ꯑꯦꯗꯤꯇꯣꯔꯤꯌꯦꯜ IMPHAL, SATURDAY, JANUARY 14, 2023 ꯊꯥꯡꯖ, ꯋꯥꯛꯆꯤꯡꯒꯤ 22 ꯅꯤ ꯄꯥꯟꯕ, ꯃꯥꯂꯤꯌꯥ ꯀꯨꯝꯁꯤꯡ 3420 obT\ꯂꯩ ꯃꯀꯩꯋ꯭ꯀ 2 HUEIYEN LANPAO

ꯄꯥꯎꯆꯦ ꯑꯁꯤꯗ ꯐꯣꯡꯖꯔꯤꯕ ꯋꯥꯔꯦꯡꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯋꯥꯈꯜ, ꯃꯤꯠꯌꯦꯡ ꯑꯏꯕ ꯃꯁꯥ ꯃꯁꯥꯒꯤꯅꯤ꯫ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒꯤ ꯋꯥꯈꯜꯂꯣꯟ ꯑꯃꯁꯨꯡ ꯃꯤꯠꯌꯦꯡꯒ ꯊꯣꯏꯗꯣꯛꯅ ꯃꯔꯤ ꯂꯩꯅꯗꯦ꯫

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ
ꯊꯥꯡꯖ, ꯖꯅ꯭ꯌꯨꯋꯥꯔꯤ 14, 2023, ꯏꯝꯐꯥꯜ
14 ꯁꯨꯕ ꯆꯍꯤ, 262 ꯁꯨꯕ ꯃꯁꯤꯡ
ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯂꯤꯇꯔꯦꯔꯤ ꯀ꯭ꯋꯤꯖ-57
1) ‘‘ꯀꯔꯤꯅ ꯇꯝꯁꯤꯒꯦ ꯈꯨꯗꯣꯜ/ꯑꯅꯧꯕ ꯀꯨꯝ ꯑꯁꯤꯒꯤ,/ꯅꯥꯆꯣꯝ ꯑꯃꯗꯤ ꯁꯦꯝꯂꯦꯅꯦ/
ꯇꯈꯦꯜꯂꯩ ꯁꯪꯕ꯭ꯔꯩ ꯂꯩꯆꯟꯅ/ꯆꯤꯡꯒꯣꯡꯂꯩ ꯑꯃꯠꯇꯪꯒ ꯊꯦꯠꯈꯤꯒꯦ,/ꯅꯪꯒꯤ ꯅꯥꯞꯄ
ꯊꯟꯅꯕ/ꯍꯦꯞꯄꯤ ꯅ꯭ꯌꯨ ꯌꯔ꯫” ꯁꯩꯔꯦꯡ ꯃꯇꯦꯛ ꯑꯁꯤ ꯀꯅꯥꯅ ꯏꯕ ꯀꯔꯤ
ꯂꯥꯏꯔꯤꯛꯇ ꯌꯥꯎꯕ ꯀꯔꯝꯕ ꯁꯩꯔꯦꯡꯗꯒꯤꯅꯣ?
2) “ꯐꯥꯎꯔꯛꯄ ꯏꯊꯤꯜꯗ ꯁꯦꯝꯖꯤꯟꯕ ꯋꯥꯔꯤ” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤꯒꯤ ꯑꯏꯕ
ꯀꯅꯥꯅꯣ ꯑꯃꯁꯨꯡ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤ ꯀꯔꯝꯕ ꯃꯈꯜꯒꯤ ꯂꯥꯏꯔꯤꯛꯅꯣ?
3) “ꯆꯤꯡꯅ ꯑꯩꯒꯤ ꯄꯟꯊꯧ ꯇꯝꯅ ꯑꯩꯒꯤ ꯄꯂꯦꯝ” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤ
ꯃꯅꯤꯄꯨꯔ ꯃꯄꯥꯟꯒꯤ ꯑꯏꯕ ꯑꯃꯅ ꯃꯅꯤꯄꯨꯔꯤꯗ ꯍꯟꯗꯣꯛꯄ ꯂꯥꯏꯔꯤꯛꯅꯤ꯫
ꯑꯣꯔꯤꯖꯤꯅꯦꯜ ꯀꯅꯥꯅ ꯏꯕ ꯂꯥꯏꯔꯤꯛꯇꯒꯤ ꯍꯟꯗꯣꯛꯂꯤꯕ ꯑꯁꯤꯅ ꯀꯅꯥꯅꯣ?
4) “ꯑꯔꯣꯟꯕ ꯊꯝꯃꯣꯏꯒꯤ ꯆꯤꯊꯤ” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤꯒꯤ ꯑꯏꯕ ꯀꯅꯥꯅꯣ
ꯑꯃꯗꯤ ꯀꯔꯝꯕ ꯃꯈꯜꯒꯤ ꯂꯥꯏꯔꯤꯛꯅꯣ?
5) ‘‘ꯃꯃꯤ ꯇꯥꯗ꯭ꯔꯕ ꯃꯤ” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤ ꯀꯔꯝꯕ ꯃꯈꯜꯒꯤ ꯂꯥꯏꯔꯤꯛꯅꯣ
ꯑꯃꯁꯨꯡ ꯀꯅꯥꯅ ꯏꯕꯅꯣ?

ꯃꯊꯛꯇ ꯄꯤꯔꯤꯕ ꯋꯥꯍꯪꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯄꯥꯎꯈꯨꯝ ꯖꯅ꯭ꯌꯨꯋꯥꯔꯤ 15, ꯅꯣꯡꯃꯥꯏꯖꯤꯡ
ꯅꯨꯃꯤꯠꯀꯤ ꯑꯌꯨꯡ ꯄꯨꯡ 11 ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒꯤ ꯑꯣꯐꯤꯁꯇ ꯅꯠꯇ꯭ꯔꯒ
I-meL hueiyenliteraryquiz@gmail.com sid meL AoIn
ꯊꯥꯕꯤꯔꯛꯄ ꯌꯥꯒꯅꯤ꯫ ꯄꯥꯎꯈꯨꯝ ꯄꯤꯕꯤꯔꯛꯄ/ꯊꯥꯕꯤꯔꯛꯄ ꯃꯇꯝꯗ ꯃꯤꯡ, ꯂꯩꯐꯝ,
ꯃꯍꯩꯒꯤ ꯊꯥꯛ ꯑꯃꯁꯨꯡ ꯀꯟꯇꯦꯛꯠ ꯅꯝꯕꯔ ꯃꯌꯦꯛ ꯁꯦꯡꯅ ꯏꯕꯤꯔꯛꯎ꯫
ꯋꯥꯍꯪ ꯈꯨꯗꯤꯡꯃꯛꯀꯤ ꯄꯥꯎꯈꯨꯝ ꯆꯨꯝꯅ ꯅꯠꯇ꯭ꯔꯒ ꯃꯁꯤꯡ ꯌꯥꯝꯅ ꯆꯨꯝꯅ ꯄꯤꯕꯤꯔꯛꯄ
ꯃꯤꯑꯣꯏꯁꯤꯡ ꯑꯗꯨꯗꯒꯤ ꯗ꯭ꯔꯣ ꯑꯣꯠꯆꯔꯒ ꯂꯥꯏꯕꯛ ꯐꯕ ꯃꯤꯁꯛ ꯑꯃ ꯈꯟꯖꯒꯅꯤ꯫
ꯂꯣꯏꯅꯅ ꯈꯜꯂꯕ ꯃꯤꯁꯛ ꯑꯗꯨꯗ ꯃꯅꯥ ꯄꯤꯖꯒꯅꯤ꯫

ꯍꯤꯗꯥꯛ ꯀꯥꯟꯅꯔꯕ ꯄꯥꯝꯕꯤꯁꯤꯡ : ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ # 375

- ꯗꯥ. ꯍꯨꯏꯗ꯭ꯔꯣꯝ ꯕꯤꯔꯀꯨꯃꯥꯔ -
ꯁꯤ ꯑꯦꯁ ꯑꯥꯏ ꯑꯥꯔ : ꯅꯣꯔꯊ ꯏꯁꯠ ꯏꯟꯁꯇꯤꯇ꯭ꯌꯨꯠ
ꯑꯣꯐ ꯁꯥꯏꯟꯁ ꯑꯦꯟꯗ ꯇꯦꯛꯅꯣꯂꯣꯖꯤ, ꯂꯝꯐꯦꯜꯄꯥꯠ
ꯑꯍꯝ... ꯑꯗꯣꯝꯒꯤ ꯈꯨꯠꯇ ꯑꯩꯒꯤ ꯋꯥꯔꯦꯡ ꯂꯩꯔꯦ꯫ ꯋꯥꯏꯔꯨ
ꯋꯥꯏꯔꯨꯕꯗ 2023 ꯒꯤ ꯑꯍꯥꯟꯕ ꯏꯕ ꯋꯥꯔꯦꯡ꯫ ꯈꯨꯔꯨꯝꯖꯔꯤ꯫
ꯃꯁꯤꯗꯒꯤ ꯍꯦꯟꯕ ꯅꯨꯡꯉꯥꯏꯕ ꯂꯩꯖꯗ꯭ꯔꯦ꯫ ꯈꯨꯠ ꯏꯪꯕꯗꯒꯤ ꯇꯟꯗꯨꯅ
ꯌꯥꯝꯅ ꯋꯥꯅ ꯏꯖꯈꯤꯕ ꯋꯥꯔꯦꯡꯅꯤ꯫ ꯅꯤꯡꯊꯝꯊꯥꯅꯤ ꯌꯥꯝꯅ ꯏꯪꯅ ꯑꯗꯨꯝ
ꯄꯥꯕꯤꯌꯨ꯫ ꯀꯔꯤꯒꯨꯝꯕ ꯄꯥꯕꯤ ꯂꯥꯛꯄꯤꯗꯕ ꯇꯥꯔꯕꯗꯤ ꯀꯧꯅꯖꯔꯣꯏ
ꯍꯥꯏꯔꯤꯁꯤꯅꯤ꯫ ꯀꯨꯝꯁꯤꯗꯤ ꯅꯤꯡꯊꯝꯊꯥ ꯑꯁꯤ ꯏꯪꯗꯦ ꯈꯣꯠꯇꯦ
ꯍꯥꯏꯅ ꯌꯥꯝꯅ ꯀꯔꯦꯝꯅꯕꯤꯈꯤ ꯃꯗꯨꯅꯔ ꯈꯪꯗꯦ ꯅꯤꯡꯊꯝꯊꯥ ꯑꯁꯤ
ꯑꯩꯉꯣꯟꯗ ꯂꯣꯏꯅ ꯍꯩꯊꯔꯔꯦ꯫
ꯏꯕꯒꯤ ꯃꯊꯛꯇ ꯑꯩꯒꯤꯗꯤ ꯂꯥꯏꯔꯤꯛ ꯄꯥꯕꯒꯤ ꯈ꯭ꯋꯥꯏꯗꯒꯤ
ꯇꯟꯕ ꯃꯇꯝ ꯑꯁꯤ ꯅꯤꯡꯊꯝꯊꯥꯅꯤ꯫ ꯑꯩꯅ ꯂꯥꯏꯔꯤꯛ ꯏꯕ ꯄꯥꯕ
ꯇꯟꯕ ꯍꯧꯒꯠꯂꯛꯄ ꯑꯁꯤ ꯍꯤꯌꯥꯡꯒꯩ ꯃꯃꯩ, ꯄꯣꯏꯅꯨ, ꯋꯥꯛꯆꯤꯡ,
ꯐꯥꯏꯔꯦꯟ, ꯂꯝꯗꯥ ꯑꯁꯤꯅꯤ, ꯃꯁꯤ ꯏꯪꯕꯒꯨꯝ ꯑꯁꯨꯝ ꯇꯟꯖꯕꯅꯤ꯫
ꯁꯥꯕꯒꯤꯁꯨ ꯇꯟꯗ ꯂꯥꯛꯇꯕ ꯅꯠꯇꯦ, ꯀꯥꯡꯒ ꯂꯥꯏꯔꯤꯛꯀ ꯈꯨꯕꯣꯝꯗ
ꯁꯦꯠ ꯁꯦꯠ ꯊꯥꯔ ꯊꯥꯔꯒ ꯀꯥꯡ ꯍꯥꯠꯅ ꯂꯥꯏꯔꯤꯛ ꯄꯥꯕꯗꯨ ꯑꯩꯗꯤ
ꯄꯥꯝꯖꯈꯤꯗ꯭ꯔꯦ꯫ ꯄꯥꯟꯐꯥꯎ ꯄꯟꯅꯤꯡꯗꯦ꯫ ꯅꯣꯡ ꯇꯥꯔꯗꯤ ꯌꯥꯎꯁꯪ ꯊꯥ
ꯑꯁꯤꯁꯨ ꯌꯥꯝꯅ ꯏꯪꯏ, ꯊꯕꯜ ꯆꯣꯡꯕꯒ ꯆꯠꯅꯤꯡꯗꯦ, ꯄꯥꯝꯃꯨꯕꯤꯗꯨ
ꯂꯝꯂꯥꯟꯕ ꯀꯅꯥꯅ ꯈꯨꯖꯦꯡ ꯄꯥꯂꯣꯏꯅꯔꯝꯒꯅꯤ ꯈꯟꯕꯒꯤ ꯑꯗꯨꯛ
ꯈꯝꯕꯟꯖꯕꯒꯤ ꯆꯠꯆꯕꯅꯤ꯫ ꯅꯣꯡꯃꯩꯅ ꯀꯥꯞꯀꯦ ꯍꯥꯏꯔꯐꯥꯎ
ꯂꯥꯏꯔꯤꯛ ꯄꯥꯈ꯭ꯔꯔꯣꯏ ꯑꯩ꯫ ꯂꯣꯠꯂꯒ ꯈꯥꯡꯒꯅꯤ꯫ ꯍꯟꯗꯛꯀꯤ
ꯋꯥꯛꯆꯤꯡ ꯊꯥꯗꯤ ꯂꯥꯏꯔꯤꯛ ꯄꯥꯅꯤꯡꯂꯛꯏ꯫ ꯏꯪꯕ ꯂꯥꯛꯄ ꯆꯪꯗꯦ꯫
ꯄꯥꯗꯕ ꯉꯝꯗꯦ ꯈꯖꯤꯛꯇ ꯑꯣꯏꯔꯁꯅꯨ꯫
ꯅꯍꯥꯟ ꯗꯤꯁꯦꯝꯕꯔꯒꯤ ꯆꯩꯆꯠ 29, 2023 ꯒꯤ ꯌꯥꯏꯐꯔꯕ
ꯀꯣꯔꯧ ꯅꯣꯡꯖꯥꯒꯤ ꯋꯥꯡꯂꯦꯟ ꯅꯨꯃꯤꯠ ꯌꯨꯡꯕ ꯃꯇꯨꯡ ꯄꯨꯡꯈꯥꯏ ꯆꯠꯄ
ꯃꯇꯝꯗ ꯋꯥꯡꯖꯤꯡꯒꯤ ꯈꯣꯔꯤꯔꯣꯜ ꯁꯪꯂꯦꯟꯗ ꯑꯣꯖꯥ ꯁꯅꯁꯝ ꯅꯕꯗ꯭ꯔꯤꯞꯅ ꯑꯦꯗꯤꯇꯔ ꯑꯣꯏꯕ ꯆꯦꯐꯣꯡ ꯑꯃꯗꯤ ꯄꯥꯕꯨꯡ ꯃꯣꯏꯔꯥꯡꯊꯦꯝ ꯑꯣꯖꯥ ꯁꯅꯁꯝ ꯅꯕꯗ꯭ꯋꯤꯞꯅ ꯑꯦꯗꯤꯇꯔ ꯑꯣꯏꯕ ꯆꯦꯐꯣꯡ ꯑꯃꯗꯤ ꯄꯥꯕꯨꯡ ꯃꯣꯏꯔꯥꯡꯊꯦꯝ ꯔꯥꯖꯦꯟꯗ꯭ꯔꯅ ꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯐꯣꯡꯕ ꯊꯧꯔꯝ ꯑꯃ ꯍꯦꯔꯣꯖꯤꯠ ꯄꯨꯈ꯭ꯔꯝꯕꯝꯒꯤ ꯒꯥꯔꯤꯗ ꯇꯥꯃꯣ ꯅꯤꯡꯊꯧꯖꯝ ꯁꯔꯠꯆꯟꯗ꯭ꯔꯒ ꯏꯕꯥꯅꯤꯕꯨ ꯍꯥꯞꯇꯨꯅ ꯄꯨꯕꯤꯗꯨꯅ ꯆꯠꯆꯩ꯫
ꯃꯣꯏꯔꯥꯡꯊꯦꯝ ꯔꯥꯖꯦꯟꯗ꯭ꯔ ꯐꯦꯕ꯭ꯔꯨꯋꯥꯔꯤ 15, 1941 ꯒꯤ ꯃꯃꯥꯡꯗ ꯃꯥꯂꯦꯝ ꯑꯁꯤꯗ ꯂꯩꯔꯝꯗꯕ ꯐꯥꯒꯤ ꯇꯧꯕ ꯂꯥꯏꯔꯤꯛ ꯏꯕ ꯃꯤꯁꯛ ꯑꯃꯅꯤ꯫ ꯃꯁꯥꯒꯤ ꯆꯍꯤ ꯃꯔꯤꯐꯨꯃꯥꯊꯣꯏ ꯁꯨꯔꯦ ꯍꯧꯖꯤꯛ꯫ ꯏꯪꯂꯕ ꯅꯤꯡꯊꯝꯊꯥ ꯑꯁꯤꯗ ꯋꯥꯈꯜꯕꯨ ꯁꯥꯒꯠꯍꯟꯅꯕ ꯐꯣꯡꯕ ꯂꯥꯏꯔꯤꯛꯅꯤ꯫ ꯅꯨꯃꯤꯠ ꯑꯗꯨ ꯀꯌꯥꯃꯨꯛ ꯅꯨꯡꯉꯥꯏꯖꯈꯤ ꯑꯩꯈꯣꯏ ꯑꯍꯨꯝ ꯃꯤ ꯑꯇꯩꯗꯤ ꯈꯪꯖꯗꯦ꯫ ꯑꯍꯥꯟꯕꯗ, ꯃꯁꯤ ꯑꯩꯒꯤ ꯋꯥꯈꯜꯅꯤ ꯍꯥꯏꯕ ꯁꯩꯔꯦꯡꯒꯤ ꯂꯥꯏꯔꯤꯛꯇꯨ ꯌꯦꯜꯂꯛꯏ꯫ ꯉꯥꯏꯍꯥꯛ ꯂꯩꯔꯒ ꯑꯩ ꯐꯤꯂꯣꯁꯣꯐꯔ ꯑꯃꯅꯤ ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯗꯨ ꯌꯦꯜꯂꯛꯏ꯫ ꯁꯤꯃꯁꯨ ꯁꯩꯔꯦꯡꯒꯤ꯫ ꯉꯥꯏꯍꯥꯛ ꯂꯩꯔꯒ ꯅꯨꯄꯤꯃꯆꯥꯁꯤꯡ ꯑꯗꯨꯅ ꯍꯔꯥꯎ ꯍꯔꯥꯎꯅ ꯇꯦꯟꯊꯥꯒꯤ ꯔꯥꯖꯦꯟ, ꯃꯣꯏꯔꯥꯡꯊꯦꯝ ꯔꯥꯖꯦꯟ ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯗꯨꯃꯨꯛ ꯁꯠ ꯌꯦꯟꯁꯤꯜꯂꯛꯏ꯫ ꯂꯥꯏꯔꯤꯛ ꯑꯍꯨꯝ ꯁꯨꯈ꯭ꯔꯦ, ꯂꯣꯏꯔꯕꯣꯏ ꯃꯅꯤꯡꯏ, ꯍꯥꯏꯗꯦ ꯂꯥꯏꯗꯤ ꯀꯔꯤꯁꯨ ꯍꯥꯏꯕ ꯁꯩꯔꯦꯡꯒꯤ ꯂꯥꯏꯔꯤꯛ ꯑꯃꯁꯨ ꯌꯦꯜꯂꯛꯏ, ꯑꯗꯨꯕꯨ ꯄꯥꯕꯨꯡ ꯃꯣꯏꯔꯥꯡꯊꯦꯝ ꯔꯥꯖꯦꯟꯗ꯭ꯔꯒꯅꯤ꯫ ꯁꯩꯔꯦꯡ ꯂꯥꯏꯔꯤꯛ ꯉꯥꯛꯇꯅꯤ ꯃꯔꯤꯃꯛ꯫ ꯂꯣꯏꯔꯕꯣꯏ ꯃꯅꯤꯡꯏ ꯂꯥꯏꯔꯛ ꯑꯃꯒ ꯌꯦꯜꯂꯛꯂꯦ, ꯇꯦꯟꯊꯥꯒꯤ ꯔꯥꯖꯦꯟ ꯍꯥꯏꯕ ꯋꯥꯔꯤꯃꯆꯥꯒꯤ ꯂꯥꯏꯔꯤꯛ ꯑꯃꯒꯃꯨꯛ ꯌꯦꯜꯂꯛꯂꯦ꯫ ꯂꯣꯏꯅ ꯁꯦꯜ ꯑꯃꯠꯇ ꯂꯧꯗꯅ ꯌꯦꯜꯂꯛꯄꯅꯤ꯫ ꯃꯁꯤꯒꯤꯁꯨ ꯃꯊꯛꯇ ꯃꯅꯤꯄꯨꯔꯤ ꯁꯥꯍꯤꯇ꯭ꯌ ꯄꯔꯤꯁꯗꯀꯤ ꯂꯩꯈꯤꯗ꯭ꯔꯕ ꯑꯣꯖꯥ ꯊꯧꯅꯥꯎꯖꯝ ꯉꯧꯕꯒꯤ ꯃꯐꯝꯗ ꯀꯠꯊꯣꯛꯆꯕ ꯆꯦꯐꯣꯡ ꯈꯣꯔꯤ ꯏꯍꯨꯜ ꯍꯥꯏꯕ ꯑꯁꯤꯃꯁꯨ ꯈꯨꯗꯣꯜ ꯇꯧꯕꯤꯔꯛꯂꯦ꯫ ꯃꯁꯤꯒꯤꯁꯨ ꯃꯊꯇ ꯐꯣꯡ ꯐꯣꯡ ꯁꯥꯔꯕ ꯆꯥ ꯑꯃꯗꯤ ꯁꯤꯡꯍꯥꯔꯥ ꯀꯌꯥꯝ ꯄꯦꯟꯖꯈꯤ꯫ ꯂꯥꯏꯔꯤꯛ ꯏꯕ ꯃꯤ ꯈꯛꯇ ꯉꯥꯏꯔꯝꯂꯦ ꯍꯧꯖꯤꯛꯀꯤ ꯃꯇꯝꯗ ꯃꯤꯉꯣꯟꯗ ꯃꯃꯜ ꯑꯃꯨꯛ ꯍꯟꯖꯤꯟꯖꯒꯦ
ꯈꯟꯗꯅ ꯃꯤꯉꯣꯟꯗ ꯄꯤꯊꯣꯛꯀꯦ ꯈꯟꯕ ꯃꯤ ꯑꯁꯤ꯫

ꯄꯥꯕꯨꯡꯒꯤ ꯂꯥꯏꯔꯤꯛ ꯃꯉꯥ ꯑꯁꯤꯒꯤ ꯃꯅꯨꯡꯗ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯄꯤꯛꯄ ꯑꯃ ꯈꯜꯂꯒ ꯄꯥꯒꯦ ꯍꯥꯏꯅ ꯈꯜꯂꯦ꯫ ꯂꯣꯏꯅꯃꯛ ꯅꯨꯡꯉꯥꯏꯔꯒꯗꯕ ꯉꯥꯛꯇꯅꯤ꯫ ꯑꯀꯣꯟ ꯑꯍꯥꯟ ꯊꯤꯔꯛꯄꯗ ꯑꯄꯤꯛꯄꯅ ꯍꯥꯟꯅ ꯄꯥꯅꯤꯡꯂꯨꯕꯒꯤ ꯋꯥꯇꯅꯤ꯫ ꯂꯥꯏꯔꯤꯛ ꯀꯔꯤꯁꯨ ꯍꯥꯏꯗꯦ ꯍꯥꯏꯕꯗꯨ ꯅꯨꯃꯤꯗꯥꯡ ꯆꯥꯛꯆꯥ ꯇꯣꯛꯂꯒ ꯈꯣꯡ ꯈꯨꯠ ꯃꯩꯗ ꯃꯨꯟꯅ ꯌꯥꯏꯊꯣꯛꯂꯒ ꯍꯥꯟꯅ ꯍꯦꯛꯇ ꯄꯥꯊꯣꯛꯂꯦ꯫ ꯀꯥꯡꯁꯨ ꯆꯤꯛꯂꯛꯇ꯭ꯔꯤꯕ ꯀꯥꯂꯦꯟꯒꯤ ꯀꯥꯡ ꯂꯥꯛꯄ ꯉꯝꯗꯅ ꯁꯥꯒꯠꯂꯛꯇ꯭ꯔꯤꯕ ꯃꯇꯝ ꯑꯗꯨꯋꯥꯏꯗ ꯂꯥꯏꯔꯤꯛ ꯄꯥꯕ ꯈꯨꯠꯅꯨꯡꯉꯥꯏ ꯑꯃꯅꯤ꯫ ꯃꯗꯨꯒꯤ ꯃꯇꯝꯗ
ꯏꯆꯥꯁꯤꯡꯗ ꯂꯥꯏꯔꯤꯛ ꯄꯥꯍꯧꯒꯗꯕꯅꯤ ꯍꯥꯏꯅ ꯈꯨꯔꯨꯝꯗꯦꯗ ꯈꯥꯛꯅ ꯍꯥꯏ꯫
ꯑꯩꯅ ꯃꯇꯝꯗꯨꯒꯤ ꯃꯒꯨꯟ ꯈꯪꯕꯗꯒꯤ ꯏꯆꯥꯁꯤꯡꯗ ꯍꯥꯏꯕꯅꯤ꯫ ꯂꯥꯏꯔꯤꯛ
ꯄꯥꯈ꯭ꯔꯒꯗꯤ ꯑꯩꯗꯤ ꯅꯤꯡꯊꯧꯅꯤ꯫ ꯃꯤꯅ ꯀꯧꯕ ꯉꯥꯡꯕꯒ ꯇꯥꯕꯤꯕꯖꯥꯠ ꯅꯠꯇꯦ꯫
ꯍꯟꯗꯛ ꯍꯥꯏꯗꯦ ꯂꯥꯏꯗꯤ ꯀꯔꯤꯁꯨ ꯄꯥꯔꯨꯕꯗ ꯑꯩꯒꯤ ꯎꯏꯔꯨꯝ ꯏꯎꯔꯨꯝ
ꯇꯧꯔꯝꯕ ꯋꯥꯈꯜ ꯄꯨꯝꯕ ꯃꯃꯤꯠ ꯃꯅꯥ ꯇꯔꯥꯎ ꯇꯔꯥꯎꯊꯣꯛꯂꯛꯂꯦ꯫ ꯃꯃꯤꯠ
ꯃꯅꯥ ꯄꯥꯡꯊꯣꯛꯂꯇꯗꯨꯅ ꯌꯥꯀꯥꯏꯔꯛꯂꯦ꯫ ꯃꯥꯡꯗ ꯂꯩꯔꯝꯕ ꯑꯃꯝꯕ ꯎꯐꯨꯜ
ꯋꯥꯏꯐꯨꯜ ꯂꯣꯏꯅ ꯈꯣꯝꯃꯗꯨꯅ ꯄꯨꯕꯤꯈ꯭ꯔꯦ꯫ ꯂꯦꯝꯍꯧꯔꯤꯕ ꯂꯥꯏꯔꯤꯛ ꯃꯔꯤ
ꯑꯗꯨꯃꯁꯨ ꯑꯊꯨꯕ ꯃꯇꯝꯗ ꯄꯨꯊꯣꯛꯂꯒꯅꯤ ꯑꯃꯠꯇ ꯂꯦꯝꯅ ꯊꯥꯔꯣꯏ꯫
ꯂꯦꯝꯅ ꯊꯥꯔꯣꯏ ꯃꯣꯏꯔꯥꯡꯊꯦꯝ ꯔꯥꯖꯦꯟꯗ꯭ꯔꯒꯤ ꯂꯥꯏꯔꯤꯛ ꯈꯩꯕꯤꯛꯃꯛ꯫
ꯍꯥꯏꯗꯦ ꯂꯥꯏꯗꯤ ꯀꯔꯤꯁꯨ ꯍꯥꯏꯔꯤꯕꯁꯤꯗ ꯏꯔꯤ ꯃꯤꯔꯝꯒꯤ ꯁꯦꯝꯅ ꯍꯩꯔꯨꯏ
ꯑꯣꯏ/ꯏꯔꯝꯒꯤ ꯂꯐꯣꯏ ꯑꯗꯨꯝ ꯌꯥꯏ/ꯃꯤꯔꯝꯒꯤ ꯀ꯭ꯋꯥ ꯏꯅꯥꯠ ꯑꯣꯏꯔꯦ/
ꯃꯤꯔꯝꯒꯤ ꯌꯨꯕꯤ ꯑꯩꯈꯣꯏꯒꯤ ꯑꯣꯏꯔꯦ/ꯃꯤꯔꯝꯒꯤ ꯄꯣꯠ ꯆꯩ ꯁꯤꯖꯤꯟꯅꯕ
ꯌꯥꯔꯦ? ꯂꯥꯏꯅ ꯁꯥꯎꯗꯦ ꯃꯗꯨꯗ? ꯆꯠꯅꯕꯤꯅꯤ ꯃꯤꯅ ꯁꯦꯝꯕ? ꯍꯥꯏꯗꯦ
ꯂꯥꯏꯗꯤ ꯀꯔꯤꯁꯨ꯫ ꯏꯔꯝ ꯃꯤꯔꯝ ꯍꯥꯏꯕꯁꯤ ꯃꯤꯅ ꯁꯦꯝꯕꯅꯤ, ꯆꯠꯅꯕꯤ,
ꯐꯤꯔꯣꯜ, ꯂꯨꯍꯣꯡꯕ, ꯁꯣꯔꯥꯠ, ꯐꯦꯁꯇꯤꯕꯦꯜ, ꯂꯥꯏꯅꯤꯡ ꯃꯤꯅ ꯁꯦꯝꯕ ꯉꯥꯛꯅꯤ
ꯍꯥꯏꯕꯗꯨ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤꯅ ꯃꯥꯏꯀ꯭ꯔꯣꯁ꯭ꯀꯣꯞ ꯑꯣꯏꯅ ꯊꯥꯟꯗꯨꯅ ꯂꯣꯏꯅ
ꯎꯏ꯫ ꯑꯩꯒꯤꯗꯤ ꯑꯃꯨꯛ ꯈꯟꯕꯨ ꯈꯜꯂꯛꯏ ꯃꯥꯂꯦꯝꯁꯤꯗ ꯂꯩꯔꯤꯕ ꯃꯤ
ꯃꯌꯥꯝꯁꯤꯅ ꯃꯥꯅ ꯃꯥꯅ ꯊꯣꯛꯄ ꯃꯥꯒꯤ ꯃꯥꯒꯤꯅꯤ ꯍꯥꯏꯅ ꯇꯧꯈꯠꯅꯔꯛꯂꯤꯕ,
ꯈꯠꯅꯅꯔꯤꯕ ꯃꯌꯥꯝ ꯑꯁꯤ ꯄꯨꯛ ꯐꯠꯅꯗꯕꯗꯒꯤꯅꯤ꯫ ꯔꯨꯁꯤꯌꯥ ꯌꯨꯀ꯭ꯔꯦꯟꯒ
ꯑꯣꯟꯁꯤꯟꯅꯗꯨꯅ ꯆꯤꯛꯅꯔꯛꯄ ꯍꯤꯡꯆꯥꯅꯔꯛꯄ ꯆꯍꯤ ꯑꯃ
ꯐꯥꯔꯛꯂꯕꯅꯤ ꯑꯗꯨꯕꯨ ꯃꯈꯣꯏ ꯑꯅꯤꯁꯨ ꯃꯇꯨꯝ ꯇꯥꯕ ꯑꯃꯈꯛꯇꯃꯛ ꯂꯩꯕ
ꯃꯥꯂꯦꯝꯁꯤꯒꯤ ꯃꯐꯝ ꯑꯃꯃꯝꯗ ꯅꯠꯇ ꯂꯩꯖꯕ ꯂꯩꯕꯥꯛ ꯃꯆꯠ ꯑꯃꯃꯝꯅꯤ꯫
ꯂꯥꯏꯔꯤꯛ ꯄꯥꯕ ꯑꯁꯤ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯐꯥꯕ ꯅꯦꯁꯥ ꯑꯃꯅꯤ꯫
ꯂꯝꯗꯝꯅꯍꯟꯕ, ꯆꯨꯔꯨꯡꯍꯟꯕ, ꯂꯥꯏꯆꯨꯍꯟꯕꯗꯤ ꯈꯔ ꯋꯥꯕ ꯅꯦꯁꯥꯅꯤ꯫ ꯑꯐꯕ ꯅꯦꯁꯥ ꯑꯣꯏꯕꯩ ꯍꯧꯅꯕ꯫ ꯐꯠꯇꯕ ꯅꯦꯁꯥ ꯅꯝꯕꯔ ꯐꯣꯔ, ꯌꯨ, ꯈꯩꯅꯤ, ꯒꯟꯖꯥꯗꯤ ꯂꯥꯏꯆꯨꯕ ꯊꯨꯈ꯭ꯔꯦ꯫ ꯄꯪꯆꯨꯗ ꯆꯨꯔꯨꯡꯏ꯫ ꯍꯧꯖꯤꯛ ꯍꯧꯖꯤꯛ ꯑꯩ ꯁꯦꯜ ꯄꯥꯏꯖꯗ꯭ꯔꯕꯁꯨ ꯂꯥꯏꯔꯤꯛꯇꯤ ꯌꯥꯝꯅ ꯄꯥꯏꯔꯦ꯫ ꯐꯃꯨꯡꯁꯨ, ꯑꯜꯃꯤꯔꯥꯁꯨ, ꯔꯦꯛꯁꯨ, ꯇꯦꯕꯜꯁꯨ ꯂꯥꯏꯔꯤꯛꯅ ꯃꯨꯟꯕꯤꯈ꯭ꯔꯦ ꯑꯩꯒꯤꯗꯤ꯫ ꯃꯌꯥꯝꯁꯤꯅ ꯂꯤꯁꯤꯡ ꯑꯅꯤ ꯆꯠꯄꯤ ꯃꯄꯨꯜꯗꯨ ꯍꯦꯛ ꯑꯣꯏꯖꯔꯝꯂꯕꯗꯤ ꯑꯩꯁꯤ ꯀ꯭ꯔꯣꯔꯄꯇꯤ ꯍꯥꯏꯕꯗꯨ ꯍꯦꯛ ꯑꯣꯏꯔꯝꯒꯗꯧꯔꯤꯕꯅꯤ, ꯑꯗꯨꯕꯨ ꯃꯗꯨꯗꯤ ꯑꯣꯏꯖꯍꯧꯗ꯭ꯔꯦ ꯃꯗꯨꯒꯤ ꯃꯍꯨꯠ ꯑꯩꯗꯤ ꯂꯥꯏꯔꯤꯛꯄꯇꯤ ꯑꯣꯏꯅꯗꯨꯅ ꯂꯩꯍꯧꯔꯦ꯫
ꯑꯩꯅ ꯂꯥꯏꯔꯤꯛ ꯄꯥꯕꯗꯤ ꯃꯤꯅ ꯐꯖꯩ ꯈꯣꯠꯆꯩ ꯍꯥꯏꯔꯛꯀꯥꯟꯗꯗ ꯄꯥꯕ ꯂꯥꯏꯔꯤꯛ ꯈꯨꯠꯄꯥ ꯂꯥꯛꯄ ꯑꯗꯨꯃꯛꯇꯤ ꯌꯧꯅ ꯄꯥꯖꯗ꯭ꯔꯤ꯫ ꯂꯥꯏꯔꯤꯛ ꯑꯗꯨꯅ ꯃꯤꯅ ꯐꯖꯩ ꯐꯖꯗꯦ ꯍꯥꯏꯕ ꯅꯪꯂꯝ ꯅꯪꯐꯥꯠꯇ꯭ꯔꯤꯉꯩꯗ ꯄꯥꯍꯧꯕ ꯑꯁꯤꯅ ꯄ꯭ꯔꯞ ꯄ꯭ꯔꯞ꯫ ꯃꯤꯅꯕꯨ ꯐꯖꯩ ꯍꯥꯏꯔꯛꯂꯕ ꯐꯤꯜꯝꯁꯨ ꯌꯦꯡꯕ ꯇꯥꯟꯕ ꯑꯃ ꯍꯦꯛꯇ ꯌꯥꯎꯔꯛꯏ꯫ ꯏꯁꯥꯅ ꯌꯦꯡꯖꯕ ꯑꯣꯏꯅ ꯄꯥꯝꯖꯩ꯫ ꯑꯩ ꯃꯤꯅ ꯐꯖꯩ ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯩ ꯏꯁꯥꯅ ꯍꯥꯟꯅ ꯍꯦꯛꯇ ꯄꯥꯍꯧꯔꯒꯦ ꯍꯥꯏꯕ ꯑꯃ ꯌꯥꯎꯅ ꯄꯥꯔꯦ꯫ ꯍꯥꯏꯗꯦ ꯂꯥꯏꯗꯤ ꯀꯔꯤꯁꯨ ꯍꯥꯏꯔꯤꯕꯁꯤꯗ ꯏꯔꯝꯂꯤꯕ ꯁꯨꯃꯥꯡꯗ ꯁꯣꯟꯕ ꯁꯣꯔꯥꯠ/yatraB ꯌꯥꯎꯏ ꯃꯌꯥꯏꯗ/ꯕꯥꯃꯣꯟꯒꯤ ꯃꯥꯟꯗꯞꯇ ꯁꯣꯟꯕ/ꯌꯥꯎꯗꯦ ꯌꯥꯇ꯭ꯔꯥ ꯃꯌꯥꯏꯗ? ꯌꯥꯗ꯭ꯔ ꯌꯥꯇ꯭ꯔꯥ ꯌꯥꯎꯔꯦ ꯍꯜꯂꯛꯇꯦ/ꯌꯥꯇ꯭ꯔꯥ ꯌꯥꯎꯗꯦ ꯍꯜꯂꯛꯇꯦ/ꯆꯠꯅꯕꯅꯤꯅ ꯃꯤꯅ ꯁꯦꯝꯕ/ꯍꯥꯏꯗꯦ ꯂꯥꯏꯗꯤ ꯀꯔꯤꯁꯨ/ ꯍꯥꯏꯗꯦ ꯂꯥꯏꯗꯤ ꯀꯔꯤꯁꯨ ꯍꯥꯏꯔꯤꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤ ꯄꯥꯕ ꯂꯣꯏꯔꯒ ꯈꯨꯝꯖꯤꯟꯈꯤꯕ ꯅꯨꯃꯤꯠꯇ ꯃꯍꯧꯁꯥꯒ ꯃꯥꯟꯅꯗ꯭ꯔꯕ ꯃꯈꯜꯒꯤ ꯃꯉꯥꯜ ꯑꯃ ꯐꯪꯕꯤꯒꯅꯤ꯫ ꯑꯏꯕ ꯑꯁꯤꯒꯤ ꯋꯥꯈꯜꯂꯣꯜ ꯑꯁꯤ ꯑꯏꯕ ꯑꯃꯥꯒꯤ ꯃꯁꯥꯒꯤ ꯐꯤꯖꯦꯠ, ꯁꯛꯐꯝ, ꯆꯍꯤꯅ ꯑꯣꯏꯗꯦ ꯍꯥꯏꯕꯗꯨ ꯍꯦꯛ ꯍꯧꯏ꯫ ꯊꯧꯅꯥ ꯐꯩ ꯍꯥꯏꯒꯗꯕ ꯋꯥꯗꯨ ꯆꯨꯝꯅ ꯁꯦꯡꯅ ꯍꯥꯏ꯫ ꯁꯥꯎꯅꯤꯡꯂꯒ ꯋꯥ ꯅꯣꯛꯅꯤꯡꯅ ꯍꯥꯏꯕ ꯑꯣꯟꯊꯣꯛꯅ ꯆꯨꯟꯅꯅ ꯄꯛꯆꯈ꯭ꯔꯦ꯫ ꯄꯥꯕꯨꯡꯕꯨ ꯅꯆꯥꯅ ꯍꯟꯅ ꯍꯟꯅ ꯊꯥꯒꯠꯆꯔꯤ꯫ ꯄꯨꯛꯅꯤꯡ ꯅꯨꯡꯉꯥꯏꯍꯟꯕꯤꯕꯒꯤ ꯄꯨꯟꯁꯤ ꯅꯨꯡꯁꯥꯡꯕꯤꯈꯤꯒꯗꯕꯅꯤ꯫ ꯂꯥꯏꯔꯤꯛ ꯃꯊꯪ ꯃꯊꯪ ꯉꯥꯏꯖꯈꯤꯒꯅꯤ꯫ ꯂꯥꯏꯔꯤꯛ ꯐꯣꯡꯕ ꯌꯥꯎꯔꯨꯕꯗ ꯃꯃꯜ ꯂꯧꯗꯅ ꯁꯤꯟꯅꯕꯤꯔꯛꯄ ꯂꯥꯏꯔꯤꯛꯁꯤꯡ ꯑꯗꯨꯗꯤ ꯃꯃꯜ ꯄꯥꯕꯨꯡꯗ ꯍꯟꯗꯣꯛꯆꯕ ꯍꯥꯏꯔꯒꯗꯤ ꯁꯩꯔꯦꯡ ꯈꯔꯗꯪ ꯄꯥꯔꯨꯕꯗ ꯑꯩꯈꯣꯏꯕꯨ ꯃꯥꯏ ꯃꯤꯠ ꯄꯥꯡꯍꯟꯕꯤꯕ ꯑꯁꯤꯅ ꯑꯣꯏꯕꯤꯔꯣ
ꯍꯥꯏꯖꯔꯤ꯫ ꯂꯥꯏꯔꯤꯛ ꯐꯣꯡꯕ ꯌꯥꯎꯖꯔꯨꯕꯒꯤ ꯅꯥꯃꯠ ꯃꯥꯡꯖꯗ꯭ꯔꯦ꯫ ꯂꯥꯏꯔꯤꯛꯀꯤ ꯃꯒꯨꯟ ꯄꯥꯔꯀꯥꯟꯗꯗ ꯈꯪꯏ꯫
ꯃꯤꯅ ꯐꯖꯩ ꯍꯥꯏꯔꯀꯥꯟꯗꯗ ꯄꯥꯔꯨꯕ ꯀꯔꯤꯃ ꯍꯦꯛ ꯀꯥꯟꯅꯔꯝꯗ꯭ꯔꯦ꯫ ꯏꯁꯥ ꯏꯁꯥꯅ ꯍꯥꯟꯅ ꯄꯥꯔꯒ ꯔꯁ ꯆꯨꯞꯄꯅ
ꯌꯥꯝꯅ ꯍꯦꯟꯅ ꯅꯨꯡꯉꯥꯏ-ꯅꯨꯡꯉꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯄꯥꯕ꯫ ꯑꯩꯈꯣꯏꯅ ꯄꯥꯕꯨ ꯄꯥꯔꯦ, ꯄꯥꯕꯨ ꯄꯥꯗ꯭ꯔꯦ, ꯏꯕꯨ ꯏꯔꯦ, ꯏꯕꯨ
ꯏꯗ꯭ꯔꯦ ꯂꯥꯏꯗꯤ ꯀꯔꯤꯁꯨ ꯍꯥꯏꯗꯦ꯫ ꯅꯨꯡꯉꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯃ ꯏꯅꯥꯛꯇ ꯊꯝꯕꯗꯤ ꯌꯥꯝꯅ ꯅꯨꯡꯉꯥꯏ꯫!=

ꯀ꯭ꯔꯣꯔꯄꯇꯤ ꯅꯠꯇꯦ, ꯂꯥꯏꯔꯤꯛꯄꯇꯤꯅꯤ
ꯋꯥꯏꯔꯨ-ꯋꯥꯏꯔꯨꯕꯗ
ꯑꯩꯈꯣꯏꯒꯤ ꯂꯝꯗꯝ ꯃꯅꯤꯄꯨꯔꯗ ꯄꯦꯔꯨꯛ ꯄꯥꯝꯕꯤ ꯃꯈꯜ ꯈꯔ ꯍꯧꯏ꯫ ꯃꯈꯣꯏꯁꯤꯡ ꯑꯗꯨꯗꯤ
ꯀꯃꯟ ꯄꯦꯔꯨꯛ-ꯏꯟꯗꯤꯌꯟ ꯄꯦꯅꯋꯣꯔꯠ (ꯁꯦꯟꯇꯦꯂꯥ ꯑꯦꯁꯤꯌꯥꯇꯤꯀꯥ - (Centella asiatica (L.) ꯎꯔꯕꯥꯅ), ꯂꯩ ꯄꯦꯔꯨꯛ ꯅꯠꯇ꯭ꯔꯒ ꯄꯦꯔꯨꯛ ꯂꯩ (ꯍꯥꯏꯗ꯭ꯔꯣꯀꯣꯇꯥꯏꯜ ꯁꯤꯕꯊꯣꯔꯄꯤꯑꯣꯏꯗꯤꯁ-ꯊꯌꯗꯔꯣꯆꯣꯇꯌꯂꯦ sibthorpioides Lam.) ꯑꯥꯋꯥ -ꯄꯦꯔꯨꯛ (ꯍꯥꯏꯗ꯭ꯔꯣꯀꯣꯇꯥꯏꯜ ꯖꯥꯚꯥꯅꯤꯀꯥ- ꯊꯌꯗꯔꯣꯆꯣꯇꯌꯂꯦ ꯖꯥꯚꯥꯅꯤꯆꯥ Thunb.) ꯑꯁꯤꯅꯆꯤꯡꯕꯅꯤ꯫ ꯍꯥꯏꯔꯤꯕꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯃꯊꯛꯇ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯍꯥꯏꯔꯤꯕ ꯄꯦꯔꯨꯛ ꯄꯥꯝꯕꯤ ꯃꯈꯜ ꯑꯁꯤꯁꯨ ꯃꯅꯤꯄꯨꯔꯗ ꯑꯗꯨꯃꯛ ꯐꯖꯅ ꯍꯧꯏ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤꯒꯤ ꯃꯃꯤꯡ ꯑꯁꯤ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯍꯥꯏꯅ ꯊꯣꯟꯕꯒꯤ ꯃꯔꯝꯗꯤ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯑꯇꯣꯞꯄ ꯄꯦꯔꯨꯛ ꯄꯥꯝꯕꯤꯁꯤꯡꯒ ꯃꯥꯟꯅꯗꯕ ꯃꯑꯣꯡꯗ ꯌꯥꯝꯅ ꯁꯥꯡꯅ ꯃꯇ꯭ꯔ (ꯈꯇꯣꯂꯣꯅ) ꯑꯗꯨ ꯁꯟꯗꯣꯛꯇꯨꯅ ꯍꯧꯈꯤ (ꯂꯝꯄ꯭ꯔꯥꯏ ꯍꯥꯏꯕꯒꯤ ꯑꯔꯊꯗꯤ ꯌꯥꯝꯅ ꯁꯥꯡꯕ ꯍꯥꯏꯕꯅꯤ) ꯍꯥꯏꯕꯒꯤꯅꯤ꯫ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯀꯅꯥꯒꯨꯝꯕꯅꯁꯨ ꯁꯥꯃꯨ-ꯄꯦꯔꯨꯛ (ꯈꯍꯥꯃꯨ-Peruk) ꯍꯥꯏꯅ ꯀꯧꯅꯩ ꯃꯔꯝꯗꯤ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯑꯇꯣꯞꯄ ꯄꯦꯔꯨꯛ ꯄꯥꯝꯕꯤꯁꯤꯡꯗꯒꯤ ꯆꯥꯎꯕ ꯍꯦꯟꯕ ꯑꯁꯤꯅꯤ꯫ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯏꯪꯂꯤꯁꯇ ꯋꯥꯇꯔ ꯄꯦꯅꯋꯣꯔꯠ (Water Pennywort) ꯅꯠꯇ꯭ꯔꯒ ꯍꯣꯔꯂꯦꯗ ꯄꯦꯅꯤꯋꯣꯔꯠ (Whorled Pannywort) ꯅꯠꯇ꯭ꯔꯒ ꯍꯣꯔꯂꯦꯗ ꯄꯦꯅꯤꯋꯔꯣꯠ ꯅꯠꯇ꯭ꯔꯒ ꯍꯣꯔꯂꯦꯗ ꯃꯥꯔꯁ ꯄꯦꯅꯤꯋꯣꯔꯠ (Whorled ꯃꯥꯔꯁꯍ ꯄꯦꯅꯅꯌꯋꯣꯔꯇ) ꯅꯠꯇ꯭ꯔꯒ ꯁꯤꯜꯗ ꯄꯦꯅꯤꯋꯣꯔꯠ (Shield ꯄꯦꯅꯅꯌꯋꯣꯔꯇ), ꯇꯥꯏꯋꯥꯅꯤꯖ ꯅꯠꯇ꯭ꯔꯒ ꯃꯂꯦꯁꯤꯌꯥꯟꯗ ꯄꯦꯒꯥꯒꯥ (Pegga), ꯁꯥꯏꯇꯤꯐꯤꯛ ꯅꯠꯇ꯭ꯔꯒ ꯕꯣꯇꯥꯅꯤꯀꯦꯜꯒꯤ ꯑꯣꯏꯕ ꯃꯃꯤꯡꯗ ꯍꯥꯏꯗ꯭ꯔꯣꯀꯣꯇꯥꯏꯜ ꯚꯔꯤꯁꯤꯂꯥꯇꯥ (ꯊꯌꯗꯔꯣꯆꯣꯇꯌꯂꯦ ꯚꯦꯔꯇꯤꯆꯤꯂꯂꯥꯇꯥ Thunb.) ꯅꯠꯇ꯭ꯔꯒ ꯍꯥꯏꯗ꯭ꯔꯣꯀꯣꯇꯥꯏꯜ ꯀꯃ꯭ꯌꯅꯤꯁ (ꯊꯌꯗꯔꯣꯆꯣꯇꯌꯂꯦ ꯆꯣꯃꯃꯨꯅꯤꯁ DC.) ꯅꯠꯇ꯭ꯔꯒ ꯁꯦꯟꯇꯦꯂꯥ ꯚꯔꯇꯤꯁꯤꯂꯥꯇꯥ (Centella ꯚꯦꯔꯇꯤꯆꯤꯂꯂꯥꯇꯥ (Thunb.) Fourc.) ꯅꯠꯇ꯭ꯔꯒ ꯁꯦꯟꯇꯦꯂꯥ ꯍꯣꯃꯦꯂꯣꯀꯥꯔꯄꯥ (Centella ꯍꯣꯃꯥꯂꯣꯆꯥꯔꯄꯥ ꯙꯔꯨꯗꯦ) ꯍꯥꯏꯅ ꯀꯧꯏ ꯑꯃꯁꯨꯡ ꯑꯦꯄꯤꯌꯦꯁꯤ (Apiaceae) ꯁꯥꯒꯩꯒꯤ ꯃꯅꯨꯡ ꯆꯜꯂꯤ꯫ ꯁꯥꯒꯩ ꯑꯁꯤꯗ ꯆꯟꯕ ꯑꯇꯣꯞꯄ ꯃꯔꯨ ꯑꯣꯏꯕ ꯄꯥꯝꯕꯤ ꯈꯔꯗꯤ - ꯑꯋꯥ ꯐꯗꯤꯒꯣꯝ (Eryngium foetidum L.), ꯄꯦꯔꯨꯛ ꯄꯥꯝꯕꯤ - ꯏꯟꯗꯤꯌꯥꯟ ꯄꯦꯅꯤꯋꯣꯔꯠ (Centella asiatica ꯎꯔꯕ.), ꯒꯥꯖꯔ ꯄꯥꯝꯕꯤ - ꯀꯦꯔꯣꯠ (Daucas ꯆꯥꯔꯣꯇꯥ L.) ꯑꯁꯤꯅꯆꯤꯡꯕꯅꯤ꯫ ꯑꯗꯨꯝ ꯑꯣꯏꯅꯃꯛ New Checklist of Angiospermic Plants ꯀꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯑꯦꯔꯥꯂꯤꯌꯦꯁꯤ (Araliaceae) ꯁꯥꯒꯩꯒꯤ ꯃꯅꯨꯡꯗ ꯊꯝꯈꯔꯦ꯫
ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯍꯥꯏꯔꯤꯕ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯂꯩꯃꯥꯏꯗ ꯃꯇ꯭ꯔꯥ (ꯈꯇꯣꯂꯣꯅ) ꯁꯟꯗꯣꯛꯇꯨꯅ ꯐꯨꯠ 5 ꯐꯥꯎꯕ ꯁꯥꯡꯅ ꯆꯠꯇꯨꯅ ꯍꯧꯕ ꯑꯊꯣꯠꯄ ꯄꯥꯝꯕꯤ ꯑꯃꯅꯤ꯫ ꯄꯦꯔꯨꯛ ꯄꯥꯝꯕꯤꯒ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤꯒ ꯈꯦꯟꯅꯕ ꯑꯃ ꯍꯥꯏꯔꯒꯗꯤ ꯄꯦꯔꯨꯛ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯅꯥ ꯑꯗꯨ ꯍꯋꯥꯏ ꯀꯥꯂꯟꯗ꯭ꯔꯤꯒꯤ ꯃꯑꯣꯡ ꯃꯥꯟꯗꯨꯅ ꯃꯅꯥ ꯑꯗꯨ ꯇꯪꯈꯥꯏ ꯐꯥꯎꯕ ꯌꯥꯠꯁꯤꯜꯂꯤ ꯑꯗꯨꯕꯨ ꯄꯦꯔꯨꯛ ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤꯗꯗꯤ ꯃꯅꯥ ꯑꯗꯨ ꯏꯀꯣꯏ ꯀꯣꯏꯅ ꯃꯄꯥꯟꯗ ꯅꯥꯌꯥꯠ ꯌꯥꯠꯇꯨꯅ ꯃꯈꯣꯛ ꯑꯗꯨ ꯃꯌꯥꯏꯗ ꯄꯥꯜꯂꯤ꯫ ꯄꯥꯎꯗꯝꯁꯤꯡꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯈꯥ ꯑꯃꯁꯨꯡ ꯑꯋꯥꯡ ꯊꯪꯕ ꯑꯃꯦꯔꯤꯀꯥ ꯑꯃꯁꯨꯡ ꯋꯦꯁꯠ ꯏꯟꯗꯤꯖꯗꯒꯤ ꯍꯧꯔꯛꯈꯤꯕꯅꯤ꯫ ꯍꯥꯖꯣꯡꯕ ꯄꯥꯝꯕꯤ ꯑꯃ ꯑꯣꯏꯅ ꯉꯁꯤꯗꯤ ꯄ꯭ꯔꯤꯊꯤꯕꯒꯤ ꯃꯐꯝ ꯀꯌꯥꯃꯔꯨꯝꯗ ꯏꯟꯗꯤꯌꯥ ꯌꯥꯎꯅ ꯁꯟꯗꯣꯛꯇꯨꯅ ꯍꯧꯈꯔꯦ꯫ ꯑꯩꯈꯣꯏꯒꯤ ꯂꯝꯗꯝ ꯃꯅꯤꯄꯨꯔꯗ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯍꯧꯔꯛꯐꯝ ꯑꯣꯏꯕꯔ ꯅꯠꯇ꯭ꯔꯒ ꯍꯥꯖꯣꯡꯕ ꯄꯥꯝꯕꯤ ꯑꯃ
ꯑꯣꯏꯅ ꯆꯪꯂꯛꯈꯤꯕ ꯑꯣꯏꯔꯒꯅ ꯀꯔꯝꯕ ꯃꯇꯝꯗ ꯆꯪꯂꯛꯈꯤꯕꯒꯦ ꯍꯥꯏꯕꯒꯤ ꯆꯞ ꯆꯥꯕ ꯄꯥꯎꯗꯝ ꯐꯪꯗꯦ꯫ ꯄꯥꯎꯗꯝꯁꯤꯡꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤꯗ ꯌꯥꯎꯕ ꯃꯔꯨ ꯑꯣꯏꯕ ꯐꯥꯏꯇꯣ kMPaUNdsiZ ꯑꯗꯨꯗꯤ - ꯄꯣꯂꯤꯐꯤꯅꯣꯜꯗꯁꯤꯡ ꯑꯃꯁꯨꯡ ꯃꯗꯨꯒꯤ ꯒ꯭ꯂꯥꯏꯀꯣꯁꯥꯏꯗꯁꯤꯡ, ꯑꯦꯟꯇꯤꯑꯣꯛꯁꯤꯗꯦꯟꯠ, ꯔꯦꯝꯅꯣꯁꯤꯇ꯭ꯔꯤꯟ (Rhamnocitrin) ꯑꯃꯁꯨꯡ ꯔꯨꯇꯤꯟ (Rutin) ꯑꯁꯤꯅꯆꯤꯡꯕꯅꯤ꯫

ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯆꯥꯏꯅꯤꯖ ꯑꯃꯁꯨꯡ ꯑꯔꯤꯕ ꯑꯅꯥ-ꯂꯥꯌꯦꯡ ꯄꯊꯥꯞꯁꯤꯡꯗ ꯀꯨꯏꯔꯕ ꯃꯇꯝꯗꯒꯤ ꯍꯤꯗꯥꯛ ꯑꯣꯏꯅ ꯁꯤꯖꯤꯟꯅꯔꯛꯄꯒꯤ ꯄꯥꯎꯗꯝꯁꯤꯡ ꯂꯩ꯫ ꯄꯥꯎꯗꯝ ꯈꯔꯒꯤ ꯃꯇꯨꯡꯏꯟꯅꯁꯨ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯑꯌꯨꯔꯕꯦꯗꯤꯛꯀꯤ ꯂꯥꯌꯦꯡꯗꯁꯨ ꯍꯤꯗꯥꯛ ꯑꯣꯏꯅ ꯁꯤꯖꯤꯟꯅꯕꯒꯤ ꯋꯥꯐꯝꯁꯨ ꯂꯩ꯫ ꯄꯥꯎꯗꯝꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯆꯥꯏꯅꯥꯗꯗꯤ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯐꯤꯔꯥꯛꯀꯤ ꯀꯦꯟꯁꯔ ꯑꯃꯁꯨꯡ ꯃꯄꯥꯡꯒꯜ ꯁꯣꯟꯊꯕꯗ ꯂꯥꯌꯦꯡ ꯍꯤꯗꯥꯛ ꯑꯣꯏꯅ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯑꯔꯨꯅꯥꯆꯥꯜ ꯄ꯭ꯔꯗꯦꯁꯀꯤ ꯇ꯭ꯔꯥꯏꯕꯦꯜ ꯀꯥꯡꯂꯨꯞ ꯑꯃꯅ ꯄꯦꯔꯨꯛ ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯁꯨꯒꯥꯏꯔꯒ ꯂꯧꯕ ꯃꯍꯤ ꯑꯗꯨꯗ ꯈꯣꯏꯍꯤ ꯈꯔ ꯅꯩꯈꯥꯏꯔꯒ ꯄꯤꯊꯛꯇꯨꯅ ꯇꯥꯏꯐꯣꯏꯗ (Typhoid) ꯀꯤ ꯑꯔꯨꯝ-ꯂꯥꯏꯍꯧ ꯇꯧꯕ ꯑꯗꯨ ꯂꯥꯌꯦꯡꯅꯩ꯫ ꯅꯣꯡꯃꯗ ꯆꯃꯆ ꯑꯍꯨꯝ ꯆꯥꯡ ꯅꯥꯏꯅ ꯅꯨꯃꯤꯠ ꯃꯉꯥꯅꯤ ꯄꯤꯊꯛꯄꯤꯒꯗꯕꯅꯤ꯫ ꯄꯦꯔꯨꯛ lMPrBaI ꯄꯥꯝꯕꯤꯗ ꯃꯤꯑꯣꯏꯕꯒꯤ ꯃꯄꯥꯡꯒꯜ ꯀꯟꯈꯠꯍꯟꯕ ꯉꯝꯕ (ꯏꯃꯃꯨꯅꯣꯃꯣꯗꯨꯂꯥꯇꯣꯔꯌ) ꯁꯛꯇꯤ ꯌꯥꯎꯏ ꯍꯥꯏꯅ ꯕꯤꯒ꯭ꯌꯥꯟꯅ ꯊꯤꯖꯤꯟꯗꯨꯅ ꯎꯠꯄ ꯉꯝꯈꯔꯦ꯫ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯗꯨꯒ ꯐꯤꯖꯤꯒ꯭ꯔꯤ (Fidigri) ꯒ ꯄꯨꯟꯅ ꯁꯨꯒꯥꯏꯃꯤꯟꯅꯔꯒ ꯁꯦꯝꯕ ꯃꯣꯂꯣꯝ ꯑꯗꯨꯅ ꯆꯥꯡ ꯅꯥꯏꯅ ꯇꯩꯕꯗ ꯃꯈꯜ-ꯃꯈꯥ ꯀꯌꯥꯒꯤ ꯎꯟꯁꯥꯒꯤ ꯂꯥꯏꯅꯥꯁꯤꯡ ꯂꯥꯌꯦꯡꯅꯩ꯫ ꯀꯅꯥꯒꯨꯝꯕ ꯃꯤꯑꯣꯏ ꯑꯃꯅ ꯂꯣꯛ ꯈꯨꯔꯕ ꯑꯃꯗꯤ ꯑꯔꯨꯝ-ꯂꯥꯏꯍꯧ ꯇꯧꯔꯕꯗꯤ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯗꯨ ꯁꯨꯒꯥꯏꯔꯒ ꯈꯣꯏꯍꯤ ꯈꯔ ꯅꯩꯈꯥꯏꯔꯒ ꯂꯧꯕ ꯃꯍꯤ ꯑꯗꯨ ꯄꯤꯊꯛꯄꯗ ꯊꯣꯏꯗꯣꯛꯅ ꯀꯥꯟꯅꯕ ꯐꯜ ꯐꯪꯕ ꯉꯝꯒꯅꯤ꯫
ꯍꯦꯄꯥꯇꯥꯏꯇꯤꯁ ꯍꯥꯏꯔꯤꯕ ꯐꯤꯔꯥꯛꯀꯤ ꯂꯥꯏꯅꯥ ꯑꯁꯤꯗ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤꯗꯒꯤ ꯁꯦꯝꯕ ꯍꯤꯗꯥꯛ ꯑꯗꯨ ꯄꯤꯊꯛꯇꯨꯅ ꯂꯥꯌꯦꯡꯅꯕꯒꯤ ꯄꯥꯎꯗꯝꯁꯤꯡ ꯂꯩ꯫ ꯆꯍꯤ ꯌꯥꯝꯁꯤꯜꯂꯛꯄꯗ ꯌꯥꯝꯅ ꯇꯣꯏꯅ ꯊꯣꯛꯍꯟꯕ ꯑꯗꯨꯕ ꯅꯍꯥꯁꯤꯡꯗꯁꯨ ꯑꯗꯨꯃꯛ ꯅꯥꯒꯟꯕ ꯇꯣꯡꯁꯥ ꯃꯄꯥꯡꯒꯜ ꯌꯥꯝꯅ ꯁꯣꯟꯊꯕ ꯃꯁꯀ꯭ꯌꯨꯂꯔ ꯗꯤꯁꯇ꯭ꯔꯣꯐꯤ (Muscular dystrophy) ꯑꯁꯤꯗ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯑꯗꯨ ꯁꯨꯒꯥꯏꯔꯒ ꯂꯧꯕ ꯃꯍꯤ ꯑꯗꯨꯅ ꯆꯥꯡ ꯅꯥꯏꯅ ꯑꯁꯣꯛꯄ ꯃꯐꯝ ꯑꯗꯨꯗ ꯇꯩꯔꯒ ꯅꯣꯏꯕꯤꯕꯗ ꯊꯣꯏꯗꯣꯛꯅ ꯀꯥꯟꯅꯕ ꯉꯝꯍꯜꯂꯤ ꯍꯥꯏꯗꯨꯅ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯄꯥꯎꯗꯝ ꯑꯃꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯃꯂꯦꯁꯤꯌꯥꯗꯗꯤ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤꯒ ꯆꯤꯅꯤ ꯈꯔꯒ, ꯆꯧꯍꯨꯏ ꯄꯥꯝꯕꯤꯒꯤ ꯎꯒꯤ ꯃꯀꯨ ꯈꯔꯒ ꯄꯨꯟꯅ ꯁꯨꯒꯥꯏꯃꯤꯟꯅꯔꯒ ꯂꯧꯕ ꯃꯍꯤ ꯑꯗꯨ ꯄꯤꯊꯛꯇꯨꯅ ꯑꯉꯥꯡ ꯂꯣꯛ ꯈꯨꯕ ꯑꯗꯨ ꯂꯥꯌꯦꯡꯅꯩ꯫ ꯀꯅꯥꯒꯨꯝꯕ ꯃꯤꯑꯣꯏ ꯑꯃ ꯑꯁꯣꯛ ꯑꯄꯟ ꯇꯧꯗꯨꯅ ꯑꯃꯗꯤ ꯇꯤꯡꯈꯪ ꯌꯨꯗꯨꯅ ꯅꯥꯏ ꯆꯥꯔꯕꯗꯤ ꯄꯦꯔꯨꯛ-ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯁꯨꯒꯥꯏꯔꯒ ꯊꯣꯝꯕꯗ ꯅꯥꯏ ꯑꯗꯨꯅ ꯊꯨꯅ ꯆꯤꯡꯊꯣꯛꯇꯨꯅ ꯀꯪꯁꯤꯟꯍꯟꯗꯨꯅ ꯑꯅꯥꯕ ꯑꯗꯨ ꯊꯨꯅ ꯐꯍꯟꯕ ꯉꯝꯒꯅꯤ꯫ ꯏꯁꯤꯡ ꯌꯥꯐꯝ ꯇꯣꯏꯅ ꯇꯧꯔꯕꯗꯤ ꯄꯦꯔꯨꯛ ꯂꯝꯄ꯭ꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯗꯨ ꯏꯁꯤꯡꯗ ꯐꯨꯠꯂꯒ ꯂꯧꯕ ꯃꯍꯤ ꯑꯗꯨ ꯆꯥꯡ ꯅꯥꯏꯅ ꯅꯣꯡꯃꯗ ꯑꯅꯤꯔꯛ ꯍꯥꯞꯇꯥ ꯑꯃꯔꯣꯝ ꯄꯤꯊꯛꯄꯗ ꯐꯍꯟꯕ ꯉꯝꯃꯤ ꯍꯥꯏꯕꯒꯤ ꯄꯥꯎꯗꯝꯁꯨ ꯂꯩ꯫ ꯍꯥꯏꯔꯤꯕ ꯃꯍꯤ ꯑꯗꯨꯗ ꯈꯣꯏꯍꯤ ꯈꯔ ꯅꯩꯈꯥꯏꯔꯒ ꯂꯧꯕ ꯃꯍꯤ ꯑꯗꯨꯅ ꯇꯦꯡꯊꯣꯛꯄꯗ ꯉꯧ ꯉꯥꯊꯠꯄ ꯑꯗꯨꯁꯨ ꯐꯍꯟꯕ ꯉꯝꯒꯅꯤ꯫=

ꯋꯥꯌꯦꯜꯗ ꯊꯦꯡꯊꯕ
ꯌꯥꯔꯤꯕꯃꯈꯩ ꯊꯣꯛꯍꯟꯗꯅꯕ ꯍꯣꯠꯅꯍꯟꯅꯤꯡꯏ
ꯃꯅꯤꯄꯨꯔ ꯄꯤꯛꯆꯔꯕꯁꯨ ꯂꯩꯕꯥꯛꯁꯤꯒꯤ ꯑꯇꯩ ꯃꯐꯝꯗ ꯊꯣꯛꯄꯒꯨꯝ ꯃꯈꯜ-
ꯃꯈꯥ ꯑꯌꯥꯝꯕ ꯊꯧꯗꯣꯛꯁꯤꯡ ꯊꯣꯛꯏ꯫ ꯊꯧꯗꯣꯛꯁꯤꯡꯁꯤ ꯊꯣꯔꯛꯄꯗꯒꯤ ꯃꯈꯜ
ꯀꯌꯥꯒꯤ ꯀꯦꯁꯁꯤꯡꯁꯨ ꯊꯣꯛꯏ꯫ ꯁꯨꯞꯆꯤꯟꯅ ꯌꯦꯡꯕꯗ ꯁꯤꯚꯤꯜ ꯑꯃꯁꯨꯡ
ꯀ꯭ꯔꯤꯃꯤꯅꯦꯜ ꯀꯦꯁꯁꯤꯡ ꯂꯧꯈꯠꯂꯛꯏ꯫ ꯑꯁꯤꯒꯨꯝꯕ ꯊꯧꯗꯣꯛꯁꯤꯡꯁꯤ ꯌꯥꯝꯅ
ꯊꯣꯛꯄ, ꯃꯁꯤꯗꯒꯤ ꯀꯦꯁ ꯀꯌꯥꯁꯨ ꯂꯧꯈꯠꯂꯛꯄꯅ ꯃꯇꯝ ꯑꯃꯗ ꯃꯅꯤꯄꯨꯔꯒꯤ
ꯇꯣꯉꯥꯟꯕ ꯍꯥꯏ ꯀꯣꯔꯠ ꯂꯩꯖꯔꯝꯕꯗ, ꯒꯨꯋꯥꯍꯥꯇꯤ ꯍꯥꯏ ꯀꯣꯔꯠꯀꯤ ꯕꯦꯟꯆ ꯑꯃ-
ꯑꯅꯤ ꯈꯛꯇꯪ ꯂꯩꯍꯟꯗꯨꯅ ꯀꯦꯁꯁꯤꯡꯒꯤ ꯋꯥꯌꯦꯜ ꯆꯠꯊꯔꯝꯕꯗꯨꯅ ꯌꯥꯔꯛꯇꯕꯗꯒꯤ
ꯇꯣꯉꯥꯟꯕ ꯍꯥꯏ ꯀꯣꯔꯠ ꯑꯣꯐ ꯃꯅꯤꯄꯨꯔ ꯐꯥꯎꯕ ꯂꯩꯔꯛꯈ꯭ꯔꯤꯕꯅꯤ꯫ ꯁꯕꯣꯔꯗꯤꯅꯦꯠ
ꯀꯣꯔꯠꯁꯤꯡꯒꯤꯁꯨ ꯑꯗꯨ ꯃꯉꯥꯏ ꯗꯤꯁꯇ꯭ꯔꯤꯛꯠ ꯀꯣꯔꯠꯁꯤꯡ ꯗꯤꯁꯇ꯭ꯔꯤꯛꯠ
ꯄꯨꯝꯅꯃꯛꯀꯤ ꯑꯣꯏꯅ ꯇꯣꯉꯥꯟ-ꯇꯣꯉꯥꯟꯅ ꯍꯧꯖꯤꯛ ꯂꯩꯔꯤꯕ ꯑꯁꯨꯝꯃꯥꯏꯅ ꯂꯩꯔꯝꯕ
ꯅꯠꯇꯦ꯫ ꯃꯁꯤ ꯐꯥꯎꯕꯗ ꯀꯨꯝꯖꯥ 2016 ꯀꯤ ꯅꯕꯦꯝꯕꯔ ꯊꯥꯗꯒꯤ ꯍꯥꯞꯆꯤꯜꯂꯛꯈꯤꯕ
ꯑꯅꯧꯕ ꯗꯤꯁꯇ꯭ꯔꯤꯛꯠ 7 ꯀꯤ ꯗꯤꯇ꯭ꯔꯤꯛꯠ ꯑꯃꯁꯨꯡ ꯁꯦꯁꯟꯁ ꯀꯣꯔꯠꯁꯤꯡ
ꯍꯧꯖꯤꯛ ꯐꯥꯎꯕ ꯁꯨꯅ ꯂꯩꯖꯗ꯭ꯔꯤꯕꯅꯤ꯫ ꯑꯗꯨꯝ ꯑꯣꯏꯅꯃꯛ ꯇꯣꯉꯥꯟꯕ ꯍꯥꯏ ꯀꯣꯔꯠ
ꯂꯩꯖꯔꯛꯄꯒ ꯏꯔꯣꯏꯅꯅ ꯖ꯭ꯌꯨꯗꯤꯁꯤꯌꯔꯤꯒꯤ ꯑꯣꯏꯕ ꯃꯊꯧ ꯇꯥꯕ ꯃꯦꯟ-ꯄꯥꯋꯔꯁꯤꯡ
ꯂꯩꯍꯜꯂꯛꯄ ꯑꯃꯁꯨꯡ ꯏꯟꯐ꯭ꯔꯥꯁ꯭ꯇ꯭ꯔꯛꯆꯔꯁꯤꯡ ꯁꯦꯝꯒꯠꯂꯛꯄꯗꯒꯤ
ꯖ꯭ꯌꯨꯗꯤꯁꯤꯌꯔꯤꯒꯤ ꯐꯤꯚꯝꯗ ꯍꯥꯟꯅꯗꯒꯤ ꯌꯥꯝꯅ ꯐꯒꯠꯂꯦ ꯍꯥꯏꯅ ꯂꯧꯕ ꯐꯥꯎꯕꯗꯤ
ꯌꯥꯔꯦ꯫ ꯑꯗꯨꯕꯨ ꯁꯤꯁꯇꯝꯁꯤꯗ ꯑꯍꯣꯡꯕ ꯑꯣꯟꯕ ꯀꯌꯥ ꯂꯩꯔꯛꯂꯕꯁꯨ ꯍꯧꯖꯤꯛ
ꯐꯥꯎꯕꯗ ꯃꯆꯤ ꯏꯔꯦꯡ ꯂꯦꯡꯍꯟꯕ ꯉꯝꯗꯅ ꯂꯩꯔꯛꯂꯤꯕ ꯐꯤꯚꯝ ꯑꯃ ꯍꯥꯏꯕ
ꯇꯥꯔꯒꯗꯤ ꯋꯥꯌꯦꯜꯁꯪ (ꯀꯣꯔꯠ) ꯌꯧꯔꯛꯂꯕ ꯀꯦꯁꯁꯤꯡꯒꯤ ꯋꯥꯌꯦꯜ ꯑꯊꯨꯕ ꯃꯇꯝꯗ
ꯄ꯭ꯔꯞ-ꯄ꯭ꯔꯞ ꯆꯠꯊꯗꯨꯅ (ꯁ꯭ꯄꯤꯗꯤ ꯇ꯭ꯔꯥꯏꯑꯦꯜ) ꯇꯧꯗꯨꯅ ꯑꯔꯣꯏꯕ ꯋꯥꯔꯣꯏꯁꯤꯟ
(ꯐꯥꯏꯅꯦꯜ ꯗꯤꯁꯄꯣꯖꯦꯜ) ꯄꯨꯔꯛꯄ ꯉꯝꯗꯕꯁꯤꯅꯤ ꯍꯥꯏꯕ ꯌꯥꯏ꯫ ꯃꯁꯤꯃꯛꯇꯤ
ꯍꯧꯖꯤꯛ ꯅꯣꯡꯃꯇ ꯀꯥꯡꯗꯅ ꯊꯣꯔꯛꯂꯤꯕ ꯊꯧꯗꯣꯛ ꯋꯥꯊꯣꯛꯁꯤꯡ, ꯊꯧꯗꯣꯛꯁꯤꯡ
ꯑꯁꯤꯒ ꯃꯔꯤ ꯂꯩꯅꯅ ꯃꯤꯌꯥꯝꯅ ꯂꯧꯔꯛꯂꯤꯕ ꯊꯧꯗꯥꯡꯁꯤꯒꯗꯤ ꯈꯖꯤꯛꯇꯪ ꯆꯨꯁꯤꯟ-
ꯆꯥꯁꯤꯟꯅꯕ ꯋꯥꯠꯄꯗꯧꯅ ꯇꯧꯔꯛꯏ꯫ ꯐꯤꯚꯝꯁꯤꯗꯤ ꯃꯅꯤꯄꯨꯔꯗ ꯂꯩꯔꯤꯕ ꯃꯤꯑꯣꯏ
ꯄꯨꯝꯅꯃꯛꯀꯤ ꯂꯥꯏꯕꯛ ꯊꯤꯕ ꯅꯠꯇꯦ, ꯃꯥꯡꯖꯕꯅꯤ ꯍꯥꯏꯗꯨꯅ ꯂꯧꯕ ꯌꯥꯐꯝ ꯊꯣꯛꯏ
ꯍꯥꯏꯅꯤꯡꯏ꯫ ꯃꯔꯝꯗꯤ ꯊꯣꯛꯂꯤꯕ ꯊꯧꯗꯣꯛ ꯑꯃꯒ ꯃꯔꯤ ꯂꯩꯅꯅ ꯂꯣ ꯑꯦꯟꯐꯣꯔꯁꯤꯡ
ꯑꯦꯖꯦꯟꯁꯤꯁꯤꯡꯅ ꯂꯧꯈꯠꯄ ꯀꯦꯁ, ꯏꯟꯚꯦꯁꯇꯤꯒꯦꯁꯟ ꯆꯠꯊꯔꯒ ꯐ꯭ꯔꯦꯝ
ꯇꯧꯔꯛꯄ ꯆꯥꯔꯖꯁꯤꯠꯇ ꯌꯨꯝꯐꯝ ꯑꯣꯏꯗꯨꯅ ꯋꯥꯌꯦꯜ ꯆꯠꯊꯕ, ꯃꯔꯥꯜ ꯂꯩꯔꯝꯕꯁꯤꯡꯕꯨꯅ
ꯂꯣꯒꯤ ꯃꯇꯨꯡ ꯏꯟꯕ ꯆꯩꯔꯥꯛ ꯄꯤꯕ, ꯃꯔꯥꯜ ꯂꯩꯔꯝꯗꯕꯁꯤꯡꯕꯨꯅ ꯊꯥꯗꯣꯛꯈꯤꯕꯒꯤ
ꯊꯕꯛꯁꯤꯡꯗꯤ ꯌꯥꯔꯤꯕꯃꯈꯩ ꯊꯨꯅ ꯄꯥꯡꯊꯣꯛꯐꯝ ꯊꯣꯛꯏ꯫
ꯑꯗꯨꯒ ꯍꯥꯏꯔꯤꯕ ꯊꯕꯛꯁꯤꯡꯁꯤ ꯍꯧꯖꯤꯛ ꯐꯥꯎꯕꯗ ꯃꯉꯝ ꯁꯥꯟꯅ ꯇꯧꯗ꯭ꯔꯤꯕꯒꯨꯝ
ꯇꯧꯏ꯫ ꯃꯔꯝ ꯑꯁꯤꯅ ꯋꯥꯌꯦꯜ ꯆꯠꯊꯔꯤꯕꯅꯤ ꯍꯥꯏꯗꯨꯅ ꯖꯨꯗꯤꯁꯜ ꯀꯁ꯭ꯇꯗꯤꯗ
ꯊꯝꯂꯛꯄ ꯃꯤꯑꯣꯏꯁꯤꯡꯒꯤ ꯃꯔꯛꯇꯒꯤ ꯈꯔ ꯃꯈꯣꯏꯒꯤ ꯃꯊꯛꯇ ꯆꯥꯔꯖ ꯇꯧꯔꯤꯕ
ꯀꯦꯁꯁꯤꯡꯗꯨꯒꯤ ꯋꯥꯌꯦꯜ ꯂꯣꯏꯁꯤꯜꯂꯛꯄꯗ ꯃꯔꯥꯜ ꯂꯩꯔꯝꯗ꯭ꯔꯦ ꯍꯥꯏꯔꯛꯄ ꯌꯥꯎꯗꯨꯅ
ꯊꯥꯗꯣꯔꯛꯄ ꯌꯥꯎꯏ꯫ ꯑꯗꯨꯕꯨ ꯃꯔꯥꯜ ꯂꯩꯔꯝꯗ꯭ꯔꯦ ꯍꯥꯏꯗꯨꯅ ꯀꯦꯁ ꯑꯃꯗꯒꯤ ꯑꯦꯛꯀ꯭ꯌꯨꯠ
ꯇꯧꯔꯛꯂꯦ ꯍꯥꯏꯗꯨꯅ ꯃꯍꯥꯛꯄꯨ ꯀꯩꯁꯨꯝꯁꯪꯗ ꯊꯝꯂꯨꯕꯒꯤ ꯃꯃꯜ (ꯀꯝꯄꯦꯟꯁꯦꯟꯁꯟ)
ꯗꯤ ꯀꯅꯥꯅ ꯄꯤꯕꯤꯕ ꯌꯥꯎꯈ꯭ꯔꯕꯒꯦ? ꯑꯗꯨꯕꯨ ꯋꯥꯍꯪꯁꯤ ꯅꯠꯇꯕ ꯑꯇꯣꯞꯄ ꯋꯥꯍꯪ ꯀꯌꯥꯁꯨ
ꯂꯩꯔꯤ꯫ ꯑꯗꯨꯝ ꯑꯣꯏꯅꯃꯛ ꯋꯥꯍꯪ-ꯄꯥꯎꯈꯨꯝꯂꯣꯝꯗ ꯆꯠꯄꯒꯤ ꯃꯍꯨꯠꯇ ꯁꯤꯚꯤꯜꯕꯨ
ꯑꯣꯏꯔꯕꯁꯨ ꯀ꯭ꯔꯤꯃꯤꯅꯦꯜ ꯀꯦꯁꯄꯨ ꯑꯣꯏꯔꯕꯁꯨ ꯑꯊꯨꯕ ꯋꯥꯍꯦꯜ ꯆꯠꯊꯕ ꯍꯥꯏꯕꯁꯤꯅ
ꯖꯁꯇꯤꯁ ꯗꯦꯂꯤꯚꯔꯤ ꯁꯤꯁꯇꯝꯕꯨꯁꯨ ꯍꯦꯟꯅ ꯃꯁꯛ ꯊꯣꯛꯍꯟꯕꯒ ꯂꯣꯏꯅꯅ
ꯋꯥꯍꯟꯊꯣꯛꯁꯨ ꯂꯩꯍꯟꯒꯗꯧꯔꯤꯕꯅꯤ꯫ ꯑꯗꯨꯕꯨ ꯀꯦꯁꯁꯤꯡꯁꯤꯒꯤ ꯋꯥꯌꯦꯜ ꯊꯦꯡꯊꯔꯛꯄ,
ꯀꯨꯏꯅ ꯆꯪꯕꯗ ꯀꯣꯔꯠ ꯈꯛꯇꯗ ꯇꯥꯏꯅꯕ ꯆꯨꯝꯂꯣꯏ꯫ ꯀꯔꯤꯒꯨꯝꯕ ꯊꯧꯗꯣꯛ ꯑꯃ
ꯊꯣꯛꯄꯗ ꯃꯗꯨꯒꯤꯗꯃꯛ ꯃꯔꯤ ꯂꯩꯅꯕ ꯂꯣ ꯑꯦꯟꯐꯣꯔꯁꯤꯡ ꯑꯦꯖꯦꯟꯁꯤꯅ ꯔꯦꯒ꯭ꯌ ulr
ꯀꯦꯁ ꯑꯦꯐ ꯑꯥꯏ ꯑꯥꯔ ꯑꯃ ꯂꯧꯈꯠꯄꯒꯤ ꯃꯇꯥꯡꯗ ꯐꯥꯎꯕ ꯋꯥꯔꯨ-ꯅꯨꯡꯖꯨ ꯊꯣꯛꯅꯩ꯫ ꯀꯦꯁ
ꯂꯧꯈꯠꯂꯕꯁꯨ ꯏꯟꯚꯦꯁꯇꯤꯒꯦꯁꯟꯗꯅ ꯃꯇꯝ ꯌꯥꯝꯅ ꯁꯥꯡꯅ ꯆꯪꯏ꯫ ꯃꯁꯤꯒꯤ ꯃꯔꯝꯁꯨ
ꯃꯌꯥꯝ ꯄꯨꯊꯣꯔꯛꯏ꯫ ꯐꯣꯔꯦꯟꯁꯤꯛ ꯑꯦꯛꯁꯄꯔꯠꯁꯤꯡꯒꯤ ꯑꯣꯄꯤꯅꯤꯌꯟ ꯃꯊꯧ ꯇꯥꯕꯗꯅ ꯃꯁꯤ ꯐꯪꯗꯕꯗꯒꯤꯅꯤ ꯍꯥꯏ꯫ ꯃꯔꯨ ꯑꯣꯏꯕ ꯑꯦꯒꯖꯤꯕꯤꯠ (ꯀ꯭ꯔꯥꯏꯝ ꯋꯤꯄꯟ)
ꯔꯤꯀꯣꯚꯔ ꯇꯧꯕ ꯉꯝꯗꯕꯗꯒꯤꯅꯤ ꯍꯥꯏꯔꯛꯄꯁꯨ ꯌꯥꯎꯏ꯫ ꯃꯔꯝ ꯄꯨꯝꯅꯃꯛ ꯑꯁꯤꯅ
ꯁꯤꯚꯤꯜ ꯃꯦꯠꯇꯔꯕꯨ ꯑꯣꯏꯔꯕꯁꯨ ꯑꯗꯨꯒ ꯀ꯭ꯔꯤꯃꯤꯅꯦꯜ ꯀꯦꯁꯁꯤꯡꯒꯗꯤ ꯔꯦꯖꯤꯁꯇꯔ
ꯇꯧꯗꯨꯅ ꯏꯟꯚꯦꯁꯇꯤꯒꯦꯁꯟ ꯆꯠꯊꯔꯤꯂꯤꯕ ꯑꯦꯟꯐꯣꯔꯁꯤꯡ ꯑꯦꯖꯦꯟꯁꯤꯗꯨꯅ
ꯑꯊꯨꯕ ꯏꯟꯚꯦꯁꯇꯤꯒꯦꯁꯟ ꯆꯠꯊꯕ ꯃꯊꯧ ꯇꯥꯏ꯫ ꯆꯥꯔꯖꯁꯤꯠ ꯁꯕꯃꯤꯠ ꯇꯧꯕꯗ
ꯄ꯭ꯔꯣꯖꯤꯀ꯭ꯌꯨꯁꯟ ꯁꯦꯡꯛꯁꯟ ꯂꯧꯕꯒꯤ ꯃꯊꯧ ꯇꯥꯔꯛꯄꯁꯤꯡꯒꯤꯗꯤ ꯂꯧꯅꯅꯕ
ꯍꯣꯠꯅꯒꯗꯕꯅꯤ꯫ ꯄ꯭ꯔꯣꯖꯤꯀ꯭ꯌꯨꯁꯟꯅ ꯁ꯭ꯀ꯭ꯔꯨꯇꯤꯅꯤ ꯑꯃꯁꯨꯡ ꯚꯦꯔꯤꯐꯤꯀꯦꯁꯟꯒꯤ
ꯊꯕꯛꯇꯁꯨ ꯃꯇꯝ ꯁꯥꯡꯅ ꯂꯧꯔꯣꯏꯗꯕꯅꯤ꯫ ꯆꯥꯔꯖꯁꯤꯠ ꯇ꯭ꯔꯥꯏꯑꯦꯜ ꯀꯣꯔꯠ
ꯌꯧꯔꯛꯂꯒꯅ ꯄ꯭ꯔꯣꯖꯤꯀ꯭ꯌꯨꯇꯔꯁꯤꯡꯒꯤ ꯃꯥꯏꯀꯩꯗꯒꯤ ꯄ꯭ꯔꯣꯖꯤꯀ꯭ꯌꯨꯁꯟ
ꯋꯤꯠꯅꯦꯁꯁꯤꯡꯒꯤ ꯑꯦꯒꯖꯥꯃꯤꯅꯦꯁꯟ (ꯗꯤꯄꯣꯖꯤꯁꯟ) ꯑꯊꯨꯕ ꯃꯇꯝꯗ ꯃꯄꯨꯡ ꯐꯥꯅ
ꯄꯥꯡꯊꯣꯛꯅꯅꯕ ꯍꯣꯠꯅꯒꯗꯕꯅꯤ꯫ ꯊꯕꯛꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯃꯔꯛꯇ ꯑꯦꯛꯀ꯭ꯌꯨꯖꯒꯤ
ꯃꯥꯏꯀꯩꯗ ꯂꯦꯞꯄ ꯀꯥꯎꯟꯁꯦꯜ ꯌꯥꯎꯅ ꯄ꯭ꯔꯣꯖꯤꯀ꯭ꯌꯨꯇꯔꯁꯤꯡ ꯁꯤꯟꯗꯣꯛ-ꯁꯤꯟꯖꯤꯟ
ꯇꯧꯔꯛꯄꯅꯆꯤꯡꯕ ꯊꯣꯔꯛꯂꯕꯁꯨ ꯀꯦꯁ ꯄꯥꯔꯇꯤꯁꯤꯡꯒꯤ ꯃꯔꯛꯇ ꯂꯩꯈꯤꯗꯕꯁꯨ
ꯌꯥꯎꯔꯛꯄ ꯌꯥꯏ꯫ ꯃꯔꯝꯁꯤꯡꯁꯤ ꯂꯩꯔꯕꯁꯨ ꯃꯔꯤ ꯂꯩꯅꯕ ꯄꯨꯝꯅꯃꯛꯅ ꯑꯃꯠꯇ
ꯑꯣꯏꯅ ꯈꯨꯠꯁꯝꯅꯗꯨꯅ ꯁ꯭ꯄꯤꯗꯤ ꯇ꯭ꯔꯥꯏꯑꯦꯜ ꯆꯠꯊꯍꯟꯅꯤꯡꯏ꯫