ꯑꯦꯗꯤꯇꯣꯔꯤꯌꯦꯜ IMPHAL, MONDAY, NOVEMBER 29, 2021 ꯅꯤꯡꯊꯧꯀꯥꯕ, ꯍꯤꯌꯥꯡꯒꯩꯒꯤ 24ꯅꯤ ꯄꯥꯟꯕ, ꯃꯥꯂꯤꯌꯥ ꯀꯨꯝꯁꯤꯡ 3419 obT\ꯂꯩ ꯃꯀꯩꯋ꯭ꯀ 2 HUEIYEN LANPAO

ꯄꯥꯎꯆꯦ ꯑꯁꯤꯗ ꯐꯣꯡꯖꯔꯤꯕ ꯋꯥꯔꯦꯡꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯋꯥꯈꯜ, ꯃꯤꯠꯌꯦꯡ ꯑꯏꯕ ꯃꯁꯥ ꯃꯁꯥꯒꯤꯅꯤ꯫ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒꯤ ꯋꯥꯈꯜꯂꯣꯟ ꯑꯃꯁꯨꯡ ꯃꯤꯠꯌꯦꯡꯒ ꯊꯣꯏꯗꯣꯛꯅ ꯃꯔꯤ ꯂꯩꯅꯗꯦ꯫

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ
ꯅꯤꯡꯊꯧꯀꯥꯕ, ꯅꯚꯦꯝꯕꯔ 29, 2021, ꯏꯝꯐꯥꯜ
13 ꯁꯨꯕ ꯆꯍꯤ, 223 ꯁꯨꯕ ꯃꯁꯤꯡ
ꯇꯤꯀꯦꯠꯀꯤ ꯂꯥꯟ
ꯀꯣꯛꯀꯥꯏ ꯂꯨꯛꯀꯥꯏꯅꯕ ꯌꯥꯎꯔꯛꯀꯅꯤꯀꯣ
ꯃꯊꯪ ꯆꯍꯤ 2022ꯒꯤ ꯃꯥꯔꯆ 19 ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯁꯣꯏꯗꯅ
ꯄꯥꯡꯊꯣꯛꯂꯒꯗꯕ ꯏꯂꯦꯛꯁꯟꯁꯤ ꯊꯊꯥ ꯅꯠꯇꯦ꯫ ꯑꯦꯁꯦꯝꯕ꯭ꯂꯤ
ꯀꯟꯁꯇꯤꯇ꯭ꯌꯨꯑꯦꯟꯁꯤ 60 ꯃꯛꯇ ꯆꯣꯡꯊꯣꯛꯅꯔꯛꯄ ꯃꯤꯔꯦꯞꯁꯤꯡꯒꯤ
ꯃꯔꯛ ꯑꯀꯟꯕ ꯂꯝꯕꯥ ꯇꯧꯅꯒꯗꯧꯔꯤꯕꯅꯤ꯫ ꯀꯦꯟꯗꯤꯗꯦꯠꯁꯤꯡ ꯑꯗꯨꯒꯤ
ꯃꯅꯨꯡꯗꯒꯤ ꯚꯣꯠ ꯃꯁꯤꯡ ꯁ꯭ꯋꯥꯏꯗꯒꯤ ꯌꯥꯝꯅ ꯐꯪꯕ ꯃꯤꯔꯦꯞꯅ ꯃꯥꯏ
ꯄꯥꯛꯇꯨꯅ ꯑꯦꯝ ꯑꯦꯜ ꯑꯦ ꯑꯣꯏꯒꯗꯧꯔꯤꯕꯅꯤ꯫ ꯑꯗꯨꯒ ꯑꯦꯁꯦꯝꯕ꯭ꯂꯤ
ꯁꯦꯒꯃꯦꯟꯠ ꯑꯃꯗ ꯁꯨꯞꯅꯇꯒꯤ ꯀꯦꯟꯗꯤꯗꯦꯠ ꯑꯃꯈꯛꯇꯃꯛ
ꯉꯥꯏꯕꯗꯒꯤ ꯃꯤꯈꯜ ꯄꯥꯡꯊꯣꯛꯇꯅ ꯑꯟ-ꯀꯟꯇꯦꯁꯇꯦꯗ ꯀꯦꯟꯗꯤꯗꯦꯠ
ꯑꯣꯏꯅ ꯀꯥꯕꯒꯤ ꯊꯧꯗꯧꯁꯤꯗꯤ ꯑꯇꯣꯞꯄ ꯁ꯭ꯇꯦꯠꯁꯤꯡꯗ ꯄꯪꯌꯥꯎ
ꯌꯥꯎꯅꯔꯒꯁꯨ ꯃꯅꯤꯄꯨꯔꯗꯗꯤ ꯕꯥꯏ ꯏꯂꯦꯛꯁꯟꯒꯨꯝꯕꯗ ꯌꯥꯎꯈꯤꯕ
ꯅꯠꯇꯅ ꯊꯣꯛꯈꯤꯗ꯭ꯔꯤ ꯍꯥꯏꯕ ꯌꯥꯏ꯫ ꯇꯧꯅꯖꯁꯅꯨ, ꯂꯝꯕꯥ ꯇꯧꯖꯁꯅꯨ꯫
ꯄꯨꯝꯅꯃꯛ ꯂꯤꯁꯥꯡ ꯁꯤꯠꯅ ꯆꯠꯊꯔꯛꯂꯤꯕ ꯁ꯭ꯇꯦꯠ ꯑꯦꯁꯦꯝꯕ꯭ꯂꯤ
ꯏꯂꯦꯛꯁꯟꯁꯤꯡꯒꯤ ꯃꯆꯠꯅꯤ, ꯃꯤꯈꯜꯒꯤ ꯍꯧꯅꯕꯤꯅꯤ꯫ ꯊꯧꯑꯣꯡꯁꯤꯡꯁꯤ
ꯃꯃꯥꯡꯗ ꯄꯥꯡꯊꯣꯛꯈꯤꯕ ꯃꯤꯈꯜꯁꯤꯡꯗꯒꯤ ꯍꯧꯔꯛꯇꯨꯅ ꯑꯗꯨꯝꯃꯛ
ꯊꯣꯛꯇꯨꯅ ꯂꯥꯛꯂꯕꯅꯤ꯫ ꯍꯟꯗꯛ ꯈꯛꯇꯅ ꯑꯍꯥꯟ ꯅꯠꯇꯦ꯫ ꯑꯗꯨꯕꯨ
ꯃꯃꯥꯡꯊꯛꯇ ꯄꯥꯡꯊꯣꯛꯈꯤꯕ ꯃꯤꯈꯜꯁꯤꯡꯒ ꯍꯧꯖꯤꯛ ꯄꯥꯡꯊꯣꯛꯂꯒꯗꯕ
ꯃꯤꯈꯜꯁꯤꯒꯒꯤ ꯃꯔꯛꯇ ꯈꯦꯟꯅꯔꯛꯂꯤꯕꯅ ꯍꯟꯗꯛꯇꯤ ꯔꯨꯜꯂꯤꯡ
ꯄꯥꯔꯇꯤꯁꯤꯡꯕꯨ ꯂꯨꯆꯤꯡꯕꯂꯤꯕ ꯄꯣꯂꯤꯇꯤꯀꯦꯜ ꯄꯥꯔꯇꯤꯒꯤ ꯇꯤꯀꯦꯠꯇ
ꯃꯤꯈꯜ ꯊꯦꯡꯅꯅꯤꯡꯕ, ꯄꯥꯔꯇꯤꯁꯤꯒꯤ ꯀꯦꯟꯗꯤꯗꯦꯠ ꯑꯣꯏꯅꯤꯡꯕ,
ꯇꯤꯀꯦꯠ ꯄꯥꯝꯕ ꯏꯟꯇꯦꯟꯗꯤꯡ ꯀꯦꯟꯗꯤꯗꯦꯠꯁꯤꯡꯒꯤ ꯃꯁꯤꯡ ꯌꯥꯝꯅ
ꯊꯣꯔꯛꯄ ꯑꯁꯤꯅꯤ꯫ ꯍꯥꯏꯔꯤꯕ ꯊꯧꯗꯣꯛꯁꯤ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯑꯄꯨꯟꯕ
ꯑꯦꯁꯦꯝꯕ꯭ꯂꯤ ꯀꯟꯁꯇꯤꯇ꯭ꯌꯨꯑꯦꯟꯁꯤ 60ꯒꯤ ꯃꯅꯨꯡꯗ ꯆꯤꯡꯒꯤ ꯔꯤꯖꯥꯔꯚ
ꯁꯤꯠꯁꯤꯡꯗ ꯊꯣꯛꯇ꯭ꯔꯕꯁꯨ ꯇꯝꯄꯥꯛꯀꯤ ꯑꯟ-ꯔꯤꯖꯥꯔꯚ ꯁꯤꯠꯁꯤꯡꯒꯤ
ꯃꯅꯨꯡꯗꯗꯤ ꯑꯌꯥꯝꯕ ꯁꯦꯒꯃꯦꯟꯠꯇ ꯊꯣꯛꯂꯦ꯫ ꯀꯟꯁꯇꯤꯇ꯭ꯌꯨꯑꯦꯟꯁꯤ
ꯈꯔꯗꯗꯤ ꯍꯥꯏꯔꯤꯕ ꯄꯣꯂꯤꯇꯤꯀꯦꯜ ꯄꯥꯔꯇꯤꯁꯤꯡꯒꯤ ꯇꯤꯀꯦꯠ ꯇꯥꯟꯅꯕ
2/3ꯗꯒꯤ ꯍꯦꯟꯗꯣꯔꯀꯇꯨꯅ 4/5 ꯁꯨꯕ ꯌꯥꯎꯔꯛꯂꯦ꯫ ꯃꯈꯣꯏ ꯃꯁꯦꯜꯒꯤ
ꯃꯔꯛꯇ ꯑꯃꯅꯁꯨ ꯑꯃꯅꯁꯨ ꯃꯈꯣꯏꯅ ꯇꯥꯟꯅꯔꯤꯕ ꯄꯥꯔꯇꯤꯁꯤꯒꯤ
ꯇꯤꯀꯦꯠ ꯐꯪꯗꯨꯅ ꯄꯥꯔꯇꯤꯁꯤꯒꯤ ꯀꯦꯟꯗꯤꯗꯦꯠ ꯑꯣꯏꯔꯒꯅꯤ ꯍꯥꯏꯗꯨꯅ
ꯑꯀꯟꯕ ꯀꯦꯝꯄ꯭ꯌꯦꯟ ꯆꯠꯊꯅꯔꯛꯂꯦ꯫ ꯚꯣꯠ ꯈꯣꯝꯅꯔꯛꯂꯦ꯫

ꯑꯣꯏꯔꯛꯂꯤꯕ ꯐꯤꯚꯝꯁꯤꯗꯤ ꯆꯨꯡꯁꯤꯟꯅꯕ ꯁ꯭ꯇꯦꯠ ꯂꯩꯉꯥꯛꯄꯨ
ꯂꯨꯆꯤꯡꯂꯛꯂꯤꯕ ꯄꯣꯂꯤꯇꯤꯀꯦꯜ ꯄꯥꯔꯇꯤ ꯑꯁꯤꯒꯤꯗꯤ ꯂꯥꯏꯕꯛ ꯐꯕꯅꯤ꯫
ꯄꯥꯔꯇꯤꯁꯤꯒꯤ ꯁ꯭ꯇꯦꯠ ꯂꯤꯗꯔꯁꯤꯡꯗ ꯅꯠꯇꯅ ꯅꯦꯁꯅꯜ ꯂꯤꯗꯔꯁꯤꯡꯒꯤ
ꯀ꯭ꯔꯦꯗꯤꯠꯅꯤ, ꯃꯈꯣꯏꯒꯤ ꯍꯣꯠꯅꯖꯃꯟꯗꯒꯤꯅꯤ꯫ ꯑꯗꯨꯒ ꯃꯁꯤ
ꯄꯨꯝꯅꯃꯛꯅ ꯁꯦꯟꯇꯔ ꯑꯃꯁꯨꯡ ꯁ꯭ꯇꯦꯠꯇ ꯂꯩꯔꯤꯕ ꯂꯩꯉꯥꯛꯄꯁꯤꯡ
ꯂꯨꯆꯤꯡꯗꯨꯅ ꯈꯨꯠꯄꯥꯏꯅꯔꯛꯄ ꯉꯝꯕꯗꯒꯤꯁꯨ ꯑꯣꯏꯍꯜꯂꯛꯄꯅꯤ꯫
ꯁꯦꯟꯇꯔꯗ ꯌꯨꯅꯤꯌꯟ ꯂꯩꯉꯥꯛ ꯄꯥꯏꯗ꯭ꯔꯕ ꯐꯥꯎꯕꯗ ꯁ꯭ꯇꯦꯠꯀꯤ ꯋꯥꯌꯦꯜ
ꯆꯨꯞꯂꯤ ꯄꯥꯏꯕ ꯄꯥꯔꯇꯤ ꯊꯣꯝꯖꯤꯟꯅꯔꯛꯄ ꯍꯥꯏꯕꯁꯤꯗꯤ ꯍꯧꯅꯕꯤꯅꯤ꯫
ꯑꯗꯨꯕꯨ ꯍꯧꯖꯤꯛ ꯂꯩꯔꯤꯕ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯐꯤꯚꯝꯁꯤꯗꯤ ꯁꯦꯟꯇꯔꯗ ꯄꯋꯥꯔ
ꯄꯥꯏꯔꯤꯕ ꯄꯥꯔꯇꯤꯒꯁꯨ ꯑꯃꯠꯇ ꯑꯣꯏꯕꯅꯤ꯫ ꯁꯔꯦꯡꯁꯨ ꯊꯣꯡꯕ,
ꯊꯥꯎꯁꯨ ꯊꯥꯛꯄ ꯍꯥꯏꯕꯗꯨꯃꯛ ꯊꯣꯛꯍꯜꯂꯛꯞꯒꯤ ꯋꯥꯅꯤ꯫ ꯑꯀꯛꯅꯕ
ꯄꯣꯂꯤꯇꯤꯀꯦꯜ ꯄꯥꯔꯇꯤ ꯑꯁꯤꯒꯤꯗꯤ ꯃꯔꯥꯛꯕꯛꯇ ꯊꯝꯕꯥꯜ ꯁꯥꯠꯄ
ꯍꯥꯏꯕꯗꯨꯃꯛ ꯊꯣꯛꯂꯔꯕꯅꯤ꯫ ꯑꯗꯨꯕꯨ ꯍꯧꯖꯤꯛ ꯂꯥꯛꯂꯤꯕ ꯋꯥꯐꯝꯗꯤ ꯑꯀꯛꯅꯕ
ꯄꯣꯂꯤꯇꯤꯀꯦꯜ ꯄꯥꯔꯇꯤ ꯑꯁꯤꯒꯤ ꯀꯦꯟꯗꯤꯗꯦꯠ ꯑꯣꯏꯅꯤ ꯈꯤꯡꯂꯤꯕ
ꯃꯤꯑꯣꯏꯁꯤꯡꯗꯗꯤ ꯏꯂꯦꯛꯁꯟ ꯑꯁꯤꯒꯤꯗꯃꯛ ꯂꯥꯟ ꯑꯅꯤ ꯁꯣꯛꯅꯕꯒꯤ
ꯐꯤꯚꯝꯗ ꯂꯩꯔꯦ꯫ ꯑꯍꯥꯟꯕ ꯂꯥꯟꯅ ꯄꯣꯂꯤꯇꯤꯀꯦꯜ ꯄꯥꯔꯇꯤ ꯑꯁꯤꯒꯤ
ꯀꯦꯟꯗꯤꯗꯦꯠ ꯑꯣꯏꯅꯕꯒꯤ ꯇꯤꯀꯦꯠ ꯇꯥꯟꯅꯕꯅꯤ ꯑꯗꯨꯒ ꯑꯅꯤꯁꯨꯕ ꯂꯥꯟꯅ
ꯃꯤꯈꯜꯗ ꯃꯥꯏ ꯄꯥꯛꯅꯕ ꯍꯣꯠꯅꯕꯅꯤ꯫ ꯑꯗꯨꯕꯨ ꯏꯂꯦꯛꯁꯟꯗ ꯃꯥꯏ ꯄꯥꯛꯅꯕ
ꯍꯣꯠꯅꯕꯕꯨꯗꯤ ꯀꯦꯟꯗꯤꯗꯦꯠ ꯑꯣꯏꯔꯕꯅꯤꯅ ꯇꯉꯥꯏꯐꯗꯕ ꯇꯧꯗꯕ ꯌꯥꯗ꯭ꯔꯕ
ꯊꯕꯛꯁꯤꯡꯅꯤ꯫ ꯑꯇꯣꯞꯄ ꯄꯥꯔꯇꯤꯁꯤꯡꯒꯤ ꯀꯦꯟꯗꯤꯗꯦꯠꯁꯤꯡꯒ
ꯑꯦꯝ ꯑꯦꯜ ꯑꯦ ꯑꯣꯏꯅꯕꯒꯤ ꯂꯥꯟꯐꯝꯗ ꯃꯥꯌꯣꯛꯅꯒꯗꯧꯔꯤꯕꯅꯤ꯫

ꯑꯙꯨꯝ ꯑꯣꯏꯅꯃꯛ ꯄꯥꯔꯇꯤꯒꯤ ꯇꯤꯀꯦꯇ ꯐꯪꯕꯅꯒꯤ ꯂꯥꯟꯗꯤ ꯑꯀꯛꯅꯕ
ꯄꯣꯂꯤꯇꯤꯀꯦꯜ ꯄꯥꯔꯇꯤ ꯑꯃꯒꯤ ꯃꯅꯨꯡꯗ ꯁꯣꯛꯅꯕ ꯂꯥꯟꯅꯤ꯫ ꯍꯧꯖꯤꯛ
ꯃꯤꯈꯜ ꯄꯥꯡꯊꯣꯛꯀꯅꯤ ꯍꯥꯏꯗꯨꯅ ꯄꯥꯅꯔꯤꯕ ꯃꯇꯝ ꯅꯛꯁꯤꯜꯂꯛꯄꯒꯤ
ꯃꯥꯡꯑꯣꯏꯅꯅ ꯇꯤꯀꯦꯠꯀꯤ ꯂꯥꯟꯁꯨ ꯀꯟꯈꯠꯅꯔꯛꯂꯤ꯫ ꯂꯥꯟꯁꯤ ꯍꯦꯟꯅ
ꯀꯟꯁꯤꯜꯂꯛꯂꯕꯗꯤ ꯇꯤꯀꯦꯠ ꯇꯥꯟꯅꯔꯤꯕꯁꯤꯡꯒꯤ ꯃꯔꯛꯇ ꯀꯣꯛꯀꯥꯏ-

ꯂꯨꯛꯀꯥꯏꯅꯕ ꯐꯥꯎꯕ ꯌꯥꯎꯔꯛꯀꯗ꯭ꯔꯥ ꯍꯥꯏꯕꯒꯤ ꯃꯤꯄꯥꯏꯕ ꯄꯣꯛꯅꯔꯛꯂꯦ꯫
ꯋꯥꯐꯝꯁꯤ ꯃꯤꯈꯜꯒ ꯃꯔꯤ ꯂꯩꯅꯅ ꯄꯣꯂꯤꯇꯤꯀꯦꯜ ꯄꯥꯔꯇꯤꯁꯤꯒꯤ
ꯅꯦꯁꯅꯜ ꯄ꯭ꯔꯁꯤꯗꯦꯟꯠꯅ ꯅꯕꯦꯝꯕꯔ 25, 2021ꯒꯤ ꯅꯨꯃꯤꯗꯥꯡꯗ ꯏꯝꯐꯥꯜ
ꯑꯦꯌꯔꯄꯣꯔꯠꯇ ꯊꯨꯡꯂꯕꯗꯒꯤ ꯍꯧꯅ ꯇꯤꯀꯦꯠ ꯇꯥꯟꯅꯔꯤꯕꯁꯤꯡꯒꯤ
ꯃꯔꯛꯇ ꯊꯣꯛꯈ꯭ꯔꯤꯕ ꯊꯧꯗꯣꯛꯁꯤꯡꯗꯨꯅ ꯍꯥꯏꯕꯅꯤ꯫ ꯄꯥꯔꯇꯤꯒꯤ
ꯇꯤꯀꯦꯠꯇꯤ ꯇꯥꯅꯅꯔꯤꯕ ꯏꯟꯇꯦꯟꯗꯤꯡ ꯀꯦꯟꯗꯤꯗꯦꯠꯁꯤꯡ ꯂꯣꯏꯅꯃꯛꯇ
ꯊꯨꯡꯅꯕ ꯌꯦꯟꯕ ꯌꯥꯔꯣꯏꯗꯕꯅꯤꯅ ꯑꯃꯈꯛꯇ ꯄꯤꯔꯛꯀꯗꯕꯅꯤ꯫ ꯃꯁꯤ
ꯑꯣꯏꯒꯗꯧꯔꯤꯕꯅ ꯄꯥꯝꯖꯅ, ꯋꯥꯅ ꯇꯥꯟꯅꯖꯔꯛꯄ, ꯉꯥꯏꯖꯔꯛꯄ ꯄꯥꯔꯇꯤꯒꯤ
ꯇꯤꯀꯦꯠꯇ ꯐꯪꯗ꯭ꯔꯕꯁꯨ ꯀꯦꯟꯗꯤꯗꯦꯠꯇꯤ ꯑꯗꯨꯝꯃꯛ ꯑꯣꯏꯒꯗ꯭ꯔꯥ ꯅꯠꯇ꯭ꯔꯒ
ꯄꯥꯔꯇꯤꯅ ꯅꯣꯃꯤꯅꯦꯁꯟ ꯇꯧꯔꯛꯄ ꯃꯤꯔꯦꯞꯇ ꯄꯨꯟꯅ ꯈꯨꯠꯁꯝꯅꯗꯨꯅ
ꯍꯔꯥꯎꯅ ꯁꯧꯒꯠꯃꯤꯟꯅꯔꯛꯀꯗ꯭ꯔꯥ ꯍꯥꯏꯕꯒꯤ ꯋꯥꯍꯪꯁꯨ ꯚꯣꯇꯔꯁꯤꯡꯅ ꯍꯪꯅꯕ
ꯍꯧꯔꯛꯂꯦ ꯍꯥꯏꯕꯅꯤ꯫

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ ꯂꯤꯇꯔꯦꯔꯤ ꯀ꯭ꯋꯤꯖ - 30
ꯃꯊꯛꯇ ꯄꯤꯔꯤꯕ ꯋꯥꯍꯪꯁꯤꯡ ꯑꯁꯤꯒꯤ ꯄꯥꯎꯈꯨꯝ ꯅꯚꯦꯝꯕꯔ 30, ꯂꯩꯕꯥꯛꯄꯣꯛꯄ ꯅꯨꯃꯤꯠꯀꯤ
ꯑꯌꯨꯛ ꯄꯨꯡ 11 ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯄꯥꯎꯆꯦ ꯑꯁꯤꯒꯤ ꯑꯣꯐꯤꯁꯇ ꯅꯠꯇ꯭ꯔ ꯏ-ꯃꯦꯜ
hueiyenliteraryquiz@gmail.com sid meL AoIn HabirKp yagni>
ꯄꯥꯎꯈꯨꯝ ꯄꯤꯕꯤꯔꯛꯄ/ꯊꯥꯕꯤꯔꯛꯄ ꯃꯇꯝꯗ ꯃꯤꯡ, ꯂꯩꯐꯝ, ꯃꯍꯩꯒꯤ ꯊꯥꯛ ꯑꯃꯁꯨꯡ
ꯀꯟꯇꯦꯛꯠ ꯅꯝꯕꯔ ꯃꯌꯦꯛ ꯁꯦꯡꯅ ꯏꯕꯤꯔꯛꯎ꯫ ꯋꯥꯍꯪ ꯈꯗꯤꯡꯃꯛꯀꯤ ꯄꯥꯎꯈꯨꯝ ꯆꯨꯝꯅ
ꯅꯠꯇ꯭ꯔꯒ ꯃꯁꯤꯡ ꯌꯥꯝꯅ ꯆꯨꯝꯅ ꯄꯤꯕꯤꯔꯛꯄ ꯃꯤꯑꯣꯏꯁꯤꯡ ꯑꯗꯨꯗꯒꯤ ꯗ꯭ꯔꯣ ꯑꯣꯠꯆꯔꯒ
ꯂꯥꯏꯕꯛ ꯐꯕ ꯃꯤꯁꯛ ꯑꯃ ꯈꯟꯖꯒꯅꯤ꯫ ꯂꯣꯏꯅꯅ ꯈꯜꯂꯕ ꯃꯤꯁꯛ ꯑꯗꯨꯗ ꯃꯅꯥ ꯄꯤꯖꯒꯅꯤ꯫

1| “ꯌꯨꯌꯦꯜ ꯂꯥꯟꯁꯣꯛ ꯂꯩꯃꯥꯕꯤ꯫/ꯄꯥꯝꯕꯣꯝ ꯈꯨꯠꯁꯨ ꯁꯤꯡꯊꯥꯉꯝꯗꯝꯕꯤ꯫/ꯊꯥꯡꯍꯥꯏ
ꯅꯣꯡꯊꯥꯡ ꯄꯥꯟꯗꯝꯅꯕꯤ꯫/ꯁꯉꯥꯏꯁꯦꯜ ꯇꯥꯍꯨꯜ ꯄꯥꯏꯁꯨꯝꯕꯤ꯫/ꯎꯟꯕꯤ ꯁꯧꯁꯥ
ꯃꯥꯡꯍꯟꯕꯤ꯫ ꯁꯃꯨ ꯃꯥꯡꯗ ꯈꯥꯡꯉꯝꯗꯕꯤ꯫/ꯂꯥꯟꯐꯝ ꯀꯨꯝꯃꯩ ꯌꯦꯡꯒꯟꯕꯤ꯫”
ꯄꯤꯔꯤꯕ ꯄꯔꯦꯡ ꯈꯔꯁꯤ ꯀꯅꯥꯕꯨ ꯁꯩꯊꯥꯕ ꯃꯤꯡꯈꯩꯅꯣ?
2| “ꯆꯐꯨꯅ ꯀꯥꯏꯕꯗꯤ” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤꯒꯤ ꯑꯏꯕ ꯀꯅꯥꯅꯣ ꯑꯃꯁꯨꯡ ꯀꯔꯝꯕ
ꯃꯈꯜꯒꯤ ꯂꯥꯏꯔꯤꯛꯅꯣ?

3| “ꯅꯤꯡꯁꯤꯡꯂꯤ ꯂꯦꯞꯇꯅ ꯇꯦꯡꯊꯥꯔꯤ ꯖꯃꯨꯅ;/ꯅꯤꯜꯂꯤ ꯂꯥꯎꯈꯣꯡꯂꯤ ꯊꯨꯒꯥꯏꯔꯤ
ꯑꯆꯤꯛꯄ꯫/ ꯃꯇꯝꯒꯤ ꯈꯖꯥꯏꯗ ꯁꯤꯟꯊꯔꯤ ꯃꯥ;;/ ꯐꯣꯡꯗꯣꯛꯂꯤ ꯑꯋꯥꯕ
ꯑꯇꯠꯄ ꯂꯩꯇꯅ꯫” ꯃꯌꯥꯝꯅ ꯄꯥꯝꯅꯕ ꯏꯁꯩ ꯃꯇꯦꯛꯅꯤ, ꯁꯩꯔꯦꯡꯕꯁꯤ ꯀꯅꯥꯅꯣ?
4| “ꯑꯣꯡ ꯕꯥꯁꯨꯗꯦꯕ-ꯃꯍꯥꯀꯥꯕ꯭ꯌ (ꯃꯤꯇꯩꯔꯣꯜꯒꯤ ꯃꯍꯥꯀꯥꯕ꯭ꯌ)” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛꯁꯤ
knan Ibno?
5| “ꯃꯣꯍꯟ ꯗꯥꯁ” ꯍꯥꯏꯕ ꯂꯥꯏꯔꯤꯛ ꯑꯁꯤ ꯑꯣꯔꯤꯖꯤꯅꯦꯜ ꯀꯅꯥꯅ ꯏꯕ ꯀꯔꯤ
ꯂꯥꯏꯔꯤꯛꯇꯒꯤ ꯀꯅꯥꯅ ꯃꯅꯤꯄꯨꯔꯤꯗ ꯍꯟꯗꯣꯛꯄꯅꯣ?

ꯄꯥꯝꯕꯤ ꯑꯃꯅ ꯃꯄꯨꯡ ꯃꯔꯩ ꯐꯥꯅ ꯃꯍꯩ ꯄꯨꯊꯣꯛꯅꯕ ꯍꯣꯠꯅꯕ ꯃꯇꯝꯗ ꯁꯨꯡꯁꯣꯏ ꯁꯣꯏꯗꯅ ꯆꯪꯗꯕ ꯌꯥꯗ꯭ꯔꯕ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯆꯤꯟꯖꯥꯛ ꯑꯁꯤ 16ꯅꯤ꯫ ꯑꯁꯤꯒꯨꯝꯕ ꯃꯆꯤꯟꯖꯥꯛ 16 ꯑꯁꯤꯒꯤ ꯃꯅꯨꯡꯗ ꯅꯥꯏꯇ꯭ꯔꯣꯖꯦꯟ, ꯐꯣꯁꯐꯔꯁ ꯑꯃꯁꯨꯡ ꯄꯣꯇꯥꯁ ꯑꯁꯤ ꯄꯥꯝꯕꯤꯁꯤꯡꯅ ꯆꯥꯡ ꯌꯥꯝꯅ ꯗꯔꯀꯥꯔ ꯂꯩꯕ ꯃꯔꯝ ꯑꯣꯏꯗꯨꯅ ꯌꯥꯎꯗꯕ ꯌꯥꯗ꯭ꯔꯕ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯆꯤꯟꯖꯥꯛ (ꯄ꯭ꯔꯥꯏꯃꯥꯔꯤ ꯅ꯭ꯌꯨꯇ꯭ꯔꯤꯑꯦꯟꯠ) ꯅꯠꯇ꯭ꯔꯒ ꯄꯥꯝꯕꯤꯁꯤꯡꯅ ꯆꯥꯡ ꯌꯥꯝꯅ ꯗꯔꯀꯥꯔ ꯂꯩꯕ ꯃꯆꯤꯟꯖꯥꯛ 3 ꯍꯥꯏꯔꯒ ꯈꯪꯅꯩ꯫ ꯃꯈꯣꯏ ꯑꯍꯨꯝ ꯑꯁꯤꯒꯤ ꯍꯦꯛ ꯃꯇꯨꯡꯗ ꯄꯥꯝꯕꯤꯅ ꯆꯥꯡ ꯌꯥꯝꯅ ꯗꯔꯀꯥꯔ ꯂꯩꯕ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯆꯤꯟꯖꯥꯛ ꯑꯁꯤ ꯁꯜꯐꯔꯅꯤ꯫ ꯃꯔꯝ ꯑꯗꯨꯅ ꯁꯜꯐꯔꯕꯨ ꯄꯥꯝꯕꯤꯁꯤꯡꯗ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯃꯔꯨ ꯑꯣꯏꯕ ꯃꯆꯤꯟꯖꯥꯛꯁꯤꯡꯒꯤ ꯃꯅꯨꯡꯗ ꯃꯔꯤꯁꯨꯕ ꯃꯐꯝ ꯀꯜꯂꯤꯕ ꯃꯆꯤꯟꯖꯥꯛ ꯍꯥꯏꯔꯒ ꯈꯪꯅꯔꯦ꯫
ꯑꯩꯈꯣꯏꯒꯤ ꯂꯧꯐꯝꯁꯤꯡꯗ ꯆꯥꯊꯣꯛ ꯍꯦꯟꯅ ꯂꯩꯕ ꯃꯍꯩ ꯃꯔꯣꯡ ꯃꯈꯜꯁꯤꯡ ꯊꯥꯅꯔꯛꯄ, ꯄꯥꯝꯕꯤꯒꯤ ꯃꯆꯤꯟꯖꯥꯛ ꯃꯈꯜ ꯑꯃ ꯅꯠꯇ꯭ꯔꯒ ꯑꯅꯤ ꯈꯛ ꯌꯥꯎꯕ ꯍꯥꯔꯁꯤꯡ ꯂꯧꯐꯝꯗ ꯁꯤꯖꯤꯟꯅꯔꯛꯞ, ꯁꯟꯊꯤ, ꯁꯟꯌꯨꯡ ꯅꯠꯇ꯭ꯔꯒ ꯄꯥꯝꯕꯤ-ꯁꯤꯡꯕꯤꯒꯤ ꯄꯠꯊꯕꯗꯒꯤ ꯑꯣꯏꯕ ꯍꯥꯔꯁꯤꯡ ꯁꯤꯖꯤꯟꯅꯕꯒꯤ ꯆꯥꯡ ꯍꯟꯊꯔꯛꯄ ꯑꯃꯗꯤ ꯂꯣꯛꯊꯣꯛꯈ꯭ꯔꯕ ꯄꯥꯝꯕꯤꯁꯤꯡꯒꯤ ꯂꯦꯝꯍꯧꯈꯥꯛꯁꯤꯡ ꯁꯤꯖꯤꯟꯕꯒꯤ ꯀꯥꯅꯕ ꯈꯪꯕ ꯋꯥꯠꯄ ꯑꯃꯗꯤ ꯀꯔꯝꯅ ꯁꯤꯖꯤꯟꯅꯒꯅꯤ ꯈꯪꯗꯕꯅ ꯂꯧꯐꯝꯗ ꯁꯤꯖꯤꯟꯅꯗꯕꯅ ꯃꯔꯝ ꯑꯣꯏꯔꯒ ꯉꯁꯤꯗꯤ ꯑꯩꯈꯣꯏꯒꯤ ꯂꯧꯐꯝꯁꯤꯡꯗ ꯁꯜꯐꯔ ꯋꯥꯠꯄꯒꯤ ꯑꯋꯥꯕ ꯃꯥꯌꯣꯛꯅꯕ ꯍꯧꯔꯛꯂꯦ꯫ ꯁꯜꯐꯔꯅ ꯄꯥꯝꯕꯤꯁꯤꯡꯗ ꯂꯧꯔꯤꯕ ꯊꯧꯗꯥꯡ :
1) ꯄꯥꯝꯕꯤꯁꯤꯡꯅ ꯅꯨꯡꯁꯥ ꯃꯉꯥꯜꯒꯤ ꯃꯇꯦꯡꯅ ꯃꯈꯣꯏꯒꯤ ꯃꯆꯤꯟꯖꯥꯛ ꯁꯨꯡꯖꯕ ꯉꯝꯂꯤꯕꯁꯤ ꯀ꯭ꯂꯣꯔꯣꯐꯤꯜ ꯀꯧꯕ ꯃꯅꯥꯕꯨ ꯑꯁꯪꯕ ꯃꯆꯨ ꯑꯣꯏꯍꯜꯂꯤꯕ ꯄꯣꯠꯂꯝ ꯑꯁꯤ ꯌꯥꯎꯕꯅꯅꯤ꯫ ꯑꯁꯤꯒꯨꯝ ꯀ꯭ꯂꯣꯔꯣꯐꯤꯜ ꯑꯁꯤ ꯁꯦꯝꯕꯗ ꯁꯜꯐꯔ ꯑꯁꯤ ꯌꯥꯎꯗꯕ ꯌꯥꯗ꯭ꯔꯕ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯆꯤꯟꯖꯥꯛ ꯑꯃꯅꯤ꯫
2) ꯄ꯭ꯔꯣꯇꯤꯟꯁꯤꯡꯕꯨ ꯁꯦꯝꯒꯠꯄ ꯆꯪꯂꯤꯕ ꯑꯦꯃꯤꯅꯣ ꯑꯦꯁꯤꯗꯁꯤꯡꯒꯤ ꯃꯅꯨꯡꯗ Cystein, Cystine ꯑꯃꯁꯨꯡ Methionine ꯑꯁꯤ ꯁꯜꯐꯔ ꯌꯥꯎꯕ ꯑꯦꯃꯤꯅꯣ ꯑꯦꯁꯤꯗꯁꯤꯡꯅꯤ꯫ ꯄꯥꯝꯕꯤ ꯑꯃꯗ ꯌꯥꯎꯔꯤꯕ ꯑꯄꯨꯟꯕ ꯁꯜꯐꯔꯒꯤ ꯆꯥꯗ 90ꯗꯤ ꯃꯊꯛꯀꯤ ꯑꯦꯃꯤꯅꯣ ꯑꯦꯁꯤꯗꯁꯤꯡ ꯑꯁꯤꯗ ꯌꯥꯎꯏ꯫ ꯃꯔꯝ ꯑꯗꯨꯅ ꯄ꯭ꯔꯣꯇꯤꯟ ꯁꯦꯝꯅꯕꯒꯤꯗꯃꯛ ꯁꯜꯐꯔ ꯑꯁꯤ ꯌꯥꯎꯗ꯭ꯔꯕ ꯌꯥꯗ꯭ꯔꯕ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯆꯤꯟꯖꯥꯛ ꯑꯃ ꯑꯣꯏ꯫
3) ꯊꯥꯎ ꯊꯣꯛꯄ ꯄꯥꯝꯕꯤꯁꯤꯡꯒꯤꯗꯃꯛ ꯁꯜꯐꯔ ꯑꯁꯤ ꯆꯥꯡ ꯋꯥꯡꯅ ꯗꯔꯀꯥꯔ ꯑꯣꯏ꯫ ꯃꯔꯝꯗꯤ ꯄꯥꯝꯕꯤꯅ ꯊꯥꯎ ꯁꯨꯡꯕꯗ ꯁꯜꯐꯔ ꯑꯁꯤ ꯆꯪꯏ꯫
4) ꯄꯥꯝꯕꯤꯒꯤ ꯃꯔꯨꯁꯤꯡꯗ ꯄ꯭ꯔꯣꯇꯤꯟ ꯑꯃꯗꯤ ꯊꯥꯎꯒꯤ ꯆꯥꯡ ꯍꯦꯟꯒꯠꯍꯟꯕꯈꯛ ꯅꯠꯇꯅ ꯐꯧꯒꯨꯝꯕ ꯄꯥꯝꯕꯤꯁꯤꯡꯒꯤ ꯃꯍꯩꯁꯤꯡ ꯆꯦꯡꯊꯣꯛ ꯍꯦꯟꯒꯠꯍꯟꯕꯗꯁꯨ ꯃꯇꯦꯡ ꯄꯥꯡꯏ꯫
5) ꯍꯋꯥꯏ ꯃꯈꯜꯒꯤ ꯄꯥꯝꯕꯤꯁꯤꯡꯅ ꯅꯨꯡꯁꯤꯠꯇꯒꯤ ꯅꯥꯏꯒ꯭ꯔꯣꯖꯦꯟ ꯁꯨꯡꯕꯗ ꯃꯇꯦꯡ ꯄꯥꯡꯂꯤꯕ ꯅꯨꯗꯜꯁ(ꯃꯔꯥꯗ ꯃꯔꯨꯝ ꯃꯔꯨꯝ ꯌꯥꯎꯕꯗꯨ)ꯒꯤ ꯃꯁꯤꯡ ꯍꯦꯟꯒꯠꯍꯟꯕ ꯑꯃꯗꯤ ꯃꯊꯧ ꯅꯤꯡꯊꯤꯅ ꯇꯧꯍꯟꯕꯗ ꯁꯜꯐꯔꯅ ꯑꯆꯧꯕ ꯊꯧꯗꯥꯡ ꯂꯧꯏ꯫
6) ꯄꯥꯝꯕꯤꯁꯤꯡꯗ ꯌꯥꯎꯔꯤꯕ ꯇꯣꯉꯥꯟ ꯇꯣꯉꯥꯟꯕ ꯑꯦꯟꯖꯥꯏꯝꯁꯤꯡ ꯃꯊꯧ ꯄꯥꯡꯊꯣꯛꯄꯗ ꯁꯜꯐꯔꯅ ꯑꯆꯧꯕ ꯊꯧꯗꯥꯡ ꯌꯥꯏ꯫
ꯁꯜꯐꯔ ꯋꯥꯠꯄꯒꯤ ꯂꯥꯏꯑꯣꯡ :

ꯀꯔꯤꯒꯨꯝꯕ ꯄꯥꯝꯕꯤꯁꯤꯡꯗ ꯃꯈꯣꯏꯅ ꯗꯔꯀꯥꯔ ꯂꯩꯕ ꯁꯜꯐꯔꯒꯤ ꯆꯥꯡ ꯑꯗꯨ ꯌꯧꯗꯅ ꯌꯥꯎꯕ ꯃꯇꯝꯗ ꯇꯣꯉꯥꯟ ꯇꯣꯉꯥꯟꯕ ꯂꯥꯏꯑꯣꯡꯁꯤꯡ ꯎꯠꯂꯛꯏ꯫ ꯁꯜꯐꯔ ꯋꯥꯠꯄꯒꯤ ꯂꯥꯏꯑꯣꯡ ꯑꯁꯤ
ꯑꯌꯥꯝꯕ ꯃꯇꯝꯗ ꯅꯥꯏꯇ꯭ꯔꯣꯖꯦꯅ ꯋꯥꯠꯄꯒꯤ ꯂꯥꯏꯑꯣꯡꯒ ꯌꯥꯝꯅ ꯃꯥꯟꯅꯩ꯫ ꯑꯗꯨꯒꯨ ꯁꯜꯐꯔ ꯋꯥꯠꯄꯒꯤ ꯂꯥꯏꯑꯣꯡꯗꯤꯑꯌꯥꯝꯕ ꯃꯇꯝꯗ ꯑꯅꯧꯕ ꯃꯁꯥꯁꯤꯡꯗꯒꯤ ꯍꯧꯏ꯫
ꯁꯜꯐꯔ ꯋꯥꯠꯄ ꯄꯥꯝꯕꯤꯁꯤꯡ ꯆꯥꯎꯗꯝ ꯊꯤꯜꯂꯤ, ꯃꯌꯥꯡ ꯏꯀꯪ ꯀꯪꯏ, ꯃꯍꯩ ꯌꯥꯟꯕꯒꯤ ꯃꯇꯝ ꯊꯦꯡꯊꯩ ꯑꯃꯗꯤ ꯎꯍꯩꯁꯤꯡ ꯃꯄꯨꯡ ꯐꯥꯅ ꯃꯨꯟꯁꯤꯟꯕ ꯉꯝꯗꯦ꯫
ꯂꯐꯨ :- ꯑꯅꯧꯕ ꯃꯅꯥꯁꯤꯡ ꯍꯪꯒꯥꯝ ꯃꯄꯥꯜ ꯃꯆꯨ ꯑꯣꯏꯔꯞ ꯇꯧꯅ ꯂꯩꯕ ꯑꯗꯨꯒ ꯃꯅꯥꯁꯤꯡ ꯑꯗꯨ ꯂꯤꯁꯤꯜꯂꯛꯂꯕ ꯃꯇꯝꯗ ꯑꯁꯪꯕ ꯃꯆꯨ ꯑꯣꯏꯔꯛꯄꯒ ꯂꯣꯏꯅꯅ ꯄꯥꯝꯕꯤꯁꯤꯡ ꯆꯥꯎꯗꯝ ꯊꯤꯜꯂꯤ ꯑꯃꯗꯤ ꯂꯐꯣꯏ ꯑꯗꯨ ꯄꯤꯛꯏ꯫
ꯁꯒꯣꯜ ꯍꯋꯥꯏ :- ꯑꯅꯧꯕ ꯃꯅꯥꯒꯤ ꯃꯇꯣꯟꯁꯤꯡ ꯑꯗꯨ ꯃꯆꯨ ꯑꯣꯜꯂꯛꯄꯅ ꯑꯁꯨꯝ ꯁꯟꯗꯣꯔꯛꯇꯨꯅ
ꯃꯅꯥꯒꯤ ꯑꯀꯣꯏꯕ ꯁꯤꯟ ꯊꯨꯡꯅ ꯃꯆꯨ ꯑꯣꯜꯂꯛꯀꯅꯤ ꯑꯃꯗꯤ ꯄꯥꯝꯕꯤꯁꯤꯡ ꯃꯌꯥꯡ ꯏꯀꯪ ꯀꯪꯅ ꯃꯁꯥ ꯃꯌꯥꯝ ꯂꯣꯡꯒꯅꯤ꯫
ꯍꯋꯥꯏ ꯔꯥꯖꯃ :- ꯍꯋꯥꯏ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯇꯥꯡ ꯏꯇꯦꯟ ꯇꯦꯟꯕꯒ ꯂꯣꯏꯅꯅ ꯑꯄꯤꯛ ꯑꯄꯤꯛꯄ ꯃꯅꯥ
ꯈꯔ ꯈꯛ ꯄꯥꯟꯒꯅꯤ꯫ ꯃꯅꯥ ꯈꯨꯗꯤꯡꯃꯛ ꯃꯆꯨ ꯋꯥꯎꯊꯒꯅꯤ꯫
ꯆꯨꯖꯥꯛ :- ꯑꯅꯧꯕ ꯃꯅꯥꯁꯤꯡꯒꯤ ꯃꯁꯤꯡꯒꯤ ꯃꯔꯛꯁꯤꯡ ꯑꯗꯨ ꯍꯪꯒꯥꯝ ꯃꯄꯥꯜ ꯃꯆꯨ ꯑꯣꯏꯔꯛꯄꯒ ꯂꯣꯏꯅꯅ ꯃꯈꯣꯛꯀꯤ ꯁꯨꯔꯛꯁꯤꯡ ꯉꯥꯡꯂꯩꯅꯕ ꯃꯆꯨ ꯑꯣꯏꯔꯛꯏ꯫

ꯑꯥꯂꯨ :- ꯑꯅꯧꯕ ꯃꯅꯥꯁꯤꯡ ꯀꯣꯟꯁꯤꯜꯂꯛꯄꯒ ꯂꯣꯏꯅꯅ ꯃꯎꯒꯤ ꯁꯔꯨꯛꯁꯤꯡ ꯍꯪꯒꯥꯝ ꯃꯄꯥꯜ ꯃꯆꯨ
ꯑꯣꯏꯔꯛꯄ꯫

ꯍꯪꯒꯥꯝ :- ꯄꯥꯝꯕꯤꯒꯤ ꯃꯅꯥꯁꯤꯡ ꯇꯦꯡꯀꯣꯠ ꯁꯥꯅ ꯀꯣꯟꯕꯒ ꯂꯣꯏꯅꯅ ꯃꯅꯥꯒꯤ ꯃꯈꯥ ꯊꯪꯕ ꯁꯔꯨꯛ ꯑꯃꯁꯨꯡ ꯃꯎ ꯑꯗꯨ ꯉꯥꯡꯂꯞ ꯇꯧꯔꯛꯄ ꯂꯣꯏꯅ ꯂꯣꯏꯅꯅ ꯃꯄꯥꯜꯁꯤꯡ ꯃꯇꯝ ꯌꯧꯗꯅ ꯀꯦꯟꯕꯅ ꯃꯔꯝ ꯑꯣꯏꯔꯒ ꯆꯥꯊꯣꯛ ꯍꯟꯊꯍꯟꯒꯅꯤ꯫

ꯐꯧ :- ꯃꯅꯥꯒꯤ ꯃꯈꯣꯛꯇꯒꯤ ꯍꯧꯔꯒ ꯃꯇꯣꯟ ꯊꯪꯕ ꯁꯔꯨꯛꯁꯤꯡ ꯍꯪꯒꯥꯝ ꯃꯄꯥꯜ ꯃꯆꯨ ꯑꯣꯏꯔꯛꯄ, ꯄꯥꯝꯕꯤꯅ ꯃꯆꯥ ꯄꯣꯛꯄ ꯃꯇꯃꯗ ꯐꯧ ꯄꯥꯝꯕꯤꯁꯤꯡ ꯌꯦꯡꯕꯗ ꯑꯁꯪꯕ ꯃꯆꯨ ꯃꯥꯡꯈꯤꯗꯨꯅ ꯃꯆꯥ ꯌꯥꯝꯅ ꯄꯣꯛꯇꯕ, ꯆꯔꯣꯡ ꯇꯦꯟꯕ ꯑꯃꯗꯤ ꯃꯔꯨ ꯃꯁꯤꯡ ꯍꯟꯊꯅ ꯄꯥꯟꯕ꯫
ꯁꯜꯐꯔ ꯋꯥꯠꯄꯒꯤ ꯑꯋꯥꯕ ꯀꯣꯛꯅꯕ ꯄꯥꯝꯕꯩ : ꯏꯊꯩ ꯂꯧꯈꯣꯡꯒꯤ ꯏꯁꯤꯡ ꯃꯇꯤꯛ ꯆꯥꯅ ꯐꯪꯕ ꯑꯌꯥꯝꯕ ꯂꯧꯐꯝꯁꯤꯡꯗ ꯁꯜꯐꯔ ꯋꯥꯠꯄꯒꯤ ꯑꯋꯥꯕ ꯀꯌꯥ ꯇꯣꯏꯅ ꯊꯦꯡꯅꯗꯦ꯫ ꯁꯜꯐꯔ ꯋꯥꯠꯄꯒꯤ ꯑꯋꯥꯕꯗꯒꯤ ꯀꯣꯛꯅꯕ ꯄꯥꯏꯈꯠꯄ ꯌꯥꯕ ꯊꯧꯔꯥꯡꯁꯤꯡ ꯄꯤꯖꯔꯤ꯫
1) ꯂꯧꯐꯝꯁꯤꯡꯗ ꯁꯟꯊꯤ, ꯁꯟꯌꯨꯡ/ꯀꯝꯄꯣꯁꯠ ꯃꯔꯥꯡ ꯀꯥꯏꯅ ꯁꯤꯖꯤꯟꯅꯕꯤꯕ꯫
2) ꯑꯩꯈꯣꯏꯅ ꯗꯔꯀꯥꯔ ꯂꯩꯕ ꯂꯧꯐꯝ ꯊꯣꯛꯄ ꯃꯍꯩ ꯃꯔꯣꯡꯁꯤꯡ ꯂꯧꯈ꯭ꯔꯕ ꯃꯇꯨꯡꯗ ꯂꯦꯝꯍꯧꯕ ꯄꯣꯠꯂꯝꯁꯤꯡ ꯃꯑꯣꯡ ꯑꯃ ꯅꯠꯇ꯭ꯔꯒ ꯃꯑꯣꯡ ꯑꯃ ꯇꯧꯗꯨꯅ ꯂꯧꯐꯝꯗ ꯍꯟꯕꯤꯔꯛꯄ (ꯈꯣꯏꯖꯤꯟꯕꯤꯕ)
3) ꯐꯣꯁꯐꯔꯁꯀꯤ ꯆꯥꯡ ꯋꯥꯡꯅ ꯌꯥꯎꯕ ꯗꯥꯏꯑꯦꯃꯣꯅꯤꯌꯝ ꯐꯣꯁꯐꯦꯠ (ꯗꯤ ꯑꯦ ꯄꯤ) ꯒꯤ ꯃꯍꯨꯇꯇ ꯁꯤꯡꯒꯜ ꯁꯨꯄꯔ ꯐꯣꯁꯐꯦꯠꯀꯨꯝꯕ ꯁꯤꯖꯤꯟꯅꯕꯤꯕ꯫
4) ꯐꯧ ꯂꯣꯛꯈ꯭ꯔꯒ ꯍꯪꯒꯥꯝ ꯅꯠꯇ꯭ꯔꯒ ꯍꯋꯥꯏ ꯊꯥꯒꯗꯕ ꯂꯧꯐꯝꯗ Zinc Sulphate (ZnSO4

) ꯀꯦꯖꯤ 4 ꯂꯧ ꯁꯉꯝ ꯈꯨꯗꯤꯡꯒꯤ ꯆꯍꯤ ꯑꯅꯤ ꯑꯅꯤ ꯀꯥꯟꯅꯔꯒ ꯍꯥꯞꯄꯤꯕ꯫
5) ꯁꯜꯐꯔ 40% ꯑꯣꯏꯅ ꯂꯥꯛꯄ ꯍꯤꯗꯥꯛꯁꯤꯡ ꯂꯥꯏꯑꯣꯡ ꯎꯠꯂꯕ ꯄꯥꯝꯕꯤꯁꯤꯡꯗ ꯀꯥꯞꯄꯤꯗꯨꯅ
ꯁꯜꯐꯔ ꯋꯥꯠꯄꯒꯤ ꯂꯥꯏꯑꯣꯡꯗꯒꯤ ꯀꯣꯛꯍꯟꯕ ꯌꯥꯏ꯫

ꯃꯇꯧ ꯑꯁꯨꯝꯅ ꯄꯥꯝꯕꯤꯁꯤꯡꯅ ꯗꯔꯀꯥꯔ ꯂꯩꯕ ꯇꯣꯉꯥꯟ ꯇꯣꯉꯥꯟꯕ ꯃꯆꯤꯟꯖꯥꯛꯁꯤꯡ ꯃꯑꯣꯡ
ꯑꯃꯁꯨꯡ ꯃꯇꯝ ꯆꯥꯅ ꯐꯪꯍꯟꯗꯨꯅ ꯆꯥꯊꯣꯛ ꯍꯦꯟꯒꯠꯍꯟꯅꯕ ꯍꯣꯠꯅꯃꯤꯟꯅꯁꯤ꯫=

ꯗꯥ. ꯋꯥꯏꯈꯣꯝ ꯖꯤꯇꯦꯟ
ꯄꯥꯝꯕꯤꯁꯤꯡꯗ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯃꯔꯨ ꯑꯣꯏꯕ ꯃꯆꯤꯟꯖꯥꯛꯁꯤꯡꯒꯤ ꯃꯅꯨꯡꯗ ꯃꯔꯤꯁꯨꯕ ꯃꯐꯝ
ꯑꯥꯂꯨ ꯊꯥꯕ ꯑꯃꯁꯨꯡ ꯏꯁꯤꯡ ꯄꯤꯕ
(ꯑꯅꯤꯒꯤ ꯃꯔꯛꯇ ꯂꯩꯅꯔꯤꯕ ꯃꯔꯤ)
ꯑꯥꯂꯨ ꯏꯁꯤꯡ ꯆꯪꯅꯤ ꯍꯥꯏꯗꯨꯅ ꯃꯃꯥꯡꯉꯩꯗꯗꯤ ꯂꯝꯗꯝꯁꯤꯗ ꯊꯥꯕ ꯑꯥꯂꯨꯁꯤꯡ ꯏꯁꯤꯡ ꯆꯥꯏꯅꯔꯝꯗꯦ꯫
ꯅꯣꯡꯒꯤ ꯏꯁꯤꯡ ꯈꯔ ꯐꯪꯕꯗꯨꯅ ꯂꯣꯏꯔꯦ꯫ ꯑꯥꯂꯨꯒꯤ ꯄꯣꯠꯊꯣꯛ ꯌꯥꯝꯅ ꯅꯦꯝꯃꯤ꯫ ꯏꯁꯤꯡ ꯇꯉꯥꯏꯐꯗꯅ
ꯄꯤꯒꯗꯕꯅꯤ ꯈꯟꯅ ꯏꯁꯤꯡ ꯄꯤꯅꯕꯁꯤ ꯀꯨꯏꯗ꯭ꯔꯤ꯫ ꯑꯥꯂꯨꯒꯤ ꯀꯔꯝꯕ ꯇꯥꯡꯀꯛꯇ ꯏꯁꯤꯡ
ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯍꯦꯟꯅ ꯑꯥꯂꯨ ꯄꯥꯝꯕꯤꯅ ꯄꯥꯝꯕꯒꯦ ꯑꯃꯁꯨꯡ ꯏꯁꯤꯡ ꯀꯌꯥ ꯌꯥꯝꯅ ꯄꯤꯒꯅꯤ ꯍꯥꯏꯕ ꯍꯥꯏꯕꯁꯤ ꯌꯥꯝꯅ ꯃꯔꯨ ꯑꯣꯏꯕ ꯑꯃꯅꯤ꯫
ꯃꯔꯥ ꯊꯦꯟꯅ ꯆꯠꯄ ꯄꯥꯝꯕꯤ ꯑꯣꯏꯕꯅ ꯇꯣꯏꯅ ꯏꯁꯤꯡ ꯄꯤꯕ ꯃꯊꯧ ꯇꯥꯏ꯫ ꯃꯍꯧꯁꯥꯅ ꯂꯩꯉꯣꯏꯅ ꯅꯝꯕ ꯐꯣꯂꯤ ꯇꯥꯕ ꯂꯩꯕꯥꯛꯁꯤꯡꯒꯤ ꯑꯣꯏꯅꯗꯤ ꯅꯨꯃꯤꯠ 8-10ꯅꯤ ꯀꯥꯟꯅꯅ ꯏꯁꯤꯡ ꯄꯤꯔꯕꯁꯨ ꯂꯩꯇꯥꯟ ꯑꯣꯏꯔꯞ ꯇꯧꯕ ꯃꯐꯝꯁꯤꯡꯒꯤꯗꯤ ꯊꯈꯥꯏ-ꯊꯈꯥꯏꯒꯤ ꯑꯣꯏꯅ ꯏꯁꯤꯡ ꯄꯤꯕ ꯌꯥꯏ꯫
ꯑꯥꯂꯨꯗ ꯄꯤꯒꯗꯕ ꯏꯁꯤꯡꯒꯤ ꯆꯥꯡꯁꯤ
ꯊꯥꯕꯗꯒꯤ ꯂꯣꯛꯄ ꯐꯥꯎꯕꯗ ꯆꯪꯕ ꯃꯇꯝ,
ꯑꯏꯪ-ꯑꯁꯥ, ꯑꯥꯂꯨ ꯃꯈꯜ ꯑꯃꯁꯨꯡ ꯂꯩꯕꯥꯛ
ꯂꯩꯁꯥ ꯈꯦꯟꯅꯕꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯏꯁꯤꯡ
ꯃꯤꯂꯤꯂꯤꯇꯔ 350ꯗꯒꯤ 550 ꯐꯥꯎꯕ ꯆꯪꯏ꯫
ꯁꯝꯅ ꯍꯥꯏꯔꯕꯗ ꯃꯤꯇꯔ ꯑꯃ ꯄꯥꯛꯄ
ꯃꯤꯇꯔ ꯑꯃ ꯁꯪꯕ (ꯕꯔꯒ ꯃꯤꯇꯔ ꯑꯃ)
ꯒꯤ ꯂꯝꯗ ꯏꯁꯤꯡ ꯂꯤꯇꯔ 35ꯗꯒꯤ
55 ꯐꯥꯎꯕ ꯆꯪꯏ꯫ ꯑꯃꯨꯛꯇ ꯏꯁꯤꯡ ꯀꯥ
ꯍꯦꯟꯅ ꯄꯤꯁꯤꯜꯂꯕꯁꯨ ꯂꯩꯕꯥꯛ ꯌꯩꯁꯤꯜꯂꯤ,
ꯑꯍꯦꯟꯕ ꯏꯁꯤꯡꯅ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯆꯤꯟꯖꯥꯛ
ꯌꯥꯎꯅ ꯂꯩꯕꯥꯛ ꯃꯈꯥꯗ ꯆꯨꯝꯊꯈꯤ, ꯄꯣꯠꯊꯣꯛ
ꯍꯟꯊꯩ꯫
ꯐꯩꯗꯣꯝ ꯅꯥꯏꯅ, ꯆꯨꯔꯤ ꯅꯥꯏꯅ ꯁꯦꯝꯗꯨꯅ
ꯊꯥꯔꯕꯁꯨ ꯏꯁꯤꯡ ꯊꯥꯖꯤꯟꯕ ꯈꯨꯗꯤꯡꯗ
ꯐꯩꯗꯣꯝ ꯅꯠꯇ꯭ꯔꯒ ꯆꯨꯔꯤꯒꯤ ꯑꯋꯥꯡꯕ
ꯁꯔꯨꯛ ꯇꯪꯈꯥꯏꯗꯒꯤ ꯍꯦꯟꯅ ꯏꯁꯤꯡ
ꯆꯟꯕꯤꯔꯣꯏꯗꯕꯅꯤ꯫ ꯎꯟ ꯇꯥꯒꯅꯤ ꯈꯟꯕ
ꯅꯨꯃꯤꯠꯁꯤꯡꯒꯤ ꯅꯨꯃꯤꯗꯥꯡꯋꯥꯏꯔꯝ ꯏꯁꯤꯡ
ꯄꯥꯅ ꯄꯤꯕꯤꯕꯁꯨ ꯐꯩ꯫ ꯁ꯭ꯄ꯭ꯔꯤꯡꯀꯂꯔ ꯏꯔꯤꯒꯦꯁꯟ ꯇꯧꯕ ꯁꯦꯜ ꯈꯔ ꯍꯦꯟꯅ ꯆꯪꯏ꯫ ꯁꯦꯜ ꯆꯪꯖꯔꯕꯁꯨ ꯁ꯭ꯄ꯭ꯔꯤꯡꯀꯂꯔ ꯏꯔꯤꯒꯦꯁꯟꯅ ꯑꯥꯂꯨ ꯏꯁꯤꯡ ꯄꯤꯕ ꯀꯣꯝꯍꯜꯂꯤ꯫ ꯎꯟ ꯇꯥꯕ ꯅꯨꯃꯤꯠꯁꯤꯡꯗ ꯏꯁꯤꯡ ꯄꯥꯔꯞ ꯀꯥꯞꯊꯣꯛꯂꯒ ꯎꯟ ꯊꯥꯗꯣꯛ ꯀꯣꯝꯍꯜꯂꯤ꯫ ꯇꯉꯥꯏꯐꯗꯅ ꯏꯁꯤꯡ ꯄꯤꯒꯗꯕ ꯃꯇꯝꯁꯤꯡꯗꯤ :-

1) ꯑꯥꯂꯨ ꯃꯇꯣꯟ ꯆꯣꯡꯈꯠꯄ (ꯊꯥꯕ ꯃꯇꯝꯗ)
2) ꯊꯥꯈ꯭ꯔꯕ ꯃꯇꯨꯡ ꯅꯨꯃꯤꯠ 10-12
3) ꯑꯥꯂꯨ ꯇꯥꯕ ꯍꯧꯔꯛꯄ ꯃꯇꯝ, ꯊꯥꯈ꯭ꯔꯕ ꯃꯇꯨꯡ ꯅꯨꯃꯤꯠ 30-35 ꯑꯃꯁꯨꯡ
4) ꯑꯥꯂꯨꯒꯤ ꯃꯆꯥꯎ ꯃꯔꯥꯛ ꯇꯥꯜꯂꯛꯄ ꯃꯇꯝ ꯍꯥꯏꯕꯗꯤ ꯊꯥꯈ꯭ꯔꯕ ꯃꯇꯨꯡ ꯅꯨꯃꯤꯠ 55-60 ꯍꯥꯏꯔꯤꯕ ꯃꯇꯝꯁꯤꯡ ꯑꯁꯤꯗꯗꯤ ꯇꯉꯥꯏꯐꯗꯅ ꯏꯁꯤꯡ ꯁꯣꯏꯗꯅ ꯄꯤꯒꯅꯤ꯫

ꯂꯩꯕꯥꯛ ꯈꯣꯞꯆꯤꯟꯕ : ꯑꯥꯂꯨ ꯂꯩꯕꯥꯛ ꯈꯣꯝꯆꯤꯟꯕꯗ ꯀꯥꯅꯕ ꯆꯞ ꯆꯥꯅ ꯐꯪꯅꯕ ꯑꯃꯁꯨꯡ ꯑꯀꯨꯡ ꯑꯔꯟ ꯆꯨꯝꯅ ꯊꯥꯕ ꯆꯪꯏ꯫ ꯃꯃꯥꯡꯗ ꯊꯝꯖꯈ꯭ꯔꯦ꯫ ꯑꯥꯂꯨ ꯄꯥꯜꯂꯤꯕ ꯃꯁꯥꯁꯤꯡꯕꯨ (ꯑꯥꯂꯨ ꯃꯇꯥ) ꯃꯁꯤꯡ ꯌꯥꯝꯅꯕ, ꯃꯁꯥ ꯃꯔꯥꯡ ꯀꯥꯏꯅ ꯁꯟꯗꯣꯛꯅꯕ ꯂꯩꯕꯥꯛ ꯈꯣꯞꯆꯤꯟꯕ ꯆꯪꯏ꯫ ꯂꯩꯕꯥꯛ ꯈꯣꯞꯆꯤꯟꯗꯕ ꯃꯐꯝꯁꯤꯡꯗ ꯄꯥꯟꯕ ꯑꯥꯂꯨꯁꯤꯡꯗꯤ ꯁꯥꯡꯏ (ꯅꯨꯡꯁꯥ ꯃꯉꯥꯜꯅ ꯌꯩꯕꯗꯒꯤ), ꯑꯁꯪꯕ ꯀꯥꯔꯕ ꯑꯥꯂꯨꯁꯤꯡ ꯆꯥꯎꯕ ꯂꯦꯞꯄꯤ,
ꯄꯤꯛꯅ ꯂꯩ, ꯑꯥꯂꯨ ꯄꯥꯜꯂꯤꯕ ꯃꯁꯥꯁꯤꯡ (ꯃꯇꯥ) ꯁꯥꯡꯗꯣꯛꯇꯕ ꯃꯔꯝꯅ ꯄꯥꯝꯕꯤ ꯃꯈꯣꯡꯃꯛꯇꯗ ꯑꯁꯪꯕ ꯑꯄꯤꯛꯄ ꯑꯥꯂꯨꯁꯤꯡ ꯆꯒꯨꯡꯅꯅ ꯂꯩ꯫ ꯄꯣꯠꯊꯣꯛ ꯌꯥꯝꯅ ꯍꯟꯊꯩ꯫
ꯑꯥꯂꯨ ꯃꯈꯣꯡ ꯈꯣꯞꯆꯤꯟꯕ ꯍꯥꯏꯕꯁꯤ ꯑꯥꯂꯨ ꯈꯨꯊꯥꯒꯤ ꯃꯈꯥꯁꯨ ꯄꯣꯜꯂꯤ꯫ ꯄꯪꯊꯥ ꯊꯥꯈꯤꯕ ꯑꯥꯂꯨꯁꯤꯡꯒꯤꯗꯃꯛꯇꯗꯤ ꯑꯅꯤꯔꯛ ꯈꯣꯞꯆꯤꯟꯕꯤꯒꯅꯤ꯫ ꯊꯥꯈ꯭ꯔꯕ ꯃꯇꯨꯉ ꯅꯨꯃꯤꯠ 30-35 ꯁꯨꯕꯗ ꯑꯃꯁꯨꯡ ꯊꯥꯈ꯭ꯔꯕ ꯃꯇꯨꯡ ꯅꯨꯃꯤꯠ 55-60 ꯁꯨꯔꯛꯄꯗ ꯃꯈꯣꯡ ꯈꯣꯞꯆꯤꯟꯕꯤꯒꯅꯤ꯫ ꯆꯨꯔꯤ ꯍꯥꯏꯒꯠꯇꯨꯅ ꯊꯥꯈꯤꯕ ꯃꯐꯝꯁꯤꯡꯗꯗꯤ ꯊꯥꯈꯤꯕ ꯃꯇꯨꯡ ꯅꯨꯃꯤꯠ 10-15 ꯃꯨꯛ ꯁꯨꯔꯛꯄꯗ ꯄꯥꯔꯞ ꯈꯣꯞꯆꯤꯟꯒꯅꯤ ꯑꯃꯁꯨꯡ ꯑꯅꯤꯁꯨꯕ ꯑꯣꯏꯅ ꯊꯥꯈ꯭ꯔꯕ ꯃꯇꯨꯡ ꯅꯨꯃꯤꯠ 30-25ꯁꯨꯕꯗ ꯑꯃꯨꯛ ꯈꯣꯞꯆꯤꯟꯒꯅꯤ꯫ ꯌꯥꯝꯅ ꯃꯔꯨ ꯑꯣꯏꯕ ꯑꯃꯅ ꯂꯩꯕꯥꯛ ꯈꯣꯞꯆꯤꯟꯕ ꯂꯣꯏꯕꯒ ꯏꯁꯤꯡ ꯊꯥꯖꯤꯟꯕꯁꯤꯃꯗꯤ ꯁꯣꯏꯗꯅ ꯄꯥꯡꯊꯣꯛꯀꯅꯤ꯫

ꯑꯥꯂꯨ ꯇꯥꯕ ꯍꯧꯕ : ꯅꯨꯃꯤꯠ 20-25ꯅꯤ ꯁꯨꯔꯛꯄ ꯃꯇꯝꯗ ꯑꯥꯂꯨ ꯃꯇꯥ (ꯑꯥꯂꯨ ꯄꯥꯟꯒꯗꯕ ꯂꯩꯅꯨꯡꯒꯤ ꯃꯁꯥꯁꯤꯡ) ꯄꯥꯝꯕꯤꯒꯤ ꯃꯈꯥ ꯊꯪꯕ ꯁꯔꯨꯛꯇꯒꯤ (ꯃꯎ) ꯁꯟꯗꯣꯔꯛꯏ꯫ ꯅꯨꯃꯤꯠ 30-35ꯅꯤ ꯁꯨꯔꯛꯄꯗ ꯃꯇꯥꯒꯤ ꯃꯇꯣꯟꯊꯪꯕ ꯁꯔꯨꯛꯇ ꯑꯥꯂꯨ ꯁꯦꯝꯕ
ꯍꯧꯏ꯫ ꯑꯏꯪ ꯑꯁꯥꯒꯤ ꯆꯥꯡꯅ ꯁꯦꯟꯇꯤꯒ꯭ꯔꯦꯗ
ꯗꯤꯒ꯭ꯔꯤ 20 ꯂꯩꯕ ꯃꯇꯝꯗ ꯑꯥꯂꯨ ꯁꯦꯝꯕꯗ
ꯈꯨꯗꯣꯡ ꯆꯥꯍꯜꯂꯕꯁꯨ ꯁꯦꯟꯇꯤꯒ꯭ꯔꯦꯗ
ꯗꯤꯒ꯭ꯔꯤ 30 ꯂꯩꯕ ꯃꯇꯝꯗꯗꯤ ꯑꯥꯂꯨ ꯇꯥꯕꯒꯤ
ꯊꯕꯛ ꯇꯣꯛꯏ꯫ ꯃꯔꯝ ꯑꯁꯤꯃꯛꯅ
ꯁꯥꯒꯠꯂꯛꯄ ꯃꯇꯝꯗ ꯑꯥꯂꯨ ꯄꯥꯝꯕꯤꯁꯤꯡ
ꯁꯨꯡꯖꯤꯟꯗꯨꯅ ꯂꯩ, ꯀꯨꯏꯅ ꯊꯝꯕꯒꯤ ꯀꯥꯅꯕ
ꯂꯩꯔꯛꯇꯦ꯫ ꯊꯥꯐꯝ ꯊꯣꯛꯄ ꯃꯇꯝꯗꯒꯤ
ꯊꯦꯡꯊꯅ ꯊꯥꯕꯗ ꯑꯀꯥꯏꯕ ꯂꯩ꯫
ꯈꯥꯎꯕ : ꯑꯉꯟꯕ ꯃꯇꯝꯒꯤ ꯑꯥꯂꯨꯁꯤꯡ
ꯅꯨꯃꯤꯇ 80ꯅꯤꯗ ꯃꯄꯨꯡ ꯐꯥꯏ, ꯃꯌꯥꯏ
ꯑꯣꯏꯔꯞꯄꯒꯤꯅ ꯅꯨꯃꯤꯠ 90ꯗꯒꯤ 100
ꯐꯥꯎꯕ ꯑꯣꯏꯔꯕꯁꯨ ꯑꯊꯦꯡꯕꯒꯤꯅ ꯅꯨꯃꯤꯠ
100ꯗꯒꯤꯅ 120 ꯐꯥꯎꯕꯗ ꯃꯄꯨꯡ ꯐꯥꯏ꯫
ꯑꯗꯨꯃꯛꯄꯨ ꯃꯃꯜ ꯀꯥꯔꯤꯉꯩꯗ ꯌꯣꯜꯍꯧꯅꯕ
ꯅꯠꯇ꯭ꯔꯒ ꯑꯥꯂꯨꯒꯤ ꯃꯊꯪꯗ ꯑꯇꯣꯞꯄ
ꯄꯣꯠꯂꯝ ꯑꯃ ꯄꯨꯊꯣꯛꯅꯕꯒꯤꯗꯃꯛ
ꯉꯜꯂꯞ ꯈꯥꯎꯗꯣꯛꯄꯁꯨ ꯌꯥꯎꯅꯩ꯫ ꯃꯄꯨꯡ
ꯐꯕꯥꯠꯇꯅ ꯈꯥꯎꯈꯤꯕ ꯑꯥꯂꯨꯁꯤꯡ ꯀꯨꯏꯅ ꯊꯝꯕ ꯌꯥꯗꯦ꯫ ꯀꯨꯏꯅ ꯊꯝꯒꯦ ꯈꯟꯕ ꯑꯣꯏꯔꯒꯗꯤ ꯇꯉꯥꯏꯐꯗꯅ ꯃꯄꯨꯡ ꯐꯥꯔꯕ ꯃꯇꯨꯡꯗ ꯈꯥꯎꯕ ꯇꯥꯏ꯫ ꯂꯣꯏꯅꯅ ꯈꯥꯎꯒꯦ ꯑꯜꯂꯕ ꯑꯥꯂꯨ ꯊꯥꯐꯝꯁꯤꯡ ꯏꯁꯤꯡ ꯏꯅꯤꯜ ꯌꯥꯎꯕꯒꯤ ꯆꯥꯡ ꯋꯥꯡꯍꯜꯂꯣꯏꯗꯕ ꯃꯔꯝꯅ ꯈꯥꯎꯒꯗꯕ ꯅꯨꯃꯤꯠ 15ꯅꯤ ꯋꯥꯠꯂꯤꯉꯩꯗ ꯏꯁꯤꯡ ꯄꯤꯔꯣꯏ꯫ ꯃꯔꯛꯇ ꯇꯣꯡ ꯇꯥꯈ꯭ꯔꯕ ꯍꯥꯏꯕꯗꯤ ꯂꯩꯕꯥꯛꯇꯨ ꯏꯁꯤꯡ ꯏꯅꯤꯜ ꯋꯥꯡꯈ꯭ꯔꯕꯗꯤ ꯅꯨꯃꯤꯠ 20ꯅꯤ ꯉꯥꯏꯊꯔꯒ ꯈꯥꯎꯒꯅꯤ꯫ ꯃꯁꯤꯅ ꯑꯥꯂꯨꯁꯤꯡꯒꯤ ꯃꯀꯨ ꯀꯟꯁꯤꯟꯍꯟꯕꯗ ꯃꯇꯦꯡ ꯄꯥꯡꯏ꯫ ꯌꯥꯔꯤꯕꯃꯈꯩ ꯑꯥꯂꯨ ꯇꯥꯜꯂꯤꯉꯩꯗ ꯈꯨꯠꯂꯥꯏꯅ ꯁꯣꯛꯈꯤꯗꯅꯕ ꯍꯣꯠꯅꯕꯤꯒꯅꯤ꯫ ꯈꯥꯎꯗꯣꯛꯂꯕ ꯑꯥꯂꯨꯁꯤꯡꯗꯨ ꯑꯀꯟꯕ ꯅꯨꯡꯁꯥꯗ ꯐꯧꯗꯣꯛꯂꯣꯏꯁꯤ꯫ ꯎꯔꯨꯝ ꯑꯣꯏꯔꯞ ꯇꯧꯕ ꯃꯐꯝꯗ ꯐꯧꯗꯣꯛꯀꯅꯤ꯫ ꯅꯨꯡꯁꯥꯗ ꯐꯧꯗꯣꯛꯄꯗ ꯑꯥꯂꯨꯁꯤꯡ ꯑꯁꯪꯕ ꯀꯥꯔꯛꯄ ꯌꯥꯎꯒꯅꯤ꯫
ꯄꯣꯠꯊꯣꯛ : ꯑꯉꯟꯕ ꯃꯇꯝꯗꯒꯤ ꯑꯊꯦꯡꯕ ꯑꯥꯂꯨꯅ ꯄꯣꯠꯊꯣꯛ ꯍꯦꯜꯂꯤ꯫ ꯑꯥꯂꯨꯒꯤ ꯄꯣꯠꯊꯣꯛ ꯃꯐꯝ ꯑꯃꯒ ꯃꯐꯝ ꯑꯃꯒ ꯃꯥꯟꯅꯗꯦ꯫ ꯏꯁꯤꯡ, ꯅꯨꯡꯁꯤꯠ, ꯑꯥꯂꯨ ꯃꯈꯜ, ꯁꯦꯝ ꯁꯥꯕꯒꯤ ꯃꯈꯥ ꯄꯣꯜꯂꯕꯁꯨ ꯑꯉꯅꯕ ꯑꯥꯂꯨꯅ ꯄꯔꯤꯁ ꯀ꯭ꯋꯤꯟꯇꯜ 200ꯗꯒꯤ 250 ꯐꯥꯎꯕ ꯂꯩꯕꯗ ꯑꯊꯦꯡꯕ ꯑꯥꯂꯨꯅ ꯄꯔꯤꯗ ꯀ꯭ꯋꯤꯟꯇꯜ 300ꯗꯒꯤ 250 ꯐꯥꯎꯕ ꯂꯩꯒꯜꯂꯤ꯫ ꯄꯣꯠꯊꯣꯛ ꯋꯥꯡꯅꯕ ꯏꯁꯤꯡꯒꯤ ꯀꯥꯡꯂꯣꯟ ꯆꯨꯝꯍꯟꯁꯤ ꯍꯥꯏꯕ ꯋꯥꯐꯝꯁꯤ ꯊꯝꯖꯒꯦ꯫=

ꯂꯧꯃꯤꯁꯤꯡꯒꯤ ꯀꯥꯈꯜ
ꯗꯣ: ꯑꯦꯝ ꯊꯣꯏꯊꯣꯏ ꯁꯤꯡꯍ