ꯑꯦꯗꯤꯇꯣꯔꯤꯌꯦꯜ IMPHAL, SATURDAY, JANUARY 16, 2021 ꯊꯥꯡꯖ, ꯋꯥꯛꯆꯤꯡꯒꯤ ꯍꯨꯝꯅꯤ ꯄꯥꯟꯕ, ꯃꯥꯂꯤꯌꯥ ꯀꯨꯝꯁꯤꯡ 3418 obT\ꯂꯩ ꯃꯀꯩꯋ꯭ꯀ
2 HUEIYEN LANPAO

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ
ꯊꯥꯡꯖ, ꯖꯅ꯭ꯌꯨꯋꯥꯔꯤ 16, 2021, ꯏꯝꯐꯥꯜ
12 ꯁꯨꯕ ꯆꯍꯤ, 262 ꯁꯨꯕ ꯃꯁꯤꯡ
ꯄꯥꯎꯆꯦ ꯑꯁꯤꯗ ꯐꯣꯡꯖꯔꯤꯕ ꯋꯥꯔꯦꯡꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯋꯥꯈꯜ, ꯃꯤꯠꯌꯦꯡ ꯑꯏꯕ ꯃꯁꯥ ꯃꯁꯥꯒꯤꯅꯤ꯫ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒꯤ ꯋꯥꯈꯜꯂꯣꯟ ꯑꯃꯁꯨꯡ ꯃꯤꯠꯌꯦꯡꯒ ꯊꯣꯏꯗꯣꯛꯅ ꯃꯔꯤ ꯂꯩꯅꯗꯦ꯫

ꯇ꯭ꯔꯥꯐꯤꯛ ꯃꯦꯅꯦꯖꯃꯦꯟꯠ ꯁꯤꯁꯇꯝ
ꯂꯩꯉꯥꯛꯀꯤ ꯃꯔꯤ ꯂꯩꯅꯕ ꯑꯣꯐꯤꯁꯤꯌꯦꯜꯁꯤꯡꯅ ꯊꯝꯃꯣꯏ ꯁꯦꯡꯅ ꯊꯕꯛ ꯄꯥꯡꯊꯣꯛꯄ ꯎꯗꯦ
ꯄꯣꯛꯉꯝꯗꯅ ꯄꯣꯛꯄ ꯃꯤꯑꯣꯏ ꯃꯄꯣꯛꯇ ꯇꯣꯉꯥꯟ ꯇꯣꯉꯥꯟꯕ ꯃꯔꯝꯁꯤꯡꯗꯒꯤ ꯃꯤꯑꯣꯏ ꯀꯌꯥꯒꯤ ꯄꯨꯟꯁꯤ ꯃꯅꯨꯡ-ꯃꯇꯝ ꯆꯥꯗꯅ
ꯃꯥꯡꯍꯜꯂꯤ꯫ ꯃꯥꯂꯦꯝ ꯑꯃꯗꯤ ꯂꯩꯉꯥꯛ ꯑꯁꯤꯒꯤ ꯃꯐꯝ ꯀꯌꯥꯗ ꯔꯣꯗ ꯑꯦꯛꯁꯤꯗꯦꯟꯠ
ꯊꯣꯛꯇꯨꯅ ꯃꯤꯑꯣꯏ ꯀꯌꯥꯒꯤ ꯄꯨꯟꯁꯤ ꯄꯤꯈꯝꯅꯈ꯭ꯔꯦ꯫ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯃꯐꯝ ꯀꯌꯥꯗꯁꯨ
ꯊꯣꯛꯍꯟꯅꯤꯡꯗꯕ ꯃꯑꯣꯡꯗ ꯔꯣꯗ ꯑꯦꯛꯁꯤꯗꯦꯟꯠ ꯊꯣꯛꯇꯨꯅ ꯃꯤꯑꯣꯏ ꯀꯌꯥꯒꯤ
ꯄꯨꯟꯁꯤ ꯃꯥꯡꯈ꯭ꯔꯦ꯫ ꯒꯥꯔꯤꯒꯤ ꯑꯦꯛꯁꯤꯗꯦꯟꯠ ꯇꯣꯏꯅ ꯊꯣꯛꯂꯕꯁꯨ ꯁ꯭ꯇꯦꯠ ꯑꯁꯤꯗ
ꯇ꯭ꯔꯥꯐꯤꯛ ꯃꯦꯅꯦꯖꯃꯦꯟꯠ ꯁꯤꯁꯇꯝ ꯅꯤꯡꯊꯤꯅ ꯁꯦꯝꯗꯨꯅ ꯊꯕꯛꯇ ꯑꯣꯟꯊꯣꯛꯄꯒꯤ
ꯃꯇꯧꯗꯤ ꯎꯗꯦ꯫ ꯏꯝꯐꯥꯜ ꯌꯥꯎꯅ ꯇꯣꯉꯥꯟ-ꯇꯣꯉꯥꯟꯕ ꯗꯤꯁꯇ꯭ꯔꯤꯛꯠꯁꯤꯡꯒꯤ ꯃꯔꯨꯑꯣꯏꯕ
ꯂꯝꯕꯤꯁꯤꯡꯗ ꯒꯥꯔꯤ ꯑꯦꯛꯁꯤꯗꯦꯟꯠꯅ ꯃꯔꯝ ꯑꯣꯏꯔꯒ ꯃꯤꯁꯤ-ꯃꯤꯅꯥ ꯊꯣꯛꯄꯒꯤ
ꯄꯥꯎꯗꯦ ꯂꯦꯞꯄ ꯂꯩꯇꯅ ꯇꯥꯔꯤ꯫ ꯃꯤꯁꯤ-ꯃꯤꯅꯥ ꯀꯌꯥ ꯊꯣꯛꯂꯦ ꯍꯥꯏꯕ ꯈꯪꯂꯕ ꯐꯥꯎꯕꯗ
ꯃꯅꯤꯄꯨꯔ ꯂꯩꯉꯥꯛꯀꯤ ꯃꯔꯤ ꯂꯩꯅꯕ ꯗꯤꯄꯥꯔꯠꯃꯦꯟꯠꯁꯤꯡꯅ ꯑꯦꯛꯁꯤꯗꯦꯟꯠ ꯇꯣꯏꯅ
ꯊꯣꯛꯀꯟꯕ ꯃꯐꯝꯁꯤꯡꯗ ꯇ꯭ꯔꯥꯐꯤꯛ ꯄꯨꯂꯤꯁ ꯊꯝꯕꯤꯗꯦ꯫ ꯀꯔꯤꯒꯨꯝꯕ ꯑꯈꯟꯅꯕ ꯂꯝꯕꯤ
ꯑꯃꯗꯤ ꯚꯤ ꯑꯥꯏ ꯄꯤ ꯅꯠꯇ꯭ꯔꯒ ꯚꯤ ꯚꯤ ꯑꯥꯏꯤ ꯄꯤ ꯂꯥꯛꯀꯗꯧꯔꯦ ꯍꯥꯏꯔꯕꯗꯤ ꯇ꯭ꯔꯥꯐꯤꯛ

poulis ꯌꯥꯎꯅ ꯃꯅꯤꯄꯨꯔ ꯄꯨꯂꯤꯁ ꯄꯔꯁꯅꯦꯜꯁꯤꯡꯅ ꯈꯔꯨꯛ ꯍꯥꯡꯗꯅ ꯂꯩꯔꯒ ꯇ꯭ꯔꯥꯐꯤꯛ
ꯃꯦꯅꯦꯃꯦꯟꯠꯀꯤ ꯊꯕꯛꯁꯤꯡ ꯄꯥꯡꯊꯣꯛꯄꯗꯤ ꯎꯔꯤ꯫ ꯏꯟꯗꯤꯌꯥ ꯒꯚꯔꯟꯃꯦꯟꯠꯅꯁꯨ
ꯂꯩꯕꯥꯛ ꯑꯁꯤ ꯊꯣꯛꯂꯤꯕ ꯒꯥꯔꯤꯒꯤ ꯑꯦꯛꯁꯤꯗꯦꯟꯠꯀꯤ ꯆꯥꯡ ꯍꯟꯊꯍꯟꯅꯕꯒꯤ ꯄꯥꯟꯗꯝꯗ
ꯃꯣꯇꯣꯔ ꯚꯦꯍꯤꯀꯜ ꯑꯦꯃꯦꯟꯗꯃꯦꯟꯠ ꯑꯦꯛꯠ 2019 ꯆꯠꯅꯍꯟꯈꯤꯕꯒ ꯂꯣꯏꯅꯅ
ꯃꯤꯄꯨꯝ ꯈꯨꯗꯤꯡꯃꯛ ꯇ꯭ꯔꯥꯐꯤꯛꯀꯤ ꯀꯥꯡꯂꯣꯟ ꯉꯥꯛꯍꯟꯅꯅꯕ ꯊꯧꯔꯥꯡ ꯂꯧꯈꯠꯈ꯭ꯔꯦ꯫ ꯆꯍꯤ
ꯈꯨꯗꯤꯡꯒꯤ ꯑꯣꯏꯅ ꯏꯅꯗꯤꯌꯥꯗ ꯑꯦꯛꯁꯤꯗꯦꯟꯠ ꯊꯣꯛꯄꯗꯒꯤ ꯃꯤꯑꯣꯏ ꯂꯥꯈ 1.5 ꯔꯣꯝ
ꯁꯤꯕ ꯃꯔꯝꯅ ꯃꯤꯄꯨꯝ ꯈꯨꯗꯤꯡꯃꯛ ꯇ꯭ꯔꯥꯐꯤꯛꯀꯤ ꯀꯥꯡꯂꯣꯟ ꯉꯥꯛꯍꯟꯗꯨꯅ ꯑꯦꯛꯁꯤꯗꯦꯟꯠ
ꯊꯣꯛꯄꯒꯤ ꯆꯥꯡ ꯍꯟꯊꯍꯟꯅꯕꯒꯤ ꯄꯥꯟꯗꯝꯗ ꯊꯣꯔꯥꯡ ꯑꯁꯤ ꯂꯧꯈꯠꯂꯛꯄꯅꯤ ꯍꯥꯏꯅꯁꯨ
ꯌꯨꯅꯤꯌꯟ ꯇ꯭ꯔꯥꯟꯁꯄꯣꯔꯠ ꯃꯤꯅꯤꯁꯇꯔꯅ ꯐꯣꯡꯗꯣꯛꯈ꯭ꯔꯕꯅꯤ꯫

ꯃꯣꯇꯣꯔ ꯚꯦꯍꯤꯀꯜ ꯑꯦꯃꯦꯟꯗꯃꯦꯟꯠ ꯑꯦꯛꯠ 2019 ꯑꯦꯛꯠ ꯑꯁꯤ ꯃꯅꯤꯄꯨꯔꯗꯁꯨ
ꯆꯠꯅꯕ ꯍꯧꯈ꯭ꯔꯦ꯫ ꯑꯦꯛꯠ ꯑꯁꯤꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯇ꯭ꯔꯥꯐꯤꯛ ꯄꯨꯂꯤꯁꯅ ꯂꯝꯕꯤꯗ
ꯂꯦꯜꯃꯦꯠ ꯎꯞꯇꯅꯦ, ꯁꯤꯠ ꯕꯦꯜꯠ ꯐꯥꯗꯅ, ꯂꯥꯏꯁꯦꯟꯁ ꯌꯥꯎꯗꯅ ꯒꯥꯔꯤ ꯊꯧꯔꯛꯄꯥ ꯑꯃꯗꯤ
ꯒꯥꯔꯤꯒꯤ ꯆꯦ-ꯆꯥꯡ ꯁꯨꯗꯕꯥꯁꯤꯡ ꯐꯥꯒꯠꯇꯨꯅ ꯐꯥꯏꯟ ꯊꯤꯍꯅꯕꯒꯤ ꯊꯕꯛꯁꯨ ꯆꯠꯊꯔꯤ꯫

ꯐꯥꯏꯟ ꯈꯣꯝꯒꯠꯄꯒꯤ ꯊꯕꯛꯇꯗꯤ ꯇ꯭ꯔꯥꯐꯤꯛ ꯄꯨꯂꯤꯁꯁꯤꯡ ꯅꯤꯡꯊꯤꯅ ꯃꯊꯧ ꯇꯧꯍꯜꯂꯤ꯫

ꯑꯗꯨꯝꯃꯛꯄꯨ ꯂꯩꯉꯥꯛꯀꯤ ꯃꯔꯤ ꯂꯩꯅꯕ ꯑꯣꯐꯤꯁꯤꯌꯦꯜꯁꯤꯡꯅ ꯊꯝꯃꯣꯏ ꯁꯦꯡꯅ ꯇ꯭ꯔꯥꯐꯤꯛ
ꯃꯦꯅꯦꯖꯃꯦꯟꯠꯀꯤ ꯊꯕꯛꯁꯤꯡ ꯄꯥꯡꯊꯣꯛꯄ ꯎꯗꯦ꯫ ꯑꯅꯧꯕ ꯆꯍꯤ ꯑꯁꯤ ꯍꯧꯔꯛꯄ
ꯅꯨꯃꯤꯠ 15ꯅꯤ ꯐꯥꯗ꯭ꯔꯤꯉꯩꯗ ꯇꯣꯉꯥꯟ ꯇꯣꯉꯥꯟꯕ ꯃꯐꯝꯗ ꯊꯣꯛꯈꯤꯕ ꯔꯣꯗ ꯑꯦꯛꯁꯤꯗꯦꯟꯠꯇ
ꯃꯤꯑꯣꯏ 10 ꯍꯦꯟꯅ ꯁꯤꯈ꯭ꯔꯦ꯫ ꯍꯧꯈꯤꯕ ꯖꯅ꯭ꯌꯨꯋꯥꯔꯤ 10ꯗ ꯑꯦꯟ ꯑꯩꯆ-102 ꯏꯝꯐꯥꯜ-ꯃꯣꯔꯦ
ꯂꯝꯕꯤꯒꯤ ꯁꯔꯨꯛ ꯑꯣꯏꯔꯤꯕ ꯁꯣꯔꯥ ꯑꯃꯁꯨꯡ ꯂꯧꯁꯤ ꯈꯣꯡꯖꯥꯎꯒꯤ ꯂꯣꯟꯅꯕꯗ ꯊꯣꯛꯈꯤꯕ
ꯔꯣꯗ ꯑꯦꯛꯁꯤꯗꯦꯟꯠꯇ ꯑꯦꯛꯁ-ꯃꯤꯅꯤꯁꯇꯔ ꯃꯣꯏꯔꯥꯡꯊꯦꯝ ꯍꯦꯃꯟꯇ ꯑꯁꯣꯛ
ꯑꯄꯟ ꯍꯪꯈꯤꯕꯒ ꯂꯣꯏꯅꯅ ꯃꯍꯥꯛꯀꯤ ꯂꯣꯏꯅꯕꯤ ꯂꯩꯈꯤꯗꯕꯅꯤ꯫ ꯖꯅ꯭ꯌꯨꯋꯥꯔꯤ 14ꯗ ꯇꯤꯗꯤꯝ
ꯂꯝꯕꯤꯒꯤ ꯀ꯭ꯋꯥꯀꯩꯊꯦꯜ ꯇ꯭ꯔꯥꯐꯤꯛ ꯀ꯭ꯔꯣꯁꯤꯡꯗ ꯋꯥꯇꯔ ꯇꯦꯡꯀꯔ ꯑꯃꯅ ꯊꯣꯝꯕꯗ ꯍꯣꯟꯗꯥ
ꯗꯥꯏꯑꯣ ꯑꯃꯗ ꯇꯣꯡꯗꯨꯅ ꯂꯥꯛꯄꯤ ꯅꯨꯄꯤꯃꯆꯥ ꯑꯅꯤ ꯂꯩꯈꯤꯗ꯭ꯔꯦ꯫ ꯊꯧꯗꯣꯛ ꯑꯁꯤ ꯇ꯭ꯔꯥꯐꯤꯛ
ꯄꯨꯂꯤꯁ ꯂꯩꯇꯕꯗꯒꯤ ꯊꯣꯛꯄꯅꯤ ꯍꯥꯏꯅ ꯃꯤꯌꯥꯝꯅ ꯄꯦꯟꯅꯗꯅ ꯐꯣꯡꯗꯣꯛꯅꯔꯤ꯫ ꯂꯝꯕꯤ
ꯄꯥꯛꯊꯣꯛꯄ, ꯑꯅꯧꯕ ꯐ꯭ꯂꯥꯏꯑꯣꯚꯔ ꯁꯥꯕ ꯅꯠꯇ꯭ꯔꯒ ꯂꯝꯕꯤ ꯁꯦꯝꯒꯠ-ꯁꯥꯒꯠꯄꯈꯛꯅ
ꯇ꯭ꯔꯥꯐꯤꯛ ꯖꯥꯔꯝ ꯑꯃꯗꯤ ꯒꯥꯔꯤ ꯑꯦꯛꯁꯤꯗꯦꯟꯠ ꯊꯣꯛꯂꯤꯕ ꯑꯁꯤ ꯍꯟꯊꯍꯟꯕ ꯂꯣꯏꯅꯃꯛ
ꯉꯝꯒꯅꯤ ꯊꯥꯖꯗꯦ꯫ ꯔꯣꯗ ꯑꯦꯛꯁꯤꯗꯦꯟꯠ ꯊꯣꯛꯄꯗꯒꯤ ꯆꯥꯡ ꯀꯟꯇ꯭ꯔꯣꯜ ꯇꯧꯅꯕ ꯑꯝꯗꯤ
ꯃꯤꯁꯤ-ꯃꯤꯅ ꯊꯣꯛꯄꯒꯤ ꯆꯥꯡ ꯍꯟꯊꯍꯟꯅꯕ ꯑꯦꯗꯚꯥꯟꯁ ꯇ꯭ꯔꯥꯐꯤꯛ ꯃꯦꯅꯦꯖꯃꯦꯟꯠ
ꯁꯤꯁꯇꯝ ꯃꯄꯨꯡ ꯐꯥꯅ ꯆꯠꯅꯍꯟꯅꯕ ꯂꯩꯉꯥꯛꯀꯤ ꯃꯔꯤ ꯂꯩꯅꯕ ꯑꯣꯊꯣꯔꯤꯇꯤꯁꯤꯡꯅ ꯊꯕꯛ
ꯄꯥꯏꯈꯠꯄ ꯆꯨꯝꯒꯅꯤ꯫

“ꯑꯩ ꯂꯥꯛꯂꯅꯤ ꯍꯥꯏꯕꯒ ꯑꯩꯅ ꯂꯥꯛꯀꯗꯕ ꯂꯝꯕꯤ ꯑꯗꯨ ꯕꯤꯂꯥꯇꯤꯃꯥꯇꯤ ꯈꯔ,
ꯂꯩꯉꯣꯏ-ꯅꯨꯡ ꯈꯔ ꯇꯧꯔꯒ ꯐꯣꯠꯄ ꯍꯧꯔꯅꯤ꯫ ꯆꯍꯤ ꯀꯌꯥ ꯀꯌꯥ ꯁꯦꯝꯂꯛꯇ꯭ꯔꯕ
ꯂꯝꯕꯤ ꯑꯗꯨ ꯑꯩꯅ ꯂꯥꯛꯄꯗ ꯅꯨꯡꯉꯥꯏꯅꯕ ꯎꯐꯨꯜ ꯍꯧꯗꯅꯕ ꯍꯥꯏꯗꯨꯅ ꯑꯌꯨꯛ
ꯅꯨꯡꯊꯤꯜ ꯅꯨꯃꯤꯗꯥꯡ ꯈꯥꯛꯇꯅ ꯃꯤꯌꯥꯝꯒꯤ ꯆꯠꯊꯣꯛ ꯆꯠꯁꯤꯟꯗ ꯑꯀꯥꯏꯕ
ꯑꯣꯏꯍꯜꯂꯒ ꯅꯣꯡꯃ ꯅꯤꯅꯤꯗ ꯁꯦꯝꯕ ꯂꯣꯏꯁꯤꯟꯅꯕ ꯍꯦꯛꯇ ꯂꯥꯛꯅꯔꯛꯀꯅꯤ꯫

ꯑꯩꯅ ꯂꯥꯛꯄ ꯃꯇꯝꯗꯗꯤ ꯂꯝꯕꯤ ꯑꯗꯨ ꯁ꯭ꯔꯤꯠ ꯅꯥꯜꯂꯅꯤ꯫ ꯀꯌꯂꯥꯁꯅ
ꯄꯨꯝꯃꯨ ꯃꯨꯔꯝꯂꯒꯅꯤ꯫ ꯑꯩꯅ ꯆꯠꯀꯗꯕ ꯑꯈꯟ ꯑꯈꯟꯅꯕ ꯂꯝꯕꯤꯁꯤꯡ ꯎꯐꯨꯜ
ꯑꯃꯠꯇ ꯍꯧꯔꯝꯂꯔꯣꯏ꯫ ꯌꯦꯡꯕꯗ ꯂꯝꯕꯤ ꯈꯨꯗꯤꯡ ꯇꯦꯛ ꯀꯥꯏꯗꯅ ꯐꯖꯔꯕ
ꯂꯝꯕꯤ ꯑꯣꯏꯔꯝꯂꯅꯤ꯫ ꯁꯤꯗꯕꯨ ꯑꯩꯅ ꯀꯔꯝ ꯍꯥꯏꯅ ꯂꯝꯕꯤ ꯊꯣꯡ ꯐꯠꯇꯦ ꯍꯥꯏꯅ
ꯍꯥꯏꯒꯅꯤ? ꯁꯤꯗꯕꯨ ꯃꯇꯧ ꯀꯝꯗꯧꯅ ꯃꯤ ꯐꯠꯇꯦ ꯍꯥꯏꯅ ꯍꯥꯏꯒꯗꯧꯔꯤꯕꯅꯣ?

ꯑꯩꯅ ꯃꯐꯝ ꯑꯁꯤꯗ ꯂꯥꯛꯄ ꯈꯨꯗꯤꯡ ꯂꯥꯝꯕꯤ ꯐꯠꯇꯕ ꯑꯃꯨꯛꯇ ꯆꯠꯄ ꯐꯪꯗꯦ꯫

ꯂꯃꯕꯤ ꯑꯐꯕ ꯈꯜꯂ-ꯈꯜꯂꯒ ꯑꯩꯒꯤ ꯊꯛꯆꯥꯡ ꯁꯣꯛꯇꯅꯕ ꯃꯈꯣꯏꯅ ꯑꯩꯕꯨ
ꯄꯨꯕꯤꯒꯗꯣꯔꯤꯕꯅꯤ꯫ ꯑꯅꯥꯟꯕ ꯃꯦꯟ ꯔꯣꯗꯀꯤ ꯅꯥꯀꯟꯗ ꯂꯩꯕ ꯑꯄꯥꯛꯄ
ꯁꯥꯟꯅꯕꯨꯡ ꯂꯝꯄꯥꯛ ꯑꯅꯥꯟꯕ ꯑꯃꯗꯤ ꯃꯤꯇꯤꯡ ꯇꯧꯔꯒ ꯍꯟꯒꯅꯤ꯫ ꯂꯝꯕꯤ
ꯊꯣꯡ ꯑꯃꯇꯇ ꯍꯦꯛ ꯎꯗ꯭ꯔꯦ꯫ ꯑꯗꯨꯅ ꯂꯣꯏꯅꯃꯛ ꯅꯨꯡꯉꯥꯏꯕꯒꯤ ꯅꯨꯡꯉꯥꯏꯕ
ꯉꯥꯛꯇ ꯎꯔꯦ꯫ ꯂꯥꯏꯔꯩꯕꯥꯛꯇ ꯗꯣꯂꯥꯏ ꯃꯊꯀꯇ ꯇꯣꯡꯂꯒ ꯀꯣꯏꯕꯒ ꯆꯞ
ꯃꯥꯟꯅꯔꯦ꯫

ꯃꯁꯥ ꯅꯥꯟꯕꯤ ꯅꯥꯟꯕ ꯃꯌꯥꯝ ꯑꯃꯒ ꯊꯦꯡꯅꯔꯦ꯫ ꯈꯨꯠ ꯁꯣꯛꯅꯔꯦ, ꯃꯤꯐꯝ
ꯇꯣꯔꯦ, ꯅꯥꯠꯀꯤ ꯐꯤ ꯁꯦꯠꯄꯤꯔꯦ, ꯃꯈꯣꯏꯒꯤ ꯂꯨꯍꯨꯞ ꯎꯞꯄꯤꯔꯦ, ꯃꯈꯣꯏꯒꯤ
ꯖꯒꯣꯏ, ꯏꯁꯩ ꯌꯦꯡꯍꯜꯂꯦ, ꯃꯈꯣꯏꯒꯤ ꯅꯥꯠꯀꯤ ꯀꯨꯝꯃꯩ ꯌꯦꯡꯍꯜꯂꯦ ꯑꯗꯨꯕ ꯅꯥꯠꯀꯤ ꯆꯥꯛ ꯑꯦꯟꯁꯥꯡ
ꯄꯤꯖꯔꯦ꯫ ꯑꯩꯅ ꯑꯃꯨꯛ ꯅꯥꯠ ꯏꯅꯥꯛ ꯈꯨꯅꯕꯒꯤ ꯃꯔꯝꯗ, ꯁꯥꯟꯅ-ꯈꯣꯠꯅꯕꯒꯤ ꯃꯔꯝꯗ ꯈꯔ ꯉꯥꯡꯁꯤꯜꯂꯦ,
ꯃꯌꯥꯝꯅ ꯈꯨꯕꯥꯛ ꯑꯃꯨꯛ ꯄꯣꯗ꯭ꯔꯣꯛ ꯄꯣꯗ꯭ꯔꯣꯛ ꯄꯨꯈꯨꯗ ꯁꯨꯔꯦ꯫ ꯃꯤꯌꯥꯝꯁꯨ ꯌꯥꯝꯅ ꯍꯔꯥꯎꯖꯔꯦ, ꯑꯩ
ꯂꯥꯛꯄꯗ꯫ ꯑꯩꯅ ꯃꯈꯣꯏꯒꯤ ꯂꯣꯟꯗ ꯊꯥꯒꯠꯆꯔꯤ ꯍꯥꯏꯕꯗ ꯃꯌꯥꯝꯅ ꯈꯨꯕꯥꯛ ꯈꯨꯕꯗ ꯃꯤꯅꯠ ꯇꯔꯥꯃꯨꯛ ꯃꯈꯥ
ꯋꯥ ꯉꯥꯡꯕ ꯌꯥꯗ꯭ꯔꯦ꯫ ꯑꯩꯅ ꯏꯃꯥ, ꯏꯕꯦꯜ, ꯏꯄꯥ, ꯏꯆꯤꯟ-INaU ꯄꯨꯝꯅꯃꯛꯄꯨ ꯈꯨꯔꯨꯖꯔꯤ’ ꯍꯥꯏꯅ ꯍꯥꯏꯕꯗ
ꯃꯌꯥꯝꯅ ꯋꯥ ꯂꯥꯎꯅ ꯅꯣꯛꯂꯒ ꯈꯨꯔꯛꯄ ꯈꯨꯕꯥꯛ ꯃꯈꯣꯜꯒꯤ ꯏꯋꯥꯏ ꯏꯅꯤꯜ
ꯑꯗꯨ ꯀꯩꯂꯥꯁ ꯆꯤꯡꯗꯣꯜ ꯅꯤꯡꯈꯥꯏꯔꯛꯄꯗꯨꯉꯥꯏ꯫ ꯑꯁꯨꯝꯅ ꯅꯣꯡꯃ ꯑꯃ
ꯅꯤꯅꯤ ꯑꯃ ꯃꯇꯝ ꯂꯦꯜꯂꯝꯂꯒ ꯑꯦꯌꯔꯄꯣꯔꯠ ꯇꯥꯟꯅ ꯂꯥꯛꯀꯅꯤ꯫

ꯑꯩ ꯂꯥꯛꯂꯕꯅꯤꯅ ꯂꯝꯕꯤꯗ ꯀꯥꯇꯨ-ꯀꯔꯜ ꯒꯥꯔꯤ ꯊꯧꯕ ꯑꯃꯠꯇ ꯎꯗ꯭ꯔꯦ꯫

ꯂꯝꯕꯤ ꯐꯖꯅ ꯉꯥꯛ ꯁꯦꯜꯂꯦ꯫ ꯒꯥꯔꯤ ꯀꯥꯡꯂꯣꯟ ꯆꯨꯝꯅ ꯆꯨꯝꯅ ꯊꯧꯅꯔꯦ꯫

ꯑꯩ ꯂꯥꯛꯄꯒꯤ ꯂꯝꯕꯤꯗ ꯃꯤꯁꯨ ꯂꯩꯍꯟꯗ꯭ꯔꯦ, ꯆꯠꯍꯟꯗ꯭ꯔꯦ, ꯏꯀꯣꯝ
ꯀꯣꯝꯂꯦ꯫ ꯌꯥꯝꯅ ꯍꯦꯛꯇ ꯅꯨꯡꯉꯥꯏꯕꯥꯏꯗꯨꯕꯨ ꯄꯨꯝꯂꯣꯏ ꯂꯣꯏꯔꯦ꯫ ꯑꯩꯅ
ꯍꯟꯈ꯭ꯔꯒꯅ ꯀꯝꯗꯧꯍꯧꯔꯝꯒꯕ? ꯃꯤꯌꯣꯛ ꯃꯤꯆꯥꯟꯗꯤ ꯐꯩꯍꯦ꯫

ꯉꯁꯤꯗꯒꯤ ꯆꯍꯤ 70/100, 200, 300 ꯃꯃꯥꯡ ꯃꯃꯥꯡꯒꯤ ꯃꯇꯝꯗ
ꯋꯥꯈꯜꯂꯣꯟ ꯑꯁꯤ ꯄꯣꯛꯂꯝꯕ ꯇꯥꯔꯕꯤ ꯑꯩꯁꯨ ꯀꯣꯛꯇꯣꯅꯗ ꯂꯨꯍꯨꯞ ꯑꯃ
ꯊꯣꯜꯂꯒ ꯄꯣꯛꯂꯝꯕ ꯌꯥꯏ꯫ ꯃꯊꯛꯀꯤ ꯋꯥꯐꯝ ꯑꯁꯤ ꯅꯍꯥꯟ ꯅꯣꯡꯃꯥ
ꯂꯝꯕꯤ ꯃꯇꯥꯏꯗ ꯐꯝꯃꯒ ꯕꯣꯌꯥꯏ ꯑꯉꯥꯎꯕꯅꯤ ꯂꯤꯔꯝꯕ ꯋꯥꯔꯤꯅꯤ꯫

ꯃꯥꯅ ꯂꯤꯔꯤꯕ ꯋꯥꯔꯤꯗꯨ ꯑꯉꯥꯡꯁꯤꯡ ꯑꯗꯨꯅꯗꯤ ꯀꯔꯤ ꯑꯃꯠꯇ ꯈꯪꯗꯅ
ꯇꯥꯏ꯫ ꯅꯣꯛꯅꯤꯡꯕ ꯋꯥꯔꯤ ꯅꯠꯇꯕꯅꯤꯅ ꯀꯅꯥꯁꯨ ꯋꯥꯔꯤ ꯑꯗꯨ ꯅꯨꯡꯉꯥꯏꯅ
ꯄꯨꯛꯅꯤꯡ ꯆꯪꯅ ꯇꯥꯕꯗꯤ ꯑꯣꯏꯗꯦ꯫ ꯑꯩꯗꯤ ꯈꯔ ꯑꯍꯜꯅꯤꯅ ꯌꯥꯝꯅ
ꯅꯤꯡꯊꯤꯅ ꯇꯥꯏ꯫ ꯈꯔ ꯂꯧꯁꯤꯟꯕ ꯉꯝꯂꯞ ꯇꯧꯖꯩ꯫ ꯕꯣꯌꯥꯏ ꯑꯉꯥꯎꯕ
(ꯐꯖꯕ ꯂꯣꯟꯗ ꯋꯥꯈꯜ ꯂꯥꯏꯅ ꯅꯥꯔꯕ ꯕꯣꯌꯥꯏ) ꯒꯥꯔꯤꯅ ꯊꯦꯡꯖꯤꯜꯂꯝꯗꯨꯅ
ꯃꯈꯣꯡ ꯑꯗꯨ ꯇꯦꯛꯂꯨꯔꯦ꯫ ꯃꯅꯥꯎꯁꯤꯡꯅ ꯃꯥꯕꯨ ꯂꯝꯕꯤꯗ ꯊꯣꯛꯇꯅꯕ ꯐꯅ
ꯁꯦꯟꯅꯕꯅꯤ ꯌꯥꯗꯦ꯫ ꯄꯨꯟꯗꯨꯅ ꯊꯝꯒꯗꯕꯗ ꯃꯉꯥꯏꯔꯦ꯫

ꯃꯅꯤꯄꯨꯔꯒꯤ ꯂꯝꯕꯤ ꯄꯨꯝꯅꯃꯛ ꯐꯖꯅ ꯂꯩꯕ ꯄꯪꯌꯥꯎ ꯌꯥꯎꯗꯦ꯫

ꯁꯦꯝꯃꯤ ꯍꯥꯏꯕꯁꯨ ꯊꯥ ꯐꯥꯗꯅ ꯌꯥꯗꯕ ꯀꯌꯥꯅꯤ꯫ ꯌꯥꯗ꯭ꯔꯦ ꯈꯪꯂꯕ ꯂꯝꯕꯤ
ꯑꯁꯤꯗ ꯒꯥꯔꯤ ꯊꯣꯕ ꯃꯇꯝꯗ ꯑꯃꯅ ꯑꯝꯗꯒꯤ ꯍꯦꯟꯒꯠꯇꯕ ꯌꯥꯗꯦ
ꯂꯧꯅꯔꯤ꯫ ꯃꯨꯟꯗꯕ ꯅꯝꯕ ꯂꯣꯏꯗ꯭ꯔꯤꯕ ꯂꯥꯏꯁꯦꯟꯁ ꯑꯅꯧꯕ ꯃꯌꯥꯝ
ꯑꯃꯁꯨ ꯃꯃꯥꯏ ꯊꯛꯄ ꯍꯩꯕꯣꯏ ꯍꯩꯇꯕꯣꯏꯁꯨ ꯍꯧꯅꯔꯤ꯫ ꯏꯁꯤꯡ ꯇꯦꯡꯀꯤ ꯃꯌꯥꯝ ꯑꯃ ꯆꯤꯜꯂꯕ ꯁꯔꯛꯇ
ꯃꯅꯤ ꯇꯝꯂꯤ꯫ ꯄꯥꯈꯪ ꯃꯆꯥꯁꯤꯡ, ꯂꯩꯁꯥꯕꯤ, ꯃꯧ ꯅꯍꯥꯁꯤꯡ ꯒꯥꯔꯤꯅ ꯉꯝꯂꯞ ꯊꯧꯅꯔꯤ꯫ ꯌꯥꯡꯅ ꯊꯧꯔꯒ
ꯑꯍꯩꯕ ꯁꯥꯅꯔꯤ꯫ ꯊꯕꯛ ꯆꯤꯟꯕ ꯁꯥꯟꯅꯔꯤ꯫ ꯍꯤꯗꯥꯛ ꯂꯥꯡꯊꯛꯅ ꯊꯧꯔꯒ ꯆꯠꯄ ꯌꯥꯎꯅꯔꯤ꯫ ꯂꯝꯕꯤ
ꯁꯦꯟꯅꯕ ꯀꯥꯡꯕꯨꯁꯨ ꯉꯥꯏꯍꯥꯛ ꯉꯥꯏꯍꯥꯛ ꯃꯊꯧꯗ ꯚ꯭ꯔꯝ ꯆꯠꯄ ꯌꯥꯎꯔꯛꯂꯔꯣꯏ ꯍꯥꯏꯔꯨ ꯌꯥꯗꯦ꯫ ꯇꯥꯏꯕꯪ
ꯃꯤꯑꯣꯏꯕꯅꯤꯅ꯫ ꯀꯤꯖꯩꯀꯣ ꯂꯝꯕꯤꯁꯤꯡ ꯑꯁꯦ, ꯀꯗꯥꯏ ꯇꯥꯟꯅ ꯄꯨꯗꯧꯔꯤꯖꯥꯠꯅꯣ ꯃꯈꯣꯏꯅꯥ꯫

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ꯍꯤꯔꯝ ꯀꯌꯥꯃꯔꯨꯝꯗ ꯊꯣꯏꯗꯣꯛ-ꯍꯦꯟꯗꯣꯛꯅ ꯃꯒꯨꯟꯁꯤꯡ ꯁꯤꯡꯊꯥꯕꯗ ꯅꯣꯞꯂꯔꯣꯏꯗꯧꯕ ꯄꯥꯝꯕꯤ
ꯑꯝꯅꯤ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯍꯥꯏꯔꯤꯕꯁꯤ꯫ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯏꯪꯂꯤꯁꯇ ꯕꯠꯇꯔꯐ꯭ꯂꯥꯏ ꯄꯤ (Butterfly

pea) ꯅꯠꯇ꯭ꯔꯒ ꯕ꯭ꯂꯨ ꯄꯤ (Blue pea) ꯅꯠꯇ꯭ꯔꯒ ꯀꯣꯔꯗꯣꯐꯦꯟ ꯄꯤ (Cordofen pea) ꯅꯠꯇ꯭ꯔꯒ
ꯑꯦꯁꯤꯌꯥꯟ ꯄꯤꯖꯟꯋꯤꯡ (Asian pigeonwing), ꯕ꯭ꯔꯥꯖꯤꯜꯗ ꯀꯨꯟꯍꯥ (Kunha), ꯆꯥꯏꯅꯤꯖꯗ ꯗꯩ ꯗꯧ
(Die dou), ꯐ꯭ꯔꯦꯟꯁꯇ ꯀ꯭ꯂꯤꯇꯣꯔꯦ ꯗꯦ ꯇꯔꯅꯦꯠ (Clitore ꯗꯦ ꯇꯦꯔꯅꯥꯇꯦ), ꯏꯟꯗꯣꯅꯦꯁꯤꯌꯥꯗ ꯕꯨꯡꯒꯥ
ꯕꯤꯔꯨ (Bunga ꯕꯤꯔꯨ), ꯏꯇꯥꯂꯤꯗ ꯐꯦꯒꯤꯑꯣꯂꯥ ꯏꯟꯗꯤꯌꯥꯅꯣ (Fagiola indiano) , ꯃꯂꯦꯁꯤꯌꯥꯗ ꯕꯨꯡꯒꯥ
ꯕꯤꯔꯨ (Bunga ꯕꯤꯔꯨ), ꯊꯥꯏꯗ ꯑꯟꯆꯜ (ꯑꯅꯆꯍꯥꯂ), ꯍꯤꯟꯗꯤꯗ ꯀꯣꯌꯥꯂꯥ (Koyala), ꯁꯥꯏꯟꯇꯤꯐꯤꯛ
ꯅꯠꯇ꯭ꯔꯒ ꯕꯣꯇꯥꯅꯤꯀꯦꯜꯒꯤ ꯑꯣꯏꯕ ꯃꯃꯤꯡꯗ ꯀ꯭ꯂꯤꯇꯣꯔꯤꯌꯥ ꯇꯔꯅꯥꯁꯤꯌꯥ (Clitoria ternatea L.)
ꯅꯠꯇ꯭ꯔꯒ ꯀ꯭ꯂꯤꯇꯣꯔꯤꯌꯥ ꯑꯦꯂꯕꯤꯐ꯭ꯂꯣꯔꯥ (Clitoria albiflora Mattei) ꯅꯠꯇ꯭ꯔꯒ ꯀ꯭ꯂꯤꯇꯣꯔꯤꯌꯥ
ꯕꯦꯛꯇꯤꯌꯥꯇꯥ (Clitoria bracteata Poir) ꯅꯠꯇ꯭ꯔꯒ ꯀ꯭ꯂꯤꯇꯣꯔꯤꯌꯥ ꯄꯥꯔꯚꯤꯐ꯭ꯂꯣꯔꯥ (Clitoria

ꯄꯥꯔꯚꯤꯐꯂꯣꯔꯥ Raf.) ꯅꯠꯇ꯭ꯔꯒ ꯀ꯭ꯂꯤꯇꯣꯔꯤꯌꯥ ꯐꯤꯂꯤꯄꯦꯟꯁꯤꯁ (Clitoria Philippenis Parr

Mattei)TtrBg ꯂꯦꯊꯥꯏꯔꯁ ꯁ꯭ꯄꯦꯛꯇꯤꯕꯤꯂꯤꯁ (Lathyrus ꯁꯄꯦꯆꯇꯥꯕꯤꯂꯤꯁ Forssk.) ꯅꯠꯇ꯭ꯔꯒ
ꯇꯔꯅꯥꯁꯤꯌꯥ ꯇꯔꯅꯥꯁꯤꯌꯥ (Ternatea ternatea (L) Kuntze) ꯍꯥꯏꯅ ꯀꯧꯏ ꯑꯃꯁꯨꯡ ꯐꯦꯕꯦꯁꯤ
(Fabaceae) ꯅꯠꯇ꯭ꯔꯒ ꯄꯄꯤꯂꯤꯑꯣꯅꯦꯁꯤ (Papilionaceae) ꯁꯥꯒꯩꯒꯤ ꯃꯅꯨꯡ ꯆꯜꯂꯤ꯫ ꯄꯥꯝꯕꯤ
ꯑꯁꯤꯗ ꯆꯟꯕ ꯃꯔꯨ ꯑꯣꯏꯕ ꯄꯥꯝꯕꯤ ꯈꯔꯗꯤ ꯍꯋꯥꯏ ꯊꯔꯥꯛ (Pisum ꯁꯥꯇꯤꯚꯨꯃ L.), ꯍꯋꯥꯏ ꯃꯨꯕꯤ
(Vicia ꯐꯥꯕꯥ L.) ꯑꯁꯤꯅꯆꯤꯡꯕꯅꯤ꯫

ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯄꯥꯝꯕꯤꯒꯤ ꯂꯩ ꯑꯁꯤ ꯍꯦꯛ ꯌꯦꯡꯕꯗ ꯅꯨꯄꯤꯒꯤ ꯑꯉꯥꯡ ꯄꯣꯛꯅꯕ ꯊꯣꯡ (Female

ꯁꯦꯪ organ) ꯃꯥꯟꯕꯗꯒꯤ ꯄꯥꯝꯕꯤ ꯑꯁꯤꯒꯤ ꯀꯤꯟꯁ ꯀ꯭ꯂꯤꯇꯣꯔꯤꯌꯥ ꯑꯗꯨ ꯂꯦꯇꯤꯟꯒꯤ ꯋꯥꯍꯩ ꯀ꯭ꯂꯇꯣꯔꯤꯁ
(Clitoris) ꯍꯥꯏꯕꯗꯤ ꯅꯨꯄꯤꯒꯤ ꯑꯉꯥꯡ ꯄꯣꯛꯅꯕ ꯊꯣꯡ ꯑꯁꯤꯗꯒꯤ ꯂꯧꯔꯒ ꯊꯣꯟꯈꯤꯕꯅꯤ꯫ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ
ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯑꯦꯁꯤꯌꯥꯒꯤ ꯏꯀ꯭ꯋꯦꯇꯔꯔꯣꯝꯗ ꯅꯛꯁꯤꯟꯕ ꯈꯔꯁꯨ ꯁꯥꯔꯞ ꯇꯧꯕ ꯇ꯭ꯔꯣꯄꯤꯀꯦꯜꯒꯤ
ꯂꯦꯝꯗꯝꯁꯤꯡꯗꯒꯤ ꯍꯧꯔꯛꯈꯤꯕꯅꯤ ꯍꯥꯏꯕꯒꯤ ꯄꯥꯎꯗꯝꯁꯤꯡ ꯂꯩ꯫ ꯑꯇꯣꯞꯄ ꯄꯥꯎꯗꯝ ꯑꯃꯒꯤ ꯃꯇꯨꯡꯏꯟꯅꯗꯤ
ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯑꯥꯐ꯭ꯔꯤꯀꯥ ꯑꯃꯁꯨꯡ ꯃꯥꯎꯔꯤꯁꯤꯌꯁꯀꯤ ꯂꯝꯗꯝꯁꯤꯡꯗꯒꯤ ꯍꯧꯔꯛꯈꯤꯕꯅꯤ
ꯍꯥꯏꯕꯁꯤꯅꯤ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯑꯃꯦꯔꯤꯀꯥ ꯑꯃꯁꯨꯡ ꯑꯣꯁꯇ꯭ꯔꯦꯂꯤꯌꯥꯒꯤ ꯃꯐꯃꯁꯤꯡꯗ ꯄꯨꯗꯨꯅ ꯊꯥꯈꯤꯕꯒꯤ
ꯄꯥꯎꯗꯝꯁꯨ ꯂꯩ꯫ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯍꯥꯏꯔꯤꯕ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯆꯍꯤ ꯈꯔ ꯄꯨꯟꯁꯤꯕ ꯍꯋꯥꯏꯒꯨꯝꯅ ꯃꯔꯤ ꯆꯇꯄ
ꯑꯊꯣꯠꯄ ꯄꯥꯝꯕꯤ ꯃꯆꯥ ꯑꯝꯅꯤ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯆꯥꯎꯔꯥꯛꯅ ꯃꯈꯜ 2 ꯊꯣꯛꯅ ꯂꯩ꯫ ꯃꯈꯣꯏꯁꯤꯡ ꯑꯗꯨꯗꯤ
ꯃꯄꯥꯟ ꯍꯤꯒꯣꯛ ꯃꯆꯨ ꯆꯥꯠꯄ ꯑꯗꯨꯒꯤ ꯑꯇꯣꯞꯄ ꯑꯗꯨꯅ ꯑꯉꯧꯕ ꯃꯆꯨꯒꯤ ꯂꯩ ꯁꯥꯠꯄ ꯑꯗꯨꯅꯤ꯫

ꯕꯤꯒ꯭ꯌꯥꯟꯒꯤ ꯄꯥꯎꯗꯝꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯄꯥꯝꯕꯤꯗ ꯌꯥꯎꯕ ꯃꯔꯨ AOib ꯃꯆꯜꯁꯤꯡ
ꯑꯗꯨꯗꯤ ꯇꯦꯅꯤꯟ (Tanin), ꯔꯦꯖꯤꯟ (Resin), ꯈ꯭ꯇꯥꯔꯆ(ꯈꯇꯥꯔꯆꯍ), ꯇꯦꯔꯥꯛꯁꯦꯔꯣꯜ(Taraxerol),
ꯇꯦꯔꯥꯛꯁꯦꯔꯣꯟ (Taraxerone), ꯐ꯭ꯂꯥꯚꯣꯅꯣꯏꯗ (Flavonoid) ꯑꯁꯤꯅꯆꯤꯡꯕꯅꯤ꯫

ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯃꯤꯑꯣꯏꯕꯅ ꯀꯥꯟꯅꯔꯕ ꯍꯤꯗꯥꯛ ꯀꯌꯥꯃꯔꯨꯝꯗ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤꯒꯤ
ꯑꯅꯧꯕ ꯃꯍꯩ ꯑꯗꯨ ꯑꯦꯟꯁꯥꯡ ꯑꯣꯏꯅ ꯊꯣꯡꯗꯨꯅ ꯆꯥꯅꯩ꯫ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯔꯨꯠ ꯅꯣꯗ꯭ꯌꯨꯜ (Root

ꯅꯣꯗꯨꯂꯦ) ꯒꯤ ꯃꯇꯦꯡꯅ ꯅꯨꯡꯁꯤꯠꯇ ꯌꯥꯎꯔꯤꯕ ꯅꯥꯏꯇ꯭ꯔꯣꯖꯦꯟ ꯑꯗꯨ ꯆꯨꯞꯁꯤꯟꯗꯨꯅ ꯍꯥꯔ ꯁꯦꯝꯕ ꯉꯝꯕ
ꯃꯔꯝꯅ ꯂꯩꯍꯥꯎ ꯆꯦꯟꯗ꯭ꯔꯕ ꯃꯐꯝꯁꯤꯡꯗ ꯂꯩꯍꯥꯎ ꯆꯦꯜꯍꯟꯅꯕ ꯄꯥꯛ-ꯁꯟꯅ ꯊꯥꯅꯩ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯄꯠꯊ-

ꯄꯨꯝꯊꯍꯟꯗꯨꯅ ꯌꯥꯝꯅ ꯐꯕ ꯃꯈꯜꯒꯤ ꯑꯣꯔꯒꯦꯅꯤꯛꯀꯤ ꯍꯥꯔ ꯁꯦꯝꯕ ꯌꯥꯏ꯫ ꯊꯥꯏꯂꯦꯟꯗꯗꯤ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ
ꯄꯥꯝꯕꯤꯒꯤ ꯃꯄꯥꯜꯗꯨꯒꯤ ꯅꯥꯝꯗꯣꯛ ꯑꯟꯆꯥꯟ (Namdok anchan) ꯀꯧꯕ ꯃꯈꯜꯒꯤ ꯆꯥ ꯑꯃ ꯁꯦꯝꯗꯨꯅ
ꯊꯛꯅꯩ꯫ ꯃꯈꯜ ꯀꯌꯥꯒꯤ ꯆꯤꯟꯖꯥꯛ ꯑꯃꯁꯨꯡ ꯑꯆꯥꯄꯣꯠꯁꯤꯡ ꯃꯆꯨ ꯁꯪꯕꯗ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯄꯥꯝꯕꯤꯒꯤ
ꯃꯄꯥꯜꯗꯒꯤ ꯂꯧꯕ ꯃꯆꯨ ꯑꯗꯨ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯄꯥꯎꯗꯝꯁꯤꯡꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯊꯥꯏꯂꯦꯟꯗ ꯑꯃꯁꯨꯡ ꯃ꯭ꯌꯥꯟꯃꯥꯔꯗꯗꯤ
ꯑꯥꯄꯔꯥꯖꯤꯇꯥꯒꯤ ꯃꯄꯨꯡ ꯐꯥꯅ ꯁꯥꯠꯊꯣꯛꯂꯕ ꯂꯩꯁꯤꯡ ꯑꯗꯨ ꯘꯤꯗ ꯂꯨꯞꯂꯒ ꯉꯧꯗꯨꯅ ꯌꯥꯝꯅ ꯍꯥꯎꯕ ꯃꯊꯩꯜ ꯑꯃ
ꯑꯣꯏꯅ ꯆꯥꯅꯩ꯫ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯁꯥ-ꯁꯟꯒꯤ ꯌꯥꯝꯅ ꯐꯕ ꯃꯒꯨꯟ ꯂꯩꯕ ꯁꯖꯤꯛ ꯑꯃ ꯑꯣꯏꯅꯁꯨ
ꯄꯤꯖꯅꯦ꯫ ꯑꯣꯁ꯭ꯔꯦꯂꯤꯌꯥꯗꯗꯤ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯅꯥꯄꯤ-ꯁꯤꯡꯕꯤ ꯑꯝꯗꯤ ꯎ-ꯋꯥ ꯍꯧꯕ ꯉꯝꯗ꯭ꯔꯕ
ꯀꯌꯂꯥ ꯑꯁꯨꯡ ꯊꯥꯎ ꯁꯨꯡꯗꯣꯛꯐꯝ ꯑꯃꯗꯤ ꯈꯅꯤ ꯇꯥꯟꯐꯝꯒꯤ ꯑꯀꯣꯏꯕꯗ ꯊꯥꯗꯨꯅ ꯑꯃꯨꯛ ꯍꯟꯅ ꯂꯩꯍꯥꯎ
ꯆꯦꯜꯍꯟꯅꯕ ꯑꯃꯗꯤ ꯍꯨ ꯆꯦꯟꯕ ꯑꯃꯣꯠꯄꯁꯤꯡ ꯑꯗꯨ ꯁꯦꯡꯗꯣꯛꯅꯕ ꯊꯥꯅꯩ꯫

ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯑꯩꯁꯣꯏ ꯃꯤꯑꯣꯏꯕꯅ ꯑꯅꯥ-ꯂꯥꯌꯦꯡꯒꯤ ꯍꯤꯔꯝꯗ ꯌꯥꯝꯅ ꯄꯥꯝꯅ ꯁꯤꯖꯤꯟꯅꯩ꯫

ꯑꯩꯈꯣꯏꯒꯤ ꯂꯝꯗꯝ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯑꯅꯥ-ꯂꯥꯌꯦꯡꯗ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ paMbii ꯑꯁꯤ ꯅꯨꯄꯥ-ꯅꯨꯄꯤꯒꯤ ꯐꯝꯕꯤ (To

enhance ꯐꯦꯔꯇꯤꯂꯤꯇꯌ) ꯐꯒꯠꯍꯟꯅꯕ ꯍꯤꯗꯥꯛ ꯑꯣꯏꯅ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯍꯤꯔꯝ ꯑꯁꯤꯗ ꯑꯥꯄꯔꯥꯖꯤꯇꯥꯒꯤ ꯂꯩ 10
ꯃꯨꯛ ꯏꯁꯤꯡ ꯂꯤꯇꯔ ꯑꯃꯗ ꯃꯤꯅꯠ 6-7 ꯇꯪ ꯐꯠꯂꯒ ꯂꯧꯕ ꯃꯍꯤ ꯑꯗꯨꯗ ꯈꯣꯏꯍꯤ ꯈꯔ ꯍꯥꯞꯇꯨꯅ ꯅꯩꯈꯑꯏꯔꯒ
ꯁꯦꯝꯕ ꯃꯍꯤ ꯑꯗꯨ ꯅꯣꯡꯃꯗ ꯒ꯭ꯂꯥꯁ ꯑꯃꯒꯤ ꯆꯥꯡꯗꯥꯗ ꯊꯥ ꯑꯃꯔꯣꯝꯗꯪ ꯆꯥꯡ ꯅꯥꯏ ꯄꯤꯊꯛꯄꯤꯒꯅꯤ꯫ ꯄꯥꯈꯪ-

ꯂꯩꯁꯥꯒꯤꯕꯁꯤꯡꯗꯗꯤ ꯃꯍꯤ ꯑꯗꯨ ꯄꯤꯊꯛꯄ ꯇꯧꯅꯗꯦ꯫

ꯌꯥꯝꯅ ꯂꯤꯔꯕ ꯏꯟꯗꯤꯌꯥꯒꯤ ꯑꯣꯏꯕ ꯑꯌꯨꯔꯕꯦꯗꯤꯛꯀꯤ ꯑꯅꯥ-ꯂꯥꯌꯦꯡꯗ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯄꯥꯝꯕꯤ ꯑꯁꯤ
ꯌꯥꯝꯅ ꯀꯨꯏꯔꯕ ꯃꯇꯝꯗꯒꯤ ꯄꯨꯛꯅꯤꯡ ꯍꯛꯆꯥꯡ ꯁꯣꯟꯍꯕ, ꯀꯥꯎꯊꯟ ꯊꯤꯕ, ꯄꯨꯛꯅꯤꯡ ꯂꯥꯡꯇꯛꯅꯕ, ꯀꯣꯛ

caub, ꯑꯁꯣꯟ-ꯑꯄꯟ ꯇꯧꯗꯨꯅ ꯌꯥꯝꯅ ꯅꯥꯕ ꯆꯩꯅ ꯑꯗꯨ ꯍꯟꯊꯍꯟꯕ ꯑꯃꯁꯨꯡ ꯏꯄꯤꯂꯦꯞꯁꯤ (Epilepsy)
ꯍꯥꯏꯅ ꯈꯪꯅꯕ ꯁꯥꯔꯤ ꯍꯧꯕ ꯑꯗꯨꯗ ꯂꯥꯌꯦꯡ ꯍꯤꯗꯥꯛ ꯑꯣꯏꯅ ꯁꯤꯖꯤꯟꯅꯔꯛꯄꯒꯤ ꯄꯥꯎꯗꯝꯁꯤꯡ ꯂꯩ꯫

ꯆꯥꯏꯅꯤꯖꯒꯤ ꯑꯔꯤꯕ ꯂꯥꯌꯦꯡ-ꯄꯊꯥꯄꯇ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯅꯨꯄꯤꯅ ꯃꯤꯔꯣꯟꯕ ꯉꯝꯗꯕ, ꯅꯨꯄꯤꯒꯤ
ꯊꯥꯒꯤ ꯈꯣꯡꯀꯥꯞ ꯆꯥꯡ ꯅꯥꯏꯗꯕ (Menstrual ꯗꯤꯁꯣꯔꯗꯦꯔ), ꯐꯤꯉꯧ ꯆꯠꯄ ꯑꯃꯁꯨꯡ ꯐꯤꯅꯨꯡꯒꯤ ꯑꯣꯏꯕ
ꯃꯈꯜ ꯀꯌꯥꯒꯤ ꯂꯥꯏꯅꯥꯁꯤꯡꯗ ꯂꯥꯌꯦꯡꯅꯕꯒꯤ ꯄꯥꯎꯗꯝꯁꯤꯡ ꯂꯩ꯫ ꯕꯤꯒ꯭ꯌꯥꯟꯇꯤ ꯑꯣꯏꯕ ꯄꯥꯎꯗꯝꯁꯤꯡꯒꯤ
ꯃꯇꯨꯡꯏꯟꯅ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯄꯥꯝꯕꯤꯗ ꯌꯥꯎꯔꯤꯕ ꯀꯝꯄꯥꯎꯟꯗ ꯈꯔ ꯑꯗꯨꯅ ꯍꯤꯡꯀꯨꯞ ꯃꯈꯜ ꯈꯔ ꯃꯔꯨ ꯑꯣꯏꯅ

Escherichia coli, Klebsiella pneumonia AmsuZ Pseudomonas aeruginosa

ꯑꯁꯤ ꯍꯥꯠꯄ ꯉꯝꯕ ꯃꯔꯝꯅ ꯃꯈꯜ ꯀꯌꯥꯒꯤ ꯃꯍꯤꯛ ꯃꯇꯥꯏ ꯍꯥꯠꯅꯕ ꯍꯤꯗꯥꯛ ꯁꯥꯕꯗ ꯁꯤꯖꯤꯟꯅꯕ ꯌꯥꯒꯅꯤ
ꯍꯥꯏꯕꯁꯤꯅꯤ꯫ ꯌꯥꯝꯅ ꯄꯨꯛꯅꯤꯡ ꯊꯧꯒꯠꯅꯤꯡꯉꯥꯏ ꯑꯣꯏꯕ ꯄꯥꯎꯗꯝ ꯑꯃꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ
ꯄꯥꯝꯕꯤ ꯑꯁꯤꯗ ꯀꯦꯟꯁꯔ ꯃꯈꯜ ꯈꯔ ꯉꯥꯛꯊꯣꯛꯄ ꯉꯝꯕꯒꯤ ꯃꯒꯨꯟꯁꯤꯡ ꯌꯥꯎꯏ ꯍꯥꯏꯕꯁꯤꯅꯤ꯫ ꯑꯗꯨꯕꯨ
ꯌꯥꯝꯅ ꯆꯦꯛꯁꯤꯟꯒꯗꯧꯕꯗꯤ ꯑꯥꯄꯔꯥꯖꯤꯇꯥ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯇꯣꯏꯅ ꯑꯃꯗꯤ ꯆꯥꯡ ꯍꯦꯟꯅ ꯁꯤꯖꯤꯟꯅꯔꯕꯤ ꯈꯣꯡ
ꯍꯥꯝꯊꯕꯒꯤ ꯑꯣꯏꯊꯣꯛꯄꯁꯤꯡ ꯂꯩ ꯍꯥꯏꯅ ꯑꯈꯪ-ꯑꯍꯩꯁꯤꯡꯅ ꯆꯦꯛꯁꯤꯟ ꯋꯥ ꯊꯝꯂꯛꯂꯤ꯫ ꯑꯥꯄꯔꯥꯖꯤꯇ
ꯄꯥꯝꯕꯤꯁꯤ ꯒꯝꯂꯥ ꯑꯃꯁꯨꯡ ꯌꯨꯝꯒꯤ ꯀꯣꯏꯕꯗ ꯂꯩꯇꯦꯡꯒꯤ ꯑꯣꯏꯅ ꯌꯥꯝꯅ ꯄꯥꯝꯅ ꯊꯥꯅꯩ꯫

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ꯅꯨꯡꯁꯤꯕꯕꯨ ꯌꯣꯟꯕ ꯌꯥꯕ꯭ꯔꯥ ꯍꯥꯏꯕꯁꯨ ꯂꯩ, ꯄꯣꯠ ꯌꯣꯟꯕꯗ ꯅꯨꯡꯁꯤꯕ-ꯅꯨꯡꯁꯤꯗꯕ ꯍꯥꯏꯕꯁꯨ ꯂꯩ꯫ ꯅꯨꯡꯁꯤꯕ
ꯂꯩꯕ ꯉꯃꯕꯁꯨ ꯂꯩ꯫ ꯁꯦꯠꯅ-ꯏꯟꯅꯕ ꯐꯤ-ꯔꯣꯜ, ꯆꯥꯅꯕ ꯍꯪꯒꯥꯝ, ꯀꯣꯕꯤ ꯂꯩꯕꯗꯁꯨ ꯍꯩꯇꯕ ꯂꯩ꯫ ꯌꯣꯜꯂꯤꯕꯁꯤꯡꯅ
ꯄꯨꯛꯆꯦꯜ ꯁꯦꯡꯗꯕꯁꯨ ꯂꯩꯔꯤꯕꯅꯤ꯫ ꯂꯝꯗꯝꯁꯤꯗꯕꯨ ꯂꯩꯕ-ꯌꯣꯟꯕ ꯍꯩꯕ ꯃꯤ ꯂꯩꯈꯤꯒꯗ꯭ꯔꯥ? ꯑꯥꯔꯠ ꯑꯃꯅꯤ꯫

ꯂꯝꯗꯝꯁꯤꯒꯤ ꯃꯤꯅ ꯖꯄꯥꯟꯗ ꯆꯠꯂꯒ, ꯀꯂꯝ ꯂꯩꯕꯗ ꯐꯣꯔꯦꯟꯒꯤ ꯄꯤꯌꯨ ꯍꯥꯏꯔꯨꯕꯗ ꯗꯨꯀꯥꯟꯗꯨꯅ
ꯏꯟꯗꯤꯌꯥꯒꯤ ꯄꯤꯔꯛꯏ ꯍꯥꯏꯕ ꯂꯩ꯫ ꯄꯣꯠ ꯂꯩꯕꯗ ꯃꯁꯤꯟꯅ ꯄꯤꯕꯨ ꯂꯩꯔꯕꯅꯤ꯫ ꯃꯗꯨꯗꯗꯤ ꯃꯃꯜꯒꯤ ꯀꯣꯛ
ꯁꯥꯗ꯭ꯔꯦ꯫ ꯀꯣꯕꯤ-ꯍꯪꯒꯥꯝ, ꯌꯣꯡꯆꯥꯛ ꯂꯩꯕ ꯑꯁꯤꯅ ꯍꯦꯟꯅ ꯀꯣꯛ ꯁꯥꯈ꯭ꯔꯦ꯫ ꯃꯃꯜꯒꯤ ꯆꯌꯦꯠꯅꯕꯗ
ꯃꯥꯡꯂꯤꯕ ꯃꯇꯝ, ꯃꯥꯡꯂꯤꯕ ꯄꯥꯡꯒꯜ-ꯂꯧꯁꯤꯡ ꯃꯌꯥꯝꯁꯤ ꯀꯅꯥꯅꯁꯨ ꯆꯦꯛꯁꯤꯟꯕ ꯎꯗ꯭ꯔꯤ꯫ ꯑꯅꯥ-ꯁꯤꯀꯤꯗ
ꯀꯣꯛ ꯁꯥꯔꯤꯕꯁꯤ ꯌꯨꯝ ꯁꯥꯕꯒꯤ ꯕꯤꯂꯥꯃꯥꯇꯤ ꯑꯃꯁꯨꯡ ꯌꯣꯠ ꯂꯩꯕꯗꯁꯨ ꯃꯃꯥꯜ ꯃꯥꯟꯅꯗꯕꯒꯤ ꯄꯩꯁꯥ ꯃꯥꯡꯕ ꯀꯌꯥ
ꯊꯣꯛꯂꯤꯕꯅꯤ꯫ ꯂꯣꯏꯁꯤꯜꯂꯛꯄꯗꯗꯤ ꯂꯥꯈꯇ ꯃꯥꯡꯅꯔꯤꯕꯅꯤ꯫

ꯃꯁꯤ ꯄꯨꯝꯅꯃꯛꯁꯤ ꯂꯦꯕꯥꯛ ꯁꯦꯟꯅꯕ ꯊꯣꯛꯂꯛꯂꯤꯕ ꯁꯣꯁꯥꯏꯇꯤ ꯑꯃꯠꯇꯅꯕꯨ ꯑꯋꯦꯌꯔꯅꯦꯁ ꯄꯤꯕ
ꯇꯥꯗ꯭ꯔꯤ꯫ ꯈꯥꯏꯕꯒ, ꯅꯤꯕꯒ ꯏꯔꯥꯏ ꯂꯥꯏꯅ ꯁꯦꯟꯗꯣꯡ ꯐꯪꯕꯁꯨ ꯌꯥꯎꯅꯔꯝꯒꯅꯤ꯫ ꯀꯣꯔꯣꯅꯥ ꯄꯦꯟꯗꯃꯤꯛ
ꯃꯅꯨꯡꯗ ꯑꯦꯟꯁꯥꯡ-ꯅꯥꯄꯤ ꯌꯣꯟꯕ ꯃꯌꯥꯝꯁꯤ ꯀꯣꯏꯆꯦꯟ-ꯀꯣꯏꯆꯦꯟ ꯆꯦꯟꯅꯔꯤꯕꯅꯤ꯫ ꯄꯨꯂꯤꯁꯅ
ꯆꯥꯏꯈꯥꯏꯔꯝꯕꯁꯨ ꯌꯥꯎꯏ, ꯄꯨꯈꯤꯕꯁꯨ ꯌꯥꯎꯏ ꯍꯥꯏ꯫ ꯌꯣꯟꯕ ꯁꯤꯠꯇꯗꯨꯅ ꯀꯪꯂꯒ ꯃꯥꯡꯕ ꯀꯌꯥꯅꯤ, ꯁꯦꯟꯗꯣꯡ
ꯐꯪꯗꯕꯗꯒꯤ ꯁꯦꯜꯂꯦꯞ ꯃꯥꯡ ꯌꯥꯎꯕꯗꯒꯤ ꯄꯣꯠꯐꯝ ꯃꯨꯠꯈꯤꯕꯁꯨ ꯀꯌꯥꯅꯤ꯫ ꯃꯥꯎ ꯀꯩꯊꯦꯜꯗ ꯉꯥꯎꯕꯁꯨ ꯂꯩ꯫

ꯃꯗꯨꯅ ꯅꯨꯡꯁꯤꯅꯕ ꯄꯨꯔꯛꯀꯅꯤ ꯊꯥꯖꯅꯕꯁꯨ ꯂꯩ꯫ ꯙꯔꯃꯁꯂꯥꯗꯗꯤ ꯅꯨꯡꯁꯤꯅꯔꯤꯕ꯭ꯔꯥ ꯍꯪꯕ ꯌꯥꯕ ꯋꯥꯍꯪꯅꯤ꯫ ꯄꯪꯂꯗꯤ
ꯄꯪꯅꯨꯡꯗ ꯅꯨꯡꯁꯤꯅꯩ ꯍꯥꯏꯕꯗꯨꯅꯤ꯫ ꯗꯨꯀꯥꯟꯁꯤꯡꯁꯤ ꯄꯣꯠꯀꯤ ꯃꯃꯜ ꯑꯃꯠꯇꯕꯨ ꯃꯥꯟꯅꯗꯦ, ꯍꯪꯕꯤ ꯇꯜꯜꯕꯗꯤ
ꯇꯥꯡꯅ ꯂꯩꯕ ꯃꯤꯅ ꯄꯣꯠ ꯂꯩꯕ ꯍꯩꯔꯕꯅꯤ ꯍꯥꯏꯕꯗꯤ ꯌꯥꯔꯣꯏ꯫ ꯊꯥꯏꯅꯒꯤ ꯂꯣꯡꯁꯨꯝ ꯂꯩꯕꯒꯤ ꯋꯥꯗꯨ ꯉꯁꯤꯗꯤ
ꯆꯟꯅꯗ꯭ꯔꯦ꯫ ꯉꯥ ꯌꯣꯟꯕꯗ, ꯑꯦꯟꯁꯥꯡ-ꯅꯥꯄꯤ ꯌꯣꯟꯕꯗ ꯐꯧꯃꯥꯏ ꯆꯥꯕꯤ ꯂꯩꯔꯝꯕꯗꯨ ꯉꯁꯤꯗꯤ ꯌꯥꯅꯔꯛꯇ꯭ꯔꯦ,
ꯃꯁꯥ-ꯃꯁꯥꯅ ꯌꯣꯟꯕꯒꯤ ꯍꯩꯅꯕꯤꯁꯨ ꯂꯩꯔꯛꯂꯦ꯫ ꯅꯨꯄꯤ ꯂꯥꯜ ꯊꯣꯛꯈ꯭ꯔꯤꯕꯁꯤꯒꯤ ꯋꯥꯍꯧꯗꯤ ꯂꯩꯕ-ꯌꯣꯟꯕꯒꯤ
ꯋꯥꯊꯣꯛ ꯑꯃꯅꯤ꯫ ꯇꯥꯏꯅꯕꯅ ꯃꯤꯇꯣꯞꯇ ꯇꯥꯏꯅꯈꯤꯕꯒꯤ ꯇꯥꯇꯅꯤ꯫ ꯋꯥ ꯊꯣꯛꯂꯤꯕꯗꯤ ꯂꯝꯗꯝꯁꯤꯒꯤ ꯃꯤꯌꯥꯝ
ꯃꯔꯝꯛꯇꯅꯤ꯫ ꯂꯩꯕ ꯌꯣꯟꯕꯒꯤ ꯀꯥꯡꯂꯣꯟ ꯆꯨꯝꯅ ꯄꯊꯥꯞ ꯑꯃ ꯂꯩꯇꯕꯗꯒꯤꯅꯤ꯫ ꯉꯁꯤ ꯐꯥꯎꯕ ꯁꯤꯁꯇꯝ
ꯑꯃꯠꯇ ꯃꯄꯨꯡ ꯐꯥꯅ ꯂꯩꯇ꯭ꯔꯤꯕꯅꯤ꯫ ꯆꯦꯡ ꯂꯜꯂꯣꯟꯕ ꯍꯥꯏꯕꯁꯤꯗ ꯂꯧꯃꯤ ꯅꯨꯄꯤꯗꯒꯤꯅ ꯃꯤꯅꯤꯁꯇꯔ ꯐꯥꯎꯕ
ꯌꯥꯎꯔꯤꯕꯅꯤ꯫ ꯄꯣꯠ ꯂꯩꯕꯗ ꯂꯝꯗꯝꯁꯤꯒꯤ ꯃꯤꯌꯥꯝ ꯃꯔꯛꯇ ꯃꯤꯅꯝꯅꯕꯁꯤ ꯎꯕ, ꯈꯪꯕ ꯍꯦꯟꯒꯠꯂꯛꯞꯗꯒꯤ
ꯃꯄꯥꯟꯒꯤ ꯃꯤꯑꯣꯏꯁꯤꯡꯅꯁꯨ ꯃꯤꯅꯝꯕ ꯍꯧꯔꯛꯄꯅꯤ꯫ ꯄꯣꯠ ꯃꯃꯜ ꯍꯦꯟꯅ ꯌꯣꯟꯒꯅꯨ ꯍꯥꯏꯅ ꯂꯥꯎꯕꯁꯤ
ꯂꯝꯍꯨꯏꯅ ꯂꯥꯞꯅ ꯁꯣꯡꯕꯒꯨꯝꯅ ꯇꯥꯅꯔꯤꯕꯅꯤ꯫ ꯑꯦꯖꯦꯟꯠ ꯈꯨꯗꯤꯡ ꯃꯤꯇꯣꯞꯇ ꯄꯤꯊꯣꯛꯇꯦ ꯍꯥꯏꯔꯤꯕ
ꯃꯨꯀꯣꯁꯤꯡꯅ ꯃꯈꯣꯏꯒꯤ ꯗꯨꯀꯥꯟꯗꯒꯤ ꯄꯣꯠ ꯂꯩꯅꯩ꯫ ꯂꯝꯗꯝꯁꯤꯗꯅ ꯃꯤꯇꯣꯞꯇꯒꯤ ꯂꯩꯅꯩ꯫ ꯈꯦꯟꯅꯔꯤꯕꯁꯤ
ꯃꯤ ꯇꯤꯟꯅꯕꯒꯤ ꯂꯧꯁꯤꯡꯗꯨ ꯅꯠꯇꯦ, ꯁꯦꯟꯕ-ꯊꯨꯝꯕꯥꯒꯤ ꯂꯧꯁꯤꯡꯁꯨ ꯅꯠꯇꯦ, ꯃꯤꯔꯩꯕꯥꯛ ꯅꯤꯡꯕꯅꯤ꯫ ꯑꯄꯪꯕꯅ
ꯃꯔꯩꯕꯥꯛ ꯅꯤꯡꯕ ꯄꯛꯆꯕ ꯍꯧꯅꯗꯦ, ꯐꯨꯔꯨꯞ ꯑꯣꯏꯅ ꯃꯨꯠꯆꯈꯤꯕ ꯇꯥꯕꯅꯤ꯫

ꯆꯍꯤ ꯀꯨꯟꯃꯉꯥꯒꯤ ꯃꯃꯥꯡꯗꯅꯤ ꯆꯤꯡꯗ ꯑꯍꯨꯝ-ꯑꯍꯥꯎ, ꯆꯥꯒꯤ ꯍꯣꯇꯦꯜ ꯑꯃ ꯂꯩꯔꯝꯃꯤ꯫ ꯏꯇꯩꯃꯗꯨꯅ
ꯅꯣꯡꯃ ꯍꯥꯏꯔꯛꯁꯤ, ‘ꯑꯣꯖꯥ ꯑꯩꯁꯣꯏ ꯆꯇꯄ ꯇꯥꯔꯦ’꯫ ꯀꯔꯤꯒꯤꯅꯣ ꯍꯪꯂꯨꯕꯗ ‘ꯑꯥꯗ ꯐꯥꯟꯁꯥꯡ ꯑꯃ
ꯊꯥꯡꯗꯣꯛꯂꯛꯂꯤꯕꯁꯤ, ꯂꯩꯀꯥꯏꯁꯤꯒꯤ ꯃꯤꯅ ꯍꯣꯇꯦꯜ ꯍꯥꯡꯂꯦ, ꯃꯤꯁꯤꯡꯁꯦ ꯃꯈꯣꯏꯒꯤꯗ ꯂꯣꯏꯅꯃꯛ ꯆꯥ
ꯊꯛꯅꯈ꯭ꯔꯦ’ ꯃꯗꯨ ꯈꯪꯗꯕ ꯃꯤꯁꯤꯡꯒꯤ ꯏꯀꯣꯅꯣꯃꯤ ꯍꯥꯏꯕ ꯂꯩꯕ ꯍꯧꯅꯗꯦ꯫ ꯁ꯭ꯀꯨꯜ, ꯀꯣꯂꯦꯖꯗ ꯇꯝꯅꯕꯁꯤꯡꯅ
ꯍꯦꯟꯅ ꯈꯪꯈꯤꯗ꯭ꯔꯦ ꯍꯥꯏꯕꯕꯨ ꯌꯥꯔꯦ꯫ ꯊꯥꯎꯒꯤ ꯃꯃꯜ ꯍꯦꯟꯒꯠꯂꯤꯕꯁꯤ ꯊꯥꯎ ꯊꯣꯛꯐꯝꯗ ꯄꯤꯈꯤꯕ
ꯅꯇꯦ ꯍꯥꯏꯕꯁꯨ ꯂꯩꯔꯤ꯫ ꯏꯔꯣꯟꯕꯤ ꯈꯨꯔꯛꯇ ꯄꯣꯠ ꯌꯦꯞꯄ ꯍꯩꯕ ꯄꯨꯛ ꯊꯜꯂꯤ ꯍꯥꯏꯕꯗꯨꯅꯤ꯫ ꯍꯨꯃꯥꯡ
ꯇꯥꯗꯕ ꯑꯁꯤꯜ-ꯑꯔꯥꯡ ꯄꯥꯏꯕ ꯃꯤꯁꯤꯡꯅ korBor ꯄꯥꯏꯕ, ꯂꯦꯕꯔꯅ ꯂꯩꯈꯣꯝ ꯇꯩꯔꯒ ꯄꯨꯟꯁꯤ ꯂꯣꯝꯈꯤꯕ
ꯂꯝꯗꯝꯅꯤ꯫ ꯃꯤꯇꯣꯞꯅ ꯅꯠꯇꯦ, ꯂꯩꯀꯥꯏ ꯃꯔꯛꯇꯅꯤꯅ, ꯁꯥꯒꯩ ꯍꯥꯠꯅꯔꯤꯕꯁꯤꯅꯤ꯫ ꯃꯤꯇꯣꯞꯅ ꯁꯤꯡꯖꯨ
ꯆꯥꯕꯤꯕ ꯅꯠꯇꯦ꯫

ꯄ꯭ꯔꯥꯏꯝ ꯃꯤꯅꯤꯁꯇꯔ ꯐꯥꯎꯕ ꯏꯁꯥꯅ ꯁꯥꯖꯕ ꯄꯣꯠ ꯆꯩ ꯁꯤꯖꯤꯟꯅꯁꯤ ꯍꯥꯏꯅ ꯂꯥꯎꯔꯤ꯫ ꯃꯔꯤꯜ
ꯇꯟꯕ ꯐꯨꯔꯨꯞ ꯃꯆꯥꯁꯤꯡ ꯅꯣꯡ-ꯅꯣꯡꯃꯒꯤ ꯃꯨꯠꯊꯈꯤꯅꯤ꯫ ꯊꯨꯝꯃꯣꯛ ꯁꯥꯕ, ꯆꯐꯨ sabsiiZ ꯃꯨꯠꯆꯕ
ꯇꯥꯕꯅꯤ꯫ ꯁ꯭ꯇꯤꯜꯒꯤ ꯆꯦꯡꯐꯨ ꯁꯥꯔꯒ ꯊꯥꯖꯤꯜꯂꯛꯂꯕꯅꯤ꯫ ꯄꯨꯈꯝ-ꯇꯦꯡꯒꯣꯠꯇꯒꯤ ꯐꯗꯤ-ꯁꯥꯄꯣꯟ faub

ꯃꯄꯥꯟꯗꯒꯅꯤꯅꯤ꯫ ꯃꯄꯥ-ꯃꯄꯨ ꯁꯤꯕꯒꯤ ꯍꯩ-ꯔꯥ faub ꯃꯄꯥꯟꯗꯒꯤ ꯀꯠꯂꯤꯕꯅꯤ꯫ ꯁꯦꯜ ꯄꯥꯏꯕꯒꯤ ꯋꯥ
ꯅꯠꯇꯦ, ꯄꯣꯠ ꯂꯩꯕ ꯍꯩꯇꯕꯒꯤꯅꯤ ꯍꯥꯏꯒꯅꯤ꯫ ꯅꯥꯄꯜꯅ ꯊꯨꯝꯍꯠꯂꯕ ꯀꯣꯛꯀꯤ ꯂꯧꯁꯤꯡꯅ ꯏꯀꯣꯅꯣꯃꯤꯛꯁ
ꯐꯅ ꯇꯝꯗꯨꯅꯁꯨ ꯄꯣꯠ ꯂꯩꯕ ꯍꯩꯕꯒꯤ ꯋꯥ ꯂꯩꯇꯦ꯫ ꯂꯨꯍꯣꯡꯕꯒꯤ ꯀꯕꯣꯛꯈꯛꯇꯪ ꯁꯥꯕ ꯍꯩꯔꯒ ꯍꯤꯡꯂꯒꯅꯤ ꯈꯅꯕ
ꯌꯥꯈꯤꯔꯣꯏ, ꯆꯨꯀꯥ ꯀꯕꯣꯛ ꯄꯣꯛꯄꯗꯤ ꯍꯩꯇ꯭ꯔꯤꯕꯅꯤ꯫ ꯆꯥꯕꯅ ꯃꯣꯃꯣ-ꯆꯧꯗ ꯉꯥꯎꯔꯤꯕꯅꯤ꯫ ꯀꯣꯐꯤ ꯉꯧꯕꯕꯨ
ꯍꯩꯇ꯭ꯔꯤꯕꯅꯤ꯫

ꯆꯥꯅ-ꯊꯛꯅꯕ ꯃꯤꯊꯥꯏ ꯐꯥꯎꯕ ꯃꯄꯥꯟꯗꯒꯤ ꯄꯨꯁꯤꯜꯂꯛꯂꯤꯕ ꯑꯁꯤꯗ ꯂꯩꯔꯛ ꯈꯣꯜꯂꯛꯀꯤ ꯗꯨꯀꯥꯟꯁꯤꯡꯗ
ꯌꯣꯟꯕꯁꯨ ꯃꯄꯥꯟꯒꯤ ꯃꯤꯅ ꯌꯦꯜꯂꯤꯕ ꯑꯁꯤꯕꯨ ꯑꯩꯁꯣꯏ ꯈꯔꯅ ꯅꯤꯡꯇꯝꯕ ꯇꯥꯜꯂꯤꯕ ꯂꯝꯗꯝ ꯍꯥꯏꯕꯗꯨꯔꯥ?

ꯂꯦꯕꯔ ꯃꯌꯥꯝ ꯃꯃꯥ ꯂꯣꯟꯗ ꯉꯥꯡꯕꯗ ꯂꯥꯏꯋꯥ ꯆꯜꯂꯕꯗꯤ ꯂꯣꯟ ꯑꯁꯤ ꯉꯥꯡꯅꯕ ꯂꯝꯗꯝ ꯃꯥꯜꯂꯛꯇ꯭ꯔꯕꯅꯤ꯫

ꯊꯕꯛ ꯃꯨꯟꯈ꯭ꯔꯕ ꯍꯥꯏꯕꯁꯤ ꯆꯪꯁꯤ-ꯁꯤꯕ ꯍꯧꯔꯕꯅꯤ꯫ ꯄꯣꯠ ꯂꯩꯕꯗ ꯄꯨꯟꯁꯤ ꯌꯣꯅꯕ ꯍꯥꯏꯕ ꯑꯃ ꯌꯥꯎꯔꯤ꯫

ꯂꯩꯔꯛ ꯈꯨꯗꯤꯉ ꯗꯨꯀꯥꯟꯅ ꯋꯥꯏ ꯆꯥꯏꯔꯦ, ꯐꯝꯂꯒ ꯌꯥ-ꯀꯥꯕꯒ ꯂꯦꯟ ꯌꯥꯎꯔꯤ꯫ ꯁꯦꯟꯗꯣꯡꯅ ꯄꯣꯇ ꯄꯤꯔꯝꯂꯤꯕ
ꯃꯤꯗꯨꯅ ꯐꯪꯈ꯭ꯔꯦ, ꯁꯦꯂꯦꯞꯅ ꯏꯆꯥꯅ ꯆꯥꯈ꯭ꯔꯦ ꯍꯥꯏꯕ ꯂꯩꯔꯤꯕꯅꯤ꯫ ꯂꯩꯕꯁꯨ ꯍꯩꯇꯕ, ꯌꯣꯟꯕꯁꯨ ꯍꯩꯇꯕ ꯃꯤꯌꯥꯝ ꯑꯃ
ꯍꯤꯡꯂꯤ ꯍꯥꯏꯕꯁꯤ ꯌꯥꯔꯛꯇ꯭ꯔꯕ ꯃꯇꯝꯅꯤ꯫ ꯆꯨꯍꯤ ꯆꯥꯕꯗ ꯀꯛꯆꯥꯡꯁꯤꯡ ꯇꯥꯁꯤꯂꯂꯒ ꯁꯤꯕ, ꯁꯣꯏꯍꯤ
ꯃꯨꯟꯅꯕꯗ ꯈꯣꯏꯅ ꯆꯤꯛꯊꯠꯅꯔꯒ ꯍꯥꯠꯇꯣꯛꯅꯕ ꯎꯔꯒ ꯃꯥꯁꯛ ꯌꯥꯎꯗꯅ ꯄꯣꯠ ꯂꯩꯅꯔꯤꯕ ꯃꯌꯥꯝ ꯑꯁꯤꯗ
ꯀꯔꯤꯗ ꯈꯦꯟꯅꯔꯤꯕꯒꯦ? ꯀꯣꯔꯣꯅꯥꯅ ꯁꯤꯕꯁꯨ ꯁꯤꯕ, ꯆꯥꯕ ꯐꯪꯗꯗꯨꯅ ꯁꯤꯕꯁꯨ ꯁꯤꯕ, ꯊꯕꯛ ꯐꯪꯗꯕꯗꯒꯤ
ꯆꯥꯅꯕ ꯂꯩꯇꯗꯨꯅ ꯀꯣꯏꯆꯠ ꯆꯠꯂꯤꯕꯁꯤꯡ ꯁꯤꯕ ꯀꯤꯔꯛꯇ꯭ꯔꯕꯅꯤ꯫ ꯀꯤꯕ ꯀꯤꯕꯗꯒꯤ ꯆꯠꯊꯣꯛꯇꯕꯁꯤꯡ
ꯆꯥꯕ ꯐꯪꯗꯕꯗꯒꯤ ꯁꯤꯕ (ꯇꯞꯅ-ꯇꯞꯅ) ꯇꯥꯔꯛꯄꯗꯨꯅ꯫ ꯄꯣꯠ ꯂꯩꯕ ꯍꯩꯇꯕ ꯍꯥꯏꯕꯁꯤ ꯄꯨꯟꯁꯤ ꯌꯣꯟꯕ
ꯍꯥꯏꯕꯅꯤ, ꯍꯤꯡꯕꯗꯤ ꯉꯝꯂꯣꯏ꯫ ꯊꯋꯥꯏ ꯌꯣꯜꯂꯒ ꯄꯣꯠ ꯂꯩꯕ ꯍꯩꯇ꯭ꯔꯗꯤ ꯀꯩꯗꯧꯅꯅꯤ꯫

ꯍꯤꯡꯒꯦ ꯍꯥꯏꯔꯕꯗꯤ ꯄꯣꯠ ꯂꯩꯕ-ꯌꯣꯟꯕ ꯄꯥꯔꯥ ꯑꯣꯏꯅ ꯇꯝꯕ ꯑꯃ ꯆꯪꯂꯤ꯫ ꯍꯣꯝ ꯁꯥꯏꯟꯁ
ꯇꯝꯕꯈꯛꯇꯅ ꯍꯤꯡꯕ ꯉꯝꯂꯣꯏ꯫

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ꯂꯩꯕ-ꯌꯣꯟꯕ ꯍꯩꯇꯕ ꯂꯩꯔꯤꯕꯅꯤ
ꯍꯤꯗꯥꯛ ꯀꯥꯟꯅꯔꯕ ꯄꯥꯝꯕꯤꯁꯤꯡ : ꯑꯥꯄꯔꯥꯖꯤꯇꯥ
ꯅꯕꯀꯨꯃꯥꯔ ꯑꯣꯏꯅꯥ
ꯋꯥꯏꯔꯨ-ꯋꯥꯏꯔꯨꯕꯗ

- ꯗꯥ. ꯍꯨꯏꯗ꯭ꯔꯣꯝ ꯕꯤꯔꯀꯨꯃꯥꯔ -

ꯁꯤ ꯑꯦꯁ ꯑꯥꯏ ꯑꯥꯔ : ꯅꯣꯔꯊ ꯏꯁꯠ ꯏꯟꯁ꯭ꯇꯤꯇ꯭ꯌꯨꯠ
ꯑꯣꯐ ꯁꯥꯏꯟꯁ ꯑꯦꯟꯗ ꯇꯦꯛꯅꯣꯂꯣꯖꯤ, ꯂꯝꯐꯦꯜꯄꯥꯠ
ꯑꯩꯃꯨꯛ ꯅꯨꯡꯉꯥꯏꯕꯅ ꯀꯅꯥ?
ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯂꯤꯇꯔꯦꯔꯤ ꯀ꯭ꯋꯤꯖ - 9 ꯄꯥꯎꯈꯨꯝ
ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯂꯤꯇꯔꯦꯔꯤ ꯀ꯭ꯋꯤꯖ - 10
ꯃꯊꯛꯇ ꯄꯤꯔꯤꯕ ꯋꯥꯍꯪꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯄꯥꯎꯈꯨꯝ ꯖꯅ꯭ꯌꯨꯋꯥꯔꯤ 30, ꯊꯥꯡꯖ ꯅꯨꯃꯤꯠꯀꯤ
ꯑꯌꯨꯛ ꯄꯨꯡ 11 ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒꯤ ꯑꯣꯐꯤꯁꯇ ꯅꯠꯇ꯭ꯔꯒ ꯏ-ꯃꯦꯜ

hueiyenliteraryquiz@gmail.com sid meL AoIn HabirKp yagni>

ꯄꯥꯎꯈꯨꯝ ꯄꯤꯕꯤꯔꯛꯄ/ꯊꯥꯕꯤꯔꯛꯄ ꯃꯇꯝꯗ ꯃꯤꯡ, ꯂꯩꯐꯝ, ꯃꯍꯩꯒꯤ ꯊꯥꯛ ꯑꯝꯁꯨꯡ ꯀꯟꯇꯦꯛꯠ
ꯅꯝꯕꯔ ꯃꯌꯦꯛ ꯁꯦꯡꯅ ꯏꯕꯤꯔꯛꯎ꯫ ꯋꯥꯍꯪ ꯈꯨꯗꯤꯡꯃꯛꯀꯤ ꯄꯥꯎꯈꯨꯝ ꯆꯨꯝꯅ ꯅꯠꯇ꯭ꯔꯒ ꯃꯁꯤꯡ
ꯌꯥꯝꯅ ꯆꯨꯝꯅ ꯄꯤꯕꯤꯔꯛꯄ ꯃꯤꯑꯣꯁꯤꯡ ꯑꯗꯨꯒꯤ ꯗ꯭ꯔꯣ ꯑꯣꯠꯆꯔꯒ ꯂꯥꯏꯕꯛ ꯐꯕ ꯃꯤꯁꯛ ꯑꯃ
ꯈꯟꯖꯒꯅꯤ꯫ ꯂꯣꯏꯅꯅ ꯈꯜꯂꯕ ꯃꯤꯁꯛ ꯑꯈꯨꯗ ꯃꯅꯥ ꯄꯤꯖꯒꯅꯤ꯫

1) ꯃꯅꯤꯄꯨꯔꯤ ꯁꯥꯍꯤꯇ꯭ꯌꯗ ꯏꯍꯥꯟ ꯍꯥꯟꯅ ꯑꯦꯁꯦ (ꯔꯆꯅ) ꯏꯗꯨꯅ ꯄꯨꯊꯣꯛꯈꯤꯕ ꯑꯏꯕꯗꯨ
ꯀꯅꯥꯅꯣ ꯑꯃꯁꯨꯡ ꯂꯥꯏꯔꯤꯛꯇꯨꯒꯤ ꯃꯃꯤꯡ ꯀꯔꯤꯅꯣ?

2) ꯃꯅꯤꯄꯨꯔꯒꯤ ꯑꯍꯥꯟꯕ ꯑꯦꯐ ꯑꯦ (ꯀꯣꯟꯅ ꯑꯥꯏ ꯑꯦ ꯍꯥꯏꯅ ꯈꯪꯅꯁꯤꯕ) ꯄꯥꯁ ꯇꯧꯈꯤꯕꯁꯤ
ꯀꯔꯝꯕ ꯆꯍꯤꯗꯅꯣ?

3) ꯑꯅꯤꯁꯨꯕ ꯃꯥꯂꯦꯝꯒꯤ ꯂꯥꯟꯖꯥꯎ ꯃꯇꯨꯡ ꯏꯍꯥꯟ ꯍꯥꯟꯕ ꯑꯣꯏꯅ ꯃꯅꯤꯄꯨꯔꯗ
ꯍꯟꯗꯣꯛꯄ ꯂꯥꯏꯔꯤꯛꯇꯨ ꯀꯔꯤꯅꯣ, ꯀꯅꯥꯅ ꯍꯟꯗꯣꯛꯄꯅꯣ ꯑꯃꯁꯨꯡ ꯀꯔꯝꯕ
ꯆꯍꯤꯗ ꯐꯣꯡꯈꯤꯕꯒꯦ?

4) “ꯁꯖꯤꯕꯨꯒꯤ ꯆꯤꯡꯊ꯭ꯔꯥꯎ ꯃꯄꯥꯜ” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛꯁꯤ ꯀꯔꯝꯕ ꯃꯈꯜꯒꯤ ꯂꯥꯏꯔꯤꯛꯅꯣ
ꯑꯃꯁꯨꯡ ꯑꯏꯕꯁꯨ ꯀꯅꯥꯅꯣ?

5) “ꯍꯤꯖꯟ ꯍꯤꯔꯥꯎ” ꯍꯥꯏꯕ ꯑꯔꯤꯕ ꯁꯩꯔꯦꯡꯗ ꯃꯊꯪ ꯅꯨꯃꯤꯇꯇ ꯌꯥꯟꯒꯗꯧꯔꯕ, ꯇꯂꯥ ꯎꯔꯥꯏ
ꯊꯥꯗꯨꯅ ꯊꯝꯂꯝꯃꯕ ꯄꯥꯃꯦꯜ ꯇꯜꯂꯥ ꯆꯥꯎꯊꯣꯏꯕꯕꯨ ꯃꯊꯪ ꯅꯨꯃꯤꯠꯇꯒꯤ ꯀꯥꯏꯅꯔꯒꯅꯤ,
ꯀꯟꯕ ꯉꯝꯃꯔꯣꯏꯀꯣ ꯍꯥꯏꯅ ꯀꯞꯈꯤꯕ ꯃꯃꯥ ꯑꯗꯨꯅ ꯀꯅꯥꯅꯣ (ꯀꯔꯤꯅꯣ)?

1) “ꯀꯝꯗꯧꯅ ꯑꯣꯛꯆꯒꯗꯒꯦ ꯑꯅꯧꯕ ꯆꯍꯤꯕꯨ/ꯃꯪꯒꯥꯔꯛꯄꯒꯤ ꯆꯣꯠꯂꯕ ꯐꯤꯖꯣꯜꯁꯤꯗ/

ꯃꯩꯔꯤꯅ ꯀꯣꯏꯁꯤꯜꯂꯛꯂꯤꯕ ꯂꯝꯗꯝꯁꯤꯗ?” ꯃꯅꯤꯄꯨꯔꯒꯤ ꯑꯐꯥꯎꯕ ꯁ꯭ꯀꯣꯂꯔ ꯑꯃꯁꯨꯡ
ꯀꯕꯤ ꯑꯃꯅ ꯍꯥꯏꯔꯝꯕꯅꯤ꯫ ꯀꯕꯤꯗꯨ ꯀꯅꯥꯅꯣ, ꯀꯗꯥꯏꯗ (ꯌꯥꯎꯐꯝ) ꯍꯥꯏꯔꯝꯕꯅꯣ? :-

ꯑꯦꯂꯥꯡꯕꯝ ꯅꯤꯂꯀꯥꯟꯇ ꯁꯤꯡꯍ, ‘ꯑꯅꯧꯕ ꯆꯍꯤꯕꯨ ꯑꯣꯛꯆꯕ’ ꯍꯥꯏꯕ ꯈꯩꯔꯦꯡꯗꯒꯤ
ꯂꯧꯊꯣꯛꯄ꯫ (“ꯄꯨꯛꯅꯤꯡ ꯂꯩꯀꯣꯜꯒꯤ ꯑꯊꯨꯞꯄꯗ”, ꯑꯍꯥꯟꯕ ꯐꯣꯡꯕ 2000, ꯂꯥ: 130ꯗ
ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛꯇ ꯌꯥꯎꯕ꯫)
2) ꯃꯅꯤꯄꯨꯔꯒꯤ ꯁꯛꯅꯥꯏꯔꯕ ꯀꯕꯤ ꯑꯝꯒꯤ ꯁꯥꯍꯤꯇ꯭ꯌ ꯑꯦꯀꯥꯗꯦꯃꯤ ꯑꯦꯋꯥꯔꯗ ꯐꯪꯈꯤꯕ
ꯂꯥꯏꯔꯤꯛ ꯑꯃꯗ ꯌꯥꯎꯕ ꯁꯩꯔꯦꯡ ꯃꯇꯦꯛꯅꯤ ꯄꯤꯔꯤꯕ ꯑꯁꯤ꯫ ꯀꯕꯤ ꯀꯅꯥꯒꯤ
ꯀꯔꯤ ꯂꯥꯏꯔꯤꯛꯀꯤ ꯀꯔꯝꯕ ꯁꯩꯔꯦꯡꯗꯒꯤ ꯂꯧꯊꯣꯔꯛꯄꯅꯣ? - “ꯅꯥꯞꯜꯅ ꯂꯣꯏꯅꯅ/

ꯊꯥꯖꯔꯨꯏ ꯑꯩꯅ/ꯄꯨꯟꯁꯤꯕꯨ ꯊꯧꯔꯤ ꯍꯥꯏꯅ ꯑꯩꯅ/ꯃꯊꯛꯇ ꯇꯣꯡꯗꯨꯅ ꯁꯒꯣꯜ ꯍꯧꯕꯒꯨꯝ꯫/

ꯑꯗꯨꯕꯨ ꯊꯪꯅꯕ ꯃꯤꯠꯀꯨꯞꯇ/ꯄꯨꯟꯁꯤꯅ ꯆꯣꯡꯁꯤꯜꯂꯛꯇꯨꯅ ꯅꯝꯃꯤ ꯑꯩꯕꯨ;/ꯄꯨꯟꯇ꯭ꯔꯩ ꯇꯨꯏ
ꯑꯩꯍꯥꯛ ꯂꯩꯃꯥꯏꯗ/ꯍꯥꯏꯍꯠꯇꯨꯅ,/ꯄꯨꯟꯁꯤꯅ ꯊꯧꯔꯛꯏ ꯇꯣꯡꯗꯨꯅ ꯏꯊꯛꯇ/ꯂꯣꯡꯅ ꯇꯥꯔꯤꯕ
ꯑꯩꯒꯤ꯫” :- ꯁ꯭ꯔꯤ ꯕꯤꯔꯦꯟ, “ꯃꯄꯥꯜ ꯅꯥꯏꯗꯕꯁꯤꯗ ꯑꯩ” ꯗꯒꯤ “ꯑꯩ ꯑꯃꯁꯨꯡ ꯄꯨꯟꯁꯤ
(1)’ ꯁꯩꯔꯦꯡꯗꯒꯤꯅꯤ꯫

3) “ꯂꯨꯞꯊꯈ꯭ꯔꯕ ꯍꯤꯅꯥꯎ” ꯍꯥꯏꯕꯁꯤ ꯀꯔꯝꯕ ꯃꯈꯜꯒꯤ ꯀꯅꯥꯅ ꯏꯕ ꯂꯥꯏꯔꯤꯛꯅꯣ
ꯑꯃꯁꯨꯡ ꯑꯍꯥꯟꯕ ꯑꯣꯏꯅ ꯀꯔꯤ ꯆꯍꯤꯗ ꯐꯣꯡꯕꯒꯦ? :- ꯋꯥꯔꯤꯃꯆꯥꯒꯤ ꯂꯥꯏꯔꯤꯛꯅꯤ,
ꯆꯤꯇ꯭ꯔꯦꯁꯔꯃꯥ, ꯑꯍꯥꯟꯕ ꯐꯣꯡꯕ, ꯑꯦꯄꯔꯤꯜ 1987 (ꯃꯅꯤꯄꯨꯔ ꯁ꯭ꯇꯦꯠ ꯀꯂꯥ
ꯑꯦꯀꯥꯗꯦꯃꯤ ꯑꯦꯋꯥꯔꯗ, 1989ꯗ ꯐꯪꯏ꯫)
4) “ꯁꯟꯗꯙ꯭ꯌꯥ ꯊꯥꯎꯃꯩꯒꯤ ꯃꯩꯔꯤ” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛꯁꯤ ꯀꯅꯥꯅ ꯏꯕ ꯀꯔꯤ ꯂꯣꯜꯒꯤ
ꯂꯥꯏꯔꯤꯛꯇꯒꯤ ꯀꯅꯥꯅ ꯃꯅꯤꯄꯨꯔꯤꯗ ꯍꯟꯗꯣꯛꯄꯅꯣ? :- ꯇꯔꯨꯟꯀꯨꯃꯥꯔ ꯚꯥꯗꯨꯔꯤꯅ
ꯕꯥꯡꯒꯂꯥ ꯂꯣꯜꯗ ꯏꯕ ‘ꯁꯟꯙ꯭ꯌꯥ ꯗꯤꯄꯦꯔ ꯁꯤꯈꯥ’ ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛꯇꯨꯗꯒꯤ ꯅꯣꯡꯊꯣꯝꯕꯝ
ꯀꯨꯟꯖꯃꯣꯍꯟ ꯁꯤꯡꯍꯅ ꯍꯟꯗꯣꯛꯄꯅꯤ꯫ ꯑꯍꯥꯟꯕ ꯐꯣꯡꯕ, 1972꯫

5) “ꯆꯥꯏꯅꯔꯣꯜ” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤ ꯀꯔꯝꯕ ꯃꯇꯝꯗ ꯏꯔꯝꯕꯅꯤ ꯍꯥꯏꯅ ꯂꯧꯅꯕꯒꯦ?:-

“ꯆꯥꯏꯅꯔꯣꯜ (ꯁꯝꯄꯥꯗꯟ- ꯅꯤꯡꯊꯧꯈꯣꯡꯖꯝ ꯈꯦꯜꯆꯟꯗ꯭ꯔ ꯁꯤꯡꯍ) “ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤ
ꯈ꯭ꯔꯤꯈꯇꯒꯤ 16ꯁꯨꯕ ꯁꯇꯥꯕꯗꯤꯗ ꯃꯩꯗꯤꯡꯉꯨ ꯃꯨꯡꯌꯥꯝꯕꯅ ꯁꯅꯥ ꯍꯥꯛꯇꯛꯇ ꯈ꯭ꯔꯤ:

1562-1597 ꯏꯔꯝꯕꯅꯤ”꯫ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤꯒꯤ ꯋꯥꯍꯧꯗꯣꯛ, 1968 ꯏꯪ꯫

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯂꯤꯇꯔꯦꯔꯤ ꯀ꯭ꯋꯤꯖ-9ꯒꯤ ꯑꯆꯨꯝꯅ ꯄꯥꯎꯈꯨꯝ ꯊꯥꯕꯤꯔꯛꯈꯤꯕꯁꯤꯡꯗꯤ
1) ꯃꯥꯏꯁ꯭ꯅꯥꯝ ꯕꯨꯙ, ꯆꯤꯡꯉꯥꯃꯈꯥ ꯃꯥꯏꯁ꯭ꯅꯥꯝ ꯂꯩꯀꯥꯏ - (3, 4, 5)
2) ꯑꯥꯅꯟꯗꯀꯨꯃꯥꯔ ꯈꯨꯟꯖꯥꯃꯌꯨꯝ, ꯇꯥꯎꯊꯣꯡ ꯑꯌꯨꯡꯕ ꯃꯌꯥꯏ ꯂꯩꯀꯥꯏ - (2, 3, 4, 5)
3) ꯇꯣꯡꯕ꯭ꯔꯝ ꯖꯤꯕꯣꯟ, ꯂꯥꯡꯖꯤꯡ ꯑꯆꯧꯕ - (3, 4, 5)
ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯂꯤꯇꯔꯦꯔꯤ ꯀ꯭ꯋꯤꯖ-9ꯒꯤ ꯋꯤꯟꯅꯔ
ꯑꯥꯅꯟꯗꯀꯨꯃꯥꯔ ꯈꯨꯟꯖꯥꯃꯌꯨꯝ, ꯇꯥꯎꯊꯣꯡ ꯑꯌꯨꯡꯕ ꯃꯌꯥꯏ ꯂꯩꯀꯥꯏ
ꯂꯤꯇꯔꯦꯔꯤ ꯀ꯭ꯋꯤꯖ-9ꯒꯤ ꯃꯅꯥ ꯂꯥꯟꯊꯣꯛꯀꯗꯕ ꯅꯨꯃꯤꯠ ꯑꯃꯁꯨꯡ ꯃꯐꯝ ꯖꯅ꯭ꯌꯨꯋꯥꯔꯤ 16, ꯅꯣꯡꯃꯥꯏꯖꯤꯡ
ꯅꯨꯃꯤꯠꯀꯤ ꯅꯨꯡꯊꯤꯜ ꯄꯨꯡ 4 ꯇꯥꯕ ꯃꯇꯝꯗ ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯑꯣꯐꯤꯁꯇ ꯂꯥꯟꯊꯣꯛꯆꯒꯅꯤ꯫