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ꯅꯤꯡꯊꯧꯀꯥꯕ, ꯂꯅ 23, 2022, IMfaL
14 sub chi, 036 sub msiZ

ꯑꯐꯕ ꯊꯕꯛꯁꯤꯡꯅꯤ
ꯌꯣꯡꯂꯩ ꯃꯦꯂꯩ ꯅꯥꯏꯗꯅ ꯆꯠꯊꯔꯛꯎ
ꯃꯅꯤꯄꯨꯔ ꯈꯨꯟꯅꯥꯏꯁꯤꯗ ꯀꯅꯥꯒꯨꯝꯕ ꯑꯃꯅ ꯑꯐꯕ, ꯑꯆꯨꯝꯕ, ꯀꯥꯟꯅꯕ
ꯊꯕꯛ ꯑꯃ ꯇꯧꯊꯣꯔꯛꯄꯗ ꯑꯐꯕꯅꯤ, ꯑꯆꯨꯝꯕꯅꯤ ꯑꯃꯁꯨꯡ ꯀꯥꯟꯅꯕꯅꯤ
ꯍꯥꯏꯗꯨꯅ ꯊꯥꯒꯠꯄꯤꯕꯗꯤ ꯂꯥꯏꯔꯗꯅ ꯃꯈꯣꯏ-ꯃꯈꯣꯏ ꯆꯤꯟꯗꯣꯟ-ꯂꯩꯇꯣꯟꯗ
ꯐꯥꯎꯕ ꯄꯛꯄꯤꯗꯦ꯫ ꯑꯗꯨꯕꯨ ꯐꯠꯇꯕ, ꯑꯔꯥꯟꯕ ꯑꯃꯁꯨꯡ ꯀꯥꯟꯅꯗꯕ
ꯊꯕꯛ-ꯊꯧꯑꯣꯡꯁꯤꯡ ꯇꯧꯔꯛꯂꯒꯅ ꯂꯧꯈꯠꯄ ꯌꯥꯗꯕ ꯃꯈꯩ ꯄꯤꯗ꯭ꯔꯤꯠ
ꯊꯣꯛꯅ ꯍꯟꯖꯤꯟ-ꯍꯟꯖꯤꯟ ꯆꯩꯊꯠꯄꯤ, ꯉꯥꯡꯊꯠꯄꯤ, ꯃꯤ ꯑꯣꯏꯕꯒꯤ ꯋꯥ
ꯉꯥꯡꯕꯤꯗꯦ꯫ ꯑꯣꯏꯔꯤꯕ ꯈꯨꯟꯅꯥꯏꯁꯤꯒꯤ ꯃꯆꯠꯁꯤꯗ ꯇꯪꯈꯥꯏ ꯑꯃꯗꯤ
ꯇꯧꯔꯣꯏꯗꯕ, ꯑꯣꯏꯍꯜꯂꯣꯏꯗꯕ ꯑꯃꯁꯨꯡ ꯊꯣꯛꯍꯜꯂꯣꯏꯗꯕ ꯐꯤꯚꯝꯅꯤ ꯍꯥꯏꯕ
ꯌꯥꯏ꯫ ꯃꯔꯝꯗꯤ ꯐꯠꯇ꯭ꯔꯒ ꯐꯠꯇ꯭ꯔꯦ ꯍꯥꯏꯅ ꯍꯥꯏꯕ ꯉꯝꯂꯤꯕ ꯑꯗꯨꯝꯃꯥꯏꯅ
ꯐꯔꯒꯁꯨ, ꯑꯐꯕ-ꯑꯆꯨꯝꯕ ꯇꯧꯔꯛꯄꯗꯁꯨ ꯐꯩ ꯍꯥꯏꯅ ꯍꯥꯏꯕ ꯉꯝꯒꯗꯕꯅꯤ꯫
ꯐꯔꯒ ꯐꯩ ꯍꯥꯏꯕ ꯑꯗꯨꯒ ꯐꯠꯇ꯭ꯔꯒꯅ ꯐꯠꯇꯦ ꯍꯥꯏꯕ ꯉꯝꯕꯒꯤ ꯊꯧꯅꯥ ꯂꯩꯕꯗꯨꯕꯨ
ꯑꯁꯦꯡꯕ, ꯑꯣꯏꯐꯝ ꯊꯣꯛꯄ ꯃꯤ ꯑꯣꯏꯕꯒꯤ ꯂꯤꯆꯠꯅꯤ ꯍꯥꯏꯒꯅꯤ꯫ ꯑꯐꯕ
ꯇꯧꯔꯛꯄ ꯃꯤꯑꯣꯏꯗꯅ ꯐꯩ ꯍꯥꯏꯕꯤꯗꯕ ꯑꯗꯨꯒ ꯐꯠꯇꯕ ꯇꯧꯔꯛꯂꯒ ꯐꯠꯇꯦ
ꯍꯥꯏꯕꯒꯤ ꯊꯧꯑꯣꯡꯗꯤ ꯆꯨꯝꯗꯦ꯫ ꯍꯟꯗꯛ ꯆꯤꯐ ꯃꯤꯅꯤꯁꯇꯔ ꯅꯣꯡꯊꯣꯝꯕꯝ
ꯕꯤꯔꯦꯟ ꯃꯁꯥꯃꯛꯅ ꯏꯅꯤꯁꯤꯑꯦꯇꯤꯚ ꯂꯧꯗꯨꯅ ꯂꯧꯈꯠꯂꯛꯂꯤꯕ ꯊꯕꯛꯁꯤꯡꯒꯤ
ꯃꯅꯨꯡꯗ ꯌꯥꯝꯅ ꯐꯕ, ꯐꯖꯕ, ꯑꯆꯨꯝꯕꯁꯨ ꯑꯣꯏꯕ ꯑꯗꯨꯒ ꯂꯧꯈꯠꯐꯝꯁꯨ ꯊꯣꯛꯄ
ꯊꯕꯛ ꯈꯔ ꯌꯥꯎꯔꯛꯂꯦ꯫ ꯊꯕꯛꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯃꯅꯨꯡꯗ ꯃꯔꯨ ꯑꯣꯏꯅ
ꯄꯟꯕ ꯌꯥꯔꯤꯕꯁꯤꯡꯅ ꯃꯀꯣꯛ ꯊꯣꯡꯕ ꯄꯨꯂꯤꯁ ꯑꯣꯐꯤꯁꯔꯁꯤꯡꯅ ꯔꯨꯜꯒꯤ
ꯋꯥꯡꯃꯗ ꯃꯈꯥ ꯊꯥꯕ ꯔꯥꯏꯐꯜꯃꯦꯟ/ꯀꯟꯁꯇꯦꯕꯜ ꯑꯃꯁꯨꯡ ꯄꯔꯁꯅꯦꯜꯁꯤꯡꯕꯨ
ꯃꯔꯟꯅꯥꯏꯒꯤ ꯑꯣꯏꯕ ꯁꯤꯖꯤꯟꯅꯔꯝꯕꯗꯒꯤ ꯆꯞꯈꯥꯏꯗꯨꯅ ꯇꯛꯈꯥꯏꯔꯛꯄ,
ꯁꯔꯚꯤꯁꯇꯒꯤ ꯁꯁꯄꯦꯟꯠ ꯇꯧꯔꯛꯄ ꯑꯃꯁꯨꯡ ꯒꯚꯔꯟꯃꯦꯟꯠꯅ ꯃꯁꯤꯒꯤ
ꯑꯦꯝꯄ꯭ꯂꯣꯌꯤꯁꯤꯡꯗ ꯃꯊꯧ ꯇꯥꯕꯗꯒꯤ ꯄꯤꯔꯤꯕ ꯀ꯭ꯋꯥꯇꯔꯁꯤꯡꯕꯨ ꯑꯇꯣꯞꯄ
ꯂꯩꯍꯟꯐꯝ ꯊꯣꯛꯇꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯗ ꯁꯥꯟꯗꯣꯛꯂꯒ ꯂꯩꯍꯜꯂꯝꯕꯁꯤꯡꯒꯤ
ꯃꯊꯛꯇ ꯎꯀꯥꯏ ꯇꯛꯊꯔꯛꯄꯁꯤꯅꯤ꯫ ꯊꯕꯛ ꯑꯅꯤꯃꯛ ꯌꯥꯝꯅ ꯐꯕ, ꯇꯧꯐꯝ
ꯊꯣꯛꯄ, ꯇꯧꯗꯕ ꯌꯥꯗꯕ ꯊꯕꯛ ꯉꯥꯛꯇꯅꯤ, ꯇꯧꯒꯗꯕꯅꯤ꯫ ꯃꯈꯥ ꯇꯥꯅ ꯁꯤꯠ
ꯅꯥꯟꯅ, ꯄꯨꯝꯇꯦꯡ ꯇꯦꯡꯊꯣꯛꯇ꯭ꯔꯤꯕ ꯐꯥꯎꯕ ꯆꯠꯊꯈꯤꯒꯗꯕꯅꯤ꯫ ꯂꯩꯕꯥꯛꯁꯤꯗ
ꯂꯣ ꯂꯩꯔꯤ, ꯆꯠꯅꯔꯤ꯫ ꯂꯣꯒꯤ ꯃꯊꯛꯇ ꯀꯅꯥꯃꯠꯇ ꯂꯩꯇꯦ ꯍꯥꯏꯕꯁꯤ
ꯒꯚꯔꯟꯃꯦꯟꯠ ꯑꯦꯝꯄ꯭ꯂꯣꯌꯤꯁꯤꯡꯗꯒꯤ ꯍꯧꯔꯒ ꯈꯪꯍꯟꯒꯗꯕꯅꯤ꯫ ꯈꯪꯗꯕ
ꯑꯃꯁꯨꯡ ꯈꯪꯁꯤꯟꯅꯗꯕ ꯌꯥꯎꯔꯛꯂꯒꯅ ꯃꯃꯤꯠ-ꯃꯃꯤꯠꯇꯨꯗ ꯈꯨꯗꯣꯝꯕꯤ
ꯊꯤꯟꯗꯨꯅ ꯈꯪꯍꯟꯒꯗꯕꯅꯤ꯫ ꯈꯪꯁꯤꯟꯅꯗꯕꯒꯤ ꯆꯩꯔꯥꯛꯁꯨ ꯄꯤꯒꯗꯕꯅꯤ꯫
ꯑꯅꯤꯃꯛ ꯑꯐꯕ ꯊꯕꯛꯁꯤꯡꯅꯤ꯫ ꯐꯩ ꯍꯥꯏꯅ ꯊꯥꯒꯠꯄꯤꯒꯗꯕꯅꯤ꯫

ꯑꯗꯨꯕꯨ ꯑꯁꯨꯛ ꯐꯖꯈ꯭ꯔꯕ, ꯑꯆꯨꯝꯕ, ꯇꯧꯐꯝ ꯊꯣꯛꯄ ꯊꯕꯛꯁꯤꯡꯁꯤꯒꯤ
ꯄꯥꯟꯗꯝ ꯃꯄꯨꯡ ꯐꯥꯅ ꯐꯪꯗ꯭ꯔꯤꯕ ꯐꯥꯎꯕ ꯌꯣꯡꯂꯩ-ꯃꯦꯜꯂꯩ ꯅꯥꯏꯗꯅ ꯆꯠꯊꯔꯛꯈꯣ
ꯍꯥꯏꯕꯅꯤ꯫ ꯊꯕꯛꯁꯤꯡꯁꯤ ꯍꯧꯖꯤꯛ ꯆꯠꯊꯔꯛꯄꯗ ꯑꯆꯥꯟ-ꯃꯤꯔꯥꯏ
ꯅꯥꯏꯔꯦ, ꯃꯤꯆꯪ-ꯁꯪꯒ ꯈꯥꯏꯅ ꯊꯕꯛ ꯇꯧꯔꯦ ꯍꯥꯏꯕ ꯅꯠꯇꯦ꯫ ꯑꯐꯕ ꯊꯕꯛꯁꯤꯡ
ꯇꯧꯊꯣꯛꯔꯛꯄꯗ ꯍꯥꯟꯅꯅ ꯍꯦꯛꯇ ꯅꯦꯒꯦꯇꯤꯚ ꯀ꯭ꯔꯤꯇꯤꯁꯤꯖꯝ ꯄꯤꯕꯒꯤ
ꯋꯥꯐꯝꯁꯨ ꯅꯠꯇꯦ꯫ ꯃꯈꯥ ꯇꯥꯅꯁꯨ ꯆꯠꯊꯔꯛꯇꯨꯅ ꯑꯔꯥꯟꯕ ꯊꯕꯛ ꯑꯅꯤꯃꯛ
ꯇꯧꯕ ꯌꯥꯗꯦ, ꯇꯧꯔꯣꯏꯗꯕꯅꯤ ꯍꯥꯏꯕꯗꯨ ꯃꯌꯦꯛ ꯁꯦꯡꯅ ꯈꯪꯍꯜꯂꯨ ꯍꯥꯏꯕꯒꯤ
ꯋꯥꯅꯤ꯫ ꯃꯔꯝꯗꯤ ꯍꯧꯖꯤꯛ ꯂꯩꯔꯤꯕ ꯂꯩꯉꯥꯛꯁꯤꯒꯤ ꯑꯍꯥꯟꯕ ꯇꯔꯝꯒꯤ ꯋꯥꯁꯛ
ꯂꯧꯗꯨꯅ ꯂꯤꯡꯂꯛꯈꯤꯕ ꯏꯀꯨꯏ-ꯀꯨꯏꯗ꯭ꯔꯤꯉꯩꯗ ꯄꯨꯂꯤꯁ ꯗꯤꯄꯥꯔꯠꯃꯦꯟꯠꯀꯤ
ꯄꯔꯁꯅꯦꯜꯁꯤꯡꯗ ꯏꯁꯨ ꯇꯧꯅꯕꯒꯤꯗꯃꯛ ꯁꯄ꯭ꯂꯥꯏ ꯇꯧꯔꯝꯕꯗ ꯁꯎꯟꯒꯤ
ꯃꯍꯨꯠꯇ ꯁꯟꯊꯤ ꯆꯦꯒꯤ ꯄꯦꯇꯤꯁꯤꯡ ꯁꯄ꯭ꯂꯥꯏ ꯇꯧꯔꯝꯕꯒꯤ ꯊꯧꯗꯣꯛ
ꯂꯩꯉꯥꯛꯇꯨꯗꯁꯨ ꯍꯣꯝꯒꯤ ꯊꯕꯛꯁꯨ ꯄꯨꯈꯤꯕ ꯆꯤꯐ ꯃꯤꯅꯤꯁꯇꯔꯅ ꯍꯛꯊꯦꯡꯅꯅ
ꯌꯦꯡꯁꯤꯟꯗꯨꯅ ꯐꯥꯒꯠꯈꯤ꯫ ꯂꯩꯕꯥꯛ ꯁꯔꯥ ꯁꯟꯈꯤ꯫ ꯆꯦꯟꯅꯕ ꯁꯄ꯭ꯂꯥꯌꯔꯅꯤ
ꯍꯥꯏꯕ ꯃꯤꯑꯣꯏ ꯑꯃ ꯐꯥꯒꯠꯇꯨꯅ ꯄꯨꯂꯤꯁ ꯀꯁꯇꯗꯤꯗ ꯐꯥꯎꯕ ꯔꯤꯃꯥꯟꯗ
ꯂꯧꯈꯤ꯫ ꯆꯦꯟꯅꯕꯅꯤ ꯍꯥꯏꯕ ꯃꯀꯣꯛ ꯊꯣꯡꯕ ꯄꯨꯂꯤꯁ ꯑꯣꯐꯤꯁꯔ ꯈꯔꯒꯤ
ꯃꯊꯛꯇꯁꯨ ꯏꯟꯀ꯭ꯋꯥꯔꯤ ꯏꯅꯤꯁꯤꯌꯦꯠ ꯇꯧꯈꯤ꯫ ꯑꯗꯨꯕꯨ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯁꯥꯊꯤꯕ,
ꯁꯦꯟꯖꯥ ꯊꯨꯝꯖꯥꯒꯁꯨ ꯃꯔꯤ ꯂꯩꯅꯕ ꯋꯥꯊꯣꯛꯇꯨꯒꯤ ꯋꯥꯔꯣꯏꯁꯤꯟ ꯑꯃꯁꯨꯡ ꯑꯔꯣꯏꯕ
ꯋꯥꯌꯦꯜꯒꯤ ꯐꯤꯚꯝ ꯍꯧꯖꯤꯛ ꯀꯗꯥꯏ ꯌꯧꯈ꯭ꯔꯕꯒꯦ? ꯋꯥ ꯂꯣꯏꯔꯦ꯫ ꯑꯗꯨꯝꯃꯥꯏꯅ
ꯊꯣꯛꯍꯜꯂꯛꯀꯅꯨ ꯍꯥꯏꯕꯅꯤ꯫ ꯂꯧꯈꯠꯂꯛꯂꯤꯕ ꯐꯖꯈ꯭ꯔꯕ ꯊꯕꯛꯁꯤꯡꯁꯤꯁꯨ
ꯁꯟꯊꯤ ꯆꯦꯒꯤ ꯄꯦꯇꯤꯁꯤꯡ ꯁꯄ꯭ꯂꯥꯏ ꯇꯧꯔꯝꯃꯤ ꯍꯥꯏꯗꯨꯅ ꯐꯥꯒꯠꯈꯤꯕꯒꯤ
ꯊꯧꯗꯣꯛ ꯇꯥꯍꯟꯅꯤꯡꯗꯦ ꯍꯥꯏꯕꯅꯤ꯫ ꯃꯔꯝꯗꯤ ꯃꯅꯤꯄꯨꯔꯗ ꯃꯤꯌꯥꯝꯒꯤ ꯋꯥꯌ
ꯦꯜ ꯆꯨꯞꯂꯤ ꯄꯥꯏꯈꯤꯕ ꯂꯩꯉꯥꯛꯁꯤꯡꯅ ꯑꯐꯕ ꯑꯃꯁꯨꯡ ꯑꯆꯨꯝꯕ, ꯇꯧꯗꯕ
ꯌꯥꯗꯕ ꯊꯕꯛꯁꯤꯡꯅꯤ ꯍꯥꯏꯗꯨꯅ ꯑꯍꯥꯟꯕ ꯍꯧꯗꯣꯔꯛꯄꯗ ꯕꯣꯝꯅ ꯍꯧꯕꯒꯤ
ꯐꯤꯚꯝꯗ ꯇꯧꯔꯛꯂꯒ ꯃꯃꯩ ꯇꯥꯔꯛꯄꯗ ꯄꯣꯛꯂꯥꯎꯕꯤꯅ ꯂꯣꯏꯁꯤꯟꯕꯒꯤ
ꯐꯤꯚꯝ ꯊꯦꯡꯈꯥꯡ ꯀꯌꯥꯗ ꯃꯤꯌꯥꯝꯅ ꯍꯛꯊꯦꯡꯅꯈ꯭ꯔꯦ꯫ ꯃꯔꯝ ꯑꯁꯤꯅ
ꯍꯟꯗꯛ ꯆꯤꯐ ꯃꯤꯅꯤꯁꯇꯔ ꯅꯣꯡꯊꯣꯝꯕꯝ ꯕꯤꯔꯦꯟꯅ ꯂꯧꯈꯠꯂꯛꯂꯤꯕ ꯑꯐꯕ
ꯊꯕꯛꯁꯤꯡ ꯑꯁꯤꯗꯤ ꯁꯨꯔꯨ-ꯁꯨꯔꯨꯗ ꯂꯣꯏꯁꯤꯟꯍꯟꯈꯤꯅꯨ ꯍꯥꯏꯕꯅꯤ꯫

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯂꯤꯇꯔꯦꯔꯤ ꯀ꯭ꯋꯤꯖ - 42
1) ꯀꯥꯂꯤꯗꯥꯁꯀꯤ "ꯔꯘꯨꯕꯪꯁ ꯃꯍꯥꯀꯕ꯭ꯌ" ꯍꯥꯏꯕꯁꯤ ꯃꯤꯇꯩ ꯁꯩꯔꯦꯡꯗ ꯀꯅꯥꯅ
ꯍꯟꯗꯣꯛꯄꯒꯦ?
2) "ꯁꯦꯡꯒꯣꯏ ꯁꯅꯥ" ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤ ꯀꯅꯥꯅ ꯏꯕꯅꯣ ꯑꯃꯗꯤ ꯀꯔꯝꯕ
ꯃꯈꯜꯒꯤ ꯂꯥꯏꯔꯤꯛꯅꯣ?

3) ꯄꯟꯗꯤꯠ ꯅꯤꯡꯊꯧꯈꯣꯡꯖꯝ ꯈꯦꯜꯆꯟꯗ꯭ꯔꯒꯤ ꯄꯨꯟꯁꯤ ꯑꯃꯁꯨꯡ ꯃꯍꯥꯛꯅ
ꯂꯤꯕꯤꯔꯝꯕ ꯋꯥꯔꯤꯁꯤꯡꯗ ꯌꯨꯝꯐꯝ ꯑꯣꯏꯗꯨꯅ ꯏꯕ ꯂꯥꯏꯔꯤꯛꯇꯨꯒꯤ ꯃꯃꯤꯡ ꯀꯔꯤꯅꯣ
ꯑꯃꯁꯨꯡ ꯀꯅꯥꯅ ꯈꯣꯝꯖꯤꯟꯕꯅꯣ?
4) "ꯅꯨꯡꯉꯥꯏꯐꯝ ꯈꯪꯗꯦ-/ꯅꯪꯒꯤ ꯋꯥꯈꯜꯗ ꯃꯪ ꯃꯪꯕꯗ꯫/ꯅꯨꯡꯉꯥꯏꯐꯝ ꯐꯪꯈꯤꯗꯦ-/
ꯅꯪꯒꯤ ꯃꯤꯡꯗ ꯗꯤꯄꯣꯖꯤꯠ ꯍꯥꯡꯉꯨꯕꯗꯁꯨ" ꯁꯩꯔꯦꯡ ꯃꯇꯦꯛ ꯑꯁꯤ ꯃꯄꯥꯜ ꯂꯝꯒꯤ
ꯃꯆꯤꯟ ꯇꯨꯝꯈꯠꯂꯛꯂꯤꯕꯤ ꯑꯏꯕꯤ ꯑꯃꯒꯤ ꯁꯩꯔꯦꯡꯗꯒꯤꯅꯤ꯫ ꯑꯏꯕꯤꯁꯤ ꯀꯅꯥꯅꯣ?
ꯃꯍꯥꯛꯀꯤ ꯀꯔꯤ ꯂꯥꯏꯔꯤꯛꯇ ꯌꯥꯎꯕ ꯀꯔꯤ ꯁꯩꯔꯦꯡꯗꯒꯤ ꯂꯧꯊꯣꯔꯛꯄꯅꯣ?
5) "ꯍꯦ ꯄꯥꯔꯤ= ꯅꯄꯟ ꯑꯩꯒꯤ ꯏꯍꯛꯆꯥꯡꯁꯦ ꯈꯥꯝ ꯄꯤ ꯃꯩꯗ ꯏꯛꯂꯣ꯫ ꯃꯥꯂꯦꯝ
ꯂꯩꯔꯣꯜ, ꯃꯥꯄꯟ ꯅ 'ꯀꯨ' ꯕꯨ ꯁꯥꯎ꯫ ꯀꯣꯔꯧ ꯅꯣꯡꯂꯣꯜ ꯃꯥꯄꯟ ꯅ 'ꯊꯛ SM' ꯁꯦꯝꯂꯣ꯫
ꯊꯛ SM ꯃꯈꯣꯡꯗꯤ 'ꯊꯪꯆꯤꯡ, ꯃꯥꯔꯖꯤꯡ, ꯋꯥꯡꯕ꯭ꯔꯦꯟ, ꯀꯧꯕ꯭ꯔꯨ' ꯃꯔꯤ ꯑꯁꯤꯅ
ꯑꯣꯏꯑꯣ꯫..." ꯋꯥꯍꯩ ꯄꯔꯦꯡ ꯈꯔ ꯑꯁꯤ ꯀꯗꯥꯏꯗꯒꯤ ꯂꯧꯊꯣꯔꯛꯄꯅꯣ?

ꯃꯊꯛꯇ ꯄꯤꯔꯤꯕ ꯋꯥꯍꯪꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯄꯥꯎꯈꯨꯝ ꯃꯦ 30, ꯅꯤꯡꯊꯧꯀꯥꯕ ꯅꯨꯃꯤꯠꯀꯤ
ꯑꯌꯨꯛ ꯄꯨꯡ 11 ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒꯤ ꯑꯣꯐꯤꯁꯇ ꯅꯠꯇ꯭ꯔꯒ ꯏ-ꯃꯦꯜ
hueiyenliteraryquiz@gmail.com ꯁꯤꯗ ꯃꯦꯜ ꯑꯣꯏꯅ ꯊꯥꯕꯤꯔꯛꯄ
ꯌꯥꯒꯅꯤ꯫ ꯄꯥꯎꯈꯨꯝ ꯄꯤꯕꯤꯔꯛꯄ/ꯊꯥꯕꯤꯔꯛꯄ ꯃꯇꯝꯗ ꯃꯤꯡ, ꯂꯩꯐꯝ, ꯃꯍꯩꯒꯤ ꯊꯥꯛ ꯑꯃꯁꯨꯡ
ꯀꯟꯇꯦꯛꯠ ꯅꯝꯕꯔ ꯃꯌꯦꯛ ꯁꯦꯡꯅ ꯏꯕꯤꯔꯛꯎ꯫ ꯋꯥꯍꯪ ꯈꯨꯗꯤꯡꯃꯛꯀꯤ ꯄꯥꯎꯈꯨꯝ ꯆꯨꯝꯅ
ꯅꯠꯇ꯭ꯔꯒ ꯃꯁꯤꯡ ꯌꯥꯝꯅ ꯆꯨꯝꯅ ꯄꯤꯕꯤꯔꯛꯄ ꯃꯤꯑꯣꯏꯁꯤꯡ ꯑꯗꯨꯗꯒꯤ ꯗ꯭ꯔꯣ ꯑꯣꯠꯆꯔꯒ
ꯂꯥꯏꯕꯛ ꯐꯕ ꯃꯤꯁꯛ ꯑꯃ ꯈꯟꯖꯒꯅꯤ꯫ ꯂꯣꯏꯅꯅ ꯈꯜꯂꯕ ꯃꯤꯁꯛ ꯑꯗꯨꯗ ꯃꯅꯥ ꯄꯤꯖꯒꯅꯤ꯫

ꯂꯧꯃꯤꯁꯤꯡꯒꯤ ꯀꯥꯈꯜ
ꯈꯨꯠꯁꯦꯝꯒꯤ ꯍꯥꯔꯁꯤꯡꯅ ꯂꯩꯍꯥꯎ ꯁꯤꯜꯍꯟꯕꯗꯒꯤ ꯀꯜꯍꯧꯔꯁꯤ
ꯁꯣꯏꯜꯒꯤ ꯄꯤ ꯑꯩꯆ (PH

) ꯍꯥꯏꯕꯁꯤ ꯂꯩꯕꯥꯛ ꯂꯩꯍꯥꯎ ꯑꯃꯒꯤ ꯑꯁꯤꯟ ꯑꯌꯥꯛꯀꯤ ꯆꯥꯡ ꯈꯪꯅꯕ ꯄꯊꯥꯞ/
SM ꯑꯃꯅꯤ꯫ ꯄꯊꯥꯞ ꯑꯁꯤꯗ ꯆꯥꯡ ꯑꯁꯤ 0-14 ꯐꯥꯎꯕ ꯂꯩ꯫ ꯄꯣꯠꯁꯛ ꯑꯃꯒꯤ ꯄꯤ ꯑꯩꯆ ꯑꯁꯤ 7 ꯇ ꯂꯩꯔꯕꯗꯤ ꯁꯤꯟꯁꯨ ꯁꯤꯟꯗꯕ, ꯌꯥꯛꯁꯨ ꯌꯥꯛꯇꯕ ꯑꯆꯝꯕꯅꯤ ꯍꯥꯏꯅ ꯂꯧꯏ꯫ PH 7 ꯇꯒꯤ ꯍꯟꯊꯔꯒꯅ ꯑꯁꯤꯟꯕ ꯑꯗꯨꯒ 7 ꯇꯒꯤ ꯍꯦꯜꯂꯒꯅ ꯑꯌꯥꯛꯄ ꯍꯥꯏꯅ ꯂꯧꯏ꯫ ꯂꯩꯕꯥꯛ ꯂꯩꯍꯥꯎ ꯑꯃ ꯍꯥꯏꯕꯁꯤ ꯌꯥꯝꯅꯁꯨ ꯁꯤꯟꯗꯕ, ꯌꯥꯝꯅꯁꯨ ꯌꯥꯛꯇꯕ ꯑꯣꯏꯔꯒꯗꯤ ꯑꯐꯕ ꯂꯩꯕꯥꯛꯅꯤ ꯑꯗꯨꯒ 7 ꯇꯒꯤ ꯍꯦꯜꯂꯒꯅ ꯑꯌꯥꯛꯄ ꯍꯥꯏꯅ ꯂꯧꯏ꯫ ꯑꯁꯤꯨꯝꯕ ꯂꯩꯕꯥꯛ ꯂꯩꯍꯥꯎꯗ ꯄꯥꯝꯕꯤ ꯑꯌꯥꯝꯕꯅ ꯅꯤꯡꯊꯤꯅ ꯍꯧꯕ ꯉꯝꯃꯤ꯫ ꯃꯥꯂꯦꯝꯒꯤ ꯂꯩꯕꯥꯛ ꯈꯔꯅ ꯑꯌꯥꯛꯄ ꯑꯗꯨꯒ ꯈꯔꯅ ꯑꯁꯤꯟꯕ ꯂꯩꯕꯥꯛ ꯑꯣꯏ꯫ ꯃꯐꯝ ꯃꯐꯝꯒꯤ ꯑꯣꯏꯅ ꯈꯦꯟꯅꯩ ꯍꯥꯏꯕꯅꯤ꯫ ꯑꯩꯈꯣꯏꯒꯤ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯂꯩꯕꯥꯛ ꯂꯩꯍꯥꯎ ꯑꯁꯤ ꯃꯍꯧꯁꯥꯅ ꯃꯔꯝ ꯀꯌꯥꯗꯒꯤ ꯑꯁꯤꯟꯕ ꯂꯩꯕꯥꯛ ꯑꯣꯏ꯫ ꯑꯗꯨꯕꯨ ꯂꯩꯕꯥꯛ ꯑꯗꯨꯕꯨ ꯁꯤꯖꯤꯟꯅꯕ ꯈꯦꯟꯅꯕꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯃꯐꯝ ꯑꯃꯒ ꯑꯃꯒꯁꯨ ꯁꯤꯟꯕꯒꯤ ꯆꯥꯡ ꯑꯁꯤ ꯑꯗꯨꯃꯛ ꯈꯦꯟꯅꯩ꯫ ꯃꯍꯧꯁꯥꯅ ꯁꯤꯟꯗꯨꯅ ꯂꯩꯔꯕ ꯂꯩꯍꯥꯎ ꯑꯁꯤ ꯑꯇꯣꯞꯄ ꯃꯔꯝꯁꯤꯡ, ꯃꯔꯨ ꯑꯣꯏꯅ ꯈꯨꯠꯁꯦꯝꯒꯤ ꯍꯥꯔ ꯌꯨꯔꯤꯌꯥ, ꯗꯥꯏꯃꯣ, ꯑꯦꯃꯣꯅꯤꯌꯝ ꯁꯜꯐꯦꯠ, ꯑꯦꯃꯣꯅꯤꯌꯝ ꯀ꯭ꯂꯣꯔꯥꯏꯗ ꯑꯁꯤꯅꯆꯤꯡꯕ ꯍꯥꯔꯁꯤꯡ ꯁꯤꯖꯤꯟꯅꯕꯅ ꯑꯃꯨꯛꯀꯁꯨ ꯍꯦꯟꯅ ꯁꯤꯜꯍꯟꯗꯨꯅ ꯂꯩꯕꯥꯛ ꯁꯨꯕ ꯅꯨꯡꯉꯥꯏꯍꯟꯗꯦ, ꯄꯥꯝꯕꯤ ꯅꯤꯡꯊꯤꯅ ꯍꯧꯕ ꯉꯝꯍꯟꯗꯦ꯫ ꯍꯥꯔꯁꯤꯡ ꯑꯁꯤ ꯂꯩꯕꯥꯛꯇ ꯍꯥꯞꯄ ꯃꯇꯝꯗ ꯃꯁꯤꯗ ꯌꯥꯎꯔꯤꯕ ꯑꯦꯃꯣꯅꯤꯌꯝꯁꯤꯡ ꯊꯥꯗꯣꯔ-ꯛꯏ꯫ ꯃꯁꯤꯒ ꯑꯣꯛꯁꯤꯖꯦꯟꯒ ꯌꯥꯟꯁꯤꯟꯅꯔꯒ ꯅꯥꯏꯇ꯭ꯔꯤꯐꯥꯏꯪ ꯕꯦꯛꯇꯔꯤꯌꯥꯒꯤ ꯃꯇꯦꯡꯅ ꯐ꯭ꯔꯤ ꯑꯣꯏꯕ ꯍꯥꯏꯗ꯭ꯔꯣꯖꯦꯟ ꯊꯥꯗꯣꯔꯛꯏ꯫ ꯃꯁꯤꯅ ꯑꯦꯁꯤꯗ ꯁꯦꯝꯗꯨꯅ ꯂꯩꯕꯥꯛ ꯁꯤꯜꯍꯜꯂꯤ꯫
ꯑꯁꯨꯝꯅ ꯂꯤꯁꯥꯡ ꯁꯤꯠꯅ ꯍꯥꯔꯁꯤꯡ
ꯑꯁꯤ ꯁꯤꯖꯤꯟꯅꯔꯛꯄ ꯑꯗꯨꯒ ꯍꯥꯞꯂꯤꯕ
ꯍꯥꯔꯗꯨꯒꯤ ꯆꯥꯡꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯍꯥꯞꯀꯗꯕ
ꯁꯨꯅꯨꯅ ꯍꯥꯞꯍꯧꯗꯕ ꯇꯥꯔꯒꯗꯤ ꯂꯩꯕꯥꯛ ꯑꯗꯨ
ꯑꯁꯤꯟꯕ ꯂꯩꯕꯥꯛ ꯑꯣꯏꯔꯛꯏ꯫ ꯃꯔꯝ ꯑꯁꯤ
ꯂꯩꯕꯅ ꯍꯥꯞꯂꯤꯕ ꯍꯥꯔꯒ ꯆꯥꯅꯅ ꯍꯥꯞꯀꯗꯕ
ꯁꯨꯅꯨꯒꯤ ꯆꯥꯡ ꯈꯪꯖꯤꯟꯕꯤꯗꯨꯅ ꯃꯇꯝ ꯆꯥꯅ ꯁꯨꯅꯨ
ꯍꯥꯞꯍꯧꯗꯨꯅ ꯑꯩꯈꯣꯏꯒꯤ ꯂꯩꯕꯥꯛꯄꯨ ꯍꯦꯟꯅ
ꯁꯤꯟꯈꯤꯒꯗꯕꯗꯒꯤ ꯀꯜꯍꯧꯕ ꯌꯥꯏ꯫ ꯈꯨꯗꯝ
ꯑꯃ ꯌꯦꯡꯁꯤ꯫ ꯀꯔꯤꯒꯨꯝꯕ ꯄꯤ ꯑꯩꯆ 5.8
ꯗ ꯍꯟꯖꯤꯟꯍꯟꯕ ꯃꯇꯝꯗ ꯁꯨꯅꯨ ꯀꯥ ꯍꯦꯟꯅ
ꯌꯥꯝꯅ ꯆꯪꯕ ꯇꯥꯕꯅꯤ꯫ ꯃꯇꯥꯡ ꯑꯁꯤꯗ ꯈꯪꯖꯤꯟꯕ
ꯌꯥꯕ ꯋꯥꯐꯝ ꯑꯃꯅ ꯀꯔꯤꯒꯨꯝꯕ ꯅꯥꯏꯇ꯭ꯔꯣꯖꯦꯟ
ꯀꯤꯂꯣ 1 ꯆꯥꯏꯕ ꯃꯇꯝꯗ ꯍꯥꯏꯕꯗꯤ ꯌꯨꯔꯤꯌꯥ
ꯀꯤꯂꯣ 2.17 (ꯌꯨꯔꯤꯌꯥꯗ ꯅꯥꯏꯇ꯭ꯔꯣꯖꯦꯟ ꯆꯥꯗ
46 ꯌꯥꯎꯏ) ꯆꯥꯏꯕ ꯃꯇꯝꯗ ꯁꯨꯅꯨ (ꯀꯦꯜꯁꯤꯌꯝ
ꯀꯥꯔꯕꯣꯅꯦꯠ ꯑꯣꯏꯅ) ꯀꯤꯂꯣ 6 ꯆꯥꯏꯕ ꯇꯥꯔꯕꯗꯤ ꯂꯩꯕꯥꯛ ꯁꯤꯟꯕ ꯍꯦꯟꯒꯠꯍꯟꯗꯕ ꯌꯥꯏ꯫ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯑꯣꯏꯅ ꯂꯧ ꯄꯔꯤ ꯑꯃꯗ ꯅꯥꯏꯇ꯭ꯔꯣꯖꯦꯟ ꯀꯤꯂꯣ 60 ꯍꯥꯏꯕꯗꯤ ꯌꯨꯔꯤꯌꯥ ꯀꯤꯂꯣ 60 ꯒ 2.17 = 130.2 ꯆꯥꯏꯕ ꯃꯇꯝꯗ ꯁꯨꯅꯨ ꯀꯤꯂꯣ 360 ꯆꯥꯏꯕ ꯃꯊꯧ ꯇꯥꯏ ꯍꯥꯏꯕꯅꯤ꯫ ꯑꯃꯔꯣꯝꯗ ꯂꯥꯏꯊꯣꯛꯅ ꯍꯥꯏꯔꯕꯗ ꯌꯨꯔꯤꯌꯥ ꯀꯤꯂꯣ ꯈꯨꯗꯤꯡꯒꯤ ꯁꯨꯅꯨ ꯀꯤꯂꯣ 2.76 ꯆꯥꯏꯔꯕꯗꯤ ꯂꯩꯕꯥꯛ ꯁꯤꯟꯕ ꯍꯦꯟꯒꯠꯍꯟꯗꯕ ꯌꯥꯏ ꯍꯥꯏꯕꯅꯤ꯫ ꯃꯃꯥꯡꯊꯛꯇ ꯍꯥꯔ ꯁꯤꯖꯤꯟꯅꯕ ꯍꯧꯔꯛꯄ ꯃꯇꯝꯗ ꯑꯩꯈꯣꯏꯒꯤ ꯂꯩꯕꯥꯛ ꯏꯟꯗꯤꯌꯥꯒꯤ ꯑꯣꯏꯅ ꯍꯥꯔ ꯆꯥꯏꯅꯕꯈꯛ ꯍꯥꯏꯔꯝꯕ ꯅꯠꯇꯅ ꯀꯅꯥꯅꯁꯨ ꯍꯥꯔ ꯆꯥꯏꯕ ꯃꯇꯝꯗ ꯁꯨꯅꯨ ꯆꯥꯏꯅꯕ ꯍꯥꯏꯔꯝꯗꯦ꯫ ꯃꯁꯤ ꯂꯩꯕꯥꯛ ꯂꯩꯍꯥꯎꯅ ꯍꯥꯔꯒꯤ ꯃꯌꯥꯛ ꯈꯨꯗꯤꯡꯃꯛꯄꯨ ꯆꯝꯊꯣꯛꯍꯟꯕ ꯉꯝꯃꯤ ꯍꯥꯏꯅ ꯂꯧꯅꯔꯝꯕꯅꯅꯤ ꯍꯥꯏ ꯇꯥꯏ꯫ ꯑꯗꯨꯕꯨ ꯂꯩꯕꯥꯛ ꯂꯩꯍꯥꯎ ꯈꯨꯗꯤꯡꯃꯛꯇ ꯆꯝꯊꯣꯛꯍꯟꯕ ꯉꯝꯕꯒꯤ ꯃꯒꯨꯟꯁꯨ ꯈꯦꯟꯅꯔꯤꯕꯅꯤ꯫ ꯂꯩꯇꯥꯟ ꯂꯝꯅ ꯆꯝꯊꯣꯛꯍꯟꯕ ꯉꯝꯕꯒꯤ ꯄꯥꯡꯒꯜ ꯑꯁꯤ ꯂꯩꯉꯣꯏ ꯂꯝꯗꯒꯤ ꯍꯦꯜꯂꯤ꯫ ꯂꯩꯕꯥꯛ ꯂꯩꯍꯥꯎꯗ ꯅꯤꯡꯊꯤꯅ ꯄꯠꯊ-ꯄꯨꯝꯊꯔꯕ ꯑꯣꯔꯒꯥꯅꯤꯛ ꯃꯦꯇꯔ ꯌꯥꯝꯅ ꯌꯥꯎꯕ ꯂꯩꯕꯥꯛꯇ ꯑꯃꯨꯛ ꯍꯥꯔꯅ ꯁꯤꯜꯍꯟꯕꯗꯒꯤ ꯈꯔ ꯃꯈꯩ ꯉꯥꯛꯊꯣꯛꯄ ꯉꯝꯕꯒꯤ ꯄꯥꯡꯒꯜ ꯂꯩ꯫ ꯃꯔꯝ ꯑꯁꯤꯅ ꯂꯩꯕꯥꯛꯇ ꯀꯝꯄꯣꯁꯠ ꯍꯥꯞꯄ ꯑꯁꯤ ꯄꯥꯝꯕꯤꯗ ꯀꯥꯟꯅꯕ ꯌꯥꯝꯅ ꯄꯤꯕꯒꯤ ꯃꯊꯛꯇ ꯂꯩꯕꯥꯛ ꯁꯤꯜꯍꯟꯕ ꯉꯝꯕ ꯃꯈꯜꯒꯤ ꯍꯥꯔ ꯆꯥꯏꯕꯅ ꯂꯩꯕꯥꯛ ꯁꯤꯜꯍꯟꯕꯗꯒꯤ ꯀꯥꯟꯅꯕ ꯃꯆꯥꯛ ꯑꯃꯁꯨ ꯑꯣꯏ꯫
ꯃꯊꯛꯇ ꯊꯝꯂꯤꯕꯁꯤꯡ ꯑꯁꯤꯅ ꯑꯌꯥꯝꯕ ꯅꯥꯏꯇ꯭ꯔꯣꯖꯦꯟꯒꯤ ꯍꯥꯔꯁꯤꯡꯅꯤ꯫ ꯃꯁꯤ ꯅꯠꯇꯕ ꯐꯣꯁꯐꯣꯔꯁꯀꯤ ꯍꯥꯔꯁꯤꯡ ꯈꯨꯗꯝ ꯑꯣꯏꯅ ꯁꯤꯡꯒꯜ ꯁꯨꯄꯔ ꯐꯣꯁꯐꯦꯠ, ꯇ꯭ꯔꯤꯄꯜ ꯁꯨꯄꯔ ꯐꯣꯁꯐꯦꯠꯀꯤ ꯍꯥꯔꯁꯤꯡ ꯑꯁꯤꯁꯨ ꯐꯣꯁꯐꯣꯔꯤꯛ ꯑꯦꯁꯤꯗ ꯄꯨꯊꯣꯛꯇꯨꯅ ꯂꯩꯕꯥꯛ ꯁꯤꯜꯍꯟꯕ ZAT! ꯗꯥꯏꯃꯣ ꯍꯥꯏꯅꯔꯤꯕ ꯗꯥꯏ
ꯑꯦꯃꯣꯅꯤꯌꯝ ꯐꯣꯁꯐꯦꯠꯁꯨ ꯂꯩꯕꯥꯛ ꯁꯤꯜꯍꯟꯕ ZAT! ꯑꯗꯨꯕꯨ ꯁꯤꯡꯒꯜ ꯁꯨꯄꯔ ꯐꯣꯁꯐꯦꯠꯇ ꯁꯨꯅꯨꯒꯤ ꯆꯥꯡ ꯆꯥꯗ 20 ꯌꯥꯎꯕ ꯃꯔꯝꯅ ꯑꯇꯩꯗꯒꯤ ꯁꯥꯐꯕ ꯑꯣꯏ꯫
ꯑꯁꯨꯝꯅ ꯁꯨꯅꯨ ꯆꯥꯏꯗꯨꯅ ꯅꯠꯇ꯭ꯔꯒ ꯑꯣꯔꯒꯥꯅꯤꯛ ꯃꯦꯇꯔ ꯃꯇꯤꯛ ꯆꯥꯅ ꯍꯥꯞꯇꯨꯅ ꯂꯩꯕꯥꯛ ꯁꯤꯟꯗꯅꯕ ꯊꯕꯛ ꯑꯃꯠꯇ ꯄꯥꯏꯈꯠꯇꯅ ꯂꯤꯁꯥꯡ ꯁꯤꯠꯅ ꯍꯥꯔ ꯆꯥꯏꯕꯗꯒꯤ ꯂꯩꯕꯥꯛ ꯂꯩꯍꯥꯎ ꯁꯤꯟꯕꯅ ꯀꯔꯤ ꯑꯃꯥꯡ ꯑꯇꯥ ꯊꯣꯛꯄꯒꯦ ꯍꯥꯏꯕꯗꯨ ꯌꯦꯡꯁꯤ꯫
1) ꯑꯁꯤꯟꯕ ꯂꯩꯕꯥꯛꯇ ꯅꯥꯄꯤ ꯍꯤꯗꯥꯛ ꯈꯔꯗꯤ ꯃꯊꯧ ꯄꯥꯡꯊꯣꯛꯄ ꯉꯝꯍꯟꯗꯦ꯫ ꯈꯨꯗꯝ ꯑꯣꯏꯅ ꯄꯥꯔꯀꯨꯑꯦꯠ, 2-4 ꯗꯤ, ꯐꯦꯅꯣꯜ ꯑꯁꯤꯅꯆꯤꯡꯕ ꯅꯥꯄꯤ ꯍꯤꯗꯥꯛꯁꯤꯡ ꯑꯁꯤ ꯑꯁꯤꯟꯕ ꯂꯩꯕꯥꯛꯇ ꯀꯥ ꯍꯦꯟꯅ ꯆꯨꯞꯁꯤꯟꯈꯤꯕꯅ ꯀꯥꯟꯅꯕ TWI ꯐꯪꯗꯦ꯫
2) ꯅꯥꯏꯇ꯭ꯔꯣꯖꯦꯟ ꯌꯥꯎꯕ ꯑꯦꯃꯣꯅꯤꯌꯥꯕꯨ ꯄꯥꯝꯕꯤꯅ ꯂꯧꯁꯤꯟꯕ ꯉꯝꯕ ꯃꯑꯣꯡ ꯅꯥꯏꯇ꯭ꯔꯦꯠꯇ ꯑꯣꯟꯊꯣꯛꯄ ꯉꯝꯕ ꯅꯥꯏꯇ꯭ꯔꯤꯐꯥꯏꯪ ꯕꯦꯛꯇꯔꯤꯌꯥ ꯑꯁꯤ ꯄꯤ ꯑꯩꯆ 5.5 ꯒꯤ ꯃꯈꯥꯗ ꯍꯤꯡꯕ ꯉꯝꯗꯦ꯫ ꯑꯁꯨꯝꯅ ꯑꯁꯤꯒꯨꯝꯕ ꯍꯤꯡꯀꯨꯞ ꯑꯁꯤ ꯍꯤꯡꯕ ꯉꯝꯗꯕ ꯂꯩꯕꯥꯛꯇ ꯑꯦꯃꯣꯅꯤꯌꯥꯒꯤ ꯆꯥꯡ ꯋꯥꯡꯈꯠꯂꯛꯇꯨꯅ ꯂꯩꯅꯨꯡꯒꯤ ꯏꯁꯤꯡꯗ ꯃꯣꯠꯁꯤꯜꯂꯛꯄꯒꯤ ꯈꯨꯗꯣꯡꯊꯤꯕ ꯂꯩ꯫
3) ꯀꯥꯟꯅꯔꯕ ꯍꯤꯡꯀꯨꯞꯁꯤꯡ ꯈꯨꯗꯝ ꯑꯣꯏꯅ ꯅꯨꯡꯁꯤꯠꯇꯒꯤ ꯅꯥꯏꯇ꯭ꯔꯣꯖꯦꯟ ꯐꯥꯖꯤꯟꯕ ꯉꯝꯕ ꯔꯥꯏꯖꯣꯕꯤꯌꯝ ꯑꯃꯗꯤ ꯑꯦꯖꯣꯇꯣꯕꯦꯛꯇꯔ ꯍꯥꯏꯔꯤꯕ ꯑꯅꯤ ꯑꯁꯤ ꯄꯤ ꯑꯩꯆ 6 ꯇꯒꯤ ꯍꯟꯊꯔꯕꯗꯤ ꯍꯤꯡꯕ ꯉꯝꯗꯦ꯫ ꯍꯤꯡꯀꯨꯞꯁꯤꯡ ꯑꯁꯤꯅ ꯍꯤꯡꯕ ꯉꯝꯗꯕ ꯃꯐꯝꯗ ꯄꯥꯝꯕꯤꯁꯤꯡꯅ ꯅꯤꯡꯊꯤꯅ ꯍꯧꯕ ꯉꯝꯗꯦ꯫
4) ꯁꯝꯅ ꯍꯥꯏꯔꯕꯗ ꯍꯥꯔꯅ ꯁꯤꯜꯍꯜꯂꯕ
ꯂꯩꯕꯥꯛ ꯂꯩꯍꯥꯎꯗ ꯄꯥꯝꯕꯤꯒꯤ ꯇꯉꯥꯏꯐꯗꯕ
ꯃꯆꯤꯟꯖꯥꯛꯁꯤꯡ :-
ꯐꯣꯁꯐꯣꯔꯁ, ꯕꯣꯔꯣꯟ, ꯀꯣꯄꯔ ꯑꯃꯁꯨꯡ
ꯖꯦꯡꯛ ꯍꯥꯏꯔꯤꯕꯁꯤꯡ ꯑꯁꯤꯅ ꯄꯤ ꯑꯩꯆ
5.5 ꯒꯤ ꯃꯈꯥꯗ ꯂꯩꯕ ꯃꯇꯝꯗ ꯑꯇꯣꯞꯄ
ꯃꯆꯜꯁꯤꯡꯒ \ꯥꯟꯊꯣꯛ \ꯥꯟꯁꯤꯟ
(ꯔꯤꯑꯦꯛꯁꯟ) ꯇꯧꯈꯤꯗꯨꯅ ꯄꯥꯝꯕꯤꯅ ꯐꯪꯕ ꯋꯥꯠꯂꯤ꯫
5) ꯄꯤ ꯑꯩꯆꯅ ꯑꯁꯨꯝꯅ 5.5 ꯒꯤ ꯃꯈꯥꯗ
ꯂꯩꯈꯤꯕ ꯃꯇꯝꯗ ꯃꯦꯡꯒꯥꯅꯤꯖꯒ ꯑꯥꯏꯔꯟꯒ
ꯏꯁꯤꯡꯗ ꯇꯨꯝꯕꯒꯤ ꯆꯥꯡ ꯍꯦꯟꯗꯨꯅ ꯄꯥꯝꯕꯤꯗ
ꯍꯨ ꯑꯣꯏꯍꯟꯗꯨꯅ ꯄꯥꯝꯕꯤ ꯅꯤꯡꯊꯤꯅ ꯍꯧꯕ
ꯉꯝꯍꯟꯗꯦ꯫

TKA ꯁꯝꯅ ꯍꯥꯏꯔꯕꯗ ꯂꯩꯋꯤꯁ ꯑꯃꯁꯨꯡ
ꯗꯦꯚꯤꯁꯅ ꯀꯨꯝꯖꯥ 1970 ꯗ ꯐꯣꯡꯗꯣꯛꯂꯝꯕꯗ,
ꯑꯣꯔꯒꯥꯅꯤꯛ KOTM ꯑꯣꯏꯒꯦꯔ ꯃꯤꯅꯔꯦꯜ

KOTM ꯑꯣꯏꯒꯦꯔ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯆꯤꯟꯖꯥꯛ ꯅꯤꯡꯊꯤꯅ ꯐꯪꯗꯨꯅ ꯍꯧꯕ ꯉꯝꯕ ꯍꯥꯏꯕꯁꯤ KOTM ꯄꯤ ꯑꯩꯆꯅ 6.5 ꯗꯒꯤ 7.5 ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯂꯩꯕ, ꯀꯥ ꯍꯦꯟꯅꯁꯨ ꯁꯤꯟꯗꯕ, ꯀꯥ ꯍꯦꯟꯅꯁꯨ ꯌꯥꯛꯇꯕ ꯂꯩꯕꯥꯛ ꯂꯩꯍꯥꯎꯗꯅ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯍꯦꯜꯂꯤ ꯍꯥꯏꯕꯁꯤꯅꯤ꯫
ꯊꯝꯖꯔꯤꯕ ꯈꯔ ꯑꯁꯤ ꯈꯟꯊꯔꯒ ꯑꯁꯤꯟꯕ ꯍꯦꯟꯒꯠꯍꯟꯕ ꯍꯥꯔ ꯃꯈꯜꯁꯤꯡꯁꯤ ꯆꯥꯏꯕ ꯃꯇꯝꯗ
ꯃꯇꯝ ꯆꯥꯅ ꯁꯨꯅꯨ ꯈꯔ ꯃꯊꯛꯇ ꯊꯝꯈꯤꯕ ꯆꯥꯡ ꯍꯥꯏꯕꯗꯤ ꯅꯥꯏꯇ꯭ꯔꯣꯖꯦꯟ ꯀꯤꯂꯣ ꯑꯃꯒꯤ ꯆꯥꯡ ꯌꯥꯎꯕ ꯍꯥꯔ ꯆꯥꯏꯕ ꯈꯨꯗꯤꯡꯒꯤ ꯁꯨꯅꯨ ꯑꯁꯤ (ꯀꯦꯜꯁꯤꯌꯝ ꯅꯥꯏꯇ꯭ꯔꯦꯠ ꯑꯣꯏꯅ) ꯀꯤꯂꯣ ꯇꯔꯨꯛ ꯆꯥꯏꯕ ꯇꯉꯥꯏꯐꯗꯦ꯫ ꯃꯇꯥꯡ ꯑꯁꯤꯗ ꯇꯉꯥꯏꯐꯗꯅ ꯈꯪꯗꯕ ꯌꯥꯔꯛꯇ꯭ꯔꯤꯕꯁꯤ ꯍꯥꯔꯁꯤꯡꯁꯤꯗ ꯅꯥꯏꯇ꯭ꯔꯣꯖꯦꯟꯒꯤ ꯆꯥꯡ ꯀꯌꯥ ꯌꯥꯝꯅ ꯌꯥꯎꯕꯒꯦ ꯍꯥꯏꯕꯁꯤꯅꯤ꯫ ꯅꯤꯡꯁꯤꯡꯖꯒꯦ - ꯌꯨꯔꯤꯌꯥ : ꯀꯤꯂꯣ 100 ꯗ ꯅꯥꯏꯇ꯭ꯔꯣꯖꯦꯟ ꯀꯤꯂꯣ 46 ꯌꯥꯎꯏ꯫ ꯗꯥꯏ ꯑꯦꯃꯣꯅꯤꯑꯝ ꯐꯣꯁꯐꯦꯠꯇ : ꯀꯤꯂꯣ 100 ꯗ 16-18 ꯌꯥꯎꯏ꯫ ꯃꯁꯤ ꯈꯪꯂꯕꯗꯤ ꯁꯨꯅꯨ ꯀꯌꯥ ꯌꯥꯝꯅ ꯆꯥꯏꯒꯅꯤ ꯍꯥꯏꯕ ꯈꯪꯂꯦ꯫ ꯑꯗꯨꯕꯨ ꯀꯩꯗꯧꯅꯨꯡꯗ ꯍꯥꯔꯒ ꯁꯨꯅꯨꯒ ꯌꯥꯟꯁꯤꯟꯅꯗꯨꯅ ꯆꯥꯏꯕ ꯌꯥꯗꯦ ꯁꯨꯅꯨꯗꯤ ꯄꯣꯠ ꯊꯥꯒꯗꯕ ꯊꯥ ꯑꯃ ꯋꯥꯠꯂꯤꯉꯩ ꯃꯇꯝꯗ ꯆꯥꯏꯗꯨꯅ ꯂꯩꯕꯥꯛꯇ ꯈꯣꯏꯖꯤꯟꯕꯤꯍꯧꯒꯗꯕꯅꯤ꯫ ꯍꯥꯔ ꯑꯌꯥꯝꯕꯅ ꯄꯣꯠ ꯊꯥꯔꯝꯗꯥꯏ ꯅꯠꯇ꯭ꯔꯒ ꯊꯥꯔꯕ ꯃꯇꯨꯡꯗ ꯆꯥꯏꯒꯗꯕꯅꯤ꯫
ꯑꯃꯔꯣꯝꯗꯅ ꯑꯣꯔꯒꯥꯅꯤꯛ ꯑꯣꯏꯕ ꯍꯥꯔꯁꯤꯡ - ꯁꯟꯊꯤ-ꯁꯟꯌꯨꯡꯒꯤ ꯍꯥꯔ, ꯀꯝꯄꯣꯁꯠ, ꯚꯔꯃꯤꯀꯝ-ꯄꯣꯁꯠꯅꯆꯤꯡꯕ ꯍꯥꯔꯁꯤꯡ ꯁꯦꯝꯗꯨꯅ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯆꯤꯟꯖꯥꯛ ꯄꯤꯕꯗ ꯅꯠꯇꯅ ꯂꯩꯕꯥꯛ ꯂꯩꯁꯥ ꯐꯒꯠꯍꯟꯁꯤ꯫ ꯁꯨꯕꯗ ꯅꯨꯉꯥꯏꯕ, ꯁꯤꯟꯕ ꯍꯦꯟꯒꯠꯄꯗꯒꯤ ꯉꯥꯛꯊꯣꯛꯄ ꯉꯝꯕ, ꯂꯩꯍꯥꯎ ꯂꯩꯕ, ꯆꯥꯊꯣꯛ ꯄꯨꯊꯣꯛꯄ ꯉꯝꯕ ꯂꯩꯕꯥꯛ ꯑꯣꯏꯍꯟꯗꯨꯅ ꯄꯨꯝꯅꯃꯛꯀꯤ ꯌꯥꯏꯐꯕ ꯑꯣꯏꯍꯟꯁꯤ꯫=

- ꯑꯦꯁ ꯁꯨꯃꯪꯒꯜ -

ꯂꯧꯎ-ꯁꯤꯡꯎꯒꯤ ꯋꯥꯍꯪ ꯄꯥꯎꯈꯨꯝ

Q. ꯏꯐꯦꯛꯇꯤꯚ ꯃꯥꯏꯀ꯭ꯔꯣꯑꯣꯔꯒꯥꯅꯤꯖꯝ (ꯏ ꯑꯦꯝ) ꯁꯣꯂꯨꯁꯟ ꯌꯨꯝꯗ ꯀꯔꯝꯅ ꯁꯦꯝꯕ ꯌꯥꯒꯗꯒꯦ?
- ꯔꯥꯖꯦꯁ ꯃꯩꯇꯩ

<rajeshmeitei78@gmail.com>
ꯊ ꯏꯐꯦꯛꯇꯤꯚ ꯃꯥꯏꯀ꯭ꯔꯣꯑꯣꯔꯒꯥꯅꯤꯖꯝ ꯁꯣꯂꯨꯁꯟ (ꯏ ꯑꯦꯝ ꯁꯣꯂꯨꯁꯟ) ꯍꯥꯏꯕꯁꯤ ꯃꯍꯧꯁꯥꯅ ꯑꯩꯈꯣꯏꯒꯤ ꯑꯀꯣꯏꯕꯗ ꯐꯪꯂꯤꯕ ꯀꯥꯟꯅꯔꯕ ꯃꯈꯜ ꯀꯌꯥꯒꯤ ꯍꯤꯡꯀꯨꯞꯁꯤꯡ (30 ꯃꯨꯛ) ꯄꯨꯟꯁꯤꯜꯂꯒ ꯁꯦꯝꯕ ꯂꯧꯎ-ꯁꯤꯡꯎꯗ ꯑꯃꯁꯨꯡ ꯑꯇꯩ ꯊꯧꯔꯝ ꯀꯌꯥꯗ ꯀꯥꯟꯅꯕ ꯄꯤꯕ ꯉꯝꯕ ꯄꯣꯠꯂꯝ [aeg! aKgr Photosynthesizing bacteria, Lactic acid bacteria, Yeasts, Actinomycetes ꯑꯃꯁꯨꯡ ꯂꯧꯎ-ꯁꯤꯡꯎꯒꯤ ꯂꯦꯝꯈꯥꯛꯁꯤꯡꯕꯨ ꯃꯄꯨꯡ ꯐꯥꯅ ꯄꯠꯊꯍꯟꯕ ꯉꯝꯕ ꯀꯣꯛꯐꯥꯏ ꯀꯌꯥ ꯑꯃ ꯌꯥꯎꯏ꯫

ꯃꯔꯝꯁꯤꯡ ꯑꯁꯤꯅ ꯃꯈꯜ ꯀꯌꯥꯒꯤ ꯍꯤꯡꯀꯨꯞꯁꯤꯡ ꯑꯁꯤ ꯌꯨꯝꯗ ꯄꯨꯊꯣꯛꯅꯕ ꯍꯣꯠꯅꯕ ꯑꯔꯥꯏꯕ ꯑꯣꯏꯗꯦ꯫ ꯏ ꯑꯦꯝ ꯀꯜꯆꯔ ꯑꯣꯏꯅ ꯂꯩꯕ ꯇꯥꯔꯛꯏ꯫ ꯃꯈꯜ ꯀꯌꯥꯒꯤ ꯏ ꯑꯦꯝ ꯀꯜꯆꯔ ꯂꯩꯕ ꯐꯪꯂꯦ꯫ ꯃꯃꯤꯡ ꯂꯩꯔꯕ ꯃꯇꯨꯡꯗ ꯍꯤꯡꯀꯨꯞꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯃꯄꯥꯡꯒꯜ ꯑꯃꯁꯨꯡ ꯃꯁꯤꯡ ꯍꯦꯟꯒꯠꯍꯟꯒꯅꯤ꯫ ꯏ ꯑꯦꯝ ꯀꯜꯆꯔꯁꯤꯡ ꯀꯥꯞꯊꯣꯛ ꯆꯥꯏꯊꯣꯛꯂꯒ ꯂꯩꯕꯥꯛꯇꯒꯤ ꯄꯣꯛꯂꯛꯄ ꯂꯥꯏꯅꯥ ꯊꯣꯛꯍꯟꯕ ꯉꯝꯕ ꯍꯤꯡꯀꯨꯞꯁꯤꯡ ꯅꯝꯊꯍꯜꯂꯤ, ꯂꯩꯕꯥꯛꯇ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯆꯤꯟꯖꯥꯛ ꯍꯦꯟꯒꯠꯍꯜꯂꯤ, ꯄꯥꯝꯕꯤꯒꯤ ꯃꯄꯥꯡꯒꯜ ꯍꯦꯟꯒꯠꯍꯜꯂꯤ ꯑꯃꯁꯨꯡ ꯂꯩꯕꯥꯛꯇ ꯀꯥꯟꯅꯔꯕ ꯑꯣꯔꯒꯥꯅꯤꯛ ꯀꯝꯄꯥꯎꯟꯗ ꯀꯌꯥ ꯑꯃꯁꯨ
ꯍꯦꯟꯒꯠꯍꯜꯂꯤ꯫

ꯁꯦꯝ ꯁꯥꯕ : 1) ꯃꯈꯨꯝ ꯆꯦꯠꯅ ꯈꯨꯝꯖꯤꯟꯕ ꯌꯥꯕ ꯄ꯭ꯂꯥꯁꯇꯤꯛ ꯕꯣꯠꯇꯜ ꯑꯃ ꯂꯧꯒꯅꯤ꯫ ꯑꯄꯥꯝꯕ ꯆꯥꯡꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯆꯥꯎꯕ ꯄꯤꯛꯄ ꯈꯦꯟꯅꯕ ꯌꯥꯏ꯫ ꯂꯨꯝꯕꯨ-ꯂꯨꯝꯕꯨ ꯁꯥꯕ ꯏꯁꯤꯡ ꯕꯣꯠꯇꯜꯒꯤ ꯇꯪꯈꯥꯏ ꯌꯧꯅ ꯍꯥꯞꯀꯅꯤ (50 %); ꯂꯤꯇꯔ ꯑꯃꯒꯤ ꯕꯣꯠꯇꯜꯗ ꯃꯤꯂꯤꯂꯤꯇꯔ 500꯫ ꯂꯤꯛꯂꯤꯒꯤ ꯁꯤꯖꯤꯟꯅꯔꯣꯏ; ꯃꯅꯨꯡꯒꯤ ꯄ꯭ꯔꯦꯁꯔ ꯍꯦꯟꯒꯠꯂꯛꯄꯗ ꯀꯥꯏꯈꯤꯕ ꯌꯥꯏ꯫
2) ꯁꯜꯐꯔ ꯌꯥꯎꯗꯕ ꯑꯃꯁꯨꯡ ꯈꯔ ꯍꯦꯟꯅ ꯂꯣꯜꯂꯕ ꯃꯇꯨꯡꯗ ꯁꯦꯝꯕ ꯆꯤꯅꯤ ꯑꯉꯥꯡꯕ (5 %) ꯂꯤꯇꯔ ꯑꯃ ꯆꯟꯕ ꯕꯣꯠꯇꯜꯗ ꯒ꯭ꯔꯥꯝ 50 ꯍꯥꯞꯆꯤꯟꯒꯅꯤ꯫ ꯆꯤꯅꯤ ꯑꯉꯥꯡꯕꯒꯤ ꯑꯆꯥꯄꯣꯠ ꯑꯌꯥꯝꯕ ꯀꯣꯛꯐꯥꯏ ꯀꯥꯗꯅꯕ ꯁꯜꯐꯔ ꯍꯥꯞꯄꯤ꯫ ꯁꯜꯐꯔ ꯌꯥꯎꯔꯕꯗꯤ ꯑꯩꯈꯣꯏꯒꯤ ꯑꯐꯕ ꯀꯣꯛꯐꯥꯏ ꯍꯥꯠꯈꯤꯕ ꯌꯥꯏ꯫

3) ꯆꯤꯅꯤ ꯑꯉꯥꯡꯕꯗꯨ ꯏꯁꯤꯡꯗꯨꯗ ꯇꯨꯝꯍꯜꯂꯕ ꯃꯇꯨꯡꯗ ꯂꯩꯔꯛꯄ ꯏ ꯑꯦꯝ ꯅꯠꯇ꯭ꯔꯒ ꯃꯥꯗꯔ ꯀꯂꯔꯗꯨ ꯃꯤꯂꯤꯂꯤꯇꯔ 50 ꯍꯥꯞꯆꯤꯟꯒꯅꯤ (ꯂꯤꯇꯔ ꯕꯣꯠꯇꯜꯗꯨꯒꯤ 5 %) ꯉꯥꯏꯍꯥꯛ ꯅꯤꯛꯇꯨꯅ ꯆꯥꯡ
ꯃꯥꯟꯅꯅ ꯁꯟꯗꯣꯛꯍꯜꯂꯕ ꯃꯇꯨꯡꯗ ꯂꯨꯝꯕꯨ-ꯂꯨꯝꯕꯨ ꯁꯥꯕ ꯏꯁꯤꯡꯅ ꯂꯤꯇꯔ ꯑꯃ ꯐꯥꯅꯕ ꯍꯥꯞꯆꯤꯟꯒꯅꯤ꯫ ꯂꯨꯝꯕꯨ-ꯂꯨꯝꯕꯨ ꯁꯥꯕ ꯏꯁꯤꯡꯗ ꯀ꯭ꯂꯣꯔꯤꯟ ꯌꯥꯎꯔꯔꯣꯏ꯫ ꯍꯤꯡꯀꯨꯞꯁꯤꯡꯒꯤ ꯃꯄꯥꯡꯒꯜꯁꯨ ꯍꯦꯟꯒꯠꯀꯅꯤ꯫ ꯉꯥꯏꯍꯥꯛ ꯅꯤꯛꯂꯒ 270

- 370
ꯗꯤꯒ꯭ꯔꯤ ꯁꯦꯜꯁꯤꯌꯁ ꯁꯥꯕ ꯅꯨꯡꯁꯥ ꯌꯩꯗꯕ ꯃꯐꯝꯗ ꯆꯌꯣꯜ ꯑꯃ
ꯊꯝꯒꯅꯤ꯫ ꯈꯔ ꯍꯦꯟꯅ ꯏꯪꯕ ꯃꯐꯝꯗ ꯊꯝꯂꯕꯗꯤ ꯃꯇꯝ ꯍꯦꯟꯅ ꯆꯪꯒꯅꯤ꯫

4) ꯃꯈꯨꯝ ꯈꯖꯤꯛ ꯂꯩꯊꯣꯛ-ꯂꯩꯁꯤꯟ ꯇꯧꯕꯗ ꯅꯨꯡꯁꯤꯠ ꯊꯥꯗꯣꯔꯛꯄꯒꯤ ꯃꯑꯣꯡ ꯂꯩꯔꯕꯗꯤ ꯁꯤꯖꯤꯟꯅꯕ ꯌꯥꯔꯦ꯫ ꯍꯦꯟꯅ ꯌꯥꯝꯊꯣꯛꯍꯟꯒꯦ ꯍꯥꯏꯔꯕꯁꯨ ꯆꯞ ꯃꯥꯟꯅꯕ ꯊꯧꯔꯝꯁꯤꯡ ꯍꯟꯖꯤꯟꯅ ꯄꯥꯡꯊꯣꯛꯂꯒ ꯌꯥꯝꯊꯣꯛꯍꯟꯕ ꯌꯥꯏ꯫

5) ꯀꯜꯆꯔ ꯑꯗꯨ ꯀꯌꯥ ꯌꯥꯝꯅ ꯐꯔꯕꯒꯦ ꯈꯪꯅꯕ ꯄꯦꯟ ꯇꯥꯏꯞ pH meter (ꯍꯣꯡꯉꯤ ꯂꯨꯄꯥ 350 ꯑꯃꯁꯨꯡ ꯃꯁꯤꯒꯤ ꯃꯊꯛꯀꯤ) ꯑꯃꯅ ꯆꯥꯡꯌꯦꯡ ꯇꯧꯊꯣꯛꯄ ꯌꯥꯏ꯫ ꯍꯤꯡꯀꯨꯞꯁꯤꯡꯅ ꯁꯦꯝꯂꯕ ꯍꯤꯗꯥꯛꯇꯨꯒꯤ pH 3.0-3.5 ꯒꯤ ꯃꯅꯨꯡꯗ ꯂꯩꯔꯕꯗꯤ ꯌꯥꯝꯅ ꯐꯔꯦ꯫ pH 2.7-3.8 ꯒꯤ ꯃꯅꯨꯡꯗ ꯂꯩꯔꯕꯁꯨ ꯊꯣꯏꯅ ꯀꯥꯏꯗꯦ ꯑꯗꯨꯕꯨ pH 3.8 ꯒꯤ ꯃꯊꯛꯀꯤ ꯑꯣꯏꯔꯕꯗꯤ ꯀꯥꯟꯅꯕ ꯌꯧꯗꯦ꯫
6) ꯁꯦꯝꯂꯕ ꯍꯤꯗꯥꯛ ꯃꯤꯂꯤꯂꯤꯇꯔ 250 ꯅ ꯁ꯭ꯀ꯭ꯋꯥꯔ ꯐꯨꯠ 2000 ꯆꯥꯎꯕ ꯃꯐꯝꯒꯤꯗꯃꯛ ꯁꯤꯖꯤꯟꯅꯕ ꯀꯣꯟꯅꯩ꯫ ꯍꯤꯗꯥꯛ ꯁꯔꯨꯛ ꯑꯃꯅ ꯏꯁꯤꯡ ꯁꯔꯨꯛ 250 ꯗ ꯌꯥꯟꯁꯤꯟꯗꯨꯅ ꯁꯤꯖꯤꯟꯅꯒꯅꯤ꯫ ꯆꯍꯤ ꯑꯃ ꯐꯥꯎꯕ ꯁꯤꯖꯤꯟꯅꯕ ꯌꯥꯏ꯫

ꯄꯥꯎꯈꯨꯝ ꯄꯤꯕꯤꯔꯤꯕ:
ꯗꯥ. ꯑꯦꯝ FOTFOT ꯁꯤꯡꯍ
ꯑꯦꯒ꯭ꯔꯤꯀꯜꯆꯔꯦꯜ ꯁꯦꯛꯁꯟ - ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ
ꯑꯐꯥꯔꯃꯔꯁꯤꯡꯅ ꯂꯧꯎ-ꯁꯤꯡꯎꯒ ꯃꯔꯤ ꯂꯩꯅꯅ,
ꯉꯥ, ꯁꯥ-ꯁꯟ ꯌꯣꯛꯄꯅꯆꯤꯡꯕꯒ ꯃꯔꯤ ꯂꯩꯅꯕ ꯋꯥꯍꯪꯁꯤꯡ
ꯆꯤꯊꯤ ꯏꯔꯒ ꯊꯥꯕꯤꯔꯛꯎ]
ꯆꯤꯊꯤ ꯊꯥꯔꯛꯐꯝ
ꯑꯦꯒ꯭ꯔꯤꯀꯜꯆꯔꯦꯜ ꯁꯦꯛꯁꯟ - ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ
ꯁꯦꯒꯥ ꯔꯣꯗ ꯊꯧꯗꯥ ꯚꯥꯕꯣꯛ ꯂꯩꯀꯥꯏ ꯏꯝꯐꯥꯜ, 795001
ꯅꯠꯇ꯭ꯔꯒ
ꯑꯗꯣꯝꯅ ꯂꯧꯎ-ꯁꯤꯡꯎꯕ, ꯁꯥ-ꯁꯟꯒ ꯃꯔꯤ ꯂꯩꯅꯕꯁꯤꯡꯒꯤ ꯃꯇꯥꯡꯗ
ꯈꯪꯕꯤꯅꯤꯡꯕ ꯂꯩꯔꯕꯗꯤ ꯏ-ꯃꯦꯜ
hueiyenagri@gmail.com ꯗ ꯆꯤꯊꯤ ꯊꯥꯕꯤꯔꯛꯇꯨꯅ
ꯍꯪꯕꯤꯔꯛꯄ ꯌꯥꯒꯅꯤ꯫