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ꯋꯥꯔꯤ ꯑꯃꯁꯨꯡ ꯈꯨꯠꯌꯦꯛ ꯁꯝꯁꯟ ꯁꯂꯥꯝ
ꯅꯕꯥꯟꯅꯤꯅ ꯑꯩ
ꯀꯧꯔꯤꯗꯨ ꯀꯔꯤꯇꯧꯔꯦ?

ꯅꯨꯉꯥꯏꯔꯦꯗ ꯅꯕꯥꯟꯅꯤꯒꯤ ꯋꯥꯔꯤꯁꯦ, ꯅꯇꯦꯡ
ꯀꯔꯤꯒꯤ ꯄꯥꯡꯗꯅꯤ꯫

ꯍꯨꯏꯅꯥꯎꯁꯤꯡꯗꯨꯅ ꯊꯣꯛꯈꯤꯕ ꯋꯥꯔꯤ
ꯄꯨꯝꯅꯃꯛ ꯂꯤꯔꯝꯃꯤ꯫

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ꯑꯥꯔꯠ ꯑꯃꯁꯨꯡ ꯀꯂꯔ : ꯁꯝꯁꯟ ꯁꯂꯥꯝ
ꯂꯧꯁꯤꯡ ꯄꯨꯛꯀꯩ
ꯏꯆꯝ-ꯆꯝꯅ ꯍꯛꯆꯥꯡ ꯁꯥꯖꯦꯜ ꯇꯧꯕꯗꯒꯤꯗꯤ ꯍꯔꯥꯎ ꯇꯌꯥꯝꯅ, ꯊꯋꯥꯏ ꯅꯨꯡꯉꯥꯏꯅ
ꯍꯛꯆꯥꯡ ꯁꯥꯖꯦꯜ ꯇꯧꯕꯅ ꯀꯥꯟꯅꯕ ꯍꯦꯜꯂꯤ ꯍꯥꯏꯕ ꯁ꯭ꯇꯗꯤ ꯑꯃꯗꯒꯤ ꯈꯪꯂꯦ꯫

‘ꯂꯐꯑꯦꯛꯇꯤꯚ’ ꯍꯥꯏꯅ ꯃꯤꯡꯊꯣꯟꯕ ꯍꯔꯥꯎ ꯇꯌꯥꯝꯕ ꯃꯑꯣꯡꯗ ꯅꯣꯛꯅ ꯅꯣꯛꯅ
ꯍꯛꯆꯥꯡ ꯁꯥꯖꯦꯜ ꯇꯧꯕꯒꯤ ꯊꯧꯔꯝ ꯑꯃꯗ ꯌꯥꯎꯕ ꯃꯇꯝꯗ ꯆꯍꯤ ꯌꯥꯝꯂꯕ ꯑꯍꯜꯁꯤꯡ
ꯃꯁꯥ ꯀꯟꯕ ꯍꯦꯟꯒꯠꯂꯛꯄꯒ ꯂꯣꯏꯅꯅ ꯃꯇꯝ ꯁꯪꯅ ꯍꯛꯆꯥꯡ ꯁꯥꯖꯦꯜ ꯇꯧꯕ
ꯉꯝꯂꯛꯄ ꯊꯦꯡꯅꯈꯤ꯫

ꯅꯣꯛꯄꯅ ꯃꯤꯑꯣꯏꯕꯒꯤ ꯍꯛꯆꯥꯡꯗ ꯀꯥꯟꯅꯕ ꯀꯌꯥꯃꯔꯨꯝ ꯄꯤ꯫ ꯃꯔꯨꯑꯣꯏꯅ
ꯆꯍꯤ ꯌꯥꯝꯁꯤꯜꯂꯛꯂꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯗ ꯄꯨꯛꯅꯤꯡ ꯋꯥꯈꯜꯒꯤ ꯐꯤꯚꯝ ꯐꯅ ꯂꯩꯍꯅꯕꯒ
ꯂꯣꯏꯅꯅ ꯅꯤꯡꯁꯤꯡꯕ ꯉꯝꯕꯒꯤ ꯃꯇꯤꯛ ꯃꯌꯥꯏ ꯍꯦꯟꯒꯠꯍꯜꯂꯤ꯫ ꯍꯛꯆꯥꯡ
ꯁꯥꯖꯦꯜ ꯇꯧꯕ ꯑꯣꯏꯔꯒꯁꯨ ꯍꯔꯥꯎ ꯇꯌꯥꯝꯕ ꯃꯑꯣꯡꯗ ꯅꯣꯛꯅ ꯅꯣꯛꯅ ꯁꯥꯖꯦꯜ ꯇꯧꯕꯅ
ꯍꯛꯆꯥꯡꯗ ꯀꯟꯅꯕ ꯍꯦꯜꯂꯤ꯫

ꯖꯣꯔꯖꯤꯌꯥ ꯁ꯭ꯇꯦꯠ ꯌꯨꯅꯤꯚꯔꯁꯤꯇꯤꯗ ꯄꯣꯁꯠ ꯒ꯭ꯔꯦꯖꯨꯌꯦꯁꯟ ꯇꯝꯂꯤꯕ
ꯁꯦꯂꯦꯁꯠ ꯒ꯭ꯔꯤꯟꯅ ꯂꯨꯆꯤꯡꯗꯨꯅ ꯆꯠꯊꯈꯤꯕ ꯁ꯭ꯇꯗꯤ ꯑꯃꯒꯤ ꯔꯤꯄꯣꯔꯠꯅ
ꯍꯥꯏꯈꯤ, ꯐꯩ ꯍꯥꯏꯕ ꯈꯪꯂꯕꯁꯨ ꯃꯤꯑꯣꯏ ꯑꯌꯥꯝꯕ ꯍꯛꯆꯥꯡ ꯂꯦꯡ-ꯑꯣꯠꯄꯒꯤ ꯊꯕꯛ
ꯇꯧꯗꯦ꯫ ꯀꯅꯥꯒꯨꯝꯕ ꯃꯇꯦꯛ ꯈꯔꯥ ꯈꯣꯡꯅ ꯆꯠꯄ, ꯅꯠꯇ꯭ꯔꯒ ꯍꯛꯆꯥꯡ ꯁꯥꯖꯦꯜ ꯇꯧꯕ
ꯇꯥꯔꯕꯁꯨ, ꯋꯥꯈꯜ ꯅꯨꯡꯉꯥꯏꯅ ꯍꯔꯥꯎ-ꯍꯔꯥꯎ ꯇꯧꯗꯦ꯫ ꯆꯍꯤ ꯈꯔꯥ ꯌꯥꯝꯁꯤꯜꯂꯛꯂꯒꯅ
ꯑꯃꯨꯛꯀ ꯍꯦꯟꯅ ꯍꯛꯆꯥꯡ ꯂꯦꯡ ꯑꯣꯠꯄꯒꯤ ꯊꯕꯛ ꯇꯧꯗꯦ꯫ ꯀꯅꯥꯒꯨꯝꯕꯅ ꯃꯇꯦꯡ
ꯈꯔꯥ ꯈꯣꯡꯅ ꯆꯠꯄ, ꯅꯠꯇ꯭ꯔꯒ ꯍꯛꯆꯥꯡ ꯁꯥꯖꯦꯜ ꯇꯧꯕ ꯇꯥꯔꯕꯁꯨ, ꯋꯥꯈꯜ ꯅꯨꯉꯥꯏꯅ
ꯍꯔꯥꯎ-ꯍꯔꯥꯎ ꯇꯧꯗꯦ꯫ ꯆꯍꯤ ꯈꯔꯥ ꯌꯥꯝꯁꯤꯜꯂꯛꯂꯒꯅ ꯑꯃꯨꯛꯀ ꯍꯦꯟꯅ ꯍꯛꯆꯥꯡ
ꯂꯦꯡ ꯑꯣꯠꯄꯒꯤ ꯊꯕꯛ ꯇꯧꯗꯦ꯫ ꯏꯁꯥꯅ ꯇꯧꯕ ꯉꯝꯕ ꯏꯆꯝ ꯆꯝꯕ ꯊꯕꯛ ꯃꯆꯥ-

ꯃꯁꯨ faub ꯃꯈꯥ ꯇꯥꯕ ꯑꯉꯥꯡꯁꯤꯡꯗ ꯊꯧꯗꯥꯔꯒ ꯇꯧꯍꯟꯕꯒꯤ ꯍꯩꯅꯕꯤ ꯂꯩꯔꯛꯏ꯫ ꯃꯗꯨꯅ
ꯃꯔꯝ ꯑꯣꯏꯔꯒ ꯍꯛꯆꯥꯡꯗ ꯑꯀꯥꯏꯕ ꯀꯌꯥꯃꯔꯨꯝ ꯊꯣꯛꯍꯜꯂꯛꯏ꯫

ꯌꯨ ꯑꯦꯁꯀꯤ ꯗꯤꯄꯥꯔꯠꯃꯦꯟꯠ ꯑꯣꯐ ꯍꯦꯜꯊ ꯑꯦꯟꯗ ꯍ꯭ꯌꯨꯃꯦꯟ ꯁꯥꯔꯚꯤꯁꯅ
ꯍꯟꯗꯛꯇ ꯐꯣꯡꯈꯤꯕ ‘ꯐꯤꯖꯤꯀꯦꯜ ꯑꯦꯛꯇꯤꯚꯤꯇꯤ ꯒꯥꯏꯂꯥꯏꯟ’ ꯀꯤ ꯃꯇꯨꯡꯏꯟꯅ
ꯑꯉꯥꯡꯁꯨ ꯑꯍꯜꯁꯨ ꯅꯣꯡꯃꯒꯤ ꯉꯥꯏꯍꯥꯛ ꯉꯥꯏꯍꯥꯛ ꯍꯛꯆꯥꯡ ꯂꯦꯡ-ꯑꯣꯠꯄ ꯊꯕꯛ
ꯇꯧꯕ ꯃꯊꯧ ꯇꯥꯏ꯫ ꯆꯍꯤ ꯌꯥꯝꯁꯤꯜꯂꯛꯂꯕ ꯑꯍꯥꯂꯁꯤꯡꯒꯤꯗꯃꯛꯇꯗꯤ ꯍꯨꯃꯥꯡ ꯇꯥꯅ
ꯍꯛꯆꯥꯡ ꯁꯥꯖꯦꯜ ꯇꯧꯕꯃꯛ ꯅꯠꯇ꯭ꯔꯕꯁꯨ ꯅꯣꯡꯃꯒꯤ ꯃꯤꯅꯤꯠ 30 ꯔꯣꯝ ꯏꯃꯨꯡꯒꯤ
ꯊꯕꯛ ꯏꯡꯈꯥꯡ ꯃꯆꯥ-ꯃꯆꯥ ꯇꯧꯗꯨꯅ ꯍꯛꯆꯥꯡ ꯂꯦꯡꯒꯗꯕꯤ꯫ ꯃꯁꯤꯅ ꯀꯣꯔꯣꯅꯔꯤ
ꯍꯥꯔꯠ ꯗꯤꯖꯤꯖ, ꯕ꯭ꯂꯗ ꯄ꯭ꯔꯦꯁꯔ ꯋꯥꯡꯕ, ꯁ꯭ꯇ꯭ꯔꯣꯛ, ꯇꯥꯏꯞ-ꯇꯨ ꯗꯥꯏꯕꯦꯇꯤꯁ,
ꯃꯦꯇꯥꯕꯣꯂꯤꯛ ꯁꯤꯟꯗ꯭ꯔꯣꯝ, ꯑꯣꯁ꯭ꯇꯦꯑꯣꯄꯣꯔꯣꯁꯤꯁ, ꯀꯣꯂꯣꯟ ꯀꯦꯟꯁꯔ, ꯕ꯭ꯔꯦꯁ
ꯀꯦꯟꯁꯔ, ꯑꯦꯟꯖꯥꯏꯇꯤ ꯑꯃꯗꯤ ꯗꯤꯄ꯭ꯔꯦꯁꯟꯒꯤ ꯔꯤꯛꯁ ꯍꯟꯊꯍꯜꯂꯤ꯫

ꯑꯍꯜ ꯑꯣꯏꯁꯤꯜꯂꯛꯄꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯃꯥꯌꯣꯛꯅꯔꯛꯄ ꯇꯨꯁꯤꯜꯂꯒ ꯈꯣꯡ-

ꯈꯨꯠ ꯇꯦꯛꯀꯟꯕ, ꯃꯁꯜ ꯃꯥꯁ ꯍꯟꯊꯔꯛꯄ ꯑꯃꯗꯤ ꯄꯥꯡꯒꯜ ꯁꯣꯟꯊꯛꯄꯒꯤ
ꯈꯨꯗꯣꯡꯆꯥꯗꯕꯁꯨ ꯉꯥꯛꯊꯣꯛꯄ ꯉꯝꯃꯤ꯫

ꯍꯦꯟꯅ ꯃꯔꯨꯑꯣꯔꯤꯕꯗꯤ ꯋꯥꯈꯛ ꯅꯨꯉꯥꯏꯅ ꯑꯃꯁꯨꯡ ꯅꯣꯛꯅ ꯅꯣꯛꯅ ꯐꯤꯖꯤꯀꯦꯜ
ꯑꯦꯛꯇꯤꯚꯤꯇꯤ ꯇꯧꯕꯗꯨꯅꯤ꯫ ꯅꯣꯛꯄ ꯃꯇꯝꯗ ꯃꯤꯑꯣꯏꯕꯒꯤ ꯃꯁꯜ ꯄꯨꯝꯅꯃꯛ
ꯔꯤꯂꯦꯛꯁ ꯇꯧꯕꯒ ꯂꯣꯏꯅꯅ ꯄꯥꯡꯒꯜ ꯀꯟꯕ ꯍꯦꯟꯒꯠꯂꯛꯏ ꯍꯥꯏꯕꯒꯤ
ꯁꯥꯏꯟꯇꯤꯁꯐꯤꯛ ꯑꯣꯏꯕ ꯈꯨꯗꯝ ꯀꯌꯥ ꯐꯪꯕ ꯉꯝꯈ꯭ꯔꯕꯅꯤ꯫ ꯃꯔꯝ ꯑꯗꯨꯅ ꯍꯛꯆꯥꯡ
ꯁꯥꯖꯦꯜ ꯇꯧꯕꯒꯤ ꯊꯏꯔꯥꯡꯗ ꯅꯣꯛꯄꯒꯤ ꯃꯊꯦꯜ ꯑꯃꯁꯨ ꯌꯥꯎꯍꯟꯅꯕ ꯍꯣꯠꯅꯒꯗꯕꯅꯤ꯫

ꯋꯥꯐꯝ ꯑꯁꯤ ‘ꯖꯦꯔꯣꯟꯇꯣꯂꯣꯖꯤꯁꯠ’ ꯖꯔꯅꯦꯜꯗ ꯍꯟꯗꯛꯇ ꯐꯣꯡꯗꯣꯛꯈꯤꯕ ꯁ꯭ꯇꯗꯤꯒꯤ
ꯔꯤꯄꯣꯔꯠ ꯑꯃꯗ-ꯑꯈꯩꯁꯤꯡꯅ ꯔꯦꯛꯀꯃꯦꯟꯗ ꯇꯧꯈꯤꯕꯅꯤ꯫

ꯅꯣꯛꯄꯗ ꯍꯛꯆꯥꯡꯗ ꯄꯤꯔꯤꯕ ꯀꯥꯟꯅꯕꯁꯤꯡꯒꯤ ꯃꯇꯥꯡꯗ ꯁꯥꯏꯀꯣꯂꯣꯖꯤꯁꯠ
ꯑꯃꯁꯨꯡ ꯂꯐ ꯊꯦꯔꯥꯄꯤꯁꯠ ꯁ꯭ꯇꯤꯚ ꯋꯤꯜꯁꯟꯅ ꯍꯥꯏꯈꯤ, ꯄꯨꯟꯁꯤꯗ ꯃꯤꯑꯣꯏꯕꯅ
ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯌꯥꯝꯅ ꯅꯣꯛꯄ ꯉꯝꯂꯤꯕꯃꯈꯩ ꯀꯥꯟꯅꯕ ꯐꯪꯕꯒꯤ ꯆꯥꯡꯁꯨ ꯍꯦꯜꯂꯤ꯫

ꯉꯥꯏꯍꯛꯇ ꯑꯣꯏꯔꯕꯁꯨ ꯅꯣꯛꯂꯤꯉꯩ ꯃꯅꯨꯡꯗ ꯃꯤꯑꯣꯏꯕꯅ ꯄꯨꯟꯁꯤꯒꯤ ꯑꯋꯥꯕ ꯋꯥꯈꯜ
ꯄꯨꯝꯅꯃꯛ ꯀꯥꯎꯊꯣꯛꯄ ꯉꯝꯃꯤ꯫ ꯅꯣꯛꯄ ꯃꯇꯝꯗ ꯃꯥꯏ ꯑꯃꯗꯤ ꯍꯀꯆꯥꯡꯒꯤ ꯃꯁꯂ
ꯄꯨꯝꯅꯃꯛ ꯁꯤꯖꯤꯟꯅꯕꯒ ꯂꯣꯏꯅꯅ ꯅꯤꯁꯥ ꯁ꯭ꯋꯔ ꯍꯣꯟꯕꯒꯤ ꯆꯥꯡ ꯍꯦꯟꯒꯠꯂꯛꯄ
ꯃꯔꯝꯅ ꯍꯛꯆꯥꯡꯒꯤ ꯇꯤꯁ꯭ꯌꯨꯁꯤꯡꯗ ꯑꯍꯦꯅꯕ ꯑꯣꯛꯁꯤꯖꯦꯟ ꯐꯪꯍꯅꯕ ꯉꯝꯃꯤ꯫

ꯅꯣꯛꯄ ꯍꯥꯏꯕꯁꯤꯒ ꯍꯛꯆꯥꯡ ꯁꯥꯖꯦꯜ ꯇꯧꯕꯒ ꯍꯤꯗꯔꯝ ꯈꯔꯗ ꯆꯞ ꯃꯥꯟꯅꯩ ꯍꯥꯏꯅ
ꯄꯜꯂꯗꯨꯅ ꯅꯣꯛꯄꯒꯤ ꯃꯔꯝꯗ ꯀꯨꯄꯅ ꯊꯤꯖꯤꯜꯂꯤꯕ ꯋꯤꯂꯤꯌꯝ ꯐ꯭ꯔꯥꯏꯅ ꯍꯥꯏꯈꯤ,
ꯁꯨꯞꯅꯒꯤ ꯃꯤꯅꯠ 1 ꯈꯛ ꯊꯋꯥꯏ ꯇꯥꯅ ꯅꯣꯛꯄ ꯉꯝꯂꯕꯗꯤ ꯃꯤꯅꯠ 10 ꯍꯛꯆꯥꯡ
ꯁꯥꯖꯦꯜ ꯇꯧꯕꯒ ꯆꯞ ꯃꯥꯟꯅꯕ ꯃꯑꯣꯡꯗ ꯀꯥꯟꯅꯕ ꯐꯪꯏ꯫ ꯃꯔꯝ ꯑꯃꯨꯛꯇꯗ ꯅꯣꯛꯄ
ꯑꯃꯗꯤ ꯍꯛꯆꯥꯡ ꯁꯥꯖꯦꯜ ꯇꯧꯕꯒꯤ ꯊꯣꯑꯣꯡ ꯄꯨꯟꯁꯤꯟꯕ ꯉꯝꯂꯒꯗꯤ ꯑꯃꯨꯛꯀ
ꯍꯦꯟꯅ ꯀꯥꯟꯅꯩ꯫ ꯁꯨꯄꯅꯒꯤ ꯃꯤꯅꯠ 10-15 ꯈꯛ ꯊꯋꯥꯏ ꯇꯥꯅ ꯅꯣꯛꯄ ꯃꯇꯝꯗ
ꯍꯛꯆꯥꯡꯒꯤ ꯑꯍꯦꯟꯕ ꯀꯦꯂꯣꯔꯤ 50 ꯃꯥꯡꯍꯟꯈꯤꯕ ꯉꯝꯃꯤ꯫ ꯍꯤꯔꯝ ꯑꯁꯤꯒꯤ
ꯃꯇꯥꯡꯗ ꯌꯨꯅꯤꯚꯔꯁꯤꯇꯤ ꯑꯣꯐ ꯃꯦꯔꯤꯂꯦꯟꯗꯒꯤ ꯔꯤꯁꯔꯆꯔꯁꯤꯡꯅ ꯊꯤꯖꯤꯟꯕꯗ
ꯅꯣꯛꯄꯅ ꯏꯒꯤ ꯏꯆꯦꯜ ꯐꯒꯠꯍꯟꯕꯒ ꯂꯣꯏꯅꯅ ꯏꯝꯃ꯭ꯌꯨꯟ ꯁꯤꯁꯇꯦꯝꯒꯤ ꯐꯤꯚꯝ
ꯐꯒꯠꯂꯛꯄ ꯃꯔꯝꯅ ꯂꯥꯏꯅ ꯇꯤꯜꯅ ꯀꯌꯥ ꯉꯥꯛꯊꯣꯛꯄ ꯉꯝꯃꯤ ꯍꯥꯏꯕ ꯈꯪꯂꯛꯈꯤ꯫

ꯗꯥꯏꯕꯦꯇꯤꯁꯅ ꯅꯥꯔꯕ ꯃꯤꯑꯣꯏ 19 ꯗ ꯆꯠꯊꯈꯤꯕ ꯁ꯭ꯇꯗꯤ ꯑꯃꯗ ꯅꯣꯛꯄꯅ
ꯕ꯭ꯂꯗ ꯁꯨꯒꯔ ꯂꯦꯕꯦꯜ ꯍꯟꯊꯍꯟꯕ ꯉꯝꯃꯤ ꯍꯥꯏꯕꯒꯤ ꯈꯨꯗꯃ ꯐꯪꯕ ꯉꯝꯈꯤ꯫

ꯅꯣꯔꯃꯥꯟ ꯀꯖꯤꯟꯅ ꯏꯕꯥ ‘ꯑꯦꯅꯥꯇꯣꯃꯤ ꯑꯣꯐ ꯑꯦꯟ ꯏꯂꯅꯦꯁ’ ꯀꯧꯕ ꯂꯥꯏꯔꯤꯛ
ꯑꯃꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯅꯣꯛꯄꯅ ꯍꯛꯆꯥꯡꯗ ꯐꯥꯎꯕ ꯆꯩꯅꯥꯈꯣꯜ ꯍꯟꯊꯍꯟ ꯉꯝꯃꯤ
ꯍꯥꯏꯔꯤ꯫ ꯃꯁꯥꯃꯛ ꯑꯦꯡꯀꯤꯂꯣꯖꯤꯡ ꯁꯄꯣꯟꯗꯤꯂꯥꯏꯇꯤꯁꯅ ꯅꯥꯔꯕ ꯅꯣꯔꯃꯥꯅ
ꯀꯖꯤꯟꯅ ꯆꯥꯡꯌꯦꯡ ꯑꯣꯏꯅ ꯐꯥꯒꯤ-ꯖꯨꯒꯥꯏꯒꯤ ꯐꯤꯂꯝ ꯌꯦꯡꯗꯨꯅ ꯅꯣꯛꯄ ꯃꯇꯝꯗ
ꯆꯩꯅꯥꯈꯣꯜ ꯍꯟꯊꯔꯛꯄ ꯊꯦꯡꯅꯈꯤ꯫ ꯁꯨꯞꯅꯒꯤ ꯃꯤꯅꯤꯠ 10 ꯈꯛ ꯅꯣꯛꯄ ꯃꯇꯝꯗ
ꯆꯩꯅꯥꯈꯣꯜ ꯀꯣꯛꯈꯤꯕꯗꯒꯤ ꯄꯨꯡ 2 ꯔꯣꯝ ꯅꯨꯡꯉꯥꯏꯅ ꯇꯨꯝꯕ ꯌꯥꯍꯜꯂꯤ ꯍꯥꯏꯔꯤ꯫

ꯑꯌꯥꯝꯕ ꯃꯇꯝꯗ ꯅꯣꯛꯄ ꯉꯝꯂꯕꯗꯤ ꯄꯨꯟꯁꯤꯕꯨ ꯑꯋꯥꯕ ꯋꯥꯈꯜꯅ ꯈꯨꯗꯨꯝ ꯆꯟꯕ
ꯉꯝꯗꯦ꯫ ꯍꯥꯏꯅꯕ ꯂꯩ, ꯄꯨꯟꯁꯤꯗ ꯊꯦꯡꯅꯔꯛꯄ ꯑꯋꯥꯕ ꯊꯧꯗꯣꯛ ꯈꯨꯗꯤꯡꯃꯛ
ꯅꯣꯛꯅ ꯅꯣꯛꯅ ꯃꯥꯌꯣꯛꯅꯕ ꯉꯝꯂꯤꯕ ꯃꯤꯑꯣꯏꯎ ꯑꯗꯨ ꯊꯧꯅ ꯐꯕꯒꯤ ꯈꯨꯗꯝꯅꯤ꯫
‘ꯏꯆꯝ-ꯆꯝꯅ ꯍꯛꯆꯥꯡ ꯁꯥꯖꯦꯜ ꯇꯧꯕꯗꯒꯤꯗꯤ ꯍꯔꯥꯎ ꯇꯌꯥꯝꯅ ꯊꯋꯥꯏ
ꯅꯨꯡꯉꯥꯏꯅ ꯍꯥꯛꯆꯥꯡ ꯁꯥꯖꯦꯜ ꯇꯧꯕꯅ ꯀꯥꯟꯅꯕ ꯍꯦꯜꯂꯤ’

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ, ꯁ꯭ꯄꯣꯔꯠꯁ ꯀꯨꯏꯖ - 100ꯒꯤ ꯄꯥꯎꯈꯨꯝ
1| ꯂꯨꯞ ꯑꯁꯤ ꯃꯅꯨꯄꯨꯔ ꯁꯔꯀꯥꯔꯗ ꯀꯨꯝꯖꯥ 1955-56ꯇ ꯔꯦꯖꯤꯁꯇꯔ
ꯇꯧꯈꯤ꯫ ꯂꯨꯞ ꯑꯁꯤꯅ ꯁ꯭ꯇꯦꯠ ꯑꯁꯤꯗ ꯁꯥꯟꯅꯕꯒꯤ ꯑꯁꯤꯜ ꯑꯔꯥꯡꯁꯤꯡ
ꯇꯧꯏ꯫ ꯂꯨꯞ ꯑꯁꯤꯅ ꯃꯁꯥ-ꯃꯎ ꯐꯕ ꯇꯥꯟꯅꯕꯒꯤ ꯊꯧꯔꯝꯁꯤꯡꯗꯁꯨ ꯊꯋꯥꯏ
ꯌꯥꯎꯅ ꯑꯊꯦꯏ ꯑꯍꯦꯟ ꯇꯥꯟꯅꯍꯜꯂꯤ꯫ ꯂꯨꯞ ꯑꯁꯤꯒꯤ ꯃꯃꯤꯡ ꯄꯤꯌꯨ꯫

:THE MANIPUR MAN BUILDING INSTITUE (MMBI)
2) ꯀꯨꯝꯖꯥ 1962 ꯗ ꯀꯪꯂꯥꯗ ꯄꯥꯡꯊꯣꯛꯈꯤꯕ ꯁ꯭ꯇꯦꯠ ꯒꯦꯝꯁꯇ ꯃꯍꯥꯛꯅ
ꯃꯔꯥꯊꯟꯗ ꯃꯀꯣꯛ ꯑꯣꯏꯈꯤ꯫ ꯃꯍꯥꯛꯀꯤ ꯃꯃꯤꯡ ꯄꯤꯌꯨ꯫

: L. JOYKUMAR SINGH

3) ꯏꯟꯗꯤꯌꯒꯤ ꯇꯤꯝ wesCT ꯏꯟꯗꯤꯖꯗ tesCT ꯃꯦꯆ ꯁꯥꯟꯅꯕ ꯆꯠꯈꯤꯕꯗ
ꯋꯦꯁꯠ ꯏꯟꯗꯤꯖꯒꯤ ꯀꯦꯞꯇꯦꯟ ꯑꯗꯨꯅ ꯏꯟꯗꯤꯌꯥꯒꯤ ꯇꯤꯝꯗ ꯃꯍꯥꯛꯀꯤ
ꯇꯤꯝꯗ ꯂꯝꯍꯦꯟꯕ ꯐꯔꯁꯠ ꯕꯣꯂꯔ ꯑꯃ ꯌꯥꯎꯏ, ꯃꯍꯥꯛꯅ ꯕꯣꯜ ꯍꯨꯟꯕꯗ
ꯆꯍꯤ 18 ꯁꯨꯔꯕ wesCT ꯏꯟꯗꯤꯖꯒꯤ ꯁꯥꯟꯅꯔꯣꯏ ꯑꯃꯗ ꯃꯀꯣꯛꯇ
ꯊꯥꯈꯤ꯫ ꯃꯗꯨꯗ ꯃꯍꯥꯛꯅ ‘ꯁꯣꯏꯈ꯭ꯔꯦ’ ꯐꯥꯎꯕ ꯍꯥꯏꯈꯤꯗꯦ꯫ ꯑꯗꯨꯒ
ꯏꯟꯗꯤꯌꯥꯒꯤ ꯇꯤꯝꯗ ꯈꯔ ꯆꯦꯛꯁꯤꯟꯅꯕ ꯍꯥꯏꯈꯤ꯫ ꯑꯗꯨꯝ ꯊꯣꯛꯈꯤ,
ꯏꯟꯗꯤꯌꯥꯒꯤ ꯀꯦꯞꯇꯦꯟ ꯑꯗꯨ ꯃꯍꯥꯛꯀꯤ ꯕꯣꯜꯅ ꯃꯀꯣꯛꯇ ꯊꯣꯝꯕꯗ
ꯃꯅꯥꯇꯣꯟꯗ ꯑꯃꯁꯨꯝ ꯃꯅꯥꯀꯣꯡꯗ ꯏ ꯇꯥꯔꯛꯈꯤ꯫ ꯃꯍꯥꯛ ꯑꯣꯄꯔꯦꯁꯟ
ꯇꯧꯈꯤ꯫ ꯋꯦꯁꯠ ꯏꯟꯗꯤꯖꯒꯤ ꯀꯦꯞꯇꯦꯟ ꯑꯗꯨꯒꯤ ꯃꯃꯤꯡ ꯄꯤꯌꯨ꯫

: FRANK WORRELL

4) ꯀꯔꯝꯕ Polo ꯒꯤ ꯁꯥꯒꯣꯜꯕꯨ ꯁꯅꯥꯕꯤ ꯀꯧꯕꯒꯦ?

: ꯃꯁꯥ ꯉꯧꯕ ꯃꯃꯩ ꯃꯨꯕ
5) ꯎꯠꯂꯤꯕ ꯁꯛꯇꯝ ꯑꯁꯤ ꯀꯅꯥꯅꯣ?: DHANRAJ PILLAY

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯁ꯭ꯄꯣꯔꯠꯁ ꯀꯨꯏꯖ-100 ꯒꯤ
ꯄꯥꯎꯈꯨꯝ 3 ꯆꯨꯝꯅ ꯊꯥꯕꯤꯔꯛꯈꯤꯕꯗꯤ
1) ꯑꯅꯟꯗꯀꯨꯃꯥꯔ ꯈꯨꯟꯖꯥꯃꯌꯨꯝ, ꯇꯥꯎꯊꯣꯡ ꯑꯌꯨꯡꯕ ꯃꯌꯥꯏ ꯂꯩꯀꯥꯏ (5)
ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯁ꯭ꯄꯣꯔꯠꯁ ꯀꯨꯏꯖ -100 ꯒꯤ ꯋꯤꯟꯅꯔ
ꯑꯅꯟꯗꯀꯨꯃꯥꯔ ꯈꯨꯟꯖꯥꯃꯌꯨꯝ, ꯇꯥꯎꯊꯣꯡ ꯑꯌꯨꯡꯕꯤ
ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯁ꯭ꯄꯣꯔꯠꯁ ꯀꯨꯏꯖ 100ꯒꯤ ꯃꯅꯥ ꯂꯥꯟꯊꯣꯛꯀꯗꯕ ꯅꯨꯃꯤꯠ
ꯑꯃꯁꯨꯡ ꯃꯐꯝ ꯑꯣꯒꯁꯠ 18, ꯅꯣꯡꯃꯥꯏꯖꯤꯡ ꯅꯨꯃꯤꯠꯀꯤ ꯅꯨꯡꯊꯤꯜ ꯄꯨꯡ
4 ꯇꯥꯕ ꯃꯇꯝꯗ ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯑꯣꯐꯤꯁꯇ ꯂꯥꯟꯊꯣꯛꯆꯒꯅꯤ꯫

1| ꯃꯈꯥꯗ ꯄꯤꯔꯤꯕꯁꯤꯡ ꯑꯁꯤ ꯎꯈ꯭ꯔꯨꯜꯒꯤ ꯑꯐꯥꯎꯕ ꯐꯨꯠꯕꯣꯜ
ꯁꯥꯟꯅꯔꯣꯏꯁꯤꯡꯅꯤ꯫ ꯃꯈꯣꯏꯒꯤ ꯃꯅꯨꯡꯗ ꯇꯣꯉꯥꯟꯕ ꯁꯥꯟꯅꯔꯣꯏ
ꯑꯃ ꯌꯥꯎꯔꯤ, ꯃꯍꯥꯛꯁꯨ ꯎꯈ꯭ꯔꯨꯜꯗꯒꯤꯅꯤ꯫ ꯃꯍꯥꯛ ꯀꯅꯥꯅꯣ?

2) ꯑꯋꯥꯡ-ꯅꯣꯡꯄꯣꯛ ꯏꯟꯗꯤꯌꯥꯗ ꯅꯣꯁꯅꯜ ꯀꯦꯅꯣ ꯁ꯭ꯄ꯭ꯔꯤꯝꯠ
ꯆꯦꯝꯄꯤꯌꯟꯁꯤꯞ ꯄꯥꯡꯊꯣꯛꯈꯤ꯫ ꯀꯔꯝꯕ ꯋꯥꯇꯔ ꯁ꯭ꯄꯣꯔꯠꯁ
ꯀꯝꯄ꯭ꯂꯦ(Water ꯈꯄꯣꯔꯇꯁ Complex) ꯇ ꯊꯣꯔꯝ ꯑꯗꯨ
ꯄꯥꯡꯊꯣꯛꯈꯤ꯫

3) ꯇꯔꯨꯛꯁꯨꯕ ꯁꯥꯔ ꯆꯨꯔꯆꯥꯟꯗ ꯃꯦꯃꯣꯔꯤꯑꯦꯜ ꯐꯨꯠꯕꯣꯜ ꯇꯨꯔꯅꯥꯃꯦꯟꯠ
ꯄꯥꯡꯊꯣꯛꯈꯤꯕꯗ ꯑꯁꯤꯜ-ꯑꯔꯥꯡ ꯇꯧꯈꯤꯕ ꯂꯨꯞ ꯑꯗꯨꯒꯤ ꯃꯃꯤꯡ
ꯄꯤꯌꯨ꯫

4) ꯑꯃꯦꯔꯤꯀꯥ ꯃꯆꯥ ꯑꯃꯒ ꯔꯁꯤꯌꯥ ꯃꯆꯥ
ꯑꯃꯒ ꯂꯣꯡꯖꯝꯄꯗ ꯐꯨꯠ 27 ꯍꯦꯟꯅ
ꯆꯣꯡꯕ ꯉꯝꯃꯤ, ꯃꯈꯣꯏ ꯑꯅꯤꯕꯨ ꯐꯨꯠ 26
ꯀ ꯈꯔꯥ ꯈꯛ ꯍꯦꯟꯅ ꯆꯣꯡꯈꯤꯕ ꯅꯨꯄꯥ
ꯑꯃꯅ ꯑꯣꯂꯤꯝꯄꯤꯛꯇ ꯁꯅꯥꯒꯤ ꯃꯦꯗꯜ
ꯐꯪꯈꯤꯕꯗꯨꯅ ꯃꯥꯏꯊꯤꯕ ꯄꯤꯈꯤ꯫ ꯁꯅꯥꯒꯤ
ꯃꯦꯗꯜ ꯂꯧꯈꯤꯕ ꯑꯗꯨꯒꯤ ꯃꯃꯤꯡ ꯄꯤꯌꯨ꯫

5) ꯎꯠꯂꯤꯕ ꯁꯛꯇꯝ ꯑꯁꯤ ꯀꯅꯥꯅꯣ?

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯁ꯭ꯄꯣꯔꯠꯁ ꯀꯨꯏꯖ-101
ꯃꯊꯛꯇ ꯄꯤꯔꯤꯕ ꯋꯥꯍꯪꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯄꯥꯎꯈꯨꯝ ꯑꯣꯒꯁꯠ 30, ꯏꯔꯥꯏ
ꯅꯨꯃꯤꯠꯀꯤ ꯑꯌꯨꯛꯀꯤ ꯄꯨꯡ 11 ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒꯤ

Aofist nTtCrg hueiyensportsquiz@gmail.

ꯆꯣꯃꯗ ꯃꯦꯜ ꯑꯣꯏꯅ ꯊꯥꯕꯤꯔꯛꯄ ꯌꯥꯒꯅꯤ꯫ ꯄꯥꯎꯈꯨꯝ ꯄꯤꯕꯤꯔꯛꯄ/

ꯊꯥꯕꯤꯔꯛꯄ ꯃꯇꯝꯗ ꯃꯤꯡ, ꯂꯩꯐꯝ ꯃꯍꯩꯒꯤ ꯊꯥꯛ ꯑꯃꯁꯨꯡ ꯀꯟꯇꯦꯛꯠ
ꯅꯝꯕꯔ ꯃꯌꯦꯛ ꯁꯦꯡꯅ ꯏꯕꯤꯔꯛꯎ꯫ ꯋꯥꯍꯪ ꯈꯨꯗꯤꯡꯃꯛꯀꯤ ꯄꯥꯎꯈꯨꯝ
ꯆꯨꯝꯅ ꯅꯠꯇ꯭ꯔꯒ ꯃꯁꯤꯡ ꯌꯥꯝꯅ ꯆꯨꯝꯅ ꯄꯤꯕꯤꯔꯛꯄ ꯃꯤꯑꯣꯏꯁꯤꯡ
ꯑꯗꯨꯗꯒꯤ ꯗ꯭ꯔꯣ ꯑꯣꯠꯆꯔꯒ ꯂꯥꯏꯕꯛ ꯐꯕ ꯃꯤꯁꯛ ꯑꯃ ꯈꯟꯖꯒꯅꯤ꯫

ꯂꯣꯏꯅꯅ ꯈꯜꯂꯕ ꯃꯤꯁꯛ ꯑꯗꯨꯗ ꯃꯅꯥ ꯄꯤꯖꯒꯅꯤ꯫

ꯑꯍꯥꯟꯕ ꯁꯕ ꯖꯨꯅꯤꯌꯔ ꯕꯣꯏꯖ ꯏꯟꯇꯔ ꯀ꯭ꯂꯕ ꯐꯨꯠꯕꯣꯜ ꯇꯨꯔꯅꯥꯃꯦꯟꯠ 201
9
ꯇꯤ ꯋꯥꯏ ꯗꯤ ꯑꯦ ꯑꯃꯁꯨꯡ ꯑꯥꯔ ꯑꯦ ꯑꯦꯐ ꯑꯦ ꯐꯥꯏꯅꯦꯜꯗ ꯊꯦꯡꯅꯔꯒꯅꯤ
ꯏꯝꯐꯥꯜ, ꯑꯣꯒꯁꯠ 16 (ꯑꯩꯆ ꯑꯦꯟ ꯑꯦꯁ):

ꯑꯣꯜ ꯃꯅꯤꯄꯨꯔ ꯐꯨꯠꯕꯣꯜ
ꯑꯦꯁꯣꯁꯤꯑꯦꯁꯟꯅ ꯁꯤꯟꯗꯨꯅ ꯈꯨꯃꯟ
ꯂꯝꯄꯥꯛ ꯑꯥꯔꯇꯤꯐꯤꯁꯤꯑꯦꯜ ꯇꯔꯞ
ꯒ꯭ꯔꯥꯎꯟꯗ ꯆꯠꯊꯔꯤꯕ ꯑꯍꯥꯟꯕ
ꯁꯕ ꯖꯨꯅꯤꯌꯔ ꯕꯣꯏꯖ ꯏꯟꯇꯔ
ꯀ꯭ꯂꯕ ꯐꯨꯠꯕꯣꯜ ꯇꯨꯔꯅꯥꯃꯦꯟꯠ 2019
ꯒꯤ ꯉꯁꯤ ꯁꯥꯟꯅꯈꯤꯕ ꯑꯍꯥꯟꯕ
ꯁꯦꯃꯤ-ꯐꯥꯏꯅꯦꯜ ꯃꯦꯆꯇ ꯇꯤ ꯋꯥꯏ
ꯗꯤ ꯑꯦꯅ ꯀꯦ ꯑꯦ ꯑꯦꯐ ꯁꯤꯕꯨ
ꯄꯥꯟꯖꯜ 1-0ꯗ, ꯑꯅꯤꯁꯨꯕ ꯁꯦꯃꯤ-

ꯐꯥꯏꯅꯦꯜ ꯃꯦꯆꯇ ꯑꯥꯔ ꯑꯦ ꯑꯦꯐ
ꯑꯦ ꯕꯤꯁꯅꯨꯄꯨꯔꯅ ꯑꯦꯐ 4 ꯁꯤ ꯕꯨ
ꯄꯥꯟꯖꯜ 2-1ꯗ ꯃꯥꯏꯊꯤꯕ ꯄꯤꯗꯨꯅ
ꯐꯥꯏꯅꯦꯜ ꯆꯪꯈ꯭ꯔꯦ꯫

ꯉꯁꯤꯒꯤ ꯑꯍꯥꯟꯕ ꯒ꯭ꯔꯥꯎꯟꯗ
ꯑꯍꯥꯟꯕ ꯁꯦꯃꯤ ꯐꯥꯏꯅꯦꯜ ꯃꯦꯆ
ꯑꯣꯏꯅ ꯇꯤ ꯋꯥꯏ ꯗꯤ ꯑꯦ ꯑꯃꯁꯨꯡ
ꯀꯦ ꯑꯦ ꯑꯦꯐ ꯁꯤ ꯂꯝꯕꯥ ꯇꯧꯈꯤ꯫

ꯃꯦꯆ ꯑꯁꯤꯒꯤ ꯑꯍꯥꯟꯕ ꯍꯥꯐꯇ ꯇꯤꯝ
ꯑꯅꯤꯃꯛ ꯑꯀꯟꯕ ꯂꯝꯕꯥ ꯇꯧꯅꯈꯤ꯫

ꯐꯥꯏꯅꯦꯜ ꯃꯦꯆ ꯌꯧꯅꯕꯒꯤꯗꯃꯛ ꯍꯦꯛ
ꯍꯧꯕꯒ ꯂꯦꯞꯇꯅ ꯇꯤꯝ ꯑꯅꯤꯃꯛ
ꯑꯦꯇꯦꯛ ꯀꯌꯥ ꯆꯠꯊꯅꯈꯤ꯫ ꯑꯗꯨꯕꯨ
ꯑꯍꯥꯟꯕ ꯍꯥꯐ ꯂꯣꯏꯕ ꯐꯥꯎꯕꯗ
ꯑꯦꯇꯦꯛꯁꯤꯡ ꯑꯗꯨ ꯒꯣꯜ ꯑꯣꯏꯅ
ꯑꯣꯟꯊꯣꯛꯄꯗꯤ ꯉꯝꯅꯗꯅ ꯑꯗꯨꯝꯃꯛ
ꯂꯩꯅꯈꯤ꯫

ꯃꯦꯆꯀꯤ ꯑꯅꯤꯁꯨꯕ ꯍꯥꯐꯇ
ꯀꯦ ꯑꯦ ꯑꯦꯐ ꯁꯤꯅ ꯕꯣꯜ ꯍꯦꯟꯅ
ꯄꯥꯏꯗꯨꯅ ꯌꯥꯝꯅ ꯐꯖꯅ ꯁꯥꯟꯅꯔꯛꯈꯤ꯫

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ꯐꯥꯏꯅꯦꯜ ꯆꯪꯈꯤ꯫

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ꯃꯦꯆꯀꯤ ꯑꯅꯤꯁꯨꯕ ꯍꯥꯐꯇ ꯑꯥꯔ
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ꯑꯁꯤꯗ ꯃꯈꯥ ꯇꯥꯅ ꯑꯦꯐ 4 ꯁꯤꯅ
ꯁꯣꯠꯊꯔꯤꯕ ꯁ꯭ꯀꯣꯔ ꯑꯃ ꯑꯗꯨ
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ꯑꯦꯅ ꯁ꯭ꯀꯣꯔ 2-1ꯗ ꯃꯥꯏꯊꯤꯕ ꯄꯤꯗꯨꯅ
ꯐꯥꯏꯅꯦꯜ ꯆꯪꯈꯤ꯫

ꯏꯁꯩꯅ ꯑꯩꯒꯤ ꯊꯋꯥꯏꯅꯤ, ꯃꯤꯌꯥꯝꯅ ꯑꯩꯒꯤ ꯏꯆꯦꯜꯅꯤ
ꯅꯣꯛꯐꯦꯠ ꯇꯧꯕ ꯃꯥꯏꯊꯣꯡꯒꯤ ꯃꯔꯨꯝꯗ
ꯖꯦꯅꯥ ꯈꯨꯃꯟꯊꯦꯝ

‘ꯃꯥꯂꯦꯝ ꯂꯩꯅ ꯂꯨꯝꯕꯔꯥ ꯄꯂꯦꯝ ꯏꯃꯥꯅ ꯃꯔꯨꯝꯃꯤ, ꯀꯣꯔꯧ ꯅꯣꯡꯗꯣꯟꯅ ꯋꯥꯡꯕꯔꯥ ꯄꯟꯊꯧ ꯏꯄꯥꯅ ꯃꯋꯥꯡꯏ’

ꯁꯛꯅ ꯁꯣꯟꯅꯔꯕꯁꯨ ꯉꯁꯤꯗꯤ ꯍꯣꯡꯂꯛꯂꯤꯕ ꯃꯇꯝꯒꯤ ꯏꯆꯦꯟꯒꯤ ꯏꯔꯣꯜꯅꯨꯡꯗ ꯂꯨꯞꯈ꯭ꯔꯕꯔꯥ
ꯅꯠꯇ꯭ꯔꯒ ꯈꯪꯅ-ꯈꯪꯅ, ꯎꯅ-ꯎꯅ ꯅꯥꯊꯩꯗꯨꯅ ꯆꯠꯂꯤꯕꯔꯥ ꯍꯪꯒꯦ ꯈꯜꯂꯕꯁꯨ ꯄꯥꯎꯈꯨꯝꯕꯤꯔꯛꯅꯕ
ꯀꯅꯥꯒꯤ ꯃꯐꯝꯗ ꯃꯇꯝ ꯂꯩꯅꯗ꯭ꯔꯦ꯫ ꯆꯠꯅꯕꯤ ꯍꯥꯏꯒꯗꯔꯥ ꯃꯤꯅꯨꯡꯁꯤ ꯃꯥꯡꯈꯔꯦ ꯍꯥꯏꯒꯗꯔꯥ
ꯃꯇꯝ ꯑꯁꯤꯗ ꯍꯪꯂꯨꯕꯁꯨ ꯀꯤꯖꯕ ꯑꯃ ꯐꯥꯎꯅꯔꯦ ꯍꯥꯏꯕꯗ ꯍꯥꯏꯃꯟꯕ ꯊꯣꯛꯂꯣꯏ꯫ ꯑꯗꯨꯕꯨ
ꯄꯨꯝꯅꯃꯛ ꯃꯥꯡꯈꯔꯦ ꯍꯥꯏꯕꯁꯤꯁꯨ ꯂꯥꯟꯒꯅꯤ꯫ ꯀꯅꯥꯒꯨꯝꯕ-ꯀꯅꯥꯒꯨꯝꯕꯤ ꯈꯔꯗꯤ ꯉꯁꯤꯁꯨ
ꯃꯃꯥ-ꯃꯄꯥꯕꯨ ꯅꯤꯡꯖꯗꯨꯅ ꯁꯣꯟꯖꯗꯨꯅ ꯃꯃꯥ-ꯃꯄꯥꯒꯤ ꯑꯅꯤꯡꯕ ꯑꯄꯥꯝꯕ ꯑꯃꯗꯤ ꯃꯁꯥꯒꯤ
ꯑꯄꯥꯝꯕꯒ ꯏꯔꯣꯏꯅꯅ ꯆꯠꯄ ꯃꯤꯁꯛ ꯂꯩꯇꯕꯁꯨ ꯅꯠꯇꯦ꯫ ꯂꯩꯅꯝꯕꯨ ꯆꯦꯜꯂꯕꯗꯤ ꯃꯥꯂꯦꯝꯒꯤ
ꯃꯐꯝ ꯑꯃꯗ ꯍꯦꯛꯇ ꯁꯥꯠꯁꯅꯨ, ꯍꯦꯛꯇ ꯍꯪꯅꯔꯛꯏ, ꯊꯤꯅꯔꯛꯏ ꯍꯥꯏꯕꯁꯤꯁꯨ
ꯑꯆꯨꯝꯕ ꯋꯥꯐꯝꯅꯤ꯫ ꯇꯥꯏꯕꯪ ꯃꯄꯨꯅ ꯂꯤꯂꯥꯁꯨ ꯑꯉꯛꯄꯅꯤ ꯀꯅꯥ ꯑꯃꯗꯅ ꯅꯨꯡꯁꯤꯕ
ꯈꯣꯟꯖꯦ: ꯀꯅꯥ ꯑꯃꯗꯅ ꯐꯖꯔꯕ ꯁꯛꯐꯝ, ꯀꯅꯥ ꯑꯃꯗꯅ ꯃꯤꯌꯥꯝꯕꯨ ꯁꯨꯝꯍꯠꯄ
ꯉꯝꯕ ꯅꯨꯡꯁꯤꯕ ꯈꯣꯟꯖꯦꯜ ꯑꯃꯗꯤ ꯐꯖꯔꯕ ꯁꯛꯇꯝ ꯑꯅꯤꯃꯛ ꯄꯤꯗꯕꯁꯨ
ꯅꯠꯇꯦ꯫ ꯇꯥꯏꯕꯪ ꯃꯄꯨꯒꯤ ꯅꯨꯡꯁꯤꯅ ꯄꯤꯔꯛꯄ ꯈꯨꯗꯣꯜ
ꯑꯃ ꯑꯣꯏꯔꯤꯕꯤ ꯃꯤꯌꯥꯝꯕꯨ ꯁꯨꯝꯍꯠꯇꯨꯅ ꯇꯅꯧ-

ꯇꯅꯧꯅ ꯃꯤꯌꯥꯝꯒꯤ ꯊꯝꯃꯣꯏꯅꯨꯡꯗ ꯆꯦꯟ-

ꯆꯣꯡꯗꯨꯅ ꯁꯥꯟꯅꯖꯔꯤꯕꯤ ꯃꯤꯌꯥꯝꯒꯤ ꯖꯦꯅꯥ
ꯈꯨꯃꯟꯊꯦꯝꯒ ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎꯒ
ꯎꯅꯖꯔꯨꯏ꯫ ꯎꯕ ꯑꯗꯨꯗ ꯃꯍꯥꯛꯅ ꯁꯥꯒꯠꯆꯕ ꯃꯪꯂꯥꯟ ꯀꯌꯥ ꯑꯃꯗꯤ ꯂꯝ ꯑꯁꯤꯗ ꯆꯪꯂꯛꯄꯗ ꯊꯦꯡꯅꯔꯛꯄ ꯑꯋꯥ
ꯅꯨꯡꯉꯥꯏ ꯀꯌꯥ ꯐꯣꯡꯗꯣꯛꯄꯤꯔꯛꯈꯤ꯫

‘ꯄꯦꯃ ꯅꯪꯕꯨꯅꯦ ꯇꯥꯕꯔꯣ ꯍꯥꯏꯔꯤꯁꯦ’, ‘ꯆꯥꯕꯗ ꯊꯨꯝꯗꯧ ꯃꯥꯜꯂꯕ’ ꯏꯁꯩꯒꯤ ꯁꯩꯁꯛꯄꯤ ꯏꯪ ꯇꯞꯃꯂꯕꯤ, ꯅꯣꯛꯐꯦꯠ
ꯇꯧꯗꯨꯅ ꯂꯩꯖꯕꯤ ꯃꯤꯌꯥꯝꯒꯤ ꯖꯦꯅꯥ ꯈꯨꯃꯟꯊꯦꯝ ꯃꯁꯥꯒꯤ ꯆꯍꯤ 20 ꯈꯛꯇ ꯉꯥꯏꯔꯤꯕꯤ ꯏꯝꯐꯥꯜ ꯏꯁꯠꯀꯤ
ꯃꯣꯏꯔꯥꯡꯀꯝꯄꯨꯗ ꯄꯣꯛꯄꯤ ꯏꯁꯩ ꯑꯃꯗꯤ ꯐꯤꯜꯝꯒꯤ ꯂꯝꯕꯤ ꯑꯁꯤꯗ ꯅꯧꯅ ꯐꯥꯎꯒꯠꯂꯛꯂꯤꯕꯤ ꯁꯩꯁꯛꯄꯤ
ꯑꯃꯗꯤ ꯑꯦꯛꯇ꯭ꯔꯦꯁꯅꯤ꯫ ꯖꯦꯅꯥ ꯃꯕꯨꯡ ꯑꯃ, ꯃꯧꯄ꯭ꯋꯥ ꯑꯅꯤ, ꯑꯄꯣꯛꯄ ꯈꯨꯃꯟꯊꯦꯝ ꯖꯤꯇꯦꯟ ꯑꯃꯗꯤ
ꯑꯄꯣꯛꯄꯤ ꯈꯨꯃꯟꯊꯦꯝ ꯑꯣꯡꯕꯤ ꯅꯦꯟꯖꯤ ꯑꯅꯤꯒꯤ ꯅꯨꯃꯤꯠ ꯊꯥꯒꯨꯝ ꯌꯦꯡꯖꯔꯤꯕꯤ ꯁꯛꯅꯥꯏꯔꯕꯤ ꯍꯣꯠꯅꯕ
ꯀꯟꯕꯤ ꯃꯤꯁꯛ ꯑꯃꯅꯤ꯫ ꯖꯦꯅꯥꯒꯤ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯄꯥꯝꯖꯕ ꯀꯂꯔꯗꯤ ꯁꯪꯕꯥꯟꯅꯔꯕ ꯑꯇꯤꯌꯥꯒꯤ ꯃꯆꯨꯅꯤ
ꯑꯗꯨꯕꯨ ꯃꯇꯝꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯁꯪꯕꯥꯅꯔꯕ ꯑꯇꯤꯌꯥꯒꯤ ꯃꯆꯨꯒ ꯂꯣꯏꯅꯅ ꯑꯃꯨꯕ ꯃꯆꯨꯁꯨ ꯃꯍꯥꯛꯀꯤ
ꯑꯄꯥꯝꯕ ꯃꯆꯨ ꯑꯣꯏꯔꯛꯂꯤ꯫ ꯀꯥꯡꯍꯧꯅ ꯃꯍꯥꯛꯀꯤ ꯑꯄꯥꯝꯕ ꯑꯦꯟꯁꯥꯡꯅꯤ ꯑꯗꯨꯒ ꯏꯁꯩ ꯁꯛꯄ,
ꯖꯒꯣꯏ ꯁꯥꯕ ꯑꯃꯗꯤ ꯃꯤꯡꯁꯦꯜ ꯃꯃꯥꯡꯗ ꯂꯦꯞꯇꯨꯅ ꯃꯤꯌꯥꯝꯒꯤ ꯊꯝꯃꯣꯏ ꯁꯨꯝꯍꯠꯅꯕ ꯍꯣꯠꯅꯖꯕꯅ
ꯃꯍꯥꯛꯀꯤ ꯍꯣꯕꯤꯅꯤ ꯍꯥꯏꯅ ꯇꯥꯛꯄꯤꯔꯛꯈꯤ꯫ ꯖꯦꯅꯥ ꯑꯉꯥꯡ ꯑꯣꯏꯅ
ꯅꯧꯅ ꯑꯣꯜ ꯏꯟꯗꯤꯌꯥ ꯔꯦꯗꯤꯑꯣꯒꯤ ꯑꯦꯄ꯭ꯔꯨꯚ ꯆꯥꯏꯜꯗ ꯑꯥꯔꯇꯤꯁꯠ
ꯑꯣꯏꯔꯛꯈꯤ꯫ ꯏꯁꯩꯒꯤ ꯑꯣꯏꯕ ꯋꯥꯡꯂꯕ ꯀ꯭ꯂꯥꯁ ꯕꯤꯁꯔꯠꯁꯨ
ꯂꯣꯏꯔꯦ꯫ ꯂꯝꯗꯝ ꯑꯁꯤꯒꯤ ꯁꯛꯅꯥꯏꯔꯕꯤ ꯁꯩꯁꯛꯄꯤ ꯑꯁꯦꯝ
ꯕꯤꯃꯣꯂꯥ ꯑꯃꯗꯤ ꯁꯛꯅꯥꯏꯔꯕ ꯍꯥꯎꯃꯣꯝ ꯁꯗꯥꯅꯟꯗꯒꯤ ꯃꯈꯥ ꯏꯁꯩ
ꯇꯝꯂꯛꯈꯤ꯫ ꯉꯁ ꯐꯥꯎꯕꯗ ꯑꯦꯋꯥꯔꯗ 25 ꯍꯦꯟꯅ ꯐꯪꯈ꯭ꯔꯦ꯫

ꯏꯁꯩ ꯁꯛꯄ ꯑꯃꯗꯤ ꯂꯥꯏꯔꯤꯛ ꯇꯝꯅꯕ
ꯍꯣꯠꯅꯕꯗ ꯑꯋꯥꯕ ꯀꯌꯥ ꯑꯃꯁꯨ ꯊꯦꯡꯅꯩ ꯑꯗꯨꯕꯨ ꯏꯁꯩ ꯁꯛꯄꯅ
ꯑꯋꯥꯕ ꯄꯨꯝꯅꯃꯛ ꯀꯥꯎꯕ ꯉꯝꯃꯤ ꯍꯥꯏꯅꯁꯨ ꯐꯣꯡꯗꯣꯛꯄꯤꯔꯛꯏ꯫ ꯂꯥꯏꯕꯛ ꯐꯗꯨꯅ ꯃꯤꯌꯥꯝꯅ ꯑꯃꯗꯤ ꯗꯤꯔꯦꯛꯇꯔꯁꯤꯡꯅ
ꯅꯨꯡꯁꯤꯕꯤꯕꯗꯒꯤ ꯐꯤꯜꯝ ꯈꯔꯗꯤ ꯀꯨꯝꯖꯈ꯭ꯔꯦ ꯑꯗꯨꯕꯨ ꯇꯨꯡ ꯇꯥꯔꯛꯄꯗꯗꯤ ꯏꯁꯩ ꯁꯛꯄꯗ ꯑꯣꯏꯅ ꯃꯥꯏ ꯑꯣꯟꯁꯤꯟꯒꯦ
ꯍꯥꯏꯅ ꯈꯜꯂꯤ꯫ ꯑꯁꯨꯝꯅ ꯃꯤꯌꯥꯝꯒꯤ ꯊꯧꯒꯜ ꯇꯧꯔꯛꯄ ꯉꯝꯕ ꯑꯁꯤ ꯑꯩꯒꯤ ꯏꯃꯥ ꯕꯕꯥ ꯑꯃꯗꯤ
ꯑꯣꯖꯥꯁꯤꯡꯒꯤ ꯃꯄꯥꯜꯗꯒꯤ ꯉꯝꯖꯕꯅꯤ, ꯃꯈꯣꯏꯒꯤ ꯑꯅꯤꯡꯕ ꯑꯄꯥꯝꯕ ꯊꯨꯡꯅꯕ ꯑꯃꯨꯛꯀ ꯍꯦꯟꯅ
ꯀꯟꯅ ꯍꯣꯠꯅꯒꯅꯤ ꯍꯥꯏꯅꯁꯨ ꯖꯦꯅꯥꯅ ꯃꯈꯥ ꯇꯥꯅ ꯐꯣꯡꯗꯣꯔꯛꯁꯤ꯫ ꯃꯇꯝ ꯑꯁꯤꯒꯤ ꯁꯩꯁꯛꯄꯤ
ꯁꯛꯅꯥꯏꯔꯕꯤ ꯑꯃ ꯑꯣꯏꯔꯕꯁꯨ ꯃꯊꯛ ꯊꯣꯡꯕ ꯁꯤꯅꯤꯌꯔ ꯀꯌꯥꯗꯒꯤ ꯏꯁꯩ ꯃꯈꯥ ꯇꯝꯗꯨꯅ
ꯇꯨꯡꯗ ꯃ꯭ꯌꯨꯖꯤꯛ ꯀꯝꯄꯣꯖꯔ ꯑꯃ ꯑꯣꯏꯗꯨꯅ ꯃꯤꯌꯥꯝꯒꯤ ꯊꯧꯒꯜ ꯇꯧꯕ ꯄꯥꯝꯃꯤ ꯍꯥꯏꯅꯁꯨ
ꯖꯦꯅꯥꯅ ꯍꯥꯏꯔꯛꯈꯤ꯫ ꯑꯅꯧꯕ ꯂꯥꯛꯀꯗꯕ ꯏꯁꯩ ꯑꯃꯗꯤ ꯐꯤꯜꯝ ꯈꯔꯗꯤ ꯂꯩ ꯑꯗꯨꯕꯨ ꯑꯊꯨꯕꯒꯤ
ꯑꯣꯏꯅ ‘ꯁꯨꯝꯍꯠꯂꯤꯗꯥ’ ꯍꯥꯏꯕ ꯏꯁꯩ ꯑꯃꯗꯤ ‘ꯁꯦ ꯅꯪꯒꯤ ꯅꯇꯕꯔꯥ’ ꯐꯤꯜꯝ ꯑꯊꯨꯕ ꯃꯇꯝꯗ
ꯃꯤꯌꯥꯝꯒꯤ ꯃꯥꯡꯗ ꯔꯤꯂꯤꯖ ꯇꯧꯔꯛꯂꯒꯅꯤ꯫ ꯃꯤꯌꯥꯝꯒꯤ ꯊꯧꯒꯜ ꯇꯧꯕ ꯐꯪꯕꯁꯤ ꯑꯩꯒꯤ ꯑꯣꯏꯅ ꯂꯥꯏꯕꯛ ꯌꯥꯝꯅ ꯐꯩ ꯍꯥꯏꯅ ꯈꯟꯖꯩ ꯑꯗꯨꯒ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯃꯐꯝ
ꯀꯌꯥꯗ ꯆꯠꯇꯨꯅ ꯏꯁꯩ ꯁꯛꯄ ꯃꯇꯝꯗ ꯌꯥꯝꯅ ꯅꯨꯡꯁꯤꯅ ꯍꯔꯥꯎꯅ ꯇꯧꯕꯤꯔꯛꯏ ꯃꯗꯨꯅ ꯑꯩꯉꯣꯟꯗ ꯊꯧꯅꯥ ꯍꯥꯞꯄ ꯍꯥꯏꯕꯗꯨ ꯑꯣꯏ ꯑꯗꯨꯕꯨ ꯃꯤꯌꯥꯝ ꯃꯔꯛꯇ
ꯏꯁꯩ ꯁꯛꯂꯤꯉꯩ ꯃꯇꯝꯗ ꯄꯩꯁꯥ ꯊꯥꯕꯗ ꯃꯑꯣꯡ ꯆꯥꯗꯅ ꯊꯥꯕꯤꯔꯛꯄ ꯌꯥꯎꯏ ꯃꯗꯨ ꯏꯁꯩ ꯁꯛꯄ ꯃꯇꯝꯗ ꯌꯥꯝꯅ ꯅꯨꯡꯉꯥꯏꯖꯗꯦ ꯃꯁꯤꯃꯇꯪ ꯇꯧꯕꯤꯗ꯭ꯔꯒꯗꯤ
ꯃꯤꯌꯥꯝꯒꯤ ꯊꯧꯒꯜ ꯑꯃꯨꯛꯀ ꯍꯦꯟꯅ ꯃꯄꯨꯡ ꯐꯥꯅ ꯇꯧꯕ ꯉꯝꯒꯅꯤ ꯍꯥꯏꯅꯁꯨ
ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎꯗ ꯖꯦꯅꯥ ꯈꯨꯃꯟꯊꯦꯝꯅ ꯐꯣꯡꯗꯣꯛꯄꯤꯔꯛꯈꯤ꯫ꯗꯥ. ꯈꯥꯏꯗꯦꯝ ꯑꯊꯧꯕ ꯃꯩꯇꯩ