ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ

HUEIYEN LANPAO

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ꯃꯈꯣꯏꯒꯤ ꯀꯩ ꯑꯣꯜꯂꯕ ꯃꯔꯤ-ꯃꯇꯥꯒꯤ ꯃꯀꯣꯛꯁꯤꯡꯗꯨ ꯎꯕꯗ ꯃꯈꯣꯏ
ꯉꯛꯈꯤꯔꯝꯃꯤ꯫

ꯀꯩꯗꯧꯔꯒꯦ ꯕꯕꯥ ꯃꯥꯏꯊꯣꯡꯗꯣ ꯏꯁꯨꯛ ꯁꯨꯛꯊꯔꯤꯗꯨꯕꯣ?

ꯁꯣꯝꯗ ꯆꯥꯛꯈꯨꯝꯂꯣꯝꯗ ꯆꯪꯅꯕ ꯇꯧꯔꯁꯦ꯫

ꯀꯩꯁꯨ ꯇꯧꯗꯦꯗꯥ, ꯍꯔꯥꯎꯕꯒꯤ ꯁꯨꯝ ꯇꯧꯕꯅꯤ꯫

ꯋꯥꯔꯤ ꯑꯃꯁꯨꯡ ꯈꯨꯠꯌꯦꯛ ꯁꯝꯁꯟ ꯁꯂꯥꯝ

IMPHAL, FRIDAY, ꯑꯎꯘꯎꯈꯠ 14, 2020 ꯏꯔꯥꯏ, ꯊꯋꯥꯟꯒꯤ 26ꯅꯤ ꯄꯥꯟꯕ, ꯃꯥꯂꯤꯌꯥ ꯀꯨꯝꯁꯤꯡ 3418

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ꯁ꯭ꯇꯣꯔꯤ ꯑꯃꯁꯨꯡ ꯑꯥꯔꯠ : ꯁꯥꯝꯁꯟ ꯁꯂꯥꯝ
ꯍꯥꯝꯁ꯭ꯇ꯭ꯔꯤꯡ ꯏꯟꯖ꯭ꯌꯨꯔꯤ: ꯍꯥꯝꯁ꯭ꯇ꯭ꯔꯤꯡꯁꯤꯡ ꯑꯁꯤ ꯈꯣꯡꯒꯤ ꯇꯨꯡ
ꯊꯪꯕ ꯁꯔꯨꯛꯇ ꯌꯥꯎꯕ ꯃꯁꯜꯁꯤꯡ ꯑꯃꯗꯤ ꯃꯈꯣꯏꯒꯤ ꯇꯦꯟꯗꯟꯁꯤꯡꯒꯤ
ꯒ꯭ꯔꯨꯞ ꯑꯃꯅꯤ꯫ ꯑꯩꯈꯣꯏꯅ ꯂꯝꯖꯦꯜ ꯆꯦꯟꯕꯒꯤ ꯁ꯭ꯋꯤꯡ ꯐꯦꯖ (ꯂꯩꯕꯥꯛꯀ
ꯈꯣꯡꯒ ꯊꯦꯡꯅꯗꯕ ꯃꯇꯝ) ꯒꯤ ꯃꯅꯨꯡꯗ ꯈꯨꯕꯣꯝꯒꯤ ꯃꯈꯥ ꯊꯪꯕ ꯁꯔꯨꯛꯄꯨ
ꯇꯞꯊꯍꯟꯕꯗ ꯍꯥꯝꯁ꯭ꯇ꯭ꯔꯤꯡꯁꯤꯡ ꯑꯁꯤꯅ ꯃꯇꯦꯡ ꯄꯥꯡꯏ꯫ ꯀꯔꯤꯒꯨꯝꯕ
ꯍꯥꯝꯁ꯭ꯇ꯭ꯔꯤꯡ ꯁꯤ ꯆꯤꯜꯂꯕ, ꯁꯣꯜꯂꯕ, ꯅꯠꯇ꯭ꯔꯒ ꯆꯣꯛꯊꯔꯕꯗꯤ ꯃꯗꯨ
ꯑꯁꯣꯛ ꯑꯄꯟ ꯊꯣꯛꯀꯜꯂꯤ꯫

ꯁ꯭ꯄ꯭ꯔꯤꯟꯇꯔ (ꯑꯇꯦꯟꯕ ꯂꯝꯖꯦꯜ) ꯒ ꯃꯥꯟꯅꯗꯕ ꯃꯑꯣꯡꯗ ꯂꯝꯁꯥꯡ
ꯆꯦꯟꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯗꯗꯤ ꯏꯈꯪ ꯈꯪꯍꯧꯗꯅ ꯍꯥꯝꯁ꯭ꯇ꯭ꯔꯤꯡ ꯏꯟꯖ꯭ꯌꯨꯔꯤ ꯇꯧꯔꯛꯄ
ꯑꯁꯤ ꯀꯌꯥ ꯇꯧꯒꯟꯗꯦ꯫ ꯂꯝꯁꯥꯡ ꯆꯦꯟꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯅ ꯑꯌꯥꯝꯕ ꯃꯇꯝꯗ
ꯍꯥꯝꯁ꯭ꯇ꯭ꯔꯤꯡ ꯁ꯭ꯇ꯭ꯔꯦꯟꯁꯤꯡ ꯑꯁꯤ ꯇꯞꯅ ꯇꯞꯅ ꯍꯧꯔꯛꯏ ꯑꯃꯗꯤ ꯃꯁꯤ
ꯍꯥꯝꯁ꯭ꯇ꯭ꯔꯤꯡ ꯃꯁꯜꯁꯤꯡꯒꯤ ꯐꯥꯏꯕꯔ ꯑꯃꯁꯨꯡ ꯀꯟꯅꯦꯛꯇꯤꯚ ꯇꯤꯁꯨꯗ
ꯃꯆꯥ ꯃꯆꯥ ꯑꯣꯏꯅ ꯇꯠꯄꯒꯤ ꯊꯧꯑꯣꯡ
ꯍꯟꯖꯤꯟ-ꯍꯟꯖꯤꯟꯅ ꯇꯧꯔꯛꯄꯗꯒꯤ
ꯑꯣꯏꯔꯝꯏ꯫

ꯏꯁꯥꯗ ꯍꯥꯝꯁ꯭ꯇ꯭ꯔꯤꯡ ꯏꯟꯖ꯭ꯌꯨꯔꯤ
ꯇꯧꯔꯒꯗꯤ ꯃꯈꯥꯒꯤꯁꯤꯡ ꯑꯁꯤ
ꯊꯦꯡꯅꯕ ꯌꯥꯏ:

- ꯇꯨꯪ ꯊꯪꯕ ꯈꯨꯕꯣꯝꯒꯤ ꯃꯊꯛ ꯊꯪꯕ
ꯁꯔꯨꯛꯇ ꯈꯖꯤꯛ-ꯈꯖꯤꯛ ꯑꯗꯨꯝ
ꯂꯦꯞꯇꯅ ꯅꯥꯔꯒ ꯂꯩꯕ

- ꯍꯥꯝꯁ꯭ꯇ꯭ꯔꯤꯡ ꯃꯁꯜꯗ
ꯊꯦꯡꯕꯗ ꯅꯥꯕ

- h a M s C t C r i Z d

ꯁꯣꯟꯕ ꯑꯃꯗꯤ ꯏꯐꯥ ꯐꯥꯖꯤꯟꯕ
ꯑꯁꯤꯅꯆꯤꯡꯕꯁꯤꯡꯅꯤ꯫

ꯄ꯭ꯂꯥꯟꯇꯔ ꯐꯦꯁꯤꯌꯥꯏꯇꯤꯁ:

ꯄ꯭ꯂꯥꯟꯇꯔ ꯐꯦꯁꯤꯌꯥꯏꯇꯤꯁ ꯍꯥꯏꯕꯁꯤ
ꯈꯣꯡꯄꯥꯛ-ꯈꯣꯡꯅꯝꯒꯤ ꯈ꯭ꯋꯥꯏꯗꯒꯤ
ꯀꯝꯃꯟ ꯑꯣꯏꯕ ꯑꯁꯣꯛꯄꯁꯤꯡꯒꯤ
ꯃꯅꯨꯡꯗ ꯑꯃꯅꯤ꯫ ꯑꯁꯣꯛꯄ ꯑꯁꯤ
ꯂꯩꯔꯒꯗꯤ ꯐꯦꯁꯤꯌꯥ ꯀꯧꯕ ꯈꯣꯡꯌꯥꯗ
ꯌꯥꯎꯕ ꯇꯤꯁꯨꯒꯤ ꯑꯊꯥꯌ ꯂꯦꯌꯔ
ꯑꯁꯤꯗ ꯏꯔꯤꯇꯦꯁꯟ ꯅꯠꯇ꯭ꯔꯒ
ꯗꯤꯖꯦꯅꯔꯦꯁꯟ ꯇꯧꯔꯛꯏ꯫

ꯑꯩꯈꯣꯏꯅ ꯆꯠꯄ ꯅꯠꯇ꯭ꯔꯒ
ꯆꯦꯟꯕ ꯃꯇꯝꯗ ꯍꯥꯏꯔꯤꯕ ꯇꯤꯁꯨꯒꯤ
ꯂꯦꯌꯔ ꯑꯁꯤꯅ ꯁ꯭ꯄ꯭ꯔꯤꯡ ꯑꯃꯒꯨꯝꯅ
ꯃꯊꯧ ꯇꯧꯏ꯫ ꯆꯦꯟꯕꯒꯤ ꯚꯣꯂ꯭ꯌꯨꯝ
ꯌꯥꯝꯅ ꯀꯥ ꯍꯦꯟꯅ ꯊꯨꯅ ꯍꯦꯟꯒꯠꯂꯛꯄ
ꯃꯇꯝꯗ ꯐꯦꯁꯤꯌꯥꯗ ꯁ꯭ꯇ꯭ꯔꯦꯁ
ꯍꯦꯟꯒꯠꯂꯛꯏ꯫ ꯀꯞꯂꯥꯛꯇ ꯃꯁꯜ
ꯆꯤꯟꯕ ꯅꯠꯇ꯭ꯔꯒ ꯁꯣꯟꯊꯕꯅ ꯄ꯭ꯂꯥꯟꯇꯔ ꯐꯦꯁꯤꯌꯥꯏꯇꯤꯁꯀꯤ ꯔꯤꯁꯛ
ꯍꯦꯟꯒꯠꯍꯜꯂꯤ꯫

ꯂꯥꯏꯑꯣꯡꯁꯤꯡꯗꯤ: ꯈꯣꯡꯒꯤ ꯈꯨꯅꯤꯡ ꯅꯠꯇ꯭ꯔꯒ ꯈꯣꯡꯄꯥꯛꯀꯤ ꯃꯌꯥꯏꯊꯪꯕ
ꯁꯔꯨꯛꯇ ꯅꯥꯕ; ꯑꯁꯨꯝ ꯑꯁꯨꯝ ꯍꯦꯟꯖꯤꯜꯂꯛꯄ ꯆꯩꯅꯥꯈꯣꯜ; ꯈꯨꯌꯥ ꯁꯥꯕ;

ꯑꯌꯨꯛꯀꯤ ꯃꯇꯝꯗꯅ ꯅꯥꯕ ꯍꯦꯟꯖꯤꯟꯕ ꯑꯅꯥꯕ; ꯑꯃꯗꯤ ꯊꯕꯛ ꯊꯧꯔꯝꯁꯤꯡ
ꯀꯨꯏꯅ ꯇꯧꯔꯨꯔꯒ ꯅꯥꯕ ꯑꯁꯤꯅꯆꯤꯡꯕꯁꯤꯡ ꯇꯣꯏꯅ ꯊꯦꯡꯅꯒꯜꯂꯤ꯫

ꯁ꯭ꯇ꯭ꯔꯦꯁ ꯐ꯭ꯔꯦꯛꯆꯔ: ꯁ꯭ꯇ꯭ꯔꯦꯁ ꯐ꯭ꯔꯦꯛꯆꯔ ꯍꯥꯏꯕꯁꯤ ꯔꯤꯄꯦꯇꯤꯇꯤꯚ
ꯁ꯭ꯇ꯭ꯔꯦꯁ ꯅꯠꯇ꯭ꯔꯒ ꯏꯝꯄꯦꯛꯠꯅ ꯃꯔꯝ ꯑꯣꯏꯔꯒ ꯁꯔꯨꯗ ꯁꯝꯅꯥ ꯃꯐꯩꯒꯨꯝꯅ
ꯌꯥꯝꯅ ꯄꯥꯅ ꯃꯌꯤ ꯆꯠꯄ ꯑꯗꯨꯕꯨꯅꯤ꯫ ꯂꯝꯖꯦꯜ ꯆꯦꯟꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯒꯤ
ꯑꯣꯏꯅ ꯁ꯭ꯇ꯭ꯔꯦꯁ ꯐ꯭ꯔꯦꯛꯆꯔ ꯑꯁꯤ ꯑꯅꯝꯕꯅ ꯈꯣꯡꯅꯝꯗ ꯅꯠꯇ꯭ꯔꯒ
ꯈꯨꯅꯤꯡꯗ ꯅꯠꯇ꯭ꯔꯒ ꯈꯨꯕꯣꯝꯒꯤ ꯃꯈꯥ ꯊꯪꯕ ꯁꯔꯨꯛꯇ ꯇꯧꯒꯜꯂꯤ꯫

ꯏꯁꯥꯒꯤ ꯈꯣꯡꯗ ꯁ꯭ꯇ꯭ꯔꯦꯁ ꯐ꯭ꯔꯦꯛꯆꯔ ꯂꯩꯔꯦ ꯍꯥꯏꯅ ꯆꯤꯡꯅ ꯂꯩꯔꯒꯗꯤ
ꯌꯥꯝꯅ ꯊꯨꯅ ꯗꯣꯛꯇꯔꯗ ꯌꯦꯡꯊꯣꯛꯄ ꯐꯩ꯫ ꯁ꯭ꯇ꯭ꯔꯦꯁ ꯐ꯭ꯔꯦꯛꯆꯔ ꯂꯩꯕꯔꯥ
ꯆꯞ ꯆꯥꯅ ꯈꯪꯅꯕꯒꯤꯗꯃꯛ ꯑꯦꯛꯁ-ꯔꯦ ꯑꯃ ꯂꯧꯕ ꯃꯊꯧ ꯇꯥꯒꯅꯤ꯫

ꯁ꯭ꯇ꯭ꯔꯦꯁ ꯐ꯭ꯔꯦꯛꯆꯔꯒꯤ ꯂꯥꯏꯑꯣꯡꯁꯤꯡꯗ ꯃꯈꯥꯒꯤꯁꯤꯡ ꯑꯁꯤ
ꯊꯦꯡꯒꯜꯂꯤ:

- ꯀꯨꯏꯔ-ꯀꯨꯏꯔꯒ ꯑꯅꯥꯕ ꯍꯦꯟꯖꯤꯜꯂꯛꯄ ꯑꯅꯥꯕ, ꯍꯧꯒꯠꯂꯛꯄ
ꯃꯇꯝꯗꯗꯤ ꯆꯩꯅꯥꯈꯣꯜ ꯀꯌꯥ ꯐꯥꯎꯕꯗꯁꯨ ꯌꯥꯏ ꯑꯗꯨꯕꯨ ꯍꯦꯟꯖꯤꯜꯂꯛꯂꯕ
ꯃꯇꯝꯗꯗꯤ ꯄꯣꯠꯊꯥꯗꯨꯅ ꯂꯩꯕ ꯃꯇꯝꯗꯁꯨ ꯆꯩꯅꯥꯈꯣꯜ ꯐꯥꯎꯔꯛꯄ ꯌꯥꯏ꯫

- ꯐ꯭ꯔꯦꯛꯆꯔ ꯂꯩꯕ ꯃꯐꯝꯗ ꯄꯣꯝꯈꯠꯄ, ꯈꯥꯝꯗꯠꯄ, ꯅꯠꯇ꯭ꯔꯒ
ꯄꯥꯏꯕꯗ ꯅꯥꯕ ꯑꯁꯤꯅꯆꯤꯡꯕꯅꯤ꯫

ꯁ꯭ꯇ꯭ꯔꯦꯁ ꯐ꯭ꯔꯦꯛꯆꯔ ꯐꯍꯟꯅꯕ ꯍꯣꯠꯅꯕꯗ ꯆꯌꯣꯜ 6ꯇꯒꯤ 8 ꯐꯥꯎꯕ
ꯆꯤꯡꯒꯜꯂꯤ꯫ ꯃꯇꯝ ꯈꯔꯗꯤ ꯆꯩꯁꯨ ꯁꯤꯖꯤꯟꯅꯕ ꯅꯠꯇꯆꯔꯒ ꯋꯥꯆꯞ ꯊꯥꯕ
ꯃꯊꯧ ꯇꯥꯕ ꯌꯥꯏ꯫

ꯈꯣꯡ ꯂꯩꯊꯦꯛꯄ: ꯈꯣꯡ ꯂꯩꯊꯦꯛꯄ ꯑꯁꯤ ꯈꯣꯡꯒꯤ ꯈꯨꯖꯦꯡ ꯑꯃꯗꯤ
ꯈꯨꯃꯤꯠꯀꯤ ꯃꯔꯛꯇ ꯂꯩꯕ
ꯂꯤꯒꯥꯃꯦꯟꯠꯁꯤꯡꯗ ꯁ꯭ꯇ꯭ꯔꯦꯠꯁ
ꯍꯦꯟꯅ ꯇꯧꯕꯗꯒꯤ ꯇꯧꯏ꯫

ꯈꯣꯡꯅꯦꯠꯐꯝ ꯃꯐꯝ ꯆꯥꯗꯕꯗꯒꯤꯁꯨ
ꯇꯧꯏ꯫

ꯈꯣꯡ ꯂꯩꯊꯦꯛꯄꯗ ꯊꯦꯡꯅꯒꯟꯕ
ꯁꯤꯝꯇꯣꯝꯁꯤꯡꯗꯤ: ꯃꯆꯨ
ꯃꯨꯁꯤꯜꯂꯛꯄ; ꯅꯥꯕ; ꯄꯣꯝꯈꯠꯄ;

ꯈꯥꯝꯗꯠꯄ; ꯃꯄꯨꯡ ꯐꯥꯅ ꯂꯦꯡ-

ꯑꯣꯠꯄ ꯌꯥꯗꯕ ꯑꯁꯤꯅꯆꯤꯡꯕꯅꯤ꯫

ꯈꯣꯡ ꯂꯩꯊꯦꯛ ꯑꯁꯤ ꯑꯌꯥꯝ
ꯃꯇꯝꯗ ꯄꯣꯠꯊꯥꯔꯒ, ꯏꯁꯥꯅ
ꯁꯦꯟꯅꯖꯔꯒ, ꯅꯠꯇ꯭ꯔꯒ ꯐꯤꯖꯤꯀꯦꯜ
ꯊꯦꯔꯥꯄꯤ ꯇꯧꯔꯒ ꯐꯒꯠꯂꯛꯏ꯫

ꯐꯒꯠꯂꯛꯅꯕ ꯍꯣꯠꯅꯕꯗ ꯆꯌꯣꯜ
ꯈꯔ ꯅꯠꯇ꯭ꯔꯒ ꯊꯥ ꯈꯔ ꯆꯪꯕ ꯌꯥꯏ꯫

ꯂꯝꯖꯦꯜ ꯆꯦꯟꯕꯒꯤ ꯑꯁꯣꯛ
ꯑꯄꯟ ꯍꯥꯏꯕꯁꯤ ꯃꯤꯑꯣꯏ ꯑꯃ
ꯍꯦꯛꯇ ꯊꯣꯛꯄ ꯌꯥꯏ, ꯑꯗꯨꯕꯨ
ꯃꯈꯥꯒꯤ ꯀꯥꯡꯂꯣꯟꯁꯤꯡ ꯑꯁꯤ
ꯉꯥꯛꯂꯒꯗꯤ ꯈꯔꯗꯤ ꯍꯟꯊꯍꯟꯕ
ꯉꯝꯒꯅꯤ:

ꯍꯛꯆꯥꯡ ꯁꯥꯒꯠꯍꯟꯕ:

ꯂꯝꯖꯦꯜ ꯆꯦꯟꯕ ꯍꯧꯗ꯭ꯔꯤꯉꯩꯗ
ꯃꯤꯅꯤꯠ 5-10 ꯒꯨꯝꯕ ꯖꯣꯒꯤꯡ ꯇꯧꯕ
ꯅꯠꯇ꯭ꯔꯒ ꯈꯣꯡ-ꯈꯨꯠ ꯁ꯭ꯇ꯭ꯔꯦꯠꯆ
ꯇꯧꯗꯨꯅ ꯍꯛꯆꯥꯡ ꯁꯥꯒꯠꯍꯟꯒꯅꯤ꯫

ꯆꯦꯟꯕꯒꯤ ꯚꯣꯂ꯭ꯌꯨꯝ
ꯇꯞꯅ ꯇꯞꯅ ꯍꯦꯟꯒꯠꯂꯛꯄ:

ꯂꯝꯖꯦꯜꯂꯣꯏ ꯀꯌꯥꯅ 10 ꯄꯔꯁꯦꯟꯠ
ꯔꯨꯜ ꯐꯣꯂꯣ ꯇꯧꯏ, ꯍꯥꯏꯕꯗꯤ ꯃꯈꯣꯏꯅ ꯆꯌꯣꯜ ꯑꯃꯒꯤ ꯂꯝꯖꯦꯜ ꯆꯦꯟꯕꯒꯤ
ꯚꯣꯂ꯭ꯌꯨꯝ ꯑꯗꯨ ꯑꯃꯨꯔꯛꯇ ꯆꯥꯗ 10 ꯗꯒꯤ ꯍꯦꯟꯅ ꯍꯦꯟꯒꯠꯇꯦ꯫

ꯏꯁꯥꯒꯤ ꯑꯣꯏꯕ ꯆꯦꯟꯕꯒꯤ ꯇꯦꯀ꯭ꯅꯤꯛ ꯁꯦꯝꯖꯕ: ꯂꯝꯖꯦꯜ ꯆꯦꯟꯕꯒꯤ
ꯇꯦꯀ꯭ꯅꯤꯛ ꯅꯤꯡꯊꯤꯅ ꯈꯪꯗ꯭ꯔꯒꯗꯤ ꯃꯁꯜ ꯑꯃꯗꯤ ꯇꯥꯡ-ꯇꯥꯡꯁꯤꯡꯗ
ꯁ꯭ꯇ꯭ꯔꯦꯁ ꯄꯤꯕꯒꯤ ꯆꯥꯡ ꯍꯦꯟꯒꯠꯂꯛꯏ꯫ ꯑꯈꯪꯕ ꯃꯤꯑꯣꯏ ꯑꯃꯒ
ꯇꯥꯟꯅꯕ ꯅꯠꯇ꯭ꯔꯒ ꯏꯁꯥꯅ ꯆꯦꯟꯂꯤꯕ ꯑꯗꯨ ꯚꯤꯗꯤꯑꯣ ꯅꯝꯗꯨꯅ ꯌꯦꯡꯖꯔꯒ
ꯑꯁꯣꯏꯕ ꯁꯦꯝꯗꯣꯛꯅꯕ ꯍꯣꯠꯅꯕ ꯌꯥꯏ꯫

ꯃꯊꯛꯇ ꯄꯤꯔꯤꯕꯁꯤꯡ ꯑꯁꯤꯈꯛ ꯅꯠꯇꯅ ꯑꯇꯣꯞꯄ ꯀꯥꯡꯂꯣꯟꯁꯤꯡ
ꯍꯥꯏꯕꯗꯤ ꯍꯤꯞꯀꯤ ꯃꯄꯥꯡꯒꯜ ꯀꯟꯈꯠꯍꯟꯕ, ꯑꯃꯣꯟꯕ ꯂꯩꯃꯥꯏꯗ ꯆꯦꯟꯕ
ꯑꯃꯗꯤ ꯑꯇꯣꯞꯄ ꯃꯈꯜꯒꯤ ꯀꯌꯥ ꯀꯟꯗꯕ ꯁꯥꯖꯦꯜꯁꯤꯡ ꯈꯨꯗꯝ ꯑꯣꯏꯅ
ꯁꯥꯏꯀꯜ ꯊꯣꯕ ꯅꯠꯇ꯭ꯔꯒ ꯏꯔꯣꯏꯕꯅꯆꯤꯡꯕꯅ ꯇꯧꯕꯅ ꯍꯛꯆꯥꯡ ꯐꯤꯠ ꯑꯣꯏꯕ
ꯍꯦꯟꯒꯠꯍꯟꯗꯨꯅ ꯑꯁꯣꯛ ꯑꯄꯟꯁꯤꯡ ꯊꯣꯛꯄꯒꯤ ꯆꯥꯡ ꯍꯟꯊꯍꯟꯕ
ꯉꯝꯃꯤ꯫

ꯂꯝꯖꯦꯟ ꯆꯦꯟꯕꯗ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯇꯣꯏꯅ ꯊꯦꯡꯅꯕ ꯑꯁꯣꯛ ꯑꯄꯟꯁꯤꯡ-2
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ꯀꯨꯃꯥꯝ ꯗꯦꯚꯤꯗꯁꯟ

Kumam Davidson is a Teacher, Writer, Researcher from Moirang, Manipur.

ꯆꯦꯝꯄꯤꯌꯟꯁ ꯂꯤꯒ ꯐꯨꯠꯕꯣꯜ ꯇꯨꯔꯅꯥꯃꯦꯟꯠ 2019-20
ꯆꯍꯤ 24ꯒꯤ ꯃꯇꯨꯡꯗ ꯐ꯭ꯔꯥꯟꯁꯀꯤ ꯀ꯭ꯂꯕ ꯄꯦꯔꯤꯁ ꯁꯦꯟꯠ ꯖꯔꯃꯦꯟꯅ ꯑꯦꯠꯂꯥꯟꯇꯥꯕꯨ ꯑꯔꯣꯏꯕ ꯃꯤꯅꯠꯇ ꯄꯥꯟꯖꯜ ꯆꯟꯗꯨꯅ ꯁꯦꯃꯤꯐꯥꯏꯅꯦꯜ ꯌꯧꯕ ꯉꯝꯈ꯭ꯔꯦ
ꯂꯤꯖꯕꯣꯟ, ꯑꯣꯒꯁꯠ 13 (ꯑꯦꯖꯦꯟꯁꯤ(:

ꯐ꯭ꯔꯥꯟꯁꯀꯤ ꯀ꯭ꯂꯕ ꯄꯦꯔꯤꯁ ꯁꯦꯟꯠ
ꯖꯔꯃꯦꯟꯅ ꯉꯔꯥꯡ ꯑꯊꯦꯡꯕꯗ ꯄꯣꯔꯇꯨꯒꯥꯜꯒꯤ
ꯁꯤꯇꯤ ꯂꯤꯖꯕꯣꯟꯗ ꯂꯩꯕ ꯁ꯭ꯇꯦꯗꯤꯌꯝ ꯗꯥ ꯂꯨꯖꯗ
ꯁꯥꯟꯅꯈꯤꯕ ꯌꯨꯔꯣꯞꯀꯤ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯊꯥꯛ ꯋꯥꯡꯕ
ꯐꯨꯠꯕꯣꯜ ꯀ꯭ꯂꯕꯁꯤꯡꯒꯤ ꯑꯣꯏꯕ ꯇꯨꯔꯅꯥꯃꯦꯟꯠ
ꯑꯣꯏꯔꯤꯕ ꯆꯦꯝꯄꯤꯌꯟ ꯂꯤꯒꯀꯤ ꯀ꯭ꯋꯥꯔꯇꯔ
ꯐꯥꯏꯅꯦꯜꯗ ꯏꯇꯂꯤꯒꯤ ꯀ꯭ꯂꯕ ꯑꯇꯂꯥꯟꯇꯥꯕꯨ
ꯑꯔꯣꯏꯕ ꯃꯤꯅꯤꯠꯇ ꯃꯥꯏ ꯄꯥꯛꯄꯒꯤ ꯄꯥꯟꯖꯜ
ꯆꯟꯗꯨꯅ ꯆꯍꯤ 24ꯒꯤ ꯃꯇꯨꯡꯗ ꯇꯨꯔꯅꯥꯃꯦꯟꯠ
ꯑꯁꯤꯒꯤ ꯁꯦꯃꯤ ꯐꯥꯏꯅꯦꯜ ꯌꯧꯕ ꯉꯝꯈ꯭ꯔꯦ꯫

ꯄꯦꯔꯤꯁ ꯁꯦꯟꯠ ꯖꯔꯃꯦꯟꯒꯤ ꯇꯤꯝꯅ
ꯃꯃꯤꯡ ꯂꯩꯔꯕ ꯁꯥꯟꯅꯔꯣꯏ ꯕ꯭ꯔꯥꯖꯤꯜ ꯃꯆꯥ
ꯅꯦꯃꯥꯔꯕꯨ ꯆꯥꯎꯅ ꯃꯇꯦꯡ ꯄꯥꯡꯒꯗꯕ
ꯁꯥꯟꯅꯔꯣꯏ ꯑꯅꯤ ꯃꯦꯆ ꯑꯗꯨꯒꯤ ꯑꯍꯥꯟꯕ
ꯍꯥꯐꯀꯤ ꯍꯧꯔꯛꯄꯗ ꯌꯥꯎꯕ ꯉꯝꯈꯤꯗꯦ꯫

ꯑꯔꯖꯦꯟꯇꯤꯅꯥ ꯃꯆꯥ ꯗꯤꯃꯥꯔꯤꯌꯥ ꯃꯃꯥꯡꯒꯤ
ꯃꯦꯆꯇ ꯁꯁꯄꯦꯟꯗ ꯇꯧꯈꯤꯕꯗꯒꯤ ꯉꯔꯥꯡꯒꯤ
ꯃꯦꯆ ꯑꯗꯨ ꯌꯥꯎꯕ ꯉꯝꯈꯤꯗꯕꯅꯤ꯫ ꯑꯃꯔꯣꯝꯗ
ꯐ꯭ꯔꯥꯟꯁ ꯃꯆꯥ ꯃꯥꯄꯦ ꯈꯣꯡꯅꯤꯡ ꯁꯣꯛꯄꯗꯒꯤ
ꯑꯍꯥꯟꯕ ꯍꯥꯐ ꯌꯥꯎꯈꯤꯗꯦ꯫

ꯏꯇꯂꯤꯒꯤ ꯑꯇꯂꯥꯟꯇꯥ ꯐꯨꯠꯕꯣꯜ ꯀ꯭ꯂꯕꯅ
ꯉꯔꯥꯡꯒꯤ ꯃꯦꯆ ꯑꯗꯨꯒꯤ ꯑꯍꯥꯟꯕ ꯍꯥꯐ ꯑꯗꯨ
ꯃꯈꯣꯏꯅ ꯄꯦꯔꯤꯁ ꯁꯦꯟꯠ ꯖꯔꯃꯦꯟꯕꯨ ꯈꯨꯗꯨꯝ
ꯆꯟꯗꯨꯅ ꯁꯥꯟꯅꯕ ꯉꯝꯈꯤ꯫ ꯁꯥꯟꯅꯕꯒꯤ
27ꯁꯨꯕ ꯃꯤꯅꯤꯠꯇ ꯑꯇꯂꯥꯟꯇꯥꯒꯤ ꯃꯥꯏꯀꯩꯗꯒꯤ
ꯆꯠꯊꯔꯛꯈꯤꯕ ꯑꯦꯇꯦꯛ ꯑꯗꯨꯗ ꯗꯤ ꯖꯥꯄꯥꯇꯥꯅ
ꯄꯤꯈꯤꯕ ꯕꯣꯜ ꯑꯃꯗ ꯇꯤꯝꯃꯦꯠ ꯑꯦꯝ
ꯄꯥꯔꯤꯖꯤꯠꯅ ꯄꯥꯟꯖꯜ ꯆꯟꯗꯨꯅ ꯄꯦꯔꯤꯁ
ꯁꯦꯟꯠ ꯖꯔꯃꯦꯟꯕꯨ ꯉꯟꯅ ꯃꯥꯡꯖꯤꯜ ꯊꯥꯔꯒ
ꯂꯩꯈꯤ꯫

ꯐ꯭ꯔꯥꯟꯁꯀꯤ ꯐꯨꯠꯕꯣꯜ ꯂꯤꯒꯀꯤ
ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯊꯥꯛ ꯋꯥꯡꯕ ꯂꯤꯒꯦ ꯋꯥꯟꯒꯤ
ꯆꯦꯝꯄꯤꯌꯟ ꯑꯣꯏꯔꯤꯕ ꯄꯦꯔꯤꯁ ꯁꯦꯟꯠ
ꯖꯔꯃꯦꯟꯒꯤ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯃꯔꯨ ꯑꯣꯏꯕ
ꯁꯥꯟꯅꯔꯣꯏ ꯅꯦꯃꯥꯔꯅ ꯑꯇꯂꯥꯟꯇꯥꯒꯤ
ꯃꯥꯏꯀꯩꯗꯒꯤ ꯕꯣꯜ ꯀꯌꯥ ꯄꯨꯁꯤꯟꯕ ꯉꯝꯗꯨꯅ
ꯄꯥꯟꯖꯜ ꯍꯟꯗꯣꯛꯅꯕ ꯍꯣꯠꯅꯔꯕꯁꯨ
ꯃꯍꯥꯛꯀꯤ ꯄꯥꯔꯠꯅꯔ ꯋꯥꯠꯈꯤꯕ ꯑꯃꯗꯤ
ꯃꯍꯥꯛꯅ ꯀꯥꯎꯁꯤꯟꯈꯤꯕ ꯁꯣꯠꯁꯤꯡ ꯑꯗꯨ
ꯁꯥꯐꯨ ꯋꯥꯠꯄ ꯑꯃꯗꯤ ꯃꯥꯏꯀꯩ ꯑꯣꯟꯅꯕꯗꯒ
ꯏꯀ꯭ꯋꯦꯂꯥꯏꯖꯔ ꯐꯪꯕ ꯉꯝꯗꯅ ꯑꯍꯥꯟꯕ ꯍꯥꯐ
ꯑꯗꯨ ꯂꯣꯏꯁꯤꯟꯈꯤ꯫

ꯃꯃꯥꯡꯗ ꯆꯦꯝꯄꯤꯌꯟ ꯂꯤꯒ ꯐꯨꯠꯕꯣꯜ
ꯇꯨꯔꯅꯥꯃꯦꯟꯠꯀꯤ ꯑꯣꯏꯅ ꯂꯦꯒ ꯑꯅꯤ
ꯁꯥꯟꯅꯔꯝꯕ ꯑꯗꯨ ꯀꯣꯚꯤꯗ-19 ꯂꯥꯏꯅꯥ
ꯂꯥꯏꯆꯠꯅ ꯃꯔꯝ ꯑꯣꯏꯔꯒ ꯁꯤꯖꯟꯒꯤ
ꯃꯇꯝ ꯇꯦꯟꯁꯤꯟꯗꯨꯅ ꯀ꯭ꯋꯥꯔꯇꯔ ꯐꯥꯏꯅꯦꯜ
ꯑꯗꯨ ꯅꯣꯛꯑꯥꯎꯠꯇ ꯂꯥꯛꯈꯤꯕꯅꯤ꯫ ꯃꯗꯨꯒ
ꯂꯣꯏꯅꯅ ꯇꯤꯝ ꯑꯃꯅ ꯁꯕꯁ꯭ꯇꯤꯇ꯭ꯌꯨꯁꯟ
ꯇꯧꯕꯒꯤ ꯃꯁꯤꯡ ꯑꯗꯨꯁꯨ ꯍꯥꯟꯅ ꯂꯩꯔꯝꯕꯗꯒꯤ
ꯁꯔꯨꯛ ꯑꯅꯤ ꯍꯦꯟꯒꯠꯈꯤ꯫

ꯑꯇꯂꯥꯟꯇꯥꯒꯤ ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡꯅ
ꯄꯥꯟꯖꯜ ꯑꯃ ꯃꯥꯡꯖꯤꯜ ꯊꯥꯕ ꯉꯝꯈ꯭ꯔꯕꯁꯨ ꯕꯣꯜ
ꯄꯥꯏꯕꯒꯤ ꯆꯥꯡ ꯄꯦꯔꯤꯁ ꯁꯦꯟꯠ ꯖꯔꯃꯦꯟꯅ
ꯍꯦꯟꯗꯨꯅ ꯇꯤꯝ ꯑꯗꯨꯒꯤ ꯁꯥꯟꯅꯔꯣꯏ ꯅꯦꯃꯥꯔꯕꯨ
ꯊꯦꯡꯈꯥꯡ ꯀꯌꯥꯗ ꯃꯥꯔꯛ ꯇꯧꯗꯨꯅ ꯂꯩꯈꯤ꯫ ꯃꯗꯨ
ꯍꯣꯠꯅꯕꯗ ꯇꯤꯝ ꯑꯗꯨꯒꯤ ꯁꯥꯟꯅꯔꯣꯏ ꯑꯍꯨꯝ
ꯀꯥꯡꯂꯣꯟꯒꯤ ꯋꯥꯡꯃꯗ ꯁꯥꯟꯅꯔꯨꯕꯒꯤꯗꯃꯛꯇ
ꯔꯦꯐ꯭ꯔꯤꯅ ꯌꯦꯂꯣ ꯀꯥꯔꯗ ꯄꯤꯈꯤ꯫ ꯑꯅꯤꯁꯨꯕ
ꯍꯥꯐ ꯍꯧꯔꯛꯄ ꯃꯤꯅꯤꯠ 10 ꯔꯣꯝ ꯆꯪꯁꯤꯜꯂꯕ
ꯃꯇꯨꯡꯗ ꯄꯦꯔꯤꯁ ꯁꯦꯟꯠ ꯖꯔꯃꯦꯟꯒꯤ
ꯄꯥꯡꯒꯜ ꯍꯦꯟꯒꯠꯂꯛꯈꯤ꯫ ꯃꯈꯣꯏ ꯑꯅꯤꯒꯤ
ꯃꯁꯥꯟꯅ ꯑꯗꯨꯅ ꯑꯇꯂꯥꯟꯇꯥꯒꯤ ꯍꯥꯐꯇ ꯕꯣꯜ
ꯑꯗꯨ ꯑꯌꯥꯝꯕ ꯃꯇꯝꯗ ꯂꯩꯈꯤ꯫ ꯑꯗꯨꯕꯨ ꯄꯥꯟꯖꯜ
ꯆꯟꯕꯒꯤ ꯈꯨꯗꯣꯡꯆꯥꯕ ꯑꯗꯨ ꯐꯪꯗꯅ ꯂꯥꯛꯈꯤ꯫

ꯑꯍꯥꯟꯕ ꯍꯥꯐꯇ ꯑꯇꯂꯥꯟꯇꯥꯅ ꯆꯟꯈꯤꯕ
ꯄꯥꯟꯖꯜ ꯑꯗꯨꯅ ꯃꯦꯆ ꯑꯗꯨ ꯂꯣꯏꯁꯤꯜꯂꯒꯗ꯭ꯔꯥ
ꯈꯜꯂꯨꯕꯅꯤ꯫ ꯄꯤ ꯑꯦꯁ ꯖꯤꯒꯤ ꯃꯥꯏꯀꯩꯗꯒꯤ
ꯏꯀ꯭ꯋꯦꯂꯥꯏꯖꯔ ꯆꯜꯂꯕꯁꯨ ꯑꯦꯛꯁ꯭ꯇ꯭ꯔꯥ
ꯇꯥꯏꯝ ꯍꯥꯞꯇꯨꯅ ꯁꯥꯟꯅꯕ ꯌꯥꯕꯒꯤ
ꯋꯥꯈꯜꯂꯣꯟ ꯀꯌꯥ ꯑꯃ ꯐ꯭ꯔꯥꯟꯁꯇ ꯂꯩꯔꯤꯕ
ꯚꯥꯕꯣꯛ ꯀꯌꯥꯅ ꯄꯤꯅꯈꯤ꯫ ꯁꯥꯟꯅꯕꯒꯤ
ꯂꯣꯏꯁꯤꯜꯂꯛꯄ 90ꯁꯨꯕ ꯃꯤꯅꯤꯠꯇ ꯄꯤ
ꯑꯦꯁ ꯖꯤꯒꯤ ꯄ꯭ꯂꯦꯃꯦꯀꯔ ꯑꯃ ꯑꯣꯏꯔꯤꯕ
ꯅꯦꯃꯥꯔꯅ ꯄꯤꯈꯤꯕ ꯕꯣꯜ ꯑꯃꯗ ꯇꯤꯝꯃꯦꯠ
ꯃꯥꯔꯀꯤꯅꯣꯖꯅ ꯏꯀ꯭ꯋꯦꯂꯥꯏꯖꯔ ꯑꯗꯨ ꯆꯟꯗꯨꯅ
ꯃꯦꯆ ꯑꯗꯨ ꯍꯤꯡꯒꯠꯍꯟꯈꯤ꯫

ꯏꯟꯖ꯭ꯌꯨꯔꯤ ꯇꯥꯏꯝꯒꯤ ꯃꯤꯅꯤꯠ 5
ꯍꯥꯞꯈꯤꯕ ꯑꯗꯨꯒꯤ ꯃꯅꯨꯡꯗ ꯑꯇꯂꯥꯟꯇꯥꯒꯤ
ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡꯅ ꯃꯦꯆ ꯑꯗꯨ ꯃꯈꯣꯏꯒꯤ
ꯃꯥꯏꯀꯩꯗꯒꯤ ꯃꯈꯥ ꯇꯥꯕ ꯄꯥꯟꯖꯜ ꯆꯟꯕ
ꯉꯝꯕꯒꯤ ꯄꯥꯡꯒꯜ ꯍꯟꯊꯔꯕꯁꯨ ꯃꯥꯌꯣꯛꯅꯕ
ꯇꯤꯝ ꯑꯗꯨꯅ ꯄꯥꯟꯖꯜ ꯆꯟꯁꯤꯜꯂꯛꯇꯅꯕ
ꯑꯀꯟꯕ ꯃꯑꯣꯡꯗ ꯗꯤꯐꯦꯟꯗ ꯇꯧꯈꯤ꯫ ꯃꯗꯨꯒꯤ
ꯃꯔꯛꯇ ꯄꯤ ꯑꯦꯁ ꯖꯤꯒꯤ ꯃꯥꯄꯦꯅ ꯏꯟꯖ꯭ꯌꯨꯔꯤ
ꯇꯥꯏꯝ ꯑꯗꯨ ꯂꯣꯏꯔꯝꯗꯥꯏꯗ ꯐꯪꯈꯤꯕ ꯕꯣꯜ
ꯑꯃ ꯌꯥꯝꯅ ꯐꯖꯅ ꯄꯤꯔꯛꯇꯨꯅ ꯇꯤꯝꯃꯦꯠ
ꯁꯣꯄꯣ ꯃꯣꯇꯤꯡꯅ ꯄꯥꯟꯖꯜ ꯆꯟꯗꯨꯅ ꯇꯤꯝ

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ꯃꯅꯤꯄꯨꯔꯒꯤ ꯑꯥꯔꯆꯔ ꯚꯥꯔꯠ ꯂꯩꯈꯤꯗꯕꯗ ꯑꯋꯥꯕ ꯐꯣꯡꯗꯣꯛꯈ꯭ꯔꯦ
ꯏꯝꯐꯥꯜ, ꯑꯣꯒꯁꯠ 13 (ꯑꯩꯆ ꯑꯦꯟ ꯑꯦꯁ): ꯃꯅꯤꯄꯨꯔꯒꯤ ꯑꯥꯔꯆꯔꯤ ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟꯅ
ꯊꯥꯗꯣꯔꯛꯄ ꯑꯋꯥꯕ ꯐꯣꯡꯗꯣꯛꯄꯒꯤ ꯄꯥꯎꯖꯦꯜ ꯑꯃꯗ ꯃꯅꯤꯄꯨꯔ ꯁ꯭ꯇꯦꯠꯀꯤ ꯃꯍꯨꯠ ꯁꯤꯟꯗꯨꯅ
ꯅꯦꯁꯅꯜ ꯑꯥꯔꯆꯔꯤ ꯆꯦꯝꯄꯤꯌꯟꯁꯤꯞ ꯑꯃꯗꯤ ꯅꯦꯁꯅꯜ ꯒꯦꯝꯁꯇ ꯁ꯭ꯇꯦꯠ ꯑꯁꯤꯒꯤ
ꯑꯥꯔꯆꯔ ꯑꯃ ꯑꯣꯏꯅ ꯁꯔꯨꯛ ꯌꯥꯗꯨꯅ ꯃꯤꯡꯆꯠ ꯀꯌꯥ ꯄꯨꯔꯛꯈ꯭ꯔꯕ ꯑꯥꯔ ꯀꯦ ꯚꯥꯔꯠꯅ
ꯂꯩꯁꯤꯗꯕꯗ ꯑꯋꯥꯕ ꯐꯣꯡꯗꯣꯛꯄꯒꯤ ꯃꯤꯐꯝ ꯑꯃ ꯄꯥꯡꯊꯣꯛꯈ꯭ꯔꯦ ꯍꯥꯏꯅ ꯁꯦꯀ꯭ꯔꯦꯇꯔꯤ
ꯖꯤ ꯑꯦ ꯏꯕꯣꯄꯤꯁꯛ ꯁꯔꯃꯅ ꯍꯥꯏꯔꯤ꯫

ꯉꯁꯤ ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟ ꯑꯁꯤꯒꯤ ꯄ꯭ꯔꯁꯤꯗꯦꯟꯠ ꯄꯤ ꯑꯩꯆ ꯕꯤꯖꯦꯟꯀꯨꯃꯥꯔ ꯁꯔꯃꯅ
ꯆꯦꯌꯔ ꯂꯧꯗꯨꯅ ꯄꯥꯡꯊꯣꯛꯈꯤꯕ ꯑꯋꯥ ꯐꯣꯡꯗꯣꯛꯄꯒꯤ ꯊꯧꯔꯝ ꯑꯗꯨꯗ ꯀꯨꯝꯖꯥ 1979ꯗꯒꯤꯅ 1987
ꯐꯥꯎꯕ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯑꯥꯔꯆꯔꯤ ꯇꯤꯝꯗ ꯁꯔꯨꯛ ꯌꯥꯗꯨꯅ ꯅꯦꯁꯅꯜꯒꯤ ꯊꯥꯛꯇ ꯁ꯭ꯇꯦꯠ ꯑꯁꯤꯒꯤ
ꯃꯤꯡꯆꯠ ꯄꯨꯔꯛꯄ ꯉꯝꯈ꯭ꯔꯕ ꯑꯥꯔ ꯀꯦ ꯚꯥꯔꯠꯅ ꯂꯩꯁꯤꯗꯕꯗ ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟ ꯑꯁꯤꯒꯤ
ꯃꯦꯝꯕꯔꯁꯤꯡꯅ ꯃꯤꯅꯤꯠ 2 ꯇꯨꯃꯤꯟꯅ ꯂꯩꯗꯨꯅ ꯏꯀꯥꯏ ꯈꯨꯝꯅꯕ ꯎꯠꯄꯒ ꯂꯣꯏꯅꯅ ꯂꯩꯈꯤꯗꯕꯒꯤ
ꯊꯋꯥꯏꯅ ꯃꯄꯨꯒꯤ ꯂꯩꯀꯣꯜꯗ ꯏꯪꯅ-ꯆꯤꯟ ꯂꯩꯔꯨꯅꯕ ꯊꯧꯅꯤꯈꯤ꯫ ꯂꯣꯏꯅꯅ ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟꯒꯤ ꯃꯦꯝꯕꯔ
ꯑꯃꯗꯤ ꯑꯥꯔꯆꯔꯁꯤꯡꯅ ꯂꯩꯈꯤꯗ꯭ꯔꯕꯒꯤ ꯏꯃꯨꯡ-ꯃꯅꯨꯡꯒꯤ ꯑꯋꯥꯕꯗꯁꯨ ꯁꯔꯨꯛ ꯌꯥꯔꯤ ꯍꯥꯏꯈꯤ꯫

ꯁꯥꯏꯒꯤ ꯑꯦꯁꯤꯁꯇꯦꯟꯠ ꯗꯤꯔꯦꯛꯇꯔ
ꯀꯣꯚꯤꯗ-19 ꯄꯣꯖꯤꯇꯤꯚ ꯑꯣꯏꯔꯦ
ꯕꯦꯡꯒꯂꯨꯔꯨ, ꯑꯣꯒꯁꯠ 13 (ꯑꯦꯖꯦꯟꯁꯤ):

ꯆꯌꯣꯜ ꯑꯃꯒꯤ ꯃꯇꯨꯡꯗ ꯕꯦꯡꯒꯂꯨꯔꯨꯗ
ꯂꯩꯕ ꯁ꯭ꯄꯣꯔꯠꯁ ꯑꯣꯊꯣꯔꯤꯇꯤ ꯑꯣꯐ
ꯏꯟꯗꯤꯌꯥꯒꯤ ꯁꯦꯟꯇꯔꯗ ꯄꯥꯡꯊꯣꯛꯀꯗꯧꯔꯤꯕ
ꯏꯟꯗꯤꯌꯥꯒꯤ ꯅꯨꯄꯥ ꯑꯃꯁꯨꯡ ꯅꯨꯄꯤꯒꯤ ꯍꯣꯀꯤ
ꯇꯤꯝꯒꯤ ꯅꯦꯁꯅꯜ ꯀꯦꯝꯞ ꯄꯥꯡꯊꯣꯛꯀꯗꯧꯔꯤꯕ
ꯑꯗꯨꯒꯤ ꯃꯥꯡꯑꯣꯏꯅꯅ ꯅꯨꯄꯥꯒꯤ ꯁꯥꯟꯅꯔꯣꯏ
ꯇꯔꯨꯛ ꯀꯣꯚꯤꯗ-19 ꯄꯣꯖꯤꯇꯤꯚ ꯑꯣꯏꯈ꯭ꯔꯕ
ꯃꯇꯨꯡ ꯁ꯭ꯄꯣꯔꯠꯁ ꯑꯣꯊꯣꯔꯤꯇꯤ ꯑꯣꯐ
ꯏꯟꯗꯤꯌꯥ (ꯁꯥꯏ)ꯒꯤ ꯑꯦꯁꯤꯁꯇꯦꯟꯠ
ꯗꯤꯔꯦꯛꯇꯔ ꯑꯗꯨꯁꯨ ꯀꯣꯚꯤꯗ-19 ꯄꯣꯖꯤꯇꯤꯚ
ꯑꯣꯏꯈ꯭ꯔꯦ ꯍꯥꯏꯅ ꯐꯣꯡꯗꯣꯔꯛꯂꯤ꯫

ꯃꯁꯛ ꯃꯃꯤꯡ ꯇꯥꯛꯂꯛꯇꯕ ꯁꯥꯏꯒꯤ
ꯑꯦꯁꯤꯁꯇꯦꯟꯠ ꯗꯤꯔꯦꯛꯇꯔ ꯑꯗꯨ ꯁꯦꯟꯇꯔ
ꯑꯗꯨꯗ ꯀꯣꯆꯤꯡ ꯗꯤꯚꯤꯖꯟꯒꯤ ꯊꯕꯛ ꯊꯧꯔꯝ ꯄꯨꯅꯅꯕ
ꯑꯦꯁꯥꯏꯟ ꯇꯧꯈꯤꯕꯅꯤ꯫ ꯃꯍꯥꯛ ꯊꯥ ꯑꯁꯤꯒꯤ 3ꯗꯒꯤ
ꯃꯦꯗꯤꯀꯦꯜ ꯂꯤꯚ ꯂꯧꯗꯨꯅ ꯂꯩꯈ꯭ꯔꯕ ꯃꯇꯨꯡ ꯑꯣꯒꯁꯠ
10ꯗ ꯇꯦꯁꯠ ꯇꯧꯕꯗ ꯀꯣꯚꯤꯗ-19 ꯄꯣꯖꯤꯇꯤꯚ
ꯑꯣꯏꯔꯝꯕꯅꯤ꯫ ꯃꯗꯨꯅ ꯃꯔꯝ ꯑꯣꯏꯔꯒ ꯃꯍꯥꯛꯀꯤ
ꯃꯦꯗꯤꯀꯦꯜ ꯂꯤꯚ ꯑꯗꯨ ꯃꯈꯥ ꯇꯥꯅ ꯁꯥꯡꯗꯣꯛꯈ꯭ꯔꯦ꯫

ꯂꯣꯏꯅꯅ ꯁꯥꯏ ꯁꯦꯟꯇꯔꯗ ꯂꯩꯔꯤꯕ ꯃꯦꯗꯤꯀꯦꯜ
ꯑꯣꯐꯤꯁꯔ ꯑꯗꯨꯅ ꯃꯍꯥꯛꯀ ꯎꯅꯈꯤꯕ꯭ꯔꯥ ꯍꯥꯏꯕꯒꯤ
ꯄꯥꯎ ꯑꯗꯨꯗꯤ ꯐꯪꯗ꯭ꯔꯤ꯫

ꯅꯤꯡꯁꯤꯡꯕ ꯌꯥꯕꯗꯤ, ꯕꯦꯡꯒꯂꯨꯔꯨꯗ ꯂꯩꯕ
ꯁ꯭ꯄꯣꯔꯠꯁ ꯑꯣꯊꯣꯔꯤꯇꯤ ꯑꯣꯐ ꯏꯟꯗꯤꯌꯥꯒꯤ
ꯅꯦꯁꯅꯜ ꯁꯦꯟꯇꯔ ꯑꯣꯐ ꯑꯦꯛꯁꯂꯦꯟꯁ

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ꯇ꯭ꯔꯦꯅꯤꯡ ꯀꯦꯝꯞ ꯑꯗꯨ ꯄꯥꯡꯊꯣꯛꯅꯕ ꯋꯥꯔꯦꯞ
ꯂꯧꯈꯤꯕꯅꯤ꯫ ꯃꯗꯨꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯁꯦꯟꯇꯔ
ꯑꯗꯨꯗ ꯑꯣꯒꯁꯠ 4ꯗꯒꯤ ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡꯅ
ꯃꯐꯝ ꯑꯗꯨ ꯌꯧꯔꯛꯅꯕ ꯈꯪꯍꯟꯕ ꯂꯩꯈꯤ꯫ ꯅꯨꯄꯥꯒꯤ
ꯁꯥꯟꯅꯔꯣꯏ 6 ꯀꯣꯚꯤꯗ ꯄꯣꯖꯤꯇꯤꯚ ꯑꯣꯏꯈ꯭ꯔꯕ
ꯃꯇꯨ 6ꯃꯛ ꯍꯣꯁꯄꯤꯇꯥꯜꯗ ꯂꯩꯍꯟꯗꯨꯅ ꯆꯦꯛꯁꯤꯟ
ꯊꯧꯔꯥꯡ ꯂꯧꯈꯠꯂꯤ꯫