10 = Tara

(Amada Phun)

T = EE Lonsum

ꯏꯔꯥꯏ, ꯀꯥꯂꯦꯟꯒꯤ 27ꯅꯤ ꯄꯥꯟꯕ, ꯃꯥꯂꯤꯌꯥ ꯀꯨꯝꯁꯤꯡ 3417 IMPHAL, FRIDAY, MAY 31, 2019 obT\ꯂꯩ ꯃꯀꯩꯋ꯭ꯀ HUEIYEN LANPAO

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HL-C/4211/28/5-12/6
ꯇꯦꯔꯔꯤꯁꯠꯇꯤ ꯏꯟꯗꯤꯌꯥꯒꯤ ꯂꯩꯉꯥꯛꯂꯣꯏꯁꯤꯅꯤ...

ꯉꯔꯥꯡꯒꯤ ꯃꯈꯥ...

ꯃꯁꯤꯗ ꯅꯠꯇꯅ ꯏꯟꯗꯤꯌꯥꯒꯤ
ꯂꯝꯂꯧ ꯂꯥꯟꯃꯤꯁꯤꯡꯒ ꯈꯝ
ꯊꯦꯡꯕ ꯇꯦꯔꯔꯤꯖꯝꯒꯤ ꯈꯨꯠꯊꯥꯡꯗ
ꯂꯝꯗꯝꯁꯤꯗ ꯅꯠꯇꯅ ꯃꯥꯂꯦꯝꯒꯤ
ꯃꯤꯌꯥꯝꯅ ꯁꯛ ꯈꯪꯅꯔꯕ ꯃꯤꯑꯣꯏꯕꯒꯤ
ꯍꯛ ꯀꯟꯕꯒꯤ ꯏꯟꯁ꯭ꯇꯤꯇ꯭ꯌꯨꯁꯟ
ꯑꯃ ꯑꯣꯏꯔꯤꯕ ꯃꯩꯔꯥ ꯄꯥꯏꯕꯤꯁꯤꯡꯗ
ꯐꯥꯎꯕ ꯕꯣꯝ ꯂꯪꯁꯤꯟꯗꯨꯅ ꯑꯁꯣꯛ
ꯑꯄꯟ ꯅꯪꯍꯜꯂꯤ꯫

ꯃꯈꯨꯠ ꯆꯜꯂꯕ ꯌꯥꯑꯣꯜ ꯂꯥꯟꯃꯤ
ꯀꯌꯥ ꯑꯃꯕꯨꯅ ꯃꯥꯂꯦꯝꯒꯤ ꯀꯟꯐ꯭ꯂꯤꯛꯠ
ꯂꯣ ꯑꯣꯏꯔꯤꯕ ꯏꯟꯇꯔꯅꯦꯁꯅꯜ
ꯍ꯭ꯌꯨꯃꯦꯅꯤꯇꯔꯤꯌꯟ ꯂꯣ (ꯑꯥꯏ ꯑꯩꯆ
ꯑꯦꯜ) ꯒꯤ ꯄ꯭ꯔꯣꯚꯤꯖꯟ ꯃꯇꯨꯡ ꯏꯟꯅ
ꯄ꯭ꯔꯤꯖꯅꯔꯁ ꯑꯣꯐ ꯋꯥꯔ ꯑꯣꯏꯅ
ꯂꯧꯗꯨꯅ ꯏꯀꯥꯏꯈꯨꯝꯅꯅ ꯂꯣꯏꯅꯕꯒꯤ
ꯃꯍꯨꯠꯇ ꯇꯝꯊꯤꯅ ꯑꯣꯠ ꯅꯩꯔꯤ꯫ ꯀꯌꯥ
ꯑꯃꯅ ꯇꯝꯊꯤꯅ ꯑꯣꯠ ꯅꯩꯔꯕ ꯃꯇꯨꯡꯗ
ꯍꯥꯠꯂꯤ꯫ ꯖꯦꯅꯦꯚꯥ ꯀꯟꯚꯦꯟꯁꯟ
ꯃꯔꯤꯒꯤ ꯀꯝꯃꯟ ꯑꯥꯔꯇꯤꯀꯜ
3ꯁꯨꯕꯅ ꯃꯤꯑꯣꯏꯕꯒꯤ ꯄꯨꯟꯁꯤ, ꯂꯟ-

ꯊꯨꯝ, ꯏꯀꯥꯏꯈꯨꯝꯅꯕ ꯑꯃꯁꯨꯡ ꯂꯥꯟ
ꯇꯧꯕꯒꯤ ꯄꯥꯡꯒꯜ ꯌꯥꯎꯗ꯭ꯔꯕ (ꯍꯣꯔꯁ
ꯗꯤ ꯀꯣꯝꯕꯦꯠ) ꯁꯤꯡꯒꯤ ꯄꯨꯟꯁꯤꯕꯨ
ꯃꯄꯨꯡ ꯐꯥꯅ ꯉꯥꯛ ꯁꯦꯟꯕꯤꯒꯗꯕꯅꯤ,
ꯑꯥꯔꯠꯀꯤ 3ꯁꯨꯕꯒꯤ ꯊꯨꯒꯥꯏꯕ ꯌꯥꯗ꯭ꯔꯕ
ꯂꯣ (ꯖꯖ ꯀꯣꯒꯦꯟꯁ) ꯅꯤ ꯑꯃꯁꯨꯡ
ꯍꯟꯊꯍꯟꯕ ꯅꯠꯇ꯭ꯔꯒ ꯁꯣꯛꯍꯟꯕ
ꯌꯥꯔꯣꯏ ꯍꯥꯏꯕ ꯑꯀꯟꯕ ꯋꯥꯐꯝ
ꯊꯝꯂꯝꯕꯁꯨ ꯏꯟꯗꯤꯌꯥꯅ ꯃꯁꯤꯕꯨ
ꯂꯦꯞꯇꯅ ꯊꯨꯒꯥꯏꯔꯤ꯫ ꯏꯟꯗꯤꯌꯥꯅ
ꯈꯨꯠꯌꯦꯛ ꯄꯤꯈ꯭ꯔꯕ ꯑꯥꯏ ꯁꯤ ꯁꯤ
ꯄꯤ ꯑꯥꯔ 1966 ꯀꯤ ꯀꯥꯡꯂꯣꯅꯁꯤꯡꯕꯨ
ꯈꯣꯡꯒꯣꯏꯅꯔꯤꯕ ꯑꯐꯁꯄꯥ 1958ꯒꯤ
ꯁꯦꯛꯁꯟ 4, 5 ꯑꯃꯁꯨꯡ 6ꯁꯨꯕꯅ
ꯏꯟꯗꯤꯌꯥ ꯃꯁꯥꯃꯛꯀꯤ ꯂꯣꯒꯤ
ꯋꯥꯡꯃꯗ ꯋꯥꯌꯦꯜ ꯇꯧꯗꯨꯅ ꯂꯥꯟꯃꯤꯅ
ꯃꯤꯆꯝ ꯍꯥꯠꯄꯕꯨ ꯂꯣ ꯑꯣꯏꯍꯜꯂꯤ
ꯑꯃꯁꯨꯡ ꯂꯥꯎꯊꯣꯛꯇꯕ ꯏꯃꯔꯖꯦꯟꯁꯤ
ꯂꯣꯁꯤꯡꯒꯤ ꯃꯤꯡꯗ ꯋꯥꯌꯦꯜ ꯇꯧꯗꯨꯅ
ꯃꯤꯆꯝ ꯍꯥꯠꯂꯤꯕ ꯂꯥꯟꯃꯤꯁꯤꯡꯕꯨ
ꯀꯟꯅꯅꯕ ꯂꯣ ꯌꯥꯎꯔꯤ꯫

ꯃꯔꯥꯜ ꯂꯩꯇꯕ ꯃꯤꯕꯨ ꯀꯤꯍꯟꯕ,
ꯐꯥꯕ, ꯑꯣꯠꯄ, ꯍꯥꯠꯄ-ꯇꯨꯞꯄ ꯌꯥꯎꯅ
ꯇꯦꯔꯔꯤꯖꯝꯕꯨ ꯃꯥꯂꯦꯝꯅ ꯂꯦꯞꯇꯅ
ꯆꯩꯔꯤ꯫ ꯚꯤꯑꯦꯟꯅꯥ ꯗꯤꯀ꯭ꯂꯥꯔꯦꯁꯟꯅ
ꯍꯥꯏꯔꯤ ‘ꯗꯤ ꯏꯟꯇꯔꯅꯦꯁꯅꯜ
ꯀꯝꯃ꯭ꯌꯨꯅꯤꯇꯤ ꯁꯨꯗ ꯇꯦꯗ
ꯅꯦꯁꯦꯁꯔꯤ ꯁ꯭ꯇꯦꯞ ꯇꯨ ꯏꯟꯍꯦꯟꯁ
ꯀꯣꯑꯣꯄꯔꯦꯁꯟ ꯇꯨ ꯄ꯭ꯔꯤꯚꯦꯟꯠ
ꯑꯦꯟꯗ ꯀꯣꯝꯕꯦꯠ ꯇꯦꯔꯔꯤꯖꯝ’

ꯄꯨꯋꯥꯔꯤꯒꯤ ꯂꯩꯐꯝ ꯊꯣꯛꯄꯗ
ꯆꯌꯦꯠꯅꯕꯅ ꯊꯣꯛꯍꯜꯂꯛꯂꯤꯕ
ꯅꯤꯡꯇꯝ ꯏꯍꯧꯕꯨ ꯏꯟꯗꯤꯌꯥꯅ
ꯇꯦꯔꯔꯤꯖꯝꯒ ꯆꯞ ꯃꯥꯅꯅꯅ
ꯄ꯭ꯔꯣꯖꯦꯛꯠ ꯇꯧꯅꯕ ꯍꯣꯠꯅꯔꯤ꯫

ꯑꯗꯨꯕꯨ ꯅꯤꯡꯇꯝ ꯏꯍꯧ ꯆꯪꯁꯤꯜꯂꯤꯕ
ꯌꯥꯎꯑꯣꯜꯂꯨꯞꯁꯤꯡꯗꯤ ꯇꯦꯔꯔꯤꯖꯝ
ꯅꯠꯇꯦ ꯍꯥꯏꯕꯁꯤ ꯃꯥꯂꯦꯝꯒꯤ
ꯃꯤꯌꯥꯝꯅ ꯈꯪꯕꯤꯔꯤ꯫ ꯂꯩꯉꯥꯛꯅ
ꯃꯁꯤꯒꯤ ꯈꯦꯟꯅꯕ ꯑꯁꯤ ꯃꯤꯆꯝ
ꯃꯤꯌꯥꯝꯅ ꯈꯪꯕꯗ ꯑꯁꯨꯛꯀꯤ ꯃꯇꯤꯛ
ꯆꯃꯝꯅꯅꯕ ꯄ꯭ꯔꯣꯄꯦꯒꯟꯗꯥ ꯀꯌꯥ
ꯇꯧꯔꯤ꯫ ꯂꯥꯎꯕ ꯀꯟꯕꯅ ꯑꯆꯨꯝꯕ
ꯁꯛꯏ ꯍꯥꯏꯕꯗꯨꯅꯤ꯫ ꯄꯨꯋꯥꯔꯤꯗ
ꯌꯦꯡꯈꯠꯄ ꯅꯠꯇꯅꯗꯤ ꯆꯃꯝꯅꯕ
ꯑꯁꯤ ꯀꯣꯛꯄ ꯉꯝꯂꯣꯏ꯫ ꯃꯗꯨꯒꯤ
ꯃꯊꯛꯇ ꯏꯟꯗꯤꯌꯥꯒꯤ ꯑꯀꯟꯕ
ꯔꯦꯁꯤꯁ ꯃꯤꯗꯤꯌꯥꯅ ꯃꯈꯣꯏꯒꯤ
ꯇꯦꯔꯔꯤꯖꯝꯕꯨ ꯀꯨꯞꯁꯤꯜꯂꯒ
ꯋꯦꯁꯤꯌꯥꯒꯤ ꯅꯤꯡꯇꯝ ꯏꯍꯧꯕꯨ
ꯇꯦꯔꯔꯤꯖꯝ ꯑꯣꯏꯅ ꯎꯍꯟꯅꯕ
ꯑꯀꯟꯕ ꯐꯤꯔꯦꯞ ꯂꯧꯔꯤ꯫

ꯃꯊꯪ ꯃꯊꯪ...

ꯒꯣꯜꯕ꯭ꯂꯥꯗꯔ ꯍꯥꯏꯕꯁꯤ ꯂꯤꯚꯔꯒꯤ ꯃꯈꯥꯗ ꯂꯩꯕ ꯑꯄꯤꯛꯄ ꯀꯌꯥꯠ
ꯑꯃꯅꯤ꯫ ꯃꯁꯤꯅ ꯕꯥꯏꯜ ꯇꯨꯡꯁꯤꯟꯗꯨꯅ ꯑꯃꯗꯤ ꯁ꯭ꯃꯣꯜ ꯏꯟꯇꯦꯁꯇꯥꯏꯟꯗ
ꯑꯃꯨꯛ ꯊꯥꯗꯣꯛꯇꯨꯅ ꯆꯥꯕ ꯇꯨꯝꯍꯟꯕꯗ ꯃꯇꯦꯡ ꯄꯥꯡꯏ꯫ ꯀꯣꯂꯦꯁꯇꯔꯣꯜ,
ꯕꯤꯂꯤꯔꯨꯕꯤꯟ ꯑꯃꯗꯤ ꯕꯥꯏꯜ ꯁꯣꯜꯇꯟꯅꯆꯤꯡꯕ ꯃꯆꯜ ꯀꯌꯥꯅ
ꯄꯨꯟꯁꯤꯜꯂꯒ ꯁꯦꯝꯕ ꯕꯥꯏꯜ ꯑꯁꯤ ꯂꯤꯚꯔꯅ ꯊꯥꯗꯣꯔꯛꯄꯅꯤ꯫

ꯒꯣꯜꯁꯇꯣꯟ: ꯒꯣꯜꯕ꯭ꯂꯥꯗꯔꯗ ꯃꯄꯪ ꯑꯣꯏꯕ ꯄꯣꯠꯁꯛ ꯈꯔ
ꯂꯩꯔꯛꯄꯕꯨ ꯒꯣꯜꯁ꯭ꯇꯣꯟ ꯅꯠꯇ꯭ꯔꯒ ꯅꯨꯡ ꯂꯩꯕ ꯍꯥꯏꯅ ꯈꯪꯅꯩ꯫

ꯚꯣꯜꯁ꯭ꯇꯣꯟ: ꯒꯣꯜꯕ꯭ꯂꯥꯗꯔꯗ ꯃꯄꯨꯡ ꯑꯣꯏꯕ ꯄꯣꯠꯁꯛ ꯈꯔ
ꯂꯩꯔꯛꯄꯕꯨ ꯒꯣꯜꯁ꯭ꯇꯣꯟ ꯅꯠꯇ꯭ꯔꯒ ꯅꯨꯡ ꯂꯩꯕ ꯍꯥꯏꯅ ꯈꯪꯅꯩ꯫ ꯕꯥꯏꯜꯗ ꯌ

kBq ꯀꯣꯂꯦꯁꯇꯔꯣꯜ ꯑꯃꯗꯤ ꯄꯤꯒꯃꯦꯟꯠꯁꯤꯡ ꯀꯔꯤꯒꯨꯝꯕ ꯀꯥꯟꯗ
ꯀꯟꯁꯤꯜꯂꯛꯄꯗꯒꯤ ꯅꯨꯡ ꯑꯣꯏꯔꯛꯄꯅꯤ꯫ ꯒꯣꯜꯁ꯭ꯇꯣꯟꯒꯤ ꯃꯔꯨ
ꯑꯣꯏꯕ ꯃꯈꯜ ꯑꯅꯤ ꯂꯩ꯫

ꯀꯣꯂꯦꯁꯇꯔꯣꯜ ꯁ꯭ꯇꯣꯟ: ꯌꯦꯡꯕꯗ ꯍꯪꯒꯥꯝꯄꯥꯜ ꯅꯠꯇ꯭ꯔꯒ ꯁꯪꯕꯥꯟꯅꯕ
ꯃꯆꯨꯅꯤ꯫ ꯒꯣꯜꯁ꯭ꯇꯣꯜ ꯆꯥꯗ 80 ꯔꯣꯝ ꯀꯣꯂꯦꯁꯇꯔꯣꯜ ꯁ꯭ꯇꯣꯟ ꯉꯥꯛꯇꯅꯤ꯫

ꯄꯤꯒꯃꯦꯟꯠ ꯁ꯭ꯇꯣꯟꯁ: ꯑꯁꯤꯒꯨꯝꯕ ꯃꯈꯜꯒꯤ ꯅꯨꯡꯁꯤꯡ ꯄꯤꯛꯏ
ꯑꯃꯁꯨꯡ ꯃꯆꯨ ꯃꯨꯏ꯫ ꯃꯁꯤ ꯕꯤꯂꯤꯔꯨꯕꯤꯟꯅ ꯁꯦꯝꯂꯛꯄꯅꯤ꯫

ꯒꯣꯜꯁ꯭ꯇꯣꯜ ꯑꯣꯏꯔꯛꯄꯒꯤ ꯃꯔꯝꯁꯤꯡ:

ꯒꯣꯜꯁ꯭ꯇꯣꯟ ꯑꯣꯏꯔꯛꯄꯒꯤ ꯇꯣꯉꯥꯟ-ꯇꯣꯉꯥꯟꯕ ꯃꯔꯝ ꯀꯌꯥꯃꯔꯨꯝ
ꯂꯩ꯫ ꯈꯔꯗꯪ ꯄꯟꯕ ꯇꯥꯔꯕꯗꯤ:

u ꯄꯥꯔꯤ-ꯄꯨꯔꯤ ꯑꯣꯏꯕ ꯏ ꯃꯔꯤꯗꯒꯤ ꯂꯧꯅꯔꯛꯄ ꯑꯁꯣꯏꯕ꯫

ꯍꯛꯆꯥꯡꯒꯤ ꯑꯔꯨꯝꯕ ꯍꯦꯟꯕ꯫

u ꯒꯣꯜ ꯕ꯭ꯂꯗꯔꯒꯤ ꯃꯊꯧ ꯍꯟꯊꯔꯛꯄ꯫

u ꯆꯤꯟꯖꯥꯛ ꯀꯥꯝꯕ ꯑꯁꯤꯅꯆꯤꯡꯕꯅꯤ꯫

ꯕꯥꯏꯜ ꯁꯦꯝꯕꯗ ꯆꯪꯂꯤꯕ ꯄꯣꯠꯆꯪꯁꯤꯡꯒꯤ ꯃꯔꯛꯇ ꯈꯜ
ꯃꯥꯟꯅꯔꯛꯇꯕꯗꯒꯤ ꯒꯣꯜꯁ꯭ꯇꯣꯜ ꯑꯣꯏꯔꯛꯏ꯫ ꯈꯨꯗꯝ ꯑꯣꯏꯅ ꯍꯥꯏꯔꯕꯗ
ꯕꯥꯏꯜꯗ ꯀꯣꯂꯦꯁꯇꯔꯣꯜ ꯀꯥ ꯍꯦꯟꯅ ꯌꯥꯎꯔꯕꯗꯤ ꯀꯣꯂꯦꯁꯇꯔꯣꯜ ꯁ꯭ꯇꯣꯟ
ꯁꯦꯝꯒꯠꯂꯛꯏ꯫ ꯑꯇꯣꯞꯄ ꯃꯔꯝ ꯑꯃꯅ ꯒꯣꯜꯕ꯭ꯂꯥꯗꯔꯒꯤ ꯃꯊꯧ
ꯍꯟꯊꯔꯛꯄꯅꯤ꯫

ꯂꯤꯚꯔ ꯁꯤꯔꯍꯣꯁꯤꯁ ꯅꯠꯇ꯭ꯔꯒ ꯁꯤꯛꯀꯜ ꯁꯦꯜ ꯑꯦꯅꯤꯃꯤꯌꯥꯒꯨꯝꯕ
ꯏꯒꯤ ꯑꯅꯥꯕ ꯂꯩꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯗ ꯄꯤꯒꯃꯦꯟꯠ ꯁ꯭ꯇꯣꯟ ꯂꯩꯔꯛꯄ ꯍꯦꯛ-

ꯍꯦꯛ ꯊꯦꯡꯅꯩ꯫

ꯒꯣꯜꯁ꯭ꯇꯣꯟꯒꯤ ꯔꯤꯛꯁ ꯐꯦꯛꯇꯔ ꯈꯔ:

ꯖꯦꯅꯦꯇꯤꯛꯁ: ꯏꯃꯨꯡꯒꯤ ꯃꯤꯑꯣꯏꯁꯤꯡꯒꯤ ꯃꯔꯛꯇ ꯀꯅꯥꯒꯨꯝꯕ
ꯑꯃ ꯒꯣꯜꯁ꯭ꯇꯣꯟ ꯂꯩꯈꯤꯕ ꯌꯥꯎꯔꯕꯗꯤ ꯔꯤꯛꯁ ꯋꯥꯡꯂꯦ꯫

ꯍꯛꯆꯥꯡ ꯂꯨꯝꯕꯥ: ꯃꯁꯤ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯆꯥꯎꯕ ꯔꯤꯛꯁ ꯐꯦꯛꯇꯔꯅꯤ꯫

ꯍꯛꯆꯥꯡ ꯂꯨꯝꯕ ꯑꯃꯁꯨꯡ ꯅꯣꯏꯕ ꯍꯦꯜꯂꯕꯗꯤ ꯀꯣꯂꯦꯁꯇꯔꯣꯜ ꯋ

kiSGmdfbe ꯒꯣꯜꯕ꯭ꯂꯥꯗꯔꯒꯤ ꯃꯊꯧ ꯃꯄꯨꯡ ꯐꯥꯅ ꯇꯧꯖꯕ ꯉꯝꯍꯟꯗꯦ꯫

ꯏꯁꯇ꯭ꯔꯣꯖꯦꯟ: ꯍꯣꯔꯃꯣꯟ ꯃꯈꯜ ꯑꯅꯤꯅ ꯀꯣꯂꯦꯁꯇꯔꯣꯜ
ꯋꯥꯡꯈꯠꯍꯟꯕꯒ ꯂꯣꯏꯅꯅ ꯒꯣꯜꯕ꯭ꯂꯥꯗꯔꯒꯤ ꯃꯊꯧ ꯍꯟꯊꯍꯜꯂꯤ꯫

ꯃꯤꯔꯣꯟꯕꯤꯁꯤꯡ ꯅꯠꯇ꯭ꯔꯒ ꯃꯤꯔꯣꯟꯗꯅꯕ ꯒꯨꯂꯤ ꯆꯥꯕꯁꯤꯡ ꯅꯠꯇ꯭ꯔꯒꯅ
ꯍꯣꯔꯃꯣꯟ ꯔꯤꯄ꯭ꯂꯦꯁꯃꯦꯟꯠ ꯊꯦꯔꯥꯄꯤ ꯆꯠꯊꯕ ꯅꯨꯄꯤꯁꯤꯡꯗ
ꯏꯁꯇ꯭ꯔꯣꯖꯦꯟ ꯋꯥꯡꯈꯠꯂꯛꯄꯒ ꯂꯣꯏꯅꯅ ꯒꯣꯜꯁ꯭ꯇꯣꯟ ꯑꯣꯏꯔꯛꯅꯕꯒꯤ
ꯔꯤꯛꯁ ꯋꯥꯡꯍꯜꯂꯤ꯫

u ꯅꯨꯄꯤꯁꯤꯡ ꯑꯃꯁꯨꯡ ꯑꯍꯜ ꯑꯣꯏꯔꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯗ
ꯒꯣꯜꯁ꯭ꯇꯣꯟꯒꯤ ꯀꯦꯁ ꯇꯣꯏꯅ ꯊꯦꯡꯅꯩ꯫

u ꯀꯣꯂꯦꯁꯇꯔꯣꯜ ꯍꯟꯊꯍꯟꯅꯕ ꯍꯤꯗꯥꯛ ꯃꯈꯜ ꯈꯔꯅ ꯕꯥꯏꯜꯗ
ꯀꯣꯂꯦꯁꯇꯔꯣꯜꯒꯤ ꯆꯥꯡ ꯋꯥꯡꯈꯠ ꯍꯟꯗꯨꯅ ꯀꯣꯂꯦꯁꯇꯔꯣꯜ ꯁ꯭ꯇꯣꯟ
ꯑꯣꯏꯔꯛꯅꯕꯒꯤ ꯔꯤꯛꯁ ꯍꯦꯟꯒꯠꯍꯜꯂꯤ꯫

ꯗꯥꯏꯕꯦꯇꯤꯁ: ꯗꯥꯏꯕꯦꯇꯤꯁ ꯂꯩꯕ ꯃꯤꯑꯣꯏꯁꯤꯡ ꯇ꯭ꯔꯥꯏꯒ꯭ꯂꯥꯏꯁꯔꯥꯏꯗ
(ꯕ꯭ꯂꯗ ꯐꯦꯠ ꯃꯈꯜ ꯑꯃ) ꯀꯤ ꯆꯥꯡ ꯋꯥꯡꯒꯟꯕ ꯃꯔꯝꯅ ꯒꯣꯜꯁ꯭ꯇꯣꯟꯒꯤ
ꯖꯒꯗꯛ _ꯀꯤꯠ!

u ꯑꯇꯦꯟꯕ ꯃꯇꯝꯒꯤ ꯃꯅꯨꯡꯗ ꯍꯛꯆꯥꯡꯒꯤ ꯑꯔꯨꯝꯕ ꯍꯟꯊꯍꯟꯕ
ꯃꯤꯑꯣꯏꯁꯤꯡꯗ ꯂꯤꯚꯔꯅ ꯑꯍꯦꯟꯕ ꯀꯣꯂꯦꯁꯇꯔꯣꯜ ꯊꯥꯗꯣꯔꯛꯄ ꯃꯔꯝꯅ
ꯒꯣꯜꯁ꯭ꯇꯣꯟꯒꯤ ꯔꯤꯛꯁ ꯋꯥꯡꯍꯜꯂꯤ꯫

ꯒꯣꯜꯁ꯭ꯇꯣꯟꯒꯤ ꯂꯥꯏꯑꯣꯡꯁꯤꯡ:

ꯒꯣꯜꯕ꯭ꯂꯥꯗꯔꯗ ꯅꯨꯡ ꯂꯩꯕꯒꯤ ꯊꯧꯑꯣꯡ ꯑꯁꯤ ꯑꯌꯥꯝꯕ ꯃꯇꯝꯗ
ꯂꯥꯏꯑꯣꯡ ꯎꯠꯊꯣꯛꯀꯟꯗꯦ꯫ ꯃꯁꯤꯕꯨ ꯇꯨꯃꯤꯟꯅ ꯂꯩꯕ ꯅꯨꯡ ꯁꯥꯏꯂꯦꯟꯠ
ꯁ꯭ꯇꯣꯟ' ꯀꯧꯏ꯫ ꯑꯇꯣꯞꯄ ꯑꯅꯥꯕ ꯑꯃꯒꯤ ꯂꯥꯌꯦꯡꯂꯨꯕ ꯃꯇꯝꯗ
ꯒꯣꯜꯕ꯭ꯂꯥꯗꯔꯗ ꯅꯨꯡ ꯂꯩꯔꯦ ꯈꯪꯂꯛꯄꯅ ꯑꯌꯥꯝꯕꯅꯤ꯫

ꯀꯔꯤꯒꯨꯝꯕ ꯀꯥꯟꯗ ꯂꯥꯏꯑꯣꯡ ꯎꯠꯊꯣꯔꯛꯄ ꯇꯥꯔꯕꯗꯤ- ꯊꯖꯤꯟ
ꯑꯃꯁꯨꯡ ꯈ꯭ꯋꯥꯡ ꯅꯥꯕ, ꯑꯣꯅꯤꯡꯕ ꯑꯃꯗꯤ ꯑꯣꯕ, ꯆꯥꯕ ꯇꯨꯃꯗꯕ, ꯊꯕꯥꯛ ꯁꯥꯕ
ꯑꯃꯗꯤ ꯄꯨꯛ ꯅꯨꯡꯁꯤꯠ ꯀꯥꯕꯅꯆꯤꯡꯕ ꯒ꯭ꯔꯦꯁꯇ꯭ꯔꯣꯏꯟꯇꯦꯁꯇꯥꯏꯟꯒꯤ
ꯑꯣꯏꯕ ꯈꯨꯗꯣꯡꯆꯥꯗꯕꯁꯤꯡ ꯑꯣꯏꯍꯜꯂꯛꯀꯅꯤ꯫

ꯑꯣꯏꯍꯜꯂꯛꯄ ꯌꯥꯕ ꯈꯨꯗꯣꯡꯊꯤꯕꯁꯤꯡ:

ꯒꯣꯜꯕ꯭ꯂꯥꯗꯔꯗ ꯅꯨꯡ ꯂꯩꯕꯅ ꯊꯣꯛꯍꯜꯂꯛꯄ ꯌꯥꯕ ꯈꯨꯗꯣꯡꯊꯤꯕꯁꯤꯡꯗꯤ
ꯒꯣꯜꯕ꯭ꯂꯥꯔꯗ ꯆꯥꯎꯊꯣꯛꯄ, ꯂꯥꯏꯍꯧ ꯍꯧꯕ, ꯒꯣꯜꯕ꯭ꯂꯥꯗꯔꯗ ꯏꯟꯐꯦꯛꯁꯟ
ꯇꯧꯗꯨꯅ ꯄꯨꯛꯀꯤ ꯑꯇꯩ ꯃꯐꯝꯁꯤꯡꯗ ꯁꯟꯗꯣꯛꯈꯤꯕ, ꯖꯣꯟꯗꯤꯁ,
ꯄꯦꯟꯀ꯭ꯔꯤꯌꯥꯇꯥꯏꯇꯤꯁ, ꯁꯦꯞꯁꯇꯤꯁ, ꯐꯤꯁꯇꯨꯂꯥ ꯑꯃꯁꯨꯡ ꯀꯦꯟꯁꯔ
ꯑꯁꯤꯅ ꯆꯤꯡꯕꯅꯤ꯫

ꯂꯥꯌꯦꯡꯕꯒꯤ ꯊꯧꯑꯣꯡ: ꯃꯔꯨ ꯑꯣꯏꯕ ꯂꯥꯌꯦꯡꯗꯤ ꯁꯔꯖꯔꯤ ꯇꯧꯗꯨꯅ

xOMqDmkrj myFOdw (CHOLECY-STECTOMY) eg!

ꯁꯔꯖꯔꯤꯒꯤ ꯃꯑꯣꯡꯗꯤ ꯄꯨꯛ ꯃꯄꯥꯗ ꯆꯥꯎꯅ ꯂꯦꯟꯈꯥꯏꯕ ꯑꯃ ꯅꯠꯇ꯭ꯔꯒꯅ
ꯂꯦꯞꯔꯣꯁꯀꯣꯄꯤ ꯇꯧꯗꯨꯅ ꯃꯈꯨꯜ ꯑꯃ ꯍꯨꯠꯄ ꯍꯥꯏꯕꯁꯤꯅꯤ꯫ ꯀꯔꯤꯒꯨꯝꯕ
ꯀꯥꯟꯗ ꯍꯤꯗꯥꯛ-ꯂꯥꯡꯊꯛ ꯆꯥꯔꯒ ꯇꯨꯝꯍꯟꯈꯤꯕ ꯉꯝꯕ ꯒꯣꯁꯇꯣꯟꯁꯨ ꯑꯗꯨꯃꯛ
ꯂꯩ꯫ ꯃꯁꯤ ꯅꯠꯇꯕ ꯑꯦꯛꯇ꯭ꯔꯥꯀꯣꯔꯄꯣꯔꯤꯌꯜ ꯁꯣꯛꯄ ꯔꯦꯚ ꯂꯤꯊꯣꯇ꯭ꯔꯤꯞꯁꯤ
(ꯏ ꯑꯦꯁ ꯗꯕ꯭ꯂꯌꯨ ꯑꯦꯜ) ꯀꯧꯕ ꯂꯥꯌꯦꯡ ꯃꯈꯜ ꯑꯃꯁꯨ ꯂꯩ꯫

ꯑꯇꯩ ꯑꯇꯣꯞꯕ ꯂꯥꯏꯅꯥꯁꯤꯡꯒꯨꯝ ꯒꯣꯜꯁ꯭ꯇꯣꯟꯒꯤ ꯃꯇꯥꯡꯗꯁꯨ
ꯃꯥꯡꯖꯧꯅꯅ ꯉꯥꯛꯊꯣꯛꯍꯧꯕ ꯍꯥꯏꯕꯁꯤ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯐꯕ ꯄꯥꯝꯕꯩꯅꯤ꯫

ꯀꯣꯂꯦꯁꯇꯔꯣꯜ ꯒꯣꯜꯁ꯭ꯇꯣꯟ ꯇꯨꯝꯍꯟꯕ ꯉꯝꯕ URSODIOL

ꯀꯧꯕ ꯕꯥꯏꯜ ꯑꯦꯁꯤꯗ ꯃꯦꯗꯤꯀꯦꯁꯟ ꯑꯃꯅ ꯅꯨꯡ ꯑꯣꯏꯔꯛꯀꯗꯧꯕꯗꯒꯤ
ꯉꯥꯛꯊꯣꯛꯄꯁꯨ ꯉꯝꯃꯤ꯫ ꯑꯗꯕꯨ ꯀꯔꯝ-ꯀꯔꯝꯕ ꯃꯤꯑꯣꯏꯅ ꯍꯤꯗꯥꯛ
ꯑꯁꯤ ꯆꯥꯒꯗꯒꯦ ꯈꯟꯗꯣꯛꯄꯗ ꯑꯔꯨꯕ ꯑꯃ ꯑꯣꯏꯔꯤ꯫ ꯃꯔꯝ ꯑꯗꯨꯅ
ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯐꯕ ꯄꯥꯝꯕꯩ ꯑꯣꯏꯅ ꯂꯧꯅꯔꯤꯕꯁꯤ ꯐꯦꯠꯀꯤ ꯁꯔꯨꯛ ꯌꯥꯎꯕ
ꯆꯤꯟꯖꯥꯛ ꯆꯥꯡ ꯍꯟꯊꯅ ꯆꯥꯕ, ꯏꯁꯤꯡ ꯃꯔꯥꯡ ꯀꯥꯏꯅ ꯊꯛꯄ, ꯃꯇꯝ-

ꯃꯇꯝꯒꯤ ꯎꯍꯩ-ꯋꯥꯍꯩ ꯆꯥꯕ ꯑꯃꯁꯨꯡ ꯆꯥꯡ ꯅꯥꯏꯅ ꯍꯛꯆꯥꯡ ꯁꯥꯖꯦꯟ ꯊꯧꯕ
ꯑꯁꯤꯅꯆꯤꯡꯕꯅꯤ꯫
ꯃꯌꯛꯒꯤ ꯋꯕꯗꯁꯄ

xOMqDmkrjr ebi mpq haInsu Sxnb goLsCtoN
ꯅꯔꯦꯟꯗ꯭ꯔ ꯃꯣꯗꯤ 2ꯁꯨꯕ ꯇꯥꯔꯝꯒꯤ...

ꯂꯃꯥꯏ 1 ꯒꯤ ꯃꯈꯥ... ꯁ꯭ꯃ꯭ꯔꯤꯇꯤ
ꯏꯔꯥꯅꯤ ꯑꯃꯁꯨꯡ ꯍꯔꯁꯤꯃꯔꯠ
ꯀꯣꯔ ꯕꯥꯗꯜꯒꯤ ꯑꯣꯏꯅꯗꯤ ꯆꯞ ꯆꯥꯅ
ꯈꯪꯕ ꯉꯝꯗ꯭ꯔꯤ꯫ ꯃꯃꯥꯡꯗ ꯄꯥꯟꯈꯤꯕ
ꯑꯦꯟ ꯗꯤ ꯑꯦꯒꯤ ꯂꯩꯉꯥꯛꯇ ꯅꯨꯄꯤ 7
ꯀꯦꯕꯤꯅꯦꯠ ꯃꯤꯅꯤꯁꯇꯔ ꯑꯣꯏꯅ ꯊꯧ
ꯄꯨꯈꯤꯕꯅꯤ꯫

ꯅꯔꯦꯟꯗ꯭ꯔ ꯃꯣꯗꯤꯅ ꯂꯨꯆꯤꯡꯕ
ꯑꯍꯥꯟꯕ ꯇꯥꯔꯝꯒꯤ ꯂꯩꯉꯥꯛꯇ
ꯃꯤꯅꯤꯁꯇꯔ ꯑꯣꯏꯔꯝꯈꯤꯕ ꯃꯅꯦꯀꯥ
ꯒꯥꯟꯙꯤꯅ ꯄ꯭ꯔꯣꯇꯦꯝ ꯁ꯭ꯄꯤꯀꯔ
ꯑꯣꯏꯗꯨꯅ ꯑꯅꯧꯕ ꯂꯣꯛ ꯁꯚꯥꯒꯤ
ꯑꯦꯝ ꯄꯤꯁꯤꯡ ꯋꯥꯁꯛ ꯂꯧꯔꯒꯅꯤ꯫

ꯁ꯭ꯄꯤꯀꯔ ꯈꯟꯒꯗꯕ ꯂꯣꯛ ꯁꯚꯥꯒꯤ
ꯑꯍꯥꯟꯕ ꯃꯤꯐꯝꯗꯁꯨ ꯃꯍꯥꯛꯅ
ꯄ꯭ꯔꯤꯁꯥꯏꯗ ꯇꯧꯒꯗꯧꯔꯤ꯫

ꯁꯟꯇꯣꯁ ꯒꯪꯋꯥꯔ ꯅꯠꯇ꯭ꯔꯒ
ꯃꯅꯦꯀꯥ ꯒꯥꯟꯙꯤꯒꯤ ꯃꯔꯛꯇ
ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯁꯤꯅꯤꯌꯔ ꯑꯣꯏꯔꯕ
ꯃꯦꯝꯕꯔ ꯑꯃꯕꯨ ꯂꯣꯛ ꯁꯚꯥꯒꯤ
ꯄ꯭ꯔꯣꯇꯦꯝ ꯁ꯭ꯄꯤꯀꯔ ꯑꯣꯏꯅ
ꯈꯟꯒꯗꯕꯅꯤ꯫ ꯎꯠꯇꯔ ꯄ꯭ꯔꯗꯦꯁꯀꯤ
ꯁꯨꯜꯇꯥꯟꯄꯨꯔ ꯄꯥꯔꯂꯤꯌꯥꯃꯦꯟꯇꯔꯤ
ꯀꯟꯁ꯭ꯇꯤꯇ꯭ꯌꯨꯑꯦꯟꯁꯤꯗꯒꯤ ꯃꯥꯏ
ꯄꯥꯛꯂꯛꯈꯤꯕ ꯁꯟꯇꯣꯁ ꯒꯪꯋꯥꯔꯕꯨ
ꯃꯤꯅꯤꯁꯇꯔ ꯑꯣꯏꯅ ꯋꯥꯁꯛ
ꯂꯧꯈꯤꯕ ꯃꯔꯝꯅ ꯃꯅꯦꯀꯥ ꯒꯥꯟꯙꯤꯕꯨ
ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯁꯤꯅꯤꯌꯔ ꯑꯣꯏꯔꯕ
ꯃꯦꯝꯕꯔꯅꯤ ꯍꯥꯏꯕꯒꯤꯗꯃꯛ
ꯄ꯭ꯔꯣꯇꯦꯝ ꯁ꯭ꯄꯤꯀꯔ ꯈꯟꯈꯤꯕꯅꯤ
ꯍꯥꯏꯔꯤ꯫

ꯑꯦꯅꯤꯃꯦꯜ ꯔꯥꯏꯠꯁ
ꯑꯦꯛꯇꯤꯚꯤꯁꯠ ꯑꯃ ꯑꯣꯏꯔꯤꯕ
ꯃꯅꯦꯀꯥ ꯒꯥꯟꯙꯤꯅ ꯃꯃꯥꯡꯗ ꯁꯣꯁꯜ
ꯖꯁꯇꯤꯁ ꯑꯦꯟꯗ ꯏꯝꯄꯋꯥꯔꯃꯦꯟꯠ,
ꯀꯜꯆꯔ, ꯏꯟꯚꯥꯏꯔꯟꯃꯦꯟꯠ,
ꯋꯤꯃꯦꯟ ꯑꯦꯟꯗ ꯆꯥꯏꯜꯗ
ꯗꯤꯚꯂꯞꯃꯦꯟꯠ ꯑꯃꯗꯤ ꯄ꯭ꯔꯣꯒ꯭ꯔꯥꯝ

I M p C l i m e N T t e s N g i

ꯃꯤꯅꯤꯁꯇꯔ ꯑꯣꯏꯈꯤꯕꯅꯤ꯫

ꯔꯦꯈꯥ ꯃꯤꯍꯥꯠꯀꯤ...

ꯂꯃꯥꯏ 1 ꯒꯤ ꯃꯈꯥ... ꯃꯔꯤ ꯂꯩꯅꯕ
ꯑꯣꯊꯣꯔꯤꯇꯤꯗ ꯇꯛꯁꯤꯟꯕ, ꯃꯤꯍꯥꯠ
ꯑꯁꯤꯕꯨ ꯌꯥꯅꯤꯡꯗꯕ ꯐꯣꯡꯗꯣꯛꯇꯨꯅ
ꯍꯌꯦꯡ ꯃꯤꯌꯥꯝꯅ ꯋꯥꯀꯠ ꯃꯤꯐꯝ
ꯐꯝꯗꯨꯅ ꯈꯣꯡꯖꯪ ꯆꯪꯁꯤꯟꯕ ꯍꯥꯏꯅꯁꯨ
ꯑꯃꯔꯣꯝꯗ, ꯁꯛꯈꯪꯗꯕꯁꯤꯡꯅ ꯉꯔꯥꯡ
ꯅꯨꯡꯊꯤꯜ ꯄꯣꯕꯣꯞꯇ ꯃꯁꯥꯃꯛꯀꯤ ꯌꯨꯝꯗ
ꯍꯥꯠꯂꯝꯈꯤꯕ ꯅꯥꯎꯔꯦꯝ ꯑꯣꯡꯕꯤ ꯔꯦꯈꯥꯒꯤ
ꯑꯁꯤꯕ ꯍꯛꯆꯥꯡ ꯑꯁꯤ ꯄꯣꯁꯠ
ꯃꯣꯔꯇꯦꯝ ꯄꯥꯡꯊꯣꯀꯈ꯭ꯔꯦ꯫ ꯑꯗꯨꯕꯨ ꯑꯁꯤꯕ
ꯍꯛꯆꯥꯡꯗꯤ ꯍꯧꯖꯤꯛ ꯐꯥꯎꯕꯒꯤ ꯑꯣꯏꯅꯗꯤ
ꯏꯃꯨꯡ ꯃꯅꯨꯡꯅ ꯂꯧꯗ꯭ꯔꯤ꯫ ꯄꯨꯂꯤꯁꯅꯁꯨ
ꯊꯧꯗꯣꯛ ꯑꯁꯤꯗ ꯆꯦꯟꯅꯔꯝꯒ꯭ꯔꯥ ꯆꯤꯡꯅꯕ
ꯃꯤꯑꯣꯏꯁꯤꯡ ꯋꯥꯍꯪ ꯄꯥꯎꯍꯪ ꯇꯧꯕꯒꯤ ꯊꯕꯛ
ꯆꯠꯊꯔꯤ꯫ ꯑꯗꯨꯕꯨ ꯍꯧꯖꯤꯛ ꯐꯥꯎꯕꯒꯤ ꯑꯣꯏꯅ
ꯊꯧꯗꯣꯛ ꯑꯁꯤꯗ ꯀꯅꯥ ꯀꯅꯥ ꯆꯦꯟꯅꯕꯒꯦ
ꯍꯥꯏꯕꯗꯨ ꯈꯨꯗꯝ ꯆꯥꯡꯗꯝ ꯐꯪꯗꯕꯅ ꯄꯨꯊꯣꯛꯄ
ꯉꯝꯗ꯭ꯔꯤ꯫ ꯑꯗꯨꯕꯨ ꯂꯥꯛꯀꯗꯕ ꯅꯨꯃꯤꯠ
ꯈꯔꯅꯤꯒꯤ ꯃꯅꯨꯡꯗ ꯃꯤꯍꯥꯠ ꯑꯁꯤꯗ
ꯆꯦꯟꯅꯕ ꯃꯤꯑꯣꯏ ꯁꯣꯏꯗꯅꯃꯛꯀꯤ ꯐꯥꯕ
ꯉꯝꯒꯅꯤ ꯈꯜꯂꯤ ꯍꯥꯏꯅꯁꯨ ꯄꯨꯂꯤꯁꯀꯤ
ꯃꯥꯏꯀꯩꯗꯒꯤ ꯐꯣꯡꯗꯣꯔꯛꯂꯤ꯫

ꯁꯣꯁꯜ ꯋꯦꯜꯐ꯭ꯌꯦꯔꯒꯤ ꯀꯟꯇ꯭ꯔꯦꯛꯆꯨꯑꯦꯜ ꯁ꯭ꯇꯥꯐ...

ꯂꯃꯥꯏ 1 ꯒꯤ ꯃꯈꯥ... ꯄ꯭ꯔꯤꯟꯁꯤꯄꯥꯜ
ꯁꯦꯀ꯭ꯔꯦꯇꯔꯤ/ꯀꯝꯃꯤꯁ꯭ꯅꯔ ꯑꯃꯁꯨꯡ
ꯗꯤꯔꯦꯛꯇꯔ/ꯁ꯭ꯇꯦꯠ ꯃꯤꯁꯟ ꯗꯤꯔꯦꯛꯇꯔ
(ꯑꯥꯏ ꯁꯤ ꯗꯤ ꯑꯦꯁ) ꯅꯤ꯫

ꯄꯤꯇꯤꯁ꯭ꯅꯔꯁꯤꯡ ꯑꯁꯤꯅ ꯀꯣꯔꯠꯇ
ꯋꯥꯀꯠꯂꯛꯂꯤꯕꯅ ꯂꯣꯏꯁꯪ ꯑꯁꯤꯒꯤ
ꯗꯤꯔꯦꯛꯇꯔꯅ ꯊꯥꯁꯤꯒꯤ 20ꯗ ꯄ꯭ꯔꯙꯥꯟ
ꯃꯟꯇ꯭ꯔꯤ ꯃꯟꯇ꯭ꯔꯨ ꯚꯟꯗꯅꯥ ꯌꯣꯖꯅꯥ (ꯄꯤ
ꯑꯦꯝ ꯑꯦꯁ ꯚꯤ ꯋꯥꯏ) ꯑꯃꯁꯨꯡ ꯄꯣꯁꯟ
ꯑꯚꯤꯌꯟ (ꯑꯦꯟ ꯑꯦꯟ ꯑꯦꯝ) ꯒꯤ
ꯗꯤꯁꯇ꯭ꯔꯤꯛꯠ ꯀꯣ-ꯑꯣꯔꯗꯤꯅꯦꯇꯔ,
ꯗꯤꯁꯇ꯭ꯔꯤꯛꯠ ꯄ꯭ꯔꯣꯒ꯭ꯔꯥꯝ
ꯑꯦꯁꯤꯁꯇꯦꯟꯠ, ꯁ꯭ꯇꯦꯠ ꯄ꯭ꯔꯣꯒ꯭ꯔꯥꯝ
ꯑꯦꯁꯤꯁꯇꯦꯟꯠ, ꯗꯤꯁꯇ꯭ꯔꯤꯛꯠ
ꯄ꯭ꯔꯣꯖꯦꯛꯠ ꯑꯦꯁꯤꯁꯇꯦꯟꯠ, ꯕ꯭ꯂꯣꯛ
ꯄ꯭ꯔꯣꯖꯦꯛꯠ ꯑꯦꯁꯤꯁꯇꯦꯟꯠ, ꯕ꯭ꯂꯣꯛ
ꯀꯣ-ꯑꯣꯔꯗꯤꯅꯦꯇꯔ ꯑꯃꯗꯤ ꯑꯣꯐꯤꯁ
ꯃꯦꯁꯦꯟꯖꯔ/ꯄꯤꯑꯣꯟꯅꯆꯤꯡꯕꯒꯤ
ꯄꯣꯁꯠꯁꯤꯡ ꯂꯧꯅꯕꯒꯤꯗꯃꯛ
ꯄꯥꯡꯊꯣꯛꯀꯅꯤ ꯍꯥꯏꯗꯨꯅ ꯊꯣꯛꯈꯤꯕ
ꯅꯣꯇꯤꯐꯤꯀꯦꯁꯟ ꯑꯁꯤ ꯀꯣꯔꯠ ꯑꯁꯤꯅ
ꯆꯍꯤꯁꯤꯒꯤ ꯐꯦꯕ꯭ꯔꯨꯋꯥꯔꯤ 18, 21, 26
ꯑꯃꯁꯨꯡ ꯃꯥꯔꯆ 5 ꯑꯃꯁꯨꯡ 20 ꯗ ꯀꯣꯔꯠꯅ
ꯄꯤꯈꯤꯕ ꯂꯣꯏꯁꯪ ꯑꯁꯤꯅ ꯄꯣꯁꯠꯁꯤꯡ
ꯑꯁꯤꯒꯤ ꯀꯟꯇ꯭ꯔꯦꯛꯆꯨꯑꯦꯜ ꯁ꯭ꯇꯥꯐꯁꯤꯡ
ꯂꯧꯅꯕ ꯍꯣꯠꯅꯔꯛꯄꯒꯤ ꯃꯥꯌꯣꯛꯇ ꯐꯥꯏꯜ
ꯇꯧꯔꯛꯄ ꯀꯦꯁꯁꯤꯡꯒꯤ ꯏꯟꯇꯔꯤꯝ
ꯑꯣꯔꯗꯔꯁꯤꯡꯒꯤ ꯃꯥꯌꯣꯛꯇꯅꯤ꯫

ꯏꯟꯇꯔꯤꯝ ꯑꯣꯔꯗꯔꯁꯤꯡ ꯑꯗꯨ ꯇꯣꯉꯥꯟ
ꯇꯣꯉꯥꯟꯕ ꯀꯦꯁꯁꯤꯡ ꯗꯕ꯭ꯂꯤꯌꯨ ꯄꯤ (ꯁꯤ)
ꯅꯝꯕꯔ 133 ꯑꯣꯐ 2019, ꯗꯕ꯭ꯂꯤꯌꯨ ꯄꯤ
(ꯁꯤ ꯅꯝꯕꯔ) 122 ꯑꯣꯐ 2019, ꯗꯕ꯭ꯂꯤꯌꯨ
ꯄꯤ (ꯁꯤ) ꯅꯝꯕꯔ - 158 ꯑꯣꯐ 2019,
ꯑꯦꯝ ꯁꯤ (ꯗꯕ꯭ꯂꯤꯌꯨ ꯄꯤ (ꯁꯤ) ꯅꯝꯕꯔ-27
ꯑꯣꯐ 2019 (ꯗꯕ꯭ꯂꯤꯌꯨ ꯄꯤ (ꯁꯤ) ꯅꯝꯕꯔ-

97 ꯑꯣꯐ 2019) ꯑꯃꯁꯨꯡ ꯗꯕ꯭ꯂꯤꯌꯨ ꯄꯤ
(ꯁꯤ) ꯅꯝꯕꯔ-260 ꯑꯣꯐ 2019ꯒ ꯃꯔꯤ
ꯂꯩꯅꯅ ꯄꯤꯈꯤꯕꯅꯤ ꯍꯥꯏꯔꯤ꯫

ꯃꯔꯝ ꯑꯁꯤꯅ loisx ꯑꯁꯤꯒꯤ
ꯗꯤꯔꯦꯛꯇꯔꯅ ꯊꯣꯛꯈꯤꯕ ꯅꯣꯇꯤꯐꯤꯀꯦꯁꯟ
ꯑꯁꯤ ꯁꯁꯄꯦꯟꯗ ꯅꯠꯇ꯭ꯔꯒ ꯁ꯭ꯇꯦ
ꯇꯧꯗꯨꯅ ꯊꯝꯕꯤꯌꯨ ꯍꯥꯏꯕꯁꯤꯅꯤ꯫ ꯀꯦꯁ
ꯑꯁꯤ ꯖꯁꯇꯤꯁ ꯂꯥꯅꯨꯁꯨꯡꯀꯨꯝ ꯖꯥꯃꯤꯔꯒꯤ
ꯀꯣꯔꯠꯇ ꯂꯧꯈꯠꯇꯨꯅ ꯈꯟꯅꯈ꯭ꯔꯦ꯫

ꯃꯁꯤꯗ ꯄꯤꯇꯤꯁ꯭ꯅꯔꯁꯤꯡꯒꯤ ꯃꯥꯏꯀꯩꯗꯅ
ꯁꯤꯅꯤꯌꯔ ꯀꯥꯎꯟꯁꯦꯜ ꯅꯥꯃꯩꯔꯥꯛꯄꯝ
ꯖꯣꯇꯦꯟꯗ꯭ꯔꯣꯅ ꯂꯦꯞꯂꯕ ꯔꯦꯁꯄꯣꯟꯗꯦꯟꯠ
ꯅꯝꯕꯔ-1 ꯒꯤ ꯑꯦꯗꯤꯁꯅꯦꯜ ꯁꯣꯂꯤꯁꯤꯇꯔ
ꯖꯦꯅꯔꯦꯜ ꯑꯦꯁ ꯁꯨꯔꯦꯁꯅ ꯂꯦꯞꯂꯒ
ꯔꯦꯁꯄꯣꯟꯗꯦꯟꯠ ꯅꯝꯕꯔ 2 ꯑꯃꯁꯨꯡ
3ꯒꯤ ꯃꯥꯏꯀꯩꯗꯅ ꯒꯚꯔꯟꯃꯦꯟꯠ
ꯑꯦꯗꯚꯣꯀꯦꯠ ꯁꯨꯟꯗꯔꯤꯅ ꯂꯦꯞꯈꯤ꯫

ꯀꯣꯔꯠꯅ ꯀꯥꯎꯅꯁꯦꯜꯁꯤꯡꯒꯤ
ꯋꯥꯐꯝꯁꯤꯡ ꯇꯥꯔꯕ ꯃꯇꯨꯡꯗ ꯀꯣꯔꯠ
ꯑꯁꯤꯅ ꯗꯕ꯭ꯂꯤꯌꯨ ꯄꯤ (ꯁꯤ)
ꯅꯝꯕꯔ 97 ꯑꯣꯐ 2019ꯒ ꯃꯔꯤ
ꯂꯩꯅꯔꯤꯕ ꯑꯦꯝ ꯁꯤ (ꯗꯕ꯭ꯂꯤꯌꯨ ꯄꯤ)
(ꯁꯤ) ꯅꯝꯕꯔ 27 ꯑꯣꯐ 2019 ꯒꯤ
ꯃꯇꯥꯡꯗ ꯃꯥꯔꯆ 5, 2019 ꯗ ꯄꯤꯈꯤꯕ
ꯏꯅꯇꯔꯤꯝ ꯑꯣꯔꯗꯔ ꯑꯗꯨ ꯍꯧꯖꯤꯛꯁꯨ
ꯆꯠꯅꯗꯨꯅ ꯂꯩꯔꯤꯕꯅ ꯃꯁꯤꯅ ꯊꯥꯁꯤꯒꯤ
20ꯗ ꯊꯣꯛꯈ꯭ꯔꯤꯕ ꯅꯣꯇꯤꯐꯤꯀꯦꯁꯟ
ꯑꯁꯤꯁꯨ ꯀꯣꯟꯁꯤꯟꯕꯒ ꯂꯣꯏꯅꯅ
ꯄꯥꯡꯊꯣꯛꯀꯅꯤ ꯍꯥꯏꯔꯤꯕ ꯏꯟꯇꯔꯚꯤꯌꯨ
(ꯚꯥꯏꯚꯥ-ꯚꯣꯁꯤ) ꯑꯁꯤꯒꯤ ꯔꯤꯖꯜꯠ
ꯂꯥꯎꯊꯣꯛꯇꯅꯕ ꯈꯪꯍꯟꯈꯤꯕꯅꯤ꯫

ꯀꯨꯝꯖꯥ 2021 ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯂꯝꯗꯝ ꯑꯁꯤꯗꯒꯤ...

ꯂꯃꯥꯏ 1 ꯒꯤ ꯃꯈꯥ... ꯃꯦꯂꯦꯔꯤꯌꯥ
ꯅꯥꯍꯜꯂꯤꯕ ꯀꯥꯡ ꯃꯈꯜ ꯑꯁꯤ ꯍꯥꯠꯅꯕ
ꯃꯩꯈꯨ ꯀꯥꯞꯊꯣꯛꯄꯗ ꯇꯣꯉꯥꯟ ꯇꯣꯉꯥꯟꯕ
ꯀꯥꯉ ꯃꯈꯜ ꯀꯌꯥ ꯍꯥꯠꯄꯤꯔꯤ꯫

ꯃꯦꯂꯦꯔꯤꯌꯥ ꯅꯥꯍꯜꯂꯤꯕ ꯑꯦꯅꯣꯐꯦꯂꯤꯁ
ꯍꯥꯏꯔꯤꯕ ꯀꯥꯡ ꯃꯈꯜ ꯑꯁꯤꯗꯤ
ꯅꯨꯃꯤꯗꯥꯡꯈꯛ ꯆꯤꯛꯄꯅꯤ꯫ ꯑꯌꯨꯛ-

ꯅꯨꯡꯊꯤꯜꯒꯤ ꯃꯇꯝꯗ ꯎꯗꯦ꯫ ꯑꯗꯨꯅ
ꯃꯦꯂꯦꯔꯤꯌꯥ ꯅꯥꯕ ꯃꯐꯝꯗ ꯃꯩꯈꯨ
ꯀꯥꯞꯀꯅꯤ꯫ ꯃꯦꯂꯦꯔꯤꯌꯥꯅ ꯅꯥꯔꯦ
ꯍꯥꯏꯅ ꯆꯤꯡꯅꯔꯕꯗꯤ ꯑꯁꯥꯁꯤꯡꯒꯤ
ꯃꯇꯦꯡꯅ ꯃꯤꯅꯠ 15ꯒꯤ ꯃꯅꯨꯡꯗ
ꯇꯦꯁꯠ ꯇꯧꯕ ꯌꯥꯏ꯫ ꯂꯥꯏꯅꯥ ꯑꯁꯤꯅ
ꯅꯥꯕ ꯈꯨꯗꯤꯡꯃꯛ ꯂꯦꯝꯅ ꯂꯥꯌꯦꯡꯕꯒꯤ
ꯈꯨꯗꯣꯡꯆꯥꯕ ꯄꯤꯒꯅꯤ꯫ ꯀꯨꯝꯖꯥ 2018ꯗ
ꯆꯨꯔꯥꯆꯥꯟꯗꯄꯨꯔ ꯗꯤꯁꯇ꯭ꯔꯤꯛꯠꯇ
ꯃꯤꯑꯣꯏ 12 ꯃꯦꯂꯦꯔꯤꯌꯥꯅ ꯅꯥꯕꯒꯤ
ꯀꯦꯁ ꯂꯩꯈꯤ꯫ ꯃꯗꯨꯒꯤ ꯃꯅꯨꯡꯗ
ꯅꯨꯄꯤꯃꯆꯥ ꯆꯍꯤ 12 ꯔꯣꯝ ꯁꯨꯔꯕ
ꯑꯃ ꯂꯥꯏꯅꯥ ꯑꯁꯤꯅ ꯃꯔꯝ
ꯑꯣꯏꯔꯒ ꯂꯩꯈꯤꯗꯦ꯫ ꯅꯥꯔꯕꯁꯤꯡ
ꯑꯗꯨꯒꯤ ꯃꯅꯨꯡꯗ ꯇꯔꯨꯛ ꯑꯃꯅ
ꯃꯄꯥꯟ ꯂꯝꯗꯒꯤ ꯀꯥꯡꯅ ꯆꯤꯛꯂꯒ
ꯅꯥꯔꯛꯄꯅꯤ꯫ ꯇꯔꯨꯛ ꯑꯃꯅ ꯃꯐꯝ
ꯑꯁꯤꯗ ꯆꯤꯛꯄꯅꯤ꯫

ꯀꯨꯝꯖꯥ 2016 ꯗ ꯃꯤꯑꯣꯏ
230 ꯔꯣꯝ ꯂꯥꯏꯅꯥ ꯑꯁꯤꯅ ꯅꯥꯈꯤ꯫

ꯃꯦꯂꯦꯔꯤꯌꯥꯗꯒꯤ ꯉꯥꯛꯊꯣꯛꯅꯕ
ꯏꯔꯝ-ꯅꯥꯂꯥ ꯂꯨ-ꯅꯥꯟꯅ ꯊꯝꯁꯤ꯫

ꯃꯔꯤ ꯂꯩꯅꯕ ꯗꯤꯄꯥꯔꯠꯃꯦꯟꯠꯁꯤꯡꯅ
ꯊꯧꯔꯥꯡ ꯀꯌꯥ ꯂꯧꯈꯠꯄꯤꯕ ꯆꯪꯏ꯫

ꯚꯦꯛꯇꯔ ꯕꯣꯔꯟ ꯗꯤꯖꯤꯖꯁꯤꯡꯗꯒꯤ
ꯉꯥꯛꯊꯣꯛꯅꯕ ꯍꯣꯠꯅꯃꯤꯟꯅꯁꯤ꯫

ꯀꯥꯡꯅ ꯆꯤꯛꯄꯗꯒꯤ ꯅꯥꯔꯦ ꯈꯪꯂꯕꯗꯤ
ꯈꯨꯗꯛꯇ ꯏ ꯇꯦꯁꯠ ꯇꯧꯕꯤꯌꯨ꯫

ꯍꯣꯁꯄꯤꯇꯥꯜꯗ ꯆꯠꯇꯨꯅ ꯂꯥꯌꯦꯡꯕꯤꯌꯨ꯫

ꯍꯦꯜꯊ ꯁꯣꯁꯥꯏꯇꯤꯒꯤ ꯃꯈꯥꯗ
ꯂꯩꯔꯤꯕ ꯅꯦꯁꯅꯜ ꯚꯦꯛꯇꯔ ꯕꯣꯔꯟ
ꯗꯤꯖꯤꯖ ꯀꯟꯇ꯭ꯔꯣꯜ ꯄ꯭ꯔꯣꯒ꯭ꯔꯥꯝꯒꯤ
ꯃꯈꯥꯗ ꯈꯨꯗꯣꯡꯆꯥꯕꯁꯤꯡ ꯂꯧꯕꯤꯌꯨ꯫

ꯃꯍꯧꯁꯥꯅ ꯀꯥꯡ ꯃꯆꯥꯁꯤꯡ ꯏꯁꯤꯡ
ꯇꯨꯡꯕ ꯃꯐꯝ, ꯁꯤꯖꯤꯟꯅꯗ꯭ꯔꯕ ꯒꯨꯍꯥ,
ꯅꯥꯂꯥ, ꯏꯁꯤꯡ ꯇꯦꯡꯀꯤꯅꯆꯤꯡꯕꯗ
ꯂꯩꯒꯜꯂꯤ꯫ ꯃꯦꯂꯦꯔꯤꯌꯥꯗꯒꯤ
ꯉꯥꯛꯊꯣꯛꯅꯕꯒꯤ ꯆꯦꯛꯁꯤꯟꯕ ꯇꯥꯏ꯫

ꯂꯩꯉꯥꯛꯅ ꯄꯥꯏꯈꯠꯂꯤꯕ ꯀꯌꯥ ꯑꯁꯤ
ꯍꯛꯁꯦꯜꯒꯤ ꯊꯧꯔꯥꯡꯅꯤ ꯍꯥꯏꯅꯁꯨ
ꯐꯣꯡꯗꯣꯛꯈꯤ꯫

ꯃꯤꯌꯥꯝꯅ ꯑꯦꯟꯇꯤꯕꯥꯏꯑꯣꯇꯤꯛ ꯂꯥꯟꯅ ꯁꯤꯖꯤꯟꯅ ꯊꯤꯡꯍꯧꯅꯕ...

ꯂꯃꯥꯏ 1 ꯒꯤ ꯃꯈꯥ...

ꯗꯤꯁꯇ꯭ꯔꯤꯛꯠ ꯍꯣꯁꯄꯤꯇꯥꯜ
ꯀꯛꯆꯤꯡꯒꯤ ꯃꯦꯗꯤꯀꯦꯜ ꯑꯣꯐꯤꯁꯔ
ꯗꯣ. ꯅꯣꯡꯃꯥꯏꯊꯦꯝ ꯕꯤꯗ꯭ꯌꯥꯔꯥꯅꯤꯅ
ꯄꯥꯎꯆꯦ ꯑꯁꯤꯗ ꯍꯥꯏꯈꯤ, ꯑꯦꯟꯇꯤ
ꯕꯥꯏꯑꯣꯇꯤꯛ ꯍꯥꯏꯕꯁꯤ ꯕꯦꯛꯇꯔꯤꯌꯥꯅ
ꯅꯥꯍꯜꯂꯛꯄ ꯂꯥꯏꯅꯥ ꯂꯥꯏꯑꯣꯡꯁꯤꯡ
ꯂꯥꯌꯦꯡꯕꯗ ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯑꯗꯨꯕꯨ
ꯀꯅꯥꯒꯨꯝꯕꯁꯤꯡꯅ ꯅꯥꯔꯛ-ꯌꯦꯛꯂꯛꯄ
ꯃꯇꯝꯗ ꯃꯔꯤ ꯂꯩꯅꯕ ꯗꯣꯛꯇꯔ
ꯇꯥꯅꯗꯅ ꯑꯅꯥꯕ ꯃꯁꯥꯅ ꯅꯠꯇ꯭ꯔꯒ
ꯏꯃꯨꯡ ꯃꯅꯨꯡꯒꯤ ꯃꯤꯑꯣꯏꯁꯤꯡꯅ
ꯐꯥꯔꯃꯥꯁꯤ ꯑꯃꯗꯒꯤ ꯍꯦꯛꯇ
ꯑꯦꯟꯇꯤꯕꯥꯏꯑꯣꯇꯤꯛ ꯂꯩꯗꯨꯅ ꯆꯥꯕꯒꯤ
ꯍꯩꯅꯕꯤ ꯀꯌꯥ ꯂꯩꯔꯤ꯫ ꯑꯁꯤꯒꯨꯝꯕ ꯃꯇꯧ
ꯑꯁꯤ ꯀꯩꯗꯧꯅꯨꯡꯗ ꯇꯧꯔꯣꯏꯗꯕꯅꯤ꯫

ꯃꯔꯝ ꯆꯥꯗꯅ ꯑꯃꯗꯤ ꯀꯥꯡꯂꯣꯟ
ꯂꯥꯟꯅ ꯑꯦꯟꯇꯤꯕꯥꯏꯑꯣꯇꯤꯛ ꯆꯥꯕꯅ
ꯍꯛꯆꯥꯡ ꯃꯅꯨꯡꯗ ꯍꯥꯟꯅ ꯂꯩꯔꯝꯂꯤꯕ
ꯕꯦꯛꯇꯔꯤꯌꯥ ꯑꯗꯨ ꯏꯅꯧ ꯅꯧꯕ ꯃꯈꯜ
ꯑꯃꯒꯤ ꯕꯦꯛꯇꯔꯤꯌꯥ ꯑꯣꯏꯍꯜꯂꯛꯄ
ꯌꯥꯕꯒꯤ ꯑꯆꯧꯕ ꯃꯔꯝ ꯑꯃꯁꯨ
ꯑꯣꯏꯔꯛꯏ꯫ ꯃꯁꯤꯒꯤꯁꯨ ꯃꯊꯛꯇ
ꯑꯅꯧꯕ ꯃꯈꯜꯒꯤ ꯕꯦꯛꯇꯔꯤꯌꯥ ꯑꯗꯨ
ꯅꯥꯔꯤꯕ ꯃꯤꯑꯣꯏ ꯑꯗꯨꯈꯛꯇꯗ ꯅꯠꯇꯅ
ꯑꯇꯣꯞꯄꯁꯤꯡꯗꯁꯨ ꯁꯟꯗꯣꯔꯛꯄ
ꯌꯥꯕꯒꯤ ꯑꯣꯏꯊꯣꯛꯄ ꯂꯩ꯫ ꯃꯗꯨꯅ
ꯑꯇꯣꯞꯄ ꯃꯤꯑꯣꯏꯁꯤꯡꯗ ꯑꯃꯨꯛ
ꯆꯪꯈ꯭ꯔꯕꯗꯤ ꯂꯥꯌꯦꯡꯕ ꯉꯝꯗꯕ ꯂꯥꯏꯅꯥ
ꯅꯥꯍꯜꯂꯛꯄꯗ ꯅꯠꯇꯅ ꯁꯤꯕ ꯐꯥꯎꯕ
ꯌꯥꯎꯔꯤꯕꯅꯤ꯫ ꯑꯦꯟꯇꯤꯕꯥꯏꯑꯣꯇꯤꯛ
ꯔꯦꯖꯤꯁꯇꯦꯟꯁ ꯍꯥꯏꯕꯁꯤ ꯃꯇꯝꯒꯤ
ꯃꯇꯨꯡ ꯏꯟꯅ ꯃꯍꯧꯁꯥꯅ ꯊꯣꯛꯂꯕ
ꯄ꯭ꯔꯣꯁꯦꯁ ꯑꯃꯅꯤ꯫ ꯑꯗꯨꯕꯨ ꯑꯦꯈꯣꯏ
ꯃꯤꯑꯣꯏꯕꯅ ꯑꯦꯟꯇꯤꯕꯥꯏꯑꯣꯇꯤꯛ
ꯑꯁꯤ ꯂꯥꯟꯅ ꯁꯤꯖꯤꯟꯅꯕꯅ
ꯄ꯭ꯔꯣꯁꯦꯁ ꯑꯁꯤ ꯍꯦꯟꯅꯁꯨ ꯈꯣꯡꯖꯦꯜ
ꯌꯥꯡꯁꯤꯜꯍꯜꯂꯤ꯫

ꯂꯥꯌꯦꯡꯕ ꯉꯝꯂꯦ ꯍꯥꯏꯔꯤꯕ
ꯇꯨꯕꯔꯀ꯭ꯌꯨꯂꯣꯁꯤꯁ ꯂꯥꯏꯅꯥ
ꯑꯁꯤ ꯂꯥꯌꯦꯡꯕꯗ ꯃꯇꯝ ꯁꯥꯡꯅ
ꯑꯦꯟꯇꯤꯕꯥꯏꯑꯣꯇꯤꯛ ꯁꯤꯖꯤꯟꯅꯕ
ꯃꯊꯧ ꯇꯥꯏ꯫ ꯑꯗꯨꯕꯨ ꯀꯅꯥꯒꯨꯝꯕꯁꯤꯡꯅ
ꯆꯥꯔꯤꯕ ꯍꯤꯗꯥꯛ ꯑꯗꯨ ꯆꯥꯐꯝ ꯊꯣꯛꯄ
ꯆꯥꯡ ꯁꯨꯗ꯭ꯔꯤꯉꯩꯗ ꯈꯤꯠꯇꯪ ꯐꯔꯛꯂꯦ
ꯍꯥꯏꯗꯨꯅ ꯆꯥꯕ ꯂꯦꯞꯊꯣꯛꯄ ꯌꯥꯎꯏ꯫

ꯃꯁꯤꯅ ꯃꯔꯝ ꯑꯣꯏꯔꯒ ꯃꯜꯇꯤ
ꯗ꯭ꯔꯒ ꯔꯦꯖꯤꯁꯇꯦꯟꯠ (ꯑꯦꯝ ꯗꯤ
ꯑꯥꯔ) ꯇꯤ ꯕꯤ, ꯑꯦꯛꯁꯇꯦꯟꯁꯤꯚ
ꯗ꯭ꯔꯒ ꯔꯦꯖꯤꯁꯇꯦꯟꯠ (ꯑꯦꯛꯁ ꯗꯤ
ꯑꯥꯔ) ꯇꯤ ꯕꯤ ꯊꯣꯛꯍꯜꯂꯛꯄꯒꯤ
ꯃꯆꯥꯛꯁꯨ ꯑꯣꯏꯔꯤ꯫ ꯃꯗꯨꯅ ꯂꯥꯌꯦꯡꯕꯗ
ꯑꯋꯥꯕ ꯑꯣꯏꯍꯜꯂꯛꯄꯗ ꯅꯠꯇꯅ
ꯁꯤꯕ ꯐꯥꯎꯕ ꯌꯥꯎꯍꯜꯂꯤ꯫

ꯍꯧꯖꯤꯛꯀꯤ ꯃꯇꯝ ꯑꯁꯤꯗ
ꯂꯥꯌꯦꯡꯕ ꯂꯥꯛꯂꯤꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯒꯤ
ꯃꯅꯨꯡꯗ ꯆꯥꯗ 90 ꯔꯣꯝꯗꯤ ꯃꯁꯥꯅ
ꯐꯥꯔꯃꯥꯁꯤꯗꯒꯤ ꯍꯤꯗꯥꯛ ꯂꯩꯖꯔꯒ
ꯃꯌꯨꯝꯗ ꯍꯥꯟꯅ ꯂꯥꯌꯦꯡꯖꯔꯕ ꯃꯇꯨꯡꯗ
ꯐꯠꯂꯛꯇꯕꯗꯒꯤ ꯍꯣꯁꯄꯤꯇꯥꯜꯗ
ꯂꯥꯛꯄ ꯑꯣꯏꯅ ꯇꯧꯏ꯫ ꯏꯆꯝ ꯆꯝꯕ
ꯂꯥꯏꯍꯧ ꯇꯧꯕꯒꯤꯁꯨ ꯑꯦꯃꯣꯛꯁꯤꯂꯤꯟ
ꯍꯦꯛꯇ ꯆꯥꯁꯤꯟꯕ ꯅꯠꯇ꯭ꯔꯒ ꯗꯤꯔꯤꯌꯥ
ꯇꯧꯕꯒꯤꯁꯨ ꯑꯣ-ꯇꯨ ꯍꯦꯛꯇ ꯆꯥꯁꯤꯟꯕ
ꯇꯧꯏ, ꯃꯁꯤ ꯇꯧꯔꯣꯏꯗꯕꯅꯤ꯫

ꯗꯥꯏꯔꯤꯌꯥ ꯇꯧꯔꯒꯗꯤ ꯑꯣ ꯑꯥꯔ ꯑꯦꯁ
ꯊꯛꯄꯤꯕꯒ ꯂꯣꯏꯅꯅ ꯗꯣꯛꯇꯔꯒ
ꯇꯥꯟꯅꯕꯤꯌꯨ ꯍꯥꯏꯅꯁꯨ ꯃꯍꯥꯛꯅ ꯃꯈꯥ
ꯇꯥꯅ ꯐꯣꯡꯗꯣꯔꯛꯈꯤ꯫

ꯄꯥꯎꯆꯦ ꯑꯁꯤꯅ ꯃꯈꯥ ꯇꯥꯅ
ꯊꯤꯖꯤꯜꯂꯨꯕꯗ ꯃꯅꯤꯄꯨꯔ ꯁ꯭ꯇꯦꯠ
ꯇꯤ ꯕꯤ ꯁꯦꯜꯗꯒꯤ ꯐꯪꯕ ꯔꯤꯄꯣꯔꯠ
ꯑꯃꯒꯤ ꯃꯇꯨꯡ ꯏꯟꯅ ꯀꯨꯝꯖꯥ 2018ꯗ
ꯁ꯭ꯇꯦꯠ ꯑꯁꯤꯒꯤ ꯑꯣꯏꯅ ꯇꯤ ꯕꯤ
ꯅꯥꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯒꯤ ꯃꯔꯛꯇꯒꯤ
ꯆꯥꯗ 2-3ꯗꯤ ꯃꯜꯇꯤ ꯗ꯭ꯔꯒ
ꯔꯦꯖꯤꯁꯇꯦꯟꯠ (ꯑꯦꯝ ꯗꯤ ꯑꯥꯔ) ꯇꯤ
ꯕꯤꯅ ꯅꯥꯏ꯫ ꯑꯗꯨꯕꯨ ꯆꯍꯤ ꯑꯁꯤꯗꯗꯤ
ꯍꯥꯟꯅꯗꯒꯤ ꯆꯥꯡ ꯍꯦꯟꯒꯠꯂꯛꯇꯨꯅ
ꯑꯦꯝ ꯗꯤ ꯑꯥꯔ ꯇꯤ ꯕꯤ ꯅꯥꯕꯒꯤ ꯆꯥꯡ
ꯑꯁꯤ ꯆꯥꯗ 5 ꯌꯧꯔꯦ ꯍꯥꯏꯔꯤ꯫

ꯖꯋꯥꯍꯔꯂꯥꯜ ꯅꯦꯍꯔꯨ
ꯏꯟꯁ꯭ꯇꯤꯇ꯭ꯌꯨꯠ ꯑꯣꯐ ꯃꯦꯗꯤꯀꯦꯜ
ꯁꯥꯏꯟꯁꯦꯁ (ꯖꯦꯅꯤꯝꯁ)
ꯒꯤ ꯃꯥꯏꯀ꯭ꯔꯣꯕꯥꯏꯑꯣꯂꯣꯖꯤ
ꯗꯤꯄꯥꯔꯠꯃꯦꯟꯠꯀꯤ ꯗꯣꯛꯇꯔ
ꯑꯃꯅ ꯐꯣꯡꯗꯣꯔꯛꯄꯒꯤ ꯃꯇꯨꯡ
ꯏꯟꯅ ꯑꯦꯟꯇꯤꯕꯥꯏꯑꯣꯇꯤꯛ
ꯔꯦꯖꯤꯁꯇꯦꯟꯁꯀꯤ ꯀꯦꯁ ꯑꯁꯤ
ꯊꯦꯡꯅꯕꯒꯤ ꯔꯤꯄꯣꯔꯠꯇꯤ
ꯂꯩꯔꯦ꯫ ꯑꯗꯨꯕꯨ ꯃꯁꯤꯒꯤ ꯆꯞ ꯆꯥꯕ
ꯀꯜꯂꯦꯛꯇꯤꯚ ꯔꯦꯀꯣꯔꯗꯇꯤ ꯂꯩꯇ꯭ꯔꯤ
ꯍꯥꯏꯅ ꯐꯣꯡꯗꯣꯔꯛꯁꯤ꯫

ꯖꯦꯅꯤꯝꯁꯀꯤ ꯀꯝꯃ꯭ꯌꯨꯅꯤꯇꯤ
ꯍꯦꯗꯤꯁꯤꯟ ꯗꯤꯄꯥꯔꯠꯃꯦꯟꯠꯀꯤ
ꯗꯣꯛꯇꯔ ꯑꯃꯅ ꯍꯥꯏꯈꯤ,
ꯃꯅꯤꯄꯨꯔꯒꯤ ꯑꯣꯏꯅ ꯑꯅꯥ ꯂꯥꯌꯦꯡꯒ
ꯃꯔꯤ ꯂꯩꯅꯕꯁꯤꯡꯗ ꯔꯤꯁꯥꯔꯁ
ꯇꯧꯕꯤꯅꯕ ꯃꯤꯑꯣꯏ ꯋꯥꯠꯄꯅ ꯗꯥꯇꯥ ꯀꯌꯥ
ꯄꯨꯊꯣꯛꯅꯕ ꯍꯣꯠꯅꯕꯗ ꯉꯝꯗꯕꯒꯤ
ꯃꯆꯥꯛ ꯑꯣꯏꯔꯤ꯫ ꯗꯣꯛꯇꯔꯁꯤꯡꯅꯁꯨ
ꯔꯤꯁꯥꯔꯁ ꯇꯧꯕꯗ ꯈꯔ ꯍꯦꯟꯅ ꯃꯥꯏ
ꯑꯣꯟꯁꯤꯜꯍꯟꯅꯤꯡꯏ ꯍꯥꯏꯅꯁꯨ
ꯐꯣꯡꯗꯣꯔꯛꯈꯤ꯫

ꯋꯔꯜꯗ ꯍꯦꯜꯊ ꯑꯣꯔꯒꯅꯥꯏ-

ꯖꯦꯁꯟꯅ ꯑꯦꯟꯇꯤꯕꯥꯏꯑꯣꯇꯤꯛ
ꯔꯦꯖꯤꯁꯇꯦꯟꯁꯀꯤ ꯃꯇꯥꯡꯗ ꯐꯣꯡꯕ
ꯔꯤꯄꯣꯔꯠ ꯑꯃꯒꯤ ꯃꯇꯨꯡ ꯏꯟꯅ,
ꯑꯦꯟꯇꯤꯕꯥꯏꯑꯣꯇꯤꯛ ꯔꯦꯖꯤꯁꯇꯦꯟꯁ
ꯍꯥꯏꯕꯁꯤ ꯃꯥꯂꯦꯝꯒꯤ ꯑꯣꯏꯅ
ꯍꯦꯜꯊ, ꯐꯨꯗ ꯁꯤꯀ꯭ꯌꯨꯔꯤꯇꯤ ꯑꯃꯗꯤ
ꯗꯤꯕꯂꯞꯃꯦꯟꯠꯀꯤ ꯂꯝꯗ ꯊꯦꯡꯅꯕ
ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯆꯥꯎꯕ ꯊ꯭ꯔꯦꯠꯁꯤꯡꯒꯤ
ꯃꯅꯨꯡꯗ ꯑꯃꯅꯤ ꯍꯥꯏꯅ ꯍꯥꯏꯔꯤ꯫

ꯃꯥꯂꯦꯝꯒꯤ ꯃꯐꯝ ꯁꯤꯟꯕ ꯊꯨꯡꯅ ꯈꯨꯗꯣꯡ
ꯊꯤꯅꯤꯡꯉꯥꯏ ꯑꯣꯏꯍꯟꯕꯒꯤ ꯆꯥꯡꯁꯨ

heNgTlKoli> msin mrM

ꯑꯣꯏꯔꯒ ꯏꯔꯥꯏ-ꯂꯥꯏꯅ ꯂꯥꯌꯦꯡꯕ
ꯉꯝꯕ ꯀꯝꯃꯟ ꯏꯟꯐꯦꯛꯁꯤꯌꯁ
ꯂꯥꯏꯅꯥꯁꯤꯡꯁꯨ ꯂꯥꯌꯦꯡꯕ ꯋꯥꯕꯒꯤ
ꯃꯆꯥꯛ ꯑꯣꯏꯔꯛꯂꯤ꯫ ꯂꯦꯞꯄ
ꯂꯩꯇꯅ ꯍꯦꯟꯒꯠꯂꯛꯂꯤꯕ ꯂꯥꯏꯅꯥꯁꯤꯡ
ꯈꯨꯗꯝ ꯑꯣꯏꯅ ꯅ꯭ꯌꯨꯃꯣꯅꯤꯌꯥ,
ꯇꯨꯕꯔꯀ꯭ꯌꯨꯂꯣꯁꯤꯁ, ꯕ꯭ꯂꯗ
ꯄꯣꯏꯖꯅꯤꯡ, ꯒꯣꯅꯣꯔꯤꯌꯥ ꯑꯃꯁꯨꯡ
ꯆꯤꯟꯖꯥꯛꯇꯒꯤ ꯊꯣꯛꯍꯟꯕ
ꯂꯥꯏꯅꯥꯁꯤꯡ ꯂꯥꯌꯦꯡꯕꯗꯁꯨ
ꯈꯨꯗꯣꯡꯆꯥꯗꯕ ꯀꯌꯥ ꯊꯣꯛꯍꯜꯂꯛꯂꯤ꯫

ꯗꯣꯛꯇꯔꯒꯤ ꯄ꯭ꯔꯁꯀ꯭ꯔꯤꯞꯁꯟ
ꯌꯥꯎꯗ꯭ꯔꯕꯁꯨ ꯑꯦꯟꯇꯤꯕꯥꯏꯑꯣꯇꯤꯛ
ꯂꯩꯕ-ꯌꯣꯟꯕ ꯌꯥꯕꯒꯤ ꯈꯨꯗꯣꯡꯆꯥꯕ
ꯂꯩꯕꯅ ꯑꯦꯟꯇꯤꯕꯥꯏꯑꯣꯇꯤꯛ
ꯔꯦꯅꯤꯁꯇꯦꯟꯁꯀꯤ ꯆꯥꯉ ꯂꯦꯞꯄ
ꯂꯩꯇꯅ ꯍꯦꯟꯒꯠꯍꯜꯂꯛꯂꯤ꯫

ꯑꯅꯧꯕ ꯂꯥꯌꯦꯡ ꯃꯈꯜ ꯀꯌꯥ
ꯄꯨꯊꯣꯔꯛꯂꯕꯁꯨ ꯃꯤꯑꯣꯏꯕꯅ
ꯍꯤꯗꯥꯛ ꯆꯥꯕꯗ ꯑꯔꯥꯟꯕ ꯍꯩꯅꯕꯤ ꯑꯃ
ꯂꯥꯛꯂꯤꯕ ꯑꯁꯤ ꯆꯨꯝꯊꯣꯛꯍꯧꯗ꯭ꯔꯕꯗꯤ
ꯑꯦꯟꯇꯤꯕꯥꯏꯑꯣꯇꯤꯛ ꯔꯦꯖꯤꯁ-

ꯇꯦꯟꯁꯀꯤ ꯈꯨꯗꯣꯡꯊꯤꯕ ꯑꯁꯤ
ꯑꯗꯨꯝꯃꯛ ꯂꯩꯈꯤꯒꯅꯤ꯫ ꯃꯁꯤꯗꯒꯤ
ꯉ a K ꯊ o K ꯅꯕꯒ i ꯗꯃ K ꯇ
ꯑꯅꯥꯕ-ꯁꯤꯡꯅꯁꯨ ꯗꯣꯛꯇꯔꯅ
ꯄ꯭ꯔꯤꯁꯀ꯭ꯔꯥꯏꯕ ꯇꯧꯗ꯭ꯔꯒꯗꯤ
ꯑꯦꯟꯇꯤꯕꯥꯏꯑꯣꯇꯤꯛ ꯆꯥꯔꯣꯏꯗꯕꯅꯤ
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ꯗꯣꯛꯇꯔꯗ ꯇꯛꯁꯤꯜꯂꯣꯏꯗꯕꯅꯤ
ꯍꯥꯏꯅꯁꯨ ꯔꯤꯄꯣꯔꯠ ꯑꯁꯤꯅ ꯃꯈꯥ
ꯇꯥꯔꯤ꯫

ꯑꯃꯔꯣꯝꯗ, ꯑꯇꯣꯞꯄ
ꯔꯤꯄꯣꯔꯠ ꯑꯃꯒꯤ ꯃꯇꯨꯡ
ꯏꯟꯅ ꯑꯦꯟꯇꯤꯕꯥꯏꯑꯣꯇꯤꯛ
ꯔꯦꯖꯤꯁꯇꯦꯟꯁꯅ ꯃꯔꯝ ꯑꯣꯏꯗꯨꯅ
ꯃꯥꯂꯦꯝ ꯄꯨꯝꯕꯒꯤ ꯑꯣꯏꯅ ꯆꯍꯤ ꯑꯃꯗ
ꯑꯉꯥꯡ ꯂꯥꯈ 7 ꯁꯤꯍꯜꯂꯤ꯫ ꯃꯁꯤꯒꯤ
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ꯃꯔꯥꯜ ꯂꯩꯕꯁꯤꯡ
ꯆꯩꯔꯥꯛ ꯄꯤꯕꯤꯅꯕ...

ꯂꯃꯥꯏ 1 ꯒꯤ ꯃꯈꯥ...

ꯃꯁꯤꯒꯤ ꯃꯊꯛꯇ ꯑꯀꯣꯟꯕꯒꯤ
ꯀꯣꯂꯦꯖ ꯑꯁꯤꯅ ꯄꯤꯔꯛꯈꯤꯕ
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ꯃꯍꯥꯛꯀꯤ ꯔꯦꯖꯤꯁꯇ꯭ꯔꯦꯁꯟ
ꯅꯝꯕꯔ ꯑꯁꯤ 13281782
ꯑꯣꯐ 2013 ꯑꯣꯏꯔꯛꯈꯤꯕꯅꯤ
ꯍꯥꯏꯔꯤ꯫

ꯊꯧꯑꯣꯡꯁꯤꯗ ꯆꯤꯡꯅꯕꯗꯒꯤ
ꯑꯦꯄ꯭ꯔꯤꯜ 24, 2019ꯗ
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ꯑꯁꯤꯒꯤ ꯃꯇꯥꯡꯗ ꯀꯥꯃꯥꯈ꯭ꯌ
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ꯊꯥꯒꯠꯂꯛꯈꯤꯕ ꯃꯍꯥꯛꯀꯤ
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ꯗꯣꯀ꯭ꯌꯨꯃꯦꯟꯠꯁꯤꯡ ꯄꯤꯕꯤꯅꯕ
ꯍꯥꯏꯖꯈꯤꯕꯅꯤ ꯍꯥꯏꯔꯤ꯫

ꯑꯗꯨꯕꯨ ꯑꯦꯝ ꯌꯨꯒꯤ
ꯗꯦꯄ꯭ꯌꯨꯇꯤ ꯔꯦꯖꯤꯁꯇꯔ
(ꯁꯤ ꯄꯤ ꯑꯥꯏ ꯑꯣ) ꯇꯤ
ꯁꯥꯟꯇꯤꯀꯨꯃꯥꯔꯅ ꯊꯥꯁꯤꯒꯤ 15ꯗ
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ꯃꯍꯩꯔꯣꯏ ꯑꯁꯤꯒꯤ ꯃꯇꯥꯡꯗ
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ꯔꯦꯀꯣꯔꯗ ꯑꯃꯠꯇ ꯁꯕꯃꯤꯠ
ꯇꯧꯔꯛꯈꯤꯕ ꯂꯩꯇꯦ ꯍꯥꯏꯅ
ꯈꯪꯍꯜꯂꯛꯈꯤꯕꯅꯤ ꯍꯥꯏꯔꯤ꯫

ꯃꯔꯝ ꯑꯁꯤꯅ
ꯃꯍꯩꯔꯣꯏ ꯑꯁꯤꯗ ꯏꯁ꯭ꯌꯨ
ꯇꯧꯈ꯭ꯔꯤꯕ ꯀꯣꯂꯦꯖ ꯑꯁꯤꯒꯤ
ꯑꯦꯗꯃꯤꯠ ꯀꯥꯔꯗ ꯑꯃꯁꯨꯡ
ꯔꯦꯖꯤꯁꯇ꯭ꯔꯦꯁꯟ ꯅꯝꯕꯔ
ꯑꯁꯤ ꯐꯦꯗ ꯑꯣꯏꯔꯕ꯭ꯔꯥ
ꯍꯥꯏꯕꯒ ꯂꯣꯏꯅꯅ ꯃꯉꯣꯟꯗ
ꯗꯣꯀ꯭ꯌꯨꯃꯦꯟꯠꯁꯤ ꯑꯁꯤ ꯏꯁ꯭ꯌꯨ
ꯇꯧꯕꯗ ꯆꯦꯟꯅꯕ ꯑꯦꯝ ꯌꯨꯒꯤ
ꯑꯦꯀꯥꯗꯦꯃꯤꯛ ꯁꯦꯛꯁꯟꯒꯤ
ꯌꯥꯎꯅ ꯃꯔꯥꯜ ꯂꯩꯕꯁꯤꯡꯒꯤ
ꯃꯊꯛꯇ ꯂꯣꯒꯤ ꯑꯣꯏꯕ
ꯂꯧꯈꯠꯐꯝ ꯊꯣꯛꯄ ꯊꯕꯛꯁꯤꯡ
ꯂꯧꯈꯠꯄꯤꯌꯨ ꯍꯥꯏꯖꯔꯛꯈꯤꯕꯅꯤ
ꯍꯥꯏꯔꯤ꯫

GAS NEWS

ATHOKPAM INDANE

Booking Upto : 26/04/2019

Valid From : 19/04/2019

Stk : 612 (CTC)

Timing:06.30am to 10.00am

K!K INDANE SERVICE

Booking Uptodate

Stk : 306

Timing: 07.30am to 11.00am

(First Come First serve)

LEIBAKLEI GAS KAKCHING

Sl.No. Upto - 47725

Booking Upto: 12/04/2019

Valid From: 29/03/2019

Stk : 1224

Timing:08.00am to 11.00am

M.M. GAS SERVICE

Home Delivery Form Available

Booking Upto: 11/05/2019

Valid From: 07/05/2019

Stk : 612 (DBTL Only)

Timing:07.00am to 10.30am

MAIBIA GAS, MOIRANG

S". N#. 2501 - 3690

Booking Upto: 13/04/2019

Valid From: 10/04/2019

Stk : 306

Timing:7.00am to 11.00am

MANIPUR GAS SERVICE

Booking Upto:16/04/2019

Valid From:12/04/2019

Stk : 612

Timing:7.30am to 09.30am

MISAO GAS SERVICE

Booking Upto: 13/05/2019

Valid From: 29/04/2019

Stk : 306
19kg Commercial Available

Timing:07.00am to 11.00am

R&H, IRILBUNG

Booking Upto:28/04/2019

Valid From:11/04/2019

Stk : 612

Timing:08.00am to 11.00am

RBD GAS AGENCY

Booking Upto:22/04/2019

Valid From:07/04/2019

Stk : 612 (CTC Only)

Timing:06.30am to 10.30am

YAIRIPOK GAS SERVICE

Booking Upto:09/05/2019

Valid From:01/05/2019

Stk : 306

Timing:07.00am to 10.00am

JRONGMEI SK INDANE

WANGOI

Booking Upto:11/04/2019

Valid From:10/04/2019

Stk : 306

Timing:06.30am to 09.30am

IMPHAL LPG SERVICE

Booking Uptodate

14.2 Kg., Stk : 255
19kg., Stk : 86
5kg Available

Delivery at Heinoupok

Timing : 08.00am Onwards

(First come fi rst Serve)

No Booking Required

Avail Online Booking,

Payment & Home Delivery