ꯑꯦꯗꯤꯇꯣꯔꯤꯌꯦꯜ IMPHAL, SATURDAY, DECEMBER 24, 2022 ꯊꯥꯡꯖ, ꯋꯥꯛꯆꯤꯡꯒꯤ ꯅꯣꯡꯃ ꯄꯥꯟꯕ, ꯃꯥꯂꯤꯌꯥ ꯀꯨꯝꯁꯤꯡ 3420 obT\ꯂꯩ ꯃꯀꯩꯋ꯭ꯀ 2 HUEIYEN LANPAO

ꯄꯥꯎꯆꯦ ꯑꯁꯤꯗ ꯐꯣꯡꯖꯔꯤꯕ ꯋꯥꯔꯦꯡꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯋꯥꯈꯜ, ꯃꯤꯠꯌꯦꯡ ꯑꯏꯕ ꯃꯁꯥ ꯃꯁꯥꯒꯤꯅꯤ꯫ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒꯤ ꯋꯥꯈꯜꯂꯣꯟ ꯑꯃꯁꯨꯡ ꯃꯤꯠꯌꯦꯡꯒ ꯊꯣꯏꯗꯣꯛꯅ ꯃꯔꯤ ꯂꯩꯅꯗꯦ꯫

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ
ꯊꯥꯡꯖ, ꯗꯤꯁꯦꯝꯕꯔ 24, 2022, ꯏꯝꯐꯥꯜ
14 ꯁꯨꯕ ꯆꯍꯤ, 244 ꯁꯨꯕ ꯃꯁꯤꯡ
ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯂꯤꯇꯔꯦꯔꯤ ꯀ꯭ꯋꯤꯖ-56
1) ‘‘ꯃꯅꯤꯒꯤ ꯃꯉꯥꯜ” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤꯒꯤ ꯑꯏꯕ ꯀꯅꯥꯅꯣ ꯑꯃꯁꯨꯡ ꯂꯥꯏꯔꯤꯛ
ꯑꯁꯤ ꯀꯔꯝꯕ ꯃꯈꯜꯒꯤ ꯂꯥꯏꯔꯤꯛꯅꯣ?
2) “ꯃꯈꯩ ꯂꯩꯇ ꯄꯦꯟꯖꯕ” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤ ꯑꯣꯔꯤꯖꯤꯅꯦꯜ ꯀꯅꯥꯅ ꯏꯕꯗꯒꯤ
ꯃꯅꯤꯄꯨꯔꯤꯗ ꯀꯅꯥꯅ ꯍꯟꯗꯣꯛꯄꯒꯦ?
3) ‘‘ꯏꯊꯩꯈ꯭ꯔꯕ ꯏꯆꯦꯜ” ꯍꯥꯏꯕꯁꯤꯒꯤ ꯑꯏꯕ ꯀꯅꯥꯅꯣ ꯑꯃꯁꯨꯡ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤ
ꯀꯔꯝꯕ ꯃꯈꯜꯒꯤ ꯂꯥꯏꯔꯤꯛꯅꯣ?

4) ‘‘ꯍꯤꯃꯥꯏ ꯆꯨꯝꯕ ꯍꯤꯔꯣꯏꯒꯨꯝ/ꯍꯤꯊꯥꯡꯐꯝ ꯌꯧꯅ ꯍꯤ ꯍꯣꯟꯂꯤꯕꯤ/ꯏꯆꯦꯜ ꯀꯟꯕ
ꯂꯥꯏꯖꯗꯁꯨ/ꯅꯧꯕꯨ ꯈꯨꯠꯄꯥꯏ ꯆꯦꯠꯂꯤꯕꯤ/ꯊꯣꯠꯂꯕꯗ ꯅꯪ ꯂꯩꯔꯥꯡꯅꯤ/ꯀꯟꯕꯗ ꯅꯨꯡꯒ
ꯆꯥꯡꯗꯝꯂꯤꯕꯤ/ꯏꯁ꯭ꯋꯔꯒꯤ ꯑꯉꯛꯄ ꯈꯨꯠꯁꯦꯝ/ꯅꯨꯄꯤ ꯅꯪ ꯍꯤꯡꯗꯨꯅ ꯂꯩꯌꯨ/ꯌꯨꯒ
ꯌꯨꯒ ꯈꯨꯗꯤꯡ꯫” ꯁꯩꯔꯦꯡ ꯃꯇꯦꯛ ꯑꯁꯤ ꯃꯄꯥꯟ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯑꯏꯕ ꯑꯃꯒꯤ
ꯂꯥꯏꯔꯤꯛꯇꯒꯤ ꯂꯧꯊꯣꯔꯛꯄꯅꯤ꯫ ꯑꯏꯕꯁꯤ ꯀꯅꯥꯅꯣ? ꯃꯍꯥꯛꯀꯤ ꯀꯔꯤ
ꯂꯥꯏꯔꯤꯛꯇ ꯌꯥꯎꯕ ꯀꯔꯝꯕ ꯁꯩꯔꯦꯡꯗꯒꯤ ꯂꯧꯊꯣꯔꯛꯄꯅꯣ?
5) ‘‘ꯂꯩꯃꯔꯦꯝꯕꯤꯅꯤ ꯑꯩ” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤ ꯀꯅꯥꯅ ꯏꯕꯅꯣ ꯑꯃꯗꯤ ꯀꯔꯝꯕ
ꯃꯈꯜꯒꯤ ꯂꯥꯏꯔꯤꯛꯅꯣ?

ꯃꯊꯛꯇ ꯄꯤꯔꯤꯕ ꯋꯥꯍꯪꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯄꯥꯎꯈꯨꯝ ꯗꯤꯁꯦꯝꯕꯔ 30, ꯏꯀꯣ ꯅꯨꯃꯤꯠꯀꯤ
ꯑꯌꯨꯡ ꯄꯨꯡ 11 ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒꯤ ꯑꯣꯐꯤꯁꯇ ꯅꯠꯇ꯭ꯔꯒ ꯏ-ꯃꯦꯜ
hueiyenliteraryquiz@gmail.com sid meL AoIn HabirKp
ꯌꯥꯒꯅꯤ꯫ ꯄꯥꯎꯈꯨꯝ ꯄꯤꯕꯤꯔꯛꯄ/ꯊꯥꯕꯤꯔꯛꯄ ꯃꯇꯝꯗ ꯃꯤꯡ, ꯂꯩꯐꯝ, ꯃꯍꯩꯒꯤ ꯊꯥꯛ
ꯑꯃꯁꯨꯡ ꯀꯟꯇꯦꯛꯠ ꯅꯝꯕꯔ ꯃꯌꯦꯛ ꯁꯦꯡꯅ ꯏꯕꯤꯔꯛꯎ꯫
ꯋꯥꯍꯪ ꯈꯨꯗꯤꯡꯃꯛꯀꯤ ꯄꯥꯎꯈꯨꯝ ꯆꯨꯝꯅ ꯅꯠꯇ꯭ꯔꯒ ꯃꯁꯤꯡ ꯌꯥꯝꯅ ꯆꯨꯝꯅ ꯄꯤꯕꯤꯔꯛꯄ
ꯃꯤꯑꯣꯏꯁꯤꯡ ꯑꯗꯨꯗꯒꯤ ꯗ꯭ꯔꯣ ꯑꯣꯠꯆꯔꯒ ꯂꯥꯏꯕꯛ ꯐꯕ ꯃꯤꯁꯛ ꯑꯃ ꯈꯟꯖꯒꯅꯤ꯫
ꯂꯣꯏꯅꯅ ꯈꯜꯂꯕ ꯃꯤꯁꯛ ꯑꯗꯨꯗ ꯃꯅꯥ ꯄꯤꯖꯒꯅꯤ꯫

ꯑꯩꯅ ꯀꯤꯖꯕꯁꯤꯡ - ꯚꯨꯠꯇꯒꯤ ꯍꯦꯟꯅ
ꯍꯤꯗꯥꯛ ꯀꯥꯟꯅꯔꯕ ꯄꯥꯝꯕꯤꯁꯤꯡ : ꯊꯔꯣ # 373

- ꯗꯥ. ꯍꯨꯏꯗ꯭ꯔꯣꯝ ꯕꯤꯔꯀꯨꯃꯥꯔ -
ꯁꯤ ꯑꯦꯁ ꯑꯥꯏ ꯑꯥꯔ : ꯅꯣꯔꯊ ꯏꯁꯠ ꯏꯟꯁꯇꯤꯇ꯭ꯌꯨꯠ
ꯑꯣꯐ ꯁꯥꯏꯟꯁ ꯑꯦꯟꯗ ꯇꯦꯛꯅꯣꯂꯣꯖꯤ, ꯂꯝꯐꯦꯜꯄꯥꯠ
ꯈ꯭ꯔꯤꯁꯠꯃꯥꯁ
ꯑꯃꯠꯇ ꯑꯣꯏꯕꯒꯤ ꯃꯔꯤ ꯍꯦꯟꯅ ꯆꯦꯠꯁꯤꯜꯂꯁꯅꯨ
ꯃꯍꯧꯁꯥꯒꯨꯝꯅ ꯅꯨꯡꯉꯥꯏꯔꯕ ‘ꯈ꯭ꯔꯤꯁꯠꯃꯥꯁ’ ꯀꯤ ꯊꯧꯔꯝ ꯄꯥꯡꯊꯣꯛꯀꯗꯕ
ꯗꯤꯁꯦꯝꯕꯔ 25 ꯆꯠꯂꯤꯕ ꯆꯍꯤ ꯀꯨꯝꯖꯥ 2022 ꯒꯤ ꯑꯃꯨꯛ ꯂꯥꯛꯂꯦ꯫ ꯅꯨꯃꯤꯠꯁꯤ
ꯌꯤꯁꯨ ꯈ꯭ꯔꯤꯁꯠ ꯅꯤꯡꯕ, ꯈ꯭ꯔꯤꯁꯇꯤꯌꯥꯟ ꯂꯥꯏꯅꯤꯡ ꯆꯠꯄꯁꯤꯡꯒꯤ ꯈ꯭ꯋꯥꯏꯗꯒꯤ
ꯅꯨꯡꯉꯥꯏꯔꯕ ꯂꯥꯏꯅꯤꯡꯁꯤꯒꯤ ꯃꯔꯨ ꯑꯣꯏꯕ ꯑꯆꯧꯕ ꯊꯧꯔꯝꯁꯤꯡꯒꯤ ꯃꯅꯨꯡꯗ ꯑꯃꯅꯤ꯫
ꯂꯥꯏꯅꯤꯡꯁꯤ ꯆꯠꯂꯤꯕ ꯃꯤꯑꯣꯏ ꯄꯨꯝꯅꯃꯛꯅ ꯁꯦꯝꯕꯤꯔꯛꯄ ꯃꯄꯨ-ꯂꯥꯏꯒꯤ ꯃꯆꯥꯅꯤ
ꯑꯃꯁꯨꯡ ꯑꯔꯥꯟꯕ ꯇꯧꯕꯁꯤꯡꯅ ꯂꯪꯖꯈꯤꯕ ꯄꯨꯝꯅꯃꯛꯄꯨ ꯀꯣꯛꯄꯤꯗꯨꯅ ꯑꯔꯥꯟ-ꯈꯨꯚꯝ
ꯐꯪꯅꯕꯒꯤꯗꯃꯛ ꯂꯥꯏꯒꯤ ꯑꯁꯦꯡꯕ ꯑꯆꯨꯝꯕ ꯋꯥꯄꯥꯎ (ꯄꯥꯎꯖꯦꯜ) ꯄꯨꯔꯛꯈꯤꯕ ꯌꯤꯁꯨ
ꯈ꯭ꯔꯤꯁꯠꯅ ꯃꯥꯂꯦꯝꯗ ꯈꯣꯡꯗꯥꯔꯛꯈꯤꯕ ꯅꯨꯃꯤꯠꯅꯤ ꯍꯥꯏꯗꯨꯅ ꯃꯁꯤꯒꯤ ꯊꯧꯔꯝꯁꯤꯡ
ꯄꯥꯡꯊꯣꯛꯅꯔꯤꯕꯅꯤ꯫ ꯃꯇꯝꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯂꯥꯏꯅꯤꯡꯁꯤ ꯆꯠꯄ ꯃꯤꯑꯣꯏꯁꯤꯡ
ꯂꯩꯕꯥꯛ ꯑꯁꯤꯗ ꯂꯥꯛꯈꯤꯕꯗꯒꯤ ꯄꯤꯛꯂꯕ ꯃꯅꯤꯄꯨꯔꯁꯨ ꯌꯧꯁꯤꯜꯂꯛꯈꯤꯗꯨꯅ ꯍꯧꯖꯤꯛꯇꯤ
ꯁ꯭ꯇꯦꯠꯁꯤꯗꯁꯨ ꯈ꯭ꯔꯤꯁꯇꯤꯌꯥꯟ ꯂꯥꯏꯅꯤꯡ ꯆꯠꯄ ꯐꯨꯔꯨꯞ ꯀꯌꯥꯒꯤ ꯃꯤꯑꯣꯏꯁꯤꯡ
ꯂꯩꯔꯦ꯫ ꯃꯔꯝꯗꯤ ꯂꯥꯏꯅꯤꯡꯂꯣꯟ ꯍꯥꯏꯕꯁꯤꯗꯤ ꯑꯀꯛꯅꯕ ꯂꯝ ꯅꯠꯇ꯭ꯔꯒ ꯐꯨꯔꯨꯞ
ꯑꯃꯒꯤ ꯅꯠꯇ꯭ꯔꯒ ꯈꯔꯒꯤ ꯅꯠꯇꯦ꯫ ꯑꯄꯥꯝꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯅ ꯃꯥꯅ ꯃꯥꯅ ꯄꯥꯝꯕ,
ꯈꯣꯏꯗꯥꯖꯕ ꯂꯥꯏꯅꯤꯡ ꯂꯝꯕꯤꯗ ꯃꯅꯤꯡ ꯇꯝꯅ ꯆꯠꯄ ꯌꯥꯏ꯫ ꯍꯥꯏꯔꯤꯕ ꯆꯠꯅꯕꯤꯁꯤꯁꯨ
ꯃꯅꯤꯄꯨꯔ ꯈꯛꯇꯒꯤ ꯑꯣꯏꯕ ꯋꯥꯐꯝꯁꯨ ꯅꯠꯇꯦ꯫ ꯃꯤꯑꯣꯏꯕꯅ ꯂꯩꯔꯤꯕ ꯃꯥꯂꯦꯝꯒꯤ
ꯃꯐꯝ ꯄꯨꯝꯅꯃꯛꯀꯤꯅꯤ꯫ ꯑꯗꯨꯒ ꯂꯩꯔꯤꯕ ꯂꯥꯏꯅꯤꯡ ꯑꯃꯁꯨꯡ ꯂꯥꯏꯅꯤꯡꯂꯣꯟꯒꯤ
ꯃꯁꯛ ꯃꯑꯣꯡ ꯑꯃꯒ ꯑꯃꯒ ꯈꯦꯟꯅꯔꯕꯁꯨ, ꯃꯁꯤꯡ ꯌꯥꯝꯂꯕꯁꯨ ꯂꯥꯏꯅꯤꯡꯂꯣꯟ
ꯄꯨꯝꯅꯃꯛꯅ ꯃꯤꯑꯣꯏꯕꯗ ꯐꯠꯇꯕ, ꯑꯔꯥꯟꯕ, ꯑꯣꯏꯗꯕ ꯑꯃꯠꯇ ꯇꯧ ꯍꯥꯏꯗꯦ꯫
ꯃꯤꯄꯨꯝ ꯈꯨꯗꯤꯡꯃꯛ ꯑꯃꯒ ꯑꯃꯒ ꯆꯞ ꯃꯥꯟꯅꯩ꯫ ꯅꯨꯡꯁꯤ ꯆꯥꯟꯅꯗꯨꯅ ꯑꯃꯠꯇ ꯑꯣꯏꯅ
ꯍꯤꯡꯃꯤꯟꯅꯒꯗꯕꯅꯤ ꯍꯥꯏ꯫ ꯁꯛ-ꯆꯨ, ꯐꯨꯔꯨꯞ, ꯆꯥꯛꯆꯥ ꯇꯣꯉꯥꯟꯅꯔꯕꯁꯨ ꯑꯃꯅ ꯑꯃꯕꯨ
ꯏꯀꯥꯏꯈꯨꯝꯅꯗꯨꯅ ꯆꯞ ꯃꯥꯟꯅꯕ ꯊꯥꯛꯇ ꯈꯟꯃꯤꯟꯅꯗꯨꯅ ꯅꯨꯡꯁꯤ-ꯆꯥꯟꯅꯅ ꯑꯃꯠꯇ
ꯑꯣꯏꯅ ꯍꯤꯡꯃꯤꯟꯅꯒꯗꯕꯅꯤ ꯍꯥꯏ꯫ ꯋꯥꯐꯝꯁꯤ ꯈ꯭ꯔꯤꯁꯇꯤꯌꯥꯝ ꯂꯥꯏꯅꯤꯡꯈꯛꯇꯒꯤ
ꯑꯣꯏꯕ ꯋꯥꯐꯝ ꯅꯠꯇꯦ꯫ ꯂꯥꯏꯅꯤꯡ ꯂꯝꯕꯦꯜ ꯄꯨꯝꯅꯃꯛꯀꯤꯅꯤ꯫
ꯑꯗꯨꯕꯨ ꯑꯇꯣꯞꯄ ꯌꯥꯝꯈ꯭ꯔꯕ ꯂꯥꯏꯅꯤꯡꯁꯤꯡꯒꯤꯕꯨ ꯑꯣꯏꯔꯣ ꯈ꯭ꯔꯤꯁꯇꯥꯟ
ꯂꯥꯏꯅꯤꯡ ꯆꯠꯄꯁꯤꯡꯒꯤ ꯃꯔꯛꯇꯒꯤꯕꯨ ꯑꯣꯏꯔꯣ ꯃꯤꯑꯣꯏꯕꯒꯤ ꯂꯤꯆꯠ ꯆꯠꯇꯕ,
ꯆꯠꯍꯩꯗꯕ, ꯊꯣꯛꯍꯟꯅꯤꯡꯗꯕ ꯊꯕꯛꯁꯤꯡ ꯍꯦꯛ-ꯍꯦꯛ ꯆꯠꯊꯔꯛꯄ ꯃꯤꯌꯥꯝꯅ
ꯊꯦꯡꯅꯩ꯫ ꯑꯁꯤꯒꯨꯝꯕ ꯊꯧꯗꯣꯛꯁꯤꯡ ꯃꯥꯂꯦꯝꯒꯤ ꯃꯐꯝ ꯑꯌꯥꯝꯕꯗ ꯊꯣꯛꯏ,
ꯄꯤꯛꯈ꯭ꯔꯕ ꯃꯅꯤꯄꯨꯔꯁꯨ ꯊꯣꯛꯏ꯫ ꯑꯗꯨꯕꯨ ꯃꯤꯑꯣꯏꯕꯅ ꯃꯤꯑꯣꯏꯕꯂꯛꯇ ꯃꯤꯑꯣꯏꯅ
ꯍꯤꯡꯅꯕꯒꯤ ꯃꯁꯛ ꯊꯤꯍꯟꯒꯗꯕ, ꯊꯤꯍꯟꯕ ꯊꯧꯗꯣꯛ ꯑꯣꯏꯕꯅ ꯑꯁꯤꯒꯨꯝꯕ
ꯊꯧꯗꯣꯛꯁꯤꯡꯁꯤ ꯊꯣꯔꯛꯄꯗ ꯃꯤꯌꯥꯝ ꯍꯨꯞꯅ ꯌꯥꯅꯤꯡꯗꯕ ꯑꯃꯁꯨꯡ ꯄꯦꯟꯗꯕ
ꯐꯣꯡꯗꯣꯛꯏ꯫ ꯑꯗꯨꯒ ꯊꯧꯗꯣꯛꯁꯤꯡꯁꯤꯒꯤ ꯃꯔꯛꯇ ꯂꯥꯏꯅꯤꯡ ꯃꯥꯟꯅꯕ ꯃꯁꯦꯜꯒꯤ
ꯃꯔꯛꯇ ꯊꯣꯛꯄ ꯌꯥꯎꯏ꯫ ꯃꯥꯟꯅꯗꯕ ꯃꯁꯦꯜꯒꯤ ꯃꯔꯛꯇ ꯑꯣꯟꯁꯤꯟꯅꯗꯨꯅ
ꯊꯣꯛꯍꯟꯅꯔꯛꯄꯁꯨ ꯌꯥꯎꯏ꯫ ꯃꯁꯤꯃꯛꯇ ꯊꯣꯔꯛꯍꯟꯐꯝ ꯊꯣꯛꯇꯕ ꯐꯠꯇꯕ
ꯊꯧꯗꯣꯛꯁꯤꯡꯅꯤ ꯍꯥꯏꯅꯤꯡꯏ꯫ ꯃꯔꯝ ꯑꯁꯤꯅ ꯈ꯭ꯔꯤꯁꯠꯃꯥꯁꯀꯤ ꯅꯨꯃꯤꯠꯁꯤ ꯂꯥꯛꯄꯗ
ꯈ꯭ꯔꯤꯁꯇꯤꯌꯥꯟ ꯂꯥꯏꯅꯤꯡ ꯆꯠꯄ ꯃꯤꯑꯣꯏꯁꯤꯡ ꯈꯛꯇ ꯅꯠꯇꯅ ꯑꯇꯣꯞꯄ ꯂꯥꯏꯅꯤꯡ
ꯂꯝꯕꯦꯜꯗ ꯆꯠꯂꯤꯕ ꯃꯤꯄꯨꯝ ꯈꯨꯗꯤꯡꯃꯛꯅꯁꯨ ꯃꯥꯒꯤ ꯃꯥꯒꯤ ꯂꯥꯏꯅꯤꯡꯂꯣꯟꯅ ꯄꯤꯔꯤꯕ,
ꯇꯝꯕꯤꯔꯤꯕ ꯑꯆꯨꯝꯕ ꯄꯥꯎꯇꯥꯛꯁꯤꯡ ꯉꯥꯛꯇꯨꯅ ꯑꯐꯕ ꯊꯕꯛꯁꯤꯡ ꯈꯛꯇꯃꯛ
ꯄꯥꯡꯊꯣꯛꯀꯗꯕꯅꯤ꯫ ꯃꯤꯑꯣꯏ ꯑꯃꯠꯇꯅ ꯃꯁꯥꯅ ꯄꯥꯝꯖꯅ ꯆꯠꯂꯤꯕ ꯂꯣꯏꯅ ꯐꯖꯔꯕ
ꯂꯥꯏꯅꯤꯡꯕꯨ ꯍꯥꯃꯨꯛ ꯇꯩꯁꯤꯟꯕꯒꯨꯝ ꯊꯣꯛꯀꯗꯕ ꯅꯥꯇꯩ ꯆꯥꯗꯕ ꯊꯧꯑꯣꯡ ꯑꯃꯠꯇ
ꯆꯠꯊꯔꯣꯏꯗꯕꯅꯤ꯫ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯑꯣꯏꯅ ꯌꯦꯡꯂꯕꯁꯨ ꯍꯥꯟꯅ ꯌꯥꯝꯅ ꯉꯜꯂꯤꯉꯩꯗ
ꯃꯆꯤꯜ-ꯃꯅꯥꯎ ꯑꯃꯠꯇ ꯑꯣꯏꯔꯛꯈꯤꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯆꯤꯡꯃꯤꯁꯤꯡꯅ ꯈ꯭ꯔꯤꯁꯇꯤꯌꯥꯟ
ꯂꯥꯏꯅꯤꯡ ꯆꯠꯈ꯭ꯔꯕꯁꯨ ꯍꯧꯖꯤꯛꯇꯤ ꯇꯝꯄꯥꯛ ꯇꯝꯃꯤ ꯀꯌꯥꯁꯨ ꯂꯥꯏꯅꯤꯡꯂꯣꯟ ꯑꯁꯤꯗ
ꯈꯣꯡꯗꯥꯔꯛꯄ ꯌꯥꯎꯔꯦ꯫ ꯆꯠꯁꯅꯨ, ꯊꯋꯥꯏ ꯄꯥꯟꯕ ꯃꯤꯑꯣꯏꯕꯒꯤ ꯃꯔꯛꯇꯒꯤ
ꯑꯄꯥꯝ-ꯑꯄꯥꯝꯕ ꯂꯥꯏꯅꯤꯡ ꯆꯠꯄꯗ ꯂꯣꯒꯤ ꯑꯣꯏꯅ ꯑꯊꯤꯡꯕ ꯂꯩꯇꯦ꯫ ꯂꯩꯕꯥꯛꯁꯤꯒꯤ
ꯀꯟꯁꯇꯤꯇ꯭ꯌꯨꯁꯟꯅ ꯑꯥꯌꯕ ꯆꯞ ꯃꯥꯟꯅꯅ ꯐꯨꯔꯨꯞ ꯈꯨꯗꯤꯡꯃꯛꯇ ꯄꯤꯔꯤ꯫ ꯃꯔꯝꯁꯤꯡ
ꯑꯁꯤꯅ ꯆꯤꯡꯃꯤꯒꯤ ꯃꯔꯛꯇꯁꯨ ꯇꯝꯃꯤꯁꯤꯡꯒꯤ ꯃꯔꯛꯇꯒꯤꯁꯨ ꯇꯣꯉꯥꯟꯕ ꯂꯥꯏꯅꯤꯡ
ꯂꯝꯕꯦꯜꯗ ꯆꯠꯅꯔꯦ ꯍꯥꯏꯗꯨꯅ ꯃꯆꯤꯜ ꯃꯅꯥꯎ ꯑꯣꯏꯅ ꯍꯧꯗꯣꯛꯃꯤꯟꯅꯔꯛꯄꯒꯤ
ꯑꯃꯠꯇ ꯑꯣꯏꯕꯒꯤ ꯑꯆꯦꯠꯄ ꯂꯤꯄꯨꯟꯒꯤ ꯂꯪꯂꯥ ꯁꯣꯟꯊꯔꯛꯇꯨꯅ ꯇꯠꯍꯟꯕ
ꯌꯥꯕ ꯊꯕꯛ ꯑꯃꯠꯇ ꯇꯧꯔꯣꯏꯗꯕꯅꯤ꯫ ꯆꯤꯟꯗꯥ ꯂꯥꯏ ꯁꯣꯜꯂꯒ ꯂꯝꯆꯠ-ꯁꯥꯖꯠꯅ
ꯍꯤꯡꯆꯥ-ꯌꯥꯏꯇꯝꯕꯒꯤ ꯂꯣꯟꯆꯠ ꯆꯠꯄ ꯆꯨꯝꯗꯦ꯫ ꯃꯔꯝꯁꯤꯡ ꯑꯁꯤꯅ ꯌꯤꯁꯨ
ꯈ꯭ꯔꯤꯁꯠ ꯄꯣꯛꯈꯤꯕꯒꯤ ꯅꯨꯡꯉꯥꯏꯔꯕ ꯁꯦꯡꯂꯕ ꯅꯨꯃꯤꯠꯁꯤ ꯂꯥꯛꯄꯗ ꯃꯅꯤꯄꯨꯔꯒꯤ
ꯆꯤꯡꯃꯤ ꯇꯝꯃꯤꯁꯤꯡ ꯃꯃꯥꯡꯊꯛꯇ ꯍꯧꯈ꯭ꯔꯕ ꯃꯇꯝꯗ ꯐꯨꯔꯨꯞ ꯃꯁꯦꯜꯒꯤ ꯃꯔꯛꯇ
ꯄꯦꯟꯅꯗꯕ, ꯋꯥꯔꯧꯅꯕ ꯀꯌꯥ ꯂꯩꯈ꯭ꯔꯕꯁꯨ ꯑꯩꯈꯣꯏ ꯃꯁꯦꯜ ꯑꯃꯠꯇꯅꯤ, ꯏꯃꯥ ꯑꯃꯠꯇꯒꯤ
ꯃꯆꯥꯅꯤ ꯍꯥꯏꯅ ꯈꯟꯗꯣꯛꯅꯗꯨꯅ ꯀꯥꯎꯊꯣꯛꯅꯔꯒ ꯑꯃꯠꯇ ꯑꯣꯏꯅ ꯅꯨꯡꯁꯤ ꯆꯥꯟꯅꯅ
ꯍꯤꯡꯃꯤꯟꯅꯔꯛꯄꯒꯤ ꯐꯖꯔꯕ ꯁꯛꯇꯝ ꯑꯃꯨꯛꯀ ꯍꯦꯟꯅ ꯃꯁꯛ ꯊꯣꯛꯍꯟꯅꯕ
ꯍꯣꯠꯅꯃꯤꯟꯅꯒꯗꯕꯅꯤ꯫ ꯈ꯭ꯔꯤꯁꯠꯃꯥꯁ ꯅꯨꯃꯤꯠ ꯂꯥꯛꯄꯗ ꯃꯤꯌꯥꯝ ꯄꯨꯝꯅꯃꯛ
ꯊꯣꯏꯗꯣꯛ ꯍꯦꯟꯗꯣꯛꯅ ꯈ꯭ꯔꯤꯁꯇꯤꯌꯥꯟ ꯂꯥꯏꯅꯤꯡ ꯆꯠꯄꯁꯤꯡꯗ ꯂꯥꯏꯅꯤꯡꯒꯤ
ꯐꯖꯔꯕ ꯂꯝꯕꯦꯜꯗꯒꯤ ꯅꯥꯊꯩꯗꯅ ꯆꯠꯄ ꯉꯝꯕ ꯑꯣꯏꯔꯁꯅꯨ꯫

ꯅꯨꯃꯤꯠ ꯈꯨꯗꯤꯡ ꯎꯈ꯭ꯔꯨꯜ ꯂꯝꯕꯤꯒꯤ ꯃꯆꯦꯠ ꯑꯃꯗꯤ ꯒꯥꯔꯤ ꯃꯆꯥ
ꯕꯥꯏꯛ ꯑꯃ ꯇꯣꯡꯂꯒ ꯍꯪꯒꯠ ꯍꯟꯗ ꯆꯠꯄ ꯑꯩꯒꯤ ꯏꯊꯧꯅꯤ꯫
ꯆꯍꯤ ꯀꯨꯟꯃꯔꯤꯔꯣꯝ ꯍꯦꯜꯂꯦ꯫ ꯀꯨꯟꯃꯉꯥ ꯑꯁꯨꯝ ꯍꯥꯏꯖꯤꯜꯂꯁꯤ
ꯅꯤꯡꯁꯤꯡꯕ ꯅꯨꯡꯉꯥꯏꯅꯕ)꯫
ꯆꯍꯤ ꯀꯨꯟꯃꯉꯥꯔꯣꯝ ꯑꯁꯤ ꯂꯝꯕꯤ ꯄꯤꯛꯂꯝꯃꯤ꯫
ꯄꯤꯛꯈ꯭ꯔꯕ ꯂꯝꯕꯤ ꯑꯗꯨꯗ ꯀꯦꯒꯦꯗ ꯏꯅꯤꯡ ꯃꯣꯏꯔꯥꯡꯗ ꯏꯈꯥ
ꯍꯥꯏꯕꯗꯨꯅꯤ ꯑꯩꯁꯨ꯫ ꯅꯥꯛ ꯌꯦꯠ ꯍꯥꯏꯅ ꯍꯨꯝꯅ ꯊꯧꯕ ꯌꯥꯔꯝꯃꯤ꯫
ꯑꯍꯥꯟꯕꯗ ꯑꯩ ꯁ꯭ꯀꯨꯇꯔ ꯑꯃ ꯊꯧꯔꯝꯃꯤ꯫ ꯃꯗꯨꯒꯤ ꯃꯇꯝꯁꯨ
ꯂꯣꯏꯈꯤ꯫ ꯁ꯭ꯀꯨꯇꯔ ꯍꯥꯏꯔꯒ ꯑꯩꯈꯣꯏꯅ ꯃꯇꯝ ꯑꯃꯒꯤ
ꯆꯥꯀꯥ ꯑꯅꯤ ꯄꯥꯟꯕꯤ ꯇꯨ ꯋ꯭ꯍꯤꯂꯔ ꯑꯁꯤꯗꯒꯤ ꯍꯦꯟꯅ
ꯈꯪꯅꯕ ꯏꯉꯝ ꯉꯝꯅꯗꯕꯅ ꯑꯩꯅ ꯁ꯭ꯀꯨꯇꯔꯒꯤ
ꯃꯇꯝ ꯂꯣꯏꯈ꯭ꯔꯦ ꯍꯥꯏꯖꯕꯅꯤ꯫ ꯍꯧꯖꯤꯛ ꯃꯇꯝꯗ
ꯁ꯭ꯀꯨꯇꯔ ꯍꯥꯏꯅꯕ ꯇꯥꯗ꯭ꯔꯦ, ꯍꯧꯖꯤꯛꯇꯤ ꯒꯥꯔꯤ ꯃꯆꯥ
ꯑꯗꯨꯒꯤ ꯕ꯭ꯔꯥꯟꯗ ꯅꯦꯝ, ꯀꯝꯄꯦꯅꯤ ꯃꯃꯤꯡ ꯑꯣꯏꯅ
ꯈꯪꯅꯔꯛꯄꯒꯨꯝꯅ ꯇꯧꯅꯈ꯭ꯔꯦ꯫ ꯈꯪꯕꯨ ꯈꯪꯅꯔꯕꯗꯤ ꯍꯥꯏꯕ
ꯑꯗꯨꯗ ꯇꯥꯔꯦ꯫
ꯍꯧꯖꯤꯛꯇꯤ ꯂꯝꯕꯤꯁꯨ ꯌꯥꯝꯅ ꯄꯥꯛꯊꯣꯛꯂꯦ꯫
ꯃꯤꯁꯨ ꯆꯠꯂꯦ꯫ ꯃꯤ ꯌꯥꯝꯅ ꯆꯠꯄ, ꯂꯝꯕꯤ
ꯄꯥꯛꯊꯣꯛꯄ, ꯂꯝꯕꯤ ꯐꯔꯛꯄ ꯃꯇꯝꯒꯤꯅꯤ,
ꯐꯒꯠꯂꯛꯄꯅꯤ, ꯆꯥꯎꯈꯠꯂꯛꯄꯅꯤ ꯊꯤꯡꯂꯨꯕ ꯌꯥꯕ
ꯑꯃꯠꯇ ꯅꯠꯇꯦ꯫

ꯎꯈ꯭ꯔꯨꯜ ꯂꯝꯕꯤ ꯑꯁꯤ ꯍꯥꯏꯋꯦꯅꯤ ꯆꯨꯝꯃꯤ꯫ ꯃꯤ ꯌꯥꯝꯅ
ꯆꯠꯐꯝ ꯊꯣꯛꯂꯕ ꯂꯝꯕꯤ ꯑꯆꯧꯕꯅꯤ꯫ ꯂꯝꯕꯤ ꯄꯥꯡꯊꯣꯛꯂꯛꯄ
ꯐꯒꯠꯂꯛꯄ, ꯃꯤ ꯌꯥꯝꯈꯠꯂꯛꯞ ꯑꯁꯤꯗ ꯅꯠꯇꯕ ꯑꯃꯒꯁꯨ
ꯂꯩꯔꯤꯌꯦ꯫ ꯒꯥꯔꯤ ꯈꯨꯊꯧꯁꯨꯅꯤ꯫ ꯆꯍꯤ ꯀꯨꯟꯃꯉꯥ ꯑꯁꯤꯗ ꯑꯩꯅ
ꯋꯥꯈꯜ ꯍꯟꯊꯅꯔꯛꯄꯔ ꯒꯥꯔꯤ ꯂꯥꯟꯕ ꯉꯝꯂꯛꯇꯕꯒꯤ
ꯐꯤꯚꯝ ꯌꯧꯔꯛꯂꯦ꯫ ꯍꯥꯏꯔꯤꯕ ꯂꯝꯕꯤ ꯑꯁꯤꯗꯁꯨ ꯑꯣꯏꯗꯦ
ꯒꯥꯔꯤ ꯊꯧꯕꯒꯤ ꯃꯑꯣꯡ ꯃꯇꯧ ꯍꯣꯡꯂꯛꯄꯗꯤ꯫ ꯃꯤꯅ
ꯍꯥꯟꯗ꯭ꯔꯤꯉꯩꯗ ꯂꯝꯕꯤ ꯂꯥꯟꯊꯣꯛꯀꯦ ꯈꯜꯂꯤꯕ ꯑꯗꯨꯅ
ꯅꯍꯥꯅꯤ꯫ ꯃꯤꯅꯥ ꯒꯥꯔꯤ ꯍꯦꯟꯗꯣꯛꯈ꯭ꯔꯒ ꯂꯝꯕꯤ ꯂꯥꯟꯒꯦ
ꯈꯜꯂꯤꯕ ꯃꯤꯗꯨ ꯑꯍꯜ ꯑꯣꯏꯔꯛꯂꯕꯅꯤ꯫ ꯀꯤꯒꯟꯕꯁꯨ ꯑꯍꯜ ꯑꯣꯏꯔꯛꯄꯒꯤ ꯂꯥꯏꯊꯨꯡꯅꯤ꯫ ꯀꯤꯕ ꯏꯀꯥꯏꯗꯨꯅ ꯀꯤꯁꯤꯟꯅꯗꯕꯅ ꯑꯃꯅꯤ꯫ ꯀꯤꯔꯛꯄꯗꯤꯂꯣꯏꯅ ꯀꯤꯅꯔꯝꯒꯅꯤ꯫ ꯆꯥꯕ ꯌꯥꯔꯛꯇꯕ, ꯇꯨꯝꯕ ꯌꯥꯔꯛꯇꯕ, ꯊꯧꯅꯥꯗ ꯌꯥꯔꯛꯇꯕ, ꯂꯧꯁꯤꯡꯗ ꯌꯥꯔꯛꯇꯕ꯫ ꯂꯝꯕꯤ ꯆꯠꯄꯗ ꯀꯤꯕꯗꯒꯤ ꯅꯥꯟꯊꯣꯛꯅꯕ ꯀꯪꯂꯥ ꯁꯤꯐꯥꯏ ꯐꯛꯅꯨꯡ ꯂꯥꯜꯂꯒ ꯆꯠꯄ ꯀꯌꯥꯔꯛꯅꯤ꯫ ꯑꯁꯝꯕ ꯆꯠꯅꯤꯡꯂꯒꯅ ꯑꯀꯤꯕꯗ ꯆꯠꯄ, ꯀꯤꯗꯕꯗ ꯆꯠꯅꯤꯡꯂꯒꯅ ꯑꯀꯣꯏꯕꯗ ꯆꯠꯄ ꯇꯥꯔꯛꯏ꯫ ꯀꯤꯕꯒꯤ ꯆꯥꯡ ꯇꯥꯔꯛꯄ ꯅꯠꯇꯦ, ꯀꯤꯕꯒꯤ ꯆꯥꯡ ꯍꯦꯟꯒꯠꯂꯛꯄꯅꯤ꯫
ꯑꯩꯅ ꯀꯤꯖꯕꯁꯤꯡꯒꯤ ꯃꯔꯛꯇ, ꯀꯥꯔ, ꯅꯨꯡ-ꯂꯩꯉꯣꯏ ꯍꯣꯟꯕ, ꯏꯁꯤꯡ ꯍꯣꯟꯕ, ꯑꯉꯥꯡ ꯍꯣꯟꯕ ꯒꯥꯔꯤꯁꯤꯡ, ꯕꯥꯏꯛ, ꯁ꯭ꯀꯨꯇꯔꯅꯆꯤꯡꯕ ꯃꯌꯥꯝ ꯑꯁꯤꯅꯤ꯫ ꯁꯥꯏꯀꯜ ꯈꯛꯇ ꯉꯥꯏꯔꯦ ꯑꯩꯅ ꯀꯤꯕꯤꯗꯕ꯫ ꯁꯥꯏꯀꯜ ꯉꯥꯛꯇ ꯑꯣꯏꯔꯕꯗꯤ ꯀꯅꯥꯃꯠꯇ ꯁꯤꯒꯗꯕ ꯃꯥꯟꯗ꯭ꯔꯦ꯫ ꯀꯅꯥꯃꯠꯇ ꯁꯣꯛ ꯄꯟꯅꯒꯗꯧꯕ ꯃꯥꯟꯗ꯭ꯔꯦ꯫ ꯁꯥꯏꯀꯜ ꯊꯧꯕ ꯃꯤꯒ ꯑꯇꯩ ꯒꯥꯔꯤ ꯇꯣꯡꯕ ꯃꯤꯒ ꯌꯦꯡꯅꯕꯗ ꯄꯨꯟꯁꯤ ꯅꯨꯡꯁꯥꯡꯅꯕ,
ꯅꯣꯏꯗꯕ, ꯃꯁꯥ ꯐꯕ ꯌꯥꯝꯅ ꯍꯦꯜꯂꯤ꯫ ꯑꯃꯅ ꯁꯦꯜ ꯐꯕ, ꯑꯃꯅ ꯃꯁꯥ ꯐꯕ! ꯑꯗꯨꯕꯨ ꯏꯝꯐꯥꯜ ꯃꯌꯣꯜꯗꯗꯤ ꯁꯥꯏꯀꯜ ꯇꯣꯡꯕ ꯃꯤ ꯎꯗ꯭ꯔꯦ ꯑꯉꯥꯎꯕ ꯇꯥꯔꯦ꯫ ꯈꯨꯡꯒꯪꯗꯁꯨ ꯁꯥꯏꯀꯜ ꯊꯧꯕ ꯎꯗ꯭ꯔꯦ꯫ ꯃꯁꯤ ꯃꯐꯝ ꯑꯌꯥꯝꯕꯗ (ꯏꯟꯗꯤꯌꯥꯒꯤ ꯁ꯭ꯇꯦꯠ ꯑꯌꯥꯝꯕꯗ) ꯊꯣꯛꯂꯕ ꯎꯔꯕ ꯊꯧꯗꯧꯅꯤ꯫ ꯁꯥꯏꯀꯜꯃꯁꯤꯡ
ꯍꯟꯊꯈꯤꯕꯅ ꯑꯩ ꯃꯄꯥꯟ ꯊꯣꯛꯄꯗ ꯑꯀꯤꯕ ꯐꯥꯎꯔꯦ꯫ ꯒꯥꯔꯤ
ꯊꯧꯔꯤꯕꯁꯤꯡ ꯅꯥꯛ ꯌꯦꯠꯇ ꯆꯠꯄ ꯃꯤ ꯎꯗ꯭ꯔꯦ,
ꯀꯥꯔ ꯊꯧꯕ ꯃꯤꯅ ꯁ꯭ꯀꯨꯇꯔ ꯊꯧꯕ ꯃꯤꯒꯤ ꯑꯣꯏꯗꯒꯤ
ꯍꯦꯟꯒꯠꯄ ꯀꯌꯥꯅꯤ, ꯑꯆꯧ ꯑꯆꯧꯕ ꯒꯥꯔꯤ ꯊꯧꯕꯁꯤꯡꯅ
ꯀ꯭ꯌꯨꯗ ꯉꯥꯏꯅꯔꯒ ꯆꯠꯄꯒꯤ ꯃꯍꯨꯠ ꯁ꯭ꯀꯨꯇꯔꯗꯧꯅ ꯃꯤ
ꯃꯔꯛꯇ ꯂꯤꯠꯂꯒ ꯆꯠꯂꯦ ꯈꯜꯂꯛꯄ ꯑꯃꯗꯤ
ꯆꯠꯅꯔꯛꯄ ꯑꯁꯤꯅꯆꯤꯡꯕ ꯀꯌꯥꯅꯤ꯫ ꯕꯨꯂꯦꯠ
ꯊꯧꯕ ꯑꯉꯡꯁꯤꯡꯅ ꯒꯥꯔꯤ ꯃꯈꯣꯜ ꯇꯤꯡꯈꯠꯂꯒ
ꯍꯧꯍꯟꯗꯨꯅ ꯊꯧꯕ, ꯃꯤꯒꯤ ꯃꯔꯛꯇ ꯅꯥꯛ ꯌꯦꯠ ꯍꯥꯏ
ꯍ a ꯏ ꯗ u ꯅ ꯂꯤꯠ ꯂꯤꯠꯇꯨꯅ ꯊꯧꯕ ꯌꯥꯎꯅꯔꯛꯂꯤ꯫ ꯃꯈꯣꯏꯅ ꯍꯩꯔꯤꯕ ꯒꯥꯔꯤ
ꯊꯧꯕꯒꯤ ꯃꯍꯩꯗꯨ ꯆꯥꯡꯌꯦꯡ ꯇꯧꯕ ꯍꯧꯅꯔꯛꯄꯅꯤ꯫ ꯃ ꯃꯁꯥꯗꯪ ꯁꯣꯛꯄ, ꯁꯤꯕ-ꯅꯥꯕ,
ꯁꯣꯏꯅꯥꯕꯒꯤ ꯃꯊꯛꯇ ꯃꯤ ꯑꯇꯩꯁꯨ ꯆꯦꯟꯅꯔꯝꯕ ꯃꯤꯕꯨ ꯑꯋꯥꯐꯝꯗ ꯇꯥꯍꯟꯕ ꯑꯁꯤ
ꯎꯔꯨꯕꯗ ꯂꯝꯕꯤꯒ ꯊꯣꯛꯅꯤꯡꯗꯕ ꯍꯥꯏꯕꯗꯨ ꯑꯣꯏꯔꯦ꯫ ꯎꯈ꯭ꯔꯨꯜ ꯂꯝꯕꯤꯗ ꯆꯦꯟꯕ
ꯕꯁ, ꯑꯣꯇꯣꯔꯤꯛꯁꯣ, ꯚꯦꯟ, ꯃꯦꯖꯤꯛ, ꯕꯥꯏꯛ, ꯁ꯭ꯀꯨꯇꯔꯁꯨ ꯑꯇꯩ ꯂꯝꯕꯤꯁꯤꯡꯗ
ꯆꯦꯜꯂꯤꯕ ꯒꯥꯔꯤꯁꯤꯡꯗꯒꯤ ꯇꯥꯗꯅ ꯆꯔꯈꯠ ꯑꯃ ꯌꯥꯎꯗꯕ ꯅꯠꯇꯦ꯫ ꯑꯩꯁꯨ ꯂꯝꯕꯤ
ꯑꯁꯤꯗꯕꯨ ꯌꯧꯅꯤꯡꯂꯨꯔꯕꯗꯤ ꯆꯔꯈꯠꯇꯤ ꯈꯨꯠꯊꯧ ꯑꯃꯗꯤ ꯍꯦꯛꯇ ꯍꯧꯔꯛꯏ꯫ ꯃꯁꯤ
ꯂꯝꯕꯤ ꯂꯥꯞꯅ ꯁꯥꯡꯅ-ꯁꯥꯡꯅ ꯆꯠꯅꯤꯡꯕꯒꯤ ꯄꯟꯊꯨꯡꯐꯝ ꯊꯨꯅ ꯊꯨꯅ ꯌꯧꯅꯤꯡꯕꯒ
ꯅꯤꯁꯥ ꯑꯃꯅ ꯊꯣꯛꯍꯟꯕꯔ? ꯍꯅꯨꯒꯦ ꯇꯧꯔꯕ ꯑꯩꯐꯥꯎ ꯀꯤꯔꯕꯁꯨ ꯀꯤꯅ ꯀꯤꯅ
ꯃꯍꯧꯁꯥꯒꯤ ꯑꯉꯥꯎꯕ ꯃꯆꯤꯡ ꯈꯔ ꯂꯦꯝꯍꯧꯕꯗꯨ ꯀꯥꯡꯒ ꯍꯥꯏꯅ ꯑꯁꯨꯝ
ꯇꯧꯔꯛꯄ ꯑꯃ ꯌꯥꯎꯔꯤ꯫ ꯏꯁꯥꯅ ꯉꯥꯡꯕ ꯋꯥ ꯏꯁꯥꯅ ꯀꯛꯆꯕꯒꯤ ꯋꯥꯐꯝ
ꯅꯠꯆꯗꯦ꯫ ꯍꯦꯛꯇ ꯌꯥꯔꯛꯇꯦ ꯍꯥꯏꯔꯤꯁꯤꯅꯤ꯫

ꯅꯨꯄꯤꯁꯤꯡꯅ ꯒꯥꯔꯤ ꯊꯧꯕꯗ ꯇꯞꯂꯦ ꯇꯞꯄ, ꯌꯥꯡꯂꯦ ꯌꯥꯡꯅ
ꯄꯟꯊꯨꯡꯐꯝꯐꯥꯎ ꯊꯧꯕ ꯑꯃꯒꯁꯨ ꯎꯖꯔꯤ꯫ ꯑꯦꯛꯁꯤꯂꯦꯔꯦꯇꯔ ꯑꯃꯗꯤ
ꯕ꯭ꯔꯦꯛ ꯍꯦꯛ ꯍꯦꯛ ꯀꯥꯎꯊꯣꯛꯂꯒ ꯊꯧꯕ ꯃꯥꯟꯕ ꯑꯃ ꯌꯥꯎꯔꯤ꯫ ꯌꯨꯝꯒꯤ
ꯊꯕꯛ ꯏꯟꯈꯥꯡ ꯑꯃꯗꯤꯃꯣꯟꯗꯥ ꯅꯨꯡꯉꯥꯏ ꯅꯨꯡꯉꯥꯏꯕ ꯋꯥꯈꯜ ꯃꯌꯥꯝ ꯑꯃ ꯈꯟꯕꯗ
ꯑꯣꯏꯔꯝꯕ ꯌꯥꯏ꯫ ꯎꯈ꯭ꯔꯨꯜ ꯂꯝꯕꯤꯗ ꯒꯥꯔꯤ ꯊꯧꯕꯗꯤ ꯈꯨꯜ ꯃꯔꯛ ꯑꯣꯏꯔꯕꯁꯨ, ꯃꯤ
ꯆꯠꯀꯦ ꯆꯠꯂꯨ ꯆꯠꯂꯣꯏ ꯇꯣꯛꯎ - ꯑꯔꯣꯏꯕꯤ ꯂꯩꯈꯠ ꯂꯩꯈꯠꯇꯨꯅ ꯍꯦꯛꯇ ꯊꯧꯅꯤꯡꯅꯩ꯫
ꯒꯥꯔꯤ ꯃꯈꯣꯜꯁꯨ ꯑꯇꯩ ꯑꯇꯩ ꯃꯐꯝꯒ ꯏꯃꯥꯟ ꯃꯥꯟꯅꯗꯕ ꯃꯈꯣꯜ ꯑꯃ ꯊꯣꯛꯍꯜꯂꯒ ꯊꯧꯕꯗꯧꯅ ꯇꯧꯏ꯫ ꯂꯝꯖꯦꯜꯒꯤ ꯒꯥꯔꯤ ꯃꯈꯣꯜꯅꯤ꯫ ꯏꯂꯦꯛꯇ꯭ꯔꯣꯅꯤꯛ ꯑꯥꯔꯥꯝꯗꯥꯔ ꯅꯥꯟꯕꯒꯤ ꯃꯈꯣꯜꯗꯨꯃꯛꯅꯤ꯫ ꯑꯩꯗꯤ ꯈꯪꯄ꯭ꯔꯦꯛ ꯈꯪꯄ꯭ꯔꯦꯛ ꯈꯪꯏ꯫ ꯃꯈꯣꯏꯁꯤꯡ ꯑꯗꯨ ꯇꯣꯉꯥꯟ ꯇꯣꯉꯥꯟꯕ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯃꯐꯝ ꯃꯐꯝ ꯀꯌꯥꯗꯒꯤ ꯂꯥꯛꯅꯕ ꯃꯤꯑꯣꯏ ꯉꯥꯛꯇ ꯑꯣꯏꯔꯝꯒꯅꯤ꯫ ꯃꯤ ꯆꯤꯟꯗ ꯍꯦꯛ ꯆꯤꯟꯕꯃꯛꯁꯨ ꯅꯠꯇꯕ, ꯃꯤꯗꯨ ꯍꯦꯛ ꯀꯣꯝꯕꯃꯛꯁꯨ ꯅꯠꯇꯕ ꯒꯥꯔꯤ ꯌꯥꯡꯅ ꯊꯧꯅꯡꯕꯒꯤ ꯄꯨꯛꯅꯤꯡ ꯊꯧꯒꯠꯄ ꯂꯝꯕꯤꯅꯤ꯫ ꯒꯥꯔꯤ ꯌꯥꯡꯅ ꯊꯧꯕ ꯑꯁꯤ ꯊꯧꯒꯠꯄ ꯃꯤ ꯉꯥꯛꯇ ꯑꯣꯏꯔꯦ꯫ ꯑꯩꯗꯤ ꯏꯟꯐ꯭ꯔꯥꯁ꯭ꯇ꯭ꯔꯛꯆꯔ ꯐꯠꯇꯅ ꯒꯥꯔꯤ ꯌꯥꯡꯅ ꯊꯧꯕꯒꯤ ꯍꯩꯅꯕꯤ, ꯌꯨ ꯉꯥꯎꯔꯒ ꯊꯧꯕ, ꯗ꯭ꯔꯥꯏꯚꯤꯡ ꯂꯥꯏꯁꯦꯟꯁ ꯅꯤꯡꯊꯤꯅ ꯄꯥꯏꯔꯒ ꯒꯥꯔꯤ ꯊꯧꯕ ꯅꯠꯇꯕꯅ ꯈꯨꯠꯂꯤꯡꯕ ꯃꯐꯝꯁꯤꯗ ꯒꯥꯔꯤ ꯌꯥꯡꯅ ꯊꯧꯕꯒꯤ ꯋꯥꯐꯝ ꯑꯁꯤ ꯐꯤꯚꯝ ꯑꯃ ꯇꯥꯗ꯭ꯔꯤꯕ ꯐꯥꯎꯕ ꯁꯧꯒꯠꯆꯅꯤꯡꯗꯦ꯫ ꯇꯞꯅ ꯊꯧꯕꯇꯅ ꯈꯨꯗꯣꯡꯊꯤꯕ ꯃꯁꯤꯡ ꯍꯟꯊꯍꯟꯕ ꯉꯝꯒꯅꯤ ꯍꯥꯏꯖꯒꯦ!=

ꯑꯩꯈꯣꯏꯒꯤ ꯂꯝꯗꯝ ꯃꯅꯤꯄꯨꯔ ꯑꯁꯤ ꯊꯔꯣ, ꯊꯝꯕꯥꯜ ꯑꯃꯁꯨꯡ ꯊꯥꯔꯤꯛꯊꯥ ꯃꯔꯥꯡ ꯀꯥꯏꯅ ꯍꯧꯕ ꯂꯝꯗꯝ ꯑꯃ ꯑꯣꯏꯖꯔꯝꯂꯕꯁꯨ ꯉꯁꯤꯗꯤ ꯇꯞꯅ ꯇꯞꯅ ꯃꯌꯦꯡ ꯇꯥꯁꯤꯜꯂꯛꯂꯤ꯫ ꯃꯇꯝ ꯑꯃꯗ ꯃꯅꯤꯄꯨꯔ ꯑꯁꯤ ꯄꯥꯠ, ꯇꯨꯔꯦꯜ ꯑꯃꯁꯨꯡ ꯄꯨꯈ꯭ꯔꯤ ꯃꯔꯥꯡ ꯀꯥꯏꯅ ꯂꯩꯕ ꯂꯝꯗꯝ ꯑꯃ ꯑꯣꯏꯖꯔꯝꯂꯕꯁꯨ ꯉꯁꯤꯗꯤ ꯌꯥꯝꯅ ꯊꯨꯅ ꯃꯥꯡꯁꯤꯜꯂꯛꯂꯤ꯫ ꯄꯥꯠ ꯑꯃꯁꯨꯡ ꯄꯨꯈ꯭ꯔꯤꯁꯤꯡ ꯅꯣꯡꯃ-ꯅꯣꯡꯃꯒꯤ ꯂꯦꯞꯇꯅ ꯐꯨꯟꯖꯤꯟꯗꯨꯅ ꯆꯥꯎꯈꯠ ꯊꯧꯔꯥꯡꯒꯤ ꯊꯕꯛꯁꯤꯡꯅꯤ ꯍꯥꯏꯗꯨꯅ ꯑꯇꯠ-ꯑꯈꯝ ꯂꯩꯇꯅ ꯄꯥꯏꯈꯠꯂꯛꯄꯅ ꯏꯁꯤꯡꯗ ꯐꯪꯕ ꯖꯤꯕꯁꯤꯡ ꯃꯔꯨ
ꯑꯣꯏꯅ ꯉꯥ ꯑꯃꯁꯨꯡ ꯃꯗꯨꯗ ꯍꯧꯕ ꯄꯥꯝꯕꯤꯁꯤꯡ ꯌꯥꯝꯅ ꯊꯨꯅ ꯃꯥꯡꯁꯤꯜꯂꯛꯂꯤꯕꯁꯤ ꯑꯩꯈꯣꯏꯅ ꯊꯣꯏꯗꯣꯛꯅ ꯄꯥꯈꯠꯂꯨꯕ ꯑꯃꯁꯨꯡ ꯊꯧꯁꯥꯔꯨꯕ ꯇꯧꯗ꯭ꯔꯤ꯫ ꯏꯁꯤꯡꯗ ꯍꯧꯕ ꯌꯥꯝꯅ ꯊꯨꯅ ꯃꯥꯡꯁꯤꯜꯂꯛꯂꯤꯕ ꯄꯥꯝꯕꯤꯁꯤꯡꯒꯤ ꯃꯅꯨꯡꯗ ꯊꯔꯣ-ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤ ꯑꯁꯤꯁꯨ ꯑꯃꯅꯤ꯫
ꯊꯔꯣ ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯏꯪꯂꯤꯁꯇ ꯄꯤꯡꯛ
ꯋꯥꯇꯔ ꯂꯤꯂꯤ (Pink ꯋꯥꯇꯦꯔ ꯂꯤꯂꯌ) ꯅꯠꯇ꯭ꯔꯒ
heri watr lili (Hairy water lily)
ꯅꯠꯇ꯭ꯔꯒ ꯔꯦꯗ ꯋꯥꯇꯔ ꯂꯤꯂꯤ (Red ꯋꯥꯇꯦꯔ
ꯂꯤꯂꯌ), ꯑꯁꯥꯃꯤꯖꯗ ꯅꯥꯜ (Nal) ꯅꯠꯇ꯭ꯔꯒ ꯃꯣꯀꯨꯋꯥ
(Mokua), ꯕꯦꯡꯒꯂꯤꯗ ꯁꯥꯂꯨꯀꯥ (ꯈꯍꯥꯂꯨꯀꯥ),
ꯍꯤꯟꯗꯤꯗ ꯀꯣꯇꯥ (Kota) ꯅꯠꯇ꯭ꯔꯒ ꯀꯣꯀꯥ
(Kokaa), ꯁꯪꯁꯀ꯭ꯔꯤꯠꯇ ꯀꯨꯃꯨꯗꯥ (Kumuda),
ꯁ꯭ꯔꯤꯂꯪꯀꯥꯗ ꯏꯇꯣꯂꯨ (Etolu), ꯊꯥꯏꯗ ꯕꯧ ꯁꯥꯏ
(Bua sai), ꯚꯤꯑꯦꯠꯅꯥꯃꯤꯖꯗ ꯁꯨꯡ-ꯗꯣ (ꯈꯨꯅꯒ-
ꯗꯣ), ꯁꯥꯏꯟꯇꯤꯐꯤꯛ ꯅꯠꯇ꯭ꯔꯒ ꯕꯣꯇꯥꯅꯤꯀꯦꯜꯒꯤ
ꯑꯣꯏꯕ ꯃꯃꯤꯡꯗ ꯃꯤꯝꯐꯤꯌꯥ ꯄ꯭ꯌꯨꯕꯤꯁꯦꯟꯁ
(Nymphaea pubescens Willd.)
ꯅꯠꯇ꯭ꯔꯒ ꯃꯤꯝꯐꯤꯌꯥ ꯔꯣꯖꯤ (Nymphaea
rosea (ꯈꯤꯃꯁ) Sweet) ꯅꯠꯇ꯭ꯔꯒ
ꯅꯤꯝꯐꯤꯌꯥ ꯔꯨꯕ꯭ꯔ (Nymphaea ꯔꯨꯕꯔꯥ Roxb. ex ꯑꯅꯗꯔꯦꯋꯁ) ꯅꯠꯇ꯭ꯔꯒ ꯅꯤꯝꯐꯤꯌꯥ ꯏꯗꯨꯂꯤꯁ (Nymphaea edulis (ꯈꯥꯂꯤꯁꯕ.) DC.) ꯍꯥꯏꯅ ꯀꯧꯏ ꯑꯃꯁꯨꯡ ꯅꯤꯝꯐꯤꯌꯦꯁꯤ (Nymphaea Cea) ꯁꯥꯒꯩꯒꯤ ꯃꯅꯨꯡ ꯆꯜꯂꯤ꯫ ꯁꯥꯒꯩ ꯑꯁꯤꯗ ꯆꯟꯕ ꯃꯔꯨ ꯑꯣꯏꯕ ꯄꯥꯝꯕꯤ ꯈꯔꯗꯤ : ꯊꯝꯕꯥꯜꯒꯤ - ꯂꯣꯇꯁ (Nelumbo ꯅꯨꯆꯤꯐꯦꯔꯥ Gaertn.) ꯊꯥꯔꯤꯛꯊꯥ ꯄꯥꯝꯕꯤ (Nymphaea ꯈꯇꯦꯂꯂꯥꯇꯥ Willd.) ꯑꯁꯤꯅꯆꯤꯡꯕꯅꯤ꯫ ꯊꯔꯣ ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤꯒꯤ ꯕꯣꯇꯥꯅꯤꯀꯦꯜꯒꯤ ꯑꯣꯏꯕ ꯁ꯭ꯄꯤꯁꯤꯁꯀꯤ ꯃꯃꯤꯡ ꯄ꯭ꯌꯨꯕꯤꯁꯦꯟꯁ ꯍꯥꯏꯕꯒꯤ ꯃꯔꯝꯗꯤ ꯄꯥꯝꯕꯤ ꯑꯁꯤꯒꯤ ꯃꯈꯣꯛ ꯑꯃꯁꯨꯡ ꯃꯅꯥꯒꯤ ꯃꯈꯥ ꯊꯪꯕ ꯁꯔꯨꯛ ꯑꯗꯨ ꯁꯝꯒꯨꯝꯅ ꯑꯇꯦꯟꯕ ꯃꯇꯨꯁꯤꯡ ꯍꯧꯕꯗꯒꯤꯅꯤ꯫
ꯊꯔꯣ ꯑꯉꯥꯡꯕ ꯑꯁꯤ ꯈꯔ ꯊꯦꯟꯇꯛ ꯇꯧꯕ ꯏꯁꯤꯡꯗ ꯃꯔꯥ ꯇꯥꯗꯨꯅ ꯍꯧꯕ ꯑꯃꯁꯨꯡ ꯂꯩꯁꯤꯡ ꯑꯗꯨꯅ ꯑꯉꯥꯡꯕ, ꯂꯩ ꯃꯆꯨ ꯑꯃꯁꯨꯡ ꯀꯔꯤꯒꯨꯝꯕꯗ ꯑꯉꯧꯕ ꯃꯆꯨꯒꯤ ꯂꯩꯁꯤꯡ ꯏꯁꯤꯡꯒꯤ ꯃꯊꯛꯇ ꯁꯥꯠꯄ ꯑꯦꯀ꯭ꯋꯥꯇꯤꯛ (Aquatic) ꯍꯥꯏꯕꯗꯤ ꯏꯁꯤꯡꯗ ꯍꯧꯕ ꯑꯊꯣꯠꯄ ꯑꯗꯨꯕꯨ ꯆꯍꯤ ꯑꯃꯗꯤ ꯍꯦꯟꯅ ꯄꯨꯟꯁꯤꯕ ꯄꯥꯝꯕꯤꯅꯤ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯇ꯭ꯔꯣꯄꯤꯀꯦꯜꯒꯤ ꯍꯥꯏꯕꯗꯤ ꯏꯁꯤꯡꯗ ꯍꯧꯕ ꯑꯊꯣꯠꯄ ꯑꯗꯨꯕꯨ ꯆꯍꯤ ꯑꯃꯗꯒꯤ ꯍꯦꯟꯅ ꯄꯨꯟꯁꯤꯕ ꯄꯥꯝꯕꯤꯅꯤ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯇ꯭ꯔꯣꯄꯤꯀꯦꯜꯒꯤ ꯑꯁꯥꯕ ꯑꯊꯣꯠꯄ ꯑꯗꯨꯕꯨ ꯆꯍꯤ ꯑꯃꯗꯒꯤ ꯍꯦꯟꯅ ꯄꯨꯟꯁꯤꯕ ꯄꯥꯝꯕꯤꯅꯤ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯇ꯭ꯔꯣꯄꯤꯀꯦꯜꯒꯤ ꯑꯁꯥꯕ ꯑꯃꯁꯨꯡ ꯁꯕ-ꯇ꯭ꯔꯣꯄꯤꯀꯦꯜꯒꯤ ꯈꯔ ꯁꯥꯔꯞ ꯇꯧꯕ ꯃꯐꯝꯁꯤꯡ ꯃꯔꯨ ꯑꯣꯏꯅ ꯏꯟꯗꯤꯌꯥ, ꯕꯥꯡꯂꯥꯗꯦꯁ, ꯁ꯭ꯔꯤꯂꯪꯀꯥ, ꯆꯥꯏꯅꯥꯒꯤ ꯌꯨꯅꯥꯟ ꯄ꯭ꯔꯣꯚꯤꯟꯁ,
ꯇꯥꯏꯋꯥꯟ, ꯐꯤꯂꯤꯄꯤꯟꯁ, ꯀꯝꯕꯣꯗꯤꯌꯥ, ꯂꯥꯎꯁ, ꯃ꯭ꯌꯥꯟꯃꯥꯔ, ꯊꯥꯏꯂꯦꯟꯗ, ꯚꯤꯑꯦꯠꯅꯥꯝ, ꯏꯟꯗꯣꯅꯦꯁꯤꯌꯥ ꯑꯃꯁꯨꯡ ꯃꯂꯦꯁꯤꯌꯥꯗ ꯃꯍꯧꯁꯥꯒꯤ ꯑꯣꯏꯅ ꯍꯧꯖꯩ꯫ ꯄꯥꯎꯗꯝ ꯑꯃꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯊꯔꯣ ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤ
ꯑꯁꯤ ꯕꯥꯡꯂꯥꯗꯦꯁꯀꯤ ꯅꯦꯁꯅꯜ ꯐ꯭ꯂꯋꯔ (National Flower) ꯑꯣꯏꯅ ꯁꯛꯈꯪꯂꯤ꯫ ꯑꯩꯈꯣꯏꯒꯤ ꯂꯝꯗꯝ ꯃꯅꯤꯄꯨꯔꯗ ꯊꯔꯣ ꯑꯉꯥꯡꯕ ꯑꯁꯤ ꯄꯨꯈ꯭ꯔꯤꯗ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯄꯥꯝꯅ ꯊꯥꯅꯕ ꯄꯥꯝꯕꯤꯁꯤꯡꯒꯤ ꯃꯅꯨꯡꯗ ꯊꯣꯏꯗꯣꯛ-

ꯍꯦꯟꯗꯣꯛꯏ꯫

ꯄꯥꯎꯗꯝꯁꯤꯡꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯊꯔꯣ-ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤꯗ ꯌꯥꯝꯅ ꯃꯔꯨ ꯑꯣꯏꯕ ꯐꯥꯏꯇꯣꯀꯦꯃꯤꯀꯦꯜꯁꯤꯡꯗꯤ
- ꯀꯤꯝꯄꯦꯐꯦꯔꯦꯜ (Kaempferol), ꯂ꯭ꯌꯨꯁꯤꯟ (Leucine), ꯂꯥꯏꯁꯤꯟ (Lysine), ꯇ꯭ꯔꯤꯞꯇꯣꯐꯦꯟ (Tryptophane), ꯚꯦꯂꯤꯟ (Valine), ꯃꯤꯊꯤꯑꯣꯅꯤꯟ (Methionine), ꯍꯤꯁꯇꯤꯗꯤꯟ (ꯊꯤꯁꯇꯤꯗꯤꯅꯦ), ꯊ꯭ꯔꯤꯑꯣꯅꯤꯟ (Threonine), ꯄ꯭ꯔꯣꯂꯤꯟ (Proline) ꯑꯁꯤꯅꯆꯤꯡꯕꯅꯤ꯫
ꯊꯔꯣ ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤ ꯃꯤꯑꯣꯏꯕꯅ ꯍꯤꯔꯝ ꯀꯌꯥꯃꯔꯨꯝꯗ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯁꯤꯙꯥ (ꯈꯤꯗꯗꯍꯥ) ꯒꯤ ꯑꯅꯥ ꯂꯥꯌꯦꯡꯗ ꯊꯔꯣ ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯎ ꯑꯗꯨ ꯅꯨꯄꯤꯅ ꯊꯥꯒꯤ ꯈꯣꯡꯀꯥꯞ ꯀꯥ ꯍꯦꯟꯅ ꯆꯠꯄ ꯑꯗꯨꯒꯤ ꯂꯥꯌꯦꯡꯕꯗ ꯍꯤꯗꯥꯛ ꯑꯣꯏꯅ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯅꯦꯄꯥꯜ
ꯑꯃꯁꯨꯡ ꯏꯟꯗꯤꯌꯥꯒꯤ ꯃꯤꯑꯣꯏ ꯀꯥꯡꯂꯨꯞ ꯈꯔꯅ
ꯊꯔꯣ ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯏꯁꯤꯡ ꯄꯨꯛꯆꯠꯄ,
ꯐꯤꯔꯥꯛ ꯃꯄꯥꯡꯒꯜ ꯁꯣꯟꯊꯕ, ꯏꯁꯤꯡ ꯆꯠꯄꯗ
ꯅꯥꯕ ꯑꯃꯗꯤ ꯂꯤꯛꯄ ꯑꯃꯁꯨꯡ ꯎꯟꯁꯥꯒꯤ ꯂꯥꯏꯅꯥ
ꯃꯈꯜ ꯈꯔ ꯂꯥꯌꯦꯡꯕꯗ ꯃꯔꯨ ꯑꯣꯏꯕ ꯃꯆꯜ ꯑꯃ
ꯑꯣꯏꯅ ꯁꯤꯖꯤꯟꯅꯕꯒꯤ ꯄꯥꯎꯗꯝꯁꯤꯡ ꯂꯩ꯫ ꯊꯔꯣ
ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤꯒꯤ ꯂꯩ ꯑꯗꯨ ꯁꯨꯒꯥꯏꯔꯒ ꯃꯗꯨꯗ
ꯈꯣꯏꯍꯤ ꯈꯔ ꯅꯩꯈꯥꯏꯔꯒ ꯆꯥꯡ ꯅꯥꯏꯅ ꯄꯤꯖꯕꯗ
ꯅꯨꯄꯥ-ꯅꯨꯄꯤꯒꯤ ꯐꯝꯕꯤ ꯐꯒꯠꯍꯟꯕ ꯉꯝꯃꯤ ꯍꯥꯏꯅ
ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯑꯣꯗꯤꯁꯥꯒꯤ ꯇ꯭ꯔꯥꯏꯕꯦꯜ ꯀꯥꯡꯂꯨꯞ
ꯑꯃꯅ ꯊꯔꯣ ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯎꯒ, ꯎꯆꯤꯊꯤ
ꯃꯍꯩꯒ ꯇꯛꯈꯥꯏꯃꯤꯟꯅꯔꯒ ꯁꯦꯝꯕ ꯃꯣꯂꯣꯝ ꯑꯗꯨꯅ
ꯆꯥꯡ ꯅꯥꯏꯅ ꯇꯩꯗꯨꯅ ꯒꯣꯏꯇꯔ (Goiter) ꯍꯥꯏꯕꯗꯤ
ꯉꯧꯄꯣꯝꯕꯤ ꯇꯧꯕ ꯑꯗꯨ ꯂꯥꯌꯦꯡꯅꯩ꯫ ꯕꯥꯡꯂꯥꯗꯦꯁꯀꯤ
ꯃꯤꯑꯣꯏꯁꯤꯡꯅ ꯊꯔꯣ ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯎꯒ,
ꯖꯨꯕ-ꯀꯨꯁꯨꯝ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯄꯥꯜꯒ, ꯁꯅꯥ ꯈꯣꯡꯅꯥꯡ ꯄꯥꯝꯕꯤꯒꯤ ꯎꯒꯤ ꯃꯀꯨꯒ, ꯊꯣꯏꯗꯤꯡ ꯑꯃꯨꯕꯒ ꯄꯨꯟꯅ ꯁꯨꯒꯥꯏꯃꯤꯟꯅꯔꯒ ꯁꯦꯝꯕ ꯃꯆꯜ ꯑꯗꯨ ꯄꯤꯖꯗꯨꯅ ꯅꯨꯄꯤꯁꯤꯡꯅ ꯑꯉꯥꯡ ꯌꯩꯊꯕꯗ ꯁꯤꯖꯤꯟꯅꯕꯒꯤ ꯄꯥꯎꯗꯝꯁꯤꯡ ꯂꯩ꯫ ꯑꯇꯣꯞꯄ ꯄꯥꯎꯗꯝ ꯑꯃꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯕꯥꯒꯔꯤ (Bagdi) ꯇ꯭ꯔꯥꯏꯕꯦꯜꯁꯤꯡꯅ ꯊꯔꯣ ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯅꯥ, ꯃꯎ, ꯃꯔꯨ ꯑꯃꯁꯨꯡ ꯂꯩ ꯑꯗꯨ ꯄꯨꯟꯅ ꯁꯨꯒꯥꯏꯔꯒ ꯁꯦꯝꯕ ꯃꯆꯜ ꯑꯗꯨ ꯄꯤꯖꯗꯨꯅ ꯅꯨꯄꯤꯅ ꯊꯥꯒꯤ ꯈꯣꯡꯀꯥꯞ ꯆꯥꯡ ꯅꯥꯏꯗꯕ ꯑꯃꯗꯤ ꯀꯥ ꯍꯦꯟꯅ ꯆꯠꯄꯗ ꯂꯥꯌꯦꯡ ꯍꯤꯗꯥꯛ ꯑꯣꯏꯅ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯑꯁꯥꯝꯗꯗꯤ ꯊꯔꯣ ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯎ ꯑꯗꯨ ꯅꯣꯡꯃꯗ ꯑꯅꯤꯔꯛ ꯄꯤꯗꯨꯅ ꯆꯥꯕ ꯇꯨꯝꯗꯗꯨꯅ ꯆꯥꯛꯈꯥꯎ ꯅꯥꯕ ꯑꯗꯨ ꯂꯥꯌꯦꯡꯅꯩ꯫ ꯑꯣꯔꯤꯁꯥ ꯅꯠꯇ꯭ꯔꯒ ꯑꯣꯗꯤꯁꯥꯒꯤ ꯃꯤꯑꯣꯏꯁꯤꯡꯅ ꯈꯣꯡ ꯍꯥꯝꯊꯕ, ꯏ ꯍꯥꯊꯕ, ꯆꯥꯕ ꯇꯨꯝꯗꯕ ꯑꯁꯤꯒꯤ ꯍꯤꯗꯥꯛ ꯁꯦꯝꯕꯗ ꯊꯔꯣ ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯎ ꯑꯗꯨ ꯃꯔꯨ ꯑꯣꯏꯕ ꯃꯆꯜ ꯑꯃ ꯑꯣꯏꯅ ꯍꯥꯞꯅꯩ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤꯒꯤ ꯃꯔꯥ ꯑꯗꯨ ꯏꯁꯤꯡꯗ ꯐꯨꯠꯂꯒ ꯂꯧꯕ ꯃꯍꯤ ꯑꯗꯨ ꯄꯤꯊꯛꯄꯗ ꯍꯛꯀꯤ ꯏꯁꯤꯡ ꯌꯥꯐꯝ ꯇꯧꯗꯨꯅ ꯏꯁꯤꯡ ꯆꯠꯄꯗ ꯌꯥꯝꯅ ꯁꯥꯕ ꯑꯃꯗꯤ ꯅꯥꯕꯗ ꯊꯣꯏꯗꯣꯛꯅ ꯀꯥꯟꯅꯕ ꯐꯜ ꯄꯤꯕ ꯉꯝꯍꯜꯂꯤ꯫ ꯑꯟꯙ꯭ꯔ ꯄ꯭ꯔꯗꯦꯁꯀꯤ ꯇ꯭ꯔꯥꯏꯕꯦꯜ ꯀꯥꯡꯂꯨꯞ ꯑꯃꯅ ꯊꯔꯣ ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤꯒꯤ ꯂꯩ ꯑꯃꯁꯨꯡ ꯂꯩꯈꯣꯛ ꯑꯗꯨ ꯄꯨꯟꯅ ꯁꯨꯒꯥꯏꯃꯤꯟꯅꯔꯒ ꯁꯦꯝꯕ ꯃꯆꯜ ꯑꯗꯨ ꯄꯨꯛꯇ ꯑꯃꯁꯨꯡ ꯈꯣꯏꯈꯥꯗ ꯊꯣꯝꯂꯒ ꯐꯤ ꯃꯆꯦꯠ ꯑꯃꯅ ꯕꯦꯟꯗꯦꯖꯒꯨꯝꯅ ꯌꯦꯠꯂꯒ ꯅꯨꯄꯤꯅ ꯑꯉꯥꯡ ꯄꯣꯛꯂꯝꯗꯥꯏꯗ ꯏ ꯍꯥꯊꯕ ꯑꯁꯨꯡ ꯂꯥꯌꯦꯡꯅꯕꯒꯤ ꯃꯊꯛꯇ ꯄꯥꯝꯕꯤ ꯑꯗꯨꯒꯤ ꯃꯎ ꯑꯗꯨꯁꯨ ꯐꯖꯅ ꯆꯥꯝꯊꯣꯛꯂꯒ ꯃꯆꯦꯠ ꯑꯃ ꯄꯤꯖꯅꯩ꯫ ꯎꯆꯤꯗ ꯆꯥꯡꯌꯦꯡ ꯆꯠꯊꯕꯗ ꯈꯪꯕ ꯉꯝꯈ꯭ꯔꯦ ꯃꯗꯨ ꯊꯔꯣ ꯑꯉꯥꯡꯕ
ꯄꯥꯝꯕꯤ ꯑꯗꯨ ꯏꯊꯥꯅꯣꯜ ꯍꯥꯏꯔꯤꯕ ꯌꯨ ꯃꯈꯜ ꯑꯗꯨꯗ ꯁꯨꯒꯥꯏꯔꯒ ꯂꯧꯕ ꯃꯍꯤ ꯑꯗꯨ ꯗꯥꯏꯕꯦꯇꯤꯁ ꯍꯥꯏꯕꯗꯤ
ꯏꯁꯤꯡ ꯄꯨꯛꯆꯠꯄ ꯑꯗꯨ ꯃꯄꯨꯡ ꯐꯥꯅ ꯉꯥꯛꯊꯣꯛꯄ ꯉꯝꯏ꯫ ꯃꯤꯑꯣꯏꯕꯒꯤ ꯐꯤꯔꯥꯛ ꯃꯄꯥꯡꯒꯜ ꯀꯟꯅ ꯊꯝꯅꯕꯒꯤꯗꯃꯛꯇ ꯊꯔꯣ ꯑꯉꯥꯡꯕ ꯄꯥꯝꯕꯤꯒꯤ ꯂꯩ ꯑꯗꯨ ꯏꯊꯥꯅꯣꯜ ꯍꯥꯏꯔꯤꯕ ꯌꯨ ꯑꯗꯨꯗ ꯁꯨꯒꯥꯏꯔꯒ ꯂꯧꯕ ꯃꯍꯤ
ꯑꯗꯨ ꯄꯤꯊꯛꯅꯕꯒꯤ ꯄꯥꯎꯗꯝꯁꯨ ꯂꯩ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯕꯦꯛꯇꯔꯤꯌꯥ ꯃꯈꯜ ꯈꯔꯁꯨ ꯍꯥꯠꯄ ꯉꯝꯃꯤ꯫=

ꯋꯥꯏꯔꯨ-ꯋꯥꯏꯔꯨꯕꯗ