ꯑꯦꯗꯤꯇꯣꯔꯤꯌꯦꯜ IMPHAL, SATURDAY, SEPTEMBER 24, 2022 ꯊꯥꯡꯖ, ꯂꯥꯡꯕꯟꯒꯤ 29 ꯅꯤ ꯄꯥꯟꯕ, ꯃꯥꯂꯤꯌꯥ ꯀꯨꯝꯁꯤꯡ 3420 obT\ꯂꯩ ꯃꯀꯩꯋ꯭ꯀ 2 HUEIYEN LANPAO

ꯄꯥꯎꯆꯦ ꯑꯁꯤꯗ ꯐꯣꯡꯖꯔꯤꯕ ꯋꯥꯔꯦꯡꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯋꯥꯈꯜ, ꯃꯤꯠꯌꯦꯡ ꯑꯏꯕ ꯃꯁꯥ ꯃꯁꯥꯒꯤꯅꯤ꯫ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒꯤ ꯋꯥꯈꯜꯂꯣꯟ ꯑꯃꯁꯨꯡ ꯃꯤꯠꯌꯦꯡꯒ ꯊꯣꯏꯗꯣꯛꯅ ꯃꯔꯤ ꯂꯩꯅꯗꯦ꯫

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ
ꯊꯥꯡꯖ, ꯁꯦꯞꯇꯦꯝꯕꯔ 24, 2022, ꯏꯝꯐꯥꯜ
14 ꯁꯨꯕ ꯆꯍꯤ, 157 ꯁꯨꯕ ꯃꯁꯤꯡ
ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯂꯤꯇꯔꯦꯔꯤ ꯀ꯭ꯋꯤꯖ-50
1) “ꯃꯅꯤꯄꯨꯔ ꯒꯧꯔ ꯂꯤꯂꯥ” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤꯒꯤ ꯑꯏꯕꯀ ꯀꯅꯥꯅꯣ?
2) E.F. Watling ꯅ ꯏꯪꯔꯥꯖꯤꯗ ꯍꯟꯗꯣꯛꯄ, The Theban ꯄꯂꯥꯌꯁ,
Penguin Books, 1947 t foZSrBb King Oedipus tgi
ꯃꯅꯤꯄꯨꯔꯤꯗ ꯀꯅꯥꯅ ꯍꯟꯗꯣꯛꯄꯅꯣ?
3) “ꯃꯅꯣꯔꯃꯥ” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤꯒꯤ ꯑꯏꯕ ꯀꯅꯥꯅꯣ?
4) “ꯑꯄꯤꯛꯄ ꯅꯨꯡꯁꯥ ꯁ꯭ꯋꯔ” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤ ꯀꯔꯝꯕ ꯃꯈꯜꯒꯤ
ꯂꯥꯏꯔꯤꯛꯅꯣ ꯑꯃꯁꯨꯡ ꯀꯅꯥꯅ ꯏꯕꯅꯣ?
5) “ꯑꯩꯅ ꯏꯁꯩ ꯁꯛꯂꯒ ꯁꯛꯂꯤꯕ/ꯑꯩꯅ ꯂꯥꯎꯔꯒꯁꯨ ꯂꯥꯎꯔꯤꯕ/ꯐꯅ ꯃꯥꯟꯅꯔꯤ
ꯑꯩꯒꯤ ꯈꯣꯟꯗꯥꯒꯁꯨ/ꯀꯅꯥꯅꯣ ꯁꯛꯎꯗꯕ ꯅꯍꯥꯛꯄꯨ” ꯁꯩꯔꯦꯡ ꯃꯇꯦꯛ ꯑꯁꯤ
ꯀꯅꯥꯅ ꯏꯕ ꯂꯥꯏꯔꯤꯛꯇ ꯌꯥꯎꯕ ꯀꯔꯤ ꯁꯩꯔꯦꯡꯗꯒꯤ ꯂꯧꯊꯣꯛꯄꯅꯣ?

ꯃꯊꯛꯇ ꯄꯤꯔꯤꯕꯤ ꯋꯥꯍꯪꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯄꯥꯎꯈꯨꯝ ꯁꯦꯞꯇꯦꯝꯕꯔ 30, ꯏꯔꯥꯏ
ꯅꯨꯃꯤꯠꯀꯤ ꯑꯌꯨꯡ ꯄꯨꯡ 11 ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒꯤ ꯑꯣꯐꯤꯁꯇ ꯅꯠꯇ꯭ꯔꯒ
I-meL hueiyenliteraryquiz@gmail.com sid meL AoIn
ꯊꯥꯕꯤꯔꯛꯄ ꯌꯥꯒꯅꯤ꯫ ꯄꯥꯎꯈꯨꯝ ꯄꯤꯕꯤꯔꯛꯄ/ꯊꯥꯕꯤꯔꯛꯄ ꯃꯇꯝꯗ ꯃꯤꯡ, ꯂꯩꯐꯝ,
ꯃꯍꯩꯒꯤ ꯊꯥꯛ ꯑꯃꯁꯨꯡ ꯀꯟꯇꯦꯛꯠ ꯅꯝꯕꯔ ꯃꯌꯦꯛ ꯁꯦꯡꯅ ꯏꯕꯤꯔꯛꯎ꯫
ꯋꯥꯍꯪ ꯈꯨꯗꯤꯡꯃꯛꯀꯤ ꯄꯥꯎꯈꯨꯝ ꯆꯨꯝꯅ ꯅꯠꯇ꯭ꯔꯒ ꯃꯁꯤꯡ ꯌꯥꯝꯅ ꯆꯨꯝꯅ ꯄꯤꯕꯤꯔꯛꯄ
ꯃꯤꯑꯣꯏꯁꯤꯡ ꯑꯗꯨꯗꯒꯤ ꯗ꯭ꯔꯣ ꯑꯣꯠꯆꯔꯒ ꯂꯥꯏꯕꯛ ꯐꯕ ꯃꯤꯁꯛ ꯑꯃ ꯈꯟꯖꯒꯅꯤ꯫
ꯂꯣꯏꯅꯅ ꯈꯜꯂꯕ ꯃꯤꯁꯛ ꯑꯗꯨꯗ ꯃꯅꯥ ꯄꯤꯖꯒꯅꯤ꯫

ꯅꯤꯄꯥꯃꯆꯥꯒꯤ ꯀꯥꯡꯊꯣꯜ ꯑꯗꯨ ꯁꯤꯡꯖꯪ ꯃꯃꯤ ꯃꯁꯤꯡ ꯈꯪꯗꯅ ꯇꯥꯔꯦ꯫ ꯌꯦꯡꯕꯗ ꯐꯃꯨꯡꯕꯨ ꯃꯥꯟꯗ꯭ꯔꯦ꯫ ꯅꯤꯄꯥꯃꯆꯥꯅ ꯐꯃꯨꯡ ꯑꯁꯤꯗ ꯅꯤꯄꯥꯃꯆꯥ ꯊꯣꯛꯇꯨꯅ ꯁꯤꯡꯖꯪꯅ ꯌꯥꯜꯂꯤꯕꯁꯤ ꯑꯃꯨꯛ ꯑꯅꯤꯔꯛꯀꯤ ꯋꯥꯐꯝꯗꯤ ꯅꯠꯇ꯭ꯔꯦ꯫ ꯐꯃꯨꯡ ꯑꯁꯤꯅ ꯏ ꯊꯣꯛꯇꯨꯅ ꯆꯩꯅꯥ ꯀꯌꯥ ꯀꯌꯥ ꯈꯥꯡꯂꯛꯂꯤ꯫ ꯐꯃꯨꯡ ꯑꯁꯤꯗꯕꯨ ꯁꯤꯡꯖꯪꯅ ꯑꯧꯔꯥꯏꯔꯝꯗ꯭ꯔꯕꯗꯤ ꯃꯥꯒꯤ ꯅꯨꯄꯤ ꯔꯥꯁꯤꯇꯣꯝꯕꯤ ꯅꯍꯥꯟꯅ ꯁꯣꯔꯥꯠ ꯀꯨꯟꯒꯤ ꯃꯊꯛꯇ ꯁꯣꯜꯂꯅꯤ꯫ ꯅꯤꯄꯥꯃꯆꯥꯈꯣꯏꯒꯤ ꯌꯨꯝꯒꯤ ꯊꯣꯡ ꯊꯣꯡꯅꯥꯎ ꯑꯃꯠꯇ ꯊꯥꯡꯖꯧꯅ ꯌꯥꯟꯈꯤꯕꯒꯤ
ꯃꯤ ꯇꯥꯗꯕ ꯂꯩꯇꯦ꯫ ꯃꯈꯣꯏꯒꯤ ꯌꯨꯝꯒꯤ ꯊꯣꯡ ꯊꯣꯡꯅꯥꯎꯁꯤꯡ ꯑꯁꯤ
ꯃꯇꯝ ꯑꯃꯗ ꯌꯥꯝꯅ ꯐꯖꯅ ꯃꯤꯅ ꯍꯥꯏꯅꯔꯝꯃꯤꯕꯅꯤ꯫ ꯂꯩꯀꯥꯏꯅ
ꯊꯣꯡ ꯑꯁꯤ ꯆꯟꯕ ꯎꯁꯨꯕ ꯅꯨꯄꯥꯗꯨ ꯀꯅꯥꯅꯣ ꯈꯨꯠꯆꯟ ꯂꯥꯛꯆꯟ
ꯌꯥꯝꯅ ꯅꯥꯜꯂꯤ, ꯐꯖꯩ, ꯗꯤꯖꯥꯏꯅ maoZ ꯇꯥꯏ ꯍꯥꯏꯗꯨꯅ ꯊꯤꯔꯒ ꯊꯣꯡ
ꯊꯣꯡꯅꯥꯎ ꯀꯌꯥ ꯆꯜꯍꯟꯅꯈ꯭ꯔꯕꯅꯤ ꯑꯗꯨꯕꯨ ꯉꯁꯤꯗꯤ ꯅꯥꯀꯜ
ꯑꯃꯗꯅ ꯊꯥꯡꯖꯧꯅ ꯌꯥꯟꯗꯨꯅ ꯗꯥꯒꯐꯝ ꯀꯌꯥ ꯂꯩꯔꯦ ꯑꯗꯨꯒ ꯅꯥꯀꯜ
ꯑꯃꯗꯅ ꯃꯆꯦꯠ ꯃꯆꯦꯠ ꯐꯛꯇꯣꯛꯂꯦ꯫ ꯊꯣꯡꯊꯣꯡ ꯍꯦꯛ
ꯀꯥꯟꯁꯤꯟꯐꯝ ꯑꯗꯨꯅ ꯍꯧꯖꯤꯛꯇꯤ ꯄꯨꯔ ꯌꯥꯎꯕꯨ ꯌꯥꯎꯗ꯭ꯔꯦ꯫
ꯊꯣꯡꯄꯥꯛ ꯑꯗꯨꯅ ꯅꯥꯀꯜ ꯑꯃꯗ ꯁꯣꯡꯄꯥꯛꯅ ꯀꯥꯎꯕꯒꯤ
ꯆꯦꯞꯊꯔꯒ ꯉꯥꯗꯨꯅ ꯂꯩꯔꯦ꯫ ꯁꯦꯝꯂꯨ ꯂꯥꯛꯂꯨꯕ ꯀꯥꯟꯅꯔꯔꯣꯏ
ꯍꯧꯖꯤꯛꯇꯤ ꯃꯗꯨ ꯍꯦꯛ ꯁꯦꯝꯕ ꯂꯣꯏꯕꯒ ꯍꯣꯔꯦꯜꯗꯤ ꯍꯥꯃꯨ ꯍꯥꯃꯨ
ꯑꯗꯨꯝ ꯇꯥꯗꯧꯕ ꯂꯩꯔꯕꯅꯤ꯫
ꯀꯨꯀꯔꯁꯨ ꯈꯛꯇ ꯑꯣꯏꯔꯦ ꯄ꯭ꯔꯦꯁꯔ ꯌꯥꯎꯗ꯭ꯔꯦ ꯀꯥꯝꯕ
ꯉꯝꯗ꯭ꯔꯦ꯫ ꯀꯣꯞꯇꯕ ꯑꯃꯠꯇꯕꯨ ꯂꯩꯇ꯭ꯔꯦ ꯑꯅꯤꯃꯛ꯫
ꯔꯥꯁꯤꯇꯣꯝꯕꯤꯒꯤ ꯃꯕꯨꯡꯅ ꯆꯥꯛꯀꯧꯕ ꯃꯇꯝ ꯍꯔꯥꯎ ꯍꯔꯥꯎꯅ
ꯃꯆꯜꯒꯤ ꯗꯈꯤꯅ (ꯄꯣꯠꯇꯝ) ꯑꯣꯏꯅ ꯅꯨꯡꯁꯤꯟ
ꯍꯥꯞꯄꯤꯔꯛꯄꯅꯤ꯫ ꯑꯅꯤꯗꯨ ꯆꯍꯤꯕꯨ ꯐꯥꯗ꯭ꯔꯤ ꯏꯃꯨꯡꯗ
ꯃꯔꯝ ꯏꯆꯥ ꯆꯥꯗꯅ ꯅꯤꯄꯥꯃꯆꯥꯅ ꯀꯥꯎꯕꯣꯏ ꯍꯨꯟꯕꯣꯏ
ꯐꯨꯠꯕꯣꯜ ꯁꯥꯟꯅꯕꯗ ꯁꯛꯐꯝ ꯀꯥꯏꯔꯦ꯫
ꯀꯣꯜꯂꯛꯇ ꯀꯣꯞꯄ ꯅꯠꯇꯦ ꯏꯃꯨꯡ ꯃꯅꯨꯡꯒꯤ
ꯑꯉꯥꯡ-ꯅꯨꯄꯤꯁꯤꯡꯒꯤ ꯄꯨꯛꯅꯤꯡꯒꯤ ꯐꯤꯚꯝꯁꯨ ꯄꯨꯝꯀꯣꯞ ꯀꯣꯞꯂꯦ,
ꯏꯃꯨꯡꯒꯤ ꯏꯖꯠ ꯁꯟꯃꯥꯟ ꯂꯣꯏꯅ ꯀꯥꯏꯔꯦ, ꯇꯣꯏꯔꯦ, ꯀꯣꯞꯂꯦ꯫
ꯂꯥꯏꯔꯤꯛ ꯂꯥꯏꯁꯨ ꯇꯝꯕ ꯃꯐꯝ ꯃꯔꯥꯡ ꯈꯪꯅꯗ꯭ꯔꯦ꯫ ꯑꯉꯥꯡꯁꯤꯡꯅ
ꯂꯥꯏꯔꯤꯛ ꯄꯥꯔꯤꯕ꯭ꯔꯥ, ꯀꯔꯤ ꯆꯥꯔꯤ, ꯀꯔꯤ ꯊꯛꯂꯤ, ꯀꯔꯤ ꯁꯦꯠꯂꯤ
ꯄꯨꯝꯅꯃꯛ ꯑꯃꯠꯇ ꯅꯦꯅ ꯇꯥꯈꯤꯗ꯭ꯔꯕꯅꯤ꯫ ꯅꯤꯄꯥꯃꯆꯥꯅ ꯃꯆꯥ ꯃꯁꯨ ꯌꯦꯡꯁꯤꯟꯕꯗꯤ
ꯂꯥꯏꯔꯗꯅ ꯃꯁꯥꯐꯥꯎꯕ ꯐꯤꯔꯣꯜ ꯁꯦꯠꯂꯨꯗꯨ ꯁꯨꯅꯤ ꯆꯥꯝꯅꯤ, ꯃꯃꯥꯏ ꯃꯃꯤꯠ ꯇꯥꯒꯅꯤ ꯐꯥꯎꯕ
ꯈꯪꯖꯗ꯭ꯔꯕꯅꯤ꯫ ꯅꯣꯡ ꯍꯦꯛ ꯉꯥꯟꯕꯒ ꯃꯥꯅ ꯃꯌꯨꯝꯗꯒꯤ ꯑꯗꯨꯝ ꯊꯣꯛꯈꯤꯕ ꯏꯃꯨꯡꯒꯤ ꯃꯤꯅ ꯎꯅꯍꯧꯗ꯭ꯔꯕꯅꯤ꯫ ꯃꯁꯝ ꯃꯅꯥ ꯏꯐꯥ ꯐꯥꯒꯅꯤ, ꯁ꯭ꯋꯔ ꯃꯅꯝ ꯏꯆꯦꯟ ꯍꯦꯛ ꯆꯦꯜꯂꯗꯅ ꯉꯥꯡꯅ-ꯁꯥꯅꯕ ꯏꯌꯥ ꯌꯥꯗꯅ ꯑꯗꯨꯝ ꯂꯩꯔꯕꯅꯤ꯫ ꯆꯥꯛ ꯏꯁꯤꯡꯐꯥꯎ ꯆꯥꯒꯅꯤ ꯊꯛꯀꯅꯤ ꯈꯪꯗ꯭ꯔꯕ ꯃꯤꯁꯛꯅꯤ꯫ ꯃꯁꯤ ꯀꯔꯤꯒꯤ ꯃꯄꯥꯜꯅꯅꯣ ꯍꯥꯏꯕꯗꯤ ꯃꯥꯒꯤ ꯌꯨ ꯍꯥꯏꯔꯤꯕ ꯄꯣꯠꯁꯛ ꯑꯁꯤꯅꯅꯤ꯫
ꯃꯥꯒꯤ ꯅꯨꯄꯤ ꯔꯥꯁꯤꯇꯣꯝꯕꯤꯅꯁꯨ ꯃꯄꯨꯔꯣꯏꯕꯕꯨ ꯋꯥꯔꯛꯄ ꯉꯝꯕ ꯅꯠꯇꯦ, ꯃꯥꯕꯨ ꯁꯤꯍꯟꯅꯤꯡꯕꯅ ꯈ꯭ꯔꯣ ꯈ꯭ꯔꯣ ꯈꯣꯠꯂꯕꯅꯤ ꯍꯥꯏꯗꯨ ꯌꯧꯔꯕꯅꯤ꯫ ꯃꯥꯅ ꯑꯁꯨꯝ ꯍꯥꯏꯅ ꯌꯨ ꯊꯛꯂꯤꯕ ꯑꯁꯤꯕꯨ ꯃꯁꯥꯗ ꯀꯔꯤ ꯅꯨꯡꯉꯥꯏ ꯕ, ꯀꯔꯤ ꯀꯥꯟꯅꯕꯅꯣ ꯑꯁꯤꯅꯤ ꯅꯩꯅꯕ ꯌꯥꯔꯤꯕ ꯑꯁꯤ꯫ ꯍꯟꯗꯛ ꯑꯩ ꯌꯨ ꯊꯛꯂꯨꯕꯗꯒꯤ ꯌꯥꯝꯅ ꯀꯥꯟꯅꯖꯔꯦ
ꯍꯥꯏꯅ ꯏꯔꯛꯄ ꯑꯥꯔꯇꯤꯀꯜ ꯑꯃꯠꯇ ꯄꯥꯎꯆꯦꯗ ꯎꯖꯗ꯭ꯔꯤ꯫ ꯆꯥꯛꯈꯥꯎ ꯁꯣꯛꯂꯦꯒ, ꯂꯤꯚꯔ ꯌꯥꯗ꯭ꯔꯦꯒ, ꯍꯣꯁꯄꯤꯇꯥꯜꯗ ꯋꯥꯈꯜ ꯃꯥꯡꯂꯒ ꯂꯩꯔꯦꯒ, ꯂꯝꯕꯤꯗ-ꯂꯝꯖꯥꯎꯗ ꯇꯥꯗꯨꯅ ꯂꯩꯔꯦꯒ, ꯃꯤ ꯐꯨꯅꯔꯨꯔꯦꯒ, ꯌꯨ ꯊꯛꯂꯒ ꯒꯥꯔꯤ ꯊꯧꯕꯗ ꯑꯦꯛꯁꯤꯗꯦꯟꯠ ꯊꯣꯛꯇꯨꯅ ꯃꯤ ꯁꯤꯔꯦꯒ, ꯌꯨ ꯊꯛꯂꯒ ꯅꯨꯄꯤ ꯑꯉꯥꯡꯗ ꯀꯥꯔꯟ ꯇꯥꯔꯨꯔꯦꯒꯥ, ꯌꯨ ꯊꯛꯂꯒ ꯏꯁꯤꯡꯗ ꯇꯥꯗꯨꯅ ꯁꯤꯔꯦꯒ,
ꯑꯁꯤꯗꯒꯤ ꯍꯦꯟꯕ ꯋꯥꯔꯤ ꯑꯃꯠꯇ ꯍꯦꯛ ꯇꯥꯗꯦ꯫

ꯀꯔꯤꯒꯤꯅꯣ ꯑꯁꯨꯛ ꯌꯥꯝꯅ ꯄꯥꯝꯅ ꯊꯛꯅꯔꯤꯕꯁꯦ
ꯃꯔꯝ ꯑꯃꯗꯤ ꯁꯣꯏꯗꯅ ꯂꯩꯔꯝꯒꯅꯤ꯫ ꯍꯦꯟꯖꯤꯟꯅ
ꯊꯛꯄ, ꯊꯛꯇꯕ, ꯋꯥꯠꯅ ꯊꯛꯄ ꯊꯛꯇꯕꯅ ꯋꯥꯐꯝ ꯑꯃꯅꯤ꯫
ꯃꯁꯤ ꯊꯛꯂꯒ ꯃꯤꯑꯣꯏꯕꯗ ꯀꯥꯟꯅꯕ ꯄꯤꯕ ꯑꯁꯤ
ꯆꯥꯡ ꯌꯥꯝꯅ ꯋꯥꯡꯂꯝꯂꯣꯏ꯫ ꯃꯁꯤꯕꯨ ꯏꯆꯝ ꯆꯝꯕ ꯃꯤ
ꯑꯃꯅ ꯇꯔꯥꯏ ꯇꯔꯥꯏ ꯍꯦꯛꯇ ꯁꯤꯖꯤꯟꯅꯕ, ꯊꯛꯄ
ꯌꯥꯕ ꯄꯣꯠꯂꯥ ꯑꯁꯤꯕꯣ? ꯏꯃꯨꯡ ꯄꯨꯔꯤꯕ ꯏꯃꯨꯡꯒꯤ
ꯊꯧꯗꯥꯡ ꯃꯀꯣꯛꯇ ꯄꯨꯔꯒ ꯆꯠꯂꯤꯕ ꯃꯤ ꯑꯃꯅ
ꯇꯔꯥꯏ ꯇꯔꯥꯏ ꯇꯖꯣꯕ ꯇꯖꯣꯕ ꯀꯟꯇ꯭ꯔꯣꯜ ꯇꯧꯗꯕꯤꯗ
ꯄꯪꯊꯛ ꯊꯛꯄ ꯌꯥꯕ ꯄꯣꯠ ꯑꯃꯔ ꯃꯁꯤꯕꯣ? ꯃꯈꯜ
ꯃꯈꯜꯒꯤ ꯋꯥꯍꯪ ꯍꯪꯅꯤꯡꯕ ꯐꯥꯎꯏ꯫ ꯑꯐꯥꯎ ꯑꯐꯥꯎꯕ
ꯃꯤ ꯀꯌꯥ ꯌꯨꯅ ꯂꯩꯈ ꯇꯥꯍꯟꯈꯤꯕ ꯀꯌꯥꯅꯤ꯫ ꯃꯃꯤꯡ
ꯄꯟꯖꯔꯣꯏ ꯑꯥꯔꯤꯇꯤꯀꯜ ꯑꯁꯤ ꯑꯔꯦꯝꯕꯗ ꯄꯪꯁꯥꯡ
ꯁꯥꯡꯗꯣꯛꯈ꯭ꯔꯅꯤ꯫ ꯑꯃꯔꯣꯝ ꯃꯤꯅ ꯍꯪꯂꯛꯄ ꯑꯃꯨꯛ
ꯌꯥꯏ ꯌꯨ ꯊꯛꯇꯕ ꯅꯈꯣꯏꯗꯤ ꯂꯩꯈꯥ ꯁꯨꯛꯇꯥ ꯍꯦꯛ ꯇꯥꯗ꯭ꯔꯕꯔꯥ,
ꯌꯨ ꯊꯛꯇꯕ ꯅꯈꯣꯏꯅ ꯀꯔꯤ ꯀꯔꯤ ꯑꯐ ꯑꯐꯕ ꯄꯨꯊꯣꯛꯂꯕꯒꯦ, ꯇꯧꯔꯕꯒꯦ? ꯃꯁꯤꯃꯁꯨ ꯀꯣꯟꯅ ꯑꯃꯨꯛ ꯅꯩꯅꯃꯤꯟꯅꯁꯤ꯫ ꯅꯩꯅꯕꯗ ꯄꯛꯆꯕ ꯋꯥꯐꯝꯅꯤ꯫
ꯌꯨ ꯊꯛꯄ ꯃꯌꯥꯝꯗꯒꯤ ꯆꯍꯤ ꯑꯃꯗ ꯀ꯭ꯔꯣꯔ 600 ꯈꯣꯝꯒꯠꯄ ꯉꯝꯒꯗꯧꯔꯤ꯫ ꯍꯥꯏꯐꯦꯠ ꯌꯥꯝꯕ ꯁꯦꯟꯐꯝꯅꯤ꯫ ꯆꯍꯤ ꯑꯃꯗ ꯌꯨ ꯊꯛꯄ ꯂꯦꯞꯅꯔꯒ ꯂꯨꯄꯥ ꯀ꯭ꯔꯣꯔ 600 ꯈꯥꯏꯒꯠꯅꯔꯒ ꯊꯕꯛ ꯐꯪꯗꯕ ꯅꯍꯥꯁꯤꯡꯒꯤ ꯊꯕꯛ ꯄꯤꯅꯕ ꯍꯣꯠꯅꯕ, ꯏꯁꯤꯡ ꯄꯤꯕꯤꯗꯕꯒꯤ ꯑꯦꯒ꯭ꯔꯤꯀꯜꯆꯔ ꯇꯧꯕ ꯌꯥꯗ꯭ꯔꯤꯕ ꯂꯧꯐꯝ ꯃꯌꯥꯝꯗ ꯏꯊꯩ ꯂꯧꯈꯣꯡ ꯄꯤꯅꯕ ꯍꯣꯠꯅꯕ, ꯅꯍꯥꯁꯤꯡꯒꯤꯗꯃꯛ ꯁꯤꯟꯐꯝ ꯀꯌꯥ ꯄꯥꯏꯈꯠꯅꯕ ꯍꯣꯠꯅꯕꯤꯕ ꯌꯥꯏ꯫ ꯌꯨꯗ ꯃꯥꯡꯍꯜꯂꯤꯕ ꯀ꯭ꯔꯣ ꯃꯌꯥꯝ ꯑꯁꯤ ꯑꯐꯕꯔꯣꯝꯗ ꯁꯤꯖꯤꯟꯅꯕ ꯇꯥꯔꯕꯗꯤ ꯃꯅꯤꯄꯨꯔ ꯑꯁꯤ ꯁ꯭ꯋꯔꯒꯃꯨꯛ ꯅꯨꯡꯉꯥꯏꯕ ꯂꯝꯗꯝ ꯑꯃ ꯑꯣꯏꯔꯝꯕ ꯌꯥꯏ꯫ ꯍꯣꯏ, ꯁ꯭ꯋꯔꯒꯕꯨꯗꯤ ꯎꯖꯗ꯭ꯔꯤꯀꯣ꯫ ꯑꯩꯈꯣꯏꯅ ꯈꯟꯖꯤꯜꯂꯨꯕꯗ ꯅꯠꯇ꯭ꯔꯒ ꯈꯪꯗꯕꯅ ꯑꯣꯏꯕ ꯌꯥꯏ, ꯃꯅꯤꯄꯨꯔ ꯁꯥꯊꯤꯅ ꯂꯥꯏꯔꯕ ꯂꯩꯕꯥꯛ ꯃꯆꯥꯅ ꯑꯃꯅꯤ꯫ ꯅꯨꯡꯉꯥꯏꯍꯟꯕꯗꯁꯨ ꯄꯪꯂꯨ ꯂꯨꯒꯗꯕꯗꯤ ꯃꯥꯟꯗꯦ꯫
ꯌꯨꯅ ꯂꯤꯚꯔ ꯁꯣꯛꯇꯨꯅ ꯃꯤ ꯑꯃ ꯁꯤꯔꯕꯗꯤ ꯁꯦꯜ, ꯃꯇꯝ ꯃꯥꯡꯍꯟꯕ ꯃꯤ ꯑꯃ ꯁꯤꯈꯤꯗꯨꯅ ꯂꯩꯍꯧꯔꯤꯕ ꯏꯃꯨꯡ ꯑꯗꯨ ꯌꯥꯏꯐꯔꯕꯅꯤ꯫ ꯃꯥꯅ ꯃꯇꯝ, ꯁꯦꯜ, ꯄꯨꯛꯅꯤꯡ ꯋꯥꯈꯜ ꯃꯥꯡꯍꯟꯒꯗꯕ ꯃꯌꯥꯝꯗꯒꯤ ꯀꯜꯂꯕꯅꯤ꯫ ꯂꯤꯚꯔ ꯑꯃ ꯄꯠꯆꯈꯤꯕꯗꯤ ꯑꯔꯥꯏꯕꯅꯤ, ꯌꯨꯅ ꯏꯃꯨꯡ ꯃꯅꯨꯡ ꯅꯣꯡ ꯉꯥꯟꯕꯗꯒꯤ ꯅꯨꯃꯤꯠ ꯇꯥꯕ ꯐꯥꯎꯕ ꯀꯣꯛ ꯑꯃꯗꯤ ꯋꯥꯈꯜ ꯀꯌꯥ ꯃꯥꯡꯍꯜꯂꯤ꯫ ꯃꯁꯤ ꯊꯛꯂꯨꯔꯒ ꯃꯤꯕꯨ ꯁꯥꯊꯤꯕ ꯃꯤ ꯑꯃ ꯑꯣꯏꯍꯜꯂꯤ ꯑꯃꯗꯤ ꯀꯥꯔꯟ ꯇꯥꯕ ꯃꯤ ꯑꯃ ꯑꯣꯏꯍꯜꯂꯤ꯫ ꯍꯛꯆꯥꯡ ꯁꯣꯛꯄ ꯁꯣꯛꯇꯕꯅ ꯑꯊꯛꯄ ꯃꯥꯒꯤꯅꯤ ꯑꯃꯗꯤ ꯊꯛꯇꯕ ꯌꯥꯎꯅ
ꯋꯥꯍꯜꯂꯤ ꯑꯗꯨ ꯌꯨ ꯑꯁꯦ ꯈꯔ ꯐꯖꯅ ꯊꯤꯡꯕꯅ ꯐꯩ ꯈꯜꯂꯤ꯫ ꯑꯩꯈꯣꯏ ꯍꯧꯖꯤꯛ ꯏꯆꯥ ꯏꯁꯨ ꯋꯔꯛꯄ ꯉꯝꯕ ꯅꯠꯇꯦ꯫ ꯂꯩꯕꯥꯛꯅ ꯈꯔ ꯋꯥꯔꯛꯄ ꯐꯩ꯫ ꯌꯨꯒꯤ ꯃꯍꯨꯠꯇ ꯁꯪꯒꯣꯝ ꯊꯛꯄ ꯑꯣꯏꯅ ꯂꯥꯏꯆꯨꯍꯟꯕ ꯐꯩ꯫ ꯌꯨ ꯊꯛꯄ ꯃꯤ ꯑꯃ ꯂꯩꯕꯅ ꯏꯃꯨꯡ ꯑꯗꯨ ꯀꯌꯥꯝ ꯋꯥꯏ ꯈꯪꯕꯤꯌꯨ꯫=

ꯂꯤꯚꯔꯒꯤꯗꯤ ꯈꯪꯖꯗ꯭ꯔꯦ
ꯔꯤꯀ꯭ꯔꯨꯠꯃꯦꯟꯠꯁꯤꯡꯒꯤ ꯔꯤꯖꯜꯠ
ꯁꯟꯖꯦꯟꯅꯍꯥ ꯄꯥꯝꯃꯨꯏ, ꯀꯩꯅ ꯆꯥꯍꯟꯅꯤꯡꯗꯦ
ꯄ꯭ꯔꯥꯏꯝ ꯃꯤꯅꯤꯁꯇꯔ ꯅꯔꯦꯟꯗ꯭ꯔ ꯃꯣꯗꯤꯒꯤ ꯃꯄꯣꯛ ꯅꯨꯃꯤꯠ
ꯁꯦꯞꯇꯦꯝꯕꯔ 17, 2022 ꯗꯒꯤ ꯍꯧꯔꯒ ꯑꯣꯛꯇꯣꯕꯔ 2, 2022 ꯐꯥꯎꯕ ꯅꯨꯃꯤꯠ
16 ꯅꯤ ꯆꯨꯞꯅ ꯆꯠꯊꯒꯗꯕ ‘ꯁꯦꯕꯥ ꯄꯈꯋꯥꯔꯥ’ ꯒꯤ ꯃꯈꯥꯗ ꯃꯈꯜ ꯀꯌꯥꯒꯤ
ꯊꯧꯔꯝꯁꯤꯡ ꯄꯥꯡꯊꯣꯔꯛꯂꯤ꯫ ꯊꯧꯔꯝꯁꯤ ꯃꯅꯤꯄꯨꯔꯈꯛꯇ ꯅꯠꯇꯦ꯫ ꯕꯤ ꯖꯦ
ꯄꯤ ꯈꯛꯇꯅ ꯂꯩꯉꯥꯛ ꯄꯥꯏꯕ ꯃꯐꯝꯁꯤꯡ, ꯄꯥꯔꯇꯤꯁꯤꯅ ꯂꯨꯆꯤꯡꯕ ꯑꯃꯁꯨꯡ
ꯆꯨꯡꯁꯤꯟꯅꯕ ꯂꯩꯉꯥꯛꯁꯤꯡꯅ ꯍꯦꯟꯅ ꯁꯥꯐꯨ ꯀꯟꯅ ꯄꯥꯡꯊꯣꯛꯏ ꯍꯥꯏꯕꯒꯤ ꯋꯥꯅꯤ꯫
ꯂꯩꯕꯥꯛ ꯁꯤꯟꯕ ꯊꯨꯡꯅ ꯊꯧꯔꯝꯁꯤꯡ ꯄꯥꯡꯊꯣꯔꯛꯂꯤ꯫ ꯃꯅꯤꯄꯨꯔꯗꯁꯨ ꯊꯝꯕꯥꯜ
ꯁꯪꯂꯦꯟꯗ ꯊꯧꯔꯝꯁꯤ ꯍꯧꯗꯣꯛꯈꯤꯕꯗꯒꯤ ꯇꯣꯉꯥꯟ-ꯇꯣꯉꯥꯟꯕ ꯊꯧꯔꯝꯁꯤꯡ
ꯄꯥꯡꯊꯣꯔꯛꯂꯤ꯫ ꯂꯦꯄꯅꯈꯤꯕ ꯑꯃꯁꯨꯡ ꯂꯥꯎꯊꯣꯛꯈꯤꯕꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ
ꯃꯊꯪ ꯊꯥꯒꯤ 2 (ꯑꯣꯛꯇꯣꯕꯔ 2, 2022) ꯃꯍꯥꯇ꯭ꯃꯥ ꯒꯥꯟꯙꯤꯒꯤ ꯃꯄꯣꯛ ꯅꯨꯃꯤꯠ
‘ꯅꯦꯁꯅꯜ ꯀ꯭ꯂꯤꯟꯂꯤꯅꯦꯁ ꯗꯦ’ ꯐꯥꯎꯕꯗ ꯃꯈꯥ ꯇꯥꯅ ꯆꯠꯊꯈꯤꯒꯗꯧꯔꯤꯕꯅꯤ꯫
ꯑꯗꯨꯒ ꯃꯅꯤꯄꯨꯔꯗꯁꯨ ꯆꯠꯊꯔꯛꯂꯤꯕ ‘ꯁꯦꯕꯥ ꯄꯈꯋꯥꯔꯥ’ ꯒꯤ ꯊꯧꯔꯝꯁꯤꯒꯤ
ꯃꯅꯨꯡ ꯆꯟꯅ ꯁꯦꯞꯇꯦꯝꯕꯔ 21, 2022 ꯗ ꯏꯝꯐꯥꯜ ꯁꯤꯇꯤ ꯀꯟꯚꯦꯟꯁꯟ
ꯁꯦꯟꯇꯔꯗ ꯄ꯭ꯔꯥꯏꯝ ꯃꯤꯅꯤꯁꯇꯔ ꯅꯔꯦꯟꯗ꯭ꯔ ꯃꯣꯗꯤꯒꯤ ꯃꯔꯝꯗ ꯏꯕ
ꯂꯥꯏꯔꯤꯛ ‘ꯃꯣꯗꯤ@20’: ꯗ꯭ꯔꯤꯝꯁ, ꯃꯤꯠ, ꯗꯦꯂꯤꯚꯔꯤ’ ꯒꯤ ꯃꯇꯥꯡꯗ ꯁ꯭ꯇꯦꯠ
ꯂꯦꯚꯦꯜꯒꯤ ꯊꯥꯛꯇ ꯁꯦꯃꯤꯅꯥꯔ ꯑꯃ ꯄꯥꯡꯊꯣꯛꯈ꯭ꯔꯦ꯫ ꯊꯣꯔꯝꯁꯤꯗ ꯁꯔꯨꯛ
ꯌꯥꯈꯤꯕ ꯆꯤꯐ ꯃꯤꯅꯤꯁꯇꯔꯅ ꯂꯥꯏꯔꯤꯛꯁꯤꯒꯤ ꯃꯇꯥꯡꯗ ꯂꯩꯕꯥꯛꯁꯤꯒꯤ
ꯇꯣꯉꯥꯟ-ꯇꯣꯉꯥꯟꯕ ꯂꯝꯗ ꯁꯛꯅꯥꯏꯔꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯅ ꯄ꯭ꯔꯥꯏꯝ
ꯃꯤꯅꯤꯁꯇꯔꯕꯨ ꯁꯤꯡꯊꯥꯅꯔꯛꯄ/ꯊꯥꯒꯠꯅꯔꯛꯄ, ꯃꯍꯥꯛ ꯀꯅꯥꯅꯣ ꯍꯥꯏꯕ ꯌꯥꯎꯅ
ꯃꯍꯥꯛꯀꯤ ꯊꯕꯛ ꯊꯧꯔꯝꯁꯤꯡꯒꯤ ꯃꯇꯥꯡꯗ ꯅꯩꯅꯔꯛꯄ ꯋꯥꯐꯝꯁꯤꯡ ꯃꯔꯤꯛ
ꯆꯨꯝꯅ ꯐꯣꯡꯗꯣꯛꯈ꯭ꯔꯦ꯫ ꯆꯤꯐ ꯃꯤꯅꯤꯁꯇꯔꯅ ꯐꯣꯡꯗꯣꯛꯈꯤꯕ ꯋꯥꯐꯝꯁꯤꯡ
ꯂꯥꯏꯔꯤꯛꯁꯤꯗ ꯌꯨꯝꯐꯝ ꯑꯣꯏꯕ ꯑꯆꯨꯝꯕ/ꯑꯁꯦꯡꯕ ꯋꯥꯐꯝ ꯉꯥꯛꯇꯅꯤ꯫ ꯌꯥꯝꯅ
ꯐꯩ, ꯇꯧꯒꯗꯕꯅꯤ꯫ ꯐꯔꯒ ꯐꯩ ꯅꯠꯇ꯭ꯔꯒ ꯐꯠꯇꯦ ꯍꯥꯏꯕ ꯉꯝꯕꯅꯤ ꯃꯤꯑꯣꯏꯕꯒꯤ
ꯑꯇꯥꯡꯕ ꯃꯇꯤꯛ ꯃꯌꯥꯏꯁꯤꯡꯒꯤ ꯃꯅꯨꯡ ꯆꯜꯂꯤꯕꯅꯤ꯫ ꯇꯧꯐꯝ ꯊꯣꯛꯄ
ꯊꯕꯛꯁꯤꯡꯅꯤ꯫

ꯑꯗꯨꯕꯨ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯀꯟꯇꯦꯛꯁꯇ ꯁꯦꯕꯥ ꯄꯈꯋꯥꯔꯥꯒꯤ ꯕꯦꯟꯅꯔ
ꯃꯈꯥꯗ ꯄꯥꯡꯊꯣꯔꯛꯂꯤꯕ ꯊꯧꯔꯝꯁꯤꯡꯒꯤ ꯃꯅꯨꯡꯗ ꯅꯨꯃꯤꯠꯁꯤꯒꯤ ꯁꯤꯇꯤ
ꯀꯟꯚꯦꯟꯁꯟꯒꯤ ꯊꯧꯔꯝꯁꯤꯗ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯃꯤꯌꯥꯝꯅ ꯍꯦꯟꯅ ꯀꯟꯁꯔꯟ
ꯑꯣꯏꯈ꯭ꯔꯤꯕꯗꯤ ꯃꯅꯤꯄꯨꯔ ꯂꯩꯉꯥꯛꯅ ꯄꯥꯡꯊꯣꯛꯈꯤꯕ ꯌꯥꯝꯂꯕ ꯂꯣꯏꯁꯪ ꯈꯔꯒꯤ
ꯔꯤꯀ꯭ꯔꯨꯠꯃꯦꯟꯇ ꯔꯦꯜꯂꯤ/ꯏꯟꯇꯔꯚꯤꯌꯨ/ꯗꯤ ꯄꯤ ꯁꯤꯅꯆꯤꯡꯕꯒꯤ ꯔꯤꯖꯜꯠꯁꯤꯡ
ꯅꯨꯃꯤꯠ 15 ꯅꯤꯒꯤ ꯃꯅꯨꯡꯗ ꯃꯊꯪ-ꯃꯊꯪ ꯂꯥꯎꯊꯣꯔꯛꯂꯒꯅꯤ ꯍꯥꯏꯅ ꯐꯣꯡꯗꯣꯛꯈꯤꯕ
ꯋꯥꯐꯝꯗꯨꯅꯤ꯫ ꯄꯥꯡꯊꯣꯛꯈ꯭ꯔꯤꯕ ꯔꯤꯀ꯭ꯔꯨꯠꯃꯦꯟꯠ ꯔꯦꯜꯂꯤꯁꯤꯡ ꯑꯗꯨꯒꯤ
ꯃꯅꯨꯡꯗꯒꯤ ꯁꯔꯨꯛ ꯌꯥꯈꯤꯕ ꯀꯦꯟꯗꯤꯗꯦꯠꯁꯤꯡ, ꯃꯈꯣꯏꯒꯤ ꯒꯥꯔꯗꯤꯌꯟꯁꯤꯡ
ꯈꯛꯇ ꯅꯠꯇꯅ ꯃꯤꯌꯥꯝꯅ ꯅꯣꯡꯒꯧꯕꯤꯅ ꯏꯁꯤꯡ ꯉꯥꯏꯕꯒꯨꯝ ꯉꯥꯏꯔꯛꯈꯤꯕ
ꯃꯌꯥꯝꯗꯒꯤ ꯈꯔ ꯀꯟꯁꯤꯟꯕ ꯔꯤꯖꯜꯠ ꯑꯃꯈꯛ ꯍꯥꯏꯕ ꯇꯥꯔꯒꯅ 10 ꯑꯃꯁꯨꯡ
11 ꯁꯨꯕ ꯑꯥꯏ ꯑꯥꯔ ꯕꯤꯒꯤ ꯄꯥꯡꯊꯣꯛꯈ꯭ꯔꯤꯕ ꯔꯤꯀ꯭ꯔꯨꯠꯃꯦꯟꯠꯗꯨꯒꯤ ꯔꯤꯖꯜꯠ
ꯍꯥꯏꯗꯣꯛꯄꯅꯤ꯫ ꯍꯥꯏꯔꯤꯕ ꯔꯤꯖꯜꯠꯁꯤ ꯃꯃꯥꯡꯊꯛꯇꯁꯨ ꯆꯤꯐ ꯃꯤꯅꯤꯁꯇꯔꯅ
ꯊꯦꯡꯈꯥꯡ 3/4 ꯗ ꯂꯥꯎꯊꯣꯛꯂꯒꯅꯤ ꯍꯥꯏꯗꯨꯅ ꯍꯟꯖꯤꯟ-ꯍꯟꯖꯤꯟ ꯐꯣꯡꯗꯣꯛꯈꯤꯕ
ꯂꯩꯈ꯭ꯔꯕꯅꯤ꯫ hOSiB ꯖꯨꯟ ꯊꯥ ꯃꯅꯨꯡꯗ ꯁꯣꯏꯗꯅ ꯍꯥꯏꯗꯣꯛꯂꯒꯅꯤ ꯍꯥꯏꯈꯤꯕꯅꯤ꯫
ꯍꯟꯗꯛ ꯐꯝꯈꯤꯕ ꯅꯣꯡꯖꯨ ꯃꯤꯐꯝ ꯃꯅꯨꯡꯗ ꯐꯥꯎꯕ ꯑꯦꯁꯦꯝꯕ꯭ꯂꯒꯤ ꯐ꯭ꯂꯣꯔ
ꯃꯤꯐꯝ ꯍꯦꯛ ꯂꯣꯏꯕꯒ ꯂꯥꯎꯊꯣꯛꯂꯒꯅꯤ ꯍꯥꯏꯅ ꯐꯣꯡꯗꯣꯛꯈꯤꯕꯁꯨ ꯂꯩꯈ꯭ꯔꯕꯅꯤ꯫
ꯑꯗꯨꯕꯨ ꯍꯤꯡꯆꯥꯕꯤꯒꯤ ꯁꯔꯤ ꯑꯣꯏꯔꯛꯈꯤꯕꯗꯒꯤ ꯆꯤꯐ ꯃꯤꯅꯤꯁꯇꯔꯒꯤ ꯌꯨꯝꯗ
ꯊꯣꯝꯖꯤꯟꯗꯨꯅ ꯄ꯭ꯔꯣꯇꯦꯁꯠ ꯇꯧꯈꯤꯕ ꯂꯩꯈ꯭ꯔꯦ꯫ ꯋꯥꯀꯠ ꯃꯤꯐꯝꯁꯤꯡ ꯐꯝꯈ꯭ꯔꯦ꯫
ꯃꯅꯤꯄꯨꯔ ꯕꯟꯗ/ ꯖꯦꯅꯔꯦꯜ stBraBIK ꯌꯥꯎꯅ ꯏꯀꯣꯅꯣꯃꯤꯛ ꯕ꯭ꯂꯣꯀꯦꯗꯀꯤ
ꯈꯣꯡꯖꯪ ꯐꯥꯎꯕ ꯆꯠꯊꯈ꯭ꯔꯦ꯫ ꯑꯗꯨꯕꯨ ꯍꯥꯏꯗꯣꯛꯇꯅ ꯂꯥꯛꯂꯤꯕꯁꯤ yaun ꯑꯌꯥꯝꯕ
ꯂꯣꯏꯁꯪꯗ ꯆꯠꯊꯈꯤꯕ ꯔꯤꯀ꯭ꯔꯨꯠꯃꯦꯟꯠꯁꯤꯡꯒꯤ ꯔꯤꯖꯜꯠꯁꯤꯡ ꯂꯥꯎꯊꯣꯛꯂꯒꯅꯤ
hain ꯆꯤꯐ ꯃꯤꯅꯤꯁꯇꯔꯅ ꯑꯃꯨꯛꯀꯁꯨ ꯃꯤꯌꯥꯝ ꯐꯣꯡꯗꯣꯔꯛꯂꯤꯕ ꯑꯁꯤꯗ
ꯍꯟꯗꯛꯇꯤ ꯈꯣꯡꯂꯧ-ꯄꯜꯍꯧꯗꯅ ꯑꯃꯁꯨꯡ ꯇꯦꯛꯇ ꯀꯥꯏꯗꯅ ꯍꯥꯏꯗꯣꯛꯄ/
ꯂꯥꯎꯊꯣꯛꯄ ꯉꯝꯕ ꯑꯣꯏꯔꯁꯅꯨ꯫ ꯁꯟꯖꯦꯟꯊꯣꯡꯒꯤ ꯊꯣꯡꯌꯥꯏꯗ ꯁꯥꯃꯨ ꯇꯣꯡꯗꯨꯅ
ꯂꯥꯟꯉꯝ ꯐꯤꯔꯥꯜ ꯊꯦꯠꯇꯨꯅ ꯂꯥꯛꯄ ꯉꯝꯕ ꯑꯣꯏꯔꯁꯅꯨ꯫ ꯑꯗꯨꯕꯨ ꯍꯟꯗꯛꯀꯤ
ꯋꯥꯐꯝꯁꯤꯒꯤ ꯃꯇꯨꯡꯗ ꯑꯃꯨꯛꯀꯁꯨ ꯁꯟꯖꯦꯟꯅꯍꯥ ꯀꯩꯅ ꯆꯥꯕꯒꯤꯐꯤꯚꯝꯗ
ꯇꯥꯔꯛꯍꯟꯕꯗꯤ ꯃꯅꯤꯄꯨꯔ ꯃꯤꯌꯥꯝꯅ ꯌꯥꯕ ꯉꯝꯂꯣꯏ꯫ ꯂꯩꯕꯥꯛ ꯃꯤꯌꯥꯝꯕꯨ
ꯁꯦꯟꯔꯛꯂꯤꯕ ꯁꯟꯖꯦꯟꯅꯍꯥꯁꯤ ꯅꯣꯡꯃ-ꯅꯣꯡꯃꯒꯤ ꯃꯤꯌꯥꯝꯅ ꯄꯥꯝꯅꯔꯛꯂꯤ,
ꯌꯥꯅꯤꯡꯂꯛꯂꯤ, ꯃꯤꯌꯥꯝꯒꯤ ꯊꯕꯛꯁꯤꯡꯁꯨ ꯃꯌꯥꯝ ꯇꯧꯕꯗꯒꯤ ‘ꯄꯤꯄꯜꯁ ꯁꯤ
ꯑꯦꯝ’ ꯐꯥꯎꯕ ꯍꯥꯏꯅꯔꯤꯕꯅ ꯃꯆꯤꯟ ꯊꯤꯕ ꯁꯟꯖꯦꯟꯅꯍꯥ ꯀꯩꯅ ꯆꯥꯈꯤꯕꯒꯤ
ꯊꯧꯗꯣꯛꯇꯨꯗꯤ ꯇꯥꯍꯟꯅꯤꯡꯗꯦ, ꯄꯥꯝꯃꯨꯏ ꯍꯥꯏꯕꯒꯤ ꯋꯥꯅꯤ꯫ ꯑꯗꯨꯒ ꯑꯁꯣꯏꯕ-
ꯑꯔꯥꯟꯕ ꯌꯥꯎꯗꯅꯕ ꯌꯦꯡꯁꯤꯟꯕꯗ ꯃꯇꯝ ꯆꯪꯕꯗꯤ ꯍꯥꯏꯕꯗꯨꯁꯨ ꯀꯨꯏꯃꯟꯈ꯭ꯔꯦ꯫
ꯆꯍꯤ ꯌꯥꯝꯅ ꯆꯪꯃꯟꯈ꯭ꯔꯦ꯫ ꯃꯅꯤꯄꯨꯔꯗ ꯂꯩꯔꯤꯕ ꯃꯤꯑꯣꯏ ꯄꯨꯝꯅꯃꯛꯀꯤ
ꯑꯁꯦꯡꯕ ꯄꯨꯟꯁꯤ ꯋꯥꯔꯤ ꯏꯔꯕ ꯐꯥꯎꯕꯗ ꯍꯦꯟꯗꯣꯛꯅ ꯂꯣꯏꯁꯤꯟꯕ ꯌꯥꯕ ꯃꯇꯝ
ꯍꯦꯟꯗꯣꯛꯈ꯭ꯔꯦ ꯍꯥꯏꯕꯅꯤ꯫ ꯁꯟꯖꯦꯟꯅꯍꯥ ꯄꯥꯝꯃꯨꯏ, ꯀꯩꯅ ꯆꯥꯍꯟꯅꯤꯗꯦꯀꯣ꯫

ꯃꯤꯑꯣꯏꯕꯅ ꯌꯥꯝꯅ ꯀꯤꯅꯕ ꯄꯥꯝꯕꯤꯁꯤꯡꯒꯤ ꯃꯅꯨꯡꯗ ꯈꯦꯔꯥꯏ ꯍꯥꯏꯔꯤꯕ ꯄꯥꯝꯕꯤ ꯑꯁꯤꯁꯨ ꯑꯃꯅꯤ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯍꯦꯛ ꯊꯦꯡꯂꯨꯕꯗ ꯑꯃꯗꯤ ꯁꯣꯛꯂꯨꯕꯗ ꯃꯤꯑꯣꯏ ꯑꯗꯨꯒꯤ ꯃꯁꯥ ꯑꯗꯨ ꯃꯔꯦꯡ-ꯃꯔꯦꯡ ꯆꯠꯇꯨꯅ ꯌꯥꯝꯅ ꯍꯥꯛꯀꯆꯕ ꯑꯗꯨꯒ ꯍꯦꯟꯖꯤꯟꯈ꯭ꯔꯒꯅ ꯃꯊꯥ-ꯃꯊꯥ ꯄꯣꯝꯈꯠꯇꯨꯅ ꯎꯟꯁꯥ ꯑꯗꯨ ꯉꯥꯡꯕꯒ ꯂꯣꯏꯅꯅ ꯐꯨꯒ꯭ꯔꯤ ꯊꯨꯡꯂꯒ ꯃꯇꯣꯟ ꯑꯗꯨ ꯅꯥꯏ ꯆꯥꯍꯜꯂꯛꯄ ꯐꯥꯎꯕ ꯉꯝꯃꯤ꯫ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯏꯪꯂꯤꯁꯇ ꯖꯄꯥꯅꯤꯖ ꯋꯦꯛꯁ (ꯓꯥꯄꯥꯅꯦꯁꯦ ꯋꯥꯪ)
ꯅꯠꯇ꯭ꯔꯒ ꯖꯄꯥꯅꯤꯖ ꯂꯦꯛꯀꯔ ꯇ꯭ꯔꯤ (ꯓꯥꯄꯥꯅꯦꯁꯦ
lacquer tree) nTtrBg jpanij teLlo trBi
(ꯓꯥꯄꯥꯅꯦꯁꯦ ꯇꯥꯂꯂꯣꯋ tree) ꯅꯠꯇ꯭ꯔꯒ ꯄꯣꯏꯖꯟ
ꯑꯥꯏꯚꯤ (Poison ivy) ꯅꯠꯇ꯭ꯔꯒ ꯄꯣꯏꯖꯟ ꯁꯨꯃꯦꯛ
(Poison ꯁꯨꯃꯥꯆ) ꯅꯠꯇ꯭ꯔꯒ ꯋꯥꯏꯜꯗ ꯚꯔꯅꯤꯁ
ꯇ꯭ꯔꯤ (Wild ꯚꯥꯔꯅꯤꯁꯍ tree), ꯍꯤꯟꯗꯤꯗ ꯃꯣꯝ
ꯀꯥ ꯄꯦꯔ (Mom ꯀꯥ ꯄꯦꯗ) ꯅꯠꯇ꯭ꯔꯒ ꯇꯟꯇ꯭ꯔꯤ
(Tantri), ꯁꯪꯁꯀꯔꯕꯤꯠꯇ ꯀꯥꯂꯤꯡꯒ (Kalinga)
ꯅꯠꯇ꯭ꯔꯒ ꯀꯨꯂꯤꯔꯥ (Kulira), ꯕꯔꯝꯃꯤꯖꯗ ꯄꯥꯌꯣꯡ
(Hpayaungg), ꯆꯥꯏꯅꯤꯖꯗ ꯂꯥ ꯁꯨ ꯌꯦ ꯀꯤ(La ꯁꯍꯨ
ꯌꯦ qi), ꯅꯦꯄꯥꯂꯤꯗ ꯕꯧꯈꯤꯝꯂꯣ (Bhaukimallo),
ꯁꯥꯏꯟꯇꯤꯐꯤꯛ ꯅꯠꯇ꯭ꯔꯒ ꯕꯣꯅꯇꯥꯅꯤꯀꯦꯜꯒꯤ ꯑꯣꯏꯕ
ꯃꯃꯤꯡꯗ ꯇꯣꯛꯁꯤꯀꯣꯗꯦꯟꯗ꯭ꯔꯣꯟ ꯁꯛꯁꯤꯗꯦꯅꯤꯌꯝ
(Toxicodendson succedaneum
(L.) Kuntze) ꯅꯠꯇ꯭ꯔꯒ ꯔꯁ ꯁꯛꯁꯤꯗꯦꯅꯤꯌꯥ
(Rhus succedanea L.) nTtrBg rs
frBeKsinifoliya (Rhus fraxinifolia
ꯈꯥꯂꯤꯁꯕ.) ꯍꯥꯏꯅ ꯀꯧꯏ ꯑꯃꯁꯨꯡ ꯑꯦꯅꯥꯀꯥꯔꯗꯌꯦꯁꯤ
(Anacardiaceae) ꯁꯥꯒꯩꯒꯤ ꯃꯅꯨꯡ ꯆꯜꯂꯤ꯫
ꯁꯥꯒꯩ ꯑꯁꯤꯗ ꯆꯟꯕ ꯑꯇꯣꯞꯄ ꯃꯔꯨ ꯑꯣꯏꯕ
ꯄꯥꯝꯕꯤ ꯈꯔꯗꯤ - ꯍꯩꯅꯧ ꯄꯥꯝꯕꯤ (ꯃꯦꯟꯖꯤꯐꯦꯔꯥ
ꯏꯟꯗꯤꯀꯥ- Mangifera indica L.), ꯀꯥꯖꯨ ꯅꯠꯇ꯭ꯔꯒ ꯀꯥꯟꯖ (ꯑꯦꯅꯥꯀꯥꯔꯤꯌꯝ ꯑꯣꯁꯤꯗꯦꯟꯇꯦꯜ- (Anacardium Occidentale L.), ꯍꯩꯃꯥꯡ ꯄꯥꯝꯕꯤ (ꯔꯁ ꯁꯦꯃꯤꯑꯦꯂꯥꯇꯥ- Rhus semialata Murry.) ꯑꯁꯤꯅꯆꯤꯡꯕꯅꯤ꯫
ꯈꯦꯔꯥꯏ ꯍꯥꯏꯔꯤꯕ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯐꯨꯠ 15 ꯐꯥꯎꯕ ꯋꯥꯡꯕ ꯑꯄꯤꯛꯄ ꯅꯠꯇ꯭ꯔꯒ ꯃꯌꯥꯏ ꯑꯣꯏꯔꯞꯅ ꯆꯥꯎꯕ ꯃꯇꯝ ꯄꯨꯝꯅꯃꯛꯇ ꯃꯅꯥ ꯑꯗꯨ ꯁꯪꯗꯨꯅꯇ ꯂꯩꯕ ꯍꯥꯏꯕꯗꯤ ꯑꯦꯚꯔꯒ꯭ꯔꯦꯟ (Evergreen) ꯑꯣꯏꯕ ꯎ ꯄꯥꯝꯕꯤ ꯑꯃꯅꯤ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤꯒꯤ ꯃꯅꯥ ꯑꯗꯨ ꯀꯝꯄꯥꯎꯟꯗ ꯂꯤꯐ (Compound leaf) ꯍꯥꯏꯕꯗꯤ ꯃꯅꯥ ꯑꯃꯗ ꯅꯥꯌꯥꯠ (leafl ets) ꯀꯌꯥꯃꯔꯨꯝ ꯃꯥꯌꯣꯛꯅꯅ ꯄꯥꯜꯂꯤ ꯑꯃꯁꯨꯡ ꯃꯅꯥ ꯑꯗꯨ ꯁꯎꯟꯒꯨꯝꯅ ꯊꯥ- ꯊꯥ ꯂꯥꯎꯏ꯫ ꯃꯅꯥꯁꯤꯡ ꯑꯗꯨ ꯄꯥꯝꯕꯤꯒꯤ ꯑꯃꯗꯤ ꯃꯁꯥꯒꯤ ꯃꯇꯣꯟꯗ ꯑꯌꯥꯝꯕ ꯄꯥꯟꯒꯜꯂꯤ꯫ ꯉꯧꯔꯨꯅꯕ ꯅꯠꯇ꯭ꯔꯒ ꯍꯪꯒꯥꯝ ꯃꯄꯥꯟ ꯆꯪꯂꯞ ꯇꯧꯕ ꯑꯄꯤꯛꯄ ꯂꯩꯁꯤꯡ ꯑꯗꯨ ꯁꯦꯟꯇꯤꯃꯤꯇꯔ 8-12 ꯁꯥꯡꯕ ꯃꯈꯣꯛꯇ ꯆꯕꯨꯟ ꯑꯣꯏꯅ ꯖꯨꯂꯥꯏ ꯊꯥꯗ ꯁꯥꯠꯀꯜꯂꯤ ꯑꯗꯨꯒ ꯃꯍꯩ ꯑꯗꯨꯅ ꯃꯤꯂꯤꯃꯤꯇꯔ 5 ꯗꯒꯤ 11 ꯐꯥꯎꯕ ꯆꯥꯎꯗꯨꯅ ꯀꯣꯏꯄꯥꯛꯅꯩ꯫
ꯄꯥꯎꯗꯝꯁꯤꯡꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯑꯦꯁꯤꯌꯥꯒꯤ ꯃꯐꯝꯁꯤꯡ ꯃꯔꯨ ꯑꯣꯏꯅ ꯏꯟꯗꯤꯌꯥ, ꯃ꯭ꯌꯥꯟꯃꯥꯔ, ꯊꯥꯏꯂꯦꯟꯗ, ꯚꯤꯑꯦꯠꯅꯥꯝ, ꯆꯥꯏꯅꯥ, ꯇꯥꯏꯋꯥꯟ, ꯖꯄꯥꯟ ꯑꯃꯁꯨꯡ ꯃꯂꯦꯁꯤꯌꯥꯗꯒꯤ ꯍꯧꯔꯛꯈꯤꯕꯅꯤ꯫ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯍꯤꯃꯥꯂꯣꯏꯒꯤ ꯑꯌꯥꯝꯕ ꯃꯐꯝꯁꯤꯡ ꯚꯨꯇꯥꯟ, ꯇꯤꯕꯦꯠ, ꯕꯥꯡꯂꯥꯗꯦꯁ, ꯃꯣꯡꯒꯣꯂꯤꯌꯥ, ꯀꯝꯕꯣꯗꯤꯌꯥ, ꯀꯣꯔꯤꯌꯥ ꯑꯃꯁꯨꯡ ꯂꯥꯎꯁꯇꯁꯨ ꯃꯌꯧꯁꯥꯒꯤ ꯑꯣꯏꯕ ꯃꯑꯣꯡꯗ ꯍꯧꯕꯒꯤ
ꯄꯥꯎꯗꯝꯁꯨ ꯂꯩ꯫ Kubitzki ꯅ ꯀꯨꯝꯖꯥ 2001 ꯗ ꯄꯤꯈꯤꯕ ꯄꯥꯎꯗꯝꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯑꯣꯁ꯭ꯇ꯭ꯔꯦꯂꯤꯌꯥ, ꯅ꯭ꯌꯨꯖꯤꯂꯦꯟꯗ, ꯈꯥ ꯑꯐ꯭ꯔꯤꯀꯥ, ꯕ꯭ꯔꯥꯖꯤꯜ ꯑꯃꯁꯨꯡ ꯀ꯭ꯌꯨꯕꯥꯗ ꯄꯨꯗꯨꯅ ꯊꯥꯈꯤꯕꯗꯒꯤ ꯉꯁꯤꯗꯤ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯃꯐꯝꯁꯤꯡ ꯑꯗꯨꯗ ꯌꯥꯝꯅ ꯆꯨꯁꯤꯟꯅꯅ ꯍꯧꯈ꯭ꯔꯦ꯫ ꯑꯋꯥꯡ ꯅꯣꯡꯄꯣꯛꯀꯤ ꯑꯥꯌꯝꯕ ꯃꯐꯝꯁꯤꯡꯗ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯃꯐꯝꯁꯤꯡ ꯑꯗꯨꯗ ꯌꯥꯝꯅ ꯆꯨꯁꯤꯟꯅꯅ ꯍꯧꯈ꯭ꯔꯦ꯫ ꯑꯋꯥꯡ ꯅꯣꯡꯄꯣꯛꯀꯤ ꯑꯌꯥꯝꯕ ꯃꯐꯝꯁꯤꯡꯗ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯃꯄꯨꯡ
ꯐꯥꯅ ꯍꯧꯕꯒꯨꯝ ꯑꯩꯈꯣꯏꯒꯤ ꯂꯝꯗꯝ ꯑꯅꯤꯄꯨꯔꯗꯁꯨ ꯍꯧꯏ꯫
ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯇꯝꯄꯥꯛꯀꯤ ꯃꯐꯝꯁꯤꯡ,
ꯑꯅꯦꯝꯕ ꯆꯤꯡ ꯑꯃꯁꯨꯡ ꯆꯤꯡ ꯑꯃꯁꯨꯡ ꯆꯤꯡꯈꯣꯡ-
ꯆꯤꯡꯌꯥꯗ ꯑꯗꯨꯃꯛ ꯍꯧꯕ ꯊꯦꯡꯅꯩ꯫
ꯂꯤꯟ (Lin) ꯑꯃꯁꯨꯡ ꯃꯍꯥꯛꯀꯤ ꯀꯥꯡꯕꯨꯅ ꯀꯨꯝꯖꯥ
1989 ꯗ ꯄꯤꯈꯤꯕ ꯄꯥꯎꯗꯝ ꯑꯃꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯈꯦꯔꯥꯏ
ꯄꯥꯝꯕꯤꯗ ꯍꯤꯅꯣꯀꯤꯐ꯭ꯂꯦꯚꯣꯟ (ꯊꯤꯅꯣꯀꯤꯐꯂ avone)
ꯍꯥꯏꯔꯤꯕ ꯍꯨ ꯆꯦꯟꯕ ꯕꯥꯏꯐ꯭ꯂꯦꯚꯣꯅꯣꯏꯗ(Bifl avonoid)
ꯑꯁꯤ ꯌꯥꯎꯏ꯫ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤꯗ ꯌꯥꯎꯕ ꯃꯣꯝ (ꯋꯥꯪ)
ꯃꯥꯟꯕ ꯄꯣꯠꯁꯛ ꯑꯁꯤꯗ ꯆꯥꯗ 10 ꯗꯒꯤ 15 ꯐꯥꯎꯕ
ꯄꯥꯜꯃꯤꯇꯤꯟ (Palmitin), ꯑꯣꯂꯤꯟ (Olein)
ꯑꯃꯁꯨꯡ ꯁ꯭ꯇꯤꯌꯦꯔꯤꯟ (Stearin) ꯑꯁꯤ ꯌꯥꯎꯏ꯫
ꯌꯥꯝꯅ ꯂꯤꯔꯕ ꯑꯅꯥ-ꯂꯥꯌꯦꯡ ꯈꯔꯗ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤ
ꯑꯁꯤ ꯍꯤꯗꯥꯛ ꯑꯣꯏꯅ ꯁꯤꯖꯤꯟꯅꯕꯒꯤ ꯄꯥꯎꯗꯝꯁꯤꯡ
ꯂꯩ꯫ ꯁꯤꯟꯍ (ꯈꯤꯅꯍꯥ) ꯅ ꯀꯨꯝꯖꯥ 1996 ꯇ ꯄꯤꯈꯤꯕ
ꯄꯥꯎꯗꯝꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤꯒꯤ ꯑꯀꯪꯕ
ꯃꯍꯩ ꯑꯗꯨ ꯄꯤꯖꯕꯗ ꯀꯤꯗꯅꯤ ꯑꯃꯁꯨꯡ ꯏꯁꯤꯡ ꯃꯔꯤꯗ
ꯅꯨꯡ ꯂꯩꯕ ꯑꯗꯨ ꯃꯆꯦꯠ-ꯃꯆꯦꯠ ꯊꯨꯒꯥꯏꯗꯨꯅ ꯍꯛꯀꯤ
ꯏꯁꯤꯡ ꯆꯠꯄꯗ ꯄꯨꯊꯍꯟꯈꯤꯕ ꯉꯝꯃꯤ ꯍꯥꯏꯕꯁꯤꯅꯤ꯫
ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤꯒꯤ ꯑꯀꯪꯕ ꯃꯍꯩ ꯑꯗꯨ ꯇꯛꯈꯥꯏꯔꯒ
ꯑꯐꯕ ꯏꯁꯤꯡꯗ ꯄꯨꯡ 3-4 ꯗꯪ ꯇꯤꯡꯂꯒ ꯆꯨꯝꯊꯣꯛꯂꯕ
ꯃꯍꯤ ꯑꯗꯨ ꯆꯥꯡ ꯅꯥꯏꯅ ꯄꯤꯊꯛꯄꯗ ꯆꯥꯕ ꯇꯨꯝꯗꯕ ꯑꯗꯨꯗ ꯊꯣꯏꯗꯣꯛꯅ ꯀꯥꯟꯅꯍꯜꯂꯤ꯫ ꯍꯥꯏꯔꯤꯕ ꯃꯍꯤ ꯑꯗꯨꯄꯤꯊꯛꯄꯅ ꯂꯤꯚꯔꯁꯨ ꯃꯄꯥꯡꯒꯜ ꯀꯟꯅ ꯊꯝꯕ ꯉꯝꯃꯤ ꯍꯥꯏꯅꯁꯨ ꯄꯥꯎꯗꯝꯂꯤ꯫ ꯄꯥꯎꯗꯝ ꯑꯗꯨꯅ ꯃꯈꯥ ꯇꯥꯔꯗꯨꯅ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯅꯥ ꯑꯗꯨ ꯏꯊꯥꯅꯣꯜ ꯍꯥꯏꯔꯤꯕ ꯌꯨ ꯃꯈꯜ ꯑꯗꯨꯗ ꯁꯨꯒꯥꯏꯔꯒ ꯂꯧꯕ ꯃꯍꯤ ꯑꯗꯨ ꯀꯦꯟꯁꯔ ꯑꯃꯁꯨꯡ ꯚꯥꯏꯔꯁ ꯃꯈꯜ ꯈꯔ ꯉꯥꯛꯊꯣꯛꯄ ꯉꯝꯕꯒꯤ ꯃꯒꯨꯟꯁꯤꯡ ꯌꯥꯎ꯫ ꯍꯔꯥ-ꯀꯪꯈꯨ ꯇꯧꯕꯗ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤꯒꯤ ꯑꯀꯪꯕ ꯃꯍꯩ ꯑꯗꯨ ꯀꯞꯅ ꯇꯛꯈꯥꯔꯤꯒ ꯈꯣꯏꯍꯤꯒ ꯇꯣꯠꯂꯒ ꯁꯦꯝꯕ ꯒꯨꯂꯤ (Tablet) ꯑꯗꯨ ꯏꯁꯤꯡ ꯑꯁꯥꯕꯒ ꯅꯣꯡꯃꯗ ꯑꯍꯨꯝꯂꯛ ꯄꯤꯖꯅꯩ꯫
ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯑꯇꯣꯞꯄ ꯍꯤꯔꯝ ꯀꯌꯥꯗꯁꯨ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯑꯩꯈꯣꯏꯒꯤ ꯂꯝꯗꯝ ꯃꯅꯤꯄꯨꯔꯗꯗꯤ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯅꯥ ꯑꯃꯁꯨꯡ ꯃꯍꯩ ꯑꯗꯨ ꯊꯨꯒꯥꯏꯔꯒ ꯂꯧꯕ ꯃꯍꯤ ꯑꯗꯨꯅ ꯀꯣꯛ ꯂꯨꯖꯊꯣꯛꯄꯗ ꯁꯝ ꯑꯗꯨ ꯃꯨꯁꯨꯛ ꯃꯨꯅ ꯑꯃꯗꯤ ꯃꯄꯨꯡ ꯐꯥꯅ ꯍꯧꯍꯟꯕ ꯉꯝꯃꯤ ꯍꯥꯏꯅ ꯁꯤꯖꯤꯟꯅꯕꯒꯤ ꯄꯥꯎꯗꯝꯁꯨ ꯂꯩ꯫ ꯚꯤꯌꯦꯠꯅꯥꯝꯗꯗꯤ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯈꯣꯝ ꯑꯗꯨ ꯃꯈꯜ ꯀꯌꯥꯒꯤ ꯂꯥꯏꯁꯤꯡ (ꯄꯦꯟꯇꯤꯡ) ꯌꯦꯛꯄꯗ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯍꯥꯏꯔꯤꯕ ꯑꯁꯤ ꯖꯄꯥꯟꯗꯁꯨ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯖꯄꯥꯟꯗꯗꯤ ꯃꯣꯝꯕꯔꯇꯤ ꯁꯥꯕꯗ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯍꯩꯗꯒꯤ ꯂꯧꯕ ꯒꯝ ꯑꯗꯨ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯃꯔꯝ ꯑꯁꯤꯗꯒꯤꯅꯤ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯖꯄꯥꯅꯤꯖ ꯋꯦꯛꯁ ꯄ꯭ꯂꯥꯟꯠ ꯍꯥꯏꯅ ꯀꯧꯅꯔꯤꯕꯁꯤ꯫ ꯄꯣꯠꯁꯛ ꯀꯌꯥꯃꯔꯨꯝ ꯃꯆꯨ ꯁꯪꯕ ꯌꯥꯕ ꯍꯪꯒꯥꯝ ꯃꯄꯥꯜ ꯃꯆꯨꯒꯤ ꯀꯂꯔ ꯍꯥꯏꯕꯗꯤ ꯗꯥꯏ (ꯙꯌꯦ) ꯑꯃ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤꯒꯤ ꯎꯗꯒꯤ ꯁꯨꯡꯗꯨꯅ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯈꯦꯔꯥꯏ ꯄꯥꯝꯕꯤꯒꯤ ꯒꯣꯝ ꯑꯗꯨ ꯃꯥꯏꯇꯩ ꯑꯃꯗꯤ ꯑꯀꯦ-ꯑꯃꯧꯒꯤ ꯍꯤꯗꯥꯛ ꯌꯥꯏꯕꯗꯤ ꯄꯣꯠꯊꯣꯛꯁꯤꯡ ꯁꯥꯕꯗꯁꯨ ꯁꯤꯖꯟꯅꯩ꯫=

ꯍꯤꯗꯥꯛ ꯀꯥꯟꯅꯔꯕ ꯄꯥꯝꯕꯤꯁꯤꯡ : ꯈꯦꯔꯥꯏ # 360
ꯋꯥꯏꯔꯨ-ꯋꯥꯏꯔꯨꯕꯗ

– ꯗꯥ. ꯍꯨꯏꯗ꯭ꯔꯣꯝ ꯕꯤꯔꯀꯨꯃꯥꯔ –
ꯁꯤ ꯑꯦꯁ ꯑꯥꯏ ꯑꯥꯔ : ꯅꯣꯔꯊ ꯏꯁꯠ ꯏꯟꯁꯇꯤꯇ꯭ꯌꯨꯠ
ꯑꯣꯐ ꯁꯥꯏꯟꯁ ꯑꯦꯟꯗ ꯇꯦꯛꯅꯣꯂꯣꯖꯤ, ꯂꯝꯐꯦꯜꯄꯥꯠ