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HUEIYEN LANPAO

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ꯋꯥꯔꯤ ꯑꯃꯁꯨꯡ ꯈꯨꯠꯌꯦꯛ ꯁꯝꯁꯟ ꯁꯂꯥꯝ
ꯅꯍꯥꯟ ꯑꯩ ꯊꯨꯃꯣꯛ ꯇꯪꯈꯥꯏ ꯑꯃꯗꯤ ꯉꯝꯈꯤ, ꯅꯪꯗꯤ ꯁꯣꯏꯗꯅ
ꯉꯝꯒꯅꯤ ꯏꯅꯥꯎ ꯀꯣꯄꯨ꯫

ꯐꯔꯦ ꯑꯗꯨꯗꯤ ꯏꯌꯥꯝꯕ ꯃꯣꯇꯦ, ꯆꯥꯛꯁꯨ ꯂꯥꯝꯕꯅ
ꯂꯧꯏꯔꯕꯅꯤ꯫

ꯑꯁꯨꯝꯇꯧꯅ ꯀꯣꯄꯨꯅ ꯏꯔꯥꯏ ꯂꯥꯏꯅ ꯁꯥ ꯊꯨꯃꯣꯛꯇꯨ
ꯆꯥꯈꯤꯔꯝꯃꯤ꯫

ꯃꯣꯇꯦ ꯑꯦꯟꯗ ꯀꯣꯄꯨ (ꯑꯅꯥꯜ ꯐꯣꯛ ꯇꯦꯜ)
ꯁ꯭ꯇꯣꯔꯤ ꯑꯃꯁꯨꯡ ꯑꯥꯔꯠ : ꯁꯝꯁꯟ ꯁꯂꯥꯝ
ꯄꯤꯔꯤꯕ ꯗꯣꯠꯁꯤꯡ ꯁꯝꯖꯤꯟꯅꯔꯒ,
ꯂꯥꯏ ꯑꯁꯤ ꯃꯄꯨꯡ ꯐꯥꯍꯜꯂꯨ
ꯑꯩꯛꯁꯄꯤꯌꯔꯤ ꯗꯦꯠ
ꯍꯦꯜꯂꯕ ꯑꯀꯦ ꯑꯃꯧꯒꯤ
ꯄꯣꯠꯂꯝꯁꯤꯡ ꯑꯃꯗꯤ ꯀꯦꯕ-ꯃꯧꯕꯗ
ꯁꯤꯖꯤꯟꯅꯕ ꯈꯨꯠꯂꯥꯏꯁꯤꯡ ꯃꯔꯨ ꯑꯣꯏꯅ
ꯃꯦꯛꯑꯞꯀꯤ ꯁ꯭ꯄꯣꯟꯖꯁꯤꯡ ꯃꯇꯝ
ꯃꯇꯝꯒꯤ ꯑꯣꯏꯅ ꯁꯦꯡꯗꯣꯛꯇ꯭ꯔꯕꯗꯤ
ꯁ꯭ꯇꯦꯐꯥꯏꯂꯣꯀꯣꯀꯁ ꯑꯣꯔꯤꯌꯁ ꯑꯃꯗꯤ ꯏ
ꯀꯣꯂꯥꯏꯒꯨꯝꯕ ꯈꯨꯗꯣꯡꯊꯤꯅꯤꯡꯉꯥꯏ ꯑꯣꯏꯔꯕ
ꯕꯦꯛꯇꯔꯤꯌꯥꯁꯤꯡꯒꯤ ꯂꯩꯐꯝ ꯑꯣꯏꯔꯛꯏ꯫
ꯃꯥꯂꯦꯝꯒꯤ ꯃꯐꯝ ꯁꯤꯟꯕ ꯊꯨꯡꯕꯗ
ꯂꯩꯔꯤꯕ ꯃꯤꯑꯣꯏ ꯃꯤꯜꯂꯤꯌꯟ ꯀꯌꯥꯅ
ꯁꯛ ꯐꯖꯕ ꯍꯦꯟꯒꯠꯍꯟꯅꯕ ꯑꯃꯗꯤ
ꯄꯥꯔꯁꯅꯦꯂꯤꯇꯤ ꯍꯦꯟꯒꯠꯍꯟꯅꯕꯒꯤꯗꯃꯛ ꯃꯦꯛꯑꯞ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯑꯗꯨꯕꯨ ꯕꯥꯊꯔꯨꯝ,
ꯄꯕ꯭ꯂꯤꯛ ꯇꯣꯏꯇꯦꯠꯇ ꯅꯠꯇ꯭ꯔꯒ ꯀꯥꯔ, ꯇ꯭ꯔꯦꯅ ꯑꯃꯗꯤ ꯄ꯭ꯂꯦꯟꯗ ꯃꯦꯛꯑꯞ ꯇꯧꯕ
ꯍꯥꯏꯕꯁꯤ ꯃꯦꯛꯑꯞꯀꯤ ꯄꯣꯠꯂꯝꯁꯤꯡ ꯑꯃꯗꯤ ꯃꯦꯛꯑꯞ ꯇꯧꯕꯗ ꯁꯤꯖꯤꯟꯅꯔꯤꯕ
ꯈꯨꯠꯂꯥꯏꯁꯤꯡꯗ ꯈꯨꯗꯣꯡꯊꯤꯅꯤꯡꯉꯥꯏ ꯑꯣꯏꯔꯕ ꯕꯦꯛꯇꯔꯤꯌꯥꯁꯤꯡ ꯆꯪꯂꯛꯅꯕꯒꯤ
ꯈꯨꯗꯣꯡꯆꯥꯕ ꯑꯃ ꯄꯤꯕ ꯑꯣꯏꯅ ꯊꯣꯛꯏ꯫
ꯑꯀꯦ ꯑꯃꯧꯒꯤ ꯄꯣꯠꯂꯝ ꯈꯨꯗꯤꯡꯃꯛ ꯁꯤꯖꯤꯟꯅꯕ ꯌꯥꯕꯒꯤ ꯃꯇꯝ ꯑꯃꯃꯝ ꯂꯩ,
ꯍꯥꯏꯔꯤꯕ ꯃꯇꯝ ꯑꯁꯤꯒꯤ ꯋꯥꯡꯃ ꯂꯥꯟꯈ꯭ꯔꯒꯗꯤ ꯄꯣꯠꯂꯝꯁꯤꯡ ꯑꯗꯨ ꯁꯤꯖꯤꯟꯅꯕꯗ
ꯈꯨꯗꯣꯡ ꯆꯥꯔꯣꯏꯗꯧꯔꯤꯕꯅꯤ꯫ ꯄꯣꯠꯂꯝ ꯑꯃꯒ ꯑꯃꯒ ꯈꯦꯟꯅꯕꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ
ꯍꯥꯏꯔꯤꯕ ꯃꯇꯝ ꯑꯁꯤꯒꯤ ꯁꯥꯡꯕ ꯇꯦꯟꯕꯁꯨ ꯈꯦꯟꯅꯩ꯫ ꯃꯦꯛꯑꯞ ꯇꯧꯕꯗ ꯃꯑꯣꯡ
ꯆꯨꯝꯗꯅ ꯁꯤꯖꯤꯟꯅꯕ ꯈꯨꯗꯝ ꯑꯣꯏꯅ ꯑꯃꯣꯠꯄ ꯈꯨꯠꯅ ꯑꯥꯏꯁꯦꯗꯣ ꯇꯛꯄ-ꯅꯥꯟꯕ,
ꯑꯁꯤꯒꯨꯝꯕꯁꯤꯡ ꯑꯁꯤꯅꯁꯨ ꯄꯣꯠꯂꯝꯁꯤꯡ ꯑꯗꯨꯕꯨ ꯃꯁꯥ ꯁꯣꯛꯆꯤꯜꯍꯜꯂꯤ꯫
ꯀꯝꯄꯅꯤ ꯀꯌꯥꯅ ꯃꯈꯣꯏꯒꯤ ꯄꯣꯠꯂꯝꯁꯤꯡ ꯑꯗꯨ ꯃꯈꯨꯝ ꯍꯥꯡꯗꯨꯅ ꯁꯤꯖꯤꯟꯅꯕ
ꯍꯧꯔꯨꯔꯕ ꯃꯇꯨꯡ ꯃꯇꯝ ꯀꯌꯥꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯁꯤꯖꯤꯟꯅꯔꯒꯗꯤ ꯈꯨꯗꯣꯡꯊꯤꯅꯤꯡꯉꯥꯏ
ꯑꯣꯏꯔꯣꯏꯗꯒꯦ ꯍꯥꯏꯕꯒꯤ ꯏꯟꯐꯣꯔꯃꯦꯁꯟꯁꯤꯡ ꯄꯣꯠꯂꯝꯁꯤꯡ ꯑꯗꯨꯗ ꯏꯗꯨꯅ ꯇꯥꯛꯏ꯫
ꯃꯥꯂꯦꯝꯒꯤ ꯃꯐꯝ ꯈꯔꯗ ꯍꯥꯏꯔꯤꯕ ꯏꯟꯐꯣꯔꯃꯦꯁꯟ ꯑꯁꯤ ꯃꯦꯛꯑꯞꯀꯤ
ꯄꯣꯠꯂꯝꯁꯤꯡꯗ ꯏꯗꯨꯅ ꯇꯥꯛꯂꯕꯁꯨ ꯃꯐꯝ ꯀꯌꯥꯗꯗꯤ ꯃꯁꯤꯒꯤ ꯆꯠꯅꯕꯤ ꯑꯁꯤ ꯂꯩꯇꯦ꯫
ꯃꯦꯛꯑꯞ ꯁꯤꯖꯤꯟꯅꯔꯤꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯅ ꯇꯣꯉꯥꯟ ꯇꯣꯉꯥꯟꯕ ꯃꯦꯛꯑꯞꯀꯤ ꯈꯨꯠꯁꯨ-
ꯈꯨꯠꯂꯥꯏꯁꯤꯡ ꯈꯨꯗꯝ ꯑꯣꯏꯅ ꯕ꯭ꯔꯁ, ꯁ꯭ꯄꯣꯟꯖꯅꯆꯤꯡꯕ ꯀꯌꯥ ꯁꯤꯖꯤꯟꯅꯅꯩ꯫ ꯑꯁꯤꯒꯨꯝꯕ
ꯈꯨꯠꯁꯨ ꯈꯨꯠꯂꯥꯏꯁꯤꯡ ꯑꯁꯤꯗꯁꯨ ꯈꯨꯗꯣꯡꯊꯤꯅꯤꯡꯉꯥꯏ ꯑꯣꯏꯔꯕ ꯕꯦꯛꯇꯔꯤꯌꯥꯁꯤꯡ
ꯑꯁꯤꯅ ꯌꯥꯝꯅ ꯂꯥꯏꯅ ꯆꯪꯕ ꯉꯝꯏ, ꯑꯗꯨꯕꯨ ꯃꯤꯑꯣꯏ ꯀꯌꯥꯗꯤ ꯃꯈꯣꯏꯅ ꯃꯦꯛꯑꯞ
ꯇꯧꯕꯗ ꯁꯤꯖꯤꯟꯅꯔꯤꯕ ꯈꯨꯠꯂꯥꯏꯁꯤꯡ ꯑꯗꯨ ꯆꯥꯡ ꯅꯥꯏꯅ ꯁꯦꯡꯗꯣꯛꯄꯒ ꯍꯩꯅꯕꯤ ꯂꯩꯇꯦ꯫
ꯌꯨꯅꯥꯏꯇꯦꯗ ꯀꯤꯡꯗꯝꯒꯤ ꯕꯤꯔꯃꯤꯡꯘꯝꯗ ꯂꯩ ꯑꯦꯁꯇꯣꯟ ꯌꯨꯅꯤꯚꯔꯁꯤꯒꯤꯒꯤ
ꯁ꯭ꯀꯨꯜ ꯑꯣꯐ ꯂꯥꯏꯐ ꯑꯦꯟꯗ ꯍꯦꯜꯊ ꯁꯥꯏꯅꯁꯦꯁꯇ ꯆꯠꯊꯈꯤꯕ ꯑꯅꯧꯕ ꯁ꯭ꯇꯗꯤ
ꯑꯃꯅ ꯑꯃꯨꯛ ꯃꯦꯛꯑꯞꯀꯤ ꯄꯣꯠꯂꯝꯁꯤꯡꯗ ꯕꯦꯛꯇꯔꯤꯌꯥꯁꯤꯡꯒꯤ ꯃꯀꯣꯜ ꯁꯥꯏ
ꯍꯥꯏꯕ ꯍꯥꯟꯅꯅ ꯈꯪꯅꯗꯨ ꯂꯩꯔꯕ ꯋꯥꯐꯝ ꯑꯁꯤꯗ ꯑꯃꯨꯛꯀ ꯑꯍꯦꯟꯕ ꯏꯚꯤꯗꯦꯟꯁꯁꯤꯡ
ꯍꯥꯞꯆꯤꯜꯂꯛꯂꯤ꯫
ꯃꯈꯣꯏꯒꯤ sCTdi ꯑꯗꯨꯒꯤ ꯐꯥꯏꯟꯗꯤꯡ ꯑꯗꯨ ꯖꯔꯅꯦꯜ ꯑꯣꯐ ꯑꯦꯄ꯭ꯂꯥꯏꯗ
ꯃꯥꯏꯀ꯭ꯔꯣꯕꯥꯏꯑꯣꯂꯣꯖꯤ ꯍꯥꯏꯔꯤꯕ ꯖꯔꯅꯦꯜ ꯑꯃꯗ ꯐꯣꯡꯂꯛꯈꯤꯕꯅꯤ꯫ ꯁ꯭ꯇꯗꯤ ꯑꯗꯨꯗ
ꯌꯨꯅꯥꯏꯇꯦꯗ ꯀꯤꯡꯗꯝꯒꯤ ꯃꯦꯛꯑꯞ ꯁꯤꯖꯤꯟꯅꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯅ ꯗꯣꯅꯦꯠ ꯇꯧꯔꯛꯄ
ꯑꯀꯦ ꯑꯃꯧꯒꯤ ꯄꯣꯠꯂꯝ 467ꯀꯤ ꯁꯦꯝꯄꯜꯁꯤꯡꯕꯨ ꯑꯁ꯭ꯃ꯭ꯔꯤꯟ ꯕꯥꯁꯤꯔ ꯑꯃꯗꯤ
ꯄ꯭ꯔꯣ, ꯄꯤꯇꯔ ꯂꯝꯕꯔꯠꯅ ꯑꯦꯅꯥꯂꯥꯏꯖ ꯇꯧꯈꯤ꯫ ꯄꯣꯠꯂꯝꯁꯤꯡ ꯑꯗꯨꯒꯤ ꯃꯅꯨꯡꯗ
ꯂꯤꯞꯁ꯭ꯇꯤꯛ 96, ꯑꯥꯏꯂꯥꯏꯅꯔ 92, ꯃꯥꯁꯀꯔꯥ 93, ꯂꯤꯞ ꯒ꯭ꯂꯣꯁ 207 ꯑꯃꯗꯤ
ꯕ꯭ꯌꯨꯇꯤ ꯕ꯭ꯂꯦꯟꯗꯔ (ꯐꯥꯎꯟꯗꯦꯁꯟ ꯊꯥꯕꯗ
ꯅꯠꯇ꯭ꯔꯒꯅ ꯀꯟꯁꯤꯂꯔ ꯊꯥꯕꯗ ꯁꯤꯖꯤꯟꯅꯕ
ꯃꯦꯛꯑꯞ ꯁ꯭ꯄꯣꯟꯖ) 107 ꯌꯥꯎꯈꯤ꯫
ꯔꯤꯁꯥꯔꯆꯔꯁꯤꯡ ꯑꯗꯨꯅ ꯇꯦꯁꯠ
ꯇꯣꯕꯗ ꯈꯪꯕ ꯉꯝꯈꯤ ꯃꯗꯨꯗꯤ ꯄꯣꯠꯂꯝꯁꯤꯡ
ꯑꯁꯤꯒꯤ ꯆꯥꯗ 70-90 ꯗꯤ ꯕꯦꯛꯇꯔꯤꯌꯥꯅ
ꯀꯟꯇꯥꯃꯤꯅꯦꯠ ꯇꯧꯔꯝꯈꯤ, ꯑꯗꯨꯒ
ꯃꯌꯥꯝ ꯑꯁꯤꯒꯤ ꯃꯔꯛꯇꯒꯤ ꯕ꯭ꯌꯨꯇꯤ
ꯕ꯭ꯂꯦꯟꯗꯔꯁꯤꯡ ꯑꯗꯨꯅ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯍꯦꯟꯅ
ꯐꯤꯚꯝ ꯁꯣꯛꯂꯝꯃꯤ꯫
ꯏꯟꯚꯦꯁꯇꯤꯒꯦꯇꯔꯁꯤꯡ ꯑꯗꯨꯅ
ꯑꯦꯁ, ꯑꯔꯤꯌꯁ, ꯏ, ꯀꯣꯂꯥꯏ ꯑꯃꯗꯤ
ꯁꯥꯏꯇ꯭ꯔꯣꯕꯦꯛꯇꯔ ꯐ꯭ꯔꯤꯌꯨꯟꯗꯥꯏꯅꯆꯤꯡꯕ ꯃꯊꯪꯁꯤꯠꯅ ꯁ꯭ꯀꯤꯟ ꯏꯟꯐꯦꯛꯁꯟ, ꯐꯨꯗ
ꯄꯣꯏꯖꯅꯤꯡ ꯑꯃꯗꯤ ꯌꯨꯅꯤꯅꯔꯤ ꯇ꯭ꯔꯦꯛꯠ ꯏꯟꯐꯦꯛꯁꯟꯁꯤꯡ (ꯌꯨ ꯇꯤ ꯑꯥꯏ) ꯊꯣꯛꯍꯟꯕ
ꯕꯦꯛꯇꯔꯤꯌꯥꯁꯤꯡ ꯑꯁꯤ ꯃꯔꯥꯡ ꯀꯥꯏꯅ ꯌꯥꯎꯔꯝꯕ ꯊꯦꯡꯅꯈꯤ꯫

ꯐꯪꯈ꯭ꯔꯤꯕ ꯕꯦꯛꯇꯔꯤꯌꯥꯁꯤꯡ ꯑꯗꯨꯒꯤ ꯃꯅꯨꯡꯗ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯃꯁꯤꯡ ꯌꯥꯝꯕꯗꯤ
ꯁ꯭ꯇꯦꯐꯥꯏꯂꯣꯀꯣꯛꯀꯥꯏ/ꯃꯥꯏꯀ꯭ꯔꯣꯀꯣꯛꯀꯥꯏꯅꯤ꯫ ꯏꯟꯇꯦꯔꯣꯕꯦꯛꯇꯔꯤꯌꯥꯀꯤ ꯍꯥꯏꯔꯤꯕ
ꯕꯦꯛꯇꯔꯤꯌꯥ ꯑꯁꯤꯁꯨ ꯃꯦꯛꯑꯞꯀꯤ ꯄꯣꯠꯂꯝ ꯈꯨꯗꯤꯡꯃꯛꯇ ꯌꯥꯎꯕ ꯊꯦꯡꯅꯈꯤ,
ꯑꯗꯨꯒ ꯕ꯭ꯌꯨꯇꯤ ꯕ꯭ꯂꯦꯟꯗꯔꯁꯤꯡꯗꯅ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯍꯦꯟꯅ ꯌꯥꯝꯅ ꯌꯥꯎꯕ ꯊꯦꯡꯅꯈꯤ
ꯍꯥꯏꯅ ꯔꯤꯁꯥꯔꯆꯔꯁꯤꯡ ꯑꯗꯨꯅ ꯁ꯭ꯇꯗꯤꯒꯤ ꯄꯦꯄꯔꯗ ꯏꯔꯤ꯫
ꯐꯟꯖꯥꯏꯁꯤꯡꯅ ꯀꯟꯇꯥꯃꯤꯅꯦꯠ ꯇꯧꯕꯒꯤ ꯆꯥꯡꯁꯨ ꯕ꯭ꯌꯨꯇꯤ ꯕ꯭ꯂꯦꯟꯗꯔꯁꯤꯡ ꯑꯁꯤꯗꯒꯤ
ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯍꯦꯟꯅ ꯋꯥꯡꯏ꯫ ꯃꯁꯤꯒꯤ ꯃꯔꯝ ꯑꯁꯤ ꯃꯦꯛꯑꯞ ꯊꯥꯔꯝꯗꯥꯏꯗ ꯕ꯭ꯌꯨꯇꯤ
ꯕ꯭ꯂꯦꯟꯗꯔꯁꯤꯡ ꯑꯁꯤ ꯆꯣꯠꯍꯟꯕ ꯑꯁꯤꯅ ꯑꯣꯏꯒꯅꯤ ꯍꯥꯏꯅ ꯏꯟꯚꯦꯁꯇꯤꯒꯦꯇꯔꯁꯤꯡ
ꯑꯗꯨꯅ ꯊꯥꯖꯔꯤ꯫ ꯆꯣꯠ ꯆꯣꯠ ꯂꯥꯎꯕ ꯁꯔꯐꯦꯁꯁꯤꯡ ꯑꯁꯤ ꯐꯟꯖꯥꯏꯁꯤꯡꯒꯤ ꯈ꯭ꯋꯥꯏꯗꯒꯤ
ꯃꯐꯝ ꯆꯥꯕ ꯕ꯭ꯔꯤꯗꯤꯡ ꯒ꯭ꯔꯥꯎꯟꯗꯅꯤ ꯍꯥꯏꯅ ꯁ꯭ꯇꯗꯤ ꯑꯊꯔꯅ ꯍꯥꯏꯔꯤ꯫
ꯕꯦꯛꯇꯔꯤꯌꯦꯜ ꯀꯟꯇꯥꯃꯤꯅꯦꯟꯠ ꯈꯔ ꯑꯀꯛꯅꯕ ꯏꯟꯇꯦꯔꯣꯕꯦꯛꯇꯔꯤꯌꯥꯁꯤ
ꯑꯁꯤ ꯂꯤꯞ ꯒ꯭ꯂꯣꯁꯇꯁꯨ ꯌꯥꯎꯕ ꯊꯦꯡꯅꯈꯤ, ꯑꯗꯨꯒ ꯂꯤꯞꯁꯇꯤꯛꯇꯅ ꯈ꯭ꯋꯥꯏꯗꯒꯤ
ꯅꯦꯝꯕ ꯆꯥꯡꯗ ꯀꯟꯇꯥꯃꯤꯅꯦꯠ ꯇꯧꯕ ꯊꯦꯡꯅꯈꯤ꯫
ꯕꯥꯁꯤꯔ ꯑꯃꯗꯤ ꯄ꯭ꯔꯣ, ꯂꯝꯕꯔꯠꯇ ꯃꯦꯛꯑꯞꯀꯤ ꯄꯣꯠꯂꯝꯁꯤꯡ ꯗꯣꯅꯦꯠ
ꯇꯧꯔꯛꯈꯤꯕ ꯃꯤꯑꯣꯏꯁꯤꯡ ꯑꯗꯨꯅ ꯃꯁꯥ-ꯃꯁꯥꯅ ꯔꯤꯄꯣꯔꯠ ꯇꯧꯔꯛꯄ ꯏꯟꯐꯣꯔꯃꯦꯁꯟꯒꯤ
ꯃꯇꯨꯡꯏꯟꯅ ꯑꯀꯦ ꯑꯃꯧꯒꯤ ꯄꯣꯠꯂꯝꯁꯤꯡ ꯑꯗꯨꯒꯤ ꯆꯥꯗ 6.8 ꯈꯛꯇꯪꯗ ꯁꯦꯡꯗꯣꯛꯄꯒꯤ
ꯇꯧꯏ꯫ ꯗꯣꯅꯦꯠ ꯇꯧꯔꯛꯈꯤꯕ ꯃꯥꯁꯀꯔꯥ ꯋꯥꯟꯗꯁꯤꯡ ꯑꯃꯠꯇ ꯑꯃꯨꯛꯇꯐꯥꯎꯕ ꯁꯦꯡꯗꯣꯛꯇꯦ꯫
ꯃꯤꯑꯣꯏꯁꯤꯡ ꯑꯗꯨꯅ ꯃꯁꯥꯅ ꯔꯤꯄꯣꯔꯠ ꯇꯧꯔꯛꯄ ꯗꯦꯇꯥꯒꯤ ꯃꯇꯨꯡꯏꯟꯅꯁꯨ ꯑꯀꯦ
ꯑꯃꯧꯒꯤ ꯄꯣꯠꯂꯝꯁꯤꯡꯒꯤ ꯆꯥꯗ 27.3 ꯃꯔꯨꯑꯣꯏꯅ ꯑꯥꯏꯂꯥꯏꯅꯔ ꯑꯁꯤ ꯕꯥꯊꯔꯨꯝꯗ
ꯁꯤꯖꯤꯟꯅꯩ, ꯃꯁꯤꯅ ꯐꯤꯀꯦꯜ ꯃꯦꯇꯔꯁꯤꯡꯗ ꯀꯟꯇꯥꯃꯤꯅꯦꯠ ꯇꯧꯅꯕꯒꯤ ꯃꯔꯝ ꯑꯃ
ꯑꯣꯏꯍꯜꯂꯤ꯫ ꯑꯗꯨꯒ ꯑꯀꯦ ꯑꯃꯧꯒꯤ ꯄꯣꯠꯂꯝꯁꯤꯡꯒꯤ ꯆꯥꯗ 28.7 ꯗꯤ lEmaid ꯇꯥꯔꯨꯏ,
ꯃꯁꯤꯅ ꯄꯣꯠꯂꯝꯁꯤꯡ ꯑꯁꯤꯗ ꯃꯁꯤꯡ ꯌꯥꯝꯂꯕ ꯕꯦꯛꯇꯔꯤꯌꯥꯁꯤꯡ ꯆꯪꯍꯜꯂꯛꯏ꯫
ꯕ꯭ꯌꯨꯇꯤ ꯕ꯭ꯂꯦꯟꯗꯔꯁꯤꯡꯒ ꯁ꯭ꯄꯦꯁꯦꯜꯁꯤꯡ ꯑꯗꯨꯒꯤ ꯆꯥꯗ 35.6 ꯇꯤ ꯕꯥꯊꯔꯨꯝꯗ ꯊꯝꯏ
ꯅꯠꯇ꯭ꯔꯒꯅ ꯁꯤꯖꯤꯟꯅꯩ, ꯑꯃꯗꯤ ꯆꯥꯗ 64.4ꯅ lEmaid ꯇꯥꯔꯨꯔꯕ ꯄꯣꯠꯂꯝꯁꯤꯡꯅꯤ꯫
ꯊꯤꯖꯤꯟꯕꯗꯒꯤ ꯐꯪꯂꯛꯂꯤꯕꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯑꯁꯤꯒꯨꯝꯕ ꯄꯣꯠꯂꯝꯁꯤꯡ
ꯑꯁꯤ ꯃꯔꯨꯑꯣꯏꯅ ꯏꯟꯐꯦꯛꯁꯟ ꯇꯧꯒꯟꯕ ꯏꯝꯃ꯭ꯌꯨꯟ ꯁꯣꯟꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯒꯤ
ꯑꯣꯏꯅꯗꯤ ꯌꯥꯝꯅ ꯈꯨꯗꯣꯡꯊꯤꯅꯤꯡꯉꯥꯏꯅꯤ꯫ ꯃꯇꯝ ꯑꯗꯨꯅ ꯑꯩꯈꯣꯏꯅ ꯃꯦꯛꯑꯞꯀꯤ
ꯄꯣꯠꯂꯝꯁꯤꯡ ꯁꯤꯖꯤꯟꯅꯕꯗ ꯂꯨꯅ-ꯅꯥꯟꯅ ꯁꯤꯖꯤꯟꯅꯒꯗꯕꯅꯤ꯫ ꯑꯃꯗꯤ ꯃꯇꯝ ꯍꯦꯜꯂꯕ
ꯄꯣꯠꯂꯝꯁꯤꯡ ꯁꯤꯖꯤꯟꯅꯔꯣꯏꯗꯕꯅꯤ ꯍꯥꯏꯅ ꯔꯤꯁꯥꯔꯆꯔꯁꯤꯡꯅ ꯆꯦꯛꯁꯤꯟ ꯋꯥ ꯊꯝꯂꯤ꯫

ꯑꯀꯦ ꯑꯃꯧꯒꯤ ꯄꯣꯠꯂꯝꯁꯤꯡꯗ ꯈꯨꯗꯣꯡ ꯊꯤꯅꯤꯡꯉꯥꯏ ꯑꯣꯏꯔꯕ ꯕꯦꯛꯇꯔꯤꯌꯥꯁꯤꯡꯒꯤ ꯃꯀꯣꯜ ꯁꯥꯏ
ꯂꯧꯁꯤꯡ ꯄꯨꯛꯀꯩ / ꯈꯣꯝꯖꯤꯟꯕ: ꯀꯩꯊꯦꯜꯂꯥꯛꯄꯝ ꯈꯨꯃꯟꯉꯝꯕ
1| ꯕꯔꯂꯤꯟꯒꯤ ꯆꯦꯛꯄꯜ ꯊꯨꯒꯥꯏꯈ꯭ꯔꯕ ꯃꯇꯨꯡꯗ ꯅꯣꯡꯄꯣꯛ ꯑꯃꯁꯨꯡ ꯅꯣꯡꯆꯨꯞ
ꯖꯔꯃꯅꯤ ꯄꯨꯟꯁꯤꯟꯈꯤ꯫ ꯃꯗꯨꯗ ꯅꯣꯡꯄꯣꯛ ꯖꯔꯃꯅꯤꯒꯤ ꯃꯍꯨꯠꯁꯤꯟꯗꯨꯅ
ꯑꯣꯂꯤꯝꯄꯤꯛꯀꯤ ꯆꯦꯝꯄꯤꯌꯟ ꯑꯣꯏꯔꯝꯕ ꯁꯥꯟꯅꯔꯣꯏ ꯑꯃꯗꯤ ꯆꯍꯤ
ꯑꯃꯗ ꯁ꯭ꯇꯦꯔꯣꯏꯗ (Steriod) ꯒ꯭ꯔꯥꯝ 3,955 ꯆꯥꯈꯤ ꯍꯥꯏꯅ ꯈꯪꯂꯛꯈꯤ,
ꯃꯍꯥꯛ ꯑꯗꯨ ꯀꯅꯥꯅꯣ?
2) ꯑꯩꯍꯥꯛ ꯑꯅꯤꯁꯨꯕ ꯃꯦꯒꯥ ꯃꯔꯥꯊꯟꯗ ꯅꯨꯄꯥꯒꯤ ꯆꯍꯤ 50ꯒꯤ ꯒ꯭ꯔꯨꯞꯇ ꯑꯅꯤꯁꯨꯕ
ꯇꯥꯈꯤ꯫ ꯑꯩꯒꯤ ꯃꯃꯤꯡ ꯄꯤꯌꯨ꯫
3) ꯋꯤꯟꯇꯔ ꯑꯣꯂꯤꯝꯄꯤꯛꯀꯤ ꯁꯂꯥꯂꯣꯝ (SLALOM)ꯒꯤ ꯊꯧꯔꯝꯗ ꯑꯦꯊꯂꯦꯠ
ꯑꯝꯗꯤ ꯄꯣꯖꯤꯁꯟ ꯑꯍꯨꯝꯒꯤ ꯃꯅꯨꯡ ꯆꯟꯕ ꯉꯝꯈꯤꯗꯕꯗꯒꯤ ꯅꯤꯡꯕ ꯀꯥꯏꯈꯤ꯫
ꯃꯔꯝ ꯑꯗꯨꯅ ꯂꯝꯊꯨꯡꯐꯝ ꯌꯧꯒꯗꯕ ꯃꯤꯇꯔ ꯑꯃꯔꯣꯝꯗ ꯉꯥꯏꯔꯕ ꯃꯐꯝꯗꯒꯤ
ꯐꯝꯊꯔꯒ ꯂꯝꯊꯨꯡꯐꯝ ꯂꯣꯝꯗ ꯃꯅꯤꯡ ꯑꯣꯜꯂꯒ ꯂꯝꯊꯨꯡꯐꯝ ꯑꯗꯨ ꯂꯥꯟꯊꯣꯛꯈꯤ꯫
ꯃꯍꯥꯛ ꯑꯗꯨ ꯀꯅꯥꯅꯣ?
4) ꯃꯅꯤꯄꯨꯔꯗ ꯂꯩꯔꯤꯕ ꯀ꯭ꯂꯕ, ꯁ꯭ꯀꯨꯜ, ꯀꯣꯂꯦꯖꯇ ꯁ꯭ꯇꯦꯠꯀꯤ ꯑꯣꯏꯕ ꯁꯥꯟꯅꯕꯒꯤ
ꯂꯨꯞꯅꯆꯤꯡꯕ ꯑꯁꯤꯒꯤ ꯃꯅꯨꯡꯗ ꯍꯧꯈꯤꯕ ꯆꯍꯤ ꯅꯤꯐꯨ (40)
ꯑꯁꯤꯗ ꯆꯍꯤꯒꯤ ꯑꯣꯏꯅ ꯀ꯭ꯔꯣꯁ ꯀꯟꯇ꯭ꯔꯤ ꯂꯝꯖꯦꯜ
(Cross Country Race) ꯄꯥꯡꯊꯣꯛꯇꯨꯅ ꯃꯅꯥ
ꯃꯊꯨꯝ ꯑꯃꯗꯤ ꯁꯥꯔꯇꯤꯐꯤꯀꯦꯠꯅꯆꯤꯡꯕ ꯌꯦꯟꯊꯣꯛꯄ
ꯑꯃꯒꯤ ꯃꯃꯤꯡ ꯄꯤꯌꯨ꯫
5) ꯎꯠꯂꯤꯕ ꯁꯛꯇꯝ ꯑꯁꯤ ꯀꯅꯥꯅꯣ?

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯁ꯭ꯄꯣꯔꯠꯁ ꯀꯨꯏꯖ-108
ꯃꯊꯛꯇ ꯄꯤꯔꯤꯕ ꯋꯥꯍꯪꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯄꯥꯎꯈꯨꯝ ꯗꯤꯁꯦꯝꯕꯔ 15,
ꯅꯣꯡꯃꯥꯏꯖꯤꯡ ꯅꯨꯃꯤꯠꯀꯤ ꯑꯌꯨꯛꯀꯤ ꯄꯨꯡ 11 ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯄꯥꯎꯆꯦ
Asigi Aofist nTtCrg hueiyensportsquiz@gmail.

ꯆꯣꯃ ꯗ ꯃꯦꯜ ꯑꯣꯏꯅ ꯊꯥꯕꯤꯔꯛꯄ ꯌꯥꯒꯅꯤ꯫ ꯄꯥꯎꯈꯨꯝ ꯄꯤꯕꯤꯔꯛꯄ/
ꯊꯥꯕꯤꯔꯛꯄ ꯃꯇꯝꯗ ꯃꯤꯡ, ꯂꯩꯐꯝ ꯃꯍꯩꯒꯤ ꯊꯥꯛ ꯑꯃꯁꯨꯡ ꯀꯟꯇꯦꯛꯠ
ꯅꯝꯕꯔ ꯃꯌꯦꯛ ꯁꯦꯡꯅ ꯏꯕꯤꯔꯛꯎ꯫ ꯋꯥꯍꯪ ꯈꯨꯗꯤꯡꯃꯛꯀꯤ ꯄꯥꯎꯈꯨꯝ
ꯆꯨꯝꯅ ꯅꯠꯇ꯭ꯔꯒ ꯃꯁꯤꯡ ꯌꯥꯝꯅ ꯆꯨꯝꯅ ꯄꯤꯕꯤꯔꯛꯄ ꯃꯤꯑꯣꯏꯁꯤꯡ
ꯑꯗꯨꯗꯒꯤ ꯗ꯭ꯔꯣ ꯑꯣꯠꯆꯔꯒ ꯂꯥꯏꯕꯛ ꯐꯕ ꯃꯤꯁꯛ ꯑꯃ ꯈꯟꯖꯒꯅꯤ꯫
ꯂꯣꯏꯅꯅ ꯈꯜꯂꯕ ꯃꯤꯁꯛ ꯑꯗꯨꯗ ꯃꯅꯥ ꯄꯤꯖꯒꯅꯤ꯫

ꯒ
32ꯁꯨꯕ ꯃꯅꯤꯄꯨꯔ ꯁ꯭ꯇꯦꯠ ꯇꯥꯏꯀ꯭ꯋꯣꯟꯗꯣ ꯆꯦꯝꯄꯤꯌꯟꯁꯤꯞ 2019
ꯁꯕ ꯖꯨꯅꯤꯌꯔ ꯌꯨ-22 ꯀꯦꯖꯤꯒꯤꯗ ꯇꯤ ꯑꯩꯆ ꯊꯣꯏꯕꯤꯅ ꯒꯣꯜꯗ, ꯌꯥꯏꯈꯣꯝꯕꯤꯅ ꯁꯤꯜꯚꯔ, ꯆꯥꯟꯕꯤꯅ ꯕ꯭ꯔꯣꯟꯖ ꯃꯦꯗꯜ ꯂꯧꯕ ꯉꯝꯈ꯭ꯔꯦ
ꯏꯝꯐꯥꯜ, ꯗꯤꯁꯦꯝꯕꯔ 09 (ꯑꯩꯆ ꯑꯦꯟ ꯑꯦꯁ):
ꯑꯣꯜ ꯃꯅꯤꯄꯨꯔ ꯇꯥꯏꯀ꯭ꯋꯣꯟꯗꯣ ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟꯅ
ꯁꯤꯟꯗꯨꯅ ꯊꯥ ꯑꯁꯤꯒꯤ ꯇꯥꯡ 8ꯗꯒꯤ ꯈꯨꯃꯟ ꯂꯝꯄꯥꯛ
ꯏꯟꯗꯣꯔ ꯁ꯭ꯇꯦꯗꯤꯌꯝꯗ ꯆꯠꯊꯔꯛꯂꯤꯕ 32ꯁꯨꯕ
ꯃꯅꯤꯄꯨꯔ ꯁ꯭ꯇꯦꯠ ꯇꯥꯏꯀ꯭ꯋꯣꯟꯗꯣ ꯆꯦꯝꯄꯤꯌꯟꯁꯤꯞ
2019-20ꯒꯤ ꯉꯁꯤ ꯁꯕ ꯖꯨꯅꯤꯌꯔ ꯒꯥꯔꯜꯗ ꯌꯨ-22
ꯒꯤ ꯃꯦꯠꯆꯇ ꯇꯤ ꯑꯩꯆ ꯊꯣꯏꯕꯤ ꯆꯅꯨꯅ ꯒꯣꯜꯗ, ꯀꯦ
ꯑꯩꯆ ꯌꯥꯏꯈꯣꯝꯕꯤ ꯆꯅꯨꯅ ꯁꯤꯜꯚꯔ, ꯈ꯭ꯋꯥꯏꯔꯛꯄꯝ
ꯆꯟꯕꯤꯅ ꯕ꯭ꯔꯣꯟꯖ ꯂꯧꯕ ꯉꯝꯈ꯭ꯔꯦ꯫
ꯆꯦꯝꯄꯤꯌꯟꯁꯤꯞ ꯑꯁꯤ ꯌꯨꯅꯤꯠ 17ꯇꯒꯤ ꯂꯥꯛꯄ
ꯅꯨꯄꯥꯃꯆꯥ ꯁꯥꯟꯅꯔꯣꯏ 254 ꯅꯨꯄꯤꯃꯆꯥ ꯁꯥꯟꯅꯔꯣꯏ 117
ꯄꯨꯟꯅ ꯁꯥꯟꯅꯔꯣꯏ 311ꯅ ꯁꯔꯨꯛ ꯌꯥꯗꯨꯅ ꯆꯠꯊꯔꯤꯕꯅꯤ꯫
ꯉꯁꯤ ꯁꯥꯟꯅꯈꯤꯕ ꯁꯕ ꯖꯨꯅꯤꯌꯔ ꯕꯣꯏꯖ ꯌꯨ-25ꯀꯤꯗ
ꯑꯦꯜ ꯔꯣꯍꯤꯠ ꯒꯣꯜꯗ, ꯄ꯭ꯔꯀꯥꯁ ꯁꯤꯡꯍꯅ ꯁꯤꯜꯚꯔ,
ꯑꯕꯗꯨꯜ ꯍꯥꯅꯤꯐ ꯑꯃꯁꯨꯡ ꯙꯥꯅꯟꯖꯤꯠꯅ ꯕ꯭ꯔꯣꯟꯖ ꯃꯦꯗꯜ
ꯂꯧꯕ ꯉꯝꯈ꯭ꯔꯦ꯫
ꯁꯕ-ꯖꯨꯅꯤꯌꯔ ꯕꯣꯏꯖ ꯌꯨ-29ꯒꯤꯗ ꯑꯦꯜ ꯅꯤꯀꯥꯁ
ꯃꯩꯇꯩꯅ ꯒꯣꯜ, ꯊꯧꯅꯥ ꯁꯤꯡꯍꯅ ꯁꯤꯜꯚꯔ, ꯑꯃꯤꯇ꯭ꯔꯥ
ꯑꯃꯁꯨꯡ ꯔꯤꯁꯤꯀꯥꯟꯇ ꯑꯅꯤꯅ ꯕ꯭ꯔꯣꯟꯖ ꯂꯧꯕ
ꯉꯝꯈ꯭ꯔꯦ꯫

ꯖꯨꯅꯤꯌꯔ ꯒꯥꯔꯜꯁ ꯌꯨ-55 ꯀꯦꯖꯤꯗ ꯊꯤꯌꯥꯝ
ꯂꯛꯀꯤ ꯗꯦꯕꯤꯅ ꯒꯣꯜꯗ, ꯕꯤꯗ꯭ꯌꯥꯂꯛꯁꯃꯤꯅ ꯁꯤꯜꯚꯔ,
ꯁꯟꯗꯤꯀꯥ ꯄꯥꯔꯕꯤꯟꯅ ꯕ꯭ꯔꯣꯟꯖ ꯃꯦꯗꯜ ꯂꯧꯕ ꯉꯝꯈꯤ꯫
ꯖꯨꯅꯤꯌꯔ ꯒꯥꯔꯜꯁ ꯌꯨ-44 ꯀꯦꯖꯤꯗ ꯑꯦꯜ ꯔꯤꯌꯥꯅ
ꯒꯣꯜꯗ ꯂꯧꯕ ꯉꯝꯈꯤ꯫
ꯀꯦꯗꯦꯠ ꯕꯣꯏꯖ ꯌꯨ-45 ꯀꯦꯖꯤꯗ ꯈꯥꯏꯗꯦꯝ
ꯔꯣꯕꯥꯔꯠꯅ ꯒꯣꯜ ꯏꯔꯨꯡꯕꯝ ꯁꯆꯤꯟꯅ ꯁꯤꯜꯚꯔ,
ꯁꯦꯈꯔꯖꯤꯠ ꯑꯃꯁꯨꯡ ꯗꯦꯕꯔꯥꯠ ꯑꯅꯤꯅ ꯕ꯭ꯔꯣꯟꯖ ꯃꯦꯗꯜ
ꯂꯧꯕ ꯉꯝꯈ꯭ꯔꯦ꯫ ꯀꯦꯗꯦꯠ ꯕꯣꯏꯖ ꯌꯨ-53 ꯀꯦꯖꯤꯗ
ꯀꯤꯁꯟ ꯁꯤꯡꯍꯅ ꯒꯣꯜꯗ, ꯔꯣꯍꯤꯠꯅ ꯁꯤꯜꯚꯔ,
ꯕꯥꯁꯀꯔ ꯑꯃꯁꯨꯡ ꯗꯦꯚꯣꯈ꯭ꯔꯤꯁ ꯑꯅꯤꯅ ꯕ꯭ꯔꯣꯟꯖ
ꯃꯦꯗꯜ ꯂꯧꯕ ꯉꯝꯈ꯭ꯔꯦ꯫ ꯀꯦꯗꯦꯠ ꯕꯣꯏꯖ ꯌꯨ-61
ꯀꯦꯖꯤꯗ ꯌꯥꯏꯈꯣꯝꯕꯅ ꯒꯣꯜꯗ, ꯁꯥꯡꯕꯅ ꯁꯤꯜꯚꯔ,
ꯁꯨꯟꯗꯔ ꯑꯃꯁꯨꯡ ꯌꯣꯏꯍꯩꯕ ꯑꯅꯤꯅ ꯕ꯭ꯔꯣꯟꯖ ꯃꯦꯗꯜ
ꯂꯧꯕ ꯉꯝꯈ꯭ꯔꯦ꯫
ꯀꯦꯗꯦꯠ ꯒꯥꯔꯜꯁ ꯌꯨ-47ꯀꯦꯖꯤꯗ
ꯄ꯭ꯔꯤꯌꯥꯗꯔꯁꯤꯅꯤꯅ ꯒꯣꯜ, ꯏꯔꯣꯝ ꯕꯤꯖꯌꯥꯅ ꯁꯤꯜꯚꯔ,
ꯉꯥꯟꯊꯣꯏ ꯑꯃꯁꯨꯡ ꯇꯦꯔꯦꯁꯥ ꯑꯅꯤꯅ ꯕ꯭ꯔꯣꯟꯖ ꯃꯦꯗꯜ
ꯂꯧꯕ ꯉꯝꯈ꯭ꯔꯦ꯫ ꯀꯦꯗꯦꯠ ꯒꯥꯔꯜꯁ ꯌꯨ-33 ꯀꯦꯖꯤꯗ
ꯚꯤꯛꯇꯣꯔꯤꯌꯥꯅ ꯒꯣꯜ, ꯖꯌꯥꯖꯦꯁꯤꯅ ꯁꯤꯜꯚꯔ, ꯖꯣꯂꯤꯅ
ꯕ꯭ꯔꯣꯟꯖ ꯃꯦꯗꯜ ꯂꯧꯕ ꯉꯝꯈ꯭ꯔꯦ꯫ ꯀꯦꯗꯦꯠ ꯒꯥꯔꯜꯁ
ꯌꯨ-55 ꯀꯦꯖꯤꯗ ꯂꯨꯁꯤ ꯆꯅꯨꯅ ꯁꯤꯜꯚꯔ ꯂꯥꯏꯁ꯭ꯔꯝ
ꯔꯨꯁꯤꯌꯥ ꯆꯅꯨꯅ ꯕ꯭ꯔꯣꯟꯖ ꯂꯧꯕ ꯉꯝꯈ꯭ꯔꯦ꯫ ꯀꯦꯗꯦꯠ
ꯒꯥꯔꯜꯁ ꯌꯨ-59 ꯀꯦꯖꯤꯗ ꯄ꯭ꯔꯤꯌꯥꯗꯔꯁꯤꯅꯤꯅ ꯒꯣꯜ
ꯂꯤꯡ ꯖꯦꯟꯁꯥꯅꯥꯅ ꯁꯤꯜꯚꯔ ꯃꯍꯦꯁꯣꯔꯤꯅ ꯕ꯭ꯔꯣꯟꯖ
ꯃꯦꯗꯜ ꯂꯧꯕ ꯉꯝꯈ꯭ꯔꯦ꯫ ꯀꯦꯗꯦꯠ ꯒꯥꯔꯜꯁ ꯌꯨ-41
ꯀꯦꯖꯤꯗ ꯁꯥꯏꯅꯥ ꯗꯦꯕꯤꯅ ꯒꯣꯜ, ꯈꯥꯇꯟꯅ ꯁꯤꯜꯚꯔ,
ꯑꯁꯥꯀꯤꯔꯟ ꯑꯃꯁꯨꯡ ꯇꯥꯅꯤꯌꯥ ꯗꯦꯚꯤ ꯑꯅꯤꯅ ꯕ꯭ꯔꯣꯟꯖ
ꯂꯧꯕ ꯉꯝꯈ꯭ꯔꯦ꯫
ꯁꯕ ꯖꯨꯅꯤꯌꯔ ꯕꯣꯏꯁ ꯌꯨ-21 ꯀꯦꯖꯤꯗ ꯂꯧꯔꯦꯝꯕꯝ
ꯗꯥꯏꯃꯣꯟꯗ ꯁꯤꯡꯍꯅ ꯒꯣꯜ, ꯃꯥꯉꯥꯜꯅ ꯁꯤꯜꯚꯔ,
ꯏꯔꯤꯛꯁꯟ ꯑꯃꯁꯨꯡ ꯆꯤꯡꯂꯦꯝꯕꯅ ꯕ꯭ꯔꯣꯟꯖ
ꯃꯦꯗꯜ ꯂꯧꯕ ꯉꯝꯈ꯭ꯔꯦ꯫ ꯁꯕ ꯖꯨꯅꯤꯌꯔ ꯕꯣꯏꯖ
ꯌꯨ-38 ꯀꯦꯖꯤꯒꯤꯗ ꯑꯦꯜ ꯁꯟꯖꯤꯠꯅ ꯒꯣꯜ, ꯃꯩꯇ꯭ꯔꯝ
ꯁꯝꯁꯟ ꯁꯤꯡꯍꯅ ꯁꯤꯜꯚꯔ, ꯁꯤꯒꯤꯔ ꯑꯃꯁꯨꯡ
ꯁꯔꯥꯟꯗꯦꯁ ꯑꯅꯤꯅ ꯕ꯭ꯔꯣꯟꯖ ꯃꯦꯗꯜ ꯂꯧꯕ ꯉꯝꯈ꯭ꯔꯦ꯫
ꯁꯕ-ꯖꯨꯅꯤꯌꯔ ꯕꯣꯏꯖ ꯌꯨ-35 ꯀꯦꯖꯤꯗ ꯅꯤꯇꯤꯁꯅ
ꯒꯣꯜ, ꯑꯦ ꯂꯝꯌꯥꯟꯕꯅ ꯁꯤꯟꯕꯔ, ꯂꯛꯁꯤꯟꯉꯝꯕ
ꯑꯃꯁꯨꯡ ꯑꯍꯦꯟꯕ ꯑꯅꯤꯅ ꯕ꯭ꯔꯣꯟꯖ ꯃꯦꯗꯜ ꯂꯧꯕ
ꯉꯝꯈ꯭ꯔꯦ꯫ ꯁꯕ ꯖꯨꯅꯤꯌꯔ ꯕꯣꯏꯖ ꯌꯨ-23 ꯀꯦꯖꯒꯤꯗ
ꯃꯉꯥꯜ ꯃꯩꯇꯩꯅ ꯒꯣꯜ, ꯔꯣꯁꯟꯅ ꯁꯤꯜꯚꯔ, ꯕꯤꯀꯥꯁ
ꯑꯃꯁꯨꯡ ꯁꯨꯝꯁꯜ ꯑꯅꯤꯅ ꯕ꯭ꯔꯣꯟꯖ ꯃꯦꯗꯜ ꯂꯧꯕ
ꯉꯝꯈ꯭ꯔꯦ꯫

ꯖꯨꯅꯤꯌꯔ ꯕꯣꯏꯖ ꯌꯨ-48 ꯀꯦꯖꯤꯒꯤꯗ ꯁꯥꯏꯈꯣꯝ
ꯔꯣꯍꯤꯠꯅ ꯒꯣꯜ, ꯔꯣꯕꯤꯟꯁꯟꯅ ꯁꯤꯜꯚꯔ, ꯁꯔꯠ
ꯑꯃꯁꯨꯡ ꯗꯦꯕꯖꯤꯠ ꯑꯅꯤꯅ ꯕ꯭ꯔꯣꯟꯖ ꯃꯦꯗꯜ ꯂꯧꯕ
ꯉꯝꯈ꯭ꯔꯦ꯫ ꯖꯨꯅꯤꯌꯔ ꯕꯣꯏꯖ ꯌꯨ-55 ꯀꯦꯖꯤꯒꯤꯗ
ꯂꯦꯝꯕꯅ ꯒꯣꯜꯗ, ꯁꯨꯔꯦꯁꯅ ꯁꯤꯡꯚꯔ, ꯏꯪꯂꯦꯟ
ꯑꯃꯁꯨꯡ ꯔꯣꯁꯟ ꯑꯅꯤꯅ ꯕ꯭ꯔꯣꯟꯖ ꯃꯦꯗꯜ ꯂꯧꯕ
ꯉꯝꯈ꯭ꯔꯦ꯫ ꯖꯨꯅꯤꯌꯔ ꯕꯣꯏꯖ ꯌꯨ-63 ꯀꯦꯖꯤꯒꯤꯗ
ꯔꯥꯍꯨꯜꯅ ꯒꯣꯜꯗ, ꯑꯀꯣꯏꯖꯝ ꯀꯦꯟꯁꯤꯡꯅ ꯁꯤꯜꯚꯔ,
ꯖꯦꯠꯂꯤ ꯑꯃꯁꯨꯡ ꯂꯣꯌꯥꯝꯕ ꯑꯅꯤꯅ ꯕ꯭ꯔꯣꯟꯖ ꯃꯦꯗꯜ
ꯂꯧꯕ ꯉꯝꯈ꯭ꯔꯦ꯫

17ꯁꯨꯕ ꯃꯅꯤꯄꯨꯔ ꯚꯦꯇꯔꯥꯟ ꯀ꯭ꯔꯤꯀꯦꯠ ꯇꯨꯔꯅꯥꯃꯦꯟꯠ 2019
ꯑꯣꯁꯀꯥꯔ ꯄꯥꯎꯅꯥ ꯕꯖꯥꯔꯅ ꯗꯤ ꯑꯦꯁ ꯌꯨ ꯀ꯭ꯋꯥꯀꯩꯊꯦꯜꯕꯨ ꯋꯤꯀꯦꯠ 3ꯗ ꯃꯥꯏꯊꯤꯕ ꯄꯤꯈ꯭ꯔꯦ
ꯏꯝꯐꯥꯜ, ꯗꯤꯁꯦꯝꯕꯔ 09 (ꯑꯩꯆ ꯑꯦꯟ ꯑꯦꯁ):
ꯃꯅꯤꯄꯨꯔ ꯚꯦꯇꯔꯥꯟ ꯀ꯭ꯔꯤꯀꯦꯠ
ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟ (ꯑꯦꯝ ꯚꯤ ꯁꯤ
ꯑꯦ)ꯅ ꯁꯤꯟꯗꯨꯅ ꯂꯪꯊꯕꯥꯜ ꯄꯕ꯭ꯂꯤꯛ
ꯒ꯭ꯔꯥꯎꯟꯗ ꯄꯥꯡꯊꯣꯛꯂꯤꯕ 17ꯁꯨꯕ
ꯃꯅꯤꯄꯨꯔ ꯚꯦꯇꯔꯥꯟ ꯀ꯭ꯔꯤꯀꯦꯠ
ꯇꯨꯔꯅꯥꯃꯦꯟꯠ 2019-20ꯒꯤ ꯉꯁꯤ
ꯁꯥꯟꯅꯈꯤꯕ ꯃꯦꯠꯆꯇ ꯑꯣꯁꯀꯥꯔ
ꯄꯥꯎꯅꯥ ꯕꯖꯥꯔꯅ ꯗꯤ ꯑꯦꯁ ꯌꯨ
kCwaKEHeLbu wikeT 3d maIHib
ꯄꯤꯈ꯭ꯔꯦ꯫
ꯇꯣꯉꯥꯟ ꯇꯣꯉꯥꯟꯕ ꯇꯤꯝ 8ꯅ
ꯒ꯭ꯔꯨꯞ ꯑꯅꯤ ꯊꯣꯛꯅ ꯈꯥꯏꯗꯣꯛꯇꯨꯅ
ꯄꯥꯡꯊꯣꯛꯂꯤꯕ 17ꯁꯨꯕ ꯃꯅꯤꯄꯨꯔ
ꯚꯦꯇꯔꯥꯟ ꯀ꯭ꯔꯤꯀꯦꯠ ꯇꯨꯔꯅꯥꯃꯦꯟꯠ
2019-20ꯒꯤ ꯉꯁꯤ ꯁꯥꯟꯅꯈꯤꯕ ꯃꯦꯠꯆ

Adud di Aes yu kCwaKEHeLn
ꯇꯣꯁ ꯉꯝꯗꯨꯅ ꯕꯦꯠꯇꯤꯡ ꯈꯟꯈꯤ꯫
ꯑꯍꯥꯟꯕ ꯏꯟꯅꯤꯡꯁꯇ ꯕꯦꯠꯇꯤꯡ
ꯇꯧꯁꯤꯕ ꯗꯤ ꯑꯦꯁ ꯌꯨ ꯀ꯭ꯋꯥꯀꯩꯊꯦꯜꯅ
ꯑꯄꯤꯕ ꯑꯣꯚꯔ 30ꯒꯤ ꯃꯅꯨꯡꯗ
ꯋꯤꯀꯦꯠ 8 ꯇꯨꯔꯒ ꯔꯟ 188 ꯂꯧꯕ
ꯉꯝꯈꯤ꯫ ꯗꯤ ꯑꯦꯁ ꯌꯨ ꯀ꯭ꯋꯥꯀꯩꯊꯦꯜꯒꯤ
ꯔꯟꯁꯤꯡ ꯑꯗꯨ ꯁꯣꯃꯣꯔꯖꯤꯠꯅ ꯕꯣꯜ
37ꯇ ꯔꯟ 42, ꯇꯣꯝꯕꯅ ꯕꯣꯜ 45ꯗ
ꯔꯟ 40, ꯆꯤꯡꯀꯥꯝꯅ ꯕꯣꯜ 44 ꯗ ꯔꯟ
36 ꯂꯧꯕ ꯉꯝꯈꯤ꯫
ꯑꯍꯥꯟꯕ ꯏꯟꯅꯤꯡꯇ ꯕꯣꯜꯂꯤꯡ
ꯇꯧꯈꯤꯕ ꯑꯣꯁꯀꯥꯔ ꯄꯥꯎꯅꯥ ꯕꯖꯥꯔꯒꯤ
ꯃꯥꯏꯀꯩꯗꯒꯤ ꯑꯪꯒꯨꯅ ꯑꯣꯚꯔ 6ꯇ
ꯋꯤꯀꯦꯠ 2, ꯂꯥꯜꯕꯣꯏꯅ ꯑꯣꯚꯔ 6ꯇ
ꯋꯤꯀꯦꯠ 1, ꯗꯦꯕꯀꯥꯟꯇꯅ ꯑꯣꯚꯔ 4
ꯗ ꯋꯤꯀꯦꯠ 1 ꯂꯧꯕ ꯉꯝꯈꯤ꯫
ꯑꯅꯤꯁꯨꯕ ꯏꯟꯅꯤꯡꯇ ꯕꯣꯜꯂꯤꯡ
ꯇꯧꯈꯤꯕ ꯑꯣꯁꯀꯥꯔꯅ ꯑꯣꯚꯔ 29.3ꯗ
ꯋꯤꯀꯦꯠ 7 ꯇꯨꯔꯒ ꯔꯟ 190 ꯂꯧꯗꯨꯅ
ꯃꯦꯠꯆ ꯑꯗꯨ ꯃꯥꯏꯄꯥꯛꯄ ꯉꯝꯈꯤ꯫
ꯑꯣꯁꯀꯥꯔꯒꯤ ꯃꯥꯏꯀꯩꯗꯒꯤ ꯋꯤꯪꯍꯔꯅ
ꯕꯣꯜ 56ꯇ ꯔꯟ 55, ꯒꯨꯒꯨꯅ ꯕꯣꯜ 42ꯗ
ꯔꯟ 90, ꯍꯦꯂꯦꯟꯗ꯭ꯔꯣꯅ ꯕꯣꯜ 31ꯗ
ꯔꯟ 28 ꯂꯧꯕ ꯉꯝꯈꯤ꯫
ꯑꯅꯤꯁꯨꯕ ꯏꯟꯅꯤꯡꯁꯇ ꯕꯣꯜꯂꯤꯡ
ꯇꯧꯈꯤꯕ ꯗꯤ ꯑꯦꯁ ꯌꯨ ꯀ꯭ꯋꯥꯀꯩꯊꯦꯜꯒꯤ
ꯃꯥꯏꯀꯩꯗꯒꯤ ꯇꯣꯝꯕꯅ ꯑꯣꯚꯔ 6ꯇ
ꯋꯤꯀꯦꯠ 1, ꯃꯥꯏꯁꯟꯅ ꯑꯣꯚꯔ 5.3ꯗ
ꯋꯤꯀꯦꯠ 2, ꯁꯃꯥꯅꯟꯗꯅ ꯑꯣꯚꯔ 5ꯗ
ꯋꯤꯀꯦꯠ 1 ꯂꯧꯕ ꯉꯝꯈꯤ꯫ ꯃꯦꯠꯆ
ꯑꯁꯤꯒꯤ ꯃꯦꯟ ꯑꯣꯐ ꯗꯤ ꯃꯦꯠꯆꯅ
ꯑꯣꯁꯀꯥꯔꯒꯤ ꯋꯤꯡꯍꯔꯅ ꯕꯣꯜ 56ꯗ
ꯇꯔꯟ 55 ꯂꯧꯗꯨꯅ ꯇꯥꯈꯤ꯫

ꯑꯦ ꯗꯤ ꯁꯤ ꯆꯥꯟꯗꯦꯜ ꯐꯔꯁꯠ ꯗꯤꯚꯤꯖꯟ 2019
ꯆꯛꯄꯤꯀꯥꯔꯣꯡ ꯌꯪꯁ꯭ꯇꯔꯅ ꯔꯨꯡꯆꯥꯡ ꯑꯦꯐ ꯁꯤꯕꯨ ꯄꯥꯟꯖꯜ 5-4ꯗ ꯃꯥꯏꯊꯤꯕ ꯄꯤꯈ꯭ꯔꯦ
ꯏꯝꯐꯥꯜ, ꯗꯤꯁꯦꯝꯕꯔ 09 (ꯑꯩꯆ ꯑꯦꯟ ꯑꯦꯁ):
ꯗꯤꯁꯇ꯭ꯔꯤꯛ ꯁ꯭ꯄꯣꯔꯠꯁ
ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟ ꯆꯥꯟꯗꯦꯜꯅ ꯁꯤꯟꯗꯨꯅ
ꯉꯁꯤꯗꯒꯤ ꯂꯤꯋꯥ ꯁꯥꯔꯩ ꯚꯤꯂꯦꯖ
ꯒ꯭ꯔꯥꯎꯟꯗ ꯄꯥꯡꯊꯣꯛꯄ ꯐꯔꯁꯠ
ꯗꯤꯚꯤꯖꯟ ꯐꯨꯠꯕꯣꯜ ꯂꯤꯒ 2019
ꯍꯧꯗꯣꯛꯈꯤꯕꯒ ꯂꯣꯏꯟꯅ ꯑꯍꯥꯟꯕ
ꯅꯨꯃꯤꯠꯇ ꯁꯥꯟꯅꯈꯤꯕ ꯃꯦꯠꯆꯇ ꯔꯨꯡꯆꯥꯡ
ꯑꯦꯐ ꯁꯤꯃ ꯁꯨꯒ꯭ꯅꯨ ꯑꯦꯐ ꯁꯤ, ꯍꯟꯇꯔ
ꯃꯥꯏ ꯄꯥꯛꯈ꯭ꯔꯦ꯫
ꯐꯔꯁꯠ ꯗꯤꯚꯤꯖꯟ ꯐꯨꯠꯕꯣꯜ
ꯂꯤꯒ 2019ꯒꯤ ꯑꯣꯄꯅꯤꯡ ꯃꯦꯠꯆ
ꯑꯣꯏꯅ ꯔꯨꯡꯆꯥꯡ ꯑꯦꯐ ꯁꯤ ꯑꯃꯁꯨꯡ
ꯆꯛꯄꯤꯀꯥꯔꯣꯡ ꯌꯪꯁ꯭ꯇꯥꯔ ꯂꯝꯕ
ꯇꯧꯅꯈꯤ꯫ ꯃꯦꯠꯆ ꯑꯁꯤꯗ ꯔꯨꯡꯆꯥꯡ
ꯑꯦꯐ ꯁꯤꯅ ꯆꯛꯄꯤꯀꯥꯔꯣꯡ ꯌꯪꯁ꯭ꯇꯔꯕꯨ
ꯄꯥꯟꯖꯜ 5-4ꯗ ꯃꯥꯏꯊꯤꯕ ꯄꯤꯈꯤ꯫
ꯔꯨꯡꯆꯥꯡ ꯑꯦꯐ ꯁꯤꯒꯤ ꯃꯥꯏ ꯄꯥꯛꯄꯒꯤ
ꯄꯥꯟꯖꯜꯁꯤꯡ ꯑꯗꯨ ꯃꯧꯋꯥꯉꯝ ꯖꯔꯁꯤ
ꯅꯝꯕꯔ 5, ꯃꯣꯌꯤꯡ ꯖꯔꯁꯤ ꯅꯝꯕꯔ
17, ꯂꯥꯔꯅꯤꯔꯤꯡ ꯖꯔꯁꯤ ꯅꯝꯕꯔ
12, ꯀꯣꯏꯑꯣꯔꯤꯡ ꯖꯔꯁꯤ ꯅꯝꯕꯔ
7, ꯃꯣꯀꯔꯤꯗ ꯖꯔꯁꯤ ꯅꯝꯕꯔ 9ꯅ
ꯆꯟꯈꯤ꯫ ꯃꯥꯏꯊꯤꯍꯧꯔꯕ ꯆꯛꯄꯤꯀꯥꯔꯣꯡ
ꯌꯪꯁ꯭ꯇꯔꯒꯤ ꯄꯥꯟꯖꯜꯁꯤꯡ ꯑꯗꯨ ꯗꯕꯂꯤꯌꯨ
ꯑꯦꯁ ꯂꯨꯉꯝ ꯖꯔꯁꯤ ꯅꯝꯕꯔ 77,
ꯕꯤ ꯗꯤ ꯂꯚꯔꯁꯟ ꯖꯔꯁꯤ ꯅꯝꯕꯔ 7,
ꯃꯣꯀꯔꯤꯗ ꯖꯔꯁꯤ ꯅꯝꯕꯔ 6 ꯑꯃꯗꯤ
ꯀꯦꯅꯦꯗꯤ ꯖꯔꯁꯤ ꯅꯝꯕꯔ 10ꯅ ꯆꯟꯈꯤ꯫

ꯑꯅꯤꯁꯨꯕ ꯒ꯭ꯔꯥꯎꯟꯗ ꯁꯨꯒ꯭ꯅꯨ ꯑꯦꯐ ꯁꯤ
ꯑꯃꯁꯨꯡ ꯇꯧꯄꯣꯛꯄꯤ ꯑꯦꯐ ꯁꯤ ꯂꯝꯕꯥ
ꯇꯧꯅꯈꯤ ꯃꯦꯠꯆ ꯑꯗꯨ ꯁꯨꯒ꯭ꯅꯨ ꯑꯦꯐ ꯁꯤꯅ
ꯇꯧꯄꯣꯛꯄꯤ ꯑꯦꯐ ꯁꯤꯕ ꯄꯥꯟꯖꯜ
5-4ꯗ ꯃꯥꯏꯊꯤꯕ ꯄꯤꯈꯤ꯫ ꯁꯨꯒ꯭ꯅꯨ ꯑꯦꯐ
ꯁꯤꯒꯤ ꯃꯥꯏ ꯄꯥꯛꯄꯒꯤ ꯄꯥꯟꯖꯜꯁꯤꯡ
ꯑꯗꯨ ꯁꯣꯂꯣꯃꯣꯟ ꯖꯔꯁꯤ ꯅꯝꯕꯔ 9,
ꯗꯌꯥꯅꯟꯗ ꯖꯔꯁꯤ ꯅꯝꯕꯔ 3, ꯂꯤꯚꯁꯟ
ꯖꯔꯁꯤ ꯅꯝꯕꯔ 2, ꯌꯥꯏꯐꯕ ꯖꯔꯁꯤ
ꯅꯝꯕꯔ 7ꯅ ꯆꯟꯈꯤ꯫ ꯃꯥꯏꯊꯤꯍꯧꯔꯕ
ꯇꯧꯄꯣꯛꯄꯤ ꯑꯦꯐ ꯁꯤꯒꯤ ꯄꯥꯟꯖꯜꯁꯤꯡ
ꯑꯗꯨ ꯁꯣꯃꯤ ꯖꯔꯁꯤ ꯅꯝꯕꯔ 10,
ꯖꯌꯉꯝ ꯖꯔꯁꯤ ꯅꯝꯕꯔ 13 ꯑꯃꯗꯤ
ꯇꯤ ꯑꯦꯁ ꯋꯣꯁꯚꯤꯟ ꯖꯔꯁꯤ ꯅꯝꯕꯔ
7 ꯆꯟꯈꯤ꯫ ꯑꯍꯨꯝꯁꯨꯕ ꯒ꯭ꯔꯥꯎꯟꯗ
ꯁꯥꯟꯅꯈꯤꯕ ꯃꯦꯠꯆꯇ ꯍꯟꯇꯔ ꯑꯦꯐ
ꯁꯤꯅ ꯅꯨꯡꯄꯝ ꯑꯦꯐ ꯁꯤꯕꯨ ꯄꯥꯟꯖꯞ
1-0ꯗ ꯃꯥꯏꯊꯤꯕ ꯄꯤꯈꯤ꯫ ꯍꯟꯇꯔ
ꯑꯦꯐ ꯁꯤꯒꯤ ꯃꯥꯏ ꯄꯥꯛꯄꯒꯤ ꯄꯥꯟꯖꯜ
ꯑꯗꯨ ꯗꯤꯄꯥꯔ ꯖꯔꯁꯤ ꯅꯝꯕꯔ 16ꯅ
ꯆꯟꯈꯤ꯫