IMPHAL, July 13, 2015, monday TZlExg 27 eg wkEq, egiFyskq, akmg\k sbAKgi 3413 obT\lE mkEwkB 2 SOjgmOM HUEIYEN LANPAO

ꯁ꯭ꯋꯥꯏꯟ ꯐꯤꯚꯔ
ꯕ꯭ꯔꯣꯛꯀꯣꯂꯤ
ꯅꯥꯄꯤ ꯍꯤꯗꯥꯛ ꯁꯤꯖꯤꯟꯅꯕꯒꯤ ꯃꯇꯝ
ꯍꯣꯒꯥ ꯀꯣꯂꯦꯔꯥ ꯍꯥꯏꯅꯁꯨ ꯈꯪꯅꯕ ꯁ꯭ꯋꯥꯏꯟ ꯐꯤꯚꯔ ꯂꯥꯏꯅꯥ ꯑꯁꯤ RNA
Urins ꯅ ꯊꯣꯛꯍꯟꯕ ꯂꯥꯏꯅꯥ ꯃꯈꯜ ꯑꯃꯅꯤ꯫ ꯃꯁꯤ ꯑꯣꯛꯇ ꯅꯥꯔꯒꯗꯤ
ꯌꯥꯝꯅ ꯊꯨꯅꯥ ꯁꯟꯗꯣꯔꯛꯄ ꯇꯝꯊꯤꯔꯕ ꯂꯥꯏꯆꯠ ꯑꯃꯅꯤ꯫ ꯃꯁꯤ ꯅꯥꯔꯒꯗꯤ
15% ꯗꯒꯤ 100% ꯐꯥꯎꯕ ꯁꯤꯒꯜꯂꯤ꯫ ꯅꯍꯥ ꯑꯣꯏꯔꯤꯕ ꯑꯣꯛꯁꯤꯡꯗ
ꯁꯤꯕꯒꯤ ꯆꯥꯡ ꯌꯥꯝꯅ ꯋꯥꯡꯏ꯫

ꯃꯍꯤꯛ ꯑꯁꯤ ꯑꯣꯛꯅ ꯆꯥꯕ ꯊꯛꯄ ꯑꯃꯁꯨꯡ ꯁ꯭ꯋꯔ ꯍꯣꯟꯕꯗ \
ꯥꯎꯈꯤꯕꯒ ꯍꯞꯇꯥ ꯑꯃꯒꯤ ꯃꯅꯨꯡꯗ ꯂꯥꯏꯅꯥ ꯑꯁꯤꯒꯤ ꯂꯥꯏꯑꯣꯡ ꯎꯠꯄ
ꯍꯧꯔꯛꯏ1 ꯃꯍꯤꯛꯁꯤꯡ ꯑꯁꯤ ꯑꯣꯛꯀꯤ ꯃꯆꯤꯟꯖꯥꯛꯇ ꯁꯦꯕ ꯇꯧꯔꯤꯕ ꯑꯣꯛ
ꯃꯄꯨ ꯅꯠꯇ꯭ꯔꯒ ꯂꯥꯏꯅꯥ ꯆꯦꯜꯂꯕ ꯑꯣꯛꯇꯒꯤ ꯁꯟꯗꯣꯔꯛꯏ꯫ ꯑꯣꯛ ꯁꯦꯕꯥ
ꯇꯧꯕꯤꯔꯤꯕ ꯃꯄꯨꯅ ꯆꯪꯊꯣꯛ-ꯆꯪꯁꯤꯟ ꯇꯧꯕ ꯃꯇꯝꯗ ꯃꯍꯤꯛ ꯆꯦꯜꯂꯛꯇꯅꯕ
ꯑꯃꯐꯕ ꯃꯤꯔꯣꯜ ꯁꯦꯠꯄꯤꯒꯅꯤ ꯑꯃꯗꯤ ꯑꯅꯧꯕ ꯑꯣꯛ ꯑꯃ ꯄꯨꯔꯛꯄ ꯃꯇꯝꯗ
ꯍꯥꯟꯅ ꯂꯩꯔꯝꯂꯤꯕ ꯑꯣꯛꯁꯤꯡꯒ ꯄꯨꯜꯂꯞ ꯊꯝꯕꯤꯔꯣꯏꯗꯕꯅꯤ꯫ ꯁ꯭ꯋꯥꯏꯟ ꯐꯤꯚꯔ
ꯊꯣꯛꯍꯟꯂꯤꯕ ꯃꯍꯤꯛ ꯑꯁꯤ ꯌꯥꯝꯅ ꯃꯇꯝ ꯁꯥꯡꯅ ꯍꯤꯡꯕ ꯉꯝꯃꯤ, ꯃꯈꯣꯏꯅ
ꯄꯥꯝꯂꯤꯕꯗꯤ ꯑꯏꯪꯕ, ꯑꯆꯣꯠꯄ ꯑꯃꯗꯤ Protain ꯌꯥꯝꯅ ꯋꯥꯡꯕ ꯃꯐꯝꯗꯅꯤ꯫
ꯁ꯭ꯋꯥꯏꯟ ꯐꯤꯚꯔꯒꯤ ꯃꯍꯤꯛꯁꯤ ꯃꯍꯤ ꯑꯣꯏꯕ ꯑꯃꯥꯡꯕꯗ 20 ꯦꯓ ꯇꯥ ꯍꯞꯇꯥ
2 ꯂꯩꯕ ꯉꯝꯃꯤ꯫ 8ꯦꯓ ꯇꯅꯥ ꯍꯞꯇꯥ 3 ꯍꯦꯟꯅ ꯂꯩꯕ ꯉꯝꯃꯤ꯫
ꯂꯥꯏꯅꯥꯒꯤ ꯂꯥꯏꯑꯣꯡ:

ꯃꯍꯤꯛ ꯑꯁꯤ ꯑꯣꯛꯅ ꯆꯥꯕ ꯊꯛꯄ ꯑꯃꯁꯨꯡ ꯁ꯭ꯋꯔ ꯍꯣꯟꯕꯗ \
ꯥꯎꯈꯤꯕꯒ ꯍꯞꯇꯥ ꯑꯃꯒꯤ ꯃꯅꯨꯡꯗ ꯂꯥꯏꯅꯥ ꯑꯁꯤꯒꯤ ꯂꯥꯏꯑꯣꯡ ꯎꯠꯄ
ꯍꯧꯔꯛꯏ꯫ ꯑꯍꯥꯟꯕꯗ ꯆꯥꯅꯤꯡ-ꯊꯛꯅꯤꯡꯕ ꯋꯥꯠꯂꯛꯇꯨꯅ ꯏꯍꯩ ꯍꯩꯅꯗꯕ ꯀꯨꯜꯂꯒ
ꯂꯩꯕ ꯎꯔꯛꯀꯅꯤ, ꯃꯁꯥ ꯌꯥꯝꯅ ꯁꯥꯒꯠꯂꯛꯇꯨꯅ 105ꯦ-107ꯦ ꯊ ꯐꯥꯨꯕ ꯍꯧꯅ ꯂꯥꯏꯍꯧ
ꯍꯧꯔꯛꯀꯅꯤ꯫ ꯈꯪꯍꯧꯗꯅ ꯁꯤꯕ ꯐꯥꯎꯕ ꯌꯥꯎꯔꯛꯏ꯫ ꯏꯀꯨꯏ ꯀꯨꯏꯗꯅ ꯅꯥꯔꯛꯄ
ꯉꯁꯤꯗꯤ ꯕ꯭ꯔꯣꯛꯀꯣꯂꯤꯒꯤ ꯃꯔꯝꯗ ꯈꯔꯥ ꯈꯪꯖꯤꯟꯃꯤꯟꯅꯁꯤ꯫
ꯖꯨꯂꯥꯏ ꯊꯥ ꯌꯧꯔꯛꯄꯁꯤꯗ ꯃꯥꯡꯖꯧꯅꯅ ꯈꯝꯖꯕꯅꯤ꯫ ꯑꯥꯒꯁ ꯊꯥꯗꯒꯤ ꯃꯔꯨ
ꯍꯨꯟꯕ ꯌꯥꯔꯦ꯫ ꯀꯣꯕꯤꯂꯩ (ꯊꯝꯆꯦꯠꯃꯥꯟꯕꯤ) ꯒ ꯌꯥꯝꯅ ꯃꯥꯟꯅꯕ ꯄꯥꯝꯕꯤ ꯑꯁꯤ
ꯀꯣꯕꯤꯂꯩꯒꯤ ꯍꯧꯔꯛꯐꯝ ꯃꯃ-ꯃꯄꯥꯅꯤ ꯍꯥꯏꯅ ꯂꯧꯅꯩ꯫ ꯕ꯭ꯔꯣꯛꯀꯣꯂꯤ
ꯃꯈꯜ ꯀꯌꯥ ꯂꯩ꯫ ꯃꯆꯨꯗ ꯈꯥꯏꯗꯣꯛꯄ ꯇꯥꯔꯕꯗꯤ ꯍꯤꯒꯣꯛ ꯑꯣꯏꯔꯞꯅ
ꯁꯪꯕ, ꯅꯥꯄꯨ ꯑꯣꯏꯔꯞ ꯁꯪꯕ, ꯑꯉꯧꯕ, ꯃꯪꯒ꯭ꯔꯥ ꯃꯆꯥ ꯑꯁꯤꯅꯆꯤꯡꯕ ꯀꯌ
ꯥꯅꯤ꯫ ꯏꯟꯗꯤꯌꯥꯗꯁꯨ ꯃꯁꯤ ꯑꯅꯧꯕ ꯄꯥꯝꯕꯤꯅꯤ꯫ ꯍꯥꯏꯕꯗꯤ ꯄꯥꯝꯕꯤ
ꯑꯁꯤ ꯌꯥꯝꯅ ꯄꯥꯛ-ꯁꯟꯅ ꯁꯥꯅꯗ꯭ꯔꯤ ꯍꯥꯏꯕꯅꯤ꯫ ꯃꯦꯇ꯭ꯔꯣꯄꯣꯂꯤꯇꯥꯟ
ꯁꯤꯇꯤꯁꯤꯡꯗ ꯑꯈꯟꯅꯕ ꯍꯣꯇꯦꯜꯁꯤꯡꯒꯤ ꯃꯦꯅꯨꯡꯗ ꯐꯪꯕ ꯌꯥꯝꯅ ꯃꯒꯨꯟ
ꯂꯩꯕ ꯑꯇꯥꯡꯕ ꯃꯊꯦꯜ ꯑꯣꯏꯅ ꯂꯧꯅꯕ ꯃꯈꯜꯅꯤ꯫ ꯑꯗꯨꯕꯨ ꯃꯁꯤ ꯇꯞꯅ-
ꯇꯞꯅ ꯁꯟꯗꯣꯔꯛꯇꯨꯅ ꯉꯁꯤꯗꯤ ꯃꯅꯤꯄꯨꯔꯗꯁꯨ ꯌꯧꯔꯛꯂꯦ꯫ ꯄꯥꯝꯕꯤ
ꯑꯁꯤꯒꯤ ꯃꯒꯨꯟ ꯈꯪꯕ ꯃꯤꯑꯣꯏꯁꯤꯡꯇꯅ ꯄꯥꯝꯅ ꯂꯩꯅꯕ ꯑꯣꯏꯅ ꯇꯧꯔꯤ꯫
ꯑꯍꯥꯟꯕ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯀꯩꯊꯦꯜꯗ ꯊꯣꯛꯂꯛꯄ ꯃꯇꯝꯗ ꯑꯁꯣꯏꯕ
ꯀꯣꯕꯤꯂꯩ ꯑꯣꯏꯅꯐꯥꯎꯕ ꯄꯥꯎꯊꯣꯛꯅꯗꯨꯅ ꯌꯣꯟꯕ ꯁꯤꯠꯇꯇꯕꯒꯤ ꯊꯧꯗꯣꯛ
ꯐꯥꯎꯕ ꯂꯩꯈ꯭ꯔꯦ꯫ ꯑꯗꯨꯕꯨ ꯍꯧꯖꯤꯛꯇꯤ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯃꯌꯥꯝꯅ ꯃꯁꯛ
ꯈꯪꯅꯕ ꯃꯒꯨꯟ ꯂꯩꯕ ꯃꯊꯦꯜ ꯑꯃ ꯑꯣꯏꯅ ꯈꯪꯅꯔꯛꯂꯦ꯫ ꯇꯁꯦꯡꯅꯃꯛꯁꯨ
ꯏꯟꯖꯥꯡ ꯃꯈꯜ ꯑꯁꯤ ꯃꯒꯨꯟ ꯌꯥꯝꯅ ꯂꯩꯕ ꯑꯃꯅꯤ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤ
anticarcinogenic ꯍꯥꯏꯕꯗꯤ ꯀꯦꯟꯁꯔ ꯅꯥꯕꯗꯒꯤ ꯉꯥꯛꯊꯣꯛꯄ
ꯉꯝꯕ ꯃꯆꯜ ꯀꯌꯥ ꯑꯃ ꯌꯥꯎꯔꯤ ꯍꯥꯏꯕ ꯈꯪꯅꯔꯛꯄꯗꯒꯤꯅꯤ꯫
ꯑꯁꯤꯗꯁꯨ ꯅꯠꯇꯅ ꯕ꯭ꯔꯣꯛꯀꯣꯂꯤ ꯑꯁꯤ ꯀꯣꯕꯤ ꯃꯈꯜꯁꯤꯡꯒꯤ
ꯃꯅꯨꯡꯗ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯍꯦꯟꯅ ꯍꯛꯆꯥꯡꯒꯤ ꯃꯆꯤꯒꯤ ꯁꯔꯨꯛ ꯌꯥꯎꯕ
ꯄꯥꯝꯕꯤ ꯃꯈꯜꯅꯤ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤ iron ꯒꯤ ꯆꯥꯡ ꯌꯥꯝꯅ ꯋꯥꯡꯅ
205 mg/100 gm, vitamin A 9000 IU/100 gm, thiamine 33 mg 100 gm, vitamin 137 mg/100
ꯤꯂ ꯌꯥꯎꯏ꯫ ꯑꯁꯤꯗꯁꯨ ꯅꯠꯇꯅ vitamins ꯟ mineral ꯗ
Calcium ꯌꯥꯎꯔꯤ꯫ ꯌꯥꯝꯅ ꯃꯔꯨ ꯑꯣꯏꯕ ꯑꯃꯅ chromium \
ꯥꯎꯕ ꯃꯔꯝꯅ ꯏꯗ cholesterol ꯍꯥꯏꯔꯤꯕ ꯄꯣꯠꯁꯛ ꯑꯁꯤ ꯑꯐꯕ
ꯃꯈꯜꯒ ꯐꯠꯇꯕ ꯃꯈꯜꯒ ꯆꯥꯡ ꯆꯥꯅ ꯊꯝꯕ ꯉꯝꯃꯤ ꯍꯥꯏꯔꯤ꯫ LDL
ꯍꯥꯏꯔꯤꯕ ꯐꯠꯇꯕ cholesterol ꯅꯦꯝꯊꯍꯟꯕꯒ ꯂꯣꯏꯅꯅ HDL

ꯍꯥꯏꯔꯤꯕ ꯑꯐꯕ cholesterol ꯋꯥꯡꯈꯠꯍꯟꯗꯨꯅ ꯃꯈꯜ ꯑꯅꯤ ꯑꯁꯤ SM ꯆꯥꯅ ꯊꯝꯕ ꯉꯝꯃꯤ ꯍꯥꯏꯕꯅꯤ꯫ ꯄꯨꯝꯅꯃꯛꯁꯤꯡ ꯑꯁꯤ ꯂꯩꯕꯅ
ꯕ꯭ꯔꯣꯛꯀꯣꯂꯤꯒꯤ ꯊꯥꯕꯒꯤ ꯃꯔꯝꯗ ꯈꯔꯥ ꯈꯟꯖꯤꯟꯃꯤꯟꯅꯕ ꯀꯥꯅꯒꯅꯤ
ꯈꯜꯂꯤ꯫
ꯃꯈꯜ:

ꯑꯍꯥꯟꯕꯗ ꯃꯆꯨꯒꯤ ꯃꯈꯜ ꯈꯔꯥ ꯊꯝꯖꯈ꯭ꯔꯦ꯫ ꯍꯧꯖꯤꯛ ꯃꯅꯤꯄꯨꯔꯗ ꯆꯥꯅꯔꯕ ꯃꯈꯜ (variety) ꯈꯔꯥ ꯊꯝꯖꯒꯦ꯫
ꯒ꯭ꯔꯤꯟ ꯃꯦꯖꯤꯛ : ꯃꯈꯜ ꯑꯁꯤ ꯖꯄꯥꯟꯒꯤ ꯁꯥꯀꯇꯥ ꯀꯝꯄꯅꯤꯅ
ꯄꯨꯊꯣꯛꯄ ꯍꯤꯒꯣꯛ ꯑꯣꯏꯔꯞ ꯁꯪꯕ ꯃꯈꯜꯅꯤ꯫ ꯃꯈꯜ ꯑꯁꯤ ꯅꯨꯃꯤꯠ
65/70 ꯐꯣꯎꯕꯗ ꯂꯣꯛꯄ ꯌꯥꯕ ꯃꯈꯜꯅꯤ꯫ ꯃꯅꯥꯒ ꯂꯩꯒ ꯆꯥꯡ ꯍꯥꯏꯔꯞ
ꯃꯥꯟꯅꯅ ꯄꯥꯟꯕ ꯃꯈꯜꯅꯤ꯫ ꯂꯩꯒꯤ ꯑꯔꯨꯝꯕ ꯑꯁꯤ ꯀꯤꯂꯣ ꯃꯈꯥꯏꯗꯒꯤꯅ
ꯀꯤꯂꯣ ꯑꯃ ꯐꯥꯎꯕ ꯂꯨꯝꯕ ꯉꯝꯃꯤ꯫ ꯁꯦꯞꯇꯦꯝꯕꯔ ꯊꯥ ꯃꯔꯨ ꯍꯨꯟꯕꯅ SD_
ꯥꯏꯗꯒꯤ ꯆꯥꯟꯅꯕ ꯃꯇꯝꯅꯤ꯫ ꯑꯥꯒꯁ ꯊꯥꯗ ꯃꯔꯨ ꯍꯨꯟꯕꯁꯨ ꯌꯥꯏ꯫ ꯃꯇꯝꯥꯤꯗ
ꯍꯨꯟꯕꯅ ꯑꯣꯛꯇꯣꯕꯔ-ꯅꯕꯦꯝꯕꯔ ꯂꯣꯟꯅꯕꯗ ꯈꯔꯥ ꯉꯟꯅ ꯄꯨꯊꯣꯛꯇꯨꯅ
ꯌꯥꯝꯅ ꯇꯣꯉꯥꯅ ꯌꯣꯟꯕ ꯉꯝꯍꯜꯂꯤ꯫ ꯂꯩ ꯆꯥꯎꯕꯗꯤ ꯃꯇꯝꯁꯤꯗ ꯊꯥꯕꯗ
ꯈꯔꯥ ꯍꯟꯊꯕ ꯊꯦꯡꯅꯩ꯫ ꯌꯥꯝꯅ ꯊꯦꯡꯅ ꯗꯤꯁꯦꯝꯕꯔ ꯊꯥꯗ ꯍꯨꯜꯂꯕꯗꯤ
ꯁꯥꯒꯠꯂꯛꯄ ꯃꯇꯝꯗ ꯂꯩ ꯁꯥꯠꯇꯨꯅ ꯂꯩ ꯐꯖꯕ ꯉꯝꯗꯦ, ꯂꯩ ꯄꯤꯛꯏ ꯑꯃꯁꯨꯡ
ꯆꯥꯔꯥ ꯉꯟꯅ ꯄꯨꯊꯣꯛꯇꯨꯅ ꯌꯥꯝꯅ ꯇꯥꯡꯅ ꯌꯣꯟꯕ ꯉꯝꯍꯜꯂꯤ꯫ ꯂꯩ ꯆꯥꯎꯕꯗꯤ
ꯐꯧꯔꯛꯇ ꯍꯧꯔꯤꯕ ꯅꯥꯄꯤꯁꯤꯡ ꯍꯥꯠꯅꯕ ꯃꯈꯜ ꯀꯌꯥꯒꯤ ꯅꯥꯄꯤ ꯍꯤꯗꯥꯛ
ꯁꯤꯖꯤꯟꯅꯩ꯫ ꯁꯤꯖꯤꯟꯕꯒꯤ ꯃꯇꯝ, ꯆꯥꯡ ꯑꯃꯁꯨꯡ ꯆꯥꯏꯊꯣꯛꯄꯒꯤ ꯃꯑꯣꯡ
ꯆꯨꯝꯂꯕꯗꯤ ꯍꯤꯗꯥꯛꯇꯨꯒꯤ ꯀꯥꯟꯅꯕ ꯆꯞ ꯆꯥꯅ ꯐꯪꯕ ꯉꯝꯒꯅꯤ꯫ ꯐꯧ ꯄꯥꯝꯕꯤ
ꯃꯔꯛꯇ ꯍꯧꯔꯤꯕ ꯅꯥꯄꯤꯁꯤꯡ ꯍꯥꯠꯄꯗ ꯁꯤꯖꯤꯟꯅꯕ ꯌꯥꯕ ꯅꯥꯄꯤ ꯍꯤꯗꯥꯛ
ꯃꯈꯜꯁꯤꯡ ꯑꯣꯟꯊꯣꯛꯅ ꯌꯥꯝꯈ꯭ꯔꯦ꯫ ꯑꯗꯨꯕꯨ ꯍꯤꯗꯥꯛ ꯁꯤꯖꯤꯟꯅꯕꯗ
ꯆꯪꯂꯤꯕ ꯁꯦꯟꯖꯪ, ꯁꯤꯖꯤꯟꯅꯒꯗꯧꯔꯤꯕ ꯍꯤꯗꯥꯛꯇꯨꯒꯤ ꯚꯣꯂ꯭ꯌꯨꯝ, ꯍꯤꯗꯥꯛ
ꯃꯈꯜꯗꯨꯅ ꯊꯣꯛꯍꯟꯕ ꯌꯥꯕ ꯑꯃꯥꯡꯕ ꯑꯃꯁꯨꯡ ꯈꯨꯠꯂꯣꯏꯕ ꯈꯨꯠꯂꯣꯏꯗꯕꯒꯤ
ꯃꯇꯨꯡ ꯏꯟꯅ ꯂꯧꯃꯤꯁꯤꯡꯒꯤ ꯑꯄꯥꯝ ꯄꯥꯝꯗ ꯂꯥꯛꯏ꯫ ꯑꯗꯨꯕꯨ ꯐꯅꯥ ꯐꯕꯥ
ꯍꯤꯗꯥꯛ ꯑꯣꯏꯔꯕꯁꯨ ꯁꯤꯖꯤꯟꯅꯕꯒꯤ ꯃꯇꯝꯕꯨ ꯁꯣꯏꯔꯕꯗꯤ ꯄꯨꯝꯅꯃꯛ
ꯑꯔꯦꯝꯕꯅꯤ꯫ "ꯑꯩꯒꯤꯗꯤ ꯀꯥꯞꯐꯝ ꯊꯣꯛꯄ ꯀꯥꯞꯈ꯭ꯔꯦ" ꯅꯠꯇ꯭ꯔꯒ "ꯆꯥꯏꯐꯝ
ꯊꯣꯛꯄ ꯆꯥꯏꯈ꯭ꯔꯦ" ꯍꯥꯏꯗꯨꯛ ꯄꯨꯛꯅꯤꯡ ꯅꯨꯡꯉꯥꯏꯕ ꯈꯛꯅꯤ꯫ ꯀꯥꯟꯅꯕꯗꯤ
TWI WIrl!

ꯅꯥꯄꯤ ꯍꯤꯗꯥꯛ ꯃꯈꯜ: ꯅꯥꯄꯤ ꯍꯤꯗꯥꯛꯁꯤꯡꯕꯨ ꯁꯤꯖꯤꯟꯅꯕꯒꯤ ꯃꯇꯝꯒ ꯃꯔꯤ ꯂꯩꯅꯅ ꯑꯅꯤꯊꯣꯛꯅ ꯈꯥꯏꯗꯣꯛꯏ꯫
1) ꯅꯥꯄꯤ ꯃꯔꯨꯁꯤꯡ ꯄꯣꯛꯈꯥꯏꯗꯨꯅ ꯍꯧꯗ꯭ꯔꯤꯉꯩ ꯃꯇꯝꯗ ꯍꯥꯠꯍꯧꯕꯗ
ꯁꯤꯖꯤꯟꯅꯕ ꯅꯥꯄꯤ ꯍꯤꯗꯥꯛꯁꯤꯡꯕꯨ ꯁꯝꯅ ꯄ꯭ꯔꯤ ꯏꯃꯔꯖꯦꯟꯁ ꯋꯤꯗꯤꯁꯥꯏꯗ

okTe SIrp! Butachlor, Pretilachlor, Pyrazosulfuron ethy mArAKgr fOTe KgcgEejgq ogrkdKgieg! okTjgq

ꯍꯤꯗꯥꯛꯁꯤꯡ ꯑꯁꯤ ꯐꯧ ꯂꯤꯡꯂꯒ ꯅꯠꯇ꯭ꯔꯒ ꯄꯥꯝꯐꯦꯜ ꯍꯨꯜꯂꯕ ꯃꯇꯨꯡ
ꯅꯨꯃꯤꯠ 3-4 ꯅꯤꯗꯒꯤ ꯍꯦꯟꯅ ꯊꯪꯊꯗꯅ ꯁꯤꯖꯤꯟꯅꯒꯅꯤ꯫ ꯍꯥꯏꯕꯗꯤ ꯂꯩꯕꯥꯛ
ꯁꯦꯝꯂꯕ ꯃꯇꯨꯡ ꯎꯀꯥꯏ ꯇꯛꯂꯕ ꯃꯇꯨꯡꯗ ꯂꯩꯕꯥꯛꯀꯤ ꯃꯊꯛ ꯊꯪꯕ ꯏꯟꯆꯤ
ꯑꯃꯒꯤ ꯃꯅꯨꯡꯗ ꯂꯩꯔꯤꯕ ꯅꯥꯒꯤ ꯃꯔꯨꯁꯤꯡꯗꯨ ꯍꯧꯗ꯭ꯔꯤꯉꯩꯗ ꯍꯥꯠꯇꯣꯛꯅꯅꯕ
ꯅꯥꯒꯤ ꯍꯤꯗꯥꯛ (Pre emergence ꯄꯅꯅꯛꯡꯖꯡꯛꯅ) ꯀꯥꯞꯄꯤ꯫

Burachlore ꯍꯥꯏꯕ ꯅꯥꯄꯤ ꯍꯤꯗꯥꯛꯥꯤ ꯃꯄꯪ)ꯒ꯭ꯔꯦꯅ꯭ꯌꯨꯜ) ꯑꯣꯏꯅ ꯑꯃꯁꯨꯡ ꯃꯍꯤ ꯑꯣꯏꯅꯁꯨ WIT! ꯃꯄꯪ ꯑꯣꯏꯅ ꯂꯥꯛꯄ Punch 5% ꯅꯠꯇ꯭ꯔꯒ

Machet 5% ꯂꯧ KZA ꯑꯃꯗ ꯀꯤꯂꯣꯒ꯭ꯔꯥꯝ 5-6 ꯆꯥꯏꯊꯣꯛꯀꯅꯤ꯫ ꯃꯍꯤ
ꯑꯣꯏꯅ ꯂꯥꯛꯄ Butachlore 50% EC ꯑꯣꯏꯔꯒꯅ ꯃꯤꯂꯤꯇꯤꯇꯔ 600
ꯏꯁꯤꯡ ꯂꯤꯇꯔ 100 ꯗ ꯌꯥꯟꯁꯤꯟꯕꯤꯔꯒ ꯐꯧ ꯂꯤꯡꯂꯕ ꯃꯇꯨꯡ ꯅꯨꯃꯤꯠ 5-7
ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯀꯥꯞꯊꯣꯛꯍꯧꯒꯅꯤ꯫ ꯊꯦꯡꯊꯕꯗ ꯀꯥꯟꯅꯕ ꯐꯪꯗꯦ꯫ Pretilachlore (Rifit 50%, ꯟꯗꯃꯚꯅ 50% ꯅꯠꯇ꯭ꯔꯒ
Deleta 50%) ꯃꯍꯤ ꯑꯣꯏꯅ ꯂꯥꯛꯄ ꯍꯤꯗꯥꯛꯁꯤ ꯃꯤꯂꯤꯂꯤꯇꯔ 250
ꯗꯒꯤ 300 ꯐꯥꯎꯕ ꯏꯁꯤꯡ ꯂꯤꯇꯔ 150 ꯗ ꯌꯥꯟꯕꯤꯔꯒ ꯂꯧ KZA ꯑꯃꯗ
ꯀꯥꯞꯊꯣꯛꯀꯅꯤ꯫ ꯃꯁꯤ ꯐꯧ ꯂꯤꯡꯂꯕ ꯃꯇꯨꯡ ꯅꯨꯃꯤꯠ ꯍꯨꯝꯅꯤ ꯐꯥꯎꯕꯒꯤ
ꯑꯣꯏꯔꯒꯗꯤ ꯑꯣꯛꯁꯤꯡꯁꯤ ꯆꯥꯅꯤꯡ-ꯊꯛꯅꯤꯡꯕ ꯋꯥꯠꯄ, ꯏꯇꯟ-ꯇꯟꯊꯕ,
ꯃꯃꯤꯠ ꯉꯥꯡꯁꯤꯜꯂꯛꯄ, ꯁ꯭ꯋꯔ ꯍꯣꯟꯕ ꯋꯥꯔꯛꯄ ꯑꯃꯗꯤ ꯈꯣꯡ ꯍꯥꯝꯕ \
ꯥꯔꯛꯇꯕ ꯃꯁꯤꯒꯤ ꯃꯇꯨꯡꯗ ꯑꯃꯨꯛ ꯈꯣꯡ ꯍꯥꯝꯊꯔꯛꯄ ꯑꯁꯤ ꯊꯦꯡꯅꯒꯜꯂꯤ꯫
ꯂꯥꯏꯅꯥ ꯨꯏꯅꯥ ꯅꯥꯔꯛꯄ ꯑꯣꯏꯔꯒꯗꯤ ꯃꯊꯛꯀꯤ ꯂꯥꯏꯑꯣꯡꯁꯤꯡꯁꯤ ꯎꯕ WIT,
ꯑꯣꯛꯁꯤꯡꯁꯤ ꯊꯥ 2-3 ꯃꯨꯛ ꯁꯨꯃꯥꯏꯅ ꯂꯩꯔꯒ ꯁꯤꯒꯜꯂꯤ꯫ ꯀꯔꯤꯒꯨꯝꯕ
ꯃꯇꯝꯗꯁꯨ ꯑꯣꯛꯀꯤ ꯑꯄꯥꯕ ꯎꯟꯁꯥ, ꯃꯅꯥ, ꯃꯈꯧ, ꯁꯦꯒꯥ, ꯃꯕꯨꯛꯅꯆꯤꯡꯕꯗ
ꯉꯥꯡꯂꯩꯅꯕ ꯅꯠꯇ꯭ꯔꯒ ꯃꯪꯒ꯭ꯔꯥ ꯃꯆꯨꯅ ꯃꯇꯠ-ꯇꯠ ꯐꯥꯎꯔꯛꯄꯗꯒꯤ ꯄꯥꯛꯅ
ꯁꯟꯗꯣꯔꯛꯏ ꯐꯤꯚꯝꯁꯤ ꯌꯧꯔꯛꯄꯗꯗꯤ ꯁꯤꯗ꯭ꯔꯤꯕ ꯐꯥꯎꯕ ꯁ꯭ꯋꯔ ꯊꯕꯦꯠ-
ꯊꯕꯦꯠ ꯍꯣꯜꯂꯒ ꯀꯨꯟꯗꯨꯅ ꯂꯩ꯫ ꯍꯥꯏꯔꯤꯕ ꯂꯥꯏꯅꯥ ꯂꯥꯏꯑꯣꯡꯁꯤ ꯑꯣꯛꯀꯤ ꯆꯍꯤ,
ꯑꯣꯛꯀꯤ ꯃꯈꯜ, ꯍꯛꯆꯥꯡꯒꯤ ꯐꯤꯚꯝ, ꯂꯥꯏꯅꯥ ꯆꯦꯟꯒꯟꯗꯕꯁꯨ ꯃꯈꯥ ꯄꯣꯂꯤ꯫ KD_
ꯥꯏꯟ ꯇꯤ ꯐꯤꯚꯔꯒꯤ ꯁ꯭ꯋꯥꯏꯟꯗꯒꯤ ꯂꯦꯡꯗꯕ ꯂꯥꯏꯑꯣꯡꯗꯤ ꯍꯛꯆꯥꯡ ꯁꯥꯒꯠꯄꯅꯤ
ꯃꯁꯤ ꯑꯣꯛꯅꯥꯎꯗꯅ ꯍꯦꯟꯅ ꯎꯕ WIT! ꯃꯄꯤ ꯐꯥꯔꯕ ꯑꯣꯛꯁꯤꯡꯗꯁꯨ ꯂꯥꯏꯑꯣꯡ
ꯑꯁꯤ ꯎꯕ WIT! ꯁ꯭ꯋꯥꯏꯟ ꯐꯤꯚꯔ ꯊꯣꯛꯍꯟꯕ ꯚꯥꯏꯔꯁ ꯑꯁꯤꯅ ꯒꯔꯚ ꯄꯨꯔꯕꯤ
ꯑꯣꯛꯀꯤ ꯑꯉꯥꯡ ꯈꯥꯎ ꯐꯥꯎꯗꯨꯅ ꯆꯪꯂꯒ ꯑꯣꯛ ꯃꯆꯥ ꯃꯌꯥꯝ ꯑꯗꯨꯗ ꯆꯪꯁꯤꯟꯗꯨꯅ
ꯃꯆꯥ ꯀꯥꯏꯕ ꯑꯃꯗꯤ ꯁꯤꯅ ꯄꯣꯛꯄ ꯅꯠꯇ꯭ꯔꯒ ꯑꯁꯣꯟꯕ ꯊꯛ-ꯊꯛ ꯅꯤꯛꯄ
ꯃꯆꯥ ꯄꯣꯛꯂꯛꯏ꯫
ꯂꯥꯏꯅꯥ ꯀꯔꯝꯅ ꯉꯥꯛꯊꯣꯛꯀꯅꯤ:
1. ꯇꯣꯉꯥꯟꯅ ꯊꯝꯕꯤꯕ
ꯁ꯭ꯋꯥꯏꯟ ꯐꯤꯚꯔ ꯅꯥꯔꯕ ꯑꯣꯛꯁꯤꯡ ꯃꯀꯣꯟꯗꯒꯤ ꯇꯣꯉꯥꯟꯅ
ꯊꯝꯕꯤꯒꯅ꯫
2. ꯇꯤꯀꯥ ꯀꯥꯞꯊꯣꯛꯄ
ꯑꯣꯛꯅꯥꯎꯅ ꯊꯥ ꯑꯅꯤ ꯁꯨꯔꯕ ꯃꯇꯝꯗ ꯁ꯭ꯋꯥꯏꯟ ꯐꯤꯚꯔꯒꯤ ꯇꯤꯀꯥ ꯑꯁꯤ
ꯀꯥꯞꯊꯣꯛꯄꯤꯒꯅꯤ ꯃꯁꯤꯒꯤ ꯃꯇꯨꯡꯗ ꯀꯥꯞꯈ꯭ꯔꯕ ꯅꯨꯃꯤꯠꯇꯒꯤ ꯊꯥ ꯑꯃ
ꯐꯥꯕꯒ ꯑꯃꯨꯛ ꯍꯟꯅ ꯇꯤꯀꯥ ꯊꯥꯗꯣꯛꯄꯤꯒꯅꯤ ꯃꯁꯤꯒꯤ ꯃꯇꯨꯡꯗ ꯊꯥ 6 ꯂꯩꯔꯒ
ꯃꯇꯝꯁꯤꯗ ꯊꯥꯕꯗ ꯈꯔꯥ ꯍꯟꯊꯕ ꯊꯦꯡꯅꯩ꯫ ꯌꯥꯝꯅ ꯊꯦꯡꯅ ꯗꯤꯁꯦꯝꯕꯔ
ꯊꯥꯗ ꯍꯨꯜꯂꯕꯗꯤ ꯁꯥꯒꯠꯂꯛꯄ ꯃꯇꯝꯗ ꯂꯩ ꯁꯥꯒꯠꯇꯨꯅ ꯂꯩ ꯐꯖꯕ ꯉꯝꯗꯦ,
ꯂꯩ ꯄꯤꯛꯏ ꯑꯃꯁꯨꯡ ꯆꯥꯔꯥ ꯆꯔꯥꯏ꯫ ꯃꯔꯝꯗꯤ ꯕ꯭ꯔꯣꯛꯀꯣꯂꯤ ꯑꯁꯤ ꯑꯁꯥꯕ
ꯃꯇꯝꯗ ꯅꯤꯡꯊꯤꯅ ꯂꯩ ꯁꯥꯠꯄ ꯉꯝꯗꯕ ꯄꯥꯝꯕꯤꯅꯤ꯫ ꯑꯁꯤꯗꯁꯨ ꯅꯠꯇꯅ
diamond ꯨꯃꯖꯥꯅꯛ moth ꯍꯥꯏꯔꯤꯕ ꯌꯥꯝꯅ ꯁꯥꯊꯤꯔꯕ ꯇꯤꯜ
ꯃꯈꯜ ꯑꯁꯤ ꯇꯥꯗꯨꯅ ꯂꯩꯒꯤ ꯃꯒꯨꯟ ꯌꯥꯝꯅ ꯍꯟꯊꯍꯜꯂꯤ꯫
Princess : ꯍꯥꯏꯔꯤꯕ ꯃꯈꯜ ꯑꯁꯤꯁꯨ ꯃꯅꯤꯄꯨꯔꯗ ꯌꯥꯝꯅ
ꯄꯛꯅꯕ ꯃꯈꯜ ꯑꯃꯅꯤ꯫ ꯄꯥꯝꯕꯤ ꯋꯥꯡ ꯆꯥꯎꯕ ꯃꯊꯛꯀꯤ Green
ꯂꯃꯤꯡꯖ ꯇꯒꯤ ꯍꯦꯜꯂꯤ꯫ ꯂꯩꯒ ꯃꯅꯥꯒ ꯃꯅꯥꯟꯅ ꯉꯝꯇꯛ ꯆꯠꯂꯤ꯫
ꯂꯩꯒꯤ ꯃꯆꯨꯗꯤ ꯑꯅꯤꯁꯤ ꯆꯞ ꯃꯥꯟꯅꯩ꯫ Green ꯂꯃꯤꯡꯖ ꯀ ꯃꯇꯝ
ꯑꯃꯠꯇꯗ ꯊꯥꯃꯤꯟꯅꯕꯗ ꯃꯥꯅꯥ ꯈꯔꯥ ꯊꯦꯡꯅꯩ꯫ ꯅꯨꯃꯤꯠ 75/80 ꯐꯥꯎꯕꯗ
ꯂꯣꯛꯄ ꯉꯝꯃꯤ꯫ ꯊꯥꯕꯒꯤ ꯃꯇꯝꯗꯤ ꯑꯅꯤꯃꯛ ꯆꯞ ꯃꯥꯟꯅꯩ꯫

Aishwarya: ꯃꯈꯜ ꯑꯁꯤꯁꯨ ꯃꯆꯨꯗꯤ ꯃꯊꯛꯀꯤ ꯑꯅꯤꯁꯤꯒ ꯆꯞ ꯃꯥꯟꯅꯩ꯫ ꯒ꯭ꯔꯤꯟ ꯃꯦꯆꯤꯛꯀ ꯍꯥꯏꯐꯦꯠ ꯁꯥꯠꯄꯒꯤ ꯃꯇꯝ ꯃꯥꯟꯅꯩ꯫
ꯂꯩꯗꯤ a\kt ꯇꯣꯡꯇꯛꯅ ꯕꯣꯂ ꯁꯥꯅ ꯃꯇꯨꯝ ꯇꯥꯕ ꯍꯦꯜꯂꯤ꯫ ꯂꯨꯝꯕꯒꯤ
ꯆꯥꯡꯁꯨ ꯑꯅꯤꯁꯤ ꯍꯥꯏꯐꯦꯠ ꯃꯥꯟꯅꯩ꯫ Sakura : ꯃꯈꯜ ꯑꯁꯤꯁꯨ ꯖꯄꯥꯟꯒꯤ ꯇꯣꯀꯤꯇ ꯀꯝꯄꯅꯤꯅ
ꯄꯨꯊꯣꯛꯄ ꯃꯈꯜꯅꯤ, ꯄꯥꯝꯕꯤ ꯋꯥꯡ-ꯆꯥꯎꯏ꯫ ꯂꯨꯝꯕꯒꯤ ꯆꯥꯡꯗꯤ ꯒ꯭ꯔꯥꯝ
750 ꯗꯒꯤ ꯀꯤꯂꯣ ꯑꯃ ꯐꯥꯎꯕ ꯂꯨꯝꯃꯤ꯫ ꯃꯇꯝ ꯈꯔꯥ ꯁꯥꯡꯅ ꯆꯪꯏ꯫ ꯑꯇꯩ-
ꯑꯇꯩ ꯃꯈꯜ ꯀꯌꯥ ꯑꯃꯒꯤ ꯃꯔꯨꯁꯨ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯀꯩꯊꯦꯜꯗ ꯐꯪꯂꯦ ꯑꯗꯨꯕꯨ
ꯃꯅꯤꯄꯨꯔꯗ ꯅꯤꯡꯊꯤꯅ ꯆꯥꯅꯔꯦ꯫ ꯈꯪꯂꯕ ꯃꯈꯜꯗꯤ ꯃꯊꯛꯇ ꯄꯟꯖꯔꯤꯕ
ꯑꯍꯨꯝ ꯑꯁꯤꯅꯤ ꯍꯥꯏꯖꯅꯤꯡꯏ꯫ ꯂꯩꯕꯥꯛ ꯂꯩꯍꯥꯎ:
ꯃꯅꯤꯄꯨꯔꯒꯤ ꯃꯐꯝ ꯑꯌꯥꯝꯕꯗ ꯕ꯭ꯔꯣꯛꯀꯣꯂꯤ ꯊꯥꯕ ꯄꯛꯅꯒꯅꯤ꯫ ꯐꯣꯂꯤ ꯊꯥꯕ, ꯏꯔꯝ ꯅꯥꯂꯥ ꯅꯤꯡꯇꯤꯅ ꯂꯩꯕ ꯃꯐꯝꯗꯅ ꯈꯔꯥ ꯍꯦꯟꯅ ꯄꯛꯅꯩ꯫

PH 6-6.8 ꯂꯩꯕ ꯃꯐꯝꯅ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯄꯛꯅꯩ꯫

ꯆꯥꯔꯥ ꯍꯨꯟꯕ : ꯀꯣꯕꯤꯂꯩꯒ ꯆꯞ ꯃꯥꯟꯅꯩ꯫ ꯄꯔꯦꯡ ꯅꯥꯏꯅ ꯃꯔꯝ \ ꯥꯠꯂꯒ ꯍꯨꯟꯕꯅ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯐꯩ ꯍꯥꯏꯖꯅꯤꯡꯏ ꯃꯔꯨꯗ captan ꯅꯠꯇ꯭ꯔꯒ

carbendazim ꯍꯥꯏꯔꯤꯕ ꯍꯤꯗꯥꯛ ꯑꯁꯤ ꯃꯔꯨ ꯀꯤꯂꯣ ꯑꯃꯗ
ꯒ꯭ꯔꯥꯝ ꯑꯅꯤꯒꯤ ꯆꯥꯡꯗ ꯇꯣꯠꯂꯒ ꯍꯨꯟꯕꯅ ꯃꯈ꯭ꯋꯥꯡ ꯆꯦꯡꯗꯨꯅ ꯄꯠꯄꯤ
ꯂꯩꯅꯥꯗꯒꯤ ꯉꯥꯛꯊꯣꯛꯄ ꯉꯝꯍꯜꯂꯤ꯫ ꯅꯠꯇ꯭ꯔꯒ trichoderma

ꯃꯅꯨꯡꯗ ꯄꯥꯡꯊꯣꯛꯀꯅꯤ꯫ ꯍꯤꯗꯥꯛꯁꯤ ꯀꯥꯞꯊꯣꯛꯄ ꯃꯇꯝꯗ ꯏꯁꯤꯡꯒꯤ
ꯆꯥꯡꯁꯤ ꯁꯦꯟꯇꯤꯃꯤꯇꯔ ꯑꯅꯤꯃꯨꯛꯇꯪ ꯊꯝꯕꯤꯒꯅꯤ꯫ ꯀꯥꯞꯈ꯭ꯔꯕ ꯃꯇꯨꯡ
ꯅꯨꯃꯤꯠ ꯅꯤꯅꯤ-ꯍꯨꯝꯅꯤ ꯊꯝꯕꯤꯔꯕ ꯃꯇꯨꯡꯗ ꯊꯝꯅꯤꯡꯕ ꯏꯁꯤꯡꯒꯤ ꯆꯥꯡ
(ꯁꯦꯃꯤ 5) ꯗ ꯊꯝꯕꯤꯕ ꯌꯥꯏ꯫ ꯏꯁꯤꯡꯒꯤ ꯆꯥꯡꯅ ꯁꯦꯃꯤ ꯑꯅꯅꯤꯗꯒꯤ
ꯍꯦꯟꯅ ꯋꯥꯡꯅ ꯂꯩꯈ꯭ꯔꯕꯗꯤ ꯂꯩꯉꯣꯏ ꯀꯤꯂꯣ 5-6 ꯀ ꯍꯤꯗꯥꯛꯁꯤ ꯃꯤꯂꯤ 250-
300 ꯐꯥꯎꯕ ꯌꯥꯟꯕꯤꯔꯒ ꯂꯧ KZA ꯑꯃꯗ ꯆꯥꯏꯊꯣꯛꯀꯅꯤ꯫

Pyrazosulfuran ethy (Sathi) 10% [OTjxrg
ꯐꯧ ꯍꯨꯜꯂꯝꯗꯥꯏ ꯅꯠꯇ꯭ꯔꯒ ꯂꯤꯡꯂꯝꯗꯥꯏ ꯑꯃꯁꯨꯡ ꯂꯤꯡꯈ꯭ꯔꯕ ꯅꯠꯇ꯭ꯔꯒ
ꯄꯥꯝꯐꯦꯜ ꯍꯨꯟꯈ꯭ꯔꯕ ꯃꯇꯨꯡ ꯅꯨꯃꯤꯠ ꯍꯨꯝꯅꯤ ꯐꯥꯎꯕꯗ ꯀꯥꯞꯊꯣꯛ ꯆꯥꯏꯊꯣꯛꯄ
ꯌꯥꯏ꯫ ꯍꯦꯟꯅ ꯐꯕꯗꯤ ꯄꯥꯝꯐꯦꯜ ꯍꯨꯟꯈ꯭ꯔꯕ ꯃꯇꯨꯡ ꯅꯠꯇ꯭ꯔꯒ ꯂꯤꯡꯈ꯭ꯔꯕ
ꯃꯇꯨꯡꯅ ꯅꯨꯃꯤꯠ ꯍꯨꯝꯅꯤꯗ ꯁꯤꯖꯤꯟꯅꯕꯅ ꯍꯦꯟꯅ ꯑꯣꯏꯖꯩ꯫ ꯃꯔꯝꯗꯤ
ꯂꯤꯡꯗ꯭ꯔꯤꯉꯩꯗ ꯀꯥꯞꯊꯣꯛ ꯆꯥꯏꯊꯣꯛꯈꯤꯕꯁꯤꯗꯤ ꯐꯧ ꯂꯤꯡꯕ ꯃꯇꯝꯗ
ꯂꯧꯐꯝꯗꯨꯗ ꯆꯥꯏꯊꯣꯛꯈꯤꯕꯁꯤꯗꯤ ꯐꯧ ꯂꯤꯡꯕ ꯃꯇꯝꯗ ꯂꯧꯐꯝꯗꯨꯗ ꯆꯠꯊꯣꯛ-
ꯆꯠꯁꯤꯟ ꯇꯧꯕꯅ ꯍꯤꯗꯥꯛꯇꯨ ꯂꯩꯕꯥꯛ ꯅꯨꯡꯗ ꯆꯪꯍꯟꯈꯤꯕ ꯃꯔꯝꯅ ꯀꯥ ꯍꯦꯟꯅ
ꯀꯥꯟꯅꯕ ꯉꯝꯍꯟꯗꯦ꯫ ꯃꯆꯤ- ꯃꯆꯤꯗ ꯅꯥꯄꯤ ꯍꯧꯔꯛꯏ꯫ ꯂꯤꯡꯂꯕ ꯃꯇꯨꯡ
ꯅꯠꯇ꯭ꯔꯒ ꯄꯥꯝꯐꯦꯜ ꯍꯨꯜꯂꯕ ꯃꯇꯨꯡꯗ ꯏꯁꯤꯡ ꯊꯥꯗꯣꯛꯈ꯭ꯔꯕ ꯃꯇꯨꯡꯗ
ꯀꯥꯞꯂꯕꯗꯤ ꯆꯞ ꯆꯥꯅ ꯀꯥꯟꯅꯕ WIT! KZA ꯑꯃ ꯆꯥꯎꯕ ꯂꯧꯐꯝꯒꯤꯗꯃꯛ
ꯅꯥꯄꯤ ꯍꯤꯗꯥꯛꯁꯤ ꯒ꯭ꯔꯥꯝ 40 ꯆꯪꯒꯅꯤ꯫ ꯏꯁꯤꯡ ꯂꯤꯇꯔ 15 ꯈꯨꯗꯤꯡꯗ ꯒ꯭ꯔꯥꯝ
10 ꯌꯥꯟꯕꯤꯔꯒ ꯀꯥꯞꯊꯣꯛꯀꯅꯤ꯫

2) ꯅꯥꯄꯤ ꯍꯧꯔꯕ ꯃꯇꯨꯡꯗ ꯅꯥꯄꯤꯁꯤꯡꯕꯨ ꯍꯥꯠꯅꯕ ꯍꯤꯗꯥꯛꯁꯤꯡꯗꯨ ꯄꯣꯠ ꯏꯃꯔꯖꯦꯟꯁ ꯋꯤꯗꯤꯁꯥꯏꯗ ꯍꯥꯏꯅ ꯈꯪꯅꯩ꯫ ꯅꯥꯄꯤꯁꯤꯡꯅ ꯈꯔꯥ ꯆꯥꯎꯔꯛꯂꯕ
ꯃꯇꯝ ꯍꯥꯏꯕꯗꯤ ꯃꯅꯥ ꯃꯔꯤꯃꯨꯛ ꯁꯨꯔꯛꯂꯕ ꯃꯇꯝꯗ ꯁꯤꯖꯤꯟꯅꯕꯅ ꯍꯦꯟꯅ
ꯑꯣꯏꯖꯩ꯫ ꯃꯁꯤ ꯄꯧ ꯂꯤꯡꯈ꯭ꯔꯕ, ꯅꯠꯇ꯭ꯔꯒ ꯄꯥꯝꯐꯦꯜ ꯍꯨꯟꯈ꯭ꯔꯕ ꯃꯇꯨꯡ
ꯅꯨꯃꯤꯠ 15 ꯅꯤꯗꯒꯤ 25 ꯅꯤ ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯑꯣꯏꯒꯜꯂꯤ꯫ ꯑꯗꯨꯕꯨ
ꯃꯁꯤ ꯂꯧꯕꯨꯛꯇ ꯏꯁꯤꯡ ꯂꯩꯕ ꯂꯩꯇꯕꯒꯤꯁꯨ ꯃꯈꯥ ꯄꯣꯜꯂꯤ꯫ ꯅꯨꯃꯤꯠ 30
ꯅꯤ ꯁꯨꯗ꯭ꯔꯤꯉꯩꯗ ꯅꯥꯄꯤꯁꯤꯡ ꯍꯥꯠꯍꯧꯒꯅꯤ꯫ ꯅꯨꯃꯤꯠ 35 ꯐꯥꯎꯕꯗꯤ ꯅꯥꯄꯤ
ꯑꯃꯁꯨꯡ ꯐꯧ ꯄꯥꯝꯕꯤꯁꯤꯡꯒꯤ ꯃꯔꯛꯇ ꯀꯝꯄꯤꯇꯤꯁꯟ ꯂꯩꯕꯅ ꯅꯨꯃꯤꯠꯁꯤ
ꯌꯧꯗ꯭ꯔꯤꯉꯩꯗ ꯅꯥꯄꯤꯁꯤꯡ ꯍꯥꯠꯍꯧꯔꯕꯗꯤ ꯐꯧꯅ ꯅꯥꯄꯤꯁꯤꯡꯕꯨ (ꯃꯇꯨꯡ ꯍꯧꯔꯛꯄ
ꯅꯥꯄꯤꯁꯤꯡ) ꯉꯝꯈ꯭ꯔꯅꯤ꯫
ꯅꯥꯄꯤ ꯍꯧꯔꯕ ꯃꯇꯨꯡꯗ ꯁꯤꯖꯤꯟꯅꯕ ꯌꯥꯕ ꯍꯤꯗꯥꯛꯁꯤꯡꯗꯤ 2, 4-꯭;
Metsulfuron methyl 10%+ Chlorimuron ethy
10% (Almix); Cyhalofopbutyl 10% EC (Clincher
10%) .
2, 4-꯭: ꯅꯥꯄꯤ ꯍꯤꯗꯥꯛꯁꯤ ꯃꯑꯣꯡ ꯀꯌꯥꯗ ꯍꯥꯏꯕꯗꯤ ꯃꯑꯣꯡ
ꯈꯦꯟꯅꯕꯒꯤ ꯃꯇꯨꯡ ꯏꯟꯅ ꯍꯤꯗꯥꯛ ꯆꯥꯏꯕꯒꯤ ꯆꯥꯡꯁꯨ ꯈꯦꯟꯅꯩ꯫ ꯆꯥꯗ 35 ꯒꯤ
ꯃꯄꯥꯡꯒꯜ ꯂꯩꯕ ꯍꯤꯗꯥꯛꯁꯤ ꯂꯧ KZA ꯑꯃꯗ ꯃꯤꯂꯤꯂꯤꯇꯔ 500 ꯑꯃꯁꯨꯡ
ꯑꯃꯨꯛ ꯊꯥꯗꯣꯛꯄꯤꯒꯅꯤ꯫
3. ꯑꯣꯛ ꯌꯥꯝꯅ ꯂꯣꯏꯕ ꯐꯥꯔ꯭ꯝ ꯑꯣꯏꯔꯒꯗꯤ ꯑꯣꯛ ꯈꯔꯥ \
ꯣꯟꯊꯣꯛꯈ꯭ꯔꯒ ꯑꯇꯣꯞꯄ ꯑꯃꯨꯛ ꯃꯍꯨꯠ ꯁꯤꯟꯕꯤꯒꯗꯕꯅꯤ꯫

4. ꯀꯔꯤꯒꯨꯝꯕ ꯁ꯭ꯋꯥꯏꯟ ꯐꯤꯚꯔꯒꯤ ꯂꯥꯏꯑꯣꯡꯁꯤ ꯁꯟꯗꯣꯔꯛꯂꯒꯗꯤ ꯑꯩꯈꯣꯏꯅ ꯇꯧꯒꯗꯕꯗꯤ-
ꯀ. ꯃꯅꯥꯛ ꯅꯛꯄ ꯚꯦꯇꯔꯤꯅꯔꯤ ꯗꯣꯛꯇꯔ ꯑꯃ ꯀꯧꯕ꯫
ꯁ. ꯑꯅꯥꯕꯁꯤꯡ ꯈꯟꯗꯣꯛꯇꯨꯅ ꯇꯣꯉꯥꯟꯅ ꯊꯝꯕꯤꯕ꯫
ꯂ. ꯑꯣꯀꯣꯟꯁꯤꯡꯁꯤ ꯂꯨ-ꯅꯥꯟꯅ ꯊꯝꯕꯤꯕ ꯑꯃꯗꯤ

Disintectant ꯁꯤꯖꯤꯟꯅꯗꯨꯅ ꯁꯦꯡꯗꯣꯛꯄꯤꯕ꯫ ꯃ. ꯑꯁꯤꯕ ꯑꯣꯛꯁꯤꯡ ꯃꯩ ꯊꯥꯗꯣꯛꯄꯤꯕ꯫
ꯄ. ꯅꯥꯗ꯭ꯔꯤꯕ ꯑꯣꯛꯁꯤꯡ ꯊꯨꯅ ꯇꯤꯀꯥ ꯀꯥꯞꯊꯣꯛꯄꯤꯕ꯫
ꯅ. ꯑꯇꯣꯞꯄ ꯂꯦꯝꯍꯧꯔꯤꯕ ꯑꯣꯛꯁꯤꯡ ꯑꯅꯥꯕ ꯐꯥꯔꯒ ꯇꯤꯀꯥ
ꯊꯥꯗꯣꯛꯄꯤꯕ꯫

ꯆ. ꯑꯣꯛ ꯑꯣꯏꯔꯤꯕ ꯃꯄꯨ ꯈꯨꯗꯤꯡꯃꯛ ꯍꯥꯏꯔꯤꯕ ꯁ꯭ꯋꯥꯏꯟ ꯐꯤꯚꯔ
ꯂꯥꯏꯅꯥ ꯑꯁꯤꯒꯤ ꯃꯔꯝꯗ ꯒ꯭ꯌꯥꯟ ꯇꯥꯍꯅꯕ
ꯇ. ꯑꯣꯛꯁꯥ ꯁꯦꯝꯕ ꯁꯥꯕꯒꯤ ꯃꯍꯤ-ꯃꯆꯨꯝ, ꯃꯇꯠ-ꯃꯔꯥꯡ ꯑꯃꯁꯨꯡ
ꯑꯣꯛꯁꯥ ꯊꯣꯡꯕ ꯍꯣꯇꯦꯜꯒꯤ ꯆꯒꯨꯝ-ꯆꯅꯥꯏ ꯑꯃꯗꯤ ꯊꯥꯗꯣꯛꯇꯨꯅ ꯂꯣꯏꯕ
ꯌꯦꯟ ꯉꯥꯅꯨꯒꯤ ꯑꯍꯤꯡꯕ ꯃꯔꯤꯟ ꯄꯤꯖꯔꯣꯏꯗꯕꯅꯤ꯫ ꯈ. ꯃꯈꯣꯏꯗꯤ ꯇꯉꯥꯏ ꯐꯗꯅ ꯄꯤꯖ-ꯄꯤꯊꯛ ꯇꯧꯕ ꯇꯥꯔꯕꯗꯤ ꯃꯩꯅ
ꯃꯨꯟꯅ ꯐꯨꯠꯇꯣꯛꯂꯒ ꯄꯤꯖꯕꯤꯒꯗꯕꯅꯤ꯫
ꯉ. ꯑꯃꯣꯏꯄ ꯏꯁꯤꯡ ꯑꯣꯛꯇ ꯈꯛ ꯄꯤꯊꯛꯂꯣꯏꯗꯕꯅꯤ꯫

ꯁ꯭ꯋꯥꯏꯟ ꯐꯤꯚꯔ ꯂꯥꯏꯅꯥ ꯑꯁꯤꯕꯨ ꯅꯥꯔꯛꯂꯕꯗꯤ ꯂꯥꯏꯌꯦꯡꯕꯒꯤ
ꯀꯥꯟꯅꯕ ꯋꯥꯠꯂꯤ꯫ ꯃꯁꯤꯗꯒꯤ ꯀꯥꯟꯅꯕ ꯎꯄꯥꯏꯗꯤ ꯃꯇꯝ ꯆꯥꯅ ꯇꯤꯀꯥ
ꯊꯥꯗꯣꯛꯄꯅꯤ ꯑꯃꯗꯤ ꯂꯨ-ꯅꯥꯟꯅ ꯑꯣꯀꯣꯟ ꯊꯝꯕꯤꯕꯅꯤ꯫

ꯌꯥꯎꯕ organic ꯀꯤ ꯨꯡꯍ ꯒꯤ ꯍꯤꯗꯥꯛ ꯃꯔꯨ ꯀꯤꯂꯣ ꯑꯃꯗ
ꯒ꯭ꯔꯥꯝ 8-10 ꯇꯣꯠꯂꯒ ꯍꯨꯟꯁꯤ ꯫ Organic Rashaya ꯒ
ꯀꯩꯗꯧꯅꯨꯡꯗ ꯄꯨꯟꯅ ꯃꯇꯝ ꯑꯃꯠꯇꯗ ꯁꯤꯖꯤꯟꯅꯔꯣꯏꯗꯕꯅꯤ꯫ ꯂꯩꯕꯥꯛ ꯁꯦꯝꯕ ꯁꯥꯕ:
ꯅꯤꯡꯊꯤꯅ ꯈꯣꯏꯗꯣꯛꯇꯨꯅ ꯁꯦꯝꯂꯕ ꯃꯐꯝꯗ ꯐꯩꯗꯣꯝ ꯇꯥꯈꯠꯇꯨꯅ ꯐꯩꯗꯣꯝꯒꯤ ꯃꯔꯛꯇ ꯏꯔꯝ ꯐꯨꯠ ꯑꯃꯒꯤ ꯆꯥꯡ ꯅꯤꯡꯊꯤꯅ ꯁꯦꯝꯂꯒ
ꯊꯥꯁꯤ꯫ ꯐꯩꯗꯣꯝꯒꯤ ꯑꯋꯥꯡꯕꯒꯤ ꯐꯨꯠꯈꯥꯏꯗꯒꯤ ꯈꯔꯥ ꯍꯦꯜꯍꯟꯁꯤ꯫
ꯐꯩꯗꯣꯝꯒꯤ ꯑꯄꯥꯛꯄꯗꯤ ꯄꯔꯦꯡ ꯑꯍꯨꯝ ꯅꯠꯇ꯭ꯔꯒ ꯃꯔꯤ ꯊꯥꯕ ꯆꯥꯟꯅꯕ
ꯁꯦꯝꯕ ꯌꯥꯏ꯫
ꯑꯔꯟ-ꯑꯀꯨꯡ:
ꯄꯥꯝꯕꯤꯒ-ꯄꯥꯝꯕꯤꯒ ꯁꯦꯃꯤ 45, ꯄꯔꯦꯡꯒ-ꯄꯔꯦꯡꯒ ꯁꯦꯃꯤ
60 ꯂꯥꯞꯅꯅ ꯊꯥꯕꯅ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯐꯩ꯫
ꯍꯥꯔ ꯍꯥꯞꯄ: ꯍꯥꯔ ꯃꯈꯜ ꯑꯍꯨꯝ ꯍꯥꯏꯕꯗꯤ ꯌꯨꯔꯤꯌꯥ, ꯁꯨꯄꯔ,
ꯄꯣꯇꯥꯁ ꯃꯈꯜ ꯑꯍꯨꯝ ꯑꯁꯤ ꯁꯔꯨꯛ 2:3:1 ꯅꯤꯡꯊꯤꯅ ꯌꯥꯟꯅꯔꯒ
ꯄꯥꯝꯕꯤ ꯃꯈꯣꯡꯗ ꯏꯀꯣꯏ ꯀꯣꯏꯅ ꯃꯥꯔꯥ ꯁꯣꯛꯍꯟꯗꯅ, ꯄꯥꯝꯕꯤꯅ
ꯊꯥꯔꯕ ꯃꯇꯨꯡꯗ ꯈꯨꯠ ꯂꯣꯟꯕ ꯃꯇꯝꯗ ꯍꯥꯞꯄꯅ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯐꯩ꯫
ꯅꯠꯇ꯭ꯔꯒꯅ ꯈꯨꯔꯈꯤꯒꯨꯝꯕ, ꯊꯥꯡꯖꯧꯖꯨꯝꯕ ꯑꯃꯅ ꯄꯥꯝꯕꯤ ꯃꯣꯏꯗ
ꯃꯥꯔꯥ ꯁꯣꯛꯍꯟꯗꯅ ꯍꯥꯜꯂꯒ ꯄꯨꯜꯂꯞ-ꯄꯨꯜꯂꯞ ꯍꯥꯞꯄ ꯑꯁꯤꯁꯨ
ꯌꯥꯝꯅ ꯐꯩ꯫
ꯍꯥꯔ ꯍꯥꯞꯂꯕ ꯃꯇꯨꯡꯗ ꯏꯁꯤꯡ ꯆꯥꯏꯕ ꯀꯥꯎꯔꯣꯏꯗꯕꯅꯤ꯫
ꯍꯥꯞꯄꯒꯤ ꯆꯥꯡꯗꯤ, ꯃꯊꯛꯇ ꯄꯟꯖꯈꯤꯕ ꯍꯥꯔ ꯃꯈꯜ ꯑꯍꯨꯝ ꯑꯗꯨ
ꯅꯤꯡꯊꯤꯅ ꯌꯥꯟꯅꯔꯕ ꯃꯇꯨꯡꯗ ꯈꯨꯇꯣꯟ ꯃꯉꯥꯅ ꯄꯥꯏꯕꯗ ꯌꯥꯎꯔꯛꯄ
ꯗꯨꯅ ꯆꯞ ꯆꯥꯔꯦ꯫ ꯉꯝꯂꯕꯗꯤ ꯁꯟꯊꯤ-ꯁꯟꯌꯨꯡꯒꯤ ꯍꯥꯔ ꯑꯁꯤ
ꯄꯔꯤ ꯑꯃꯗ KE ꯒꯥꯔꯤ ꯃꯄꯣꯠ 25-30, ꯊꯥꯒꯗꯕ ꯊꯥ ꯃꯈꯥꯏ
ꯑꯃ ꯋꯥꯠꯂꯤꯉꯩ ꯃꯇꯝꯗ ꯆꯥꯏꯊꯣꯛꯇꯨꯅ ꯀꯣꯏꯖꯤꯟꯍꯧꯕ ꯌꯥꯝꯅ ꯐꯩ꯫
ꯃꯁꯤꯅ ꯃꯐꯝ ꯑꯗꯨ ꯇꯨꯡ ꯀꯣꯏꯅ ꯂꯩꯍꯥꯎ ꯆꯦꯟꯕ ꯂꯝ ꯑꯣꯏꯍꯜꯂꯤ꯫
ꯂꯥꯏꯇꯥ-ꯇꯤꯟꯅꯥ:

ꯑꯇꯩ ꯀꯣꯕꯤꯗ ꯇꯥꯕ ꯈꯨꯗꯤꯡꯃꯛ ꯕ꯭ꯔꯣꯛꯀꯣꯂꯤꯗꯁꯨ ꯇꯥꯕ ꯊꯦꯡꯅꯩ꯫ ꯑꯈꯪ-ꯑꯍꯩ ꯇꯥꯟꯅꯗꯨꯅ ꯃꯇꯝ ꯆꯥꯛ ꯉꯥꯛꯊꯣꯛꯁꯤ꯫

ꯕ꯭ꯔꯣꯛꯀꯣꯜꯂꯤ ꯂꯣꯛꯄ:
ꯕ꯭ꯔꯣꯛꯀꯣꯂꯤ ꯂꯣꯛꯄ:

ꯕ꯭ꯔꯣꯛꯀꯣꯂꯤ ꯃꯇꯝ ꯆꯥꯅ ꯂꯣꯛꯁꯤ꯫ ꯂꯩꯅꯥ ꯃꯄꯨꯡ ꯐꯥꯔꯕ, \ ꯥꯝꯅ ꯁꯥꯇꯣꯛꯇ꯭ꯔꯤꯉꯩꯗ ꯃꯇꯝꯗ ꯍꯦꯛꯄꯅ ꯃꯤꯅ ꯄꯥꯝꯕ ꯍꯦꯜꯂꯤ꯫
ꯁꯥꯇꯣꯛꯈ꯭ꯔꯕꯗꯤ ꯂꯩꯒꯤ ꯃꯒꯨꯟ ꯍꯟꯊꯩ ꯃꯤꯅ ꯄꯥꯝꯕ ꯋꯥꯠꯂꯤ꯫
ꯂꯩꯒꯤ ꯃꯈꯣꯛ ꯈꯔꯥ ꯁꯥꯡꯅ ꯂꯥꯛꯀꯅꯤ꯫ ꯃꯔꯝꯗꯤ ꯃꯈꯣꯛ ꯑꯗꯨ
ꯀꯣꯕꯤꯂꯩꯒꯨꯝ ꯀꯟꯗꯦ, ꯃꯈꯣꯛ ꯑꯗꯨꯁꯨ ꯌꯥꯝꯅ ꯊꯣꯠꯄ ꯍꯛꯆꯥꯡꯗ
ꯀꯥꯟꯅꯕ, ꯆꯥꯕꯗꯁꯨ ꯍꯥꯎꯕ ꯁꯔꯨꯛꯅꯤ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤꯗꯤ ꯃꯁꯥ
ꯂꯣꯡꯒꯜꯂꯤ ꯃꯔꯝ ꯑꯗꯨꯅ ꯕ꯭ꯔꯣꯛꯀꯣꯂꯤꯕꯨ Sprouting ꯎꯗꯍꯖꯖꯍꯦꯡ ꯍꯥꯏꯅꯁꯨ ꯈꯪꯅꯔꯤꯕꯅꯤ꯫ ꯂꯩ ꯀꯛꯈ꯭ꯔꯕ ꯃꯇꯨꯡꯗ ꯅꯥꯀꯟꯗ ꯆꯣꯡꯂꯛꯄ ꯃꯁꯥꯗ ꯂꯩ ꯑꯗꯨꯃꯛ ꯁꯥꯠꯀꯅꯤ꯫ ꯃꯁꯤꯁꯨ
ꯀꯩꯊꯦꯜꯗ ꯃꯃꯜ ꯆꯞ ꯆꯥꯅ ꯌꯣꯟꯕ ꯌꯥꯏ꯫ ꯀꯅꯥꯒꯨꯝꯕ Kitchen
garden ꯇꯧꯕꯁꯤꯡꯅ ꯃꯇꯝ ꯀꯨꯏꯅ ꯊꯝꯗꯨꯅ ꯕ꯭ꯔꯣꯛꯀꯣꯂꯤ
ꯃꯇꯝ ꯁꯥꯡꯅ ꯍꯦꯛꯇꯨꯅ ꯑꯗꯨꯃꯛ ꯆꯥꯕ ꯌꯥꯏ꯫
ꯁꯦꯟꯗꯣꯡ:
ꯀꯣꯕꯤꯂꯩ ꯊꯥꯕꯗꯒꯤ ꯕ꯭ꯔꯣꯛꯀꯣꯂꯤꯅ ꯃꯃꯜ ꯋꯥꯡꯅ ꯌꯣꯟꯕ \
ꯥꯕ ꯃꯔꯝꯅ ꯀꯣꯕꯤꯂꯩꯗꯒꯤ ꯕ꯭ꯔꯣꯛꯀꯣꯂꯤꯅ ꯈꯔꯥ ꯂꯨꯝꯕ ꯍꯟꯊꯔꯕꯁꯨ
ꯄꯥꯝꯕꯤ ꯈꯔꯥ ꯀꯨꯡꯅ ꯊꯥꯕ ꯌꯥꯕ ꯃꯔꯝꯅ ꯁꯦꯟꯗꯣꯡ ꯍꯦꯟꯅ ꯐꯪꯕ ꯊꯦꯡꯅꯩ꯫
ꯑꯔꯣꯏꯕꯗ ꯊꯝꯖꯅꯤꯡꯕ ꯋꯥꯐꯝ ꯑꯃꯅ ꯕ꯭ꯔꯣꯛꯀꯣꯂꯤ ꯀꯔꯝꯅ
ꯆꯥꯒꯅꯤ ꯍꯥꯏꯕꯁꯤ ꯈꯪꯕ ꯐꯩ꯫ ꯀꯥ ꯍꯦꯟꯅ ꯃꯨꯜꯂꯕꯗꯤ ꯃꯉꯣꯟꯗ \
ꯥꯎꯔꯤꯕ ꯍꯛꯆꯥꯡꯗ ꯀꯥꯟꯅꯔꯕ ꯃꯆꯜꯁꯤꯡ ꯃꯥꯡꯕꯒꯤ ꯆꯥꯡ ꯋꯥꯡꯕꯅ
ꯃꯔꯝ ꯑꯣꯏꯗꯨꯅ ꯍꯛꯆꯥꯡꯗ ꯄꯤꯒꯗꯕ ꯀꯥꯟꯅꯕꯁꯤꯡ ꯐꯪꯗꯕ ꯌꯥꯏ꯫

ꯆꯥꯗ 36 ꯀꯤ ꯃꯄꯥꯡꯒꯜ ꯂꯩꯕ ꯑꯣꯏꯔꯒꯅ ꯃꯤꯂꯤ 550 ꯁꯤꯖꯤꯟꯅꯒꯅꯤ꯫
ꯆꯥꯗ 20 ꯒꯤ ꯃꯄꯥꯡꯒꯜ ꯂꯩꯕ 2,4-꯭ ꯃꯐꯣꯜ ꯑꯣꯏꯔꯒꯅ ꯂꯧ KZA
ꯑꯃꯗ ꯀꯤꯂꯣꯒ꯭ꯔꯥꯝ ꯑꯃ ꯆꯪꯏ꯫ ꯑꯇꯣꯪꯕ ꯏꯁꯤꯡ ꯂꯩꯇꯕ ꯐꯩꯗꯣꯝꯒꯤ
ꯃꯆꯤ-ꯃꯆꯤꯗ ꯇꯥꯈꯤꯕ ꯅꯥꯄꯤ ꯍꯤꯗꯥꯛꯇꯨ ꯆꯥꯏꯊꯣꯛꯄ ꯉꯝꯗꯕꯅ
ꯄꯥꯝꯕꯤꯗ ꯑꯀꯥꯏꯕ ꯄꯤ꯫ ꯑꯁꯤꯒꯨꯝꯕ ꯐꯤꯚꯝꯥꯤ ꯇꯥꯔꯛꯇꯅꯕ ꯂꯧꯐꯝꯕꯨ
ꯂꯩꯇꯦꯝ ꯃꯥꯟꯅꯅ ꯐꯧ ꯂꯤꯡꯗ꯭ꯔꯤꯉꯩ ꯅꯠꯇ꯭ꯔꯒ ꯄꯥꯝꯐꯦꯜ ꯍꯨꯟꯗ꯭ꯔꯤꯉꯩꯗ
ꯎꯀꯥꯏ ꯇꯛꯍꯧꯒꯅꯤ꯫ ꯑꯃꯁꯨꯡ ꯏꯟꯆꯤ ꯑꯃ ꯑꯅꯤꯃꯨꯛ ꯊꯥꯅ ꯏꯁꯤꯡ
ꯂꯩꯍꯜꯂꯒ ꯅꯥꯄꯤ ꯍꯤꯗꯥꯛ ꯁꯤꯖꯤꯟꯅꯒꯅꯤ꯫

Metsulfuran methyl 10% + Chlorimuron ethyl 10% (Almix) : KZA [a vkBq myWAr xDjkA

ꯃꯉꯥꯈꯛ ꯆꯪꯏ꯫ ꯏꯁꯤꯡ ꯂꯤꯇꯔ 15 ꯈꯨꯗꯤꯡꯗ ꯒ꯭ꯔꯥꯝ ꯑꯃꯃꯨꯛꯇꯪ
ꯍꯥꯞꯂꯒ ꯀꯥꯞꯊꯣꯛꯀꯅꯤ ꯃꯅꯥꯗ ꯍꯤꯗꯥꯛꯇꯨ ꯃꯄꯨꯡ ꯐꯥꯅ ꯅꯞꯅꯕ
ꯑꯃꯁꯨꯡ ꯀꯥꯟꯅꯕ ꯍꯦꯟ ꯐꯪꯅꯕ Sticker ꯃꯤꯂꯤꯂꯤꯇꯔ 5-5 ꯁꯨ
ꯍꯥꯞꯍꯧꯒꯅꯤ꯫ ꯅꯥꯄꯤꯅ ꯃꯅꯥ ꯃꯔꯤꯃꯨꯛ ꯁꯨꯔꯛꯄꯗ ꯀꯥꯞꯄꯅ ꯍꯦꯟꯅ
ꯑꯣꯏꯖꯩ꯫ ꯂꯧꯐꯝꯗ ꯏꯁꯤꯡ ꯂꯩꯕ ꯂꯩꯇꯕꯒ ꯃꯔꯤ ꯂꯩꯅꯗꯦ꯫ ꯑꯗꯨꯃꯛꯄꯨ
ꯑꯌꯥꯝꯕ ꯏꯁꯤꯡ ꯊꯥꯗꯣꯛꯈ꯭ꯔꯒ ꯅꯥꯄꯤꯁꯤꯡ ꯃꯁꯛ ꯐꯖꯅ ꯎꯔꯕꯗꯤ
ꯅꯥꯄꯤꯗ ꯍꯤꯗꯥꯛꯅ ꯃꯄꯨꯡ ꯐꯥꯅ ꯆꯣꯠꯍꯟꯒꯅꯤ꯫
ꯏꯔꯥꯏ ꯂꯥꯏꯅ ꯍꯥꯠꯀꯅꯤ꯫

Cyhalofop-butyl 10% EC (Clincher) : Bjgvkd WyakEqg okGwr \kAe ebiZkTq ogrkdeg! KZA

ꯑꯃꯗ ꯃꯤꯂꯤꯂꯤꯇꯔ 200 ꯆꯪꯏ꯫ ꯃꯅꯥ 4-5 ꯁꯨꯔꯕ ꯃꯇꯝꯗꯁꯨ ꯎꯔꯤꯆꯥꯛ
ꯐꯧꯃꯥꯟꯕꯤ ꯌꯥꯝꯅ ꯀꯟꯕ ꯃꯐꯝꯗꯗꯤ ꯌꯥꯝꯅ ꯀꯥꯟꯅꯕ ꯍꯤꯗꯥꯛꯅꯤ꯫
Penoxsulam (Granite 240 SC) : my KZA
ꯑꯃꯗ ꯃꯤꯂꯤꯂꯤꯇꯔ 25 ꯆꯪꯏ꯫ ꯏꯁꯤꯡ ꯂꯤꯇꯔ 15 ꯈꯨꯗꯤꯡꯗ ꯍꯤꯗꯥꯛ
ꯃꯤꯂꯤꯂꯤꯇꯔ ꯃꯉꯥ ꯌꯥꯟꯁꯤꯟꯕꯤꯔꯒ ꯀꯥꯞꯊꯣꯛꯀꯅꯤ꯫ ꯄꯥꯝꯐꯦꯜ ꯍꯨꯟꯈ꯭ꯔꯕ
ꯃꯇꯨꯡ ꯅꯠꯇ꯭ꯔꯒ ꯐꯧꯁꯤꯡ ꯊꯣꯛꯂꯕ ꯃꯇꯨꯡ ꯅꯨꯃꯤꯠ 8-12 ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ
ꯁꯤꯖꯤꯟꯅꯒꯅꯤ꯫ ꯅꯥꯒꯤꯅ ꯃꯅꯥ ꯑꯍꯨꯝ ꯁꯨꯔꯕ ꯑꯃꯁꯨꯡ ꯍꯧꯒꯗꯕꯒꯤ ꯂꯩꯔꯤꯕ
ꯅꯥꯄꯤ ꯃꯔꯨꯁꯤꯡꯗꯨ ꯍꯥꯠꯇꯣꯛꯄ ꯉꯝꯃꯤ꯫ ꯅꯥꯒꯤ ꯁꯤꯕꯒꯤ ꯃꯑꯣꯡ ꯃꯇꯧꯗꯤ
ꯍꯤꯗꯥꯛ ꯀꯥꯞꯂꯕ ꯃꯇꯨꯡ ꯅꯨꯃꯤꯠ 5-10 ꯅꯤ ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯎꯒꯅꯤ꯫
ꯏꯁꯤꯡ ꯌꯥꯝꯅ ꯄꯥꯅ ꯂꯩꯍꯟꯒꯅꯤ꯫ ꯏꯁꯤꯡ ꯋꯥꯡꯅ ꯂꯩꯔꯕꯗꯤ ꯅꯥꯄꯤ ꯑꯃꯁꯨꯡ
ꯅꯥꯄꯤ ꯃꯔꯨꯗ ꯍꯤꯗꯥꯛꯅ ꯄꯥꯟꯕ ꯉꯝꯂꯣꯏ꯫ ꯊꯝꯖꯅꯤꯡꯕ ꯋꯥꯐꯝꯗꯤ ꯅꯥꯒꯤ ꯍꯧꯔꯕ ꯃꯇꯨꯡꯗ ꯁꯤꯖꯤꯟꯅꯒꯗꯕ ꯍꯤꯗꯥꯛꯁꯤꯡꯕꯨ ꯅꯥꯒꯤ ꯍꯧꯗ꯭ꯔꯤꯉꯩꯗ ꯁꯤꯖꯤꯟꯅꯕ ꯅꯠꯇ꯭ꯔꯒ ꯅꯥꯒꯤ
ꯍꯧꯗ꯭ꯔꯤꯉꯩꯗ ꯁꯤꯖꯤꯟꯅꯒꯗꯕ ꯍꯤꯗꯥꯛꯁꯤꯡꯕꯨ ꯅꯥꯄꯤ ꯍꯧꯔꯕ
ꯃꯇꯨꯡꯗ ꯁꯤꯖꯤꯟꯅꯕ ꯍꯥꯏꯕꯁꯤ ꯑꯔꯦꯝꯕꯗ ꯁꯦꯜ ꯃꯥꯡꯍꯟꯕꯗ
ꯅꯠꯇꯅ ꯁꯦꯜꯅ ꯂꯩꯕ ꯌꯥꯗꯕ ꯃꯇꯝꯁꯨ ꯃꯥꯡꯍꯜꯂꯤ ꯍꯥꯏꯕꯁꯤꯅꯤ꯫

ꯂꯩꯉꯥꯛꯅ ꯁꯤꯈꯥꯡ ꯐꯥꯡꯐꯝ ꯊꯣꯛꯇꯦ
ꯃꯤꯌꯥꯝꯒꯤ ꯃꯤꯍꯨꯠꯁꯤꯡꯗ ꯑꯣꯟꯁꯤꯜꯂꯛꯄꯗ ꯑꯐꯕ ꯑꯣꯏꯔꯣꯏ
ꯃ ꯤꯌꯥꯝꯒꯤ ꯈꯣꯜꯂꯥꯎ ꯍꯥꯏꯕꯁꯤ ꯈꯅꯥꯎꯗꯒꯤ ꯊꯣꯔꯛꯄ ꯅꯠꯇꯦ,
ꯂꯝꯗꯝ'ꯁꯤꯒꯤ ꯍꯧꯖꯤꯛꯀꯤ ꯑꯃꯗꯤ ꯇꯨꯡꯒꯤ ꯂꯥꯏꯕꯛ ꯂꯦꯞꯅꯕ
ꯃꯤꯠꯌꯦꯡ ꯑꯗꯨꯗꯒꯤ ꯍꯧꯔꯛꯄ ꯊꯃꯣꯏꯗꯒꯤ ꯍꯧꯔꯛꯄꯅꯤ꯫ ꯂꯩꯕꯥꯛ ꯑꯁꯤꯅ ꯃꯅꯤꯡ ꯃꯈꯥ ꯇꯝꯕ ꯐꯪꯗ꯭ꯔꯤꯉꯩ ꯃꯃꯥꯡ, ꯅꯤꯡꯊꯧ ꯄꯥꯟꯕ ꯂꯩꯕꯥꯛ ꯀꯌꯥ ꯂꯩꯔꯤꯉꯩꯗ ꯑꯣꯏꯔꯝꯕ ꯇ꯭ꯔꯤꯄꯨꯔꯥꯒꯤ-ꯇ꯭ꯔꯤꯄꯨꯔꯤꯁꯤꯡꯒꯤ ꯐꯤꯚꯝ ꯍꯧꯖꯤꯛ ꯀꯝꯗꯧꯔꯤꯕꯒꯦ ꯍꯛꯆꯤꯟꯅ ꯌꯦꯡꯕ ꯌꯥꯏ꯫ ꯃꯥꯡꯗ ꯈꯨꯗꯝ ꯑꯣꯏꯅ ꯇꯥꯗꯨꯅ ꯂꯩꯔꯕ ꯑꯁꯤ ꯌꯦꯡꯂꯒ ꯃꯅꯤꯄꯨꯔꯁꯨ ꯅꯣꯡꯃꯗꯤ ꯆꯞ ꯃꯥꯟꯅꯕ ꯈꯨꯗꯣꯡꯊꯤꯕ ꯃꯥꯌꯣꯛꯅꯔꯛꯄ ꯁꯣꯏꯗꯕꯅꯤ꯫ ꯇ꯭ꯔꯤꯄꯨꯔꯥꯒꯤ ꯌꯦꯜꯍꯧꯃꯤꯁꯤꯡ ꯑꯣꯏꯔꯤꯕ ꯇ꯭ꯔꯤꯄꯨꯔꯤꯁꯤꯡ ꯉꯁꯤꯗꯤ ꯃꯃꯥ ꯂꯩꯕꯥꯛꯀꯤ ꯃꯌꯣꯜ ꯂꯝ ꯊꯥꯗꯣꯛꯇꯨꯅ ꯆꯤꯡꯈꯣꯡ ꯆꯤꯡꯌꯥꯗ ꯋꯥꯅ ꯁꯩꯗꯥꯡꯗꯨꯅ ꯂꯩꯔꯤ꯫ ꯑꯥꯝꯗꯁꯨ ꯃꯤꯇꯣꯞꯁꯤꯡꯅ ꯂꯥꯡꯒꯣꯏ ꯆꯟꯁꯤꯟꯈꯤꯕ ꯃꯐꯝ ꯀꯌꯥ ꯂꯩꯔꯦ꯫ ꯃꯁꯤꯃꯛꯅ ꯀꯨꯝꯖꯥ 1979 ꯗꯒꯤ 1983 ꯐꯥꯎꯕ ꯑꯜ ꯑꯁꯥꯝ ꯁ꯭ꯇꯨꯗꯦꯟꯠꯁ ꯌꯨꯅꯤꯌꯟꯅ ꯐꯣꯔꯦꯟꯅꯔ ꯏꯁ꯭ꯌꯨꯒ ꯃꯔꯤ ꯂꯩꯅꯅ ꯑꯀꯟꯕ ꯈꯣꯡꯖꯪ ꯆꯪꯁꯤꯟꯈꯤꯕ ꯄꯨꯝꯅꯃꯛꯅ ꯈꯪꯅꯔꯤ꯫ ꯀꯨꯝꯖꯥ 1951 ꯗ ꯂꯩꯕꯥꯛ ꯑꯁꯤꯒꯤ ꯑꯣꯏꯅ ꯃꯤꯀꯣꯛ ꯊꯤꯈꯤꯕꯗ ꯂꯩꯔꯝꯕ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯐꯤꯚꯝꯒ ꯍꯧꯖꯤꯛꯀ ꯌꯦꯅꯔꯨꯕꯗ ꯃꯤꯇꯣꯞꯥꯤꯡꯅ ꯂꯥꯛꯁꯤꯜꯂꯛꯂꯦ꯫ ꯃꯇꯝ ꯑꯃꯗ ꯏꯄꯥ-ꯏꯄꯨꯁꯤꯡꯅ ꯏꯔꯥꯠ ꯊꯧꯅꯤ ꯄꯥꯡꯊꯣꯛꯂꯝꯕ ꯃꯐꯝ ꯀꯌꯥ ꯃꯤꯇꯣꯞꯁꯤꯡꯅ ꯃꯈꯣꯏꯒꯤ ꯂꯣꯜꯒ ꯆꯨꯅꯕ ꯃꯃꯤꯡ ꯊꯣꯟꯖꯤꯟꯈ꯭ꯔꯦ꯫ ꯀꯩꯔꯣꯏ, ꯂꯩꯀꯥꯏ ꯑꯃꯗꯤ ꯈꯨꯡꯒꯪ ꯀꯌꯥ ꯁꯦꯝꯒꯠꯂꯛꯈ꯭ꯔꯦ ꯍꯥꯏꯕꯁꯤ ꯅꯥꯊꯩꯗꯨꯅ ꯊꯝꯕ ꯌꯥꯕ ꯅꯠꯇꯦ꯫ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯑꯁꯥꯝꯒ ꯂꯣꯟꯅꯕ ꯉꯝꯈꯩ ꯂꯝ ꯑꯣꯏꯔꯤꯕ ꯖꯤꯔꯤꯕꯥꯝ ꯃꯤꯇꯣꯞꯁꯤꯡꯅ ꯈꯨꯗꯨꯝ ꯆꯟꯁꯤꯟꯈꯤꯒꯗꯕ ꯀꯨꯏꯔꯔꯣꯏ꯫ ꯑꯋꯥꯡ ꯅꯣꯡꯄꯣꯛ ꯂꯝꯗꯝꯒꯤ ꯃꯅꯨꯡꯗ ꯂꯩꯔꯤꯕ ꯑꯄꯤꯛ-ꯑꯄꯤꯛꯄ ꯁ꯭ꯇꯦꯠꯁꯤꯡꯗ ꯌꯦꯜꯍꯧꯃꯤ ꯅꯠꯇꯕꯁꯤꯡꯅ ꯊꯣꯝꯖꯤꯜꯂꯛꯇꯨꯅ ꯃꯈꯂ ꯑꯃ ꯅꯠꯇ꯭ꯔꯒ ꯑꯃꯒꯤ ꯁꯤꯟꯐꯝꯗ ꯌꯨꯝꯐꯝ ꯑꯣꯏꯔꯒ ꯁꯨꯔꯨ ꯁꯨꯔꯨ ꯂꯩꯁꯤꯟꯗꯨꯅ ꯂꯩꯔꯒ ꯐꯤꯔꯡꯒꯤ ꯂꯝꯂꯧꯒꯤ ꯂꯧꯁꯤꯡ ꯁꯤꯖꯤꯟꯅꯔꯛꯄ ꯌꯦꯡꯗꯨꯅ ꯂꯩꯐꯝ ꯊꯣꯛꯇꯦ꯫ ꯑꯋꯥꯡ ꯅꯣꯡꯄꯣꯛꯀꯤ ꯁ꯭ꯇꯦꯠ ꯈꯔꯗ ꯆꯠꯅꯍꯟꯈꯤꯕ ꯑꯥꯏ ꯑꯦꯜ ꯄꯤ ꯃꯅꯤꯄꯨꯔꯗ ꯆꯠꯅꯍꯜꯂꯨ ꯍꯥꯏꯕꯒꯤ ꯏꯍꯧ ꯍꯦꯟꯅ ꯀꯟꯁꯤꯜꯂꯛꯂꯦ꯫ ꯇꯤꯌꯔ ꯒ꯭ꯌꯥꯁ, ꯔꯕꯔ ꯕꯨꯂꯦꯠ ꯑꯃꯗꯤ ꯑꯇꯩ ꯁꯛꯇꯤ ꯀꯌꯥ ꯁꯤꯖꯤꯟꯅꯗꯨꯅ ꯅꯝꯊꯕꯒꯤ ꯋꯥꯈꯂꯣꯟꯗ ꯁꯤꯈꯥꯡ ꯈꯥꯡꯗꯨꯅ ꯂꯩꯔꯛꯄꯒꯤ WM ꯑꯐꯕ ꯑꯣꯏꯔꯣꯏ꯫ ꯌꯦꯜꯍꯧꯃꯤꯁꯤꯡꯒꯤ ꯑꯥꯏꯗꯦꯟꯇꯤ, ꯅꯥꯠ ꯀꯜꯆꯔꯒꯤ ꯃꯥꯡꯈꯤꯕ ꯌꯥꯕꯒꯤ ꯇꯥꯡꯀꯛ ꯌꯧꯔꯛꯅꯕ ꯃꯇꯝ'ꯁꯤꯗ ꯂꯩꯉꯥꯛꯅ
ꯃꯣꯏꯊꯦꯝꯒꯤ ꯃꯑꯣꯡ ꯃꯥꯟꯅ ꯗ ꯃꯅꯤꯄꯨꯔ ꯔꯦꯒ꯭ꯌꯨꯂꯦꯁꯟ ꯑꯣꯐ ꯚꯤꯖꯤꯇ꯭ꯔꯁ, ꯇꯤꯅꯥꯟꯠꯁ ꯑꯦꯟ ꯃꯥꯏꯒ꯭ꯔꯦꯟꯠꯁ ꯋꯥꯔꯀꯔ ꯕꯤꯜ 2015 ꯑꯦꯁꯦꯝꯕ꯭ꯂꯤꯗ
ꯄꯥꯁ ꯇꯧꯈꯤꯕ ꯑꯁꯤꯅ ꯑꯃꯨꯛꯀ ꯍꯦꯟꯅ ꯃꯤꯌꯥꯝꯗ ꯇꯥꯁꯣꯟꯅ ꯊꯤꯟꯕꯒꯨꯝ ꯊꯣꯛꯄꯗꯒꯤ ꯏꯔꯥꯡ ꯂꯩꯔꯛꯄꯅꯤ꯫ ꯌꯦꯜꯍꯧꯃꯤꯁꯤꯡ ꯃꯨꯠꯈꯤꯕ ꯃꯇꯝꯗ ꯃꯇꯝ ꯃꯇꯝꯒꯤ ꯑꯣꯏꯅ ꯂꯩꯉꯥꯛ ꯄꯨꯕ ꯌꯥꯎꯕ ꯃꯤꯌꯥꯝꯒꯤ ꯃꯤꯍꯨꯠꯁꯤꯡ ꯀꯗꯥꯏꯗ ꯂꯣꯠꯇꯨꯅ ꯂꯩꯕ ꯌꯥꯒꯅꯤ ꯍꯪꯕ ꯌꯥꯏ꯫ ꯑꯦꯁꯦꯝꯕ꯭ꯂꯤꯗ ꯄꯥꯁ ꯇꯧꯈꯤꯕ ꯕꯤꯜ ꯑꯁꯤꯒꯤ ꯃꯇꯥꯡꯗ ꯑꯈꯪ-ꯑꯍꯩ ꯑꯃꯗꯤ ꯃꯤꯌꯥꯝꯒ ꯇꯥꯟꯅꯔꯝꯕ
ꯂꯩꯈꯤꯕ꯭ꯔꯥ? ꯂꯩꯉꯥꯛ ꯄꯥꯏꯔꯕꯅꯤ ꯍꯥꯏꯕꯒꯤ ꯃꯑꯣꯡꯗ ꯉꯛꯆꯥꯎ ꯊꯦꯛꯇꯨꯅ ꯑꯔꯣꯟꯕ ꯑꯦꯖꯦꯟꯗꯥ ꯑꯃ ꯊꯝꯕ ꯃꯥꯟꯅ ꯈꯣꯡ ꯊꯥꯡꯖꯤꯟꯈꯤꯕꯒꯤ ꯃꯍꯏ ꯑꯗꯨ ꯂꯩꯉꯥꯛꯄꯁꯤꯡꯅ ꯐꯪꯂꯣꯏꯗꯕꯒꯤ ꯃꯔꯝ ꯂꯩꯇꯦ꯫ ꯁ꯭ꯇꯦꯠ ꯑꯁꯤꯒꯤ ꯃꯅꯨꯡꯗ ꯇꯣꯉꯥꯟ ꯇꯣꯉꯥꯟꯕ ꯂꯝ ꯀꯌꯥꯗ ꯍꯩꯊꯣꯏ ꯁꯤꯡꯊꯣꯏꯔꯕ, ꯃꯅꯨꯡ ꯍꯨꯠꯅ ꯈꯪꯕ ꯃꯤꯑꯣꯏ ꯀꯌꯥ ꯂꯩꯔꯤ ꯍꯥꯏꯕ ꯀꯥꯎꯕꯃꯈꯩ ꯃꯤꯌꯥꯝꯒꯤ ꯃꯥꯌꯣꯛꯇ ꯑꯇꯝꯅꯅ ꯁꯤꯡꯅꯔꯛꯄ ꯃꯥꯟꯕ ꯂꯩꯉꯥꯛꯀꯤ ꯊꯧꯑꯣꯡ ꯑꯐꯕ ꯑꯣꯏꯔꯣꯏ꯫ ꯃꯥꯂꯦꯝꯗ ꯃꯤꯌ
ꯥꯝꯒꯤ ꯁꯛꯇꯤꯕꯨ ꯅꯝꯊꯕ ꯉꯝꯕ ꯊꯧꯗꯣꯛ ꯉꯁꯤ ꯉꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯊꯣꯛꯈꯤꯕ ꯂꯩꯇ꯭ꯔꯤ꯫ ꯃꯔꯝ ꯑꯁꯤꯅ ꯃꯅꯤꯄꯨꯔ ꯂꯩꯉꯥꯛꯅ ꯆꯕꯦꯠ ꯆꯕꯦꯠ ꯉꯥꯡꯗꯨꯅ ꯁꯛꯇꯤ ꯄꯥꯏꯔꯕꯅꯤ ꯍꯥꯏꯕꯒꯤ ꯃꯇꯤꯛ ꯊꯥꯡꯅꯤꯡꯕ ꯈꯣꯡꯊꯥꯡ ꯊꯥꯡꯕ ꯌꯥꯒꯅꯤ
ꯊꯥꯖꯗꯦ꯫ ꯃꯤꯌꯥꯝꯅ ꯂꯩꯉꯥꯛ ꯄꯥꯏꯔꯤꯕꯁꯤꯡꯕꯨ ꯃꯤꯌꯥꯝꯒꯤ ꯃꯄꯥ-ꯃꯄꯥꯅꯤ ꯍꯥꯏꯅ ꯏꯀꯥꯏꯈꯨꯝꯅꯔꯝꯕꯗꯒꯤ ꯃꯃꯩꯗ ꯑꯣꯟꯅ-ꯇꯩꯅꯕ ꯃꯤꯠꯌꯦꯡ ꯌꯦꯡꯂꯛꯄ ꯌꯥꯏ1 ꯂꯩꯉꯥꯛꯀꯤ ꯐꯤꯔꯦꯞ ꯑꯃ ꯑꯆꯨꯝꯕꯗ ꯌꯨꯝꯐꯝ ꯑꯣꯏꯔꯒ ꯂꯧꯗ꯭ꯔꯤꯕ ꯐꯥꯎꯕꯗꯤ ꯏꯍꯧ ꯂꯦꯞꯀꯗꯕ ꯃꯥꯟꯗꯦ꯫ ꯑꯦꯁꯦꯝꯕ꯭ꯂꯤꯅ ꯄꯥꯁ ꯇꯧꯈꯤꯕ ꯃꯍꯥꯝ ꯇꯥꯔꯕ
ꯕꯤꯜ ꯈꯨꯗꯛꯇ ꯍꯟꯗꯣꯛꯇꯨꯅ ꯃꯤꯌꯥꯝꯒꯤ ꯑꯅꯤꯡꯕ, ꯑꯄꯥꯝꯕ ꯑꯗꯨ ꯌꯦꯡꯂꯒ ꯑꯇꯣꯞꯄ ꯕꯤꯜ ꯑꯃ ꯄꯨꯊꯣꯛꯅꯕ ꯍꯣꯠꯅꯐꯝ ꯊꯣꯛꯏ꯫ ꯁ꯭ꯇꯦꯠ ꯑꯁꯤꯗ ꯃꯩ ꯍꯧꯕꯒꯨꯝ ꯃꯤꯌꯥꯝꯒꯤ ꯑꯀꯟꯕ ꯏꯍꯧ ꯂꯩꯔꯤꯕ ꯑꯁꯤꯅ ꯍꯧꯖꯤꯛꯀꯤ ꯑꯣꯏꯅ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯃꯔꯨ ꯑꯣꯏꯕ ꯏꯁ꯭ꯌꯨꯅꯤ꯫ ꯃꯔꯝ ꯑꯁꯤꯅ ꯂꯩꯉꯥꯛꯄꯁꯤꯡꯅ ꯑꯥꯏ ꯑꯦꯜ ꯄꯤ ꯆꯠꯅꯍꯜꯂꯨ ꯍꯥꯏꯅ ꯗꯤꯃꯥꯟ ꯇꯧꯔꯤꯕ ꯑꯁꯤ ꯌꯦꯡꯂꯒ ꯃꯤꯌꯥꯝꯒꯤ ꯑꯄꯦꯟꯕ ꯍꯥꯏꯕꯗꯨ ꯑꯣꯏꯒꯗꯕ ꯋꯥꯔꯦꯞ ꯂꯧꯐꯝ ꯊꯣꯛꯏ꯫ ꯃꯗꯨ ꯅꯠꯇꯅ ꯅꯝꯊꯕꯒꯤ ꯋꯥꯈꯜꯂꯣꯟꯗ ꯎꯪꯖꯥ ꯄꯨꯗꯨꯅ ꯂꯩꯕꯅꯗꯤ ꯍꯧꯅꯔꯨꯗꯕ ꯃꯤꯌꯥꯝꯒꯤ ꯏꯍꯧ ꯑꯁꯤ ꯃꯤꯍꯨꯠꯁꯤꯡꯗ ꯑꯣꯟꯁꯤꯜꯂꯛꯄꯗ ꯑꯐꯕ ꯈꯛ ꯑꯣꯏꯔꯣꯏ꯫.

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ

...ꯑꯦꯗꯤꯇꯔꯗ ꯊꯥꯔꯛꯄ ꯆꯤꯊꯤ...

ꯇꯧꯕꯨ ꯇꯧꯔꯔꯣꯏ ꯈꯜꯂꯕ ꯁꯨꯛꯇꯧ ꯇꯧꯔꯔꯣꯏ
ꯏꯀꯥꯏ ꯈꯨꯝꯅꯖꯔꯤꯕ ꯑꯦꯗꯤꯇꯔ,
ꯍꯧꯖꯤꯛ ꯍꯧꯖꯤꯛ ꯊꯣꯛꯂꯤꯕ
ꯏꯔꯝꯗꯝꯒꯤ ꯑꯁꯨꯛ ꯋꯥꯔꯕ ꯃꯇꯝꯁꯤꯗ
ꯄꯣꯂꯤꯇꯤꯀꯦꯂ ꯂꯤꯗꯔꯁꯤꯡꯅ ꯀꯔꯤ
ꯋꯥꯔꯦꯞ ꯂꯧꯅꯤꯡꯂꯤꯕꯒꯦ ꯍꯥꯏꯕ ꯋꯥꯍꯪ
ꯑꯃ ꯑꯅꯤꯗꯪ ꯍꯪꯖꯒꯦ ꯈꯨꯝꯂꯔꯣꯏꯗꯕ
ꯄꯥꯎꯈꯨꯝꯅꯤ ꯃꯤꯌꯥꯝꯒꯤ ꯃꯤꯍꯨꯠꯁꯤꯡꯅ꯫
1) ꯑꯥꯏ ꯑꯦꯜ ꯄꯤ ꯆꯠꯅꯕꯗ ꯀꯔꯤ
ꯑꯀꯥꯏꯕ ꯂꯩꯕꯒꯦ? ꯅꯈꯣꯏꯒꯤꯁꯨ ꯁꯔꯨꯛ \
ꯥꯎꯔꯤꯕꯅꯤ꯫

2) ꯚꯣꯠ ꯃꯌꯥꯗ ꯃꯤꯌꯥꯝꯒꯤ ꯃꯤꯍꯨꯠ
ꯅꯈꯣꯏꯅ ꯑꯩꯅ ꯚꯣꯠ ꯀꯥꯔꯕ ꯑꯥꯏ ꯑꯦꯜ ꯄꯤ
ꯆꯠꯅꯍꯟꯒꯅꯤ ꯑꯐ꯭ꯁꯄꯥ ꯂꯧꯊꯣꯛꯀꯅꯤ
ꯋꯥꯍꯩꯗꯨꯗꯤ ꯀꯗꯥꯏꯗ?
3) ꯏꯁꯥ-ꯏꯁꯥꯒꯤ ꯌꯨꯝꯗ ꯃꯤꯇꯣꯞ
ꯑꯃ ꯍꯦꯛꯇ ꯆꯪꯂꯛꯂꯒ ꯑꯩ ꯉꯁꯤꯗꯤ
ꯅꯈꯣꯏꯒꯤ ꯌꯨꯝꯗ ꯇꯨꯝꯕ ꯇꯥꯔꯦ ꯍꯥꯏꯔꯒ
ꯃꯤꯗꯨꯒꯤ ꯃꯔꯝꯗ ꯋꯥꯍꯪ ꯄꯥꯎꯍꯪ ꯇꯧꯗꯅ
ꯍꯦꯛꯇ ꯇꯨꯝꯍꯟꯒꯗꯔꯥ?
4) ꯄꯣꯂꯤꯇꯤꯀꯦꯜ ꯂꯤꯗꯔ ꯅꯈꯣꯏꯁꯦ
ꯃꯤꯌꯥꯝ ꯑꯩꯈꯣꯏꯅ ꯏꯔꯝꯗꯝꯒꯤꯗꯃꯛ
ꯀꯔꯤꯒꯤ ꯊꯥꯒꯠꯂꯤꯕꯅꯣ ꯍꯥꯏꯕꯁꯦ
ꯀꯥꯎꯊꯣꯛꯈ꯭ꯔ ꯃꯥꯜꯂꯦ?
5) ꯃꯩꯔꯤꯛꯄꯤꯗꯒꯤ ꯃꯩꯖꯥꯎꯕꯤ
ꯑꯣꯜꯂꯛꯂꯕ ꯊꯧꯗꯣꯛꯁꯦ ꯀꯔꯤꯅ
ꯃꯨꯠꯊꯠꯄ ꯉꯝꯒꯅꯤ? ꯏꯁꯤꯡ ꯀꯥꯞ-
ꯀꯥꯞꯇꯨꯅ, ꯋꯥꯍꯩꯅ ꯅꯠꯇ꯭ꯔꯒ ꯀꯂꯝꯅ
ꯃꯨꯠꯊꯠꯄ ꯉꯝꯕꯤꯒꯗꯔꯥ? ꯃꯨꯠꯊꯠꯐꯝ
ꯑꯃꯗꯤ ꯊꯣꯛꯏ ꯑꯊꯨꯕꯗ꯫
6) ꯑꯥꯏ ꯑꯦꯜ ꯄꯤꯒꯤ ꯑꯦꯛꯁꯨ
ꯑꯣꯟꯗ꯭ꯔꯤꯕ ꯕꯤꯜ ꯑꯃ ꯁꯦꯝꯗꯣꯛꯄꯗ
ꯌꯥꯝꯅ ꯂꯨꯍꯟꯕ ꯉꯝꯃꯤ ꯃꯔꯝꯗꯤ ꯏꯁꯥꯅ
ꯄꯥꯝꯗ꯭ꯔꯕ ꯇꯧꯅꯤꯡꯗ꯭ꯔꯕ ꯊꯕꯛꯇꯤ
ꯇꯧꯔꯝꯔꯣꯏ ꯈꯟꯈ꯭ꯔꯕꯅꯤꯅ ꯋꯥꯍꯩꯗꯅ
ꯁꯥꯡꯗꯣꯛꯍꯟꯕ ꯂꯥꯏ꯫ ꯃꯁꯤꯗꯤ ꯃꯤꯄꯨꯝ
ꯈꯨꯗꯤꯡꯃꯛꯅ ꯈꯪꯅꯔꯕ ꯋꯥꯐꯝꯅꯤ꯫

ꯑꯗꯣꯝꯒꯤ,
ꯅꯣꯡꯃꯥꯏꯊꯦꯝ ꯄꯥꯁꯥ
ꯌꯥꯏꯁ꯭ꯀꯨꯜ
ꯂꯧꯃꯤꯁꯤꯡꯒꯤ ꯀꯥꯈꯜ

- ꯗꯥ ꯁꯔꯥꯡꯊꯦꯝ ꯖꯦꯁꯃꯥꯔꯥꯅꯤ

- ꯑꯦꯁ ꯁꯨꯃꯪꯒꯣꯜ ꯁꯤꯡꯍ

- ꯗꯥ: ꯑꯦꯝ FOTFOT ꯁꯤꯡꯍ