁꯟ ꯁꯂꯥꯝ
ꯁꯥ ꯄꯣꯂꯥꯡꯁꯤꯒ ꯌꯨ ꯆꯐꯨꯁꯤꯒ ꯊꯛꯄ ꯉꯝꯕ ꯃꯤꯗꯣ
ꯊꯣꯔꯛꯇꯨꯅ ꯑꯩꯒꯤ ꯏꯆꯥꯕꯨ ꯀꯜꯂꯣꯂꯥꯎ
ꯀꯅꯥꯝꯇ ꯂꯩꯇ꯭ꯔꯕꯔꯥ ꯈꯨꯟꯁꯤꯗ ꯑꯀꯟꯕ,
ꯀꯅꯥꯅꯣꯝꯇꯗꯤ ꯊꯣꯔꯛꯑꯣ꯫

ꯃꯌꯥꯝꯗꯨ ꯍꯤꯡꯆꯥꯕ ꯀꯤꯕꯗꯒꯤ ꯀꯅꯥꯝꯇ
ꯊꯣꯔꯛꯂꯝꯗꯦ꯫

ꯃꯣꯇꯦ ꯑꯦꯟꯗ ꯀꯣꯄꯨ (ꯑꯅꯥꯜ ꯐꯣꯛ ꯇꯦꯜ)
ꯁ꯭ꯇꯣꯔꯤ ꯑꯃꯁꯨꯡ ꯑꯥꯔꯠ : ꯁꯝꯁꯟ ꯁꯂꯥꯝ
ꯄꯤꯔꯤꯕ ꯗꯣꯠꯁꯤꯡ ꯁꯝꯖꯤꯟꯅꯔꯒ,
ꯂꯥꯏ ꯑꯁꯤ ꯃꯄꯨꯡ ꯐꯥꯍꯜꯂꯨ
ꯀꯔꯝꯅ ꯅꯨꯃꯤꯗꯥꯡꯒꯤ ꯃꯇꯝꯗ
ꯐꯃꯨꯡꯗ ꯐꯪꯂꯒ ꯇꯨꯝꯊꯕ
ꯉꯝꯗꯅ ꯃꯤꯠ ꯂꯥꯎꯅ ꯄꯥꯡꯂꯒ ꯂꯩꯕ
ꯍꯥꯏꯕꯁꯤ ꯊꯦꯡꯅꯗ꯭ꯔꯤꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯅꯗꯤ
ꯈꯪꯂꯝꯂꯣꯏ꯫ ꯑꯗꯨꯕꯨ ꯇꯣꯏꯅ ꯊꯦꯡꯅꯔꯕ
ꯃꯤꯑꯣꯏꯁꯤꯡꯒꯤꯗꯃꯛꯇꯗꯤ ꯌꯥꯝꯅ
ꯑꯋꯥꯕꯒꯤ ꯃꯁꯛꯅꯤ, ꯑꯃꯗꯤ ꯅꯣꯡ
ꯉꯥꯜꯂꯒ ꯇꯧꯒꯗꯕ ꯊꯕꯛ ꯊꯧꯔꯝ ꯀꯌꯥꯗꯁꯨ
ꯑꯀꯥꯏꯕ ꯑꯣꯏꯒꯗꯧꯔꯤꯕꯅꯤ꯫ ꯇꯨꯝꯕ
ꯌꯥꯗꯕꯒꯤ ꯈꯨꯗꯣꯡꯆꯥꯗꯕ ꯀꯣꯛꯍꯟꯅꯕꯒꯤ
ꯄꯥꯝꯕꯩ ꯍꯤꯗꯥꯛ-ꯂꯥꯡꯊꯛ ꯆꯥꯗꯨꯅ ꯇꯨꯝꯍꯟꯕ
ꯍꯥꯏꯕꯁꯤꯗꯤ ꯇꯨꯡ ꯀꯣꯏꯅ ꯆꯠꯀꯗꯕ ꯄꯥꯝꯕꯩꯗꯤ ꯅꯠꯇꯦ꯫
ꯇꯨꯝꯕ ꯌꯥꯗꯕꯒꯤ ꯑꯋꯥꯕ ꯊꯦꯡꯅꯔꯤꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯅ ꯍꯤꯗꯥꯛ ꯂꯥꯛꯊꯛ
ꯁꯤꯖꯤꯟꯅꯗꯅ ꯃꯊꯟꯅꯇ ꯇꯨꯝꯊꯖꯈꯤꯅꯕ ꯄꯥꯝꯕꯩ ꯅꯩꯅꯃꯤꯟꯅꯁꯤ꯫ ꯄꯥꯝꯕꯩꯁꯤꯡ
ꯑꯁꯤ ꯃꯤꯑꯣꯏ ꯑꯃꯒ ꯃꯤꯑꯣꯏ ꯑꯃꯒꯒꯤ ꯃꯔꯛꯇ ꯀꯥꯟꯅꯕ ꯐꯪꯕꯒꯤ ꯃꯑꯣꯡ
ꯈꯦꯟꯅꯕ ꯌꯥꯏ; ꯃꯔꯝ ꯑꯗꯨꯅ ꯏꯁꯥꯅ ꯀꯥꯟꯅꯕ ꯄꯥꯝꯕꯩ ꯑꯗꯨ ꯅꯤꯡꯊꯤꯅ ꯊꯤꯗꯣꯛꯄ
ꯃꯊꯧ ꯇꯥꯏ꯫
ꯇꯨꯝꯕꯒꯤ ꯐꯤꯚꯝ ꯐꯒꯠꯍꯟꯅꯕ ꯄꯥꯝꯕꯩ ꯀꯌꯥꯃꯔꯨꯝ ꯂꯩ:
ꯆꯥꯡ ꯅꯥꯏꯕ ꯇꯨꯝꯕꯒꯤ ꯄꯦꯇꯔꯟ ꯑꯃ ꯁꯦꯝꯕ-
ꯅꯨꯃꯤꯗꯥꯡ ꯈꯨꯗꯤꯡꯒꯤ ꯐꯃꯨꯡꯗ ꯆꯪꯕꯗ ꯃꯇꯝ ꯃꯥꯟꯅꯗꯕ ꯍꯥꯏꯕꯁꯤ ꯃꯤꯑꯣꯏ
ꯀꯌꯥꯒꯤ ꯍꯩꯅꯕꯤꯅꯤ꯫ ꯑꯗꯨꯕꯨ ꯇꯨꯝꯕꯒꯤ ꯄꯦꯇꯔꯟ ꯆꯥꯡ ꯅꯥꯏꯗꯕꯁꯤꯅ ꯃꯔꯝ Aoirg
ꯇꯨꯝꯕꯗ ꯑꯀꯥꯏꯕ ꯊꯣꯛꯍꯜꯂꯤ, ꯃꯔꯝꯗꯤ ꯃꯁꯤꯅ ꯍꯛꯆꯥꯡꯒꯤ ꯁꯔꯀꯦꯗꯤꯌꯟ
ꯔꯤꯗꯝꯗ ꯑꯀꯥꯏꯕ ꯊꯣꯛꯍꯜꯂꯤ꯫
ꯁꯔꯀꯦꯗꯤꯌꯟ ꯔꯤꯗꯝ ꯍꯥꯏꯕꯗꯤ ꯅꯣꯡꯃꯒꯤ ꯑꯣꯏꯕ ꯁꯥꯏꯀꯜ ꯑꯃꯒꯤ
ꯃꯅꯨꯡꯗ ꯂꯩꯕ ꯑꯈꯟꯅꯕ ꯕꯤꯍꯦꯕꯤꯌꯔꯦꯜ, ꯐꯤꯖꯤꯀꯦꯜ ꯑꯃꯗꯤ ꯃꯦꯟꯇꯦꯜꯒꯤ
ꯑꯣꯏꯕ ꯑꯍꯣꯡꯕꯁꯤꯡꯅꯤ꯫ ꯁꯔꯀꯦꯗꯤꯌꯟ ꯔꯤꯗꯝꯒꯤ ꯄ꯭ꯔꯥꯏꯃꯥꯔꯤ ꯐꯪꯛꯁꯟ
ꯑꯃ ꯍꯥꯏꯕ ꯇꯥꯔꯒꯗꯤ ꯑꯩꯈꯣꯏꯒꯤ ꯍꯛꯆꯥꯡ ꯑꯁꯤ ꯇꯨꯝꯕ ꯌꯥꯔꯕꯔꯥ ꯅꯠꯇ꯭ꯔꯒꯅ
ꯌꯥꯗ꯭ꯔꯤꯕꯔꯥ ꯍꯥꯏꯅ ꯂꯦꯞꯄ ꯑꯁꯤꯅꯤ꯫ ꯃꯁꯤ ꯇꯨꯝꯕ ꯑꯃꯁꯨꯡ ꯍꯧꯒꯠꯄꯒꯤ
ꯊꯧꯑꯣꯡ ꯑꯣꯏꯍꯅꯕ ꯍꯣꯔꯃꯣꯟꯕꯨ ꯊꯥꯗꯣꯛꯂꯤꯕ ꯍꯛꯆꯥꯡꯒꯤ ꯕꯥꯏꯑꯣꯂꯣꯖꯤꯀꯦꯜ
ꯀ꯭ꯂꯣꯛ ꯑꯃꯅ ꯌꯥꯝꯅ ꯑꯀꯟꯕ ꯃꯑꯣꯡꯗ ꯏꯟꯐ꯭ꯂꯨꯑꯦꯟꯁ ꯇꯧꯏ꯫
ꯅꯨꯃꯤꯗꯥꯡ ꯈꯨꯗꯤꯡꯒꯤ ꯆꯞ ꯃꯥꯟꯅꯕ ꯃꯇꯝ ꯑꯃꯗ ꯇꯨꯝꯕ ꯆꯪꯕꯅ ꯍꯛꯆꯥꯡꯒꯤ
ꯕꯥꯏꯑꯣꯂꯣꯖꯤꯀꯦꯜ ꯀ꯭ꯂꯣꯛ ꯑꯗꯨꯅ ꯑꯩꯈꯣꯏꯕꯨ ꯀꯔꯝꯕ ꯃꯇꯝꯗ ꯇꯨꯝꯒꯗꯒꯦ
ꯍꯥꯏꯕꯗꯨ ꯂꯦꯞꯄꯗ ꯃꯇꯦꯡ ꯄꯥꯡꯏ꯫
ꯃꯩ ꯃꯨꯠꯊꯠꯄ-
ꯁꯔꯀꯦꯗꯤꯌꯟ ꯔꯤꯗꯝ ꯑꯁꯤ ꯃꯉꯥꯜꯒꯨꯝꯕ ꯀ꯭ꯌꯨꯁꯤꯡꯅꯁꯨ ꯏꯟꯐ꯭ꯂꯨꯌꯦꯟꯁ ꯇꯧꯏ,
ꯃꯁꯤꯅ ꯍꯛꯆꯥꯡꯗ ꯅꯨꯃꯤꯗꯥꯡꯒꯤ ꯃꯇꯝ ꯑꯣꯏꯔꯦ ꯍꯥꯏꯅ ꯂꯦꯞꯄ ꯉꯝꯍꯜꯂꯤꯕꯅꯤ꯫
ꯐꯃꯨꯡꯗ ꯇꯨꯝꯕ ꯆꯪꯕ ꯃꯇꯝꯗ ꯌꯥꯔꯤꯕꯃꯈꯩ ꯃꯝꯍꯟꯕꯅ ꯇꯨꯝꯊꯍꯟꯕꯗ ꯃꯇꯦꯡ
ꯄꯥꯡꯏ꯫
ꯅꯨꯡꯊꯤꯜ ꯇꯨꯝꯕ ꯇꯣꯛꯄ-
ꯅꯨꯡꯊꯤꯜꯒꯤ ꯃꯇꯝꯗ ꯇꯨꯝꯕ ꯃꯔꯨꯑꯣꯏꯅ ꯄꯨꯡ ꯑꯅꯤꯗꯒꯤ ꯍꯦꯟꯅ ꯅꯠꯇ꯭ꯔꯒꯅ
ꯃꯁꯤꯒ ꯅꯛꯅꯅ ꯇꯨꯝꯕꯅꯁꯨ ꯁꯔꯀꯦꯗꯤꯌꯟ ꯔꯤꯗꯝꯗ ꯑꯀꯥꯏꯕ ꯊꯣꯛꯍꯜꯂꯤ꯫
ꯁ꯭ꯇꯗꯤ ꯑꯃꯗꯒꯤ ꯈꯪꯕ ꯉꯝꯈ꯭ꯔꯦ ꯃꯗꯨꯗꯤ ꯆꯌꯣꯜ ꯑꯃꯗ ꯑꯍꯨꯝꯂꯛꯇꯒꯤ
ꯇꯥꯗꯅ ꯅꯨꯡꯊꯤꯜꯒꯤ ꯃꯇꯝꯗ ꯄꯨꯡ 2 ꯇꯨꯝꯕ ꯅꯠꯇ꯭ꯔꯒꯅ ꯅꯨꯃꯤꯗꯥꯡꯋꯥꯏꯔꯝꯒꯤ
ꯃꯇꯝꯗ ꯇꯨꯝꯕ ꯃꯍꯩꯔꯣꯏꯁꯤꯡ ꯑꯇꯣꯞꯄ ꯃꯍꯩꯔꯣꯏꯁꯤꯡꯒ ꯌꯦꯡꯅꯕꯗ ꯇꯨꯝꯕꯒꯤ
ꯀ꯭ꯋꯥꯂꯤꯇꯤ ꯅꯦꯝꯃꯤ꯫
ꯅꯨꯃꯤꯗꯥꯡꯒꯤ ꯃꯇꯝꯗ ꯅꯤꯡꯊꯤꯅ ꯇꯨꯝꯕ ꯌꯥꯗ꯭ꯔꯕꯗꯤ ꯃꯊꯪꯒꯤ ꯅꯨꯃꯤꯠꯀꯤ
ꯅꯨꯡꯊꯤꯜꯒꯤ ꯃꯇꯝꯗ ꯃꯔꯨꯑꯣꯏꯅ
ꯅꯨꯃꯤꯗꯥꯡꯋꯥꯏꯔꯝꯗ ꯌꯥꯝꯅ ꯁꯥꯡꯅ
ꯇꯨꯝꯅꯤꯡꯕ ꯐꯥꯎꯔꯛꯏ꯫ ꯑꯗꯨꯕꯨ ꯑꯁꯨꯝꯅ
ꯇꯨꯝꯅꯤꯡꯂꯛꯄ ꯃꯇꯝꯁꯤꯗ ꯈꯥꯡꯂꯒ
ꯇꯨꯝꯗꯅ ꯂꯩꯕ ꯉꯝꯈ꯭ꯔꯕꯗꯤ ꯇꯨꯝꯕꯒꯤ
ꯁꯥꯏꯀꯜ ꯑꯗꯨ ꯑꯗꯨꯝ ꯅꯤꯡꯊꯤꯅ ꯂꯩꯍꯟꯕ
ꯉꯝꯃꯤ꯫
ꯍꯛꯆꯥꯡ-ꯁꯥꯖꯦꯜ ꯇꯧꯕ:
ꯍꯛꯆꯥꯡ ꯁꯥꯖꯦꯜ ꯇꯧꯕꯅ ꯇꯨꯝꯕ
ꯅꯨꯡꯉꯥꯏꯍꯜꯂꯤ ꯍꯥꯏꯕꯁꯤ ꯈꯪꯅꯔꯕ
ꯋꯥꯐꯝꯅꯤ꯫ ꯁ꯭ꯇꯗꯤ ꯑꯃꯗ ꯇꯨꯝꯕꯒ
ꯃꯔꯤ ꯂꯩꯅꯕ ꯈꯨꯗꯣꯡꯆꯥꯗꯕ ꯊꯦꯡꯅꯕ, ꯆꯍꯤ 40 ꯒꯤ ꯃꯊꯛꯇ ꯂꯩꯕ ꯃꯤꯑꯣꯏ
305ꯗ ꯆꯥꯡꯌꯦꯡ ꯇꯧꯗꯨꯅ ꯌꯦꯡꯕꯗ ꯃꯌꯥꯏ ꯑꯣꯏꯔꯞꯄ ꯆꯥꯡꯗ ꯅꯠꯇ꯭ꯔꯒꯅ
ꯑꯀꯟꯕ ꯃꯑꯣꯡꯗ ꯍꯛꯆꯥꯡ ꯁꯥꯖꯦꯜ ꯇꯧꯕꯅ ꯃꯤꯑꯣꯏꯁꯤꯡ ꯑꯨꯗꯒꯤ ꯇꯨꯝꯕꯒꯤ
ꯐꯤꯚꯝ ꯐꯒꯠꯍꯟꯕ ꯉꯝꯈꯤ꯫ ꯃꯤꯑꯣꯏꯁꯤꯡ ꯑꯗꯨꯅ ꯇꯨꯝꯕ ꯌꯥꯗꯕꯒꯤ ꯍꯤꯗꯥꯛ
ꯆꯥꯕꯒꯤ ꯆꯥꯡꯁꯨ ꯍꯟꯊꯔꯛꯄ ꯊꯦꯡꯅꯈꯤ꯫ ꯅꯨꯡꯇꯤꯒꯤ ꯃꯥꯟꯟꯗꯕ ꯃꯇꯝꯗ
ꯍꯛꯆꯥꯡ ꯁꯥꯖꯦꯜ ꯇꯧꯕꯅ ꯇꯨꯝꯕꯒꯤ ꯐꯤꯚꯝꯗ ꯑꯍꯣꯡꯕ ꯂꯩꯍꯟꯕꯔꯥ ꯍꯥꯏꯕꯁꯤꯗꯤ
ꯆꯞ ꯆꯥꯅ ꯈꯪꯕ ꯉꯝꯗ꯭ꯔꯤ꯫
ꯃꯣꯕꯥꯏꯜ ꯁꯤꯖꯤꯟꯅꯗꯕ:
ꯇꯨꯝꯕꯒꯤ ꯃꯇꯝꯗ ꯃꯣꯕꯥꯏꯜ ꯁꯤꯖꯤꯟꯅꯕꯅ ꯇꯨꯝꯕꯗ ꯑꯀꯥꯏꯕ ꯄꯤ ꯅꯠꯇ꯭ꯔꯒꯅ
ꯄꯤꯗꯦ ꯍꯥꯏꯕꯒꯤ ꯃꯇꯥꯡꯗ ꯍꯧꯖꯤꯛ ꯍꯧꯖꯤꯛ ꯋꯥꯐꯝ ꯀꯌꯥ ꯐꯣꯡꯗꯣꯛꯅꯔꯤ꯫
ꯀꯣꯂꯦꯖꯒꯤ ꯃꯍꯩꯔꯣꯏꯁꯤꯡꯗ ꯆꯠꯊꯈꯤꯕ ꯁ꯭ꯇꯗꯤ ꯑꯃꯗ ꯐꯣꯟ ꯁꯤꯖꯤꯟꯅꯕꯗ
ꯑꯗꯤꯛꯠ ꯑꯣꯏꯕ ꯃꯍꯩꯔꯣꯏꯁꯤꯡ ꯇꯨꯝꯕꯒꯤ ꯀ꯭ꯋꯥꯂꯤꯇꯤ ꯋꯥꯠꯄ ꯊꯦꯡꯅꯈꯤ꯫
ꯑꯗꯨꯕꯨ ꯃꯈꯣꯏꯅ ꯀꯌꯥꯝ ꯀꯨꯏꯅ ꯇꯨꯝꯕꯒꯦ ꯍꯥꯏꯕꯗꯨꯗꯗꯤ ꯑꯍꯣꯡꯕ ꯂꯩꯇꯦ꯫
ꯍꯧꯖꯤꯛ ꯆꯠꯊꯔꯤꯕ ꯁ꯭ꯇꯗꯤ ꯑꯌꯥꯝꯕꯅ ꯃꯍꯩꯔꯣꯏ ꯑꯃꯗꯤ ꯅꯍꯥ ꯑꯣꯏꯔꯤ
ꯃꯤꯑꯣꯏꯁꯤꯡꯗ ꯆꯠꯊꯕ ꯉꯥꯛꯇꯅꯤ, ꯃꯔꯝ ꯑꯗꯨꯅ ꯐꯥꯏꯟꯗꯤꯡꯁꯤꯡ ꯑꯁꯤ ꯑꯍꯜ
ꯑꯣꯏꯔꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯒꯤꯁꯨ ꯃꯥꯟꯅꯒꯗ꯭ꯔꯥ ꯍꯥꯏꯕꯗꯨꯗꯤ ꯆꯞ ꯆꯥꯅ ꯈꯪꯕ ꯉꯝꯗ꯭ꯔꯤ꯫
ꯂꯥꯏꯔꯤꯛ ꯄꯥꯕ:
ꯂꯥꯏꯔꯤꯛ ꯄꯥꯕꯅ ꯋꯥꯈꯜ ꯄꯣꯠꯊꯥꯍꯟꯕꯒ ꯂꯣꯏꯅꯅ ꯋꯥꯈꯜꯗ ꯂꯩꯔꯝꯕ ꯑꯋꯥꯕ
ꯅꯨꯡꯉꯥꯏꯇꯕ ꯋꯥꯈꯜꯁꯤꯡꯁꯨ ꯀꯣꯛꯍꯟꯗꯨꯅ ꯇꯨꯝꯕꯒꯤ ꯐꯤꯚꯝ ꯐꯒꯠꯍꯟꯕꯗ
ꯃꯇꯦꯡ ꯄꯥꯡꯕ ꯌꯥꯏ꯫ ꯇꯨꯝꯕ ꯃꯇꯝꯗ ꯊꯝꯃꯣꯏ ꯁꯣꯛꯀꯗꯕ ꯅꯠꯇ꯭ꯔꯒꯅ ꯑꯋꯥꯕ
ꯋꯥꯔꯤꯗꯤ ꯄꯥꯗꯕꯅ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯐꯩ꯫
ꯀꯦꯐꯤꯟ ꯁꯤꯖꯤꯟꯅꯔꯣꯏꯗꯕꯅꯤ:

ꯀꯦꯐꯤꯟ ꯍꯥꯏꯕꯁꯤ ꯁ꯭ꯇꯤꯃ꯭ꯌꯨꯂꯦꯟꯠ ꯑꯃꯅꯤ꯫ ꯃꯁꯤꯅ ꯑꯩꯈꯣꯏꯕꯨ ꯇꯨꯝꯗꯅ
ꯂꯩꯍꯟꯅꯕ ꯁ꯭ꯇꯤꯃ꯭ꯌꯨꯂꯦꯠ ꯇꯧꯏ ꯑꯃꯗꯤ ꯇꯨꯝꯕꯒꯤ ꯄꯦꯇꯔꯟꯗ ꯑꯀꯥꯏꯕ ꯄꯤ꯫ ꯇꯨꯝꯕ
ꯆꯪꯗ꯭ꯔꯤꯉꯩ ꯃꯃꯥꯡ ꯌꯥꯝꯗ꯭ꯔꯕꯗ ꯄꯨꯡ 4 ꯒꯤ ꯃꯅꯨꯡꯗꯗꯤ ꯀꯦꯐꯤꯟ ꯁꯤꯖꯤꯟꯅꯗꯕꯅ
ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯐꯩ꯫ ꯀꯅꯥꯒꯨꯝꯕ ꯃꯤꯑꯣꯏ ꯈꯔꯗꯗꯤ ꯃꯇꯝ ꯑꯃ ꯍꯦꯛꯇꯗ ꯀꯦꯐꯤꯟ
ꯁꯤꯖꯟꯅꯕꯅ ꯇꯨꯝꯕꯒꯤ ꯀ꯭ꯋꯥꯂꯤꯇꯤꯗ ꯑꯀꯥꯏꯕ ꯄꯤ꯫ ꯑꯁꯤꯒꯨꯝꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯒꯤ
ꯑꯣꯏꯅꯗꯤ ꯀꯦꯐꯤꯟ ꯁꯨꯛꯁꯤ ꯁꯤꯖꯤꯟꯅꯗꯕꯅ ꯐꯩ꯫
ꯍꯤꯔꯤ ꯀꯣꯟꯕ (ꯃꯦꯗꯤꯇꯦꯁꯟ) ꯑꯃꯗꯤ ꯄꯨꯛꯅꯤꯡ ꯂꯩꯇꯅ ꯂꯩꯕ:
ꯍꯤꯔꯤ ꯀꯣꯟꯕ (ꯃꯦꯗꯤꯇꯦꯁꯟ) ꯑꯃꯗꯤ ꯄꯨꯛꯅꯤꯡ ꯂꯩꯇꯥꯅ ꯂꯩꯕꯅ ꯑꯦꯟꯖꯥꯏꯇꯤ
ꯍꯟꯊꯍꯜꯂꯤ, ꯑꯦꯟꯖꯥꯏꯇꯤ ꯂꯩꯔꯕꯗꯤ ꯇꯨꯝꯕ ꯀꯥꯏꯕ ꯍꯥꯏꯕꯁꯤ ꯌꯥꯝꯅ ꯇꯣꯏꯅ
ꯊꯣꯛꯄ ꯊꯧꯑꯣꯡ ꯑꯃꯅꯤ꯫
ꯑꯍꯜ ꯑꯣꯏꯔꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯗ ꯆꯠꯊꯈꯤꯕ ꯁ꯭ꯇꯗꯤ ꯑꯃꯗ ꯄꯨꯛꯅꯤꯡ
ꯂꯩꯇꯥꯅ ꯍꯤꯔꯤ ꯀꯣꯟꯕ ꯃꯤꯑꯣꯏꯁꯤꯡ ꯑꯇꯣꯞꯄ ꯃꯤꯑꯣꯏꯁꯤꯡꯗꯒꯤ ꯍꯦꯟꯅ
ꯇꯨꯝꯕꯒꯤ ꯐꯤꯚꯝ ꯐꯒꯠꯂꯛꯄ ꯊꯦꯡꯅꯈꯤ꯫

ꯀꯔꯝꯅ ꯌꯥꯝꯅ ꯂꯥꯏꯅ ꯇꯨꯝꯊꯒꯗꯒꯦ?- 1
ꯂꯧꯁꯤꯡ ꯄꯨꯛꯀꯩ / ꯈꯣꯝꯖꯤꯟꯕ: ꯀꯩꯊꯦꯜꯂꯥꯛꯄꯝ ꯈꯨꯃꯟꯉꯝꯕ
1| ꯕꯔꯂꯤꯟꯒꯤ ꯆꯦꯛꯄꯜ ꯊꯨꯒꯥꯏꯈ꯭ꯔꯕ ꯃꯇꯨꯡꯗ ꯅꯣꯡꯄꯣꯛ ꯑꯃꯁꯨꯡ ꯅꯣꯡꯆꯨꯞ
ꯖꯔꯃꯅꯤ ꯄꯨꯟꯁꯤꯟꯈꯤ꯫ ꯃꯗꯨꯗ ꯅꯣꯡꯄꯣꯛ ꯖꯔꯃꯅꯤꯒꯤ ꯃꯍꯨꯠꯁꯤꯟꯗꯨꯅ
ꯑꯣꯂꯤꯝꯄꯤꯛꯀꯤ ꯆꯦꯝꯄꯤꯌꯟ ꯑꯣꯏꯔꯝꯕ ꯁꯥꯟꯅꯔꯣꯏ ꯑꯃꯗꯤ ꯆꯍꯤ
ꯑꯃꯗ ꯁ꯭ꯇꯦꯔꯣꯏꯗ (Steriod) ꯒ꯭ꯔꯥꯝ 3,955 ꯆꯥꯈꯤ ꯍꯥꯏꯅ ꯈꯪꯂꯛꯈꯤ,
ꯃꯍꯥꯛ ꯑꯗꯨ ꯀꯅꯥꯅꯣ?
2) ꯑꯩꯍꯥꯛ ꯑꯅꯤꯁꯨꯕ ꯃꯦꯒꯥ ꯃꯔꯥꯊꯟꯗ ꯅꯨꯄꯥꯒꯤ ꯆꯍꯤ 50ꯒꯤ ꯒ꯭ꯔꯨꯞꯇ ꯑꯅꯤꯁꯨꯕ
ꯇꯥꯈꯤ꯫ ꯑꯩꯒꯤ ꯏꯃꯃꯤꯡ ꯄꯤꯌꯨ꯫
3) ꯋꯤꯟꯇꯔ ꯑꯣꯂꯤꯝꯄꯤꯛꯀꯤ ꯁꯂꯥꯂꯣꯝ (SLALOM)ꯒꯤ ꯊꯧꯔꯝꯗ ꯑꯦꯊꯂꯦꯠ
ꯑꯝꯗꯤ ꯄꯣꯖꯤꯁꯟ ꯑꯍꯨꯝꯒꯤ ꯃꯅꯨꯡ ꯆꯟꯕ ꯉꯝꯈꯤꯗꯕꯗꯒꯤ ꯅꯤꯡꯕ ꯀꯥꯏꯈꯤ꯫
ꯃꯔꯝ ꯑꯗꯨꯅ ꯂꯝꯊꯨꯡꯐꯝ ꯌꯧꯒꯗꯕ ꯃꯤꯇꯔ ꯑꯃꯔꯣꯝꯗ ꯉꯥꯏꯔꯕ ꯃꯐꯝꯗꯒꯤ
ꯐꯝꯊꯔꯒ ꯂꯝꯊꯨꯡꯐꯝ ꯂꯣꯝꯗ ꯃꯅꯤꯡ ꯑꯣꯜꯂꯒ ꯂꯝꯊꯨꯡꯐꯝ ꯑꯗꯨ ꯂꯥꯟꯊꯣꯛꯈꯤ꯫
ꯃꯍꯥꯛ ꯑꯗꯨ ꯀꯅꯥꯅꯣ?
4) ꯃꯅꯤꯄꯨꯔꯗ ꯂꯩꯔꯤꯕ ꯀ꯭ꯂꯕ, ꯁ꯭ꯀꯨꯜ, ꯀꯣꯂꯦꯖꯇ ꯁ꯭ꯇꯦꯠꯀꯤ ꯑꯣꯏꯕ ꯁꯥꯟꯅꯕꯒꯤ
ꯂꯨꯞꯅꯆꯤꯡꯕ ꯑꯁꯤꯒꯤ ꯃꯅꯨꯡꯗ ꯍꯧꯈꯤꯕ ꯆꯍꯤ ꯅꯤꯐꯨ (40)
ꯑꯁꯤꯗ ꯆꯍꯤꯒꯤ ꯑꯣꯏꯅ ꯀ꯭ꯔꯣꯁ ꯀꯟꯇ꯭ꯔꯤ ꯂꯝꯖꯦꯜ
(Cross Country Race) ꯄꯥꯡꯊꯣꯛꯇꯨꯅ ꯃꯅꯥ
ꯃꯊꯨꯝ ꯑꯃꯗꯤ ꯁꯥꯔꯇꯤꯐꯤꯀꯦꯠꯅꯆꯤꯡꯕ ꯌꯦꯟꯊꯣꯛꯄ
ꯑꯃꯒꯤ ꯃꯃꯤꯡ ꯄꯤꯌꯨ꯫
5) ꯎꯠꯂꯤꯕ ꯁꯛꯇꯝ ꯑꯁꯤ ꯀꯅꯥꯅꯣ?

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯁ꯭ꯄꯣꯔꯠꯁ ꯀꯨꯏꯖ-108
ꯃꯊꯛꯇ ꯄꯤꯔꯤꯕ ꯋꯥꯍꯪꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯄꯥꯎꯈꯨꯝ ꯗꯤꯁꯦꯝꯕꯔ 15,
ꯅꯣꯡꯃꯥꯏꯖꯤꯡ ꯅꯨꯃꯤꯠꯀꯤ ꯑꯌꯨꯛꯀꯤ ꯄꯨꯡ 11 ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯄꯥꯎꯆꯦ
Asigi Aofist nTtCrg hueiyensportsquiz@gmail.

ꯆꯣꯃ ꯗ ꯃꯦꯜ ꯑꯣꯏꯅ ꯊꯥꯕꯤꯔꯛꯄ ꯌꯥꯒꯅꯤ꯫ ꯄꯥꯎꯈꯨꯝ ꯄꯤꯕꯤꯔꯛꯄ/
ꯊꯥꯕꯤꯔꯛꯄ ꯃꯇꯝꯗ ꯃꯤꯡ, ꯂꯩꯐꯝ ꯃꯍꯩꯒꯤ ꯊꯥꯛ ꯑꯃꯁꯨꯡ ꯀꯟꯇꯦꯛꯠ
ꯅꯝꯕꯔ ꯃꯌꯦꯛ ꯁꯦꯡꯅ ꯏꯕꯤꯔꯛꯎ꯫ ꯋꯥꯍꯪ ꯈꯨꯗꯤꯡꯃꯛꯀꯤ ꯄꯥꯎꯈꯨꯝ
ꯆꯨꯝꯅ ꯅꯠꯇ꯭ꯔꯒ ꯃꯁꯤꯡ ꯌꯥꯝꯅ ꯆꯨꯝꯅ ꯄꯤꯕꯤꯔꯛꯄ ꯃꯤꯑꯣꯏꯁꯤꯡ
ꯑꯗꯨꯗꯒꯤ ꯗ꯭ꯔꯣ ꯑꯣꯠꯆꯔꯒ ꯂꯥꯏꯕꯛ ꯐꯕ ꯃꯤꯁꯛ ꯑꯃ ꯈꯟꯖꯒꯅꯤ꯫
ꯂꯣꯏꯅꯅ ꯈꯜꯂꯕ ꯃꯤꯁꯛ ꯑꯗꯨꯗ ꯃꯅꯥ ꯄꯤꯖꯒꯅꯤ꯫

ꯒ
ꯑꯍꯥꯟꯕ ꯑꯧꯗꯥꯁꯤꯌꯁ ꯀꯞ 2019
ꯆꯟꯗ꯭ꯔꯈꯣꯡ ꯑꯦꯐ ꯁꯤ, ꯄꯤ ꯌꯨ ꯕꯤ ꯖꯤ ꯃꯥꯏ ꯄꯥꯛꯈ꯭ꯔꯦ, ꯑꯦꯟ ꯑꯦꯐ ꯁꯤ-ꯕꯤ ꯇꯤꯝ ꯋꯥꯔꯛ ꯑꯣꯚꯔ ꯐꯪꯈ꯭ꯔꯦ
ꯏꯝꯐꯥꯜ, ꯗꯤꯁꯦꯝꯕꯔ 02 (ꯑꯩꯆ ꯑꯦꯟ ꯑꯦꯁ):
ꯑꯧꯗꯥꯁꯤꯌꯁ ꯒ꯭ꯔꯨꯞ ꯅꯤꯡꯊꯧꯅꯥꯏꯅ ꯁꯤꯟꯗꯨꯅ
ꯊꯥ ꯑꯁꯤꯒꯤ 25ꯗꯒꯤ ꯇꯤꯝ 30ꯅ ꯒ꯭ꯔꯨꯞ 8 ꯊꯣꯛꯅ
ꯈꯥꯏꯗꯣꯛꯇꯨꯅ ꯌꯥꯏꯔꯤꯄꯣꯛ ꯅꯤꯡꯊꯧꯅꯥꯏ ꯁꯥꯟꯅꯕꯨꯡꯗ
ꯆꯠꯊꯔꯤꯕ "ꯑꯍꯥꯟꯕ ꯑꯧꯗꯥꯁꯤꯌꯁ ꯀꯞ ꯁꯚꯦꯟ
ꯑꯦꯁꯥꯏꯗ ꯚꯤꯂꯦꯖ ꯑꯣꯄꯟ ꯐꯨꯇꯕꯣꯜ ꯇꯨꯔꯅꯥꯃꯦꯟꯠ
2019ꯒꯤ ꯉꯁꯤ ꯁꯥꯟꯅꯈꯤꯕ ꯃꯦꯠꯆꯁꯤꯡꯗ
ꯆꯟꯗ꯭ꯔꯈꯣꯡ ꯑꯦꯐ ꯁꯤ, ꯄꯨ ꯌꯨ ꯕꯤ ꯖꯤ ꯃꯥꯏ
ꯄꯥꯛꯈ꯭ꯔꯦ, ꯏ ꯑꯦꯜ ꯋꯥꯏ ꯑꯦꯁ ꯑꯦ-ꯐꯧꯗꯦꯜ
ꯔꯤꯄꯣꯔꯠ ꯇꯧꯗꯕꯅ ꯑꯦꯟ ꯑꯦꯐ ꯁꯤ-ꯕꯤꯅ ꯋꯥꯔꯛ
ꯑꯣꯚꯔ ꯐꯪꯈ꯭ꯔꯦ꯫
ꯉꯁꯤꯒꯤ ꯑꯍꯥꯟꯕ ꯒ꯭ꯔꯥꯎꯟꯗ ꯌꯨ ꯕꯤ ꯑꯦꯁ
ꯁꯤ ꯋꯥꯡꯖꯤꯡ ꯑꯃꯁꯨꯡ ꯆꯟꯗ꯭ꯔꯈꯣꯡ ꯑꯦꯐ ꯁꯤ
ꯂꯝꯕꯥ ꯇꯧꯈꯤ꯫ ꯃꯦꯠꯆ ꯑꯁꯤ ꯍꯦꯛ ꯍꯧꯔꯛꯄꯗꯒꯤ
ꯆꯟꯗ꯭ꯔꯈꯣꯡ ꯑꯦꯐ ꯁꯤꯅ ꯕꯣꯜ ꯍꯦꯟꯅ ꯄꯥꯏꯗꯨꯅ
ꯁꯥꯟꯅꯔꯛꯈꯤ꯫ ꯍꯦꯛ ꯍꯧꯕꯒ ꯑꯦꯇꯦꯛꯠ ꯀꯌꯥ
ꯆꯠꯊꯈꯤ꯫ ꯁꯥꯟꯅꯕꯒꯤ ꯃꯤꯅꯠ 12 ꯆꯠꯄꯗ
ꯆꯟꯗ꯭ꯔꯈꯣꯡ ꯑꯦꯐ ꯁꯤꯒꯤ ꯑꯀꯥꯎꯟꯠ ꯗꯕꯂꯤꯌꯨ
ꯅꯦꯜꯁꯟ ꯖꯔꯁꯤ ꯅꯝꯕꯔ 9ꯅ ꯍꯥꯡꯈꯤ꯫ ꯃꯤꯅꯠ
ꯈꯔ ꯀꯥꯟꯅꯔꯒ ꯑꯃꯨꯛ ꯑꯅꯤꯁꯨꯕ ꯁ꯭ꯀꯣꯔ ꯃꯤꯅꯤꯠ
17 ꯆꯠꯄꯗ ꯑꯦꯝ ꯔꯟꯖꯣꯏ ꯖꯔꯁꯤ ꯅꯝꯕꯔ
12ꯅ cNTi꯫ ꯌꯨ ꯄꯤ ꯑꯦꯁ ꯁꯤ ꯋꯥꯡꯖꯤꯡꯒꯤ
ꯃꯥꯏꯀꯩꯗꯒꯤ ꯁꯣꯠꯊꯔꯤꯕ ꯄꯥꯟꯖꯜꯁꯤꯡ ꯑꯗꯨ
ꯍꯟꯗꯣꯛꯅꯕ ꯌꯥꯝꯅ ꯀꯟꯅ ꯍꯣꯠꯅꯔꯛꯈꯤ꯫
ꯑꯗꯨꯕꯨ ꯃꯦꯠꯆ ꯑꯁꯤꯗ ꯆꯟꯗ꯭ꯔꯣꯈꯣꯡ ꯑꯦꯐ
ꯁꯤ ꯄ꯭ꯂꯦꯌꯔꯁꯤꯡꯅ ꯍꯦꯟꯅ ꯐꯖꯅ ꯂꯥꯛꯆꯥꯅ
ꯁꯥꯟꯅꯔꯛꯄꯅ ꯍꯦꯟꯖꯟꯕ ꯉꯝꯗꯅ ꯂꯩꯈꯤ꯫
ꯃꯦꯠꯆꯀꯤ ꯃꯤꯅꯠ 36 ꯆꯠꯄꯗ ꯆꯟꯗ꯭ꯔꯈꯣꯡ
ꯑꯦꯐ ꯁꯤꯒꯤ ꯑꯍꯨꯝꯁꯨꯕ ꯁ꯭ꯀꯣꯔ ꯑꯦꯝ ꯔꯣꯅꯥꯜꯗꯣ
ꯖꯔꯁꯤ ꯅꯝꯕꯔ 8ꯅ ꯆꯟꯈꯤ꯫

ꯑꯅꯤꯁꯨꯕ ꯒ꯭ꯔꯥꯎꯟꯗ ꯆꯤ ꯋꯥꯏ ꯗꯤ ꯑꯣ-ꯑꯦꯐ
ꯁꯤ ꯑꯃꯁꯨꯡ ꯄꯤ ꯌꯨ ꯕꯤ ꯖꯤ ꯂꯝꯕ ꯇꯧꯈꯤ꯫ ꯃꯦꯠꯆ
ꯑꯁꯤ ꯄꯤ ꯌꯨ ꯕꯤ ꯖꯤꯅ ꯕꯣꯜ ꯍꯦꯟꯅ ꯄꯥꯏꯗꯨꯅ
ꯌꯥꯝꯅ ꯐꯖꯅ ꯁꯥꯟꯅꯔꯛꯈꯤ꯫ ꯁꯥꯟꯅꯕꯒꯤ ꯃꯤꯅꯠ
13, 15, 40+2 ꯆꯠꯄꯗ ꯑꯦꯜ ꯀꯤꯁꯟ ꯖꯔꯁꯤ
ꯅꯝꯕꯔ 14ꯅ ꯆꯟꯗꯨꯅ ꯍꯦꯗꯇ꯭ꯔꯤꯛ ꯂꯧꯕ ꯉꯝꯈꯤ꯫
ꯁꯤ ꯋꯥꯏ ꯗꯤ ꯑꯣ ꯑꯦꯐ ꯁꯤꯒꯤ ꯃꯥꯏꯀꯩꯗꯒꯤ
ꯕꯣꯏꯂꯔ ꯖꯔꯁꯤ ꯅꯝꯕꯔ 12ꯅ ꯁꯥꯟꯅꯕꯒꯤ ꯃꯤꯅꯠ
18 ꯆꯠꯄꯗ ꯆꯟꯈꯤ꯫ ꯃꯈꯥ ꯇꯥꯅ ꯆꯟꯗꯕꯅ ꯄꯤ
ꯌꯨ ꯕꯤ ꯖꯤ ꯁꯤ wai ꯗꯤ ꯑꯣ ꯑꯦꯐ ꯁꯤꯕꯨ ꯄꯥꯟꯖꯜ
3-1ꯗ ꯃꯥꯏꯊꯤꯕ ꯄꯤꯈꯤ꯫
ꯉꯁꯤꯒꯤ ꯑꯍꯨꯝꯁꯨꯕ ꯒ꯭ꯔꯥꯎꯟꯗ ꯑꯦꯟ ꯑꯦꯐ
ꯁꯤ-ꯕꯤ ꯑꯃꯁꯨꯡ ꯏ ꯑꯦꯜ ꯋꯥꯏ ꯑꯦꯁ ꯑꯦ-ꯐꯧꯗꯦꯜ
ꯂꯝꯕ ꯇꯧꯒꯗꯕ ꯑꯗꯨ ꯏ ꯑꯦꯜ ꯋꯥꯏ ꯑꯦꯁ ꯑꯦ
ꯐꯧꯗꯦꯅ ꯃꯇꯝ ꯆꯥꯅ ꯔꯤꯄꯣꯔꯠ ꯇꯧꯗꯕꯅ ꯑꯦꯟ
ꯑꯦꯐ ꯁꯤ-ꯕꯤꯅ ꯋꯥꯔꯛ ꯑꯣꯚꯔ ꯐꯪꯈ꯭ꯔꯦ꯫
ꯍꯦꯌꯡꯒꯤ ꯑꯍꯥꯟꯕ ꯒ꯭ꯔꯥꯎꯟꯗ ꯄꯨꯡ 7
ꯇꯥꯕꯗ ꯍꯨꯏꯀꯞ ꯑꯦꯐ ꯁꯤ ꯑꯃꯁꯨꯉ ꯉꯥꯔꯤꯌꯥꯟ-
ꯑꯦ ꯂꯝꯕ ꯇꯧꯒꯅꯤ꯫ ꯑꯅꯤꯁꯨꯕ ꯒ꯭ꯔꯥꯎꯟꯗ ꯄꯨꯡ
2 ꯇꯥꯕ ꯃꯇꯝꯗ ꯕꯤ ꯋꯥꯏ ꯑꯦꯐ ꯋꯥꯏ ꯑꯃꯁꯨꯡ
ꯑꯦꯁ ꯑꯥꯏ ꯁꯤ ꯂꯝꯕ ꯇꯧꯒꯅꯤ꯫

ꯃꯅꯤꯄꯨꯔ ꯌꯨꯅꯤꯚꯔꯁꯤꯇꯤ ꯍꯦꯟꯗꯕꯣꯜ ꯁꯔꯨꯛ ꯌꯥꯒꯗꯕ ꯁꯥꯟꯅꯔꯣꯏ ꯈꯟꯈ꯭ꯔꯦ
ꯏꯝꯐꯥꯜ, ꯗꯤꯁꯦꯝꯕꯔ 02 (ꯑꯩꯆ ꯑꯦꯟ ꯑꯦꯁ):
ꯚꯔꯥꯅꯥꯁꯤꯒꯤ ꯑꯦꯃ ꯖꯤ
ꯀꯥꯁꯤ ꯚꯤꯗ꯭ꯌꯥꯄꯤꯊꯇ ꯂꯥꯛꯂꯤꯕ
ꯖꯅꯨꯋꯥꯔꯤꯒꯤ ꯇꯥꯡ 3ꯗꯒꯤ 7 ꯐꯥꯎꯕ
ꯆꯠꯊꯒꯗꯕ "ꯏꯁꯠ ꯖꯣꯟ ꯏꯟꯇꯔ
ꯌꯨꯅꯤꯚꯔꯁꯤꯇꯤ ꯍꯦꯟꯗꯕꯣꯜ (ꯃꯦꯟ
ꯑꯦꯟꯗ ꯋꯨꯃꯦꯟ) ꯇꯨꯔꯅꯥꯃꯦꯟꯠ
2019-20ꯒꯤꯗ ꯃꯅꯤꯄꯨꯔ
ꯌꯨꯅꯤꯚꯔꯁꯤꯇꯤ ꯍꯦꯟꯗꯕꯣꯜ (ꯃꯦꯟ
ꯑꯦꯟꯗ ꯋꯨꯃꯦꯟ) ꯇꯤꯝꯗ ꯁꯔꯨꯛ
ꯌꯥꯅꯕ ꯁꯥꯟꯟꯔꯣꯏꯁꯤꯡ ꯈꯟꯈ꯭ꯔꯦ꯫
ꯃꯦꯟ ꯁꯦꯛꯁꯟꯗ ꯈꯜꯂꯕ
ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡ ꯑꯗꯨꯗꯤ
ꯄ꯭ꯔꯚꯥꯕꯇꯤ ꯏꯟꯁꯇꯤꯇ꯭ꯌꯨꯠꯇꯒꯤ
ꯑꯦ ꯀꯤꯁꯟ ꯁꯤꯡꯍ, ꯃꯣꯗꯔꯟ
ꯀꯣꯂꯦꯖꯇꯒꯤ ꯑꯩꯆ ꯁꯣꯁꯟ,
ꯃꯅꯤꯄꯨꯔ ꯂꯣ ꯀꯦꯂꯦꯖꯇꯒꯤ ꯇꯤ
ꯑꯩꯆ ꯔꯕꯤꯆꯟꯗ꯭ꯔ, ꯇꯤ ꯑꯩꯆ
ꯁꯨꯁꯤꯀꯨꯃꯥꯔ, ꯑꯦꯟ ꯁꯨꯔꯥꯖ, ꯑꯥꯏ
ꯑꯇꯣꯝꯕ, ꯇꯤ ꯑꯩꯆ ꯌꯥꯏꯐꯕ;
ꯙꯟꯅꯃꯟꯖꯨꯔꯤ ꯀꯣꯂꯦꯖ ꯑꯣꯐ
ꯑꯥꯔꯠꯁꯇꯒꯤ ꯑꯦꯁ. ꯃꯅꯤꯆꯟꯗ꯭ꯔ,
ꯕꯤꯔꯃꯪꯒꯣꯜ ꯀꯣꯂꯦꯖꯇꯒꯤ ꯁꯤ
ꯑꯩꯆ ꯔꯤꯅꯦꯜ, ꯙꯟꯅꯃꯟꯖꯨꯔꯤ
ꯀꯣꯂꯦꯖ ꯑꯣꯐ ꯑꯥꯔꯁꯇꯒꯤ ꯆꯥꯎꯕ,
ꯅꯤꯚꯥꯁ, ꯙꯟꯅꯃꯟꯖꯨꯔꯤ ꯀꯣꯂꯦꯖ
ꯑꯣꯐ ꯁꯥꯏꯟꯁꯇꯒꯤ ꯗꯦꯕꯤꯗ,
mnipur Univrsitidgi
ꯇꯤꯀꯦꯟ, ꯀꯦ ꯄꯤ ꯀꯣꯂꯦꯖꯇꯒꯤ
ꯀꯔꯅꯥ ꯂꯩꯃꯄꯣꯛꯄꯝ; ꯔꯤꯖꯅꯦꯂ
ꯀꯣꯂꯦꯖꯇꯒꯤ ꯂꯨꯗꯗꯤ ꯊꯣꯉꯥꯝ, ꯑꯦꯟ
ꯖꯤ ꯑꯦꯝ ꯁꯤꯗꯒꯤ ꯇꯤ ꯁꯥꯔꯖꯤꯠ
ꯁꯤꯡ ꯈꯟꯈ꯭ꯔꯦ꯫
ꯔꯤꯖꯔꯚꯇ ꯃꯅꯤꯄꯨꯔ
ꯌꯨꯅꯤꯚꯔꯁꯤꯇꯤꯗꯒꯤ ꯑꯦꯁ
ꯄꯣꯏꯔꯩ, ꯃꯅꯤꯄꯨꯔ ꯂꯣ ꯀꯣꯂꯦꯖꯇꯒꯤ
ti AEc momoca, mnipur
ꯌꯨꯅꯤꯚꯔꯁꯤꯇꯤꯗꯒꯤ ꯑꯦꯝ
ꯄ꯭ꯔꯗꯤꯞꯀꯨꯃꯥꯔ, ꯙꯟꯅꯃꯟꯖꯨꯔꯤ
ꯀꯣꯂꯦꯖ ꯑꯣꯐ ꯑꯥꯔꯠꯁꯇꯀꯤ ꯑꯦꯝ
ꯁꯨꯅꯟꯗꯥ ꯈꯟꯈ꯭ꯔꯦ꯫
ꯋꯨꯃꯦꯟ ꯁꯦꯛꯁꯟꯗ ꯈꯜꯂꯕ
ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡ ꯑꯗꯨꯗꯤ
ꯕꯤꯔꯃꯪꯒꯣꯜ ꯀꯣꯂꯦꯖꯇꯒꯤ ꯑꯩꯆ
jenila debi, ti AEc ANjubla,
ꯇꯤ ꯑꯩꯆ ꯔꯦꯕꯤꯀꯥ, ꯇꯤꯡ ꯑꯩꯆ
ꯀꯕꯤꯇꯥ; ꯙꯟꯅꯃꯟꯖꯨꯔꯤ ꯀꯣꯂꯦꯖ
ꯑꯣꯐ ꯑꯥꯔꯠꯁꯇꯒꯤ ꯏ ꯁꯤꯂꯥ,
ꯑꯦꯁ ꯄꯥꯝꯇꯟ, ꯇꯤ ꯑꯩꯆ
ꯅꯥꯎꯇꯦꯁꯣꯔꯤ, ꯑꯩꯆ ꯑꯕꯦꯁꯅꯥ;
ꯏꯝꯐꯥꯜ ꯀꯣꯂꯦꯖꯇꯒꯤ ꯔꯥꯅꯤ
ꯆꯅꯨ; ꯃꯅꯤꯄꯨꯔ ꯀꯣꯂꯦꯖꯇꯒꯤ
ꯑꯩꯆ ꯀ꯭ꯔꯤꯁꯅꯀꯨꯃꯥꯔꯤ;
ꯃꯅꯤꯄꯨꯔ ꯌꯨꯅꯤꯚꯔꯁꯤꯇꯤꯗꯒꯤ
ꯀꯤꯟꯌꯣꯏꯂꯤꯡ ꯁꯤꯡꯁꯤꯠ,
rinasori si AEc, Aem

ꯄꯥꯛꯄꯤ ꯈꯟꯈ꯭ꯔꯦ꯫
ꯈꯜꯂꯕ ꯁꯥꯅꯅꯔꯣꯏꯁꯤꯡꯗꯒꯤ
ꯂꯥꯛꯇꯕ ꯃꯇꯝꯗ ꯔꯤꯖꯔꯚꯇ ꯂꯩꯕ
ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡꯅ ꯃꯦꯟꯁꯤꯟꯒꯅꯤ꯫
ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡꯅ ꯃꯅꯤꯄꯨꯔ
ꯌꯨꯅꯤꯚꯔꯁꯤꯇꯤ ꯁ꯭ꯄꯣꯔꯠꯁ
ꯀꯝꯃꯤꯇꯤꯒꯤ ꯁꯦꯀ꯭ꯔꯦꯇꯔꯤ
ꯂꯥꯛꯂꯤꯕ ꯇꯥꯡ 9ꯒꯤ ꯑꯌꯨꯛ
ꯄꯨꯡ 11 ꯇꯥꯕ ꯃꯇꯝꯗ ꯔꯤꯄꯣꯔꯠ
ꯇꯧꯒꯗꯕꯅꯤ꯫

6ꯁꯨꯕ ꯑꯥꯏ ꯑꯦꯁ ꯀꯦ ꯑꯦꯐ ꯅꯦꯁꯅꯦꯜ ꯑꯣꯄꯟ ꯀꯦꯔꯦꯠ ꯆꯦꯝꯄꯤꯌꯟꯁꯤꯞ
ꯃꯅꯤꯄꯨꯔ ꯇꯤꯝ ꯐꯔꯁꯠ ꯔꯟꯅꯔ ꯑꯞ ꯇꯥꯕ ꯉꯝꯈ꯭ꯔꯦ
ꯏꯝꯐꯥꯜ, ꯗꯤꯁꯦꯝꯕꯔ 02 (ꯑꯩꯆ ꯑꯦꯟ ꯑꯦꯁ):
ꯑꯣꯗꯤꯁꯥꯒꯤ ꯓꯥꯔꯁꯨꯒꯨꯗꯥꯗ ꯂꯩꯕ
ꯁ꯭ꯄꯣꯔꯠꯁ ꯀꯝꯄ꯭ꯂꯦꯛꯁꯇ ꯍꯧꯈꯤꯕ
ꯅꯕꯦꯝꯕꯔꯒꯤ ꯇꯥꯡ 29ꯗꯒꯤ ꯍꯧꯗꯨꯅ
ꯗꯤꯁꯦꯝꯕꯔ 1 ꯐꯥꯎꯕꯗ ꯄꯥꯡꯊꯣꯛꯈꯤꯕ
6ꯁꯨꯕ ꯑꯥꯏ ꯑꯦꯁ ꯀꯦ ꯑꯦꯐ ꯅꯦꯁꯅꯦꯜ
ꯑꯣꯄꯟ ꯀꯦꯔꯦꯠ ꯆꯦꯝꯄꯤꯌꯟꯁꯤꯞ
2019ꯒꯤꯗ ꯃꯅꯤꯄꯨꯔ ꯀꯦꯔꯦꯠ ꯗꯣ
ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟꯒꯤ ꯇꯤꯝꯅ ꯐꯔꯁꯠ
ꯔꯟꯅꯔ ꯑꯞ ꯇꯥꯕ ꯉꯝꯂꯛꯈ꯭ꯔꯦ꯫

m e d L l O r K S C r b
ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡ ꯑꯗꯨꯗꯤ ꯁꯕ-
ꯖꯨꯅꯤꯌꯔ ꯀꯦꯇꯥꯒꯣꯔꯤꯒꯤ ꯀꯥꯡꯂꯨꯞꯇ
ꯄ꯭ꯔꯇꯤꯛ ꯗꯥꯍꯜꯅ ꯀꯥꯇꯥ ꯑꯃꯁꯨꯡ
ꯀꯨꯃꯤꯠꯇ ꯇꯣꯜꯗ, ꯃꯨꯇꯨꯝ ꯗꯤꯛꯁꯟ
ꯁꯤꯡꯍꯅ ꯀꯥꯇꯥ ꯑꯃꯁꯨꯡ ꯀꯨꯃꯤꯠꯇ
ꯒꯣꯜ, ꯂꯣꯏꯇꯣꯡꯕꯝ ꯁꯥꯎꯂꯤꯟ
ꯁꯤꯡꯍꯅ ꯀꯥꯇꯥꯗ ꯒꯣꯜꯗ ꯑꯗꯨꯒ
ꯀꯨꯃꯤꯠꯇ ꯁꯤꯜꯚꯔ, ꯁꯤꯚꯥꯟꯆ ꯁꯤꯡꯍ
ꯌꯥꯗꯕꯅ ꯀꯥꯇꯥ ꯑꯃꯁꯨꯡ ꯀꯨꯃꯤꯠꯇ
ꯁꯤꯜꯚꯔ, ꯆꯣꯡꯊꯥꯝ ꯖꯦꯅꯤꯇꯥ ꯗꯤꯚꯤꯅ
ꯀꯥꯇꯥ ꯑꯃꯁꯨꯡ ꯀꯨꯃꯤꯠꯇ ꯒꯣꯜ,
ꯑꯇꯣꯝ ꯁ꯭ꯋꯥꯃꯤ ꯁꯤꯡꯍꯅ ꯀꯥꯇꯥꯗ
ꯒꯣꯜꯗ ꯑꯗꯨꯒ ꯀꯨꯃꯤꯠꯇ ꯁꯤꯜꯚꯔ,
ꯁꯥꯇ꯭ꯌꯗꯦꯚ ꯁꯤꯡꯍ ꯌꯥꯗꯕꯅ ꯀꯥꯇꯥꯗ
ꯒꯣꯜꯗ ꯑꯗꯨꯒ ꯀꯨꯃꯤꯠꯇ ꯁꯤꯜꯚꯔ,
ꯍꯥꯔꯃꯥꯟꯖꯤꯠ ꯁꯤꯡꯍꯅ ꯀꯥꯇꯥ ꯑꯃꯁꯨꯡ
ꯀꯨꯃꯤꯠꯇ ꯕ꯭ꯔꯣꯟꯖ, ꯑꯥꯔꯥꯙ꯭ꯌꯥ
ꯕ꯭ꯔꯤꯟꯗꯥꯅ ꯀꯥꯇꯥ ꯑꯃꯁꯨꯡ ꯀꯨꯃꯤꯠꯇ
ꯒꯣꯜꯗ, ꯑꯣꯝ ꯄ꯭ꯔꯕꯤꯟ ꯆꯥꯎꯋꯥꯟꯅ
ꯀꯥꯇꯥꯗ ꯒꯣꯜ ꯑꯗꯨꯒ ꯀꯨꯃꯤꯠꯇ
ꯁꯤꯜꯚꯔ, ꯃꯣꯔꯤꯅꯥ ꯉꯥꯁꯦꯞꯄꯝꯅ
ꯀꯥꯇꯥ ꯑꯃꯁꯨꯡ ꯀꯨꯃꯤꯠꯇ ꯒꯣꯜꯗ,
ꯀꯦꯔꯤꯁ ꯍꯋꯥꯏꯕꯝꯅ ꯀꯨꯃꯤꯠꯇ
ꯁꯤꯜꯚꯔ, ꯗꯥꯏꯃꯟꯗꯅ ꯀꯨꯃꯤꯠꯇ
ꯒꯣꯜ, ꯄ꯭ꯔꯗꯤꯞ ꯀꯨꯃꯤꯠꯇ ꯁꯤꯜꯚꯔ
ꯂꯧꯕ ꯉꯝꯈꯤ꯫
ꯀꯦꯗꯦꯠꯇ ꯃꯦꯗꯜ ꯂꯧꯔꯛꯄ
ꯉꯝꯈ꯭ꯔꯕ ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡ ꯑꯗꯨꯗꯨ
ꯄ꯭ꯔꯚꯤꯟꯅ ꯀꯨꯃꯤꯠꯇ ꯁꯤꯜꯚꯔ,
ꯂꯛꯀꯤꯅ ꯀꯨꯃꯤꯠꯇ ꯕ꯭ꯔꯣꯟꯖ,
ꯑꯀꯥꯁ ꯀꯨꯃꯥꯔꯅ ꯀꯨꯃꯤꯠꯇ ꯁꯤꯜꯚꯔ,
ꯁꯅꯥꯊꯣꯏ ꯀꯨꯃꯤꯠꯇ ꯒꯣꯜꯗ, ꯄ꯭ꯔꯁꯥꯗ
ꯀꯨꯃꯤꯠꯇ ꯒꯣꯜ, ꯖꯦꯊꯤ ꯁꯤꯡꯍ
ꯀꯨꯃꯤꯠꯇ ꯒꯣꯜꯗ, ꯔꯣꯃꯤꯑꯣ ꯃꯩꯇꯩ
ꯀꯨꯃꯤꯠ ꯁꯤꯜꯚꯔ, ꯔꯥꯖꯀꯨꯃꯥꯔꯤ ꯆꯅꯨ
ꯀꯨꯃꯤꯠꯇ ꯒꯣꯜ ꯂꯧꯕ ꯉꯝꯈꯤ꯫
ꯖꯨꯅꯤꯌꯔ ꯀꯦꯇꯒꯣꯔꯤꯗ ꯑꯁꯦꯝ
ꯑꯣꯃꯦꯁꯅ ꯀꯥꯇꯥ ꯑꯃꯁꯨꯡ ꯀꯨꯃꯤꯠꯇ
ꯒꯣꯜꯗ, ꯌꯥꯏꯐꯕꯅ ꯀꯥꯇꯥ ꯑꯃꯁꯨꯡ
ꯀꯨꯃꯤꯠꯇ ꯒꯣꯜꯗ ꯂꯧꯕ ꯉꯝꯈꯤ꯫