IMPHAL, September 14, 2015, Monday ꯂꯥꯡꯕꯟꯒꯤ ꯅꯣꯡꯃ ꯄꯥꯟꯕ, ꯅꯤꯡꯊꯧꯀꯥꯕ, ꯃꯥꯂꯤꯌꯥ ꯀꯨꯝꯁꯤꯡ 3413 ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ 2 ꯂꯧꯎ ꯁꯤꯡꯎꯒꯤ ꯀꯥꯈꯜ HUEIYEN LANPAO

ꯗꯥꯏꯇ ꯄꯨꯟꯅ ꯂꯧꯃꯤꯟꯅꯕ ꯆꯨꯝꯒꯅꯤ
ꯁꯦꯟꯇꯔ, ꯁ꯭ꯇꯦꯠ ꯂꯩꯉꯥꯛꯅ ꯆꯞ ꯆꯥꯕ ꯊꯧꯗꯥꯡ ꯂꯧꯒꯗꯕꯅꯤ
ꯁꯦꯟꯇꯔ ꯂꯩꯉꯥꯛꯅ ꯑꯦꯟ ꯑꯦꯁ ꯁꯤ ꯑꯦꯟ (ꯑꯥꯏ/ꯑꯦꯝ) ꯅ ꯃꯇꯝ ꯁꯥꯡꯅ ꯋꯥꯔꯤ
ꯁꯥꯟꯅꯔꯕ ꯃꯇꯨꯡꯗ ꯄꯤꯁ ꯑꯦꯀꯣꯔꯗ KOT ꯇꯧꯅꯈꯤꯕ, ꯃꯅꯄꯨꯔꯗ ꯂꯩꯔꯤꯕ \
ꯦꯜꯍꯧꯃꯤꯁꯤꯡꯒꯤ ꯇꯨꯡꯒꯤ ꯂꯥꯏꯕꯛ ꯂꯦꯞꯅꯕꯒꯤꯗꯃꯛ ꯏꯟꯅꯔꯂꯥꯏꯟ ꯄꯥꯔꯃꯤꯠ
ꯁꯤꯁꯇꯦꯝ (ꯑꯥꯏ ꯑꯦꯜ ꯄꯤ) ꯅꯠꯇ꯭ꯔꯒ ꯃꯁꯤꯒ ꯃꯥꯟꯅꯕ ꯂꯣ ꯁꯦꯝꯅꯕ ꯍꯣꯠꯅꯔꯛꯈꯤꯕꯗ ꯃꯅꯤꯄꯨꯔꯗ ꯂꯩꯔꯤꯕ ꯃꯤꯌꯥꯃꯒ ꯃꯔꯛꯇ ꯆꯅꯤꯡ ꯇꯥꯗꯕ, ꯆꯃꯝꯅꯕ ꯄꯣꯛꯂꯛꯄꯒ ꯂꯣꯅꯅ ꯃꯈꯜ ꯀꯌꯥꯒꯤ ꯈꯣꯡꯖꯪ ꯆꯪꯁꯤꯟꯅꯔꯛꯄ ꯂꯣꯏꯗ꯭ꯔꯤ꯫ ꯑꯍꯥꯟꯕꯗ, ꯄꯤꯁ ꯑꯦꯀꯣꯔꯗ KOT ꯇꯧꯅꯈꯤꯕ ꯑꯗꯨꯅ ꯅꯥꯒꯥ ꯋꯥꯊꯣꯛꯀꯤ ꯋꯥꯔꯣꯏꯁꯤꯟꯄꯨꯔꯛꯅꯕ ꯍꯣꯠꯅꯕꯒꯤ ꯊꯧꯁꯤꯜ ꯑꯣꯏꯅ ꯐꯣꯔꯃꯦꯂꯤꯇꯤꯅꯤ ꯍꯥꯏꯗꯨꯅ ꯑꯗꯨꯒꯨꯝꯕ ꯐꯣꯔꯃꯦꯂꯤꯇꯤ ꯑꯣꯏꯔꯤꯕ ꯑꯦꯀꯣꯔꯗ ꯑꯗꯨ ꯀꯔꯝꯕ ꯄꯣꯏꯟꯠꯁꯤꯡꯗ ꯌꯥꯅꯈꯤꯕꯅꯣ ꯍꯥꯏꯕ ꯀꯅꯥꯃꯠꯇ ꯈꯪꯍꯟꯕ ꯂꯩꯇ꯭ꯔꯤ꯫ ꯆꯍꯤ ꯀꯌꯥꯒꯤ ꯃꯃꯥꯡꯗꯒꯤ ꯂꯩꯔꯛꯕ ꯅꯥꯒꯥ ꯋꯥꯇꯣꯛꯀꯤ ꯃꯇꯥꯡꯗ ꯁꯦꯟꯇꯔ ꯂꯩꯉꯥꯛꯅ ꯀꯗꯥꯏꯐꯥꯎꯕ ꯀꯟꯁꯇ꯭ꯔꯛꯇꯤꯕ ꯑꯣꯏꯕ ꯅꯠꯇ꯭ꯔꯒ ꯆꯌꯦꯠꯅꯔꯣꯏꯗꯕ ꯔꯣꯜ ꯂꯧꯔꯤꯕꯒꯦ ꯍꯥꯏꯕꯁꯨ ꯋꯥꯍꯪ ꯑꯃ ꯑꯣꯏꯔꯤ꯫ ꯇꯥꯡꯀꯛ ꯅꯥꯏꯅ ꯋꯥꯔꯤ ꯁꯥꯟꯅꯔꯛꯈꯤꯕ ꯃꯅꯨꯡꯗꯁꯨ ꯁꯤꯖ ꯐꯌꯥꯔꯒꯤ ꯒ꯭ꯔꯎꯟꯗ ꯔꯨꯜꯁ ꯉꯥꯛꯏ, ꯉꯥꯛꯇꯦ ꯍꯥꯏꯕꯒꯤ ꯋꯥꯐꯝ ꯂꯩꯔꯛꯈꯤꯕꯗ ꯁꯦꯟꯇꯔꯗ ꯍꯛꯆꯤꯟꯕ ꯃꯤꯠꯌꯦꯡ ꯊꯝꯂꯛꯈꯤꯗꯦ꯫ ꯆꯨꯝꯅꯒꯤ ꯆꯤꯟꯈꯛꯇ ꯋꯥꯍ ꯈꯔ ꯐꯣꯡꯗꯣꯛꯄ ꯅꯠꯇꯅ ꯊꯕꯛ ꯑꯣꯏꯅ ꯄꯥꯏꯈꯠꯂꯛꯈꯤꯗꯦ ꯍꯥꯏꯕ ꯌꯥꯏ꯫ ꯑꯗꯨꯅꯗꯤ, ꯍꯦꯛ ꯍꯧꯕꯗꯒꯤ ꯀꯗꯥꯏꯋꯥꯏꯗꯅꯣ ꯑꯃꯗꯤ ꯏꯍꯣ ꯍꯣꯗꯨꯅ ꯂꯩꯔꯛꯄꯒꯨꯝ ꯎꯔꯤ꯫ ꯄꯤꯁ ꯑꯦꯀꯣꯔꯗꯀꯤ ꯃꯇꯥꯡꯗ ꯅꯥꯒꯥ ꯏꯆꯤꯟ ꯏꯅꯥꯎꯁꯤꯡꯒꯤ ꯃꯔꯛꯇꯁꯨ ꯄꯦꯟꯅꯗꯕ ꯋꯥꯄꯝ ꯀꯌꯥ ꯐꯣꯡꯗꯣꯔꯛꯄ, ꯅꯥꯒꯥ ꯇꯥꯕ ꯂꯝꯃꯈꯩ ꯄꯨꯟꯁꯤꯟꯕ ꯍꯥꯏꯕꯒꯤ ꯈꯣꯜꯂꯥꯎꯁꯨ ꯂꯩꯔꯤ꯫ ꯃꯍꯧꯁꯥꯗꯒꯤ ꯍꯧꯅ ꯅꯥꯒꯥ ꯏꯟꯇꯤꯒ꯭ꯔꯦꯁꯟꯒ ꯃꯔꯤ ꯂꯩꯅꯅ ꯅꯥꯒꯥꯁꯤꯡꯅ ꯈꯨꯅꯗꯥ ꯂꯩꯇꯥꯔꯤꯕ ꯃꯅꯄꯨꯔ, ꯑꯁꯥꯝ ꯑꯃꯁꯨꯡ ꯑꯔꯨꯅꯥꯆꯜ ꯄ꯭ꯔꯗꯦꯥꯀꯤ ꯉꯝꯈꯩꯗ ꯁꯣꯛꯂꯛꯀꯗ꯭ꯔ ꯍꯥꯏꯕꯒꯤ ꯆꯤꯡꯅꯕ ꯆꯥꯎꯅ ꯂꯩꯍꯜꯂꯤ꯫ ꯍꯧꯖꯤꯛꯁꯨ ꯄꯤꯁ ꯑꯦꯀꯣꯔꯗꯀꯤ ꯃꯈꯥ ꯇꯥꯔꯛꯄꯗ ꯑꯣꯏꯔꯛꯂꯤꯕ ꯐꯤꯚꯝꯁꯤꯡ ꯑꯁꯤ ꯁꯦꯟꯇꯔ ꯂꯩꯉꯥꯛꯅ ꯅꯤꯡꯊꯤꯅ ꯀꯟꯇ꯭ꯔꯣꯜ ꯇꯧꯅꯕ ꯍꯣꯠꯅꯕꯒꯤ ꯇꯉꯥꯏꯐꯗꯕ ꯂꯩ꯫ ꯃꯗꯨ ꯅꯠꯇ꯭ꯔꯕꯗꯤ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯉꯝꯈꯩꯗ ꯁꯣꯛꯂꯛꯄ ꯌꯥꯕꯒꯤ ꯑꯀꯤꯕ ꯅꯣꯡꯃ ꯅꯣꯡꯃꯒꯤ ꯍꯦꯟꯒꯠꯂꯛꯇꯨꯅ ꯃꯗꯨꯗꯒꯤ ꯀꯥꯡꯂꯨꯞ ꯃꯁꯦꯜꯒꯤ ꯃꯔꯛꯇ ꯋꯥꯀꯥꯏ ꯌꯥꯎꯔꯛꯇꯨꯅ ꯋꯥꯇꯣꯛ ꯂꯩꯔꯛꯂꯕꯗꯤ ꯁꯥꯟꯇꯤꯒꯤ ꯈꯨꯖꯤꯜ ꯊꯧꯔꯥꯡ ꯌꯥꯠꯂꯤꯕ ꯏꯟꯗꯤꯌꯥ ꯂꯩꯉꯥꯛꯀꯤ ꯗꯥꯏꯇ ꯑꯣꯏꯔꯣꯏ ꯍꯥꯏꯅꯤꯡꯉꯥꯏ ꯂꯩꯇꯦ꯫ ꯍꯤꯟꯗꯨ ꯂꯥꯏꯅꯤꯡ ꯆꯠꯄꯁꯤꯡꯒꯤ ꯋꯥꯍꯩꯗ ꯆꯤꯟꯗꯅ ꯔꯥꯝ ꯔꯥꯝ ꯁꯣꯜꯂꯒ ꯅꯥꯀꯜꯗ ꯁꯨꯔꯤ ꯌꯦꯞꯄꯒꯤ ꯊꯧꯗꯧ ꯇꯥꯟꯕ ꯍꯣꯠꯅꯕ ꯑꯣꯏꯔꯝꯂꯕꯗꯤ ꯃꯗꯨ ꯃꯤꯑꯣꯏꯄꯣꯛꯇ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯆꯥꯎꯕ ꯃꯤꯅꯝꯕꯅꯤ ꯍꯥꯏꯗꯨꯅ ꯏꯟꯗꯤꯌꯥ ꯂꯩꯉꯥꯛꯄꯨ ꯊꯥꯖꯗꯕ ꯍꯦꯟꯒꯠꯂꯛꯀꯅꯤ꯫ ꯒ꯭ꯔꯨꯞ ꯑꯃꯕꯨ ꯊꯦꯝꯅꯕ ꯍꯣꯠꯅꯕꯗ ꯋꯥꯔꯨ-ꯅꯨꯡꯖꯨ ꯊꯣꯛꯅꯤꯡꯉꯥꯏ ꯑꯣꯏꯕ ꯑꯦꯛꯇꯤꯚꯤꯇꯤꯁꯤꯡ ꯂꯦꯞꯇꯅ ꯆꯠꯊꯔꯛꯄꯗ ꯈꯨꯠ ꯆꯪꯗꯅ ꯂꯩꯊꯣꯛꯄ ꯍꯥꯏꯕꯁꯤꯒꯤ ꯅꯨꯡꯒꯤ ꯑꯣꯏꯕ ꯋꯥꯍꯟꯊꯣꯛ ꯀꯔꯤꯅꯣ ꯍꯥꯏꯅ ꯍꯪꯗꯕ ꯌꯥꯔꯛꯇꯦ꯫ ꯋꯥꯔꯣꯏꯁꯤꯟꯒꯤ ꯂꯩꯈꯥꯏ ꯇꯥꯅꯕ ꯍꯣꯠꯕꯗ ꯋꯥꯔꯣꯏꯁꯤꯟ ꯄꯨꯔꯛꯅꯕꯒꯤ ꯆꯠꯊꯔꯤꯕ ꯄ꯭ꯔꯣꯁꯦꯁꯇ ꯌꯥꯅꯤꯡꯕ ꯐꯣꯡꯗꯣꯛꯂꯕ ꯄꯥꯔꯇꯤ ꯑꯗꯨꯕꯨ ꯃꯅꯤꯡ ꯃꯈꯥ ꯇꯝꯅ ꯉꯥꯡꯅꯤꯡꯕꯗ ꯉꯥꯡꯍꯟꯗꯤ ꯐꯖꯗꯦ꯫ ꯑꯅꯤꯁꯨꯕꯗ ꯃꯅꯤꯄꯨꯔꯗ ꯃꯩꯍꯧꯔꯣꯜꯗꯒꯤ ꯆꯤꯡ ꯑꯃꯁꯨꯡ ꯇꯝꯄꯥꯛ ꯑꯅꯤꯃꯛꯇ ꯂꯩꯔꯤꯕ ꯌꯦꯜꯍꯧꯃꯤꯁꯤꯡ ꯀꯟꯅꯕ ꯍꯣꯠꯅꯔꯛꯄꯗ ꯂꯩꯉꯥꯛꯅ ꯕꯤꯜ 3 ꯄꯥꯁ ꯇꯧꯈ꯭ꯔꯕ ꯃꯇꯨꯡꯗ ꯃꯅꯤꯄꯨꯔꯒꯤ ꯆꯤꯡꯃꯤ ꯏꯆꯤꯟ ꯏꯅꯥꯎꯁꯤꯡꯅ ꯌꯥꯅꯤꯡꯗꯕ ꯐꯣꯡꯗꯣꯛꯄ ꯂꯩꯔꯦ꯫ ꯆꯨꯔꯆꯥꯅꯗꯄꯨꯔ ꯑꯃꯁꯨꯡ ꯁꯗꯔ ꯍꯤꯜꯁꯗ ꯑꯀꯟꯕ ꯏꯍꯧ ꯆꯪꯁꯤꯟꯗꯨꯅ ꯄꯥꯝꯗꯕ ꯊꯧꯗꯣꯛ ꯋꯥꯊꯣꯛ ꯀꯌꯥ ꯊꯣꯛꯈ꯭ꯔꯦ꯫ꯍꯧꯖꯤꯛꯁꯨ ꯏꯍꯧ ꯁꯨꯛꯂꯦꯞ ꯂꯦꯞꯇꯕꯒꯤ ꯃꯃꯤꯡ ꯑꯃ ꯆꯥꯨꯅ ꯇꯥꯗꯨꯅ ꯂꯩꯔꯤ꯫ ꯂꯩꯉꯥꯛꯅ ꯆꯤꯡꯃꯤꯁꯤꯡꯒꯤ ꯏꯟꯇꯔꯦꯁꯠ ꯁꯣꯛꯇꯦ ꯍꯥꯏꯕ ꯂꯩꯔꯒꯁꯨ ꯌꯥꯅꯤꯡꯕ ꯅꯠꯇ꯭ꯔꯒ ꯈꯟꯊꯔꯛꯄ ꯂꯩꯇ꯭ꯔꯤ꯫ ꯑꯗꯨ ꯑꯣꯏꯔꯕꯗꯤ ꯀꯥꯡꯂꯨꯞ ꯃꯁꯦꯜꯒꯤ ꯃꯔꯛꯇ ꯑꯁꯨꯝꯃꯛ ꯑꯃꯅ ꯍꯥꯏꯕ ꯑꯃꯅ ꯇꯥꯗꯕꯒꯤ ꯐꯤꯚꯝꯗ ꯀꯌꯥꯝ ꯀꯨꯏꯅ ꯂꯩꯒꯗꯒꯦ? ꯃꯅꯤꯄꯨꯔꯗ ꯂꯩꯃꯤꯟꯅꯔꯤꯕ ꯃꯤꯌꯥꯝ ꯍꯥꯏꯕꯗꯤ ꯌꯦꯜꯍꯧꯃꯤꯁꯤꯡꯒꯤꯗꯃꯛ ꯌꯥꯏꯐꯅꯕ ꯍꯣꯠꯅꯔꯤꯕ ꯁꯤ ꯑꯦꯁ ꯑꯣ ꯁꯤꯡ, ꯂꯨꯞ ꯀꯌꯥꯅ ꯆꯨꯡꯁꯤꯟꯅꯗꯨꯅ ꯀꯨꯞꯅ ꯈꯟꯅꯔꯒ ꯋꯥꯔꯣꯏꯁꯤꯟ ꯄꯨꯔꯛꯅꯕ ꯋꯥꯀꯜ ꯇꯥꯃꯤꯟꯅꯕ ꯍꯣꯠꯅꯕꯤ ꯇꯉꯥꯏꯐꯗꯕ ꯂꯩꯔꯦ꯫ ꯃꯗꯨꯗꯤ ꯅꯠꯇꯅ ꯅꯥꯀꯜ ꯅꯥꯀꯟꯗ ꯂꯦꯞꯇꯨꯅ ꯂꯩꯇꯨꯝ ꯜꯪꯅꯕꯛ ꯅꯠꯇ꯭ꯔꯒꯁꯨ ꯀꯔꯤ ꯀꯔꯤꯅꯣ ꯍꯥꯏꯅꯕꯅꯗꯤ \ꯥꯔꯣꯏ꯫ ꯃꯤꯑꯣꯏꯕ ꯃꯁꯦꯜꯒꯤ ꯃꯔꯛꯇ ꯂꯩꯔꯛꯄ ꯈꯦꯟꯅꯕ ꯀꯌꯥ ꯊꯝꯃꯤꯟꯅꯔꯒ ꯃꯋꯥꯀꯜ ꯇꯥꯃꯤꯟꯅꯕ ꯉꯥꯛꯇꯅꯤ꯫ ꯃꯥꯂꯦꯝꯒꯤ ꯑꯆꯧꯕ ꯂꯥꯟꯖꯥꯜ ꯐꯥꯎꯕ ꯃꯑꯣꯡ ꯑꯃ ꯅꯠꯇ꯭ꯔꯒ ꯑꯃꯒꯤ ꯄꯥꯝꯕꯩ ꯁꯤꯖꯤꯟꯅꯗꯨꯅ ꯋꯥꯔꯤ ꯁꯥꯟꯅꯔꯒ ꯋꯥꯔꯣꯏꯁꯤꯟ ꯄꯨꯔꯛꯈꯠꯕ ꯉꯥꯛꯇꯅꯤ꯫ ꯂꯥꯟꯖꯥꯎ ꯑꯃꯗ ꯑꯋꯥ ꯑꯅꯥ ꯅꯪꯈꯤꯕ, ꯁꯤꯈꯤꯕ ꯀꯌꯥ ꯑꯗꯨ ꯑꯋꯥꯕꯒꯤ ꯃꯁꯛꯅꯤ ꯍꯥꯏꯕꯁꯤ ꯄꯨꯝꯅꯃꯛꯅ ꯈꯪꯅꯔꯕꯅꯤ꯫ ꯃꯔꯝ ꯑꯁꯤꯅ ꯍꯧꯖꯤꯛ ꯃꯅꯤꯄꯨꯔꯗ ꯂꯩꯔꯤꯕ ꯃꯤꯌꯥꯝ ꯑꯃꯗꯤ ꯂꯩꯉꯥꯛꯅ ꯃꯈꯜ ꯀꯌꯥꯒꯤ ꯄꯥꯝꯕꯩ ꯁꯤꯖꯤꯟꯅꯗꯨꯅ ꯋꯥꯔꯤ ꯁꯥꯟꯅꯔꯒ ꯋꯥꯔꯣꯏꯁꯤꯟ ꯄꯨꯔꯛꯅꯕ ꯍꯣꯠꯅꯁꯤ꯫ ꯊꯧꯁꯤꯜ ꯑꯁꯤꯗ ꯃꯤꯌꯥꯝꯒꯤ ꯃꯤꯍꯨꯠꯁꯤꯡꯒꯤ ꯗꯥꯏꯇ ꯌꯥꯝꯅ ꯆꯥꯎꯏ꯫ ꯀꯥꯡꯂꯨꯞ ꯃꯁꯦꯜ ꯋꯥꯈꯜ ꯇꯥꯃꯤꯟꯅꯗ꯭ꯔꯕꯗꯤ ꯑꯔꯦꯡ ꯔꯦꯡꯕ ꯄꯨꯠꯊꯕ ꯅꯠꯇꯅ ꯀꯥꯟꯅꯕꯗꯤ ꯈꯛ ꯐꯪꯂꯣꯏ꯫

ꯍꯨꯏꯌꯦꯟ ꯂꯥꯟꯄꯥꯎ

...ꯑꯦꯗꯤꯇꯔꯗ ꯊꯥꯔꯛꯄ ꯆꯤꯊꯤ...

ꯑꯦꯌꯔ ꯄꯣꯂꯨꯁꯟ ꯑꯃꯁꯨꯡ ꯁꯦꯡꯗꯕ ꯊꯥꯎ
ꯏꯀꯥꯏꯈꯨꯝꯅꯖꯔꯤꯕ ꯑꯦꯗꯤꯇꯔ,
ꯃꯤꯌꯥꯝꯅꯁꯨ ꯍꯦꯟꯅ ꯈꯪꯅꯔꯤꯕ ꯋꯥꯐꯝꯅꯤ
ꯃꯗꯨꯗꯤ, ꯑꯦꯌꯔ ꯄꯣꯂꯨꯁꯟ ꯍꯥꯏꯕꯁꯤ
ꯅꯨꯡꯁꯤꯠꯇ ꯐꯤꯖꯤꯀꯦꯜ, ꯀꯦꯃꯤꯀꯦꯜ
ꯑꯃꯁꯨꯡ ꯕꯥꯏꯑꯣꯂꯣꯖꯤꯀꯦꯜꯗ ꯑꯍꯣꯡꯕ
ꯂꯥꯛꯄꯕꯨ ꯈꯪꯅꯩ꯫ ꯃꯁꯤꯡꯒꯤ ꯑꯍꯣꯡꯕꯁꯤ
ꯃꯔꯨꯑꯣꯏꯅ ꯃꯤꯑꯣꯏꯕꯅ ꯊꯣꯛꯍꯟꯕꯅꯤ
ꯑꯗꯨꯒ ꯃꯁꯤꯅ ꯑꯃꯨꯛ ꯃꯤꯑꯣꯏꯕ \
ꯥꯎꯅ ꯊꯋꯥꯏ ꯄꯥꯅꯕꯁꯤꯡꯗ ꯑꯃꯥꯡ ꯑꯇꯥ
ꯀꯌꯥ ꯊꯣꯛꯍꯜꯂꯤ꯫ ꯑꯦꯌꯔ ꯄꯣꯂꯨꯁꯟ
ꯊꯣꯛꯍꯜꯂꯤꯕꯁꯤ ꯃꯔꯨꯑꯣꯏꯅ ꯏꯟꯗꯁꯇ꯭ꯤꯔ
ꯃꯁꯤꯡ ꯌꯥꯝꯅ ꯂꯤꯡꯈꯠꯂꯛꯄ ꯑꯃꯁꯨꯡ
ꯏꯟꯖꯤꯟ ꯄꯥꯟꯕ ꯒꯥꯔꯤ ꯁꯤꯖꯤꯟꯅꯕꯒꯤ ꯆꯥꯡ
ꯅꯣꯡꯃ ꯅꯣꯡꯃꯒꯤ ꯋꯥꯡꯀꯠꯂꯛꯄꯗꯒꯤꯅꯤ꯫

ꯏꯟꯗꯁꯇ꯭ꯔꯤꯒꯤ ꯍꯨ ꯆꯦꯟꯕ ꯒ꯭ꯌꯥꯁꯁꯤꯡ
ꯍꯥꯏꯕꯗꯤ- ꯃꯤꯁꯤ, ꯀ꯭ꯔꯣꯃꯤꯌꯝ ꯑꯃꯁꯨꯡ
ꯅꯥꯏꯗ꯭ꯔꯣꯖꯦꯟꯅꯆꯤꯡꯕ ꯀꯌꯥ ꯅꯨꯡꯁꯤꯠꯇ
ꯇꯤꯟꯁꯤꯟꯗꯨꯅ ꯅꯨꯡꯁꯤꯠ ꯁꯦꯡꯍꯟꯗꯦ꯫
ꯅꯨꯡꯁꯤꯠ ꯁꯦꯡꯍꯟꯗꯕ ꯍꯥꯏꯕꯗꯤ ꯑꯦꯌꯔ
ꯄꯣꯂꯨꯁꯟ ꯑꯁꯤ ꯏꯟꯖꯤꯟ ꯄꯥꯅꯕ ꯒꯥꯔꯤ
ꯁꯤꯖꯤꯟꯅꯕꯒꯤ ꯆꯥꯡ ꯍꯦꯜꯂꯛꯄ ꯑꯁꯤꯅꯁꯨ
ꯑꯆꯧꯕ ꯃꯔꯝ ꯑꯃꯅꯤ꯫
ꯑꯩꯈꯣꯏꯒꯤ ꯂꯝꯗꯝ ꯃꯅꯤꯄꯨꯔꯒꯤ
ꯑꯣꯏꯅ ꯍꯥꯏꯖꯕ ꯇꯥꯔꯕꯗꯤ ꯊꯥꯎꯗ
ꯑꯇꯣꯞꯄꯅ ꯄꯣꯠ ꯌꯥꯟꯁꯤꯜꯂꯒ ꯑꯍꯦꯟꯕ
ꯁꯦꯟꯗꯣꯡ ꯈꯔ ꯍꯦꯟꯅ ꯄꯥꯝꯂꯤꯉꯩꯗ
ꯑꯦꯌꯔ ꯄꯣꯂꯨꯁꯟ ꯍꯦꯟꯒꯠꯂꯛꯂꯤ꯫
ꯁꯦꯡꯗꯕ ꯄꯣꯠꯌꯥꯟ ꯌꯥꯎꯕ ꯊꯥꯎ ꯍꯥꯞꯄꯒꯤ
ꯀꯥꯔꯕꯣꯟꯃꯣꯅꯣ ꯑꯣꯛꯁꯥꯏꯗꯀꯤ ꯆꯥꯡ
ꯑꯁꯤ ꯌꯥꯝꯅ ꯋꯥꯡꯍꯜꯂꯤ꯫ ꯐꯠꯇꯕ ꯒ꯭ꯌ
ꯥꯁ ꯑꯁꯤ ꯒꯥꯔꯤ ꯃꯆꯥꯗ ꯅꯠꯇ꯭ꯔꯒ
ꯒꯥꯔꯤ ꯑꯆꯧꯕꯗ ꯍꯥꯞꯄ ꯄꯣꯠꯌꯥꯟ \
ꯥꯎꯔꯕ ꯐꯠꯇ꯭ꯔꯕ ꯊꯥꯎ ꯑꯗꯨ ꯃꯄꯨꯡ
ꯐꯥꯅ ꯃꯩ ꯆꯥꯛꯇꯕꯗꯒꯤ ꯊꯣꯔꯛꯄꯅꯤ1
ꯍꯥꯏꯔꯤꯕ ꯒ꯭ꯌꯥꯁ ꯑꯁꯤꯅ ꯅꯨꯡꯁꯤꯤ
ꯁꯦꯡꯍꯟꯗꯕꯗ ꯅꯠꯇꯅ ꯃꯤꯑꯣꯏꯕꯒꯤ
ꯏꯗ ꯌꯥꯎꯕ ꯍꯦꯃꯣꯒ꯭ꯂꯣꯕꯤꯟꯒ ꯄꯨꯜꯂꯒ
ꯀꯥꯔꯕꯣꯐ꯭ꯔꯤ ꯍꯦꯃꯣꯒ꯭ꯂꯣꯕꯤꯟ ꯁꯦꯝꯃꯤ꯫
ꯃꯁꯤꯅ ꯃꯔꯝ ꯑꯣꯏꯗꯨꯅ ꯃꯤ ꯑꯣꯏꯕꯒꯤ
ꯏꯗ ꯌꯥꯎꯔꯤꯕ ꯑꯣꯛꯁꯤꯖꯦꯟꯗ ꯑꯀꯥꯏꯕ
ꯄꯤꯔꯛꯏ꯫ ꯃꯁꯤꯅ ꯃꯤ ꯑꯃꯕꯨ ꯀꯣꯛ
ꯉꯥꯎꯍꯟꯕ, ꯀꯣꯛ ꯆꯤꯛꯍꯟꯕꯅꯆꯤꯡꯕ
ꯃꯤꯑꯣꯏꯕꯗ ꯅꯨꯉꯥꯏꯇꯅꯤꯡꯉꯥꯏ ꯑꯣꯏꯕ
ꯀꯌꯥ ꯊꯣꯛꯍꯜꯂꯤ꯫ ꯃꯔꯝꯁꯤꯅ
ꯑꯁꯤꯒꯨꯝꯕ ꯈꯨꯗꯣꯡꯊꯤꯕꯁꯤ ꯊꯣꯛꯇꯅꯕ
ꯊꯥꯎꯒꯤ ꯀꯔꯕꯥꯔ ꯇꯧꯕꯤꯔꯤꯕ ꯏꯆꯤꯟ
ꯏꯅꯥꯎꯁꯤꯡꯅ ꯁꯦꯟꯗꯣꯡꯒꯤꯗꯃꯛ ꯈꯜꯂꯒ
ꯊꯥꯎꯗ ꯄꯣꯠꯌꯥꯟ ꯇꯧꯕꯁꯤ ꯇꯧꯕꯤꯒꯅꯨ
ꯍꯥꯏꯖꯔꯤ꯫ ꯊꯥꯎꯗ ꯄꯣꯠꯌꯥꯟ ꯇꯧꯕꯁꯤꯅ
ꯃꯤꯑꯣꯏꯕꯇ ꯅꯠꯇꯅ ꯀꯥꯏꯕꯗ ꯒꯥꯔꯤꯗꯁꯨ,
ꯅꯨꯡꯉꯥꯏꯍꯟꯗ꯭ꯔꯤꯕꯅꯤ꯫ ꯑꯁꯤꯒꯨꯝꯕ
ꯍꯤꯔꯝ ꯀꯌꯥꯃꯗ ꯅꯨꯡꯉꯥꯏꯇꯕ ꯑꯃꯗꯤ
ꯃꯥꯡꯖꯕ ꯑꯣꯏꯕ ꯊꯕꯛꯁꯤ ꯇꯧꯕꯤꯗꯕꯅ
ꯄꯨꯝꯅꯃꯛꯀꯤ ꯑꯐꯕ ꯑꯣꯏꯒꯅꯤ꯫
ꯑꯗꯣꯝꯒꯤ, ꯆꯕꯨꯡꯕꯝ ꯁꯅꯥꯇꯣꯟ,
ꯁꯤꯡꯖꯃꯩ, ꯏꯝꯐꯥꯜ
ꯃꯅꯤꯄꯨꯔꯗ ꯑꯦꯁꯄꯥꯔꯥꯒꯁ (Asparagus) ꯊꯥꯕ ꯑꯃꯁꯨꯡ ꯃꯁꯤꯒꯤ ꯀꯥꯟꯅꯕ
ꯑꯦꯁꯄꯥꯔꯥꯒꯁ (Asparagus) ꯍꯥꯏꯕ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯃꯅꯤꯄꯨꯔꯗ
ꯊꯥꯏꯅꯗꯒꯤ ꯍꯧꯔꯛꯂꯕ ꯃꯔꯣꯏ ꯅꯥꯄꯥꯛꯄꯤꯒꯤ ꯀꯥꯡꯂꯨꯞꯇ ꯆꯟꯕ ꯃꯅꯥ-
ꯃꯁꯤꯡ ꯑꯣꯏꯅ ꯁꯤꯖꯤꯟꯅꯕ ꯄꯥꯝꯕꯤ ꯃꯈꯜ ꯑꯃꯅꯤ꯫ ꯃꯅꯄꯨꯔꯗ ꯟꯨꯡꯒꯥꯇꯔ
ꯍꯥꯏꯅ ꯈꯪꯅꯕ (Asparagus Racemosus) ꯄꯥꯝꯕꯤ ꯑꯁꯤꯒ
ꯌꯥꯝꯅ ꯃꯥꯟꯅꯕ ꯄꯥꯝꯕꯤꯅꯤ꯫ ꯩꯂꯕꯥꯛ ꯈꯔꯗꯗꯤ ꯃꯁꯤ ꯃꯅꯥ-ꯃꯁꯤꯡꯒꯤ
ꯅꯤꯡꯊꯧ ꯅꯠꯇ꯭ꯔꯒ ꯃꯍꯥꯔꯥꯅꯤ ꯍꯥꯏꯅ ꯈꯪꯅꯩ꯫ (King ꯍꯗ Queen ꯍꯇ
Vegetables)! ꯃꯅꯤꯄꯨꯔꯗ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯍꯥꯟꯅ ꯊꯥꯅꯔꯝꯗ꯭ꯔꯕꯁꯨ
ꯍꯧꯖꯤꯛꯇꯤ ꯃꯥꯏ ꯄꯥꯛꯅ ꯊꯥꯕ ꯌꯥꯔꯦ꯫
ꯑꯦꯁꯄꯥꯔꯒꯁ ꯆꯥꯕꯅ ꯃꯤꯑꯣꯏꯕꯗ ꯄꯤꯕ ꯀꯥꯟꯅꯕꯁꯤꯡ ꯈꯔ:
ꯑꯦꯁꯄꯥꯔꯥꯒꯁ ꯍꯥꯏꯕꯁꯤ ꯃꯤꯑꯣꯏꯕꯅ ꯍꯛꯆꯥꯡ ꯐꯅ ꯂꯩꯕꯗ
ꯆꯪꯕ ꯃꯆꯥꯛꯁꯤꯡ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯌꯥꯝꯅ ꯌꯥꯎꯕ ꯃꯅꯥ-ꯃꯁꯤꯡꯁꯤꯡꯒꯤ
aebi vMmg! aKgr Vitamin-K, Vitamin-E,
Vitamin-B6, ꯎ12 ꯑꯇꯩ ꯑꯇꯩ Minerals ꯀꯌꯥ ꯑꯃ ꯌꯥꯎꯏ꯫
ꯑꯈꯪ ꯑꯍꯩꯁꯤꯡꯅꯒꯤ ꯃꯇꯨꯡ ꯏꯟꯅ ꯑꯦꯁꯄꯥꯔꯥꯒꯁꯇ Glutathione
ꯍꯥꯌꯅꯥ ꯈꯪꯅꯕ, Anti-oxidant ꯁꯤꯡꯒꯤ ꯃꯃꯥ (Matter ꯍꯇ
Anti-oxidant) ꯍꯥꯏꯔꯒꯁꯨ ꯈꯪꯅꯕ ꯄꯣꯠꯁꯛ ꯑꯁꯤ ꯌꯥꯝꯅ
ꯃꯔꯥꯡ ꯀꯥꯏꯅ ꯌꯥꯎꯏ꯫ ꯍꯛꯆꯥꯡꯗ ꯌꯥꯎꯗꯕ ꯍꯨ ꯆꯦꯟꯕ ꯄꯣꯠꯁꯛ
ꯑꯁꯤꯅ ꯃꯤꯑꯣꯏꯕꯒꯤ ꯍꯛꯆꯥꯡꯗ ꯌꯥꯎꯕ ꯍꯨ ꯆꯦꯟꯕ ꯄꯣꯠꯁꯛꯁꯤꯡ
heavy metals, free radicals, solvents [aKbi
particles ꯅꯆꯤꯡꯕ ꯄꯣꯠꯁꯛꯁꯤꯡ ꯑꯁꯤ ꯆꯤꯡꯊꯣꯛꯈꯤꯗꯨꯅ
ꯑꯃꯥꯡꯕ ꯑꯃꯁꯨꯡ ꯏꯁꯤꯡ ꯆꯠꯄꯗ ꯌꯥꯎꯍꯟꯈꯤ꯫ ꯗꯥꯛꯇꯔꯁꯤꯡꯅ
ꯍꯥꯏꯕꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ glutathione ꯍꯥꯏꯕ ꯄꯣꯠꯁꯛ ꯑꯁꯤ
ꯍꯛꯆꯥꯡ ꯐꯅ ꯂꯩꯕꯗ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯃꯔꯨꯑꯣꯏꯕ ꯃꯆꯥꯛꯁꯤꯡꯒꯤ ꯃꯅꯨꯡꯗ
[aeg! [lKwjkxK [Kg cancer, type-2 diabetes
ꯉꯥꯛꯊꯣꯛꯅꯕꯒꯤꯁꯨ ꯐꯔꯕ ꯆꯤꯟꯖꯥꯛ ꯑꯃꯅꯤ꯫ Heart ꯄꯨ ꯃꯁꯥ ꯐꯅ
ꯊꯝꯕꯗ ꯑꯃꯁꯨꯡ ꯆꯤꯛꯄ ꯅꯥꯕ ꯐꯍꯟꯕꯗꯁꯨ ꯐꯔꯕ ꯆꯤꯟꯖꯥꯛ ꯑꯃꯅꯤ꯫
ꯃꯤꯑꯣꯏꯕꯒꯤ ꯂꯥꯏꯅꯥ ꯉꯥꯛꯊꯣꯛꯄ ꯑꯦꯁꯄꯔꯥꯒꯁ (Immune
System) ꯍꯦꯟꯒꯠꯍꯟꯕ ꯐꯔꯕ ꯆꯤꯟꯖꯥꯛ ꯑꯃꯅꯤ꯫
ꯑꯦꯁꯄꯔꯥꯒꯁ ꯀꯔꯝꯅ ꯊꯥꯒꯅꯤ:

ꯑꯦꯁꯄꯔꯥꯒꯁ ꯊꯥꯕꯗ ꯑꯩꯈꯣꯏꯅ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯏꯍꯥꯟ ꯍꯥꯟꯅ
ꯅꯤꯡꯁꯤꯡꯒꯗꯕꯗꯤ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯑꯇꯩ ꯃꯅꯥ-ꯃꯁꯤꯡꯒꯨꯝꯅ ꯆꯍꯤ
ꯑꯃꯈꯛꯇꯃꯛ ꯍꯧꯕ ꯄꯥꯝꯕꯤ ꯅꯠꯇꯦ꯫ ꯃꯁꯤ ꯑꯃꯨꯛ ꯊꯥꯈꯤꯕꯅ ꯆꯍꯤ
15 ꯗꯒꯤꯅ 20 ꯐꯥꯎꯕ ꯆꯠꯄ ꯌꯥꯕ ꯄꯥꯝꯕꯤꯅꯤ꯫ ꯃꯔꯝ ꯑꯁꯤꯅ ꯊꯥꯒꯗꯕ
ꯃꯐꯝ ꯑꯗꯨ ꯑꯇꯣꯡꯕ ꯏꯁꯤꯡ ꯊꯨꯝꯂꯣꯏꯗꯕ ꯑꯃꯁꯨꯡ ꯅꯨꯡꯁꯥ ꯃꯔꯥꯡ ꯀꯥꯏꯅ
ꯐꯪꯒꯗꯕ ꯃꯐꯝ ꯑꯣꯏꯒꯗꯕꯅꯤ꯫ ꯃꯐꯝ ꯑꯃꯗ ꯍꯦꯛꯇ ꯍꯧꯕ ꯉꯝꯕ
ꯄꯅꯥꯝꯕꯤ ꯑꯣꯏꯔꯕꯁꯨ ꯍꯣꯝ-ꯍꯣꯝ ꯂꯥꯎꯕ ꯃꯐꯝꯗ ꯊꯥꯕꯅ ꯈ꯭ꯋꯥꯏꯗꯒꯤ
ꯍꯦꯟꯅ ꯄꯛꯅꯩ꯫ ꯂꯩꯄꯥꯛ ꯂꯩꯍꯥꯎ ꯁꯤꯟꯇꯛ ꯇꯧꯕ ꯃꯐꯝꯗ ꯊꯥꯕ ꯄꯛꯅꯕ
ꯄꯥꯝꯕꯤ ꯑꯣꯏꯕꯅ ꯃꯅꯤꯄꯨꯔꯗ ꯊꯥꯕ ꯌꯥꯝꯅ ꯄꯛꯅꯩ꯫ ꯃꯔꯝꯗꯤ ꯃꯅꯄꯨꯔꯒꯤ
ꯂꯩꯄꯥꯛ ꯂꯩꯍꯥꯎ ꯑꯁꯤ ꯁꯤꯟꯇꯛ ꯇꯧꯕ ꯂꯩꯄꯥꯛ ꯂꯩꯍꯥꯎꯒꯤ ꯃꯅꯨꯡ ꯆꯜꯂꯤ꯫
ꯑꯏꯪ ꯑꯁꯥꯒꯤꯗꯤ ꯈꯔ ꯏꯪꯇꯛ ꯇꯧꯕ ꯑꯃꯁꯨꯡ ꯈꯔ ꯁꯥꯕ ꯃꯝ ꯑꯅꯤꯃꯛꯇ
ꯄꯛꯅꯩ꯫ ꯊꯥꯕꯗꯤ ꯆꯍꯤ 20 ꯆꯠꯀꯗꯕ ꯄꯥꯝꯕꯤ ꯑꯣꯏꯕꯅ ꯐꯨꯠ ꯑꯃꯔꯣꯝ
ꯂꯨꯕ, ꯐꯨꯠ ꯑꯃ ꯈꯔꯅ ꯍꯦꯟꯅ ꯄꯥꯛꯄ ꯀꯣꯝ ꯑꯃ ꯁꯥꯡꯅ ꯇꯧꯕꯤꯔꯒ
ꯁꯟꯊꯤ-ꯁꯟꯌꯨꯡ ꯑꯃꯗꯤ ꯄꯥꯝꯕꯤ ꯁꯤꯡꯕꯤꯗꯒꯤ ꯂꯦꯝꯕ ꯍꯥꯔ ꯃꯔꯥꯡ
ꯀꯥꯏꯅ ꯌꯥꯎꯕ ꯂꯩꯄꯥꯛꯅ ꯀꯣꯝ ꯑꯗꯨ ꯐꯨꯟꯖꯟꯕꯤꯔꯒ ꯃꯗꯨꯗ ꯊꯥꯕꯤꯒꯅꯤ꯫
ꯀꯣꯝꯁꯤꯡ ꯑꯁꯤ ꯑꯃꯒ ꯑꯃꯒ ꯐꯨꯠ 4 ꯒꯨꯝꯕ ꯂꯥꯞꯅꯅ ꯇꯧꯕꯤꯒꯅꯤ꯫ ꯊꯥꯕ
ꯃꯇꯝꯗꯤ ꯃꯥꯔꯆ, ꯑꯦꯄ꯭ꯔꯤꯜ꯫
ꯀꯣꯝ ꯇꯧꯗꯨꯅ ꯁꯦꯝꯂꯕ ꯃꯐꯝꯁꯤꯡ ꯑꯗꯨꯗ ꯃꯔꯥ ꯆꯕꯨꯜꯁꯤꯡ ꯑꯗꯨ ꯐꯨꯠ
ꯑꯃ ꯃꯈꯁꯏ ꯅꯠꯇ꯭ꯔꯒ ꯑꯅꯤꯗ ꯊꯥꯕꯤꯒꯅꯤ꯫ ꯑꯦꯁꯄꯔꯥꯒꯁ ꯑꯁꯤ
ꯃꯔꯨꯗꯒꯤ ꯆꯥꯔ ꯁꯦꯝꯂꯒꯁꯨ ꯊꯥꯅꯩ ꯑꯗꯨꯕꯨ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯐꯕꯗꯤ ꯃꯔꯣꯏ
ꯅꯥꯄꯥꯛꯄꯤꯒꯤ ꯃꯔꯥ ꯆꯕꯨꯟ (Crown) ꯑꯗꯨꯒꯨꯝꯕ ꯍꯥꯟꯅ ꯍꯧꯔꯕ
ꯑꯦꯁꯄꯔꯥꯒꯁ ꯄꯥꯝꯕꯤꯗꯒꯤ ꯃꯔꯥ ꯆꯕꯨꯟ ꯂꯧꯔꯒ ꯊꯥꯕꯅ ꯐꯩ꯫
ꯑꯦꯁꯄꯔꯥꯒꯁ ꯄꯥꯝꯕꯤ ꯑꯁꯤ ꯊꯥꯈ꯭ꯔꯕ ꯃꯇꯨꯡ ꯆꯍꯤ ꯑꯅꯤ ꯐꯥꯎꯕꯗꯤ
ꯍꯦꯛꯅꯗꯦ꯫ ꯑꯍꯨꯝꯁꯨꯕ ꯆꯍꯤꯗꯒꯤ ꯍꯦꯛꯄ ꯍꯧꯏ꯫ ꯃꯁꯤꯗꯒꯤ ꯆꯍꯤ
15/20 ꯐꯥꯎꯕꯗꯤ ꯐꯖꯅ ꯍꯦꯛꯄ ꯌꯥꯏ꯫ ꯑꯦꯁꯄꯔꯥꯒꯁ ꯄꯥꯝꯕꯤꯒꯤ
ꯆꯥꯅꯔꯤꯕ ꯑꯁꯤ ꯑꯅꯧꯕ ꯆꯣꯡꯂꯛꯄ ꯃꯌꯣꯜ ꯑꯗꯨꯕꯨꯅꯤ꯫ ꯑꯅꯧꯕ ꯃꯌ
OM ꯑꯁꯤ ꯐꯨꯠ ꯑꯃꯃꯨꯛ ꯋꯥꯡꯂꯛꯄ ꯃꯇꯝꯗ ꯃꯈꯣꯡ ꯊꯦꯡꯅ ꯀꯛꯂꯒ
ꯆꯥꯅꯩ꯫ ꯌꯥꯝꯅ ꯊꯨꯅ ꯆꯥꯎꯒꯜꯂꯤ, ꯅꯣꯡꯃꯗ ꯐꯨꯠ ꯑꯃꯔꯣꯝ ꯋꯥꯡꯅ ꯆꯣꯡꯈꯠꯄ
ꯉꯝꯃꯤ꯫ ꯃꯔꯝ ꯑꯗꯨꯅ ꯅꯨꯡꯇꯤꯒꯤ ꯍꯦꯛꯄ ꯗꯔꯀꯥꯔ ꯂꯩ꯫ ꯈ꯭ꯋꯥꯏꯗꯒꯤ
ꯐꯕ ꯍꯦꯛꯄ ꯃꯇꯝꯗꯤ ꯃꯥꯔꯆ, ꯑꯦꯄ꯭ꯔꯤꯜꯅꯤ꯫
ꯃꯁꯤꯒꯤ ꯃꯇꯨꯡꯗꯗꯤ ꯍꯦꯛꯄ ꯌꯥꯔꯕꯁꯨ ꯍꯦꯛꯅꯗꯦ꯫ ꯑꯣꯛꯇꯣꯕꯔ/
ꯅꯕꯦꯝꯕꯔ ꯌꯧꯔꯛꯄꯗ ꯃꯅꯥ ꯄꯨꯝꯅ ꯀꯪꯁꯤꯜꯂꯛꯏ꯫ ꯃꯇꯝ ꯑꯁꯤꯗ
ꯐꯨꯠ 4/5 ꯋꯥꯡꯕ ꯄꯥꯝꯕꯤꯁꯤꯡ ꯑꯁꯤ ꯂꯩꯃꯥꯏꯗꯒꯤ ꯐꯨꯠ ꯑꯃꯔꯣꯝ
ꯋꯥꯡꯅ ꯈꯥꯎꯗꯠꯀꯅꯤ꯫ ꯐꯦꯕ꯭ꯔꯨꯋꯥꯔꯤ ꯊꯥ ꯌꯧꯔꯛꯄꯗ ꯐꯖꯅ ꯏꯁꯤꯡ
ꯆꯥꯏꯕꯤꯒꯅꯤ꯫ ꯏꯁꯤꯡ ꯆꯥꯏꯕꯤꯔꯕ ꯃꯇꯨꯡꯗ ꯃꯥꯔꯆ/ ꯑꯦꯄ꯭ꯔꯤꯜꯗ
ꯃꯌꯣꯜ ꯆꯣꯡꯂꯛꯄ ꯃꯇꯝꯗ ꯍꯦꯛꯄꯤꯒꯅꯤ꯫ ꯍꯥꯔ ꯑꯃꯗꯤ ꯁꯟꯊꯤ
ꯁꯟꯌꯨꯡ ꯄꯥꯝꯕꯤ ꯁꯤꯡꯕꯤꯒꯤ ꯍꯥꯔ ꯍꯥꯞꯄꯤꯕ ꯇꯥꯔꯕꯗꯤ ꯗꯤꯁꯦꯝꯕꯔ
/ ꯖꯅꯨꯋꯥꯔꯤꯗ ꯍꯥꯞꯄꯤꯒꯅꯤ꯫ ꯑꯁꯨꯃꯅ ꯆꯍꯤ ꯈꯨꯗꯤꯡꯒꯤ ꯆꯠꯊꯕꯁꯤꯅ
ꯆꯍꯤ 15/20 ꯆꯠꯊꯕ ꯌꯥꯔꯦ꯫
ꯚꯥꯔꯠꯀꯤ ꯑꯦꯁꯄꯥꯔꯥꯒꯁ ꯊꯥꯔꯤꯕ ꯃꯐꯝꯁꯤꯡ:
ꯑꯦꯁꯄꯔꯥꯒꯁ ꯑꯁꯤ ꯚꯥꯔꯠꯇ ꯅꯧꯅ ꯊꯥꯕ ꯍꯧꯒꯠꯂꯛꯂꯤꯕ
ꯄꯥꯃꯕꯤ ꯏꯪꯃꯈꯜ ꯑꯃꯅꯤ꯫ ꯍꯤꯃꯥꯆꯜ ꯄ꯭ꯔꯗꯦꯁ (Himachal
Pradesh) [aKbi aokjkKfDj (Maharastra)
ꯑꯦꯁꯄꯔꯥꯒꯁ ꯊꯥꯕ ꯃꯔꯨꯑꯣꯏꯕ ꯁ꯭ꯇꯦꯠꯁꯤꯡꯅꯤ꯫ ꯚꯥꯔꯠ ꯄꯨꯝꯕꯤ
ꯑꯣꯏꯅ ꯑꯦꯁꯄꯔꯥꯒꯁ ꯊꯥꯕ ꯑꯦꯔꯤꯌꯥ ꯑꯁꯤ ꯄꯔꯤ 1000 ꯔꯣꯝꯇꯅꯤ꯫
ꯚꯥꯔꯠꯇ ꯆꯥꯅꯔꯤꯕ ꯑꯦꯁꯄꯔꯥꯒꯁ ꯑꯌꯥꯝꯕꯁꯤ ꯑꯇꯣꯞꯄ ꯂꯝꯗꯒꯤ
(Country) ꯗꯒꯤ ꯄꯨꯁꯜꯂꯛꯄꯅ ꯉꯥꯛꯇꯅ ꯑꯌꯥꯝꯕꯅꯤ꯫
ꯄꯣꯠꯊꯣꯛ ꯑꯃꯗꯤ ꯐꯪꯕ ꯌꯥꯕ ꯏꯟꯀꯝ:
ꯂꯧ KZA ꯑꯃ ꯑꯦꯁꯄꯔꯥꯒꯁ ꯊꯥꯕ ꯃꯇꯝꯗ ꯆꯍꯤ ꯑꯃꯗ
ꯑꯦꯁꯄꯔꯥꯒꯁ ꯃꯌꯣꯜ ꯍꯦꯛꯄꯗ ꯀꯤꯂꯣ 500 ꯑꯁꯤꯅ ꯀꯤꯂꯣ 2500
ꯐꯥꯎꯕ ꯁꯤꯇꯤ (Metro City) ꯁꯤꯡꯗ ꯑꯦꯁꯄꯔꯥꯒꯁ ꯃꯌꯣꯜ
ꯑꯁꯤ ꯀꯤꯂꯣꯗ ꯂꯨꯄꯥ 600 ꯇꯒꯤꯅ ꯂꯨꯄꯥ 800 ꯐꯥꯎꯕꯒꯤ ꯆꯥꯡꯗ \
ꯣꯜꯂꯤ꯫ ꯃꯅꯤꯄꯨꯔꯗ ꯂꯨꯄꯥ 400 ꯗ ꯌꯣꯜꯂꯦ ꯍꯥꯏꯅ ꯄꯥꯕ ꯃꯇꯝꯙ ꯆꯍꯤ
ꯑꯃꯗ KZA ꯑꯃꯗ ꯄꯨꯟꯅ ꯂꯨꯄꯥ 2,40,000 ꯗꯒꯤꯅ 10,00,000
ꯐꯥꯎꯕ ꯐꯪꯕ ꯌꯥꯏ꯫ ꯑꯗꯨꯕꯨ ꯀꯥꯎꯔꯣꯏꯗꯕ ꯑꯃꯗꯤ ꯑꯦꯁꯄꯔꯥꯒꯁ
ꯑꯁꯤ ꯊꯥꯈ꯭ꯔꯕ ꯃꯇꯨꯡ ꯆꯍꯤ 2 ꯗꯤ ꯏꯟꯀꯝ ꯑꯃꯠꯇ ꯂꯥꯛꯂꯣꯏ꯫
ꯑꯗꯨꯅ ꯑꯍꯥꯟꯕ ꯊꯥꯕ ꯃꯇꯝꯗꯁꯨ ꯄꯩꯁꯥ ꯈꯔ ꯌꯥꯃꯅ ꯆꯪꯒꯅꯤ꯫ ꯆꯍꯤ
ꯑꯅꯤꯒꯤ ꯃꯇꯨꯡꯗꯗꯤ, ꯑꯍꯨꯝꯁꯨꯕ ꯆꯍꯤꯗꯒꯤꯗꯤ ꯆꯍꯤ 15/20
ꯐꯥꯎꯕꯗꯤ ꯂꯦꯞꯇꯅ ꯏꯟꯀꯝ ꯂꯥꯛꯄꯒꯤ ꯑꯣꯏꯊꯣꯛꯄ ꯂꯩ꯫
ꯑꯩꯈꯣꯏꯒꯤ ꯂꯝꯗꯝ ꯑꯁꯤ ꯆꯥꯎꯈꯠꯍꯟꯕ ꯇꯥꯔꯒꯗꯤ ꯑꯩꯈꯣꯏꯒꯤ
ꯂꯝꯗꯝ ꯑꯁꯤꯗꯒꯤ ꯀꯔꯤꯒꯨꯝꯕ ꯄꯣꯠ ꯈꯔ ꯄꯨꯊꯣꯛꯂꯒ ꯃꯄꯥꯅꯗ \
ꯣꯟꯕ ꯍꯥꯏꯕꯁꯤ ꯇꯉꯥꯏ ꯐꯗꯅ ꯇꯧꯗ꯭ꯔꯕ ꯌꯥꯗ꯭ꯔꯕ ꯑꯃꯅꯤ꯫ ꯃꯤꯠꯌꯦꯡ
ꯑꯁꯣꯝꯗ ꯌꯡꯕ ꯇꯥꯔꯕꯗꯤ ꯃꯅꯤꯄꯨꯔꯗ ꯑꯦꯁꯄꯔꯥꯒꯁ ꯊꯥꯕ ꯍꯥꯏꯕ
ꯑꯁꯤ ꯄꯥꯏꯈꯠꯄ ꯌꯥꯕ ꯊꯕꯛ ꯑꯃꯅꯤ꯫

ꯂꯥꯏꯅꯥ ꯇꯤꯟꯅꯥꯗꯒꯤ ꯉꯥꯛꯊꯣꯛꯇꯨꯅ ꯁꯦꯟꯗꯣꯡ ꯂꯩꯅ ꯑꯣꯛ ꯂꯣꯏꯕ
ꯎꯍꯩ ꯄꯥꯝꯕꯤꯁꯤꯡ ꯃꯁꯥ ꯃꯔꯦꯡ ꯊꯥꯗꯣꯛꯄ ꯑꯃꯁꯨꯡ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯑꯣꯡ ꯁꯦꯝꯕ
ꯁꯦꯟꯗꯣꯡ ꯂꯩꯅ ꯃꯥꯏ ꯄꯥꯛꯅ ꯑꯣꯛ ꯄꯨꯊꯣꯛꯄ ꯉꯝꯅꯕ ꯍꯣꯠꯅꯕꯗ
ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯃꯔꯨ ꯑꯣꯏꯕꯗꯤ ꯌꯣꯛꯄꯤꯒꯗꯧꯔꯤꯕ ꯑꯣꯛꯁꯤꯡ ꯂꯥꯏꯅꯥ ꯇꯤꯟꯅ
ꯃꯁꯥ ꯃꯎ ꯐꯅ ꯊꯝꯅꯕ ꯍꯣꯠꯅꯕꯤꯒꯅꯤ꯫ ꯂꯥꯏꯅꯥ ꯇꯤꯟꯅꯥꯅ ꯑꯣꯛꯁꯤꯡꯒꯤ
ꯃꯆꯥ ꯄꯣꯛꯄꯒꯤ ꯁꯛꯇꯤ, ꯄꯣꯛꯄ ꯀꯨꯏꯗ꯭ꯔꯤ ꯅꯧꯔꯤꯕ ꯃꯆꯥꯁꯤꯡꯒꯤ
ꯍꯤꯡꯕ ꯉꯝꯕꯒꯤ ꯆꯥꯡ ꯑꯃꯁꯨꯡ ꯆꯥꯎꯖꯜ ꯐꯕꯒꯤ ꯆꯥꯡꯗ ꯑꯀꯟꯕ ꯆꯩꯊꯦꯡ
ꯄꯤꯕꯗꯒꯤ ꯑꯣꯛ ꯂꯣꯏꯕꯗ ꯑꯃꯥꯡꯕ ꯀꯌꯥ ꯄꯤꯔꯤ꯫ ꯅꯤꯡꯊꯤꯅ ꯅꯤꯌ
ꯝꯁꯤꯡ ꯍꯥꯏꯕꯗꯤ ꯅꯤꯌꯝ ꯆꯨꯝꯅ ꯑꯣꯛꯀꯤ ꯃꯣꯟ ꯁꯥꯕꯤꯕ, ꯑꯐꯕ ꯃꯈꯜꯒꯤ
ꯃꯆꯤꯟꯖꯥꯛ ꯄꯤꯖꯕꯤꯕ, ꯂꯨ-ꯅꯥꯟꯅ ꯑꯣꯛ ꯂꯣꯏꯕꯤꯕꯁꯤꯅ ꯁꯤꯕꯒꯤ ꯆꯥꯡ
ꯍꯟꯊꯕꯒꯤ ꯃꯊꯛꯇ ꯁꯦꯟꯗꯣꯡ ꯂꯩꯕ ꯉꯝꯍꯜꯂꯤ꯫
ꯅꯤꯌꯝ ꯆꯨꯝꯅ ꯑꯣꯛ ꯂꯣꯏꯕ:
ꯑꯣꯛꯀꯣꯟ ꯅꯤꯡꯊꯤꯅ ꯁꯥꯕ ꯑꯣꯛꯀꯤ ꯂꯥꯏꯅꯥ ꯇꯤꯟꯅꯥ ꯍꯟꯊꯍꯟꯕꯗ
ꯑꯆꯧꯕ ꯃꯇꯦꯡ ꯄꯥꯡꯏ꯫ ꯑꯣꯛꯀꯣꯟ ꯁꯥꯕ ꯃꯇꯝꯗ ꯑꯩꯈꯣꯏꯅ
ꯅꯤꯡꯁꯤꯡꯕꯤꯒꯗꯕꯗꯤ:

ꯀ. ꯑꯣꯛꯀꯣꯟ ꯁꯥꯕ ꯃꯇꯝꯙ ꯂꯝꯃꯥꯡ-ꯇꯨꯍꯥꯡ ꯄꯥꯊꯤ ꯀꯣꯝꯊꯤ ꯃꯔꯛꯇ
ꯈꯛ ꯁꯥꯕꯤꯔꯣꯏꯗꯕꯅꯤ꯫ ꯅꯤꯡꯊꯤꯅ ꯗ꯭ꯔꯦꯟ ꯁꯥꯕꯤꯗꯨꯅ ꯑꯣꯛꯀꯣꯟ ꯁꯥꯕꯤꯒꯅꯤ꯫
ꯁ. ꯑꯣꯛꯀꯣꯟꯒꯤ ꯂꯩꯃꯥꯏ ꯑꯃꯁꯨꯡ ꯐꯛꯂꯥꯡꯅ ꯑꯣꯛꯁꯤꯡꯗ ꯑꯁꯣꯛ
ꯑꯄꯟ ꯊꯣꯛꯍꯟꯗꯅꯕ ꯁꯦꯝ ꯁꯥꯕꯤꯒꯗꯕꯅꯤ꯫
ꯂ. ꯑꯣꯛꯀꯣꯟꯒꯤ ꯑꯀꯣꯏꯕꯗ ꯃꯁꯛ ꯈꯪꯗꯕ ꯃꯤ, ꯁꯥ ꯑꯃꯗꯤ
ꯒꯥꯔꯤꯅꯆꯤꯡꯕ ꯆꯪꯕ ꯉꯝꯗꯅꯕ ꯆꯦꯛꯁꯤꯟꯅ ꯁꯝꯕꯜ ꯈꯥꯕꯤꯒꯅꯤ꯫
ꯃ. ꯑꯣꯛ ꯑꯃꯒꯤ ꯂꯩꯐꯝ ꯊꯣꯛꯄ ꯀꯥꯒꯤ ꯄꯥꯛ ꯆꯥꯨꯕ ꯂꯩꯍꯟꯒꯅꯤ꯫
ꯑꯣꯛꯀꯣꯟ ꯁꯥꯔꯝꯗꯥꯏꯗ ꯑꯈꯪ ꯑꯍꯩꯁꯤꯡꯒ/ ꯚꯦꯇꯤꯔꯤꯅꯔꯤ
ꯑꯦꯛꯁꯄꯥꯔꯠꯀ ꯇꯥꯟꯅꯕꯤꯔꯒ ꯁꯥꯕꯤꯒꯅꯤ꯫
ꯂꯣꯏꯅꯅ ꯀꯔꯝꯕ ꯃꯈꯜꯒꯤ ꯑꯣꯛ ꯂꯩꯕꯤꯒꯅꯤ:
ꯅꯧꯅ ꯑꯣꯛ ꯂꯣꯏꯕꯤꯒꯦ ꯍꯥꯏꯅ ꯈꯟꯕꯤꯔꯒꯗꯤ ꯂꯣꯏꯕꯤꯒꯗꯧꯔꯤꯕ
ꯑꯣꯛꯁꯤꯡꯁꯤ ꯂꯥꯏꯅꯥ ꯇꯤꯟꯅ ꯆꯦꯟꯗꯕ ꯑꯣꯛꯀꯤ ꯐꯥꯝ ꯑꯃꯗꯒꯤ ꯂꯩꯕꯤꯒꯅꯤ꯫
ꯍꯥꯟꯅ ꯂꯩꯔꯝꯂꯤꯕ ꯑꯣꯛꯁꯤꯡꯗ ꯅꯧꯅ ꯑꯣꯛ ꯈꯔ ꯍꯥꯞꯄꯤꯒꯦ ꯍꯥꯏꯔꯒꯗꯤ ꯑꯩꯈꯣꯏꯅ
ꯑꯇꯣꯞꯄꯗꯒꯤ ꯂꯩꯔꯤꯕ ꯑꯣꯛꯁꯤꯡ ꯑꯁꯤ ꯍꯥꯟꯅ ꯂꯩꯔꯝꯕ ꯑꯣꯛꯁꯤꯡꯒꯤ ꯃꯔꯛꯇ
ꯄꯨꯁꯤꯟꯕꯤꯔꯣꯏꯗꯕꯅꯤ꯫ ꯇꯣꯉꯥꯟꯅ ꯍꯥꯞꯇꯥ ꯑꯍꯨꯝꯂꯣꯝ ꯊꯝꯕꯤꯔꯒ ꯂꯥꯏꯅꯥ ꯇꯤꯟꯅ
ꯅꯥꯕꯔ ꯍꯥꯏꯅ ꯌꯦꯡꯁꯤꯟꯕꯤꯔꯕ ꯃꯇꯨꯡꯗ ꯄꯨꯟꯅ ꯊꯝꯕꯤꯒꯅꯤ꯫
ꯃꯆꯥ ꯄꯨꯊꯣꯛꯀꯗꯕ ꯂꯥꯕ ꯑꯃꯁꯨꯡ ꯑꯃꯣꯝ ꯈꯟꯗꯣꯛꯄ:

ꯑꯉꯥꯡ ꯑꯃꯕꯨ ꯄꯤꯛꯂꯤꯉꯩꯗꯒꯤ ꯁꯦꯝꯕꯤ ꯁꯥꯕꯤꯗꯨꯅ ꯃꯄꯨꯟꯁꯤꯗ
ꯃꯤ ꯏꯟꯕ ꯑꯃꯗꯤ ꯇꯨꯡ ꯀꯣꯏꯅ ꯃꯄꯨꯟꯁꯤ ꯅꯨꯡꯉꯥꯏꯅ, ꯁꯃꯥꯖꯒꯤ ꯊꯕꯛ
ꯊꯧꯔꯝ ꯀꯌꯥꯗ ꯃꯄꯨꯡ ꯄꯥꯅ ꯁꯔꯨꯛ ꯌꯥꯗꯨꯅ ꯍꯤꯡꯕ ꯄꯨꯟꯁꯤ ꯑꯃ ꯑꯣꯏꯅꯕ
ꯁꯦꯝꯕꯤ ꯁꯥꯕꯤꯍꯧꯕ ꯍꯥꯏꯕꯁꯤꯗ ꯃꯃꯥ-ꯃꯄꯥ ꯑꯣꯏꯔꯤꯕ ꯑꯩꯈꯣꯏꯒꯤ ꯊꯧꯗꯥꯡ
ꯌꯥꯝꯅ ꯆꯥꯎꯅ ꯂꯩ꯫ ꯃꯇꯧ ꯑꯁꯤꯒꯨꯝꯅ ꯍꯩꯀꯣꯟ ꯁꯦꯃꯅꯔꯤꯕ ꯅꯠꯇ꯭ꯔꯒ ꯍꯩ
ꯄꯥꯝꯕꯤ ꯑꯃꯕꯨ ꯊꯥꯗꯨꯅ ꯃꯍꯩ ꯆꯥꯅꯅꯕ ꯍꯣꯠꯅꯔꯤꯕ ꯑꯩꯈꯣꯏꯅ ꯍꯩ ꯄꯥꯝꯕꯤ
ꯑꯗꯨꯕꯨ ꯀꯨꯞꯅ ꯁꯦꯟꯅꯕ ꯑꯃꯁꯨꯡ ꯁꯦꯝꯕꯤꯕ ꯆꯪꯏ꯫ ꯄꯥꯝꯕꯤꯗꯨꯒꯤ
ꯃꯆꯨꯟꯖꯥꯛ ꯅꯤꯡꯇꯤꯅ ꯄꯤꯕ, ꯃꯇꯝ ꯆꯥꯅ ꯏꯁꯤꯡ ꯆꯥꯏꯕꯤꯕ, ꯂꯥꯏꯅꯥ
ꯇꯤꯟꯅꯥꯗꯒꯤ ꯉꯥꯛꯊꯣꯛꯅꯕ ꯍꯣꯠꯅꯕꯤꯕ ꯑꯁꯤꯅꯆꯤꯡꯕ ꯊꯕꯛ ꯊꯧꯔꯝ
ꯀꯌꯥ ꯑꯃꯅꯤ꯫ ꯍꯥꯏꯔꯤꯕꯁꯤꯡ ꯑꯁꯤ ꯅꯠꯇꯕ ꯑꯇꯣꯞꯄ ꯃꯔꯨꯑꯣꯏꯕ
ꯊꯕꯛ ꯊꯧꯔꯝ ꯑꯃ ꯄꯟꯕ ꯇꯥꯔꯕꯗꯤ ꯍꯩ ꯄꯥꯝꯕꯤ ꯑꯗꯨꯕꯨ ꯃꯑꯣꯡ
ꯆꯨꯃꯅ ꯑꯄꯥꯝꯕ ꯃꯑꯣꯡꯗ ꯍꯧꯍꯟꯅꯕꯒꯤꯗꯃꯛ ꯆꯥꯡ ꯅꯥꯏꯅ ꯃꯇꯝ
ꯆꯥꯅ, ꯃꯑꯣꯡ ꯆꯨꯝꯅ ꯑꯃꯗꯤ ꯃꯔꯝ ꯆꯥꯅ ꯃꯁꯥ ꯃꯔꯦꯡ ꯊꯥꯗꯣꯛꯄꯤꯕ
ꯑꯃꯗꯤ ꯄꯥꯝꯕꯤꯗꯨꯗꯨ ꯑꯄꯥꯝꯕ ꯑꯆꯨꯝꯕ ꯃꯑꯣꯡꯗ ꯍꯧꯅꯅꯕ ꯁꯦꯝꯕꯤꯕ
ꯍꯥꯏꯕꯁꯤꯁꯨ ꯌꯥꯝꯅ ꯃꯔꯨꯑꯣꯏꯕ ꯊꯕꯛ ꯊꯧꯔꯝ ꯑꯃꯅꯤ ꯍꯥꯏꯖꯅꯤꯡ꯫
ꯃꯁꯤꯕꯨ ꯂꯧꯎ-ꯁꯤꯡꯎꯕꯒꯤ ꯂꯣꯟꯗꯥ ꯄ꯭ꯔꯨꯅꯤꯡ ꯑꯦꯟꯗ ꯇ꯭ꯔꯦꯅꯤꯡ
ꯍꯥꯏꯅ ꯈꯪꯅꯩ꯫ ꯄ꯭ꯔꯨꯅꯤꯡ ꯍꯥꯏꯕꯁꯤꯅ ꯃꯁꯥ ꯃꯔꯦꯡ ꯀꯛꯄꯕꯨ ꯈꯪꯅꯩ ꯑꯗꯨꯒ
ꯇ꯭ꯔꯦꯅꯤꯡ ꯍꯥꯏꯕꯁꯤꯅ ꯄꯥꯝꯕꯤꯤ ꯃꯑꯣꯡ ꯁꯦꯝꯕꯤꯕꯨ ꯈꯪꯅꯩ꯫ ꯍꯥꯏꯔꯤꯕ
ꯊꯕꯛ ꯊꯧꯔꯝ ꯑꯁꯤꯒꯤ ꯇꯣꯉꯥꯟ ꯇꯣꯉꯥꯟꯕ ꯃꯃꯤꯡ, ꯃꯑꯣꯡ ꯀꯌꯥ ꯑꯃ
ꯂꯩꯈ꯭ꯔꯦ꯫ ꯄꯨꯝꯅꯃꯛꯇꯨ ꯑꯃꯃꯝ ꯅꯩꯅꯕꯒꯤ ꯃꯍꯨꯠꯇ ꯃꯔꯨꯑꯣꯏꯕ ꯎꯍꯩ
ꯈꯔꯒꯤꯗꯃꯛ ꯊꯧꯔꯝ ꯑꯁꯤ ꯀꯔꯝꯅ ꯄꯥꯡꯊꯣꯛꯀꯗꯒꯦ ꯍꯥꯏꯕꯗꯨꯒꯤ
ꯃꯔꯝꯗ ꯅꯩꯅꯖꯒꯦ꯫
ꯄ꯭ꯔꯨꯅꯤꯡ ꯃꯇꯝ:
ꯅꯣꯡꯖꯨꯇꯥ ꯃꯇꯝꯗ ꯎꯍꯩ ꯄꯅꯥꯝꯕꯤꯒꯤ ꯄ꯭ꯔꯨꯅꯤꯡ ꯃꯇꯝ ꯅꯠꯇꯦ꯫
ꯃꯇꯝꯁꯤꯗ ꯄ꯭ꯔꯨꯅꯤꯡ ꯇꯧꯕꯗ ꯑꯀꯥꯏꯕ ꯀꯌꯥ ꯑꯃ ꯂꯩ꯫ ꯃꯔꯝ ꯑꯗꯨꯅ
ꯀꯅꯥꯒꯨꯃꯕꯅ ꯈꯪꯍꯧꯗꯕꯗꯒꯤ ꯀꯔꯤꯒꯨꯝꯕ ꯅꯣꯡꯖꯨꯊꯥ ꯃꯇꯝꯗ ꯎꯍꯩꯒꯤ
ꯃꯁꯥ ꯃꯔꯦꯡ ꯀꯛꯂꯨꯔꯕꯗꯤ ꯂꯥꯏꯅꯥ ꯇꯤꯟꯅ ꯀꯌꯥ ꯑꯃ ꯇꯥꯁꯤꯜꯂꯛꯄꯒꯤ
ꯈꯨꯗꯣꯡꯊꯤꯕ ꯅꯪꯕ ꯌꯥꯏ꯫ ꯃꯔꯝ ꯑꯗꯨꯅ ꯑꯌꯥꯝꯕ ꯎꯍꯩꯁꯤꯡꯒꯤ ꯄ꯭ꯔꯨꯅꯤꯡ
ꯅꯣꯡꯖꯨꯊꯥ ꯂꯣꯏꯔꯕ ꯃꯇꯝ ꯑꯣꯛꯇꯣꯕꯔ ꯅꯕꯦꯝꯕꯔ ꯃꯇꯝꯗ ꯑꯌꯥꯝꯕ
ꯄꯥꯡꯊꯣꯛꯄꯤꯒꯅꯤ꯫

ꯎꯍꯩ ꯄꯥꯝꯕꯤ ꯈꯔꯒꯤ ꯄ꯭ꯔꯨꯅꯤꯡ:
ꯃꯈꯣꯏꯒꯤ ꯃꯁꯥ ꯃꯔꯦꯡ ꯀꯛꯄꯒꯤ ꯃꯑꯣꯡꯗꯤ ꯄꯥꯝꯕꯤꯅ
ꯍꯧꯒꯠꯂꯛꯄ ꯃꯇꯝꯗ ꯐꯨꯠ ꯑꯍꯨꯝꯃꯨꯛ ꯋꯥꯡꯕ ꯃꯐꯝꯗ ꯃꯇꯍꯟ ꯑꯗꯨ
ꯀꯛꯀꯅꯤ꯫ ꯃꯁꯤꯅ ꯄꯥꯝꯕꯤꯗꯨ ꯃꯁꯥ ꯃꯔꯦꯡ ꯃꯌꯥꯝ ꯑꯃ ꯆꯣꯡꯍꯟꯕꯗ
ꯃꯇꯦꯡ ꯄꯥꯡꯒꯅꯤ꯫ ꯑꯁꯨꯃꯅ ꯃꯁꯥ ꯀꯌꯥ ꯑꯃ ꯆꯣꯡꯂꯕ ꯃꯇꯨꯡ ꯊꯥ
ꯇꯔꯨꯛꯇꯒꯤ ꯆꯍꯤ ꯑꯃ ꯐꯥꯎꯕꯒꯤ ꯃꯅꯨꯡꯗ ꯑꯃꯨꯛ ꯍꯟꯅ ꯃꯥꯏꯀꯩ ꯃꯔꯤꯗ
ꯆꯣꯡꯂꯛꯄ ꯃꯁꯥ ꯑꯍꯨꯝ ꯃꯔꯤꯗꯨꯅ ꯄꯥꯝꯕꯤꯗꯨꯒꯤ ꯃꯄꯨꯡ ꯑꯣꯏꯕ ꯃꯁꯥ
ꯄꯣꯛꯄꯗꯒꯤ ꯂꯥꯏꯅꯥ ꯇꯤꯟꯅꯥꯒꯤ ꯈꯨꯗꯝ ꯐꯪꯗ꯭ꯔꯕ ꯑꯃꯗꯤ ꯆꯥꯎꯔꯩ ꯀꯟꯕ
ꯂꯕ ꯑꯃꯁꯨꯡ ꯑꯃꯣꯝ ꯈꯟꯕꯤꯒꯅꯤ꯫ ꯁꯥꯑꯣꯡ ꯁꯥꯕꯥꯟ ꯈꯣꯝꯖꯤꯟ ꯑꯃꯗꯤ
ꯃꯄꯥꯟꯊꯣꯡꯒꯤ ꯑꯣꯏꯕ ꯑꯁꯣꯏꯕ ꯆꯦꯛ ꯇꯧꯕꯤꯒꯅꯤ ꯃꯔꯨꯑꯣꯏ ꯃꯈꯣꯡ
ꯃꯈꯨꯠ ꯆꯥꯡ ꯃꯥꯟꯅ ꯂꯤꯡꯕ, ꯈꯨꯗꯥ ꯐꯖꯕ ꯑꯃꯁꯨꯡ ꯀꯣꯡꯗ (ꯈꯨꯖꯤꯟ) ꯃꯔꯤꯃꯛ
ꯆꯥꯡ ꯃꯥꯟꯅꯕ ꯑꯣꯏꯅ ꯈꯟꯕꯤꯒꯅꯤ꯫ ꯆꯥꯡ ꯃꯥꯟꯅ ꯆꯥꯎꯕ ꯈꯣꯝꯖꯤꯟ 12 ꯗꯒꯤ
ꯇꯥꯗꯅ ꯄꯥꯟꯕ ꯄꯣꯛꯄꯗꯒꯤ ꯅꯨꯃꯤꯠ 260 ꯅꯤ ꯁꯨꯕꯗ ꯐꯖꯅ ꯆꯥꯎꯊꯣꯛꯂꯕ
ꯍꯛꯆꯥꯡꯊꯣꯡ ꯂꯩꯕ ꯍꯥꯇꯝ ꯈꯛ ꯈꯟꯕꯤꯒꯅꯤ꯫ ꯃꯆꯥ ꯄꯨꯊꯣꯛꯅꯕꯒꯤꯗꯃꯛ
ꯃꯇꯝ ꯌꯣꯛꯄꯗ ꯃꯈꯥꯒꯤ ꯅꯤꯌꯝꯁꯤꯡ ꯑꯁꯤ ꯉꯥꯛꯅ ꯆꯠꯄꯤꯒꯅꯤ꯫
ꯀ. ꯄꯣꯛꯄꯗꯒꯤ ꯊꯥ 6 ꯁꯨꯔꯛꯄ ꯑꯐꯕ ꯍꯥꯇꯝ ꯈꯟꯕꯤꯒꯅꯤ꯫
ꯈꯜꯂꯕ ꯍꯥꯇꯝꯁꯤꯡ ꯑꯗꯨ ꯐꯥꯝꯗꯨꯗ ꯍꯥꯟꯅꯗꯒꯤ ꯂꯩꯔꯛꯕꯂ ꯑꯇꯣꯞꯄ
ꯑꯍꯜ ꯑꯣꯏꯔꯕꯤ ꯑꯣꯛꯄꯤꯁꯤꯡꯒꯤ ꯃꯔꯛꯇ ꯊꯥꯖꯤꯟꯕꯤꯒꯅꯤ꯫ ꯑꯁꯨꯝꯅ
ꯍꯥꯇꯝꯁꯤꯡꯗꯨꯒꯤ ꯑꯅꯤꯔꯛ ꯍꯤꯠ ꯐꯥꯎꯕ ꯃꯌꯥꯃ ꯃꯔꯛꯇ ꯊꯝꯕꯤꯒꯅꯤ꯫
ꯑꯍꯨꯝꯂꯛ ꯁꯨꯕꯗ ꯃꯆꯥ ꯂꯧꯕꯤꯒꯅꯤ꯫ ꯑꯍꯜ ꯑꯣꯏꯔꯕ ꯑꯣꯛꯄꯤꯒꯤ
ꯃꯔꯛꯇ ꯂꯩꯍꯟꯕꯤ ꯃꯔꯝꯗꯤ ꯃꯈꯣꯏꯗꯒꯤ ꯅꯥꯔꯛꯄ ꯌꯥꯕ ꯂꯥꯏꯅꯥ ꯈꯔꯗꯒꯤ
ꯅꯦꯆꯔꯦꯜ ꯏꯃꯨꯅꯤꯇꯤ ꯐꯕ ꯉꯝꯍꯜꯂꯤ꯫
ꯁ. ꯑꯇꯣꯞꯄ ꯐꯥꯝꯗꯒꯤ ꯄꯨꯔꯛꯄ ꯑꯅꯧꯕ ꯍꯥꯇꯝꯁꯤꯡꯗꯤ ꯇꯣꯉꯥꯟꯅ
ꯊꯥ 1 ꯔꯣꯝ ꯊꯝꯂꯨꯔꯕ ꯃꯇꯨꯡꯗ ꯄꯨꯟꯅ ꯊꯝꯃꯤꯟꯅꯒꯅꯤ꯫
ꯇꯤꯀꯥ ꯊꯥꯗꯣꯛꯄꯤꯕ:
ꯑꯣꯛ ꯈꯨꯗꯤꯡꯃꯛ ꯃꯇꯝ ꯃꯇꯝꯒꯤ ꯇꯤꯀꯥ ꯊꯥꯗꯣꯛꯄꯤꯒꯅꯤ꯫ ꯃꯁꯤꯅ
ꯂꯥꯏꯅꯥ ꯁꯟꯗꯣꯔꯛꯇꯅꯕ ꯑꯆꯧꯕ ꯎꯄꯥꯏ ꯑꯃ ꯑꯣꯏꯍꯜꯂꯤ꯫
ꯒꯔꯚ ꯄꯨꯔꯕꯤ ꯑꯣꯛ ꯁꯦꯟꯅꯕ:
ꯒꯔꯚ ꯄꯨꯔꯕꯤ ꯑꯣꯛ ꯈꯨꯗꯤꯡꯃꯛ ꯌꯥꯝꯅ ꯂꯨ-ꯅꯥꯟꯅ ꯃꯊꯤ-ꯃꯌꯨꯡ ꯂꯩꯇꯕ
ꯑꯀꯪꯕ ꯃꯐꯝꯗ ꯊꯝꯕꯤꯒꯅꯤ꯫ ꯑꯣꯛꯀꯣꯟꯗꯨ ꯌꯥꯃꯅ ꯅꯥꯟꯕ ꯑꯣꯏꯔꯒꯗꯤ
ꯂꯩꯒꯗꯧꯔꯤꯕ ꯑꯣꯛꯁꯤꯡꯗꯨ ... ꯅꯥꯟꯃꯨꯕꯒꯤ ꯆꯥꯡ ꯌꯥꯝꯅ ꯋꯥꯡꯏ꯫ ꯅꯨꯃꯤꯠ
ꯈꯨꯗꯤꯡꯒꯤ ꯍꯤꯛꯅꯆꯤꯡꯕ ꯑꯃꯗꯤ ꯎꯟꯁꯥꯒꯤ ꯂꯥꯏꯅꯥ ꯆꯦꯟꯗꯅꯕ ꯑꯅꯤꯔꯛ
ꯏꯔꯨꯖꯕꯤꯒꯅꯤ꯫
ꯃꯆꯥ ꯄꯣꯛꯂꯕꯤ ꯃꯄꯤ ꯑꯃꯗꯤ ꯃꯆꯥꯁꯤꯡ ꯁꯦꯟꯅꯕꯤꯕ:
ꯃꯆꯥ ꯄꯣꯛꯂꯕ ꯃꯇꯨꯡꯗ ꯃꯄꯅꯤꯁꯤꯡꯗ ꯌꯥꯝꯅ ꯊꯣꯛꯀꯟꯕ
ꯂꯥꯏꯑꯣꯡꯁꯤꯡꯒꯤ ꯃꯅꯨꯡꯗ ꯂꯥꯏꯍꯧ ꯇꯧꯕ, ꯆꯥꯅꯤꯡ-ꯊꯛꯅꯤꯡꯗꯕ,
ꯍꯛꯆꯥꯡꯊꯣꯡꯗꯒꯤ ꯐꯠꯇꯕ ꯃꯆꯨꯝ ꯇꯥꯕ, ꯑꯃꯥꯡꯕ ꯌꯩꯈꯠꯄ ꯑꯃꯁꯨꯡ
ꯈꯣꯝꯖꯤꯟ ꯄꯣꯝꯈꯠꯇꯨꯅ ꯁꯥꯒꯠꯄꯅꯆꯤꯡꯕ ꯇꯧꯕ ꯀꯌꯥ ꯑꯁꯤ ꯎꯕ WIT!
ꯍꯥꯏꯔꯤꯕ ꯃꯌꯥꯝ ꯑꯁꯤꯗꯒꯤ ꯉꯥꯛꯊꯣꯛꯅꯕ ꯑꯩꯈꯣꯏꯅ ꯒꯔꯚ ꯄꯨꯔꯤꯉꯩꯗ
ꯅꯤꯡꯊꯤꯅ ꯄꯤꯖ ꯄꯤꯊꯛꯄ ꯗꯔꯀꯥꯔ ꯂꯩ꯫ ꯑꯩꯈꯣꯏꯅ ꯒꯔꯚ ꯄꯨꯕꯤ
ꯑꯣꯏꯍꯟꯅꯕ ꯁꯦꯃꯕꯤꯒꯗꯧꯔꯤꯕꯅꯤ꯫ ꯍꯥꯏꯔꯤꯕ ꯈꯥꯛꯂꯤꯕ ꯃꯁꯥꯡꯤ ꯑꯗꯨꯗ
ꯎꯍꯩ ꯄꯥꯟꯅꯕ ꯁꯦꯝꯕꯤꯕ ꯌꯥꯔꯦ꯫ ꯎꯍꯩ ꯄꯥꯜꯂꯤꯕ ꯄꯅꯥꯝꯕꯤꯗ ꯆꯣꯡꯂꯛꯄ
ꯀꯥ ꯍꯦꯟꯟ ꯃꯁꯥ ꯐꯕ ꯆꯤꯊꯦꯛ ꯅꯥꯏꯕ ꯇꯤꯡꯈꯪ ꯌꯥꯃꯅ ꯁꯥꯡꯅ ꯄꯥꯟꯕ
ꯆꯞ ꯌꯨꯡꯅ ꯊꯤꯡꯒꯠꯂꯛꯄ ꯃꯁꯥ ꯌꯥꯎꯔꯕꯗꯤ ꯃꯗꯨꯁꯨ ꯃꯇꯝ ꯃꯇꯝꯗꯨꯗ
ꯀꯛꯊꯠꯍꯧꯒꯗꯕꯅꯤ꯫ ꯃꯈꯣꯏꯁꯤꯕꯨ ꯋꯥꯇꯔ ꯁ꯭ꯄ꯭ꯔꯥꯎꯠ ꯍꯥꯏꯅ ꯈꯪꯅꯩ꯫ ꯊꯥꯔꯤꯕ
ꯑꯩꯈꯣꯏꯅꯗꯤ ꯄꯥꯝꯕꯤ ꯃꯁꯥ ꯐꯅ ꯍꯧꯔꯦ ꯈꯟꯕ ꯌꯥꯏ ꯑꯗꯨꯕꯨ ꯃꯁꯥ ꯑꯁꯤꯅ
ꯎꯍꯩ ꯄꯥꯟꯒꯗꯕ ꯑꯇꯩ ꯃꯁꯥꯁꯤꯡꯕꯨ ꯎꯍꯩ ꯄꯥꯟꯕ ꯋꯥꯠꯍꯟꯒꯗꯧꯔꯤꯕꯅꯤ꯫
ꯑꯇꯣꯞꯄ ꯂꯥꯏꯅꯥ ꯇꯤꯟꯅ ꯆꯦꯟꯕ, ꯃꯁꯥ ꯂꯣꯟꯁꯤꯟꯅꯕ, ꯈꯨꯗꯤꯡꯃꯛ ꯃꯇꯝ
ꯆꯥꯅ ꯀꯛꯊꯠꯄꯤꯒꯅꯤ꯫
ꯍꯩꯅꯧ:
ꯍꯩꯅꯧ ꯄꯥꯝꯕꯤꯗ ꯄ꯭ꯔꯨꯅꯤꯡ ꯇꯧꯕꯒꯤ ꯃꯊꯧ ꯀꯌꯥ ꯇꯥꯗꯦ꯫ ꯑꯗꯨꯝ ꯑꯣꯏꯅꯃꯛ
ꯑꯀꯪꯕ, ꯂꯥꯏꯅꯥ ꯇꯤꯟꯅ ꯆꯦꯟꯕ, ꯂꯣꯅꯁꯤꯟꯅꯕ ꯃꯁꯥ ꯌꯥꯎꯔꯕꯗꯤ ꯑꯗꯨꯃꯛ
ꯀꯛꯊꯠꯄꯤꯒꯅꯤ꯫

ꯄꯨꯡꯗꯣꯟ:
ꯃꯇꯝ ꯑꯃꯗꯗꯤ ꯄꯨꯡꯗꯣꯟ ꯄꯥꯝꯕꯤꯗ ꯄ꯭ꯔꯨꯅꯤꯡ ꯇꯧꯅꯔꯝꯗꯦ ꯑꯗꯨꯕꯨ
ꯃꯇꯝꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯍꯩꯀꯣꯟꯒꯤ ꯃꯦꯅꯦꯖꯃꯦꯟꯠꯇ ꯑꯍꯣꯡꯕ ꯀꯌꯥ ꯑꯃ
ꯂꯥꯛꯄ ꯃꯔꯝꯅ ꯄꯨꯡꯗꯣꯟ ꯄꯥꯝꯕꯤꯗ ꯄ꯭ꯔꯨꯅꯤꯡ ꯇꯧꯕꯗ ꯀꯥꯟꯅꯕ ꯐꯪꯂꯦ꯫
ꯃꯄꯨꯡ ꯐꯥꯔꯕ ꯆꯍꯤ ꯂꯤꯔꯕ ꯄꯥꯝꯕꯤꯗꯨꯗ ꯆꯣꯡꯂꯤꯕ ꯃꯔꯨꯑꯣꯏꯕ ꯃꯁꯥꯁꯤꯡ
ꯑꯗꯨꯗꯒꯤ ꯃꯁꯥ ꯐꯕ ꯃꯁꯥ ꯑꯍꯨꯝ ꯃꯔꯤ ꯈꯜꯂꯒ ꯅꯦꯝꯇꯛꯅ ꯍꯥꯏꯕꯗꯤ
ꯐꯨꯠ ꯑꯍꯨꯝꯃꯨꯛ ꯋꯥꯡꯕ ꯃꯐꯝꯗ ꯃꯁꯥꯁꯤꯡ ꯑꯗꯨ ꯀꯛꯂꯕꯗꯤ ꯑꯅꯧꯕ ꯃꯁꯥ
ꯀꯌꯥ ꯑꯃ ꯆꯣꯡꯗꯨꯅ ꯄꯨꯡꯗꯣꯟꯁꯤꯡ ꯅꯤꯡꯊꯤꯅ ꯅꯦꯝꯅ ꯅꯦꯝꯅ ꯃꯄꯨꯡ
ꯐꯥꯅ ꯄꯥꯟꯕꯒꯤ ꯄꯥꯎ ꯂꯩ꯫ ꯑꯅꯦꯝꯕ ꯄꯥꯝꯕꯤ ꯑꯣꯏꯔꯕꯅꯤꯅ ꯁꯦꯟꯅꯕꯗꯁꯨ
ꯂꯥꯏꯍꯜꯂꯤ꯫

ꯑꯪꯒꯨꯔ:
ꯃꯅꯤꯄꯨꯔꯗ ꯑꯪꯒꯨꯔ ꯃꯥꯏ ꯄꯥꯛꯅ ꯊꯥꯅꯕ ꯍꯧꯔꯦ꯫ ꯑꯪꯒꯨꯔꯗꯤ ꯄ꯭ꯔꯨꯅꯤꯡ
ꯑꯃꯗꯤ ꯇ꯭ꯔꯦꯅꯤꯡ ꯇꯧꯕꯗ ꯌꯥꯗꯦ ꯇꯧꯕꯇꯕꯨ ꯌꯥꯃꯅ ꯆꯦꯛꯁꯤꯟꯕ ꯐꯩ꯫ ꯂꯝ
ꯂꯝꯒꯤ ꯑꯃꯗꯤ ꯃꯈꯜ ꯇꯣꯉꯥꯅꯕꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ ꯄ꯭ꯔꯨꯅꯤꯡ ꯃꯇꯝ
ꯑꯃꯁꯨꯡ ꯃꯑꯣꯡ ꯈꯦꯟꯅꯩ꯫ ꯄꯥꯝꯕꯤ ꯑꯁꯤꯒꯤ ꯄ꯭ꯔꯨꯅꯤꯡ ꯇꯧꯕꯗ ꯈꯪꯖꯤꯟꯕ
ꯌꯥꯕ ꯈꯔꯈꯛꯇꯪ ꯊꯝꯖꯒꯦ꯫ ꯊꯥꯕꯗꯒꯤ ꯑꯍꯥꯟꯕ ꯃꯄꯥꯟ ꯁꯥꯔꯛꯄ
ꯈꯨꯗꯤꯡꯃꯛ ꯊꯗꯠꯄꯤꯒꯅꯤ꯫ ꯃꯁꯤꯅ ꯄꯥꯝꯕꯤꯕꯨ ꯃꯄꯨꯡ ꯐꯥꯍꯟꯕꯗ ꯃꯇꯦꯡ
ꯑꯣꯏꯒꯅꯤ꯫ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯑꯣꯡ ꯑꯗꯨ ꯆꯨꯝꯅ ꯀꯥꯍꯟꯕꯤꯒꯅꯤ꯫ ꯀꯌꯥ ꯌꯥꯝꯅ
ꯋꯥꯡꯍꯟꯒꯅꯤ ꯍꯥꯏꯕꯗꯨꯁꯨ ꯑꯩꯒꯤ ꯏꯁꯥꯒꯤ ꯊꯥꯔꯤꯕ ꯃꯐꯝꯒꯤ ꯃꯇꯨꯡꯏꯟꯅ
ꯀꯥꯍꯟꯕꯤꯍꯧꯒꯅꯤ꯫ ꯁꯥꯔꯤꯕ ꯁꯥꯒꯥꯏꯗꯨꯒ ꯆꯥꯟꯅꯅ ꯃꯔꯤꯁꯤꯡ ꯑꯗꯨ ꯃꯄꯨꯡ
ꯐꯥꯅ ꯊꯥꯍꯧꯅꯕ ꯈꯟꯕꯤꯒꯅꯤ꯫ ꯃꯁꯥꯁꯤꯡ ꯑꯗꯨ ꯌꯥꯝꯅ ꯀꯨꯡꯅ ꯄꯥꯜꯂꯕꯗꯤ
ꯈꯔ ꯂꯟꯊꯣꯛꯍꯟꯕ ꯀꯥꯟꯅꯒꯅꯤ꯫ ꯃꯁꯤꯅ ꯃꯁꯥꯁꯤꯡꯗ ꯅꯨꯡꯁꯤꯠ ꯑꯃꯗꯤ
ꯅꯨꯡꯁꯥ ꯃꯔꯥꯡ ꯀꯥꯏꯅ ꯐꯪꯍꯟꯗꯨꯅ ꯃꯅꯥꯅ ꯃꯆꯤꯟꯖꯥꯛ ꯁꯨꯡꯕꯗ ꯃꯇꯦꯡ ꯑꯣꯏ
ꯑꯃꯗꯤ ꯄꯥꯅꯕꯗ ꯃꯁꯥꯁꯤꯡ ꯑꯃꯗꯤ ꯃꯀꯣꯏꯁꯤꯡ ꯂꯧꯊꯣꯛꯄ ꯀꯥꯟꯅꯩ꯫
ꯆꯔꯣꯡ ꯄꯥꯜꯂꯤꯕ ꯃꯁꯥꯒꯤ ꯑꯔꯣꯏꯕꯗ ꯃꯅꯥ ꯃꯔꯤꯒꯨꯝꯕ ꯈꯥꯛꯂꯒ ꯃꯇꯣꯟ
ꯊꯗꯠꯄꯅꯁꯤꯁꯨ ꯃꯍꯩ ꯃꯄꯨꯡ ꯐꯥꯍꯟꯕꯗ ꯃꯇꯦꯡ ꯄꯥꯡꯏ꯫ ꯃꯅꯤꯅꯄꯨꯔꯗ
ꯊꯥꯔꯤꯕ ꯑꯪꯒꯨꯔꯁꯤꯡ ꯃꯈꯜ ꯃꯁꯛ ꯈꯪꯕꯒ ꯂꯣꯏꯅꯅ ꯁꯒꯥꯏ ꯁꯥꯕꯒꯤ ꯃꯑꯣꯡ
ꯃꯇꯝꯁꯤ ꯊꯥ 3 ꯍꯥꯞꯇꯥ 3 ꯅꯨꯃꯤꯠꯍꯨꯝꯅꯤ ꯍꯥꯏꯅ ꯂꯧꯕ ꯌꯥꯏ꯫ ꯊꯥ
3 ꯐꯥꯈ꯭ꯔꯕ ꯃꯇꯨꯡꯗꯗꯤ ꯍꯥꯟꯅ ꯄꯤꯖꯔꯝꯕ ꯃꯆꯤꯟꯖꯥꯛꯇꯒꯤ ꯈꯔ
ꯍꯣꯡꯗꯣꯛꯂꯒ ꯄꯤꯖꯕꯤꯕ ꯗꯔꯀꯥꯔ ꯑꯣꯏ꯫ ꯍꯥꯟꯅ ꯆꯒꯨꯝ ꯆꯅꯥꯏ,
ꯌꯨꯄꯪ ꯃꯌꯥꯝ ꯄꯤꯖꯕꯗꯒꯤ ꯊꯥ 3ꯒꯤ ꯃꯇꯨꯡꯗꯒꯤ ꯊꯥꯎꯔꯦꯛ ꯌꯥꯎꯕ
ꯆꯒꯨꯝ-ꯆꯅꯥꯏ ꯄꯤꯖꯕꯤꯔꯣꯏꯗꯕꯅꯤ, ꯌꯨꯄꯪꯁꯨ ꯄꯤꯖꯕꯤꯔꯣꯏꯗꯕꯅꯤ꯫
ꯌꯥꯔꯤꯕꯃꯈꯩ ꯆꯦꯡꯀꯨꯞꯅꯆꯤꯡꯕ ꯌꯥꯎꯕ ꯆꯒꯨꯝ-ꯆꯅꯥꯏꯗꯨ ꯐꯖꯅ
ꯆꯥꯝꯊꯣꯛꯄꯤꯔꯒ ꯃꯗꯨꯅ ꯊꯨꯝ ꯑꯃꯗꯤ ꯕꯤꯇꯥꯃꯤꯟ ꯑꯃꯗꯤ ꯃꯤꯅꯔꯦꯜ
ꯍꯥꯞꯄꯤꯗꯨꯅ ꯄꯤꯖꯕꯤꯒꯅꯤ꯫ ꯄꯤꯖꯔꯤꯕ ꯃꯑꯣꯡ ꯑꯁꯤ ꯃꯆꯥ ꯄꯣꯛꯂꯕ
ꯇꯨꯡ ꯍꯥꯞꯇꯥ ꯑꯍꯨꯝꯔꯣꯝꯗꯤ ꯄꯤꯖꯕꯤꯒꯅꯤ꯫ ꯃꯆꯥ ꯄꯣꯛꯐꯝ ꯀꯥꯗꯨ \
ꯥꯝꯅ ꯂꯨ-ꯅꯥꯟꯕ ꯑꯀꯪꯕ ꯖꯒꯥ ꯑꯣꯏꯒꯗꯅꯤ꯫ ꯕꯦꯗꯤꯡ ꯑꯣꯏꯅꯅꯕ ꯆꯔꯨ
ꯁꯤꯖꯤꯟꯅꯕꯤꯒꯅꯤ꯫ ꯆꯔꯨꯁꯤ ꯅꯨꯃꯤꯠ ꯈꯨꯗꯤꯡꯒꯤ ꯃꯔꯣꯜ ꯃꯔꯣꯜ
ꯊꯝꯕꯤꯗꯨꯅ ꯅꯨꯡꯁꯥꯗ ꯐꯧꯗꯣꯛꯄꯤꯒꯅꯤ꯫ ꯃꯆꯥ ꯄꯣꯛꯂꯕ ꯃꯇꯨꯡꯗ
ꯂꯥꯏꯍꯧ ꯇꯧꯕꯒ ꯂꯣꯏꯅꯅ ꯃꯈꯣꯝ ꯊꯣꯛꯂꯛꯇꯕꯗꯤ ꯂꯥꯏꯑꯣꯡ ꯎꯠꯄ
ꯍꯧꯔꯛꯂꯕꯗꯤ ꯈꯨꯗꯛꯇ ꯗꯥꯛꯇꯔ ꯇꯥꯟꯅꯔꯒ ꯂꯥꯏꯌꯦꯡꯕꯤꯍꯧꯒꯅꯤ꯫
ꯄꯣꯛꯂꯕ ꯑꯣꯛꯅꯥꯎ ꯈꯨꯗꯤꯡꯃꯛ ꯀꯣꯂꯦꯁꯇ꯭ꯔꯣꯝ ꯐꯪꯍꯟꯅꯕ
ꯃꯄꯤꯒꯤ ꯃꯈꯣꯝ ꯄꯤꯊꯛꯄꯤꯅꯤ꯫ ꯌꯥꯝꯗ꯭ꯔꯕꯗ ꯄꯣꯛꯄꯗꯒꯤ ꯄꯨꯡ 12
ꯒꯤ ꯃꯇꯨꯡꯗ ꯃꯄꯤꯒꯤ ꯑꯅꯪꯕ ꯃꯈꯣꯝꯁꯤ ꯄꯤꯊꯛꯄꯤꯒꯅꯤ꯫ ꯃꯄꯤꯅ
ꯃꯆꯥꯁꯤꯡꯗꯨ ꯅꯟꯀꯥꯏꯗꯅꯕ ꯅꯤꯌꯝ ꯆꯨꯝꯅ ꯃꯆꯥ ꯄꯣꯛꯐꯝ ꯀꯥ ꯁꯦꯝꯕꯤꯗꯨꯅ
ꯕ꯭ꯔꯗꯔ ꯍꯥꯞꯄꯤꯗꯨꯅ ꯂꯨ ꯝꯅ ꯑꯣꯛꯅꯥꯎ ꯈꯨꯗꯤꯡꯃꯛ ꯊꯝꯕꯤꯒꯅꯤ꯫
ꯑꯁꯣꯟꯕ ꯃꯆꯥ ꯈꯨꯗꯤꯡꯃꯛ ꯀꯨꯞꯅ ꯁꯦꯟꯅꯕꯤꯗꯨꯅ ꯃꯄꯅꯤꯒꯤ SOA
ꯐꯪꯍꯟꯅꯕ ꯍꯣꯠꯅꯕꯒꯤ ꯃꯊꯛꯇ ꯇ꯭ꯔꯤꯞ ꯐꯤꯗ, ꯍꯤꯗꯥꯛ ꯂꯥꯡꯊꯛ
ꯁꯤꯖꯤꯟꯅꯗꯨꯅ ꯃꯁꯥ ꯀꯥꯟꯅꯕ ꯍꯣꯠꯅꯕꯤꯒꯅꯤ꯫
ꯃꯄꯤꯒ ꯈꯥꯏꯅꯔꯕ ꯃꯆꯥꯁꯤꯡ ꯌꯣꯛꯄ:
ꯃꯄꯤꯗꯒꯤ ꯃꯆꯥ ꯈꯥꯏꯗꯣꯛꯄꯒꯤ ꯊꯥ ꯑꯃ ꯃꯈꯥꯏ ꯁꯨꯔꯒ
ꯈꯥꯏꯗꯣꯛꯄ ꯌꯥꯔꯦ꯫ ꯃꯁꯤ ꯅꯨꯃꯤꯠ ꯁꯨꯔꯦ ꯍꯥꯏꯗꯨꯅ ꯈꯨꯗꯛꯇ
ꯈꯥꯏꯗꯣꯛꯂꯕꯗꯤ ꯃꯆꯥꯅ ꯁꯣꯟꯅ ꯂꯩꯕꯁꯤ ꯌꯥꯃꯅ ꯇꯣꯏꯅ ꯊꯣꯛꯍꯜꯂꯤ꯫
ꯃꯁꯤꯒꯤ ꯃꯍꯨꯠꯇ ꯃꯆꯥꯅ ꯊꯥ 2 ꯐꯥꯔꯕ ꯃꯇꯨꯡꯗꯒꯤ ꯅꯨꯡꯇꯤꯒꯤ ꯄꯨꯡ ꯈꯔ
ꯈꯔ ꯃꯄꯅꯤꯒ ꯈꯥꯏꯅꯔꯒ ꯊꯝꯕꯤꯔꯒ ꯇꯣꯉꯥꯟꯅ ꯂꯩꯕꯒꯤ ꯍꯩꯅꯕꯤꯁꯤ
ꯇꯝꯕꯤꯒꯅꯤ꯫ ꯉꯟꯅ ꯃꯈꯣꯝ ꯈꯥꯏꯔꯒꯗꯤ ꯃꯇꯨꯡꯒꯤ ꯃꯆꯥ ꯂꯧꯅꯕꯒ
ꯍꯤꯠꯂꯥꯛꯄꯁꯨ ꯉꯟꯅ ꯂꯥꯛꯀꯅꯤ꯫ ꯈꯥꯏꯅꯔꯕ ꯃꯇꯨꯡꯗ ꯑꯣꯛꯅꯥꯎꯁꯤꯡꯗ
ꯑꯐꯕ ꯃꯈꯜꯒꯤ ꯃꯆꯤꯟꯖꯥꯛ ꯄꯤꯖꯕ ꯗꯔꯀꯥꯔ ꯑꯣꯏ꯫
ꯃꯊꯛꯇ ꯄꯟꯖꯔꯤꯕ ꯉꯥꯛꯂꯣꯟ ꯀꯌꯥ ꯑꯁꯤ ꯏꯅꯕꯤꯗꯨꯅ ꯂꯨ-ꯅꯥꯟꯅ
ꯊꯝꯕꯤꯗꯨꯅ ꯍꯦꯟꯅ ꯁꯦꯟꯗꯣꯡ ꯂꯩꯅ ꯑꯣꯛ ꯂꯣꯏꯕꯤꯒꯅꯤ꯫

ꯈꯪꯗꯣꯛꯄ ꯗꯔꯀꯥꯔ ꯂꯩ꯫
ꯀꯔꯝꯕ ꯃꯇꯝꯗ ꯄ꯭ꯔꯨꯅꯤꯡ ꯇꯧꯕꯅ ꯈ꯭ꯋꯥꯏꯗꯒꯤ ꯍꯦꯟꯅ ꯐꯩ
ꯍꯥꯏꯕꯅꯆꯤꯡꯕ ꯈꯪꯗꯣꯛꯇꯨꯅ ꯃꯇꯝ ꯆꯥꯅ ꯃꯑꯣꯡ ꯆꯨꯝꯅ ꯄ꯭ꯔꯨꯅꯤꯡ
ꯇꯧꯔꯕꯗꯤ ꯑꯪꯒꯨꯔ ꯊꯥꯕꯒꯤ ꯀꯥꯟꯅꯕ ꯍꯦꯟꯅ ꯐꯪꯒꯅꯤ ꯈꯜꯂꯤ꯫ ꯃꯁꯤꯒꯤ
ꯑꯀꯨꯞꯄ ꯋꯥꯐꯝ ꯃꯃꯥꯡꯒꯤ ꯈꯨꯠꯏꯗ ꯊꯝꯖꯈ꯭ꯔꯦ꯫ ꯈꯪꯖꯤꯟꯕꯗ ꯀꯥꯟꯅꯕ
ꯋꯥꯄꯝ ꯑꯃꯅ ꯑꯪꯒꯨꯔꯗꯤ ꯆꯍꯤ ꯐꯥꯔꯕ ꯃꯔꯤꯗ ꯆꯣꯡꯂꯛꯄ ꯃꯁꯥꯁꯤꯡꯗ
ꯃꯍꯩ ꯄꯥꯟꯒꯗꯧꯔꯤꯕꯅꯤ꯫ ꯃꯔꯝ ꯑꯗꯨꯅ ꯃꯁꯥ ꯇꯥꯕ ꯃꯇꯝꯗ ꯆꯍꯤ
ꯐꯥꯔꯕ ꯃꯁꯥ ꯃꯄꯨꯡ ꯐꯥꯅ ꯈꯥꯛꯂꯒ ꯀꯥꯟꯅꯕꯗ ꯑꯍꯦꯟꯕ ꯑꯀꯨꯡꯕ ꯃꯁꯥ
ꯂꯧꯊꯣꯛꯄꯤꯒꯅꯤ꯫ ꯆꯦꯛꯁꯤꯟꯕꯁꯨ ꯆꯪꯏ ꯃꯔꯝꯗꯤ ꯆꯍꯤ ꯐꯥꯔꯕ ꯃꯁꯥ
ꯈꯥꯛꯍꯧꯗ꯭ꯔꯕꯗꯤ ꯃꯊꯪ ꯆꯍꯤꯗ ꯑꯪꯒꯨꯔ ꯄꯥꯜꯂꯣꯏꯗꯧꯔꯤꯕꯅꯤ꯫
ꯄ꯭ꯔꯨꯅꯤꯡ ꯇꯧꯕꯒꯤ ꯀꯥꯟꯅꯕ:
ꯄꯥꯝꯕꯤ ꯈꯨꯗꯤꯡꯃꯛꯀꯤ ꯑꯣꯏꯅ ꯃꯁꯥ ꯃꯔꯦꯡ ꯀꯛꯄꯒꯤ ꯀꯥꯅꯅꯕ
ꯑꯗꯨꯃꯛ ꯂꯩ꯫ ꯑꯍꯦꯟꯕ ꯃꯁꯥ ꯃꯔꯦꯡ ꯂꯧꯊꯣꯛꯄꯅ ꯄꯥꯜꯂꯤꯕ ꯃꯍꯩꯁꯤꯡ
ꯃꯄꯨꯡ ꯐꯥꯍꯟꯕ ꯉꯝꯃꯤ꯫ ꯃꯔꯝꯗꯤ ꯀꯥꯟꯅꯗꯕ ꯃꯁꯥ ꯃꯔꯦꯡꯁꯤꯡꯗꯨꯅ
ꯑꯔꯦꯝꯕꯗ ꯄꯥꯝꯕꯤꯒꯤ ꯃꯆꯤꯟꯖꯥꯛ ꯆꯥꯊꯣꯛꯈꯤꯕ ꯃꯔꯝꯅ ꯄꯥꯜꯂꯤꯕ
ꯎꯍꯩ ꯃꯄꯨꯡ ꯐꯥꯕ ꯋꯥꯠꯍꯜꯂꯤ꯫ ꯃꯈꯣꯏꯅ ꯁꯤꯖꯤꯟꯅꯊꯣꯛꯈꯤꯒꯗꯕ
ꯃꯆꯤꯟꯖꯥꯛꯁꯤꯡ ꯑꯗꯨ ꯄꯥꯜꯂꯤꯕ ꯎꯍꯩꯁꯤꯡꯗ ꯐꯪꯍꯟꯗꯨꯅ ꯃꯄꯨꯡ
ꯐꯥꯍꯟꯕꯔꯣꯝꯗ ꯑꯣꯏꯅ ꯁꯤꯖꯤꯟꯅꯍꯟꯕ ꯉꯝꯍꯜꯂꯤ ꯍꯥꯏꯕꯅꯤ꯫
ꯃꯁꯥ ꯀꯛꯄꯒꯤ ꯃꯑꯣꯡ:
ꯃꯁꯥ ꯀꯛꯄ ꯃꯇꯝꯗ ꯃꯁꯥ ꯑꯗꯨ ꯄꯥꯜꯂꯤꯕ ꯃꯑꯣꯡ ꯅꯠꯇ꯭ꯔꯒ
ꯃꯁꯥ ꯑꯗꯨꯒꯤ ꯃꯈꯣꯡ ꯊꯦꯡꯅ ꯀꯛꯄꯤꯒꯅꯤ꯫ ꯃꯁꯤꯅ ꯑꯀꯛꯄ ꯃꯐꯝ
ꯑꯗꯨ ꯊꯨꯅ ꯑꯣꯏꯁꯟꯕꯗ ꯃꯇꯦꯡ ꯄꯥꯡꯏ꯫ ꯃꯈꯣꯡ ꯊꯦꯡꯅ ꯀꯛꯄ \
ꯥꯗꯕ ꯅꯠꯇ꯭ꯔꯒ ꯊꯦꯡꯊꯅ ꯀꯛꯇꯕ ꯌꯥꯗꯕ ꯃꯑꯣꯡ ꯑꯣꯏꯔꯒꯅ ꯀꯅꯐꯝ
ꯑꯗꯨꯒꯤ ꯃꯃꯥꯏ ꯑꯗꯨ ꯃꯈꯥꯗ ꯑꯣꯟꯊꯕ ꯃꯑꯣꯡꯗ ꯊꯝꯕꯤꯒꯅꯤ꯫ ꯃꯁꯤꯅ
ꯂꯤꯛꯂꯥ ꯅꯠꯇ꯭ꯔꯒ ꯅꯣꯡꯒꯤ ꯏꯁꯤꯡ ꯇꯨꯡꯁꯤꯟꯗꯨꯅ ꯃꯁꯥ ꯑꯗꯨ ꯀꯣꯛꯐꯥꯏ
ꯁꯨꯖꯥ ꯇꯥꯕꯗꯒꯤ ꯀꯟꯕ ꯉꯝꯃꯤ꯫
ꯆꯝꯄ꯭ꯔꯥ, ꯀꯣꯝꯂꯥ, ꯑꯪꯒꯨꯔ, ꯄꯨꯡꯗꯣꯟꯅꯆꯤꯡꯕ ꯄꯥꯝꯕꯤꯗꯤ \
ꯦꯟꯅꯤꯡ ꯍꯨꯟꯅ ꯍꯨꯟꯅ ꯑꯅꯧꯕ ꯍꯨꯜꯂꯤꯕ ꯃꯁꯥꯗꯨꯗ ꯃꯄꯥꯜ ꯁꯥꯗꯨꯅ ꯃꯍꯩ
ꯄꯥꯜꯂꯤ꯫ ꯑꯁꯤꯒꯨꯝꯕ ꯄꯥꯝꯕꯤꯗꯃꯛꯇꯤ ꯑꯔꯤꯕ ꯃꯁꯥ ꯆꯍꯤ ꯐꯥꯔꯕ
ꯅꯠꯇ꯭ꯔꯒ ꯈꯔ ꯍꯦꯜꯂꯕ ꯃꯁꯥꯁꯤꯡ ꯃꯄꯨꯡ ꯐꯥꯅ ꯈꯥꯛꯂꯕꯗꯤ ꯃꯊꯪ
ꯆꯍꯤꯗ ꯎꯍꯩ ꯅꯤꯡꯊꯤꯅ ꯄꯥꯟꯕ ꯉꯝꯃꯤ꯫ ꯅꯥꯁꯄꯥꯇꯤ, ꯆꯨꯝꯕ꯭ꯔꯩ, ꯍꯩꯈꯥ
ꯃꯥꯜꯍꯩꯅꯆꯤꯡꯕ ꯄꯥꯝꯕꯤꯗ ꯑꯔꯤꯕ ꯃꯁꯥꯗ ꯇꯤꯡꯈꯪ ꯃꯥꯟꯕ ꯁ꯭ꯄꯨꯔ ꯍꯥꯏꯅ
ꯈꯪꯅꯕ ꯁꯔꯨꯛꯁꯤꯡ ꯊꯤꯟꯗꯣꯛ ꯊꯤꯟꯗꯣꯛꯇꯨꯅ ꯌꯥꯎꯏ꯫ ꯍꯥꯏꯔꯤꯕ
ꯁ꯭ꯄꯨꯔꯁꯤꯡ ꯑꯁꯤꯗꯅꯤ ꯃꯄꯥꯜ ꯁꯥꯗꯨꯅ ꯎꯍꯩ ꯄꯥꯟꯒꯗꯧꯔꯤꯕꯁꯤ ꯫
ꯃꯁꯥ ꯊꯥꯕ ꯃꯇꯝꯗ ꯑꯁꯤꯒꯨꯝꯕ ꯁ꯭ꯄꯨꯔ ꯌꯥꯎꯕ ꯃꯁꯥꯁꯤꯡ ꯂꯣꯏꯅ
ꯊꯥꯗꯣꯛꯈ꯭ꯔꯕꯗꯤ ꯃꯊꯪ ꯆꯍꯤꯗ ꯎꯍꯩ ꯄꯥꯜꯂꯣꯏꯗꯧꯔꯤꯕꯅꯤ꯫ ꯃꯔꯝ ꯑꯗꯨꯅ
ꯌꯥꯃꯅ ꯆꯦꯛꯁꯤꯅꯅ ꯁ꯭ꯄꯨꯔ ꯌꯥꯎꯕ ꯃꯁꯥꯁꯤꯡ ꯈꯥꯛꯂꯒ ꯁ꯭ꯄꯨꯔ ꯌꯥꯝꯅ
ꯌꯥꯎꯗꯕ ꯑꯍꯦꯟꯕꯅꯤ ꯈꯟꯕ ꯃꯁꯥꯁꯤꯡꯗꯃꯛ ꯊꯥꯗꯣꯛꯄꯤꯒꯅꯤ꯫

ꯑꯁꯨꯝꯅ ꯎꯍꯩ ꯀꯨꯗꯤꯡꯃꯛꯀꯤ ꯃꯔꯝꯗ ꯈꯪꯗꯣꯛꯅꯕ ꯍꯣꯠꯅꯔꯕꯗꯤ
ꯎꯍꯩ ꯊꯥꯕꯒꯤ ꯀꯥꯟꯅꯕ ꯈꯔ ꯍꯦꯟꯅ ꯐꯪꯒꯅꯤ ꯈꯜꯂꯤ꯫

ꯅꯤꯡꯉꯣꯝꯕꯝ ꯅꯤꯡꯊꯦꯝꯖꯥꯎ
ꯗꯥ: ꯁꯔꯥꯡꯊꯦꯝ ꯖꯦꯁꯃꯔꯥꯅꯤ
ꯑꯦꯁ ꯁꯨꯃꯪꯒꯣꯜ ꯁꯤꯡꯍ