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ꯋꯥꯔꯤ ꯑꯃꯁꯨꯡ ꯈꯨꯠꯌꯦꯛ ꯁꯝꯁꯟ ꯁꯂꯥꯝ
ꯑꯗꯨꯕꯨ ꯃꯥꯔꯖꯤꯠꯇ ꯂꯝꯟ ꯈꯨꯝꯕ ꯉꯝꯂꯝꯗꯅ ꯀꯕꯣ ꯅꯤꯡꯊꯧ ꯅꯣꯡꯒꯥꯈꯤꯔꯝꯃꯤ꯫

ꯃꯩꯇꯩ ꯅꯤꯡꯊꯧꯗꯨ ꯂꯦꯝꯅ ꯊꯥꯒꯅꯨꯀꯣ

Icanupa

ꯊꯧꯗꯣꯛꯇꯨ ꯀꯕꯣ ꯅꯤꯡꯊꯧ ꯕꯣꯗꯥꯎꯄꯌꯥꯒꯤ ꯅꯤꯌꯝꯒꯤ ꯋꯥꯡꯃꯗ ꯑꯣꯏꯔꯝꯕꯅ ꯃꯍꯥꯛ
ꯁꯥꯎꯅꯤꯡꯈꯤꯔꯝꯃꯤ꯫
ꯏꯌꯥ ꯃꯩꯇꯩ
ꯅꯤꯡꯊꯧ ꯂꯝꯍꯦꯟꯕ
ꯈꯪꯒꯅꯤꯗꯣ꯫

ꯆꯍꯤ ꯇꯔꯦꯠ ꯈꯨꯟꯇꯥꯛꯄ
ꯑꯥꯔꯠ ꯑꯃꯁꯨꯡ ꯀꯂꯔ : ꯁꯝꯁꯟ ꯁꯂꯥꯝ
ꯄꯤꯔꯤꯕ ꯗꯣꯠꯁꯤꯡ ꯁꯝꯖꯤꯟꯅꯔꯒ,
ꯂꯥꯏ ꯑꯁꯤ ꯃꯄꯨꯡ ꯐꯥꯍꯜꯂꯨ
ꯃꯥꯔꯖꯤꯠꯅ ꯀꯕꯣꯒꯤ ꯀꯣꯅꯨꯡꯗꯨꯒꯨꯝꯕ ꯅꯤꯡꯊꯤꯔꯕ ꯁꯅꯥꯅ ꯀꯨꯞꯇꯨꯅ ꯀꯪꯂꯩꯄꯥꯛꯇ
ꯁꯥꯔꯝꯃꯤ꯫

1| ꯑꯣꯂꯤꯝꯄꯤꯛꯀꯤ ꯋꯥꯇꯔ ꯄꯣꯂꯣꯗ ꯀ꯭ꯂꯕ ꯑꯃꯅ ꯒ꯭ꯔꯦꯠ
ꯕ꯭ꯔꯤꯇꯦꯟꯒꯤ ꯃꯍꯨꯠ ꯁꯤꯟꯗꯨꯅ ꯁꯔꯨꯛ ꯌꯥꯈꯤꯕꯗ ꯁꯅꯥꯒꯤ
ꯃꯦꯗꯜ ꯐꯪꯈꯤ꯫ ꯀ꯭ꯂꯕ ꯑꯗꯨꯒꯤ ꯃꯃꯤꯡ ꯄꯤꯌꯨ꯫

2| ꯀꯨꯝꯖꯥ 1954 ꯗ ꯏꯝꯐꯥꯜꯗ ꯄꯥꯡꯊꯣꯛꯈꯤꯕ ꯑꯆꯧꯕ ꯁ꯭ꯄꯣꯔꯠꯁ
ꯑꯃꯗ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯀ꯭ꯂꯕꯁꯤꯡꯅ ꯁꯔꯨꯛ ꯌꯥꯈꯤ꯫ ꯑꯌꯥꯝꯕ
ꯀ꯭ꯂꯕꯁꯤꯡꯗꯤ ꯃꯃꯤꯡ ꯑꯣꯟꯊꯣꯛꯂꯒ ꯁꯔꯨꯛ ꯌꯥꯈꯤ꯫ ꯃꯈꯣꯏꯒꯤ
ꯃꯔꯛꯇ ꯔꯨꯞꯃꯍꯜ ꯀ꯭ꯂꯕꯁꯨ ꯑꯃꯅꯤ꯫ ꯀꯔꯝꯕ ꯀ꯭ꯂꯕꯀꯤ
ꯃꯍꯨꯠꯇ ꯊꯤꯌꯦꯇꯔ ꯑꯁꯤꯒꯤ ꯃꯃꯤꯡ ꯁꯤꯖꯤꯟꯅꯈꯤꯕꯒꯦ?

3| k r M b c h i d g i

ꯑꯁꯥꯝꯅ ꯔꯪꯒꯁꯋꯥꯃꯤ ꯀꯞ
(Rangaswami Cup)t

ꯁꯔꯨꯛ ꯌꯥꯈꯤꯕꯒꯦ?

4| ꯀꯨꯝꯖꯥ 1987 ꯇ ꯑꯣꯜ ꯃꯅꯤꯄꯨꯔ
ꯁ꯭ꯄꯣꯔꯠꯁ ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟꯒꯤ
ꯄ꯭ꯔꯁꯤꯗꯦꯟꯠ ꯀꯅꯅꯥ
ꯑꯣꯏꯈꯤꯕꯒꯦ?

5) ꯎꯠꯂꯤꯕ ꯁꯛꯇꯝ ꯑꯁꯤ ꯀꯅꯥꯅꯣ?

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯁ꯭ꯄꯣꯔꯠꯁ ꯀꯨꯏꯖ-104
ꯃꯊꯛꯇ ꯄꯤꯔꯤꯕ ꯋꯥꯍꯪꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯄꯥꯎꯈꯨꯝ ꯑꯣꯛꯇꯣꯁ
15, ꯂꯩꯕꯥꯛꯄꯣꯛꯄ ꯅꯨꯃꯤꯠꯀꯤ ꯑꯌꯨꯛꯀꯤ ꯄꯨꯡ 11
ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒꯤ ꯑꯣꯐꯤꯁꯇ ꯅꯠꯇ꯭ꯔꯒ

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ꯊꯥꯕꯤꯔꯛꯄ ꯌꯥꯒꯅꯤ꯫ ꯄꯥꯎꯈꯨꯝ ꯄꯤꯕꯤꯔꯛꯄ/ꯊꯥꯕꯤꯔꯛꯄ ꯃꯇꯝꯗ
ꯃꯤꯡ, ꯂꯩꯐꯝ ꯃꯍꯩꯒꯤ ꯊꯥꯛ ꯑꯃꯁꯨꯡ ꯀꯟꯇꯦꯛꯠ ꯅꯝꯕꯔ ꯃꯌꯦꯛ
ꯁꯦꯡꯅ ꯏꯕꯤꯔꯛꯎ꯫ ꯋꯥꯍꯪ ꯈꯨꯗꯤꯡꯃꯛꯀꯤ ꯄꯥꯎꯈꯨꯝ ꯆꯨꯝꯅ ꯅꯠꯇ꯭ꯔꯒ
ꯃꯁꯤꯡ ꯌꯥꯝꯅ ꯆꯨꯝꯅ ꯄꯤꯕꯤꯔꯛꯄ ꯃꯤꯑꯣꯏꯁꯤꯡ ꯑꯗꯨꯗꯒꯤ
ꯗ꯭ꯔꯣ ꯑꯣꯠꯆꯔꯒ ꯂꯥꯏꯕꯛ ꯐꯕ ꯃꯤꯁꯛ ꯑꯃ ꯈꯟꯖꯒꯅꯤ꯫

ꯂꯣꯏꯅꯅ ꯈꯜꯂꯕ ꯃꯤꯁꯛ ꯑꯗꯨꯗ ꯃꯅꯥ ꯄꯤꯖꯒꯅꯤ꯫

ꯃꯃꯤ ꯋꯥꯔꯤ‘ꯏꯃꯥ ꯀꯩꯊꯦꯜ’

ꯇꯨꯁꯥꯔ ꯅꯣꯡꯊꯣꯝꯕꯝ

Tushar Nongthombam is a Photographer.

ꯑꯩꯈꯣꯏꯅ Mi ꯀꯥꯕ ꯍꯥꯏꯅ
ꯈꯪꯅꯔꯤꯕ ꯊꯧꯑꯣꯡ ꯑꯁꯤ ꯑꯇꯩ ꯀꯔꯤꯁꯨ
ꯅꯠꯇꯦ ꯍꯛꯆꯥꯡꯗ ꯌꯥꯎꯕ ꯂꯤꯝꯐ
ꯅꯣꯗ ꯀꯣꯕ ꯑꯄꯤꯛꯄ ꯒ꯭ꯂꯥꯟꯗ
ꯑꯃ ꯄꯣꯛꯈꯠꯂꯛꯄꯒꯤ ꯊꯧꯑꯣꯡ
ꯑꯃꯅꯤ꯫ ꯂꯤꯝꯐ ꯅꯣꯗꯁꯤꯡ ꯑꯁꯤꯅ
ꯍꯛꯆꯥꯡꯒꯤ ꯃꯐꯝ ꯑꯇꯩꯗ ꯑꯅꯥꯕ
ꯁꯟꯗꯣꯔꯛꯇꯅꯕꯒꯤꯗꯃꯛ ꯕꯦꯛꯇꯔꯤꯌꯥ,
ꯚꯥꯏꯔꯁ ꯑꯃꯗꯤ ꯑꯅꯥꯕ ꯊꯣꯛꯍꯜꯂꯤꯕ
ꯄꯣꯠꯂꯝ ꯀꯌꯥꯕꯨ ꯁꯦꯡꯗꯣꯛꯄ ꯑꯃꯗꯤ
ꯐꯥꯖꯤꯅꯕꯅꯆꯤꯡꯕꯒꯤ ꯊꯕꯛ ꯇꯧꯏ꯫

ꯂꯤꯝꯐ ꯅꯣꯗꯁꯤꯡ ꯑꯌꯥꯝꯕꯅ ꯏꯟꯆꯤ
ꯃꯈꯥꯏ ꯌꯧꯅ ꯆꯥꯎꯗꯦ, ꯆꯥꯏꯔꯥꯛꯅ ꯍꯋꯥꯏ ꯃꯔꯨ
ꯑꯃꯒꯤ ꯆꯥꯡꯗ ꯆꯥꯎꯏ꯫ ꯀꯔꯤꯒꯨꯝꯕ ꯃꯇꯝꯗ ꯇꯦꯟꯅꯤꯁ ꯕꯣꯜꯃꯨꯛꯀꯤ ꯆꯥꯡꯗ
ꯆꯥꯎꯔꯛꯄ ꯌꯥꯎꯏ꯫ ꯍꯛꯆꯥꯡꯒꯤ ꯀꯝꯌꯥ ꯂꯩꯕ ꯂꯤꯝꯐ ꯅꯣꯗꯁꯤꯡꯕꯨ ꯏꯟꯒꯨꯏꯅꯦꯜ
ꯂꯤꯝꯐ ꯅꯣꯏꯗ ꯍꯥꯏꯅꯁꯨ ꯀꯧꯏ꯫ ꯀꯝꯌꯥꯗ ꯂꯤꯝꯐ ꯅꯣꯗ ꯄꯣꯝꯈꯠꯄ ꯍꯥꯏꯕꯗꯤ ꯃꯤ
ꯀꯥꯕ ꯑꯁꯤ ꯑꯁꯣꯛꯄ ꯅꯠꯇ꯭ꯔꯒꯅ ꯎꯟꯁꯥꯒꯤ ꯏꯟꯐꯦꯛꯁꯟꯅ ꯊꯣꯛꯍꯟꯕ ꯌꯥꯏ꯫

ꯁꯦꯛꯁ꯭ꯌꯨꯑꯦꯜꯂꯤ ꯇ꯭ꯔꯥꯟꯁꯃꯤꯇꯦꯗ ꯏꯟꯐꯦꯛꯁꯟ(ꯑꯦꯁ ꯇꯤ ꯑꯥꯏ) ꯑꯃꯗꯤ
ꯀꯦꯟꯁꯔꯅ ꯃꯔꯝ ꯑꯣꯏꯔꯒꯁꯨ ꯀꯝꯌꯥꯗ ꯃꯤ ꯀꯥꯕꯒꯤ ꯊꯧꯑꯣꯡ ꯊꯣꯛꯍꯟꯕ ꯌꯥꯏ꯫

ꯑꯟꯕꯕꯅ ꯀꯝꯌꯥꯗ ꯃꯤ ꯀꯥꯕ ꯑꯁꯤ ꯍꯛꯆꯥꯡꯒꯤ ꯃꯈꯥ ꯊꯪꯕ ꯁꯔꯨꯛ ꯍꯥꯏꯕꯗꯤ
ꯀꯝꯌꯥ, ꯐꯤꯅꯨꯡ, ꯏꯁꯤꯡ ꯃꯔꯤ, ꯈꯣꯡ ꯑꯃꯗꯤ ꯈꯣꯡꯄꯥꯛꯇ ꯏꯟꯐꯦꯛꯁꯟ
ꯇꯧꯕ ꯅꯠꯇ꯭ꯔꯒꯅ ꯁꯣꯛꯄ ꯄꯟꯕ ꯌꯥꯎꯕ ꯃꯔꯝꯗ ꯇꯧꯒꯜꯂꯤ꯫ ꯈꯨꯗꯝ ꯈꯔꯥ
ꯄꯜꯂꯕꯗ-ꯑꯊꯂꯦꯠ’ꯁ ꯐꯨꯠ, ꯖꯣꯛ ꯏꯠꯁ, ꯚꯦꯖꯥꯏꯅꯦꯜ ꯅꯠꯇ꯭ꯔꯒꯅ ꯄꯦꯅꯥꯏꯜ
ꯌꯤꯁꯠ ꯏꯟꯐꯦꯛꯁꯟ,ꯌꯨꯔꯤꯅꯔꯤ ꯇ꯭ꯔꯦꯛꯠ ꯏꯟꯐꯦꯛꯁꯟ, ꯁꯦꯜꯂꯨꯂꯥꯏꯇꯤꯁ,
ꯕꯥꯂꯥꯅꯥꯏꯇꯤꯁ, ꯄ꯭ꯔꯣꯁꯇꯥꯏꯇꯤꯁ, ꯁꯤꯁ꯭ꯇꯥꯏꯇꯤꯁ, ꯖꯦꯅꯥꯏꯇꯦꯜ ꯍꯔꯄꯤꯁ,
ꯒꯣꯅꯣꯔꯤꯌꯥ, ꯁꯤꯐꯤꯜꯂꯤꯁ, ꯑꯩꯆ ꯑꯥꯏ ꯚꯤ ꯑꯁꯤꯅꯆꯤꯡꯕꯁꯤꯡꯅꯤ꯫

ꯌꯥꯝꯅ ꯇꯥꯡꯅ ꯊꯣꯛꯄ ꯀꯦꯁ ꯀꯝꯌꯥꯗ ꯃꯤ ꯀꯥꯕ ꯑꯁꯤ ꯀꯦꯟꯁꯔ ꯃꯈꯜ ꯈꯔꯅ
ꯊꯣꯛꯍꯟꯕꯁꯨ ꯌꯥꯎꯏ꯫ ꯈꯨꯗꯝ ꯑꯣꯏꯅ ꯃꯦꯂꯥꯅꯣꯃꯥ, ꯇꯦꯁꯇꯤꯀꯨꯂꯔ ꯀꯦꯟꯁꯔ,
ꯑꯣꯚꯥꯔꯤꯌꯥꯟ ꯀꯦꯟꯁꯔ, ꯂꯤꯝꯐꯣꯃꯥ, ꯂ꯭ꯌꯨꯀꯦꯃꯤꯌꯥ ꯑꯁꯤꯅꯆꯤꯡꯕꯁꯤꯡꯅꯤ꯫

ꯂꯤꯝꯐꯣꯃꯥ ꯑꯃꯁꯨꯡ ꯂ꯭ꯌꯨꯀꯦꯃꯤꯌꯥꯅ ꯊꯣꯛꯄ ꯃꯇꯝꯗꯗꯤ ꯃꯤ ꯀꯥꯕ ꯑꯁꯤ ꯃꯐꯝ
ꯑꯃꯗꯒꯤ ꯍꯦꯟꯅ ꯀꯥꯒꯜꯂꯤ꯫

ꯃꯁꯤꯗ ꯅꯠꯇꯅ ꯃꯣꯅꯣꯅ꯭ꯌꯨꯀ꯭ꯂꯤꯑꯣꯁꯤꯁ ꯑꯃꯗꯤ ꯆꯤꯀꯟꯄꯣꯛꯁꯀꯨꯝꯕ
ꯏꯝꯃ꯭ꯌꯨꯅꯣꯗꯤꯐꯦꯁꯦꯟꯁꯤ ꯗꯤꯁꯑꯣꯔꯗꯔ ꯑꯃꯁꯨꯡ ꯏꯟꯐꯦꯛꯁꯅꯁꯤꯡꯅꯁꯨ
ꯊꯣꯛꯍ Nb ꯌꯥꯏ꯫

ꯅꯣꯔꯃꯦꯜ ꯑꯣꯏꯕ ꯂꯏꯝꯐ ꯅꯣꯗꯁꯤꯡꯗꯤ ꯄꯤꯛꯏ, ꯄꯥꯏꯕꯗ ꯅꯥꯕ ꯐꯥꯎꯗꯦ
ꯑꯃꯗꯤ ꯈꯨꯠꯅ ꯅꯝꯕꯗ ꯎꯟꯁ ꯃꯅꯨꯡꯗ ꯀꯣꯏꯆꯦꯟ ꯆꯦꯜꯂꯤ꯫ ꯑꯌꯥꯝꯕ ꯃꯇꯝꯗ
ꯃꯤ ꯀꯥꯕ ꯑꯁꯤ ꯏꯟꯐꯦꯛꯁꯟ ꯅꯠꯇ꯭ꯔꯒꯅ ꯑꯁꯣꯛꯄ ꯃꯐꯝꯒ ꯅꯛꯅꯅ ꯃꯐꯝ
ꯑꯃꯈꯛꯇꯪꯗ ꯇꯧꯒꯜꯂꯤ꯫ ꯃꯐꯝ ꯑꯃꯗꯒꯤ ꯍꯦꯟꯅꯕꯗ ꯃꯤ ꯀꯥꯔꯕꯗꯤ ꯃꯗꯨꯕꯨ
ꯖꯦꯅꯔꯦꯂꯥꯏꯖ ꯂꯤꯝꯐꯥꯗꯦꯅꯣꯄꯦꯊꯤ ꯍꯥꯏꯔꯒ ꯈꯪꯅꯩ꯫ ꯃꯤꯖꯜꯁꯀꯤ ꯑꯀꯛꯅꯕ
ꯍꯤꯗꯥꯛ ꯂꯥꯡꯊꯛ ꯈꯔꯅꯁꯨ ꯖꯦꯅꯔꯦꯂꯥꯏꯖ ꯂꯤꯝꯐꯥꯗꯦꯅꯣꯄꯦꯊꯤ ꯊꯣꯛꯍꯜꯂꯤ꯫

ꯑꯃꯦꯔꯤꯀꯥꯗ ꯂꯩꯕ ꯑꯍꯥꯏꯌꯣꯒꯤ ꯀ꯭ꯂꯤꯚꯦꯂꯦꯟꯗꯗ ꯂꯩꯕ ꯀ꯭ꯂꯤꯚꯂꯦꯟꯗ
ꯀ꯭ꯂꯤꯅꯤꯛꯀꯤ ꯃꯇꯨꯡꯏꯟꯟ ꯗꯥꯏꯃꯤꯇꯔꯗ ꯁꯦꯟꯇꯤꯃꯤꯇꯔ ꯑꯃꯗꯒꯤ ꯍꯦꯟꯅ
ꯆꯥꯎꯅ ꯃꯤ ꯀꯥꯔꯕꯗꯤ ꯑꯦꯕꯅꯣꯔꯃꯦꯜꯅꯤ ꯍꯥꯏꯅ ꯂꯧꯏ꯫ ꯀꯝꯌꯥꯗ ꯃꯤ ꯀꯥꯕ ꯑꯁꯤ
ꯁꯣꯛꯖꯄ -ꯊꯦꯡꯕꯗꯗ ꯅꯥꯕ ꯐꯥꯎꯏ, ꯑꯗꯃꯗꯤ
ꯃꯤ ꯀꯥꯍꯜꯂꯛꯄꯒꯤ ꯃꯔꯝ ꯈꯦꯟꯅꯕꯤ
ꯃꯇꯨꯡꯏꯟꯅ ꯃꯤ ꯀꯥꯔꯤꯕ ꯃꯐꯝꯒꯤ ꯎꯟꯁꯥ
ꯑꯗꯨ ꯉꯥꯡꯁꯤꯟꯕ ꯑꯃꯗꯤ ꯁꯥꯒꯠꯄ ꯊꯣꯛꯄ
ꯌꯥꯏ꯫

ꯀꯝꯌꯥꯗ ꯃꯤ ꯀꯥꯕ ꯍꯥꯏꯕꯁꯤ ꯂꯥꯏꯅ
ꯑꯃ ꯅꯠꯇꯦ, ꯂꯥꯏꯑꯣꯡꯅꯤ꯫ ꯃꯁꯤꯕꯨ
ꯊꯣꯛꯍꯜꯂꯛꯂꯤꯕ ꯂꯥꯏꯅꯥꯗꯨꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ
ꯂꯥꯌꯦꯡ ꯈꯦꯟꯅꯒꯅꯤ꯫ ꯀꯔꯤꯒꯨꯝꯕ
ꯏꯟꯐꯦꯛꯁꯟꯅ ꯊꯣꯛꯍꯟꯕ ꯑꯣꯏꯔꯒꯗꯤ
ꯏꯟꯐꯦꯛꯁꯟꯒꯤ ꯈꯦꯟꯅꯕ ꯃꯈꯜꯒꯤ
ꯃꯇꯨꯡꯏꯟꯅ ꯇꯣꯄꯤꯀꯦꯜ ꯇ꯭ꯔꯤꯠꯃꯦꯟꯠ
ꯍꯥꯏꯕꯗꯤ ꯎꯟꯁꯗ ꯑꯦꯟꯇꯤꯕꯥꯏꯑꯣꯇꯤꯛ/
ꯑꯦꯟꯇꯤꯐꯪꯒꯦꯜꯅꯆꯤꯡꯕ ꯇꯩꯗꯨꯅ ꯂꯥꯌꯦꯡꯕ ꯅꯠꯇ꯭ꯔꯒꯅ ꯑꯣꯔꯦꯜ ꯇ꯭ꯔꯤꯠꯃꯦꯟꯠ
ꯍꯥꯏꯕꯗꯤ ꯍꯤꯗꯥꯛ ꯆꯥꯗꯨꯅ ꯂꯥꯌꯦꯡꯕ ꯃꯊꯧ ꯇꯥꯕ ꯌꯥꯏ ꯅꯠꯇ꯭ꯔꯒꯅ ꯑꯅꯤꯃꯛ
ꯃꯊꯧ ꯇꯥꯕꯁꯨ ꯌꯥꯏ꯫

ꯀꯔꯤꯒꯨꯝꯕ ꯀꯦꯟꯁꯔꯅ ꯃꯔꯝ ꯑꯣꯏꯔꯒ ꯃꯤ ꯀꯥꯍꯟꯕ ꯑꯣꯏꯔꯒꯗꯤ
ꯀꯦꯟꯁꯔꯒꯤ ꯃꯈꯜ, ꯁ꯭ꯇꯦꯖ, ꯑꯅꯥꯕ ꯃꯤꯑꯣꯏ ꯃꯁꯥꯒꯤ ꯆꯍꯤ ꯑꯃꯗꯤ ꯍꯛꯁꯦꯜꯒꯤ
ꯐꯤꯚꯝ ꯈꯦꯟꯅꯕꯒꯤ ꯃꯇꯨꯡ ꯏꯟꯅꯀꯦ ꯀꯦꯃꯣꯊꯦꯔꯥꯄꯤ, ꯔꯦꯗꯤꯑꯦꯁꯟ, ꯊꯦꯔꯥꯄꯤ,
ꯏꯝꯃ꯭ꯌꯨꯅꯣꯊꯦꯔꯥꯄꯤ, ꯇꯥꯔꯒꯦꯇꯦꯗ ꯊꯦꯔꯥꯄꯤ, ꯁ꯭ꯇꯦꯝ ꯁꯦꯜ ꯇ꯭ꯔꯥꯟꯁꯄ꯭ꯂꯥꯟꯠ
ꯅꯠꯇ꯭ꯔꯒꯅ ꯁꯔꯖꯔꯤ ꯃꯊꯧ ꯇꯥꯕ ꯌꯥꯏ꯫

ꯃꯤ ꯀꯥꯕ ꯑꯁꯤ ꯑꯌꯥꯝꯕꯅ ꯃꯁꯤꯕꯨ ꯊꯣꯛꯍꯜꯂꯛꯂꯤꯕ ꯂꯥꯏꯅ ꯑꯗꯨ ꯐꯈ꯭ꯔꯕ
ꯃꯇꯝꯗ ꯃꯊꯟꯇ ꯍꯟꯊꯖꯈꯤ꯫ ꯈꯨꯗꯝ ꯑꯣꯏꯅ ꯈꯣꯡꯂꯛꯇ ꯆꯥꯊꯠꯄꯒꯨꯝꯕ
ꯏꯆꯝ ꯆꯥꯝꯕ ꯎꯟꯁꯒꯤ ꯏꯟꯐꯦꯛꯁꯟ ꯑꯃ ꯊꯣꯛꯄꯅ ꯃꯔꯝ ꯑꯣꯏꯔꯒ Mi

ꯀꯥꯔꯛꯄ ꯑꯣꯏꯔꯝꯕꯗꯤ ꯏꯟꯐꯦꯛꯁꯟ ꯑꯗꯨ ꯂꯥꯌꯦꯡꯂꯒ ꯐꯔꯛꯂꯕ ꯃꯇꯝꯗ
ꯃꯤ ꯀꯥꯔꯝꯕ ꯑꯗꯨꯁꯨ ꯃꯊꯟꯇ ꯍꯟꯊꯖꯈꯤꯅꯤ꯫

ꯈꯪꯖꯤꯟꯒꯗꯕ ꯑꯃꯅ ꯀꯝꯌꯥꯗ ꯃꯤ ꯀꯥꯕ ꯍꯥꯏꯕꯁꯤ ꯏꯁꯥꯅ ꯍꯦꯛꯇ ꯃꯔꯝ
ꯑꯃ ꯑꯣꯏꯔꯝꯕ ꯌꯥꯏ ꯍꯥꯏꯅ ꯂꯦꯞꯊꯣꯛꯄ ꯌꯥꯗꯦ꯫ ꯀꯔꯤꯒꯨꯝꯕ ꯏꯁꯥꯒꯤ ꯀꯝꯌꯥꯗ
ꯃꯤ ꯀꯥꯕ ꯂꯩꯔꯒꯗꯤ ꯗꯣꯛꯇꯔꯗ ꯌꯦꯡꯊꯣꯛꯄꯤꯒꯗꯕꯅꯤ꯫ ꯗꯣꯛꯇꯔꯅ ꯌꯦꯡꯜꯕ
ꯃꯇꯨꯡꯗ ꯃꯤ ꯀꯥꯔꯤꯕꯗꯨꯒꯤ ꯃꯔꯝꯗ ꯆꯞ ꯆꯥꯕ ꯑꯗꯨ ꯈꯪꯕꯒ ꯂꯣꯏꯅꯅ ꯂꯥꯌꯦꯡ
ꯆꯠꯊꯒꯗꯕꯅꯤ꯫

ꯗꯣꯛꯇꯔꯗ ꯁꯨꯛꯁꯣꯏ ꯁꯣꯏꯗꯅ ꯌꯦꯡꯊꯣꯛꯄ ꯃꯊꯧ ꯇꯥꯕ ꯂꯥꯏꯑꯣꯡꯁꯤꯡꯗꯤ-

ꯃꯤꯠꯅ ꯎꯕꯥ ꯉꯝꯕ ꯁꯣꯛꯄ-ꯄꯟꯕ ꯅꯠꯇ꯭ꯔꯒꯅ ꯎꯟꯁꯥꯗ ꯏꯟꯐꯦꯛꯁꯟꯒꯨꯝꯕ
ꯊꯣꯛꯄ ꯎꯗꯅ ꯃꯤ ꯀꯥꯔꯛꯄ; ꯆꯌꯣꯜ ꯑꯅꯤꯗꯒꯤ ꯍꯦꯟꯅ ꯃꯤ ꯀꯥꯗꯨꯟ ꯂꯩꯔꯕ
ꯑꯝꯗꯤ ꯆꯥꯎꯕ ꯍꯦꯟꯒꯠꯂꯛꯂꯕ; ꯑꯄꯣꯝꯕ ꯑꯗꯨ ꯈꯨꯠꯅ ꯄꯥꯏꯕꯗ ꯀꯟ-ꯀꯟ
ꯂꯥꯎꯔꯕ ꯑꯃꯗꯤ ꯈꯨꯠꯅ ꯏꯟꯕꯗ ꯀꯣꯏꯆꯦꯟ ꯆꯦꯟꯗ꯭ꯔꯕ; ꯃꯤ ꯀꯥꯕꯒ ꯂꯣꯏꯅꯅ
ꯂꯥꯏꯍꯧ ꯍꯧꯕ, ꯃꯔꯝ ꯂꯩꯇꯅ ꯍꯛꯆꯥꯡꯒꯤ ꯑꯔꯨꯝꯕ ꯍꯟꯊꯔꯛꯄ ꯅꯠꯇ꯭ꯔꯒꯅ
ꯅꯨꯃꯤꯗꯥꯡꯗ ꯍꯨꯃꯥꯡ ꯑꯅꯞꯄꯤ ꯀꯥꯡꯕ, ꯁꯦꯛꯁ꯭ꯌꯨꯑꯦꯜꯂꯤ ꯇ꯭ꯔꯥꯟꯁꯃꯤꯇꯦꯗ
ꯏꯟꯐꯦꯛꯁꯟꯗ ꯑꯦꯛꯁꯄꯣꯖ ꯇꯧꯔꯨꯔꯕ ꯑꯁꯤꯅꯆꯤꯡꯕꯁꯤꯡ ꯑꯁꯤꯅꯤ꯫

ꯀꯝꯌꯥꯗ ꯃꯤ ꯀꯥꯕ ꯑꯁꯤ ꯏꯆꯝ ꯆꯥꯝꯅ ꯍꯛꯆꯥꯡꯒꯤ ꯃꯈꯥ ꯊꯪꯕ ꯁꯔꯨꯛꯇ
ꯁꯣꯛꯄ-ꯄꯟꯕ ꯌꯥꯎꯕꯒꯤ ꯑꯣꯏꯔꯝꯕꯁꯨ ꯌꯥꯏ꯫ ꯑꯗꯨꯕꯨ ꯀꯔꯤꯒꯨꯝꯕ ꯃꯇꯝꯗ
ꯍꯦꯟꯅ ꯁꯥꯊꯤꯕ ꯃꯔꯝ ꯑꯣꯏꯍꯜꯂꯛꯄꯁꯨ ꯌꯥꯎꯗꯕ ꯅꯠꯇꯦ꯫ ꯃꯔꯝ ꯑꯗꯨꯅ
ꯗꯣꯛꯇꯔ ꯑꯃꯒ ꯁꯨꯛꯁꯣꯏ ꯁꯣꯏꯗꯅ ꯇꯥꯅꯕꯤꯒꯗꯕꯅꯤ꯫

ꯀꯝꯌꯥꯗ ꯃꯤ ꯀꯥꯕ: ꯃꯁꯤꯅ ꯀꯔꯤ ꯈꯪꯍꯜꯂꯤ
ꯂꯧꯁꯤꯡ ꯄꯨꯛꯀꯩ / ꯈꯣꯝꯖꯤꯟꯕ: ꯀꯩꯊꯦꯜꯂꯥꯛꯄꯝ ꯈꯨꯃꯟꯉꯝꯕ
23 ꯁꯨꯕ ꯁ꯭ꯇꯦꯠ ꯁꯦꯅꯤꯌꯔ ꯕꯥꯁꯀꯦꯠꯕꯣꯜ ꯆꯦꯝꯄꯤꯌꯟꯁꯤꯞ
ꯁꯦꯟꯇꯔ ꯑꯦꯟꯊꯣꯅꯤ ꯑꯃꯁꯨꯡ ꯕꯤ ꯑꯦꯁ ꯁꯤ ꯃꯥꯏ ꯄꯥꯛꯈ꯭ꯔꯦ
ꯏꯝꯐꯥꯜ, ꯑꯣꯛꯇꯣꯕꯔ 10(ꯑꯩꯆ ꯑꯦꯟ ꯑꯦꯁ): ꯃꯅꯤꯄꯨꯔ ꯕꯥꯁꯀꯦꯠꯕꯦꯜ
ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟꯅ ꯁꯤꯟꯅꯗꯨꯅ ꯅꯍꯥꯕꯝ ꯕꯥꯁꯀꯦꯠꯕꯣꯜ ꯀꯣꯔꯠꯇ ꯆꯠꯊꯔꯤꯕ
23 ꯁꯨꯕ ꯁ꯭ꯇꯦꯠ ꯁꯦꯅꯤꯌꯔ ꯕꯥꯁꯀꯦꯠꯕꯣꯜ ꯆꯦꯝꯄꯤꯌꯟꯁꯤꯞ 2019 ꯒꯤ ꯉꯁꯤ
ꯁꯥꯟꯅꯈꯤꯕ ꯁꯦꯅꯤꯌꯔ ꯕꯥꯁꯀꯦꯠꯕꯣꯜ ꯆꯦꯝꯄꯤꯌꯟꯁꯤꯞ 2019 ꯒꯤ ꯉꯁꯤ
ꯁꯥꯟꯅꯈꯤꯕ ꯁꯦꯅꯤꯌꯔ ꯋꯤꯃꯦꯟꯁꯀꯤ ꯃꯦꯆꯇ ꯁꯦꯠꯇ ꯁꯦꯟꯠ ꯑꯦꯟꯊꯣꯅꯤ,
ꯕꯤ ꯑꯦꯁ ꯁꯤ ꯑꯗꯨꯒ ꯁꯦꯅꯤꯌꯔ ꯃꯦꯟꯁꯀꯤꯗꯅ ꯏ ꯑꯦꯁ ꯌꯨ ꯑꯃꯗꯤ ꯑꯦꯁ
ꯑꯥꯔ ꯗꯕ꯭ꯂꯤꯌꯨ ꯁꯤ ꯃꯥꯏ ꯄꯥꯛꯈ꯭ꯔꯦ꯫

ꯉꯁꯤ ꯁꯥꯟꯅꯈꯤꯕ ꯁꯦꯅꯤꯌꯔ ꯋꯤꯃꯦꯟꯁꯀꯤ 5ꯁꯨꯕ ꯃꯦꯆꯇ ꯁꯦꯟꯠ ꯑꯦꯟꯊꯣꯅꯤꯅ
ꯃꯣꯗꯦꯜ ꯀ꯭ꯂꯕꯄꯨ ꯁ꯭ꯀꯣꯔ 35-24ꯗ ꯃꯥꯏꯊꯤꯕ ꯄꯤ꯫ 6ꯁꯨꯕ ꯃꯦꯆꯇꯅ ꯕꯤ ꯑꯦꯁ
ꯁꯤꯅ ꯏ ꯑꯦꯁ ꯑꯦꯝ ꯌꯨꯕꯨ ꯁ꯭ꯀꯣꯔ 38-27ꯇ ꯃꯥꯏꯊꯤꯕ ꯄꯤꯈꯤ꯫

ꯁꯦꯅꯤꯌꯔ ꯃꯦꯟꯁꯀꯤ 6ꯁꯨꯕ ꯃꯦꯆꯇ ꯏ ꯑꯦꯁ ꯌꯨꯅ ꯋꯥꯏ ꯑꯣ ꯑꯦꯁ ꯁꯤꯕꯨ
ꯁ꯭ꯀꯣꯔ 84-60 ꯗ ꯃꯥꯏꯊꯤꯕ ꯄꯤꯈꯤ꯫ 8ꯁꯨꯕ ꯃꯦꯆꯇ ꯑꯦꯁ ꯑꯥꯔ ꯗꯕ꯭ꯂꯤꯌꯨ
ꯁꯤꯅ ꯂꯝꯀꯥ ꯍꯣꯄꯔꯕꯨ ꯁ꯭ꯀꯣꯔ 63-50ꯗ ꯃꯥꯏꯊꯤꯕ ꯄꯤꯈꯤ꯫

10 ꯁꯨꯕ ꯑꯦ ꯑꯦꯝ ꯑꯦ ꯁꯦꯅꯤꯌꯔ ꯋꯤꯃꯦꯟꯁ ꯐꯨꯠꯕꯣꯜ ꯂꯤꯒ 2019
ꯀ꯭ꯔꯤꯞꯁꯥꯅ ꯋꯥꯏ ꯗꯕ꯭ꯂꯤꯕꯨ ꯁꯤ (ꯑꯦꯜ) ꯕꯨ ꯄꯥꯟꯖꯜ 5-1 ꯗ ꯊꯣꯏꯈ꯭ꯔ

e

ꯏꯝꯐꯥꯜ, ꯑꯣꯛꯇꯣꯕꯔ 10(ꯑꯩꯆ ꯑꯦꯟ ꯑꯦꯁ):

ꯑꯣꯜ ꯃꯅꯤꯄꯨꯔ ꯐꯨꯠꯕꯣꯜ
ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟ(ꯑꯦ ꯑꯦꯝ ꯑꯦꯐ ꯑꯦ)
ꯅ ꯁꯤꯟꯗꯨꯅ 10ꯁꯨꯕ ꯑꯦ ꯑꯦꯝ ꯑꯦꯐ
ꯑꯦ ꯁꯦꯅꯤꯌꯔ ꯋꯤꯃꯦꯟꯁ ꯐꯨꯠꯕꯣꯜ
ꯂꯤꯒ ꯐꯣꯔ ꯕꯤ ꯑꯦꯝ ꯁꯤꯡꯍ ꯇ꯭ꯔꯣꯐꯤ
2019 (ꯄ꯭ꯔꯤ-ꯀ꯭ꯋꯥꯂꯤꯐꯥꯌꯤꯡ ꯔꯥꯎꯟꯗ
ꯋꯤꯃꯦꯟꯁ ꯐꯨꯠꯕꯣꯜ ꯂꯤꯒ) ꯉꯁꯤ
ꯈꯨꯃꯟ ꯂꯝꯄꯥꯛ ꯑꯔꯇꯤꯐꯤꯁꯤꯑꯦꯜ
ꯇꯔꯐ ꯒ꯭ꯔꯥꯎꯟꯗ ꯍꯧꯗꯣꯛꯈ꯭ꯔꯦ꯫

ꯍꯧꯗꯣꯛꯄꯒꯤ ꯃꯦꯆꯇ ꯀ꯭ꯔꯤꯞꯁꯥꯅ
ꯋꯥꯏ ꯗꯕ꯭ꯂꯤꯌꯨ ꯁꯤ (ꯑꯦꯜ) ꯕꯨ ꯄꯥꯟꯖꯜ
5-1ꯗ ꯊꯣꯏꯈ꯭ꯔꯦ꯫ ꯑꯗꯨꯒ ꯏ ꯑꯦꯁ
ꯌꯨꯅ ꯑꯦꯝ ꯄꯤ ꯑꯦꯁ ꯁꯤꯕꯨ ꯄꯥꯟꯖꯜ
3-1 ꯗ ꯃꯥꯏꯊꯤꯕ ꯄꯤꯈ꯭ꯔꯦ꯫

10 ꯁꯨꯕ ꯑꯦ ꯑꯦꯝ ꯑꯦꯐ ꯑꯦ
ꯁꯦꯅꯤꯌꯔ ꯋꯤꯃꯦꯟꯁ ꯐꯨꯠꯕꯣꯜ ꯂꯤꯒ
ꯐꯣꯔ ꯕꯤ ꯑꯦꯝ ꯁꯤꯡꯍ ꯇ꯭ꯔꯣꯐꯤ
2019 (ꯄ꯭ꯔꯤ-ꯀ꯭ꯋꯥꯂꯤꯐꯥꯌꯤꯡ
ꯔꯥꯎꯟꯗ ꯐꯣꯔ ꯏꯟꯗꯌꯥ ꯋꯤꯃꯦꯟꯁ
ꯂꯤꯒ) ꯍꯧꯗꯣꯛꯄꯒꯤ ꯊꯧꯔꯝꯗ ꯑꯦ
ꯑꯦꯝ ꯑꯦꯐ ꯑꯦꯒꯤ ꯄ꯭ꯔꯥꯗꯤꯗꯦꯟꯠ
ꯔꯇꯟꯀꯨꯃꯥꯔ, ꯖꯦꯅꯔꯦꯜ ꯁꯦꯀ꯭ꯔꯦꯇꯔꯤ
ꯖꯣꯇꯤꯃꯄꯏꯔꯣꯜ, ꯑꯦꯒꯖꯤꯀ꯭ꯌꯨꯇꯤꯕ
ꯃꯦꯝꯕꯔ ꯑꯩꯆ ꯃꯦꯙꯆꯟꯗ꯭ꯔ, ꯑꯦ
ꯑꯦꯝ ꯑꯦꯐ ꯑꯦꯒꯤ ꯇ꯭ꯔꯦꯖꯔꯔ ꯑꯩꯆ
ꯆꯦꯇꯟꯅ ꯑꯊꯣꯏꯕ ꯃꯤꯊꯨꯡꯂꯦꯟ
ꯑꯣꯏꯅ ꯁꯔꯨꯛ ꯌꯥꯈꯤ꯫

ꯇꯣꯉꯥꯟ ꯇꯣꯉꯥꯟꯕ ꯇꯤꯝ 4ꯅ ꯂꯤꯒ
ꯕꯦꯁꯤꯁꯇ ꯆꯠꯊꯔꯤꯕ 10ꯁꯨꯕ ꯑꯦ
ꯑꯦꯝ ꯑꯦꯐ ꯑꯦ ꯁꯦꯅꯤꯌꯔ ꯋꯤꯃꯦꯟꯁ
ꯐꯨꯠꯕꯣꯜ ꯂꯤꯒ ꯐꯣꯔ ꯕꯤ ꯑꯦꯝ ꯁꯤꯡꯍ
ꯇ꯭ꯔꯣꯖꯤ 2019 (ꯄ꯭ꯔꯤ-ꯀ꯭ꯋꯥꯂꯤꯐꯥꯌꯤꯡ
ꯔꯥꯎꯟꯗ ꯐꯣꯔ ꯏꯟꯗꯌꯥ ꯋꯤꯃꯦꯟꯁ
ꯂꯤꯒ) ꯒꯤ ꯑꯍꯧꯕ ꯃꯦꯆꯇ ꯀ꯭ꯔꯤꯞꯁ
ꯑꯃꯁꯨꯡ ꯋꯥꯏ ꯗꯕ꯭ꯂꯤꯌꯨ ꯁꯤ (ꯑꯦꯜ)
ꯂꯝꯕꯥ ꯇꯧꯅꯈꯤ꯫ ꯃꯦꯆꯀꯤ 7 ꯁꯨꯕ
ꯃꯤꯅꯠꯇ ꯀ꯭ꯔꯤꯞꯁꯒꯤ ꯁꯥꯟꯅꯔꯣꯏ
ꯑꯦꯜ ꯃꯥꯙꯨꯕꯤ ꯖꯔꯁꯤ ꯅꯝꯕꯔ 2ꯅ
ꯄꯥꯟꯖꯜ ꯆꯟꯗꯨꯅ ꯃꯍꯥꯛꯀꯤ ꯇꯤꯝꯅ
1-0 ꯗ ꯃꯥꯡꯖꯤꯜ ꯊꯥꯍꯟꯈꯤ꯫ ꯃꯦꯆꯀꯤ
29 ꯁꯨꯕ ꯃꯤꯅꯠꯇ ꯋꯥꯏ ꯗꯕ꯭ꯂꯤꯌꯨ
ꯁꯤ (ꯑꯦꯜ) ꯒꯤ ꯁꯥꯟꯅꯔꯣꯏ ꯑꯦꯁ
ꯔꯤꯅꯥꯔꯣꯏ ꯖꯔꯁꯤ ꯅꯝꯕꯔ 10 ꯅ
ꯄꯥꯟꯖꯜ ꯆꯟꯗꯨꯅ ꯑꯍꯥꯟꯕ ꯍꯥꯐ ꯂꯣꯏꯕ
ꯐꯥꯎꯕꯗ 1-1 ꯗ ꯂꯣꯍꯟꯈꯤ꯫

ꯑꯅꯤꯁꯨꯕ ꯍꯥꯐꯇ ꯀ꯭ꯔꯤꯞꯁꯅ
ꯋꯥꯏ ꯗꯕ꯭ꯂꯤꯌꯨ ꯁꯤ (ꯑꯦꯜ) ꯕꯨ ꯈꯨꯗꯨꯝ
ꯆꯥꯟꯗꯨꯅ ꯁꯥꯟꯈꯤꯕꯅ ꯃꯦꯆꯀꯤ 54ꯁꯨꯕ,
71ꯁꯨꯕ, 76ꯁꯨꯕ ꯑꯃꯗꯤ 80 ꯗꯨꯕ
ꯃꯤꯅꯠꯇ ꯗꯥꯡꯃꯩ ꯒ꯭ꯔꯦꯁ, ꯅꯥꯎꯆꯥ,
ꯔꯇꯟꯕꯂꯥ, ꯑꯦ ꯔꯣꯖꯥꯅ ꯄꯥꯟꯖꯜ ꯃꯅꯝ
ꯃꯅꯝ ꯆꯟꯁꯤꯟꯗꯨꯅ ꯋꯥꯏ ꯗꯕ꯭ꯂꯤꯌꯨ
ꯁꯤ (ꯑꯦꯜ) ꯕꯨ ꯄꯥꯟꯖꯜ 5-1 ꯗ ꯌꯥꯝꯅ
ꯂꯥꯛꯆꯅ ꯃꯥꯏꯊꯤꯕ ꯄꯤꯈꯤ꯫

ꯑꯅꯤꯁꯨꯕ ꯒ꯭ꯔꯥꯎꯟꯗ ꯑꯦꯝ
ꯄꯤ ꯑꯦꯁ ꯁꯤ ꯑꯃꯁꯨꯡ ꯏ ꯑꯦꯁ
ꯌꯨ ꯂꯝꯕꯥ ꯇꯧꯅꯈꯤ꯫ ꯃꯦꯆ ꯑꯗꯨ
ꯂꯣꯏꯁꯤꯜꯂꯛꯄꯗ ꯏ ꯑꯦꯁ ꯌꯨꯅ
ꯑꯦꯝ ꯄꯤ ꯑꯦꯁ ꯁꯤꯕꯨ ꯄꯥꯟꯖꯜ
3-1 ꯗ ꯃꯥꯏꯊꯤꯕ ꯄꯤꯈꯤ꯫ ꯏ ꯑꯦꯁ
ꯌꯨꯒꯤ ꯃꯥꯏ ꯄꯥꯛꯄꯒꯤ ꯄꯥꯟꯖꯜꯁꯤꯡ
ꯑꯗꯨ ꯑꯦꯟ ꯄ꯭ꯔꯤꯌꯥꯡꯀꯥ ꯖꯔꯁꯤ
ꯅꯝꯕꯔ 11, ꯁꯅꯥꯊꯣꯏ ꯖꯔꯁꯤ ꯅꯝꯕꯔ
9, ꯀꯤꯔꯟꯕꯂꯥ ꯖꯔꯁꯤ ꯅꯝꯕꯔ 7ꯅ
ꯃꯦꯆꯀꯤ 11 ꯁꯨꯕ, 32 ꯁꯨꯕ ꯑꯃꯗꯤ
40 ꯄ꯭ꯂꯁ ꯋꯥꯟ ꯆꯠꯗꯄ ꯃꯤꯅꯠꯇ
ꯆꯟꯈꯤ꯫ ꯑꯗꯨꯒ ꯃꯥꯏꯊꯤꯍꯧꯔꯕ
ꯑꯦꯝ ꯄꯤ ꯑꯦꯁ ꯁꯤꯒꯤ ꯑꯃꯠꯇ
ꯉꯥꯏꯔꯕ ꯄꯥꯟꯖꯜ ꯑꯗꯨꯅ ꯑꯦꯁ
ꯄ꯭ꯔꯤꯃꯣꯗꯤꯅꯤ ꯖꯔꯁꯤ ꯅꯝꯕꯔ
6ꯅ ꯆꯟꯈꯤ꯫